



Sant Dnyaneshwar Shikshan Sanstha's
**Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center**
A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301
Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14001-2015



CRITERIA 8 – Part B : Ayurveda	
8.1.12.	
Describe the activities undertaken by the Institution towards practice of various types of Anushastra.	
8.1.12.d. Training Content of Anushastra.pdf	
Sr. No.	Particulars
1	Training Record of Anushastra pdf in Year 2022-23
2	Training Record of Anushastra pdf in Year 2021-22
3	Training Record of Anushastra pdf in Year 2020-21
4	Training Record of Anushastra pdf in Year 2019-20
5	Training Record of Anushastra pdf in Year 2018-19



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Details of the training program of Anushastra of therapists

Year 2022-23

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedūre and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point
9. Therapist are Advised to take proper follow up by next plan of Anushastra Therapy.





TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 1
Time	: 9.30 pm to 11:30 pm
Topic	: Ksharsutra.
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharsutra:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

- **Purvakarma:**
 1. Physician opinion for procedure.
 2. Part preparation
 3. TT and xylocaine sensitivity
 4. If Anorectal cases then we had done enima
 5. IVF, analgesic, antibiotic
- **Pradhankarma:**
 1. Patient taken under SA/ LA.
 2. Painting draping done.



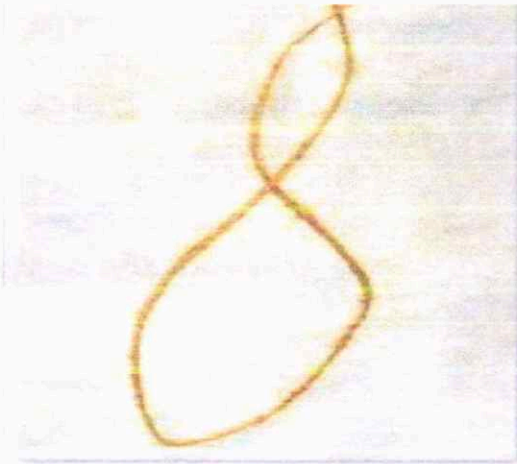


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

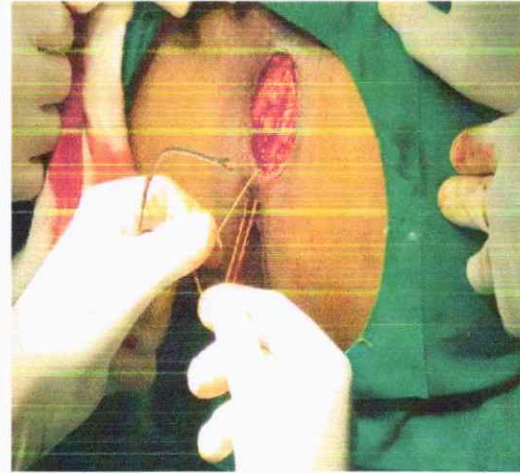
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

Outcomes: Student got there Ksharsutra concept clearly.




Ksharsutra Threid




Ksharsutra Application




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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 2
Time : 9.30 pm to 11:30 pm
Topic : Ksharkarma .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharkarma:

2. To enlighten the knowledge of Ksharakarma in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

• Purvakarma:

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic





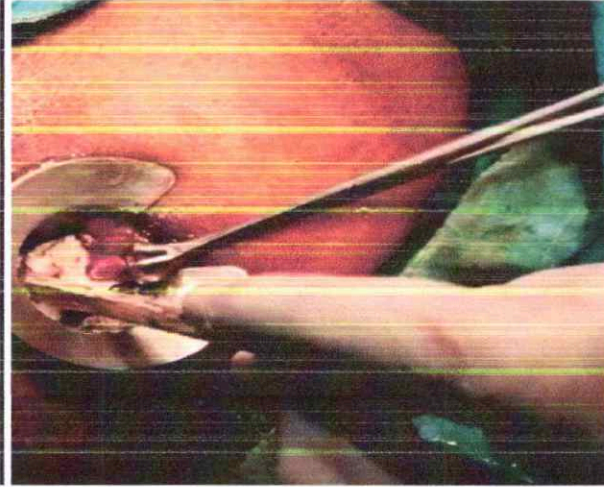
• **Pradhankarma:**

1. Patient taken under SA/ LA.
2. Painting draping done.
3. Kshara Apply to affected part and waited till it becoming pakwajambu falvarna (100 matra)
4. Kshara removed by Nimbu swarasa.
5. Dressing done and patient shifted to post-operative ward

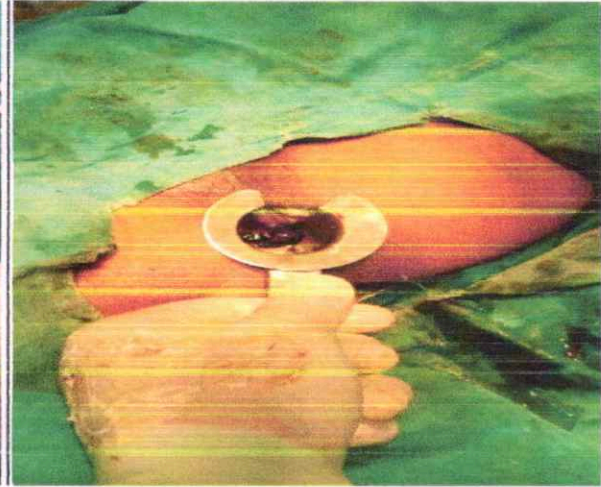
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic


Outcomes: Student got there Ksharkarma concept clearly.




Application of Kshara



after removing of kshara jambufal varna


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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 3
Time : 9.30 pm to 11:30 pm
Topic : Agnikarma .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Analgesic, antibiotic

- **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for Affected part





Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 4
Time : 9.30 pm to 11:30 pm
Topic : Jalaukavacharan .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Jalauka
3. Haridra
4. Kidney tray





• **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra





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Atiyoga management in Anushastra.

Ksharakarma atiyoga management

- 1) Matra Basti in Anorectal conditions
- 2) ghrita or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)


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Date: 17/05/2023

Attendance of Training program
Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
8.	Dr. Kajal Bajarang Padalkar.	<u>Kajal Padalkar</u>
9.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi Kale</u>
10.	Dr. Pramod Dadasaheb Ghule.	<u>Pramod Ghule</u>
11.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin Vanjari</u>
12.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya Sonawane</u>
13.	Dr. Pradnya Shukracharya Kolhal.	<u>Pradnya Kolhal</u>
14.	Dr. Shubham Ganesh Khandagale.	<u>Shubham Khandagale</u>
15.	Dr. Onkar Arvind Bhandare.	<u>Onkar Bhandare</u>
16.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta Gunjal</u>
17.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha Debaje</u>
18.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada Sayyad</u>
19.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema Kacchi</u>
20.	Dr. Akash Vilas Chavan	<u>Akash Chavan</u>
21.	Dr. Divya Dilip Patil	<u>Divya Patil</u>
22.	Dr. Vishnavi Balaso Kale	<u>Vishnavi Kale</u>
23.	Dr. Priyanka Popat Chavan	<u>Priyanka Chavan</u>
24.	Dr. Siddheshwar Namdeo sanap	<u>Siddheshwar Sanap</u>
25.	Dr. Vibhav Rajendra Dongare	<u>Vibhav Dongare</u>
26.	Mrs. Vidya Habale (female therapist)	<u>Vidya Habale</u>
27.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
28.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>


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Date: 18/05/2023

Attendance of Training Program
Day 2- Ksharkarma

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
8.	Dr. Kajal Bajarang Padalkar.	<u>Kajal Padalkar</u>
9.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi Kale</u>
10.	Dr. Pramod Dadasaheb Ghule.	<u>Pramod Ghule</u>
11.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin Vanjari</u>
12.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya Sonawane</u>
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Date: 19/05/2023

Attendance of Training program
Day 3- Agnikarma

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mhavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
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28.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>

J. J. J.
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Date: 20/05/2023

Attendance of Training program
Day 4- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
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Year 2021-22

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TRAINING PROGRAM OF ANUSHASTRA

Year 2021-22

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Day	: 1
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4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic

• Pradhankarma:

1. Patient taken under SA/ LA.
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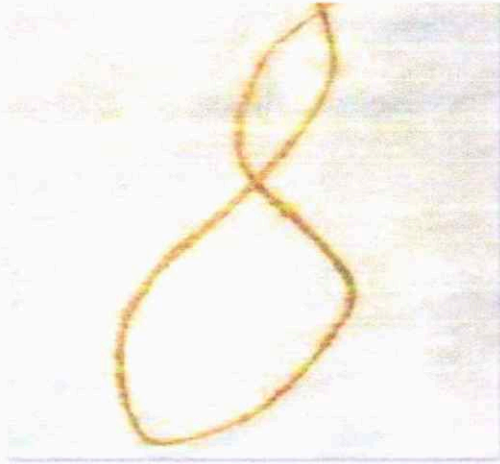


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

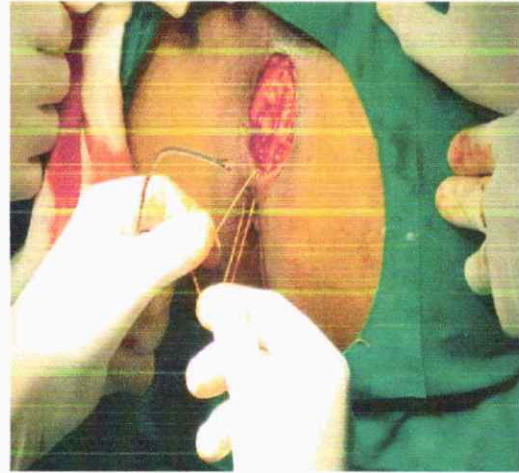
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic0

Outcomes: Student got there Ksharsutra concept clearly.



Ksharsutra Threid



Ksharsutra Application



Handwritten signature
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TRAINING PROGRAM OF ANUSHASTRA

Year 2021-22

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Title of Activity	: Training of Anushashtra
Day	: 2
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2. To enlighten the knowledge of Ksharakarma in Shalya Vyadhi's
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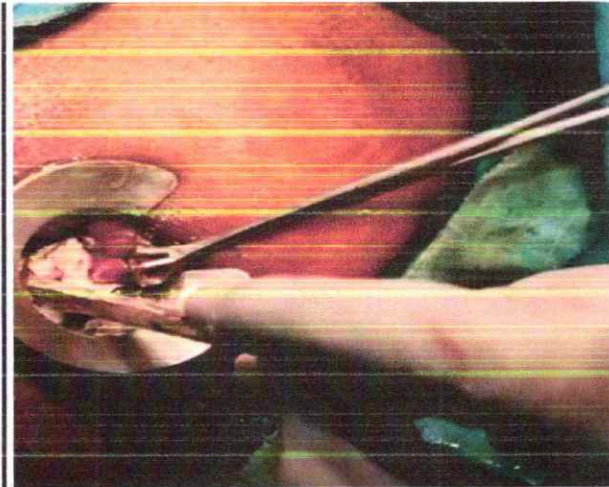
• **Pradhankarma:**

1. Patient taken under SA/ LA.
2. Painting draping done.
3. Kshara Apply to affected part and waited till it becoming pakwajambu falvarna (100 matra)
4. Kshara removed by Nimbu swarasa.
5. Dressing done and patient shifted to post-operative ward

Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic


Outcomes: Student got there Ksharkarma concept clearly.



Application of Kshara



after removing of kshara jambufal varna


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Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Analgesic, antibiotic

- **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for Affected part





Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


Atiyoga management in Anushastra.

Ksharakarma atiyoga management

- 1) Matra Basti in Anorectal conditions
- 2) ghrita or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)


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TRAINING PROGRAM OF ANUSHASTRA

Year 2021-22

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 4
Time	: 9.30 pm to 11:30 pm
Topic	: Jalaukavacharan .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Jalauka
3. Haridra
4. Kidney tray





- **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra





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Atiyoga management in Anushastra.

Ksharakarma atiyoga management

- 1) Matra Basti in Anorectal conditions
- 2) ghritha or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghritha
- 2) Internal medication (guggulu kalp)


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College, Ashta, Tal. Walwa, Dist. Sangli.




Date: 06/05/2022

Attendance of Training program

Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Amruta Ambre	Amruta
2.	Dr. Ajinkya Tale	Ajinkya
3.	Dr. Gajanan Jadhav	G.J
4.	Dr. Machindra Gorad	Gorad
5.	Dr. Pranay Sawarbandhe	P.Sawarbandhe
6.	Dr. Mansi Chavan	M.Chavan
7.	Dr. Aniket Surve	Aniket
8.	Dr. Madhuri Jagtap	Jagtap
9.	Dr. Aniket Awtade	AA
10.	Dr. Nikhil Uttam Nigade.	Nigade
11.	Dr. Sonal Suresh Kad.	Sonal
12.	Dr. Kajal Bajarang Padalkar.	Kajal
13.	Dr. Vijaylaxmi Popat Kale.	V.Kale
14.	Dr. Pramod Dadasaheb Ghule.	P.Ghule
15.	Dr. Mohsin Bashir Vanjari.	M.Vanjari
16.	Dr. Pranamya Rohidas Sonawane.	P.Sonawane
17.	Dr. Pradnya Shukracharya Kolhal.	P.Kolhal
18.	Dr. Shubham Ganesh Khandagale.	S.Khandagale
19.	Dr. Onkar Arvind Bhandare.	O.Bhandare
20.	Mrs. Vidya Habale (female therapist)	V.Habale
21.	Mrs. Laxmi Pol (female therapist)	Pol
22.	Mr. Javed Naikwadi (male therapist)	J.Naikwadi


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Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com
NAAC Accrediated ISO Certified 9001-2015,14000-2015



Date: 07/05/2022

Attendance of Training Program
Day 2- Ksharkarma

Sr. No	Name	Attendance
23.	Dr. Amruta Ambre	<i>Am</i>
24.	Dr. Ajinkya Tale	<i>Ajinkya</i>
25.	Dr. Gajanan Jadhav	<i>G.J.</i>
26.	Dr. Machindra Gorad	<i>Gorad</i>
27.	Dr. Pranay Sawarbandhe	<i>P.Sawarbandhe</i>
28.	Dr. Mansi Chavan	<i>MChavan</i>
29.	Dr. Aniket Surve	<i>ASurve</i>
30.	Dr. Madhuri Jagtap	<i>Jagtap</i>
31.	Dr. Aniket Awtade	<i>AA</i>
32.	Dr. Nikhil Uttam Nigade.	<i>Nigade</i>
33.	Dr. Sonal Suresh Kad.	<i>Sonalkad</i>
34.	Dr. Kajal Bajarang Padalkar.	<i>Kajal</i>
35.	Dr. Vijaylaxmi Popat Kale.	<i>V.Kale</i>
36.	Dr. Pramod Dadasaheb Ghule.	<i>P.Ghule</i>
37.	Dr. Mohsin Bashir Vanjari.	<i>M.Vanjari</i>
38.	Dr. Pranamya Rohidas Sonawane.	<i>P.Sonawane</i>
39.	Dr. Pradnya Shukracharya Kolhal.	<i>P.Kolhal</i>
40.	Dr. Shubham Ganesh Khandagale.	<i>S.Khandagale</i>
41.	Dr. Onkar Arvind Bhandare.	<i>O.Bhandare</i>
42.	Mrs. Vidya Habale (female therapist)	<i>V.Habale</i>
43.	Mrs. Laxmi Pol (female therapist)	<i>Pol</i>
44.	Mr. Javed Naikwadi (male therapist)	<i>J.Naikwadi</i>

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Date: 09/05/2023

Attendance of Training program

Day 3- Agnikarma

Sr. No	Name	Attendance
45.	Dr. Amruta Ambre	<i>Am</i>
46.	Dr. Ajinkya Tale	<i>Ajinkya</i>
47.	Dr. Gajanan Jadhav	<i>GJ</i>
48.	Dr. Machindra Gorad	<i>Gorad</i>
49.	Dr. Pranay Sawarbandhe	<i>Sawarbandhe</i>
50.	Dr. Mansi Chavan	<i>MChavan</i>
51.	Dr. Aniket Surve	<i>Aniket</i>
52.	Dr. Madhuri Jagtap	<i>Jagtap</i>
53.	Dr. Aniket Awtade	<i>Awtade</i>
54.	Dr. Nikhil Uttam Nigade.	<i>Nigade</i>
55.	Dr. Sonal Suresh Kad.	<i>Sonal</i>
56.	Dr. Kajal Bajarang Padalkar.	<i>Kajal</i>
57.	Dr. Vijaylaxmi Popat Kale.	<i>Vijaylaxmi</i>
58.	Dr. Pramod Dadasaheb Ghule.	<i>Ghule</i>
59.	Dr. Mohsin Bashir Vanjari.	<i>Mohsin</i>
60.	Dr. Pranamya Rohidas Sonawane.	<i>Sonawane</i>
61.	Dr. Pradnya Shukracharya Kolhal.	<i>Kolhal</i>
62.	Dr. Shubham Ganesh Khandagale.	<i>Khandagale</i>
63.	Dr. Onkar Arvind Bhandare.	<i>Bhandare</i>
64.	Mrs. Vidya Habale (female therapist)	<i>Vidya</i>
65.	Mrs. Laxmi Pol (female therapist)	<i>Pol</i>
66.	Mr. Javed Naikwadi (male therapist)	<i>Naikwadi</i>

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Date: 10/05/2023

Attendance of Training program

Day 4- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Amruta Ambre	<u>Am</u>
2.	Dr. Ajinkya Tale	<u>Ajinkya</u>
3.	Dr. Gajanan Jadhav	<u>G.J</u>
4.	Dr. Machindra Gorad	<u>Gorad</u>
5.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
6.	Dr. Mansi Chavan	<u>MChavan</u>
7.	Dr. Aniket Surve	<u>Aniket</u>
8.	Dr. Madhuri Jagtap	<u>Jagtap</u>
9.	Dr. Aniket Awtade	<u>AA</u>
10.	Dr. Nikhil Uttam Nigade.	<u>Nigade</u>
11.	Dr. Sonal Suresh Kad.	<u>Sonali</u>
12.	Dr. Kajal Bajarang Padalkar.	<u>Kajal</u>
13.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi</u>
14.	Dr. Pramod Dadasaheb Ghule.	<u>P Ghule</u>
15.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin</u>
16.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya</u>
17.	Dr. Pradnya Shukracharya Kolhal.	<u>Pradnya</u>
18.	Dr. Shubham Ganesh Khandagale.	<u>Shubham</u>
19.	Dr. Onkar Arvind Bhandare.	<u>Onkar Bhandare</u>
20.	Mrs. Vidya Habale (female therapist)	<u>Vidya</u>
21.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi</u>
22.	Mr. Javed Naikwadi (male therapist)	<u>Naikwadi</u>

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Details of the training program of Anushastra of therapists

Year 2020-21

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedure and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point
9. Therapist are Advised to take proper follow up by next plan of Anushastra Therapy.





TRAINING PROGRAM OF ANUSHASTRA

Year 2020-21

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 1
Time : 9.30 pm to 11:30 pm
Topic : Ksharsutra.
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharkarma:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

• Purvakarma:

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic

• Pradhankarma:

1. Patient taken under SA/ LA.
2. Painting draping done.



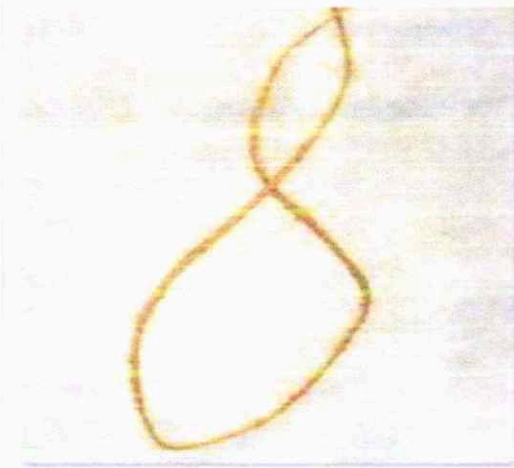


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

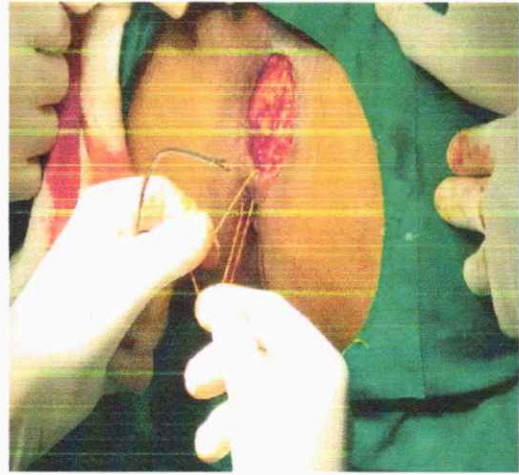
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

Outcomes: Student got there Ksharsutra concept clearly.




Ksharsutra Threid



Ksharsutra Application




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TRAINING PROGRAM OF ANUSHASTRA

Year 2020-21

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 2
Time	: 9.30 pm to 11:30 pm
Topic	: Agnikarma .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Analgesic, antibiotic





• **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for affected part

Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


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TRAINING PROGRAM OF ANUSHASTRA

Year 2020-21

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 3
Time	: 9.30 pm to 11:30 pm
Topic	: Jalaukavacharan .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**
 1. Part preparation
 2. Jalauka
 3. Haridra
 4. Kidney tray





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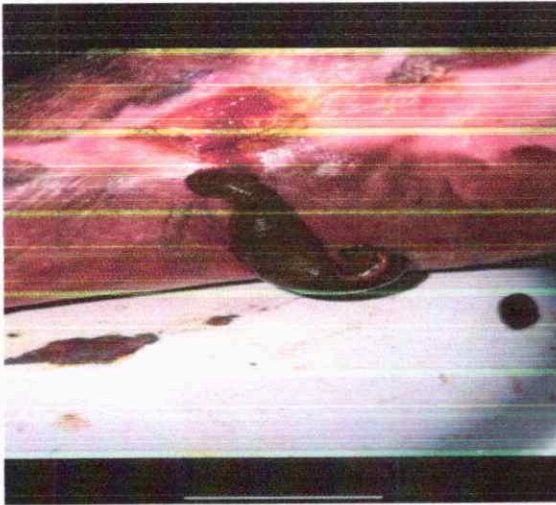
• **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed


Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra


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Date: 12/04/2021

Attendance of Training Program
Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Snehal Hake	<u>Snehal Hake</u>
2.	Dr. Amruta Ambre	<u>Amruta</u>
3.	Dr. Ajinkya Tale	<u>Ajinkya</u>
4.	Dr. Gajanan Jadhav	<u>G.J</u>
5.	Dr. Machindra Gorad	<u>Machindra</u>
6.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
7.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
8.	Dr. Aniket Surve	<u>Aniket Surve</u>
9.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
10.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
11.	Mrs. Vidya Habale (female therapist)	<u>Vidya Habale</u>
12.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
13.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>


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Website: www.adamcashta.com ISO Certified 9001-2015, 14000-2015

Date: 13/04/2021

Attendance of Training program

Day 2- Agnikarma

Sr. No	Name	Attendance
1.	Dr. Snehal Hake	<u>Hake</u>
2.	Dr. Amruta Ambre	<u>Ambre</u>
3.	Dr. Ajinkya Tale	<u>Ajinkya</u>
4.	Dr. Gajanan Jadhav	<u>G.J</u>
5.	Dr. Machindra Gorad	<u>Gorad</u>
6.	Dr. Pranay Sawarbandhe	<u>Sawarbandhe</u>
7.	Dr. Mansi Chavan	<u>Chavan</u>
8.	Dr. Aniket Surve	<u>Surve</u>
9.	Dr. Madhuri Jagtap	<u>Jagtap</u>
10.	Dr. Aniket Awtade	<u>Awtade</u>
11.	Mrs. Vidya Habale (female therapist)	<u>Habale</u>
12.	Mrs. Laxmi Pol (female therapist)	<u>Pol</u>
13.	Mr. Javed Naikwadi (male therapist)	<u>Javed</u>


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Website: www.adamcashta.com ISO Certified 9001-2015, 14000-2015

Date: 14/04/2021

Attendance of Training program

Day 3- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Snehal Hake	
2.	Dr. Amruta Ambre	<u>Am</u>
3.	Dr. Ajinkya Tale	<u>Ajinkya</u>
4.	Dr. Gajanan Jadhav	<u>G.J</u>
5.	Dr. Machindra Gorad	<u>Good</u>
6.	Dr. Ajay Wadate	
7.	Dr. Pranay Sawarbandhe	<u>Pranay</u>
8.	Dr. Mansi Chavan	<u>Mansi</u>
9.	Dr. Aniket Surve	<u>Aniket</u>
10.	Dr. Madhuri Jagtap	<u>Jagtap</u>
11.	Dr. Aniket Awtade	<u>Aniket</u>
12.	Mrs. Vidya Habale (female therapist)	<u>Vidya</u>
13.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi</u>
14.	Mr. Javed Naikwadi (male therapist)	<u>Javed</u>

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Details of the training program of Anushastra of therapists

Year 2019-20

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedure and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point
9. Therapist are Advised to take proper follow up by next plan of Anushastra Therapy.





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TRAINING PROGRAM OF ANUSHASTRA

Year 2019-20

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 1
Time	: 9.30 pm to 11:30 pm
Topic	: Ksharsutra.
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharkarma:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

- **Purvakarma:**

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic

- **Pradhankarma:**

1. Patient taken under SA/ LA.
2. Painting draping done.



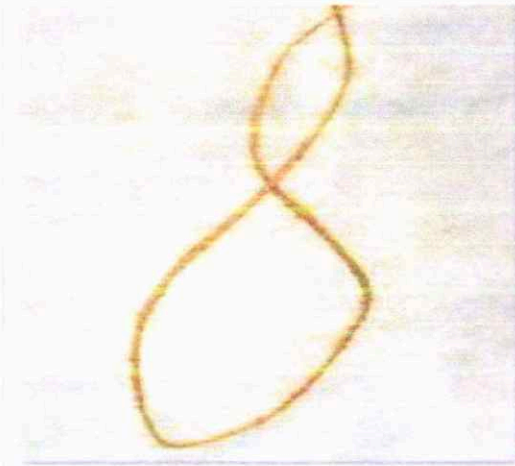


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

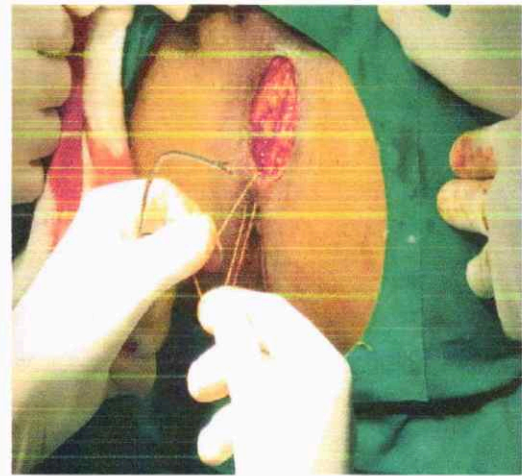
Pashchatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

Outcomes: Student got there Ksharsutra concept clearly.



Ksharsutra Threid



Ksharsutra Application




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TRAINING PROGRAM OF ANUSHASTRA

Year 2019-20

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 2
Time	: 9.30 pm to 11:30 pm
Topic	: Agnikarma .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**
 1. Part preparation
 2. Analgesic, antibiotic





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• **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for affected part


Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


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TRAINING PROGRAM OF ANUSHASTRA

Year 2019-20

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 3
Time	: 9.30 pm to 11:30 pm
Topic	: Jalaukavacharan .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**
 1. Part preparation
 2. Jalauka
 3. Haridra
 4. Kidney tray





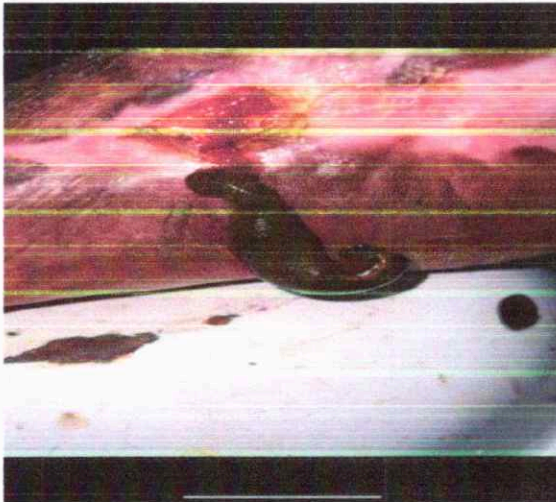
• **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra





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Atiyoga management in Anushastra.

Ksharakarma atiyoga management


- 1) Matra Basti in Anorectal conditions
- 2) ghrita or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)


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Date: 11/03/2020

Attendance of Training Program
Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Tejaswini Jadhav	<u>Jadhav</u>
2.	Dr. Bhagwat Jadhav	<u>Jadhav B.</u>
3.	Dr. Sumant thorat	<u>Sumant Thorat</u>
4.	Dr. Bhardwaj Bhosekar	<u>B Bhosekar</u>
5.	Dr. Abhijeet Neel	<u>A Neel</u>
6.	Dr. Snehal Hake	<u>Snehal Hake</u>
7.	Dr. Amruta Ambre	<u>A Ambre</u>
8.	Dr. Ajinkya Tale	<u>Ajinkya</u>
9.	Dr. Gajanan Jadhav	<u>G.J</u>
10.	Dr. Machindra Gorad	<u>M Gorad</u>
11.	Mrs. Vidya Habale (female therapist)	<u>V Habale</u>
12.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
13.	Mr. Javed Naikwadi (male therapist)	<u>Naikwadi</u>


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Date: 13/03/2020

Attendance of Training program

Day 3- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Tejaswini Jadhav	<u>T. Jadhav</u>
2.	Dr. Bhagwat Jadhav	<u>Jadhav. B</u>
3.	Dr. Sumant thorat	<u>Sumant Thorat</u>
4.	Dr. Bhardwaj Bhosekar	<u>B. Bhosekar</u>
5.	Dr. Abhijeet Neel	<u>A. Neel</u>
6.	Dr. Snehal Hake	<u>Snehal Hake</u>
7.	Dr. Amruta Ambre	<u>Amruta Ambre</u>
8.	Dr. Ajinkya Tale	<u>Ajinkya Tale</u>
9.	Dr. Gajanan Jadhav	<u>G. J.</u>
10.	Dr. Machindra Gorad	<u>M. Gorad</u>
11.	Mrs. Vidya Habale (female therapist)	<u>V. Habale</u>
12.	Mrs. Laxmi Pol (female therapist)	<u>L. Pol</u>
13.	Mr. Javed Naikwadi (male therapist)	<u>J. Naikwadi</u>


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Website: www.adamcashta ISO Certified 9001-2015, 14000-2015

Date: 12/03/2020

Attendance of Training program

Day 2- Agnikarma

Sr. No	Name	Attendance
14.	Dr. Tejaswini Jadhav	<u>TJadhav</u>
15.	Dr. Bhagwat Jadhav	<u>Jadhav . B.</u>
16.	Dr. Sumant thorat	<u>Sum 21/3/20</u>
17.	Dr. Bhardwaj Bhosekar	<u>B. Bhosekar</u>
18.	Dr. Abhijeet Neel	<u>A. Neel</u>
19.	Dr. Snehal Hake	<u>Snehal</u>
20.	Dr. Amruta Ambre	<u>Am</u>
21.	Dr. Ajinkya Tale	<u>Ajinkya</u>
22.	Dr. Gajanan Jadhav	<u>G.J</u>
23.	Dr. Machindra Gorad	<u>M. Gorad</u>
24.	Mrs. Vidya Habale (female therapist)	<u>V. Habale</u>
25.	Mrs. Laxmi Pol (female therapist)	<u>Pol</u>
26.	Mr. Javed Naikwadi (male therapist)	<u>Naikwadi J</u>


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Details of the training program of Anushastra of therapists

Year 2018-19

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedure and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point
9. Therapist are Advised to take proper follow up by next plan of Anushastra Therapy.





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TRAINING PROGRAM OF ANUSHASTRA

Year 2018-19

Department : Shalyatantra

Title of Activity: Training of Anushashtra

Day : 1

Time : 9.30 pm to 11:30 pm

Topic : Ksharsutra.

Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharkarma:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

• **Purvakarma:**

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic

• **Pradhankarma:**

1. Patient taken under SA/ LA.
2. Painting draping done.





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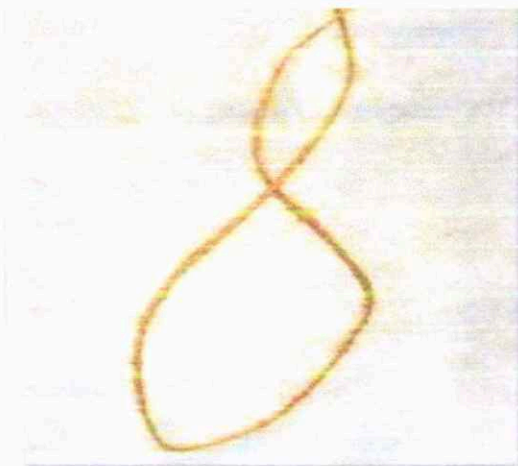
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3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

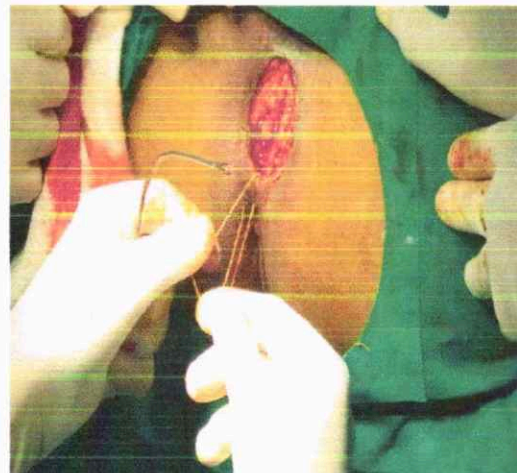
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

Outcomes: Student got there Ksharsutra concept clearly.



Ksharsutra Threid



Ksharsutra Application




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TRAINING PROGRAM OF ANUSHASTRA

Year 2018-19

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 2
Time	: 9.30 pm to 11:30 pm
Topic	: Agnikarma .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**
 1. Part preparation
 2. Analgesic, antibiotic





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• **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for affected part

Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


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TRAINING PROGRAM OF ANUSHASTRA

Year 2018-19

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 3
Time : 9.30 pm to 11:30 pm
Topic : Jalaukavacharan .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Jalauka
3. Haridra
4. Kidney tray





- **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra





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Ksharakarma atiyoga management

- 1) Matra Basti in Anorectal conditions
- 2) ghrita or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)


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Date: 21/05/2019

Attendance of Training Program

Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Shamal Adkine	
2.	Dr. Mahendra Bergal	
3.	Dr. Dnyanesh Chikhale	
4.	Dr. Priyadarshini Hanje	
5.	Dr. Sandeep Mohate	
6.	Dr. Bhagvat Dada Jadhav	
7.	Dr. Abhijeet Laxman Neel	
8.	Dr. Bhardwaj Ramakant Bhosekar	
9.	Dr. Tejashwini Shankar Jadhav	
10.	Dr. Sumant Ramesh Thorat	
11.	Mrs. Vidya Habale (female therapist)	
12.	Mrs. Laxmi Pol (female therapist)	
13.	Mr. Javed Naikwadi (male therapist)	

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Website: www.adamcashta.com ISO Certified 9001-2015, 14000-2015

Date: 22/05/2019

Attendance of Training program

Day 2- Agnikarma

Sr. No	Name	Attendance
1.	Dr. Shamal Adkine	
2.	Dr. Mahendra Bergal	
3.	Dr. Dnyanesh Chikhale	
4.	Dr. Priyadarshini Hanje	
5.	Dr. Sandeep Mohate	
6.	Dr. Bhagvat Dada Jadhav	
7.	Dr. Abhijeet Laxman Neel	
8.	Dr. Bhardwaj Ramakant Bhosekar	
9.	Dr. Tejashwini Shankar Jadhav	
10.	Dr. Sumant Ramesh Thorat	S R T
11.	Mrs. Vidya Habale (female therapist)	V. H
12.	Mrs. Laxmi Pol (female therapist)	
13.	Mr. Javed Naikwadi (male therapist)	

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Date: 23/05/2019

Attendance of Training program

Day 3- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Shamal Adkine	<u>Adkine</u>
2.	Dr. Mahendra Bergal	<u>Bergal</u>
3.	Dr. Dnyanesh Chikhale	<u>Chikhale</u>
4.	Dr. Priyadarshini Hanje	<u>Hanje</u>
5.	Dr. Sandeep Mohate	<u>Mohate</u>
6.	Dr. Bhagvat Dada Jadhav	<u>Jadhav</u>
7.	Dr. Abhijeet Laxman Neel	<u>Neel</u>
8.	Dr. Bhardwaj Ramakant Bhosekar	<u>Bhosekar</u>
9.	Dr. Tejashwini Shankar Jadhav	<u>Jadhav</u>
10.	Dr. Sumant Ramesh Thorat	<u>Thorat</u>
11.	Mrs. Vidya Habale (female therapist)	<u>Habale</u>
12.	Mrs. Laxmi Pol (female therapist)	<u>Pol</u>
13.	Mr. Javed Naikwadi (male therapist)	<u>Naikwadi</u>


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