

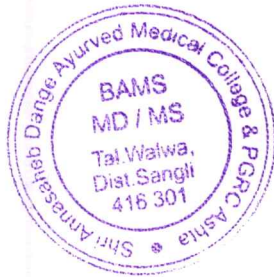
CRITERIA 8 – Part B : Ayurveda

8.1.14.

Describe the facilities available in the Institution towards delivering Pathyakalpana

8.1.14.b. Additional Information : Availability & Facility.pdf

Sr. No.	Particulars
1	Additional Information : Availability & Facility.pdf in year 2022-23
2	Additional Information : Availability & Facility.pdf in year 2021-22
3	Additional Information : Availability & Facility.pdf in year 2020-21
4	Additional Information : Availability & Facility.pdf in year 2019-20
5	Additional Information : Availability & Facility.pdf in year 2018-19



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PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa. Dist. Sangli



Availability of well equipped and well maintained pathya facility in Year 2022-2023:

To carry out proper functioning of Pathya Department , we have following working Staff-

1	Head of Dept.	Dr. Sanjay Jadhav
2	Co-ordinator	Dr. Ashwini Khot
3	Dietician	Dr.Radhika Chougule
4	Preparation Manager	Dr. Shraddha Shelake
5	Purchase and store incharge	Mr. Rajaram Shid
6	Clerk	Mr. Priyanka Danane
7	Attendant	Mrs. Jayashree Khandare
8	Sweeper and cleaner	Mrs. Pramila Jawale

Daily order of Pathya Kalpanas required for patients are placed by Consultants of different departments through interneers at least 3 hrs before. Then, such orders are prepared hygienically, using soft water, obeying all guidelines mentioned in the Samhitas and served fresh.

Daily servings are mentioned in, "Magani Patrak" by clerk. Regular cleaning of department is done by sweeper and cleaner. Quality control is strictly maintained and executed by preparation manager. Advice of Pathya Kalpana and diet to patients is given by Dietician. All this working of Department is carefully administered and smoothly co-ordinated by Co-ordinator.

To maintain quality and to find out innovative ideas about Pathya Kalpanas, regular meetings are arranged. We are continuously taking sincere efforts to enrich the quality of department and explore new innovative ideas of Pathya preparation.

To carry out proper functioning of Department, following is the stock items, we are using,

- Kitchen utensils-
 - Frying Pan
 - Stirring spoon
 - Ladle
 - Steel Containers





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- Saucepans
- Steel dish
- Cooker

• Miscellaneous :

- Rack
- Chair
- Stool
- Fan
- Grinder and Mixer machine
- Gas burner
- Gas cylinder
- Gas Lighter
- Wooden Table



N. J. J. J.

HOD

Swasthvirita Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta

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College, Ashta, Tal. Walwa, Dist. Sangli.



Availability of well equipped and well maintained pathya facility:

To carry out proper functioning of Pathya Department , we have following working Staff-

1	Head of Dept.	Dr. Nitin Tatpuje
2	Co-ordinator	Dr. Ashwini Khot
3	Dietician	Dr. Hemlata Kore
4	Preparation Manager	Dr. Shraddha Shelake
5	Purchase and store incharge	Mr. Rajaram Shid
6	Clerk	Mr. Sunita Madane
7	Attendant	Mrs. Jayashree Khandare
8	Sweeper and cleaner	Mrs. Pramila Jawale

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- Steel dish
- Cooker

• Miscellaneous :

- Rack
- Chair
- Stool
- Fan
- Grinder and Mixer machine
- Gas burner
- Gas cylinder
- Gas Lighter
- Wooden Table




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Our Pathya unit have well equipped kitchen to prepare different recipes instantly



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PATHYA DEPARTMENT

INTRODUCTION

Prime goal of Ayurveda is

"Swasthasya Swasthya Rakshanam Aturasya Vikar Prashamanam Cha."

The same is achieved by instituting Pathya regimen. Hence, Ayurveda has given importance to diet and regimen as a part of maintenance of health and disease management. In some stages of Vyadhi, following Pathya and avoiding Apathya is enough to cure the disease.

Acharyas indicated the importance of Pathya Ahara by stating that if a patient takes wholesome food then there is no need of medicine and if a patient continuously indulges unwholesome food then also there is no any outcome of taking of medicine. In this way, the precisely constituted, calculated and cooked food is known as Pathya. It is said to be Mahabhesaja by Acharya Kashyapa.

Pathyas are defined as the diets which are beneficial for both body and mind. Application of specific diet pattern and healthy life style is quite evident in Ayurveda aiming at nullifying the vitiated doshas as well as the curative aspects of rogas. As food characteristics and properties will change according to season, place and person, pathya regimen will change accordingly as per patients and disease conditions. Pathya not only prevents diseases and increases longevity, but also fastens the process of recovery from diseased states.





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Pathya Kalpana must be used in Dinacharya, Rutucharya. It is very much necessary for the patients to have the food which will keep their Dhatus in healthy state and will not let them get vitiated more from Doshas. Pathya is that which brings the vitiated Doshas to normaly and Apathya are those which causes vitiation and abnormalities in the Doshas. The Pathya should be administered in various Kalpanas such as Manda, Peya, Vilepi etc. and the forms of these Kalpana should altered according to needs of person, disease and time.

As you know pathya is beneficial for patients and helps to alleviate diseases effectively. Pathya not only advocates intake of wholesome food but also it directs to follow a certain regimen to fasten the process of recovery from a diseased state. Hence to put into practice the implication and importance of Pathya-Apathya a specialized department is working in our Dhanwantari Hospital.



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Brief Review of Pathya Department

A) Staff-

1	Co-ordinator	Dr. Nitin Tatpuje
2	Dietician	Dr. Ashwini Khot
3	Preparation Manager	Dr. Shraddha Shelake
4	Purchase and store incharge	Mr. Rajaram Shid
5	Clerk	Mr. Ram Peje
6	Sweeper and cleaner	Mrs. Pramila Jawale



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B) Daily Working:

Order of Pathya Kalpanas required for patients are placed by Consultants of different departments through interneers/ attendant at least 3 hrs before. Then, such orders are prepared hygienically, using soft water, obeying all guidelines mentioned in the Samhitas, and served fresh. Daily servings are mentioned in, "Magani Patrak" by clerk. Regular cleaning of department is done by sweeper and cleaner. Quality control is strictly maintained and executed by preparation manager. Advice of Pathya Kalpana and diet to patients is given by Dietician. All this working of Department is carefully administered and smoothly co-ordinated by Co-ordinator. To maintain quality and to find out innovative ideas about Pathya Kalpanas, regular meetings are arranged. We are continuously taking sincere efforts to enrich the quality of department and explore new innovative ideas of Pathya preparation.





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C) Stock of Department

To carry out proper functioning of Department, following is the stock items, we are using,

- Kitchen utensils-
 - Frying Pan
 - Stirring spoon
 - Ladle
 - Stirring spoon
 - Steel Containers
 - Saucepans
 - Steel dish
 - Cooker

- Rack
- Chair
- Stool
- Fan
- Mixer
- Gas burner
- Gas cylinder
- Gas Lighter
- Wooden Table



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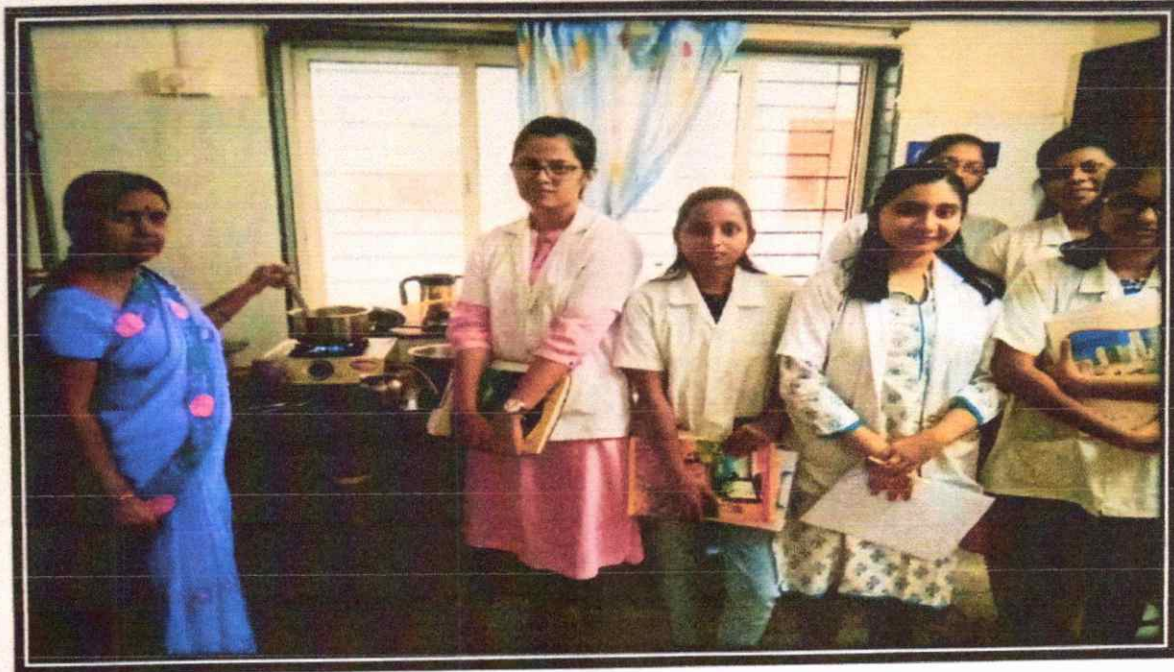
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Swasthavritta and Yoga Department






Facilities for instant preparations like Swarasa, Kalka, Ksheerapaka etc.

Aacharys have explained about some preparations like swaras, Kalka, Ksheerapaka etc. These Kalpanas are generally used in different diseases according to the Dosha awastha & agnibala of patients. These preparations are freshly prepared & instantly served. We have following facilities to serve these Kalpanas to the patients :-

Facilities –

- Availability of all raw materials including medicinal plants in herbal garden.
- Availability of essential equipments
- Well trained staff

We have established well equipped 'Pathya Unit' under Swasthavritta Department with above mentioned facilities in our Dharvantari Hospital to prepare above preparations according to the need of patients.


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Pathya facilities :



In Pathya unit, raw materials stored under hygienic conditions and prepared recipies are distributed to patients within stipulated time



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8.6.14: Facilities available in Pathya Unit



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Swarasa Kalpana



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