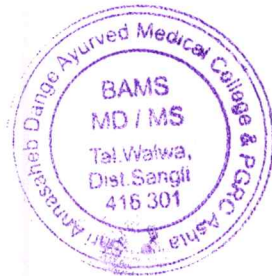




CRITERIA 8 – Part B : Ayurveda	
8.1.14.	
Describe the facilities available in the Institution towards delivering Pathyakalpana	
8.1.14.a. Details of Activities and number of pathya preparations	
Sr. No.	Particulars
1	Number of pathya preparations in year 2023
2	Details of Activities and number of pathya preparations in year 2022
3	Details of Activities and number of pathya preparations in year 2021
4	Details of Activities and number of pathya preparations in year 2020
5	Details of Activities and number of pathya preparations in year 2019
6	Details of Activities and number of pathya preparations in year 2018



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No. of Pathya Preparations

1 Jan 2023 TO 31 Dec 2023

Sr.No	Pathya Kalpana	Total
1	Yush	771
2	Shadangpani	35
3	Khajur Manth	76
4	Kashay/ Kwath	146
5	Khirapak	440
6	Phant	7
7	Sattu Panak	0
8	Swaras	0
9	Siddhatakra	0
10	Manda	0
11	Peya	43
12	Vilepi	1
13	Other	34
	Total	1553



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No. of Pathya Preparation in 2022

No.	Patya Kalpana	2022
1	Yush	1055
2	Shadangpani	25
3	Khajur Manth	106
4	Kashay/ Kwath	151
5	Khirapak	0
6	Phant	0
7	Sattu Panak	0
8	Swaras	15
9	Siddhatakra	0
10	Manda	0
11	Peya	109
12	Vilepi	0
13	Other	36
	Total	1497



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PATHYA KALPANA PROGRAMME

The program was sponsored by the Department of Swasthavritta & Bhaishajya kalpana of our college. The venue was chosen was Dhanwantari Ayurvedic Rugnalaya. Bhaishajya Kalpana is the science of pharmaceuticals that focuses on preparation of Ayurvedic compound medicines. Pathya Kalpana is basic but most important concept in Ayurveda which seems to be practical and must be practiced clinically in today's era. The preparations made by Samskara various methods of processing make the diet – more fruitful in terms of health.

Objectives of "Pathya Kalpana Programme" can be seen from the following points:

These preparations are made up from minimum & easily available ingredients. These are simple methods of preparations. These are very cost effective methods. Concept of Pathya changes at every moment and with every individual.

What is pathya to one person may not be pathya to another person. Even it changes in the same person depending upon various components like Age, Psychological condition, condition of provoked Dosha, condition of Dhatuscondition of raw material, area of the patient, habits of the patient etc. So considering and elaborating the plan need a lot of attention from the physician.

The training program intended to familiarize practitioners with the latest development in the field. Such re-orientation is the need of hour.

Topic covered in five days scheduled as:

1. General introduction of pathya Kalpana ,& preparation from monocotyledons'
2. Preparation & General Principle of Pathya Kalpana & Preparation form Dicotyledons'
3. Review of Mansaras & its preparation.
4. Review of Krushara, Ushnodaka & preparation.
5. Practical approach of Pathya kalpana.





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Practically Pathya Kalpana is advised as a diet plan 'in healthy individuals' to let them stay fit, 'to the patients' to keep their channels in a healthy stage and in 'patients getting treated with Panchakarma' to help their Mahastortas coming back to normal. So "Pathya Kalpana" makes our food healthy and pleasurable. It is helpful in both the condition viz Healthy and Diseased. It stresses Ayurveda's approach that the digestive capability of the patients is equally important to that of the properties of the drugs. It covers all the nutritive values as it provides food having all the six tastes thus acting over both body and mind. So Pathya Kalpana should be incorporated in our daily diet regime to achieve the basic objectives of Ayurveda.




HOD

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Ayurved Medical College, Ashta


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SCHEDULE OF PATHYA KALPANA TRAINING PROGRAMME

DAY 1 13/06/2022:

Morning :

General introduction of Pathya Kalpana was discussed with staff. Review of preparation from monocotyledons' like, MANDA, PEYA, VILEPI, YAVAGU.

Afternoon :

from Actual Preparation monocotyledons' like, MANDA, PEYA, VILEPI, YAVAGU & its application.

DAY 2 14/06/2022:

Morning:

Discussion about Preparation & preparation from Dicotyledons like, YUSHA

Afternoon:

From Actual Preparation Dicotyledons, YUSHA & its application.

DAY 3 15/06/2022 :

Morning:

Review of MANSARAS & its preparation,

Afternoon:

Preparation of MANSARAS & its application.

DAY 4 16/06/2022:

Morning:

Review of KRUSHARA, USHNODAKA, KSHEERAPAKA & preparation.

Afternoon:

Demonstration of KRUSHARA, USHNODAKA, KSHEERAPAKA & preparation & its application.

DAY 5 17/06/2022

Morning:

Practical approach of Pathya kalpana was done on patients.

Afternoon:

Practically Pathya Kalpana is advised as a diet plan 'in healthy individuals' to let them stay fit, 'to the patients' to keep their channels in a healthy stage and in 'patients getting treated with Panchakarma' to help their Mahasrotas coming back to normal.


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EVENT PRESENTY

Name Of Programme/Event/ Activity : Training and Skill Development Programme

Date : 13/06/2022 to 17/06/2022

Time: 10.00am to 4.00pm

Venue : Dhanvantari Hospital, Ashta.

Sr. No.	Name of Students	Signature
1	ms. sumita sunil shinde	
2)	Mr. Vaibhav D. Kumbhar	
3)	Mahavir P. Patil	
4.	Jyoti Dhananjay Gramopadhye	
5	Ujjwala Jadhav	
6	Urmesh Chakraborty	
7	Vaishali Fawale	
8	Ravindra Kurane	
9)	Sanjay Bhosale	
10)	Rajaram Shinde	
11	Siddhant Prudhvi	
12)	Jitendra Kamble	
13)	omkar Dange	
14)	Rukmani Mujawar	
15)	Saehin Vilas Kale	
16)	Atul Billip Wane	
17)	Dr. Milind Kamble	
18)	Abhijeet Thorat (PRO)	

HOD

Swasthivrikta Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta





SOP Pathva kalpana

Acharya Sharangdhara explains about some pathya kalpana like manda, peya, vilepi, yavagu etc. These kalpanas are generally used in different diseases according to state of disease and capacity to digest the food in that disease. It also helps to maintain proper Agni (digestive fire) so as to digest food properly and give needed nutrition to tissues of body. It will also help to avoid formation of Ama which is often triggered when Agni (digestive fire) becomes low.

Pathya Kalpana Preparations:-

Name of kalpana	Ratio of Rice	Ratio of Water	Characteristic Final constitution
Manda	1 part	14 parts	Till rice is completely cooked only supematant liquid
Peya	1 part	14 parts	Till rice completely cooked Rice and liquid portion taken in equal proportion
Vilepi	1 part	4 parts	Till rice is completely cooked Maximum solid portion with little liquid is taken
Yavagu	1 Part	6 parts	Till rice is completely cooked only rice part

➤ Manda Kalpana:

1. It is prepared by using rice and water in 1:14 proportion.
2. Manda is watery portion of completely cooked rice.
3. It is Laghu, Sheeta, Deepan, Pachan, Grahi, Vatanulomaka and kaphaghna.e.g Laja manda

➤ Peya Kalpana:

1. It is prepared by 1:14 rice and water proportion
2. Watery portion and few grains of cooked rice.
3. It is Laghu, Deepana, Pachana, Vatamulomaka and Dhatupushtikara.





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➤ **Vilepi kalpana:**

1. Rice is cooked with 4 parts of water.
2. It is madhura, Laghu, Deepana, Rochana, Vrushya.

➤ **Yavagu kalpana:**

1. It is prepared with 6 parts of water and 1 part of rice.
2. There are two types-
 - a) Kwath siddha yavagu
 - b) Mamsara siddha yavagu

➤ **Yusha:**

1. Yusha kalpana is prepared by Shimbi dhanya like moong, masura, udid etc.
2. 1 part of shimbi dhanya, half part of pimpli and shunthi, 16 parts of water are used for preparation of yusha.
3. Yusha is rochana, sandhankari, kaphapittahar

➤ **Krushara:**

1. It is prepared by combination of rice and mudga.
2. It is shukrala, balya, guru, pitta vardhaka, kaphakara, vatanashaka.

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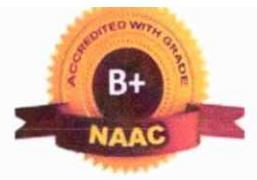
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No. of Pathya Preparation in 2021

No.	Patya Kalpana	2021
1	Yush	594
2	Shadangpani	53
3	Khajur Manth	8
4	Kashay/ Kwath	88
5	Khirapak	0
6	Phant	0
7	Sattu Panak	0
8	Swaras	47
9	Siddhatakra	0
10	Manda	0
11	Peya	0
12	Vilepi	33
13	Other	25
	Total	848




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PATHYA KALPANA TRAINING PROGRAM

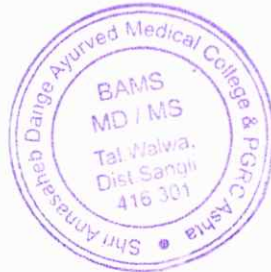
Dept of Swsthavritta and Yoga

The program was sponsored by the Department of Swasthavritta Yoga ,of ADAMC ASHTA. The venue chosen was DHANWANTARI AYURVEDIC RUGNALAY ASHTA TAL. WALWA, DIS. SANGLI. Pathya Kalpana is basic but most important concept in Ayurveda which seems to be practical and must be practiced clinically in today's era. The preparations made by Samskara various methods of processing make the diet-more fruitful in terms of health. Importance of understanding "Pathya Kalpana" can be seen from the following points - These preparations are made up from minimum & easily available ingredients These are Simple methods of preparation. These are very cost effective methods. Concept of Pathya changes at every moment and with every individual. What is Pathya to one person may not be Pathya to another person. Even it changes in the same person depending upon various components like - Age-psychological condition- condition of provoked Dosha-condition of Dhatuscondition of raw material- area of the patient-habits of the patient etc. So considering and elaborating the diet plan need a lot of attention from the physician.

The training program intended to familiarize practioners with the latest developments in the field. "Such re-orientation programs are the need of hour," stated..... in his welcome speech...

Topics covered in five days scheduled as :

1. General introduction of Pathya Kalpana,& preparation from monocotyledons'
2. Preparation & General Principles of Pathya Kalpana & preparation from Dicotyledons'
3. Review of Mamsaras & its preparation
4. Review of krushara, Ushnodaka & preparation.
5. Practical approach of Pathya kalpana





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So "Pathya Kalpana" makes our food healthy and pleasurable.

It is helpful in both the conditions viz Healthy and Diseased. It stresses Ayurveda's approach that the digestive capability of the patients is equally important to that of the properties of the drugs. It covers all the nutritive values as it provides food having all the six tastes thus help in maintaining the penta elemental nature of the body. It also makes the food pleasurable thus acting over both body and mind. So Pathya should be incorporated in our daily diet regime to achieve the basic objectives of Ayurved.

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HOD

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Ayurved Medical College Ashta.



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College Ashta, Tal. Walwa, Dist. Sangli



SCHEDULE OF PATHYA KALPANA TRAINING PROGRAMME

DAY 1:- 06/12/2021:

Morning :

General introduction of Pathya Kalpana was discussed with staff Review of preparation from monocotyledons' like, MANDA, PEYA, VILEPI, YAVAGU.

Afternoon :

from Actual Preparation monocotyledons' like, MANDA, PEYA, VILEPI, YAVAGU & its application.

DAY 2 :- 07/12/2021:

Morning:

Discussion about Preparation & preparation from Dicotyledons like, YUSHA

Afternoon:

From Actual Preparation Dicotyledons, YUSHA & its application.

DAY 3 :- 08/12/2021:

Morning:

Review of MANSARAS & its preparation,

Afternoon:

Preparation of MANSARAS & its application.

DAY 4 :- 09/12/2021:

Morning:

Review of KRUSHARA, USHNODAKA, KSHEERAPAKA & preparation.

Afternoon:

Demonstration of KRUSHARA, USHNODAKA, KSHEERAPAKA & preparation& its application.

DAY 5 :- 10/12/2021

Morning:

Practical approach of Pathya kalpana was done on patients.

Afternoon:

Practically Pathya Kalpana is advised as a diet plan 'in healthy individuals' to let them stay fit, 'to the patients' to keep their channels in a healthy stage and in 'patients getting treated with Panchakarma' to help their Mahasrotas coming back to normal.





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DEPARTMENT OF SWASTHAVRITTA AND YOGA (PATHYA CELL)

Name Of Programme :Traning and Skill Development Programme

Date : 06/12/2021 to 10/12/2021

Time: 10:00 am to 04. 00pm

Venue :Dhanvantari Hospital ,Ashta.

Sr. No.	Name of Students	Signature
1)	Snaxmika Petare	S.P.P.
2)	Asmita Tomake	A.R.T
3)	Sesriya Ghatge	S.S.G
4)	Jatei .R. Sabamate	L.R-S.
5)	sansita . G. Kurne	S.G.K.
6)	Rohini Kabale	R.S.K.
7)	1994 . B. Kurne.	L.B.R.
8)	Punom. D. more	P.D.M
9)	Mis. Swati Petare	S.S.P.
10)	Laxmi Varane	L.U.V.
11)	Usha Tomake	B.M.K
12)	Ashwini Awale	A.A.A.
13)	Anjana Salunkhe	A.M.S.


HOD

Swasthvirita Dept.
Hon.shri Annasaheb Dange
Ayurved Medical College Asha.





SOP Pathva kalpana

Acharya Sharangdhara explains about some pathya kalpana like manda, peya, vilepi, yavagu etc. These kalpanas are generally used in different diseases according to state of disease and capacity to digest the food in that disease. It also helps to maintain proper Agni (digestive fire) so as to digest food properly and give needed nutrition to tissues of body. It will also help to avoid formation of Ama which is often triggered when Agni (digestive fire) becomes low.

Pathya Kalpana Preparations:-

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➤ **Vilepi kalpana:**

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➤ **Krushara:**

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2. It is shukrala, balya, guru, pitta vardhaka, kaphakara, vatanashaka.

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Ayurved Medical College Ashta

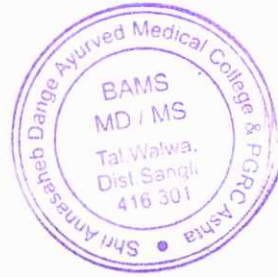


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No. of Pathya Preparation in 2020

No.	Patya Kalpana	2020
1	Yush	420
2	Shadangpani	57
3	Khajur Manth	33
4	Kashay/ Kwath	0
5	Khirapak	0
6	Phant	0
7	Sattu Panak	0
8	Swaras	0
9	Siddhatakra	0
10	Manda	0
11	Peya	0
12	Vilepi	0
13	Other	0
	Total	510




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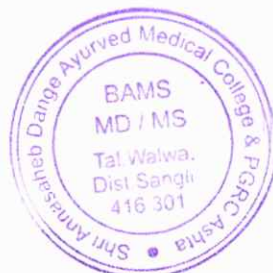
PATHYA KALPANA PROGRAMME

The program was sponsored by the Department of Bhaishajya kalpana ,of ADAMC ASHTA. The venue chosen was DHANWANTARI AYURVEDIC RUGNALAY ASHTA TAL. WALWA, DIS. SANGLI. Bhaishajya kalpana to sanction such a program to an institution. Bhaishajya Kalpana is the science of pharmaceutics that focuses on preparation of Ayurvedic compound medicines. Pathya Kalpana is basic but most important concept in Ayurveda which seems to be practical and must be practiced clinically in today's era. The preparations made by Samskara various methods of processing make the diet - more fruitful in terms of health. Importance of understanding "Pathya Kalpana" can be seen from the following points - These preparations are made up from minimum & easily available ingredients These are Simple methods of preparation. These are very cost effective methods. Concept of Pathya changes at every moment and with every individual. What is Pathya to one person may not be Pathya to another person. Even it changes in the same person depending upon various components like - Age-psychological condition- condition of provoked Dosha-condition of Dhatuscondition of raw material- area of the patient-habits of the patient etc. So considering and elaborating the diet plan need a lot of attention from the physician.

The training program intended to familiarize practioners with the latest developments in the field. "Such re-orientation programs are the need of hour," stated....., in his welcome speech...

Topics covered in five days scheduled as :

1. General introduction of Pathya Kalpana ,& preparation from monocotyledons'
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3. Review of Mansaras & its preparation
4. Review of krushara , Ushnodaka & preparation.
5. Practical approach of Pathya kalpana





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Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

Practically Pathya Kalpana is advised as a diet plan 'in healthy individuals' to let them stay fit, 'to the patients' to keep their channels in a healthy stage and in 'patients getting treated with Panchakarma' to help their Mahastrotas coming back to normal. So "Pathya Kalpana" makes our food healthy and pleasurable. It is helpful in both the conditions viz Healthy and Diseased. It stresses Ayurveda's approach that the digestive capability of the patients is equally important to that of the properties of the drugs. It covers all the nutritive values as it provides food having all the six tastes thus acting over both body and mind. So Pathya Kalpana should be incorporated in our daily diet regime to achieve the basic objectives of Ayurveda.



[Handwritten Signature]
HOD
3/10/21
2 pm
Swasthritia Dept.
Shri Annasaheb Dange
Ayurved Medical College
Swasthritia & Yoga Department



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E-mail : ashta.adamc@gmail.com

Pathya Kalpana Training Program Schedule Date-18/01/2021

Sr. No	Date	Time	Session
1	Day 1 18/01/2021	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• General introduction of Pathya kalpana• Review of Preparations of Monocotyledons.
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Actual preparations –Manda, Peya, Vilepi, Yavagu & their applications.
2	Day 2 19/01/2021	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Discussion about preparations from Dicotyledons
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Actual preparations-Yusha & their applications
3	Day3 20/01/2021	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Review of Mamsaras and its effects on the body.
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Preparation of Mamsaras & its applications
4	Day4 21/01/2021	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Review of Krushra, Kshirpaka & Ushnodaka & their effects on the body.
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Demonstration of Krushara, Ushnodaka, ksheerpaka & their applications.
5	Day5 22/01/2021	9am to 2pm	Practical approach of Pathya Kalpana on patients.



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Hon. Shri. Annasaheb Dange Ayurved Medical College

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Phone : 02342-241103/241108, Fax : 02342-241110

Website : www.adamcasha.com

E-mail : ashita.adamc@gmail.com

Pathya Kalpana Training Programme Attendance-2021

Sr. No.	Participants Name	Signature 18/01/2021	Signature 19/01/2021	Signature 20/01/2021	Signature 21/01/2021	Signature 22/01/2021
1	Dr. Nitin Tatpuje					
2	Dr. Ashwini Khot					
3	Dr. Shraddha Shelke					
4	Dr. Indrajit Patil					
5	Dr. Hemalata Kore					
6	Mrs. Jayashri khandare					
7	Dr. Vaibhav Shaha					



Swasthritta Dept.

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SOP Pathya kalpana :

Pathya kalpana:

Acharya Sharangdhara explains about some pathya kalpana like manda, peya, vilepi, yavagu etc. These kalpanas are generally used in different diseases according to state of disease and capacity to digest the food in that disease. It also helps to maintain proper Agni (digestive fire) so as to digest food properly and give needed nutrition to tissues of body. It will also help to avoid formation of Ama which is often triggered when Agni (digestive fire) becomes low.

Pathya Kalpana Preparations:-

Name of kalpana	Ratio of Rice	Ratio of Water	Characteristic Final constitution
Manda	1 part	14 parts	Till rice is completely cooked Only Supernatant liquid
Peya	1 part	14 parts	Till rice completely cooked Rice and liquid portion taken in equal proportion
Vilepi	1 part	4 parts	Till rice is completely cooked Maximum solid portion with little liquid is taken
Yavagu	1 Part	6 parts	Till rice is completely cooked Only rice part

➤ **Manda Kalpana:**

1. It is prepared by using rice and water in 1:14 proportion.
2. Manda is watery portion of completely cooked rice.
3. It is *Laghu, Sheeta, Deepan, Pachan, Grahi, Vatanulomaka and kaphaghna.e.g.. Laja manda*

➤ **Peya Kalpana:**

1. It is prepared by 1:14 rice and water proportion
2. Watery portion and few grains of cooked rice.
3. It is *Laghu, Deepana, Pachana, Vatanulomaka and Dhatupushtikara.*

➤ **Vilepi kalpana:**

1. Rice is cooked with 4 parts of water.





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2. It is *madhura, Laghu, Deepana, Rochana, Vrushya*.

➤ **Yavagu kalpana:**

1. It is prepared with 6 parts of water and 1 part of rice.
2. There are two types-
 - a) *Kwath siddha yavagu*
 - b) *Mamsara siddha yavagu*

➤ **Yusha:**

1. *Yusha kalpana* is prepared by *Shimbi dhanya* like *moong, masura, udid* etc.
2. 1 part of *shimbi dhanya*, half part of *pimpli* and *shunthi*, 16 parts of water are used for preparation of *yusha*.
3. *Yusha* is *rochana, sandhankari, kaphapittahar*.

➤ **Krushara:**

1. It is prepared by combination of rice and *mudga*.
2. It is *shukrala, balya, guru, pitta vardhaka, kaphakara, vatanashaka*.





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No. of Pathya Preparation in 2019

No.	Pathya Kalpana	2019
1	Yush	604
2	Shadangpani	54
3	Khajur Manth	20
4	Kashay/ Kwath	8
5	Khirapak	0
6	Phant	5
7	Sattu Panak	4
8	Swaras	0
9	Siddhatakra	5
10	Manda	1
11	Peya	9
12	Vilepi	3
13	Other	59
	Total	772




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PATHYA KALPANA PROGRAMME

The program was sponsored by the Department of Bhaishajya kalpana ,of ADAMC ASHTA. The venue chosen was DHANWANTARI AYURVEDIC RUGNALAY ASHTA TAL. WALWA, DIS. SANGLI. Bhaishajya kalpana to sanction such a program to an institution. Bhaishajya Kalpana is the science of pharmaceutics that focuses on preparation of Ayurvedic compound medicines. Pathya Kalpana is basic but most important concept in Ayurveda which seems to be practical and must be practiced clinically in today's era. The preparations made by Samskara various methods of processing make the diet – more fruitful in terms of health. Importance of understanding "Pathya Kalpana" can be seen from the following points - These preparations are made up from *minimum & easily available ingredients* These are Simple methods of preparation. These are very cost effective methods. Concept of Pathya changes at every moment and with every individual. What is Pathya to one person may not be Pathya to another person. Even it changes in the same person depending upon various components like – Age-psychological condition- condition of provoked Dosha-condition of Dhatuscondition of raw material- area of the patient-habits of the patient etc. So considering and elaborating the diet plan need a lot of attention from the physician.

The training program intended to familiarize practitioners with the latest developments in the field. "Such re-orientation programs are the need of hour," stated ..., in his welcome speech...

Topics covered in five days scheduled as :

1. General introduction of Pathya Kalpana ,& preparation from monocotyledons'
2. Preparation & General Principles of Pathya Kalpana & preparation from Dicotyledons '
3. Review of Mansaras & its preparation
4. Review of krushara , Ushnodaka & preparation.
5. Practical approach of Pathya kalpana





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Practically Pathya Kalpana is advised as a diet plan 'in healthy individuals' to let them stay fit, 'to the patients' to keep their channels in a healthy stage and in 'patients getting treated with Panchakarma' to help their Mahastrotas coming back to normal. So "Pathya Kalpana" makes our food healthy and pleasurable. It is helpful in both the conditions viz Healthy and Diseased. It stresses Ayurveda's approach that the digestive capability of the patients is equally important to that of the properties of the drugs. It covers all the nutritive values as it provides food having all the six tastes thus acting over both body and mind. So Pathya Kalpana should be incorporated in our daily diet regime to achieve the basic objectives of Ayurveda.




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Pathya Kalpana Training Program Schedule Date-23/09/2019

Sr. No	Date	Time	Session
1	Day 1 23/09/2019	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• General introduction of Pathya kalpana• Review of Preparations of Monocotyledons.
	Day 1 23/09/2019	1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Actual preparations –Manda, Peya, Vilepi, Yavagu & their applications.
2	Day 2 24/09/2019	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Discussion about preparations from Dicotyledons
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Actual preparations-Yusha & their applications
3	Day3 25/09/2019	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Review of Mamsaras and its effects on the body.
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Preparation of Mamsaras & its applications
4	Day4 26/09/2019	10.30am to 12.30pm	Morning- <ul style="list-style-type: none">• Review of Krushra, Kshirpaka & Ushnodaka & their effects on the body.
		1.30pm to 3.30pm	Afternoon- <ul style="list-style-type: none">• Demonstration of Krushara, Ushnodaka, ksheerpaka & their applications.
5	Day5 27/09/2019	9am to 2pm	Practical approach of Pathya Kalpana on patients.

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5	Dr. Aparna Admure					
6	Dr. Rupali Patil					
7	Mr. Ram Peje					
8	Mrs. Pramila Jawale					



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No. Of Pathya Preparation in year 2018

No.	Pathya Kalpana	2018
1	Yush	524
2	Shadangpani	179
3	Khajur Manth	65
4	Kashay/ Kwath	0
5	Khirapak	0
6	Phant	0
7	Sattu Panak	0
8	Swaras	0
9	Siddhatakra	0
10	Manda	0
11	Peya	0
12	Vilepi	0
13	Other	0
	Total	768




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