



Sant Dnyaneshwar Shikshan Sanstha's
**Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center**
A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301
Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com
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CRITERIA 8 – Part B : Ayurveda

8.1.3. Promotion of Seasonal Panchakarma and Implementation of Lifestyle Modifications including KaumarPanchakarma

Sr. No.	Year	Date & Duration	Activity reports of Seasonal Panchakarma	No of patients
1	2023	01/03/2023 to 31/03/2023	VasantrutuVamanshibir	25
		15/07/2023 to 31/08/2023	VarsharutuBastishibir	98
		15/10/2023 to 15/12/2023	SharadiyaVirechanshibir	36
		15/10/2023 to 15/12/2023	Raktamokshanshibir	51
2	2022	01/03/2022 to 15/04/2022	VasantrutuVamanshibir	24
		16/06/2022 to 31/07/2022	VarsharutuBastishibir	72
		15/09/2022 to 15/10/2022	SharadiyaVirechanshibir	74
		15/09/2022 to 15/10/2022	Raktamokshanshibir	45
3	2021	15/02/2021 to 15/04/2021	VasantrutuVamanshibir	15
		15/07/2021 to 15/08/2021	VarsharutuBastishibir	117
		15/10/2021 to 30/10/2021	SharadiyaVirechanshibir	143
4	2020	16/02/2020 to 30/03/2020	VasantrutuVamanshibir	07
		15/06/2020 to	VarsharutuBastishibir	143



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		27/08/2020		
		08/10/2020 to 30/10/2020	Sharadiya Virechanshibir	08
5	2019	05/03/2019 to 18/03/2019	Vasantrutu Vamanshibir	10
		15/07/2019 to 10/08/2019	Varsharutu Bastishibir	1147
		07/09/2019 to 26/10/2019	Sharadiya Virechanshibir	38
6	2018	15/02/2018 to 15/03/2018	Vasantrutu Vamanshibir	10
		05/07/2018 to 27/07/2018	Varsharutu Bastishibir	301
		01/09/2018 to 30/10/2018	Sharadiya Virechanshibir	33
7	2023	Seasonal Panchakarma Vasantik Vaman patient list		25



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VASANT RUTU VAMAN SHIBIR -2023

Name of Department : Panchakarma
Title of activity : Vasant Rutu Vaman Shibir
Duration : 1st March- 31st March 2023
Venue : Dhanvantari Hospital, Ashta
Objective of activity :

- To create awareness among society about importance of Vaman during Vasant Rutu.
- To spread the benefits of Vaman to gross root level.

Description:

This Vasant Rutu Vaman camp was conducted in the Vasant rutu. That is conducted during 1st March- 31st March 2023.

7. Number of Vaman given : Male - 11
Female- 14
Total - 25
8. Diseases treated during the camp : Sthoulya, Amlapitta, Kushta, Shitpitta, Dushta pratishyay etc.

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VARSHA RUTU BASTI SHIBIR -2023

Name of Department : Panchakarma
Title of activity : Varsha Rutu Basti Shibir
Duration : 15 July to 31 August 2023
Venue : Dhanvantari Hospital, Ashta
Objective of activity :

- To create awareness among society about importance of Basti during Varsha Rutu.
- To spread the benefits of Basti to gross root level.

Description:

This Varsha Rutu Basti camp was conducted in the Varsha rutu. That is conducted during 15 July to 31 August 2023.

4. Number of patients benefited: Male - 51
Female - 47
Total - 98
5. Number of Basti given : Anuvasan Basti - 413
Asthapan Basti - 156
Total - 569
6. Diseases treated during the camp : Gridhrasi, Vatarakta, Pakshaghata, Katigatvata, Lumbar spondylitis, Aamvata, Sthoulya, Asthimajjagatavata, Sandhigatvata, etc

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SHARADIYA VIRECHAN & RAKTAMOKSHAN SHIBIR -2023

Name of Department : Panchakarma
Title of activity : Sharadiya Virechan & Raktamokshan Shibir
Duration : 15 October to 15 December 2023
Venue : Dhanvantari Hospital, Ashta
Objective of activity :

- To create awareness among society about importance of Virechan & Raktamokshan during Sharad Ritu.
- To spread the benefits of Virechan & Raktamokshan to gross root level.

Description:

This Virechan & Raktamokshan camp was conducted in the Sharad ritu. That is conducted during 15 October to 15 December 2023. The cost effective drugs provided for this camp by our college.

1. Number of patients benefited in Virechan : Male - 13
Female - 23
Total - 36
2. Number of patients benefited in Raktamokshan : Male - 36
Female - 15
Total - 51
3. Diseases treated during the camp : Skin Diseases like Psoriasis, Obesity, Infertility,
PCOD, Digestive Disorders etc

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VASANTIC VAMAN

Name of Department : Panchakarma

Title of activity : Vasantic vaman

Duration : 1 March to 15 April 2022

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of vaman during vasant rutu.
- To spread the benefits of vaman to gross root level.

Description :

This Vasantic vaman camp was conducted in the vasant rutu. That is approximately from (February to April) in the disease such as Amlapitta, Khalitya, Sthoulya Mukhdushika etc. Kaphaj vyadhis. In the year 2022, 11 male & 13 female patient are undergone for vaman therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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VARSHA RUTU BASTI SHIBIR -2022

Name of Department : Panchakarma
Title of activity : Varsha Rutu Basti Shibir
Duration : 16 June to 31 July 2022
Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Basti during Varsha Rutu.
- To spread the benefits of Basti to gross root level.

Description:

This Varsha Rutu Basti camp was conducted in the Varsha rutu. That is conducted during 16 June to 31 July 2022.

0. Number of patients benefited: Male - 25
Female - 47
Total - 72

1. Diseases treated during the camp : Gridhrasi, Vatarakta, Pakshaghata, Katigatvata, Lumbar spondylisis, Aamvata, Sthoulya, Asthimajjagatavata, Sandhigatvata, etc

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SHARADIYA VIRECHAN & RAKTAMOKSHAN

SHIBIR -2022

Name of Department : Panchakarma

Title of activity : Sharadiya Virechan & Raktamokshan Shibir

Duration : 15 September to 15 October 2022

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Virechan & Raktamokshan during Sharad Ritu.
- To spread the benefits of Virechan & Raktamokshan to gross root level.

Description:

This Virechan & Raktamokshan camp was conducted in the Sharad ritu. That is conducted during 15 September to 15 October 2022. The cost effective drugs provided for this camp by our college.

1. Number of patients benefited in Virechan : Male - 32
Female - 42
Total - 74

2. Number of patients benefited in Raktamokshan : Male - 20
Female - 25
Total - 45

3. Diseases treated during the camp : Skin Diseases like Psoriasis, Obesity, Infertility,
PCOD, Digestive Disorders etc


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VASANTIC VAMAN

Name of Department : Panchakarma

Title of activity : Vasantic vaman

Duration : February to April 2021

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of vaman during vasant rutu.
- To spread the benefits of vaman to gross root level.

Description :

This Vasantic vaman camp was conducted in the vasant rutu. That is approximately from (February to April) in the disease such as Amlapitta, Khalitya, Sthoulya Mukhdushika etc. Kaphaj vyadhis. In the year 2021, 04 male & 11 female patient are undergone for vaman therapy with the achievement of samyak yoga lakshanas & got improvement in their health.


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VARSHA RUTU BASTI

Name of Department : Panchakarma

Title of activity : Varsha rutu Basti

Duration : July to August 2021

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Basti during varsha rutu.
- To spread the benefits of Basti to gross root level.

Description :

This Varsha basti camp was conducted in the varsha rutu. That is approximately from (July to August) in the disease such as Gridhrasi, Vatrakta, Pakshaghata, Katigatvata, Katigraha, Paraplegia, Lumber spondylisis, Aamvata, Asthimajjagatavata, Sthoulya, Sandhigatvata, etc. Vataj vyadhis. In the year 2021, 93 male & 24 female patient are undergone for Basti therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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SHARADEEYA VIRECHAN

Name of Department : Panchakarma

Title of activity : Sharad rutu virechana

Duration : 15 to 30 October 2021

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Virechana during Sharad rutu.
- To spread the benefits of virechana to gross root level.

Description :

This sharadeeya virechan camp was conducted in the sharad rutu. That is approximately from (September to October) in the disease such as Mukhadushika, Vandhyatva, Gridhrasi, Sthoulya, Sandhigatavata, Shitpitta, like skin disease etc. pittaj vyadhis. In the year 2021, 25 male & 18 female patient are undergone for virechana therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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VASANTIC VAMAN

Name of department : Panchakarma

Title of activity : Vasantic vaman

Duration : February to March 2020

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of vaman during vasant rutu.
- To spread the benefits of vaman to gross root level.

Description :

This Vasantic vaman camp was conducted in the vasant rutu. That is approximately from (February to March) in the disease such as Amlapitta, Khalitya, Sthoulya Mukhdushika etc. Kaphaj vyadhis. In the year 2020, 5 male & 2 female patient are undergone for vaman therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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VARSHA RUTU BASTI

Name of department : Panchakarma

Title of activity : Varsha rutu Basti

Duration : June to August 2020

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Basti during varsha rutu.
- To spread the benefits of basti to gross root level.

Description :

This Varsha basti camp was conducted in the varsha rutu. That is approximately from (June to August) in the disease such as Gridhrasi, Vatrakta, Pakshaghata, Katigatvata, Katigraha, Paraplegia, Lumber spondylisis, Aamvata, Asthimajjagatavata, Sthoulya, Sandhigatvata, etc. Vataj vyadhis. In the year 2020, 55 male & 88 female patient are undergone for Basti therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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SHARADEEYA VIRECHAN

Name of department : Panchakarma

Title of activity : Sharad rutu virechana

Duration : August to October 2020

Venue : Ashta

Objective of activity :

- To create awareness among society about importance of Virechana during Sharad rutu.
- To spread the benefits of virechana to gross root level.

Description :

This sharadeeya virechan camp was conducted in the sharad rutu. That is approximately from (August to October) in the disease such as Pandu, Vicharchita, Gridurasi, Sthoulya, Sandhigatvata, Shitpitta, like skin disease etc. Pittaj vyadhis. In the year 2020, 03 male & 05 female patient are undergone for virechana therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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VASANTIC VAMAN

Name of Department : Panchkarma

Title of activity : Vasantic vaman

Duration : February to March 2019

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of vaman during vasant rutu.
- To spread the benefits of vaman to gross root level.

Description :

This Vasantic vaman camp was conducted in the vasant rutu. That is approximately from (February to March) in the disease such as Amlapitta, Khalitya, Sthoulya Mukhdushika etc. Kaphaj vyadhis. In the year 2019, 2 male with the achievement of samyak yoga lakshanas & 8 female patient are undergone for vaman therapy & got improvement in their health.

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VARSHA RUTU BASTI

Name of Department : Panchakarma

Title of activity : Varsha rutu Basti

Duration : June to August 2019


Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Basti during varsha rutu.
- To spread the benefits of basti to gross root level.

Description :

This Varsha basti camp was conducted in the varsha rutu. That is approximately from (June to August) in the disease such as Gridhrasi, Vatrakta, Pakshaghata, Katigatvata, Katigraha, Paraplegia, Lumbar spondylitis, Aamvata, Asthimajjagatavata, Sthoulya, Sandhigatvata, etc. Vataj vyadhis, In the year 2019, 644 male & 503 female patient are undergone for Basti therapy with the achievement of samyak yoga lakshanas & got improvement in their health.


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SHARADEEYA VIRECHAN

Name of Department : Panchakarma

Title of activity : Sharad ritu virechana

Duration : August to October 2019

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Virechana during Sharad ritu.
- To spread the benefits of virechana to gross root level.

Description :

This sharadeeya virechan camp was conducted in the sharad ritu. That is approximately from (August to October) in the disease such as Pandu, Vicharchita, Gridurasi, Sthoulya, Sandhgatevata, Shitpitta , like skin disease etc. Pittaj vyadhis. In the year 2019, 23 male & 15 female patient are undergone for virechana therapy with the achievement of samyak yoga lakshanas & got improvement in their health.


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VASANTIC VAMAN

Name of department : Panchakarma

Title of activity : Vasantic vaman

Duration : February to March 2018

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of vaman during vasant rutu.
- To spread the benefits of vaman to gross root level.

Description :

This Vasantic vaman camp was conducted in the vasant rutu. That is approximately from (February to March) in the disease such as Amlapitta, Khalitya, Sthoulya, Mukhdushika etc. Kaphaj vyadhis, In the year 2018, 8 male & 2 female patient are undergone for vaman therapy with the achievement of samyak yoga lakshanas & got improvement in their health.

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VARSHA RUTU BASTI

Name of department : Panchakarma

Title of activity : Varsha rutu Basti

Duration : June to August 2018

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Basti during varsha rutu.
- To spread the benefits of basti to gross root level.

Description :

This Varsha basti camp was conducted in the varsha rutu. That is approximately from (June to August) in the disease such as Gridhrasi, Vatrakta, Pakshaghata, Katigatvata, Katigraha, Paraplegia, Lumber spondylisis, Aamvata, Asthimajjagatavata, Sthoulya, Sandhigatvata, etc. Vataj vyadhis. In the year 2018, 192 male & 109 female patient are undergone for Basti therapy with the achievement of samyak yoga lakshanas & got improvement in their health

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SHARADEEYA VIRECHAN

Name of department : Panchakarma

Title of activity : Sharad rutu virechana

Duration : August to October 2018

Venue : Dhanvantari Hospital, Ashta

Objective of activity :

- To create awareness among society about importance of Virechana during Sharad rutu.
- To spread the benefits of virechana to gross root level.

Description :

This sharadeeya virechan camp was conducted in the sharad rutu. That is approximately from (August to October) in the disease such as Pandu, Vicharchita, Gridurasi, Sthoulya, Sandhgatevata, Shitpitta , like skin disease etc. Pittaj Vyadhis. In the year 2018, 15 male & 18 female patient are undergone for virechana therapy with the achievement of samyak yoga lakshanas & got improvement in their health.


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Seasonal Panchakarma

Vasantik Vaman – 2023

(1 MARCH TO 31 MARCH 2023)

Sr No	Name	Date	IPD/OPD	M/F	Diagnosis
1	Shontabai kore	04/03/2023	A/74	F	स्थौल्य
2	Pramod Khadke	10/03/2023	A/82	M	Amlapitta
3.	Nikhil Nigade	16/03/2023	01	M	Amlapitta
4.	Nita Patil	18/03/2023	7970	F	Amlapitta
5.	Ashok Madane	18/03/2023	A/97	M	Shitapitta
6	Shital Jadhav	18/03/2023	A/101	F	Sthaulya
7	Kishor Patil	19/03/2023	A/102	M	Vicharchika
8	Pratiksha Kale	20/03/2023	8183	F	Shitapitta
9	Samruddhi More	22/03/2023	8417	F	Sthaulya
10	Sneha Mane	24/03/2023	A/110	F	Sthaulya
11	Aishwarya Shinde	25/03/2023	A/107	F	Sthaulya
12	Sagar V. Jagtap	25/03/2023	A/109	M	Amlapitta
13	Shivani V. Joshi	25/03/2023	A/112	F	Vicharchika
14	Sagar V. Patil	27/03/2023	854	M	Amlapitta
15	Kajol Pawar	27/03/2023	9175	F	Amlapitta
16	Sunita Kadam	28/03/2023	A/121	F	Sthaulya
17	Shirish Kulkarni	29/03/2023	10329	M	Amlapitta
18	Sudhir Wakse	30/03/2023	10399	M	Amlapitta
19	Aarti Gavade	30/03/2023	10398	F	Sthaulya





Sant Dnyaneshwar Shikshan Sanstha's
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NAAC Accrediated ISO Certified



20	Rahul s. Gaikawad	30/03/2023	A/120	M	Kithib
21	Prerana M. Thube	30/03/2023	A/123	F	Amlapitta
22	Amit S. Kasture	31/03/2023	10331	M	Dustha Pratishay
23	Prajakta S.More	31/03/2023	10514	F	Amlapitta
24	Tanaji J. Mali	31/03/2023	10512	M	Amlapitta
25	Vaishnavi M. Shinde	31/03/2023	10330	F	Vicharchika

Male	11
Female	14
Total	25

Handwritten signature
Panchkanna 'ep:
Hon.S. ri. Annasaheo
Dange Ayurved Medica



Handwritten signature
PRINCIPAL
Shri Annasaheb Dange Ayurved Medical
Ashta, Walwa, Sangli, Dist. Sangli