



## CRITERIA VII: INSTITUTIONAL VALUES AND BEST PRACTICES

### Key Indicator 7.1-Institutional Values and Social Responsibilities

#### GENDER EQUITY

#### 7.1.1 Total number of gender equity sensitization programs organized by the Institution during last 5 years

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College, Ashta, Tal. Walwa, Dist. Sangli



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A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : www.adamc.ac.in  
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**EVENT / ACTIVITY REPORT Date -22/02/2023**

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**Title of Activity: Guest lecture on the Topic- 'Gender Sensitization'**

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Date : 03/11/23  
Duration : 1.15pm - 2.15pm  
Venue : First Year Classroom, ADAMC, Ashta

**Objectives of Event/Activity:-**

- Raise awareness about gender-related issues and challenges.
- Promote a more inclusive and respectful environment.

**Introduction:-**The guest lecture began with a warm welcome and introduction of the speaker.

An overview of the importance of gender sensitization was provided, highlighting the need to challenge stereotypes and promote equality.

**Report/ Description:-**

The speaker delivered a comprehensive presentation on the topic of gender sensitization. The content included:

- Definition and understanding of gender, including the difference between sex and gender.
- Discussion on gender stereotypes and their impact on individuals and society.

To engage the participants actively, interactive sessions were conducted throughout the lecture. The participants were given an opportunity to provide feedback on the lecture through a feedback form.

**Outcome and Impact:**

The guest lecture on gender sensitization was well-received by the participants. It helped raise awareness about gender-related issues, challenged existing biases, and promoted a more inclusive mindset.



Principal

ADAMC, Ashta

PRINCIPAL

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# Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

TRANSITIONAL CURRICULUM

ATTENDANCE SHEET-1<sup>ST</sup> YEAR BAMS 2023-24

TEACHERS NAME- Dr. Archana Wadkar

DATE - 03/11/2023

TOPIC - Gender sensitization

TIME - 1:15 to 2:15

SR.NO.	Name of Student	Sign	SR.NO.	Name of Student	Sign
1	Shreyas. N. Karande	Shreyas	51	Brajakta Bhausaheb chavare	P.B.chavare
2	Aditya. B. Mane	Ad	52	Sana Aslam Mujawar	Sanjana
3	Raj Santosh Pawar	Raj	53	Tanvi Sanjay Patil	Tanvi
4	Rushikesh. D. Nagarkar	R.Nagarkar	54	Nikita Nitin Bankar	Nikita
5	Digvijay. V. Phansavade	Digvijay	55	Padhav Pratiksha Balasaheb	Padhav
6	Manish. M. Bongale	Mbongale	56	Namrata Nagesh Sutar	Namrata
7	Kaustubh D. Kapare	Kaustubh	57	Divya Sunil Bidnurkar	Divya
8	Aditya Mohan Patil	Aditya	58	Torve Ashwini Santosh	Ashwini
9	Jaikar Prayanobh Lahane	Jaikar	59	Jadhav Ankita Anil	Ankita
10	Santajeer Garkwad	Santajeer	60	Shashwati. Shivanand Hiramani	Shashwati
11	Digambar Sonwalkar	Digambar	61	Saba Shabbir Torge	Saba
12	Sakhare Aditya Parmeshwar	Sakhare	62	Kajale Jyoti Narayanrao	Kajale
13	Girish Papat Mali	Girish	63	Swarali Sunil Wajase	Swarali
14	Rajan Ramchandra Mane	Rajmane	64	Shreya Bhagawan Chavan	Shreya
15	Amitash Vasant Rathod	Amitash	65	Ramgudre Gauri Ananta	Gauri
16	Jay Kailas Khasawar	Jaykailas	66	Naikrao Harshali Namdev	Naikrao
17	Bhavesh N. Jadhav	Bhavesh	67	Katore Suhani Vijay	Suhani
18	Amkar Karsande	Amkar	68	Aditi Sunil Kadlam	Aditi
19	Amit Raj	Amit Raj	69	Sakshi Bohan Shelar	Sakshi
20	Maldode Bankam Balaji	Bankam	70	Grade Siddhi N.	Siddhi
21	Kunal Govinda Kalbande	Kunal	71	Shraddha Jagtap	Shraddha
22	Aditya Pravin Kumar Mahajan	Aditya	72	Tanuja Tatyba Khore	Tanuja
23	Soham Dattalal Deshmukh	Soham	73	Shreya Vinayak Magdum	Shreya
24	ROHESH UTAM PAWAR	Rohesh	74	Pratiksha Prashant Nilkam	Pratiksha
25	Peonav Peashant Patil	Peonav	75	Sanjivani Bharat Bhosale	Sanjivani
26	Ashishek Parmeshwar Anande	Ashishek	76	Aishwarya R. Chhatre	A.R.Chhatre
27	Shreyas Shende	Shreyas	77	Soniya nath Desai	Soniya
28	Harsh. R. Phadtare	Harsh	78	Kanchan Chandrakant Sangolkar	Kanchan
29	Amkar. S. Patil	Amkar	79	Patil Divyrajani Bharat	Divyrajani
30	Saket Suresh Chhottise	Saket	80	Jangam Vidya Mahadev	Vidya
31	Satyam Sanjay Deshmone	Satyam	81		
32	Aravani Sahebrao Londhe	Aravani	82		
33	Arushi Santosh Waghmare	Arushi	83		
34	Sanjeevani Sachin Mohite	S.S.Mohite	84		
35	Pranjal Vinayak Pawar	Pranjal	85		
36	Devyani Sanjay Mhetre	Devyani	86		
37	Sanika D. Patil	Sanika	87		
38	Smriti S. Upadhyay	Smriti	88		
39	Nishigandha P. Pawar	Nishigandha	89		
40	Shreya A. Vavhal	Shreya	90		
41	Kajal R. Hasabe	Kajal	91		
42	Payal Vijay Khadke	Payal	92		
43	Shraddha Shivaji Patil	Shraddha	93		
44	Diya Vijay Mali	Diya	94		
45	Smriti Pawar	Smriti	95		
46	Asiya Ayaz Mulla	Asiya	96		
47	Sakshi Jay Pinjari	Sakshi	97		
48	Rutuja Kisan Patil	Rutuja	98		
49	Ratula Arjun Kanade	Kanade	99		
50	Sijata Shripati Chopde	Sijata	100		

Sign of Teacher

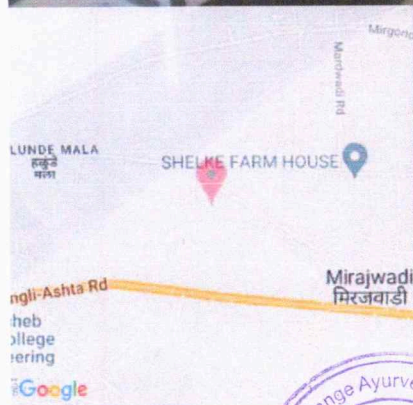




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Ashta  
Maharashtra  
India



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## Event Activity Report

**Name Of Department : Prasutitantra Evum Striroga**

**Title of Event / Activity : Guest Lecture on**

### **‘Breast Cancer Awareness and Self Breast Examination Demonstration’**

**Date: 08<sup>th</sup> April 2023**

**Venue: Auditorium (Hon. Shri. Annasaheb Dange Ayurved Medical College And Research  
Center, Ashta)**

**Time: 2.15 pm to 3.15 pm**

#### **Purpose and Objectives:**

**Purpose** – To teach students early diagnosis of breast cancer and breast self examination.

**Objectives** – 1. To increase awareness i.e. known and potential risk factors of breast cancer.

2. To increase knowledge of available diagnostic screening methods that may promote earlier detection.

3. To make students capable to aware society regarding it and can teach other women about self breast examination.





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## EVENT DETAILS :

On occasion of 'World Health Day 2023' A guest lecture on 'Breast Cancer Awareness and Self Breast Examination Demonstration' was organized by Prasutitantra evum Strirog Department of Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center, Ashta on 08<sup>th</sup> April 2023. The guest speaker for the lecture was **Dr. Rekha Rajesh Khyalappa, Professor**, Department of Surgery, Dr. D.Y. Patil Medical College, Kolhapur

**Dr. Rekha Rajesh Khyalappa** has more than 12 years of clinical and academic experience. Chief Guests and dignitaries were welcomed with flowers. An opening prayer and welcome song was sung by the college student.

Lecture was attended by Faculties of PTSR dept. , 3<sup>rd</sup> year and 4<sup>th</sup> year UG, PG and Intern students. During the lecture **Dr. Rekha**, she emphasized all female students to become self- doctor for them and spread the message of Breast Cancer Awareness among all near and dear ones. Breast cancer awareness is an effort to raise awareness and reduce the stigma of breast cancer through education on symptoms and treatment. She discussed self experienced cases and also to guide various life saving interventions.

### Diagnosing Breast Cancer – Self Breast Examination -

**Dr. Rekha**, shared her knowledge and experience with the students about the Breast Cancer; she described how to diagnose and deal with Breast Cancer. She said earlier the breast cancer is diagnosed, the better the chance of beating it. So it's important to check your breasts regularly. She described the Mirror method for self diagnose. There's no special technique and you don't need training to check your breasts. The individual should visit a specialist if she feels any lump or swelling in the breast of there is change in shape or size of breast or if they notice unusual nipple discharge.

The session was very interactive and informative. Students learned lots of things.

**Number of Participants: 151**







### **Outcomes & Objectives Achieved:**

This guest lecture significantly affect the knowledge of symptoms, risk factors of breast cancer disease and practice of breast self examination.

The role of health education skills include the influence of family, peers, culture, media and technology on health behaviors; knowing how to access and use valid health information and using communication, decision-making, goal-setting and advocacy skills to engage in health enhancing behaviors.

The need to create awareness on breast cancer disease through health education is of great importance in order to improve women health and save lives is also significant if there is going to be drastic reduction in the incidence of breast cancer in the future.





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**Self Breast Examination  
 Demonstration**  
 Date: 08<sup>th</sup> April 2023  
 Venue: Auditorium (Hon. Shri.  
 Annasaheb Dange Ayurved Medical  
 College And Research Center,  
 Ashta)



**Faculties of Prasutitantra  
 Striroga with Guest Speaker**  
 Date: 08<sup>th</sup> April 2023  
 Venue: Auditorium (Hon. Shri.  
 Annasaheb Dange Ayurved Medical  
 College And Research Center,  
 Ashta)

*Sayan*

Dr. Sayali Pashte.  
 Lecturer  
 Strirog & Prasuti Dept.  
 A.D.A.M.C., Ashta

*Sulip*

400  
 Striroga & Prasuti Tantra Dept  
 Hon Shri. Annasaheb  
 Dange Ayurved Medical  
 College & PGRC, Ashta

*Ashtekar*

Principal  
 Hon Shri. Annasaheb  
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**III rd BAMS (2022-23) Attendance Sheet**

Subject: Storage - Prasari  
 Topic: Guest Lecture

Date: 08/04/2023

Time: 2.30 - 3.30 pm

Name of Teacher:

Roll No.	Name of Student	SIGN	Roll No.	Name of Student	SIGN
1	Agalave Amol Tanaji	(A) <u>Amol Agalave</u>	51	Nalawade Patil Shivani Dattatray	
2	Anuse Samiksha Dattatray	<u>Anuse</u>	52	Narute Dnyaneshwari Suresh	<u>Narute</u>
3	Bangar Suraj Lalasaheb	<u>Suraj</u>	53	Navale Shrinivas Chandrakant	(A) <u>Navale</u>
4	Bankar Shlok Shahu		54	Nayakal Rutuja Santaji	
5	Barkade Sakshi Ramesh	<u>Barkade</u>	55	Nikam Aditi Vivek	
6	Bhalerao Vrishabh Pravin	<u>Bhalerao</u>	56	Palwade Anjali Murlidhar	
7	Bhise Mitali Narayan	<u>Bhise</u>	57	Panchal Ashish Balaji	<u>Ashish</u>
8	Bhise Vishakha Sandip	<u>Bhise</u>	58	Patil Abhishek Jayvant	
9	Bhondve Dattatray Apparao	<u>Bhondve</u>	59	Patil Namrata Nandkumar	<u>Namrata</u>
10	Biradar Rutuja Raosaheb	<u>Biradar</u>	60	Patil Ranjit Ramchandra	<u>Ranjit</u>
11	Bobade Aniket Angad	<u>Aniket</u>	61	Patil Shraddha Santosh	
12	Bone Shital Shrishail	<u>Bone</u>	62	Patil Sneha Popat	<u>Sneha</u>
13	Chauhan Trupti Yuvraj	<u>Chauhan</u>	63	Patil Snehal Maruti	
14	Chahre Krishna Baliram		64	Pawar Mukesh Jangu	
15	Chavan Anil Sahebrao	<u>Chavan</u>	65	Pawar Sakshi Shamrao	
16	Chavan Rucha Rajesaheb	<u>Chavan</u>	66	Pawara Varsha Reda	<u>Varsha</u>
17	Chavan Sakshi Sunil	<u>Sakshi</u>	67	Phapal Dhanashree Ramkrishna	<u>Phapal</u>
18	Chavan Shreya Raju	<u>Chavan</u>	68	Pingale Manisha Vitthal	(A) <u>Pingale</u>
19	Dandge Pratik Raju	<u>Pratik</u>	69	Pitale Komal Bhagawan	<u>Pitale</u>
20	Deshpande Satyawati Umakant	<u>Deshpande</u>	70	Pole Parmeshwar Sakharam	<u>Pole</u>
21	Dethe Bhagyashri Dnyaneshwar	<u>Dethe</u>	71	Pujari Seema Ananda	<u>Pujari</u>
22	Dewne Rohini Chandrakant	<u>Dewne</u>	72	Rathod Amol Kalyan	<u>Rathod</u>
23	Dhakne Dnyaneshwar Sahadev		73	Rathod Rahul Dadarao	
24	Dive Vikas Bhagvat		74	Rathod Vaibhav Ramrao	(A) <u>Rathod</u>
25	Durgude Lokesh Sukhadev	<u>Durgude</u>	75	Ratnaparkhe Pranav Vishnupantrao	<u>Ratnaparkhe</u>
26	Gadve Abhishek Dayanand		76	Raut Harsh Gajanan	<u>Raut</u>
27	Gaikwad Swati Namdeo	<u>Gaikwad</u>	77	Sabade suradnya padmakar	
28	Gaikwad Vedanti Vinod	<u>Gaikwad</u>	78	Sable prathamesh ganesh	<u>Sable</u>
29	Garje Pratiksha Balu	<u>Pratiksha</u>	79	Sadarangani mansi ravindra	<u>Sadarangani</u>
30	Gavali Mira Laxman	<u>Gavali</u>	80	Sajgane shreya sunil	<u>Sajgane</u>
31	Gundle Aniket Anil	<u>Aniket</u>	81	Samleti Gautam Shriniwas	<u>Samleti</u>
32	Hingade Pavan Vijayrao	<u>Hingade</u>	82	Sanap Mayur Jagannath	
33	Ingawale Pratiksha M.	<u>Ingawale</u>	83	Sapkal Gauri Mahesh	<u>Sapkal</u>
34	Jadhav Pranjal Pratapsingh		84	Sarkate Neha Ashok	<u>Sarkate</u>
35	Kale Akshaykumar D.		85	Sayyaed Neha Nizam	<u>Sayyaed</u>
36	Kale Rutuja Chandrakant	<u>Kale</u>	86	Shaikh Adnan Najeeb	<u>Shaikh</u>
37	Kamble Mayuri Ramchandra	<u>Kamble</u>	87	Shelke Pratiksha Bharat	<u>Shelke</u>
38	Kankal Aditya Sopan	<u>Kankal</u>	88	Shete Shubham Balasaheb	<u>Shete</u>
39	Kanthe Saiprasad R.	(A) <u>Kanthe</u>	89	Shinde Avantika Ganesh	<u>Shinde</u>
40	Karpe Nirupam Rupesh	(A) <u>Karpe</u>	90	Solankar Samruddhi Sunil	<u>Solankar</u>
41	Khandekar Suhas Suresh	<u>Khandekar</u>	91	Tak Abhishek Sanjay	<u>Tak</u>
42	Ladage Aniket Vilas		92	Tarapure Gouri Somshekhar	<u>Tarapure</u>
43	Landhe Harshad Haridas	(A) <u>Landhe</u>	93	Tayade Mayur Karbhari	
44	Londhe Abhijit Vilas		94	Thakar Pranjal Jagannath	
45	Mali Komal Sidram	<u>Mali</u>	95	Thoke Sakshi Rajendra	<u>Thoke</u>
46	Mane Dikshant Sudhir	<u>Mane</u>	96	Thorat Swarali Suryakant	<u>Thorat</u>
47	Mergal Priyavrat P.		97	Wagh Kiran Dipak	<u>Wagh</u>
48	Mhasavade Padmavati V		98	Wanjol Vivek Santosh	<u>Wanjol</u>
49	Mulla Aamna Mujib	<u>Mulla</u>	99	Yedage Shravani Rajaram	<u>Yedage</u>
50	Munde Ganesh Bhagwan	<u>Munde</u>		Yate Yashwant Vasudeo	<u>Yate</u>







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## EVENT / ACTIVITY REPORT Date -02/03/2023

### Title of Activity: Guest lecture on the Topic- 'Gender Sensitization'

Date : 2<sup>st</sup> March 2023

Duration : 1.00pm - 2.00pm

Venue : Third Year Classroom, ADAMC, Ashta

Guest Speaker : Mrs. Vaishalitali Dange, B.Sc. MBA

#### Objectives of Event/Activity:-

- Raise awareness about gender-related issues and challenges.
- Promote a more inclusive and respectful environment.

**Introduction:-** The guest lecture began with a warm welcome and introduction of the speaker.

An overview of the importance of gender sensitization was provided, highlighting the need to challenge stereotypes and promote equality.

#### Report/ Description:-

The speaker delivered a comprehensive presentation on the topic of gender sensitization. The content included:

- Definition and understanding of gender, including the difference between sex and gender.
- Discussion on gender stereotypes and their impact on individuals and society.

To engage the participants actively, interactive sessions were conducted throughout the lecture. The participants were given an opportunity to provide feedback on the lecture through a feedback form.

#### Outcome and Impact:

The guest lecture on gender sensitization was well-received by the participants. It helped raise awareness about gender-related issues, challenged existing biases, and promoted a more inclusive mindset.

400 for  
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Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College, P.G.R.C. Center



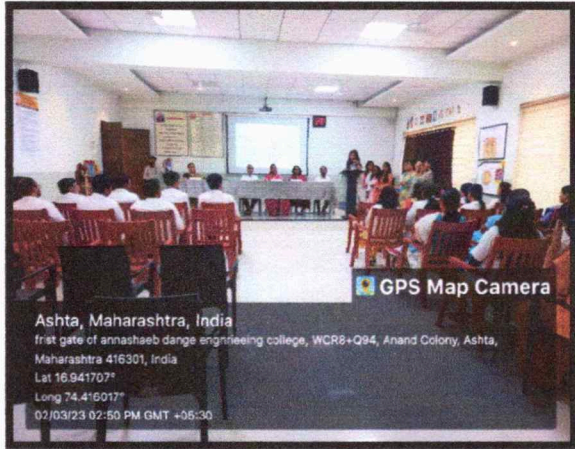
for  
PRINCIPAL  
22/08/2023  
Hon. Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





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### Photos of Guest Lecture held on 2<sup>st</sup> March 2023



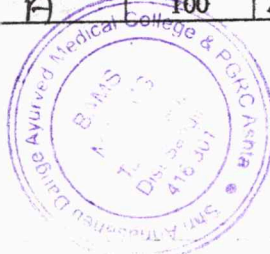
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Strioga & Prasuti Tantra Dept  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta



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**III rd BAMS (2022-23) 100 Batch Attendance Sheet**

Subject: Basudhi Tantra Gyan Shrirojee Date: 02/07/2023 Time: 3:15 to 4:15 PM  
 Topic: Guest Lecture - Crenler Sensitization Name of Teacher: \_\_\_\_\_

Roll No.	Name of Student	SIGN	Roll No.	Name of Student	SIGN
1	Agalave Amol Taraji	<i>Agalave</i>	51	Nalawade Patil Shivani Dattatray	<i>Nalawade</i>
2	Anuse Samiksha Dattatray	A	52	Narute Dnyaneshwari Suresh	<i>Narute</i>
3	Bangar Suraj Lalasaheb	A	53	Navale Shrinivas Chandrakant	A
4	Bankar Shlok Shahu	<i>Bankar</i>	54	Nayakal Rutuja Santaji	<i>Nayakal</i>
5	Barkade Sakshi Ramesh	<i>Barkade</i>	55	Nikam Aditi Vivek	<i>Nikam</i>
6	Bhalerao Vrishabh Pravin	<i>Bhalerao</i>	56	Palwade Anjali Murlidhar	<i>Palwade</i>
7	Bhise Mitali Narayan	<i>Bhise</i>	57	Panchal Ashish Balaji	<i>ASHISH</i>
8	Bhise Vishakha Sandip	A	58	Patil Abhishek Jayvant	A
9	Bhondve Dattatray Apparao	<i>Bhondve</i>	59	Patil Namrata Nandkumar	<i>Namrata</i>
10	Biradar Rutuja Raosaheb	A	60	Patil Ranjit Ramchandra	A
11	Bobade Aniket Angad	<i>Bobade</i>	61	Patil Shraddha Santosh	A
12	Bone Shital Shrishail	<i>Bone</i>	62	Patil Sneha Popat	A
13	Chauhan Trupti Yuvraj	<i>Chauhan</i>	63	Patil Snehal Maruti	<i>Patil</i>
14	Chaure Krishna Baliram	<i>Chaure</i>	64	Pawar Mukesh Jangu	A
15	Chavan Anil Sahebrao	<i>Chavan</i>	65	Pawar Sakshi Shamrao	<i>Sakshi</i>
16	Chavan Rucha Rajesaheb	<i>Chavan</i>	66	Pawara Varsha Reda	<i>Varsha</i>
17	Chavan Sakshi Sunil	A	67	Phapal Dhanashree Ramkrishna	<i>Phapal</i>
18	Chavan Shreya Raju	<i>Chavan</i>	68	Pingale Manisha Vitthal	A
19	Dandge Pratik Raju	<i>Dandge</i>	69	Pitale Komal Bhagawan	<i>Pitale</i>
20	Deshpande Satyawati Umakant	<i>Deshpande</i>	70	Pole Parmeshwar Sakharam	A
21	Dethe Bhagyashri Dnyaneshwar	A	71	Pujari Seema Ananda	<i>Pujari</i>
22	Dewne Rohini Chandrakant	<i>Dewne</i>	72	Rathod Amol Kalyan	A
23	Dhakne Dnyaneshwar Sahadev	A	73	Rathod Rahul Dadarao	A
24	Dive Vikas Bhagvat	A	74	Rathod Vaibhav Ramrao	A
25	Durgude Lokesh Sukhadev	<i>Durgude</i>	75	Ratnaparkhe Pranav Vishnupantrao	A
26	Gadve Abhishek Dayanand	<i>Gadve</i>	76	Raut Harsh Gajanan	<i>Raut</i>
27	Gaikwad Swati Namdeo	<i>Gaikwad</i>	77	Sabade suradnya padmakar	A
28	Gaikwad Vedanti Vinod	<i>Gaikwad</i>	78	Sable prathamesh ganesh	<i>Sable</i>
29	Garje Pratiksha Balu	<i>Garje</i>	79	Sadarangani mansi ravindra	<i>Mansi</i>
30	Gavali Mira Laxman	<i>Gavali</i>	80	Sajgane shreya sunil	A
31	Gundle Aniket Anil	<i>Gundle</i>	81	Samleti Gautam Shriniwas	A
32	Hingade Pavan Vijayrao	<i>Hingade</i>	82	Sanap Mayur Jagannath	A
33	Ingawale Pratiksha M.	<i>Ingawale</i>	83	Sapkal Gauri Mahesh	A
34	Jadhav Pranjal Pratapsingh	<i>Jadhav</i>	84	Sarkate Neha Ashok	<i>Sarkate</i>
35	Kale Akshaykumar D.	<i>Kale</i>	85	Sayyaed Neha Nizam	A
36	Kale Rutuja Chandrakant	<i>Kale</i>	86	Shaikh Adnan Najeeb	A
37	Kamble Mayuri Ramchandra	<i>Kamble</i>	87	Shelke Pratiksha Bharat	A
38	Kankal Aditya Sopan	A	88	Shete Shubham Balasaheb	A
39	Kanthe Saiprasad R.	A	89	Shinde Avantika Ganesh	<i>Shinde</i>
40	Karpe Nirupam Rupesh	A	90	Solankar Samruddhi Sunil	<i>Solankar</i>
41	Khandekar Suhas Suresh	<i>Khandekar</i>	91	Tak Abhishek Sanjay	<i>Tak</i>
42	Ladage Aniket Vilas	<i>Ladage</i>	92	Tarapure Gouri Somshekhar	<i>Tarapure</i>
43	Landhe Harshad Haridas	<i>Landhe</i>	93	Tayade Mayur Karbhari	A
44	Londhe Abhijit Vilas	A	94	Thakar Pranjal Jagannath	<i>Thakar</i>
45	Mali Komal Sidram	<i>Mali</i>	95	Thoke Sakshi Rajendra	<i>Thoke</i>
46	Mane Dikshant Sudhir	A	96	Thorat Swarali Suryakant	<i>Thorat</i>
47	Mergal Priyavrat P.	A	97	Wagh Kiran Dipak	A
48	Mhasavade Padmavati V.	<i>Mhasavade</i>	98	Wanjol Vivek Santosh	<i>Wanjol</i>
49	Mulla Aamna Mujib	<i>Mulla</i>	99	Yedage Shravani Rajaram	<i>Yedage</i>
50	Munde Ganesh Bhagwan	A	100	Zyate Yashwant Vasudeo	A







Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center  
A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : www.adamc.ac.in  
ISO Certified 9001-2015,14001-2015

Date: 28/02/2023

To  
The Principal,  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta

**Subject:** Regarding conducting lecture under Interdisciplinary activity.


Respected Sir,

We department of Prasuti Tantra Evum Striroga going to organize lecture on the topic-

**'GENDER SENSITIZATION'**

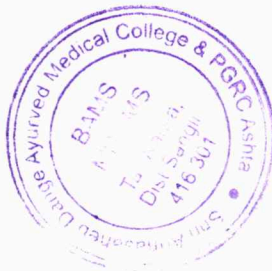
For this lecturer renowned speaker Mrs. Vaishalitalai Dange will be invited. Lecture will be on 2<sup>nd</sup> March 2023 (1Hour) At Third Year Classroom, ADAMC Ashta for Third year students, Internees and PG students.

Kindly give the permission for this lecture.

  
HOD

Dept of Prasuti Tantra Evum Striroga  
HOD

Striroga & Prasuti Tantra Dept  
Hon.Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta





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Date- 28/02/2023

## DEPARTMENT OF Prasuti Tantra Evum Striroga

### NOTICE

It Is With Immense Pleasure To Inform To Third Year UG Students, PG Students And Internees. Department of Prasuti Tantra Evum Striroga Going To Organize Interdisciplinary Lecture.

#### TOPIC: 'GENDER SENSITIZATION'

**Speaker:** Mrs. Vaishalitali Dange. B.Sc + MBA

**Date:** 2<sup>nd</sup> March 2023 **Time:** 1 Hour

**Venue:** Third Year Classroom, ADAMC, Ashta.

It is compulsory to all students attend this program.



HOD

Dept. of Prasuti Tantra Evum Striroga

HOD

Striroga & Prasuti Tantra Dept  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta





Sant Dnyaneshwar Shikshan Sanstha's  
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**Dept. of Prasuti Tantra Evum Striroga**

**Date – 01/03/2023**

To,

**Mrs. Vaishalitali Dange**, B.Sc.MBA.

**Subject:** Invitation Letter for Lecture on 'Gender Sensitization'

Respected Madam,

We are pleased to inform you that you are cordially invited to deliver a Guest lecture on 'Gender Sensitization' at our Institute.

We look forward to your Presence.

Thanking you.



HOD

**Yours Faithfully,**  
Striroga Dept  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta



Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
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Website : www.adamc.ac.in  
ISO Certified 9001-2015,14001-2015

DATE -02/03/2023

To,


Mrs. Vaishalitalai Dange, B.Sc-MBA .

Subject: Letter of Appreciation.

Respected Sir,

We are thankful for the conducting lecture to our students at Hon.Shri. Annasaheb Dange Ayurved Medical College, Ashta on 02/03/2023 from 2.00pm to 3.00pm. It was extremely informative. This lecture will definitely benefit to our students in many ways.

Thanking you.

  
Yours Faithfully,  
Strioga & Prasuti Tantra Dept  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta





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**DEPARTMENT OF PRASUTITANTRA EVUM STREEROG  
PROGRAMME NOTE**

**DATE: 02/03/2023**

**Time:** 2.00pm to 3.00pm

**Place:** Third Year Classroom, ADAMC, Ashta

**Welcome:** Dr. Dilip Katare (Asso Professor)

**Introduction of Guest Speaker:** Dr. Sayali Pashte (Assi Professor)

**Guest Speaker:** Mrs. Vaishalитай Dange ,B.Sc MBA .

**TOPIC: 'GENDER SENSITIZATION'**

**Vote of Thanks:** Dr. Tinku-Ganesh Khalache (Asso Professor)

**No. of Participants:** 61



  
400  
Strioga & Prasuti Tantra Dept  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta



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## EVENT / ACTIVITY REPORT

Date -22/02/2023

### Title of Activity: Guest lecture on the Topic- 'Gender Sensitization'

Date : 22/02/23  
Duration : 1.00pm - 2.00pm  
Venue : First Year Classroom, ADAMC, Ashta

#### Objectives of Event/Activity:-

- Raise awareness about gender-related issues and challenges.
- Promote a more inclusive and respectful environment.

**Introduction:-**The guest lecture began with a warm welcome and introduction of the speaker.

An overview of the importance of gender sensitization was provided, highlighting the need to challenge stereotypes and promote equality.

#### Report/ Description:-

The speaker delivered a comprehensive presentation on the topic of gender sensitization. The content included:

- Definition and understanding of gender, including the difference between sex and gender.
- Discussion on gender stereotypes and their impact on individuals and society.

To engage the participants actively, interactive sessions were conducted throughout the lecture. The participants were given an opportunity to provide feedback on the lecture through a feedback form.

#### Outcome and Impact:

The guest lecture on gender sensitization was well-received by the participants. It helped raise awareness about gender-related issues, challenged existing biases, and promoted a more inclusive mindset.



*Alpena*  
Principal

ADAMC, Ashta

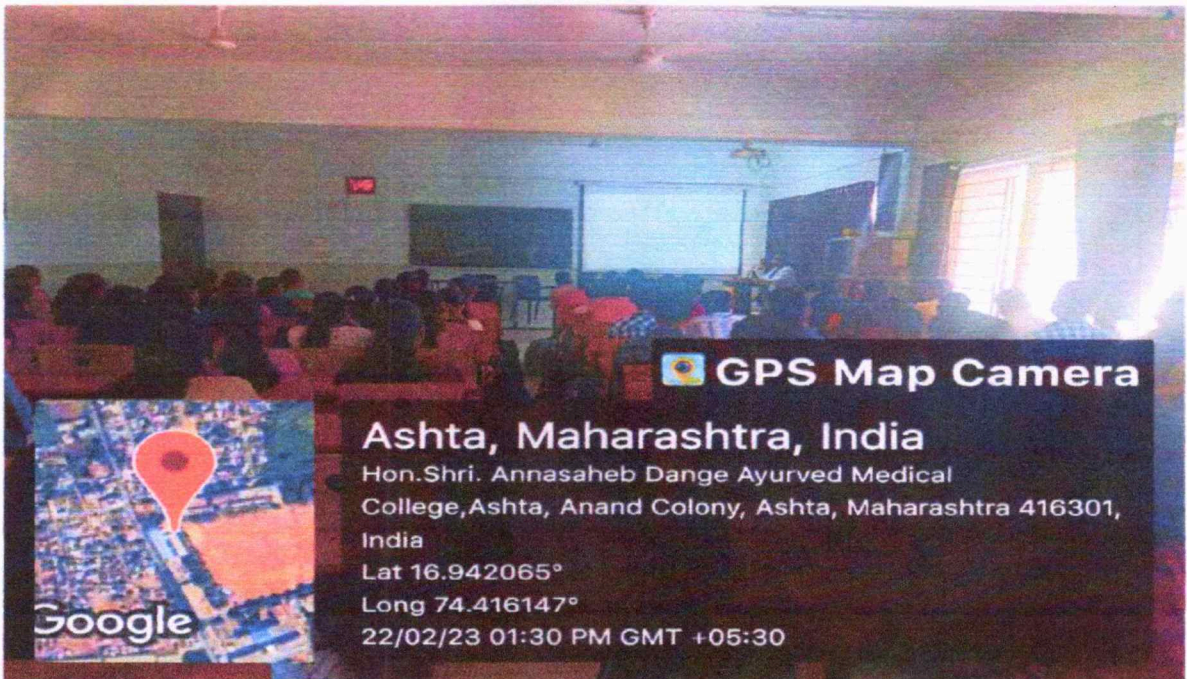
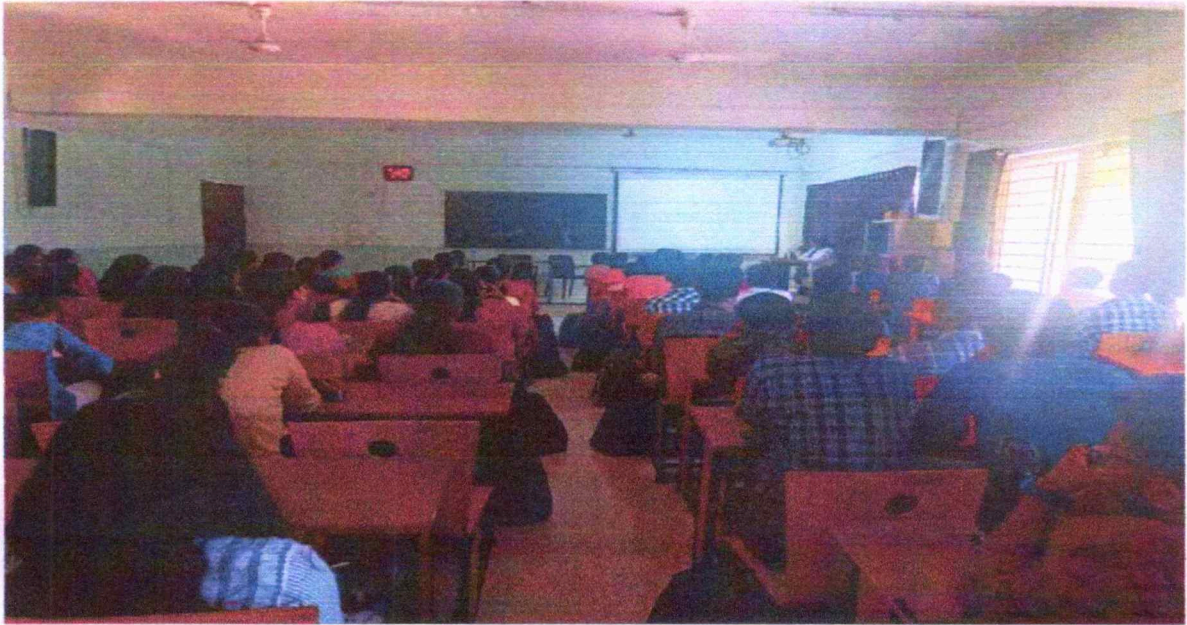
Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical  
College & Post Graduate Research Center  
Ashta, Walwa, Dist. Sangli





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### Photos of Guest Lecture held on 22/02/2023





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Website : www.adamc.ac.in  
NAAC Accredited ISO Certified 9001-2015,14001-2015

Ref.No.ADAMC/412/2023

Date: 15/02/2023

To,  
**Dr. Archana Wadkar (B.A.M.S, MD)**  
**A.D.A.M.C,**  
**Ashta.**

**Subject: Invitation for guest lecture**

Respected Madam,

We take immense pleasure in having you as a guest lecturer for the Transitional Curriculum of prescribed by NCISM on 22/02/2023 in First year classroom of A.D.A.M.C.,Ashta.

The theme/subject of the lecture is “**Gender Sensitization**”

Please consider this letter as a humble invitation and kindly revert back with a positive response. It would be deeply appreciated.

Yours Thankfully,



*Alfeneey*  
Principal  
**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli**





Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center  
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Website : www.adamc.ac.in  
NAAC Accredited ISO Certified 9001-2015,14001-2015

Ref.No.ADAMC/619/2023

Date:- 22/02/2023

To,  
Dr. Archana Wadkar (B.A.M.S, MD)  
A.D.A.M.C,  
Ashta.

**Sub.:- About appreciation**

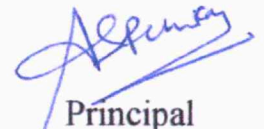
Respected Madam,

With reference to the subject mentioned above, we would like to convey you thanking you for delivering Guest Lectures on “**Gender Sensitization**” for first year BAMS under the transitional curriculum, prescribed by NCISM, New Delhi. Dated 22/02/2023 at our institute.

The event was well attended and as guest speaker on the day you played a significant role in the success of the event with your valuable time giving lecture.

Thank you again for your contribution to the function. We are looking forward to working with you in the future to ensure about the information of your topic.

Yours sincerely



Principal

**PRINCIPAL**

Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center, Ashta, Tal. Walwa, Dist. Sangli





# Hon. Shri. Annasaheb Dange Ayurved Medical college, Ashta.

ATTENDANCE SHEET-1<sup>ST</sup> YEAR BAMS 2022-23

TEACHER'S NAME - *Dr. Archana Wadkar.*  
 TOPIC - *Gender Sensitisation*

TIME - *1.15-2.15*  
 DATE - *22/2/23*

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Apankar Anurag Tejkumar	<i>Apankar</i>	51	Kavathekar Shravani Prashant	<i>Kavath</i>
2	Arkeri Kiran Shrishail	<i>KirA</i>	52	Khade Sonali Hanmant	<i>Khade</i>
3	Atole Snehal Anil	<i>AB</i>	53	Khatavkar Atharva Avinash	<i>A.A.K</i>
4	Bagwan Aksa Yunus	<i>Bagwan</i>	54	Khetmalis Suraj Santosh	<i>Suraj</i>
5	Bande Rutuja Balasaheb	<i>Bande</i>	55	Kumbhar Prathmesh Bhimrao	<i>PKumbh</i>
6	Barangule Prajakta Satyajeet	<i>Barangule</i>	56	Kundgir Manoj Hanumant	<i>Kundgir</i>
7	Bedwal Santosh Nandulal	<i>Bedwal</i>	57	Lavate Mahesh Sanjay	<i>Lavate</i>
8	Bhagate Apurva Prakash	<i>Bhagate</i>	58	Mane Manasi Kiran	<i>Mane</i>
9	Bhalerao Gauri Sanjay	<i>Bhalerao</i>	59	Mane Pradnya Dhanyakumar	<i>Mane</i>
10	Bhandare Prathamesh Sunil	<i>Bhandare</i>	60	Mane Tanuja Vishwasrav	<i>Mane</i>
11	Bhosale Sanika Manohar	<i>Bhosale</i>	61	Mulgir Anirudh Appasaheb	<i>Mulgir</i>
12	Bidada Sanjana Sachin	<i>Bidada</i>	62	Mundhe Vijay Shatrughna	<i>Mundhe</i>
13	Bijja Abhishek Raghunath	<i>Bijja</i>	63	Nade Rushikesh Ramdas	<i>Nade</i>
14	Biranje Anushka Nagendra	<i>Biranje</i>	64	Nagane Kirti Sunil	<i>Nagane</i>
15	Chandankar Vrushali Bharat	<i>Chandankar</i>	65	Navasupe Nandini Santosh	<i>Navasupe</i>
16	Chaudhari Roshan Hiranman	<i>Chaudhari</i>	66	Nilwarn Jayraj Anil	<i>Nilwarn</i>
17	Chavan Shreyash Malhari	<i>Chavan</i>	67	Pakhali Uwes Mahamd husen	<i>Pakhali</i>
18	Chavan Tejaswi Dattatray	<i>Chavan</i>	68	Pakhare Ved Lalit	<i>Pakhare</i>
19	Chothe Vishakha Vishwanath	<i>Chothe</i>	69	Pandhare Sheetal Maruti	<i>Pandhare</i>
20	Choudhari Jiya Manoj	<i>Choudhari</i>	70	Pansare Madhuri Tanaji	<i>Pansare</i>
21	Chougule Pravin Bhairu	<i>Chougule</i>	71	Pardhi Aditya Santosh	<i>Pardhi</i>
22	Damse Siddhi Rajendra	<i>Damse</i>	72	Paskanti Morvesh Govardhan	<i>Paskanti</i>
23	Dandge Krushna Dipak	<i>Dandge</i>	73	Patil Aditi Vikas	<i>Patil</i>
24	Deshmukh Komal Subhash	<i>DD</i>	74	Patil Akshata Santosh	<i>Patil</i>
25	Devkate Vishvajit Balasaheb	<i>Devkate</i>	75	Patil Alas Jatratre Prathmesh Arun	<i>Patil</i>
26	Dhanavale Manish Ashok	<i>Dhanavale</i>	76	Patil Mansi Amardeep	<i>Patil</i>
27	Dhavale Mrudula Madhav	<i>Dhavale</i>	77	Patil Pratishtha Sidharam	<i>Patil</i>
28	Dhayagude Soundarya Hanumant	<i>Dhayagude</i>	78	Patil Priti Tanaji	<i>Patil</i>
29	Dhere Riya Rajendra	<i>Dhere</i>	79	Patil Sanket Uttam	<i>Patil</i>
30	Dhole Rushikesh Yuvraj	<i>Dhole</i>	80	Patil Shubham Prabhakar	<i>Patil</i>
31	Divase Sakshi Dadaso	<i>Divase</i>	81	Patil Vaishnavi Anil	<i>Patil</i>
32	Gaddam Manasa Bhaskar	<i>AB</i>	82	Pawar Shrawani Kishor	<i>Pawar</i>
33	Gaikwad Isha Rajendra	<i>Gaikwad</i>	83	Rathod Simon Vijesh	<i>Rathod</i>
34	Gajabi Sanika Sanjay	<i>Gajabi</i>	84	Redekar Tanaya Vinayak	<i>Redekar</i>
35	Ghadge Divya Siddheshwar	<i>Ghadge</i>	85	Sable Prajyot Sudhakar	<i>Sable</i>
36	Ghuge Shweta Balu	<i>Ghuge</i>	86	Salunkhe Amruta Vijay	<i>Salunkhe</i>
37	Gorad Shraddha Sakhrum	<i>Gorad</i>	87	Sawant Digvijay Pandurang	<i>Sawant</i>
38	Gore Prasad Balbhim	<i>Gore</i>	88	Shinde Aditi Shital	<i>Shinde</i>
39	Gundage Pratiksha Laxman	<i>Gundage</i>	89	Shinde Prajakta Satish	<i>Shinde</i>
40	Gundre Rutuja Sanjaykumar	<i>Gundre</i>	90	Surwase Amol Bhagwan	<i>Surwase</i>
41	Hakkdar Vishal Nanasaheb	<i>Hakkdar</i>	91	Tambake Pranav Mohan	<i>Tambake</i>
42	Hakke Sanket Vinayakrao	<i>Hakke</i>	92	Tambile Neha Sudhir	<i>Tambile</i>
43	Hulawale Sanika Kiran	<i>Hulawale</i>	93	Thite Rajlaxmi Sadashiv	<i>Thite</i>
44	Inamdar Pranali Pramod	<i>Inamdar</i>	94	Thokale Pratiksha Suresh	<i>Thokale</i>
45	Jadhav Pranav Prakash	<i>Jadhav</i>	95	Thombare Arya Appasaheb	<i>Thombare</i>
46	Jadhav Siddhi Dilip	<i>Jadhav</i>	96	Thonge Ajay Audumber	<i>Thonge</i>
47	Jadhav Sneha Baban	<i>Jadhav</i>	97	Warale Tushar Sanjay	<i>Warale</i>
48	Kadam Dnyaneshwari Ashok	<i>Kadam</i>	98	Yadav Sahil Eknath	<i>Yadav</i>
49	Kambale Shubham Maruti	<i>Kambale</i>	99	Yanpallewar Payal Ganesh	<i>Yanpallewar</i>
50	Karad Akanksha Dnyanoba	<i>Karad</i>	100	Yeole Onkar Dattatray	<i>Yeole</i>

*Present - 91*



*Archana Wadkar*  
 Sign. of Teacher





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## EVENT / ACTIVITY REPORT

Date -18/01/2023

### Title of Activity: Guest lecture on the Topic- 'Ice Breaking & Team Building'

**Date** : 18.01.23  
**Duration** : 2.00pm to 3.00pm  
**Venue** : Fourth Year Classroom, ADAMC, Ashta  
**Guest Speaker** : Dr Dattatrya Nikam. ADAMC Ashta.

#### Objectives of Event/Activity:-

- To introduce participants to the concept of team building.
- To equip participants with practical strategies to build strong and cohesive teams that can achieve common goals effectively.

**Introduction:-**The lecture began with a warm welcome to all participants and an overview of the importance of team building in organizational success. The speaker emphasized the significance of effective teamwork and the benefits of fostering positive team dynamics.

#### Report/ Description:-

Participants were engaged in icebreaker activities to promote interaction and create a comfortable and inclusive environment. Activities aimed at building stronger relationships among team members were presented. Various activities focused on enhancing communication and collaboration skills were conducted. After each activity, participants were given time for reflection and discussion.

#### Outcome and Impact:

The guest lecture on team building activities was successful in achieving its objectives. Participants gained a deeper understanding of the importance of teamwork, collaboration, and effective communication in achieving organizational goals. Overall, the guest lecture received positive feedback from participants.

*Prasad*  
H.O.D.  
Kayachikitsa Dept  
A.D.A.M.C., ASHTA



*Ashtekar*  
PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





SantDnyaneshwarShikshanSanstha's  
**Hon. Shri. AnnasahebDangeAyurved Medical College  
& Post Graduate Research Center**  
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Website : [www.adamc.ac.in](http://www.adamc.ac.in) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
ISO Certified 9001-2015, 14001-2015



**GUEST LECTURE ON – ‘Ice Breaking & Team Building’**



*Parasit*  
**H.O.D.**  
**Kayachikitsa Dept.**  
**A D & M.C., ASHTA**





Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center  
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Date: 16/01/2023

To  
The Principal,  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta

**Subject:** Regarding conducting lecture under Interdisciplinary activity.

Respected Sir,


We department of Kayachikitsa going to organize lecture on the topic-

**'ICE BREAKING & TEAM BUILDING'**

For this lecturer renowned speaker DR. DATTATRAY NIKAM (MD KAYACHIKITSA) will be invited. Lecture will be on 18/01/2023 (1Hour) At Fourth Year Classroom, ADAMC Ashta for final year students, Internees and PG students.

Kindly give the permission for this lecture.



  
HOD  
Dept. of Kayachikitsa  
H.O.D.  
Kayachikitsa Dept.  
A D A M.C., ASHTA



Sant Dnyaneshwar Shikshan Sanstha's  
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**DEPARTMENT OF KAYACHIKITSA**

**Date- 16/01/2023**

**NOTICE**

It Is With Immense Pleasure To Inform To Fourth Year UG Students, PG Students And Internees. Department Of Kayachikitsa Going To Organize Interdisciplinary Lecture.

**TOPIC: 'ICE BREAKING & TEAM BUILDING'**

**Speaker: Dr. Dattatray Nikam ( MD Kayachikitsa)**

**Date: 18/01/2023 Time: 1 Hour**

**Venue: Fourth Year Classroom, ADAMC, Ashta.**

It is compulsory to all students attend this program.



*Parag*  
HOD

**Dept. of Kayachikitsa  
H.O.D.  
Kayachikitsa Dept.  
A D A M.C., ASHTA**



**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA**  
**IV<sup>th</sup> BAMS (2022-23) Attendance Sheet**

**Subject:** Guest Lecture

**Date:** 18/01/2023

**Time:** 2:00 pm to

**Topic:** Ice Breaking & Team Building

**Name of Teacher:** Dr. Dattatraya Nikam 3:00 pm

Roll No.	Name of Student	SIGN	Roll No.	Name of Student	SIGN
1	Adamane Sanket Sanjay	<i>[Signature]</i>	50	Misal Pankaj Pandit	<i>[Signature]</i>
2	Bangar Samiksha Baban	<i>[Signature]</i>	51	Mulik Pankaj Vasant	<i>[Signature]</i>
3	Bansode Snehal Rajkumar	<i>[Signature]</i>	52	Nale Siddhi Jaykumar	<i>[Signature]</i>
4	Bharati Piyush Sanjay	<i>[Signature]</i>	53	Narkhedkar Koustubh C	<i>[Signature]</i>
5	Bhisade Vaishnavi Ramesh	<i>[Signature]</i>	54	Otari Manasi Umeshchandra	<i>[Signature]</i>
6	Bhosale Anjali Prakash	<i>[Signature]</i>	55	Padavalkar Aniket Sadashiv	<i>[Signature]</i>
7	Bhosale Kaushalya Suryakant	<i>[Signature]</i>	56	Padwale Shital Jayram	<i>[Signature]</i>
8	Bhujbal Vaishnavi Anil	<i>[Signature]</i>	57	Panchal Balaji Eknathrao	<i>[Signature]</i>
9	Bhusnar Kajal Dattatray	<i>[Signature]</i>	58	Patil Akanksha Atul	<i>[Signature]</i>
10	Bodhe Sarvesh Ganesh	<i>[Signature]</i>	59	Patil Harshada Shantaram	<i>[Signature]</i>
11	Chavan Sharad Bharat	<i>[Signature]</i>	60	Patil Pranoti Shahaji	<i>[Signature]</i>
12	Chavan Vidya Ravindra	<i>[Signature]</i>	61	Patil Priyanka Mallikarjun	<i>[Signature]</i>
13	Chopade Rohit Bhimrao	<i>[Signature]</i>	62	Patil Sakshi Tanaji	<i>[Signature]</i>
14	Chougule Pranav Pandurang	<i>[Signature]</i>	63	Patil Sangramsinh Dhananjay	<i>[Signature]</i>
15	Dadge Amit Govind	<i>[Signature]</i>	64	Patil Snehal Chandrakant	<i>[Signature]</i>
16	Daingade Pradeep Prakash	<i>[Signature]</i>	65	Pawar Shreleka Shrikant	<i>[Signature]</i>
17	Dandawate Pradnya Suresh	<i>[Signature]</i>	66	Pendhari Shahin Altaf	<i>[Signature]</i>
18	Deshmukh Srushti Suhas	<i>[Signature]</i>	67	Rathod Manisha Datta	<i>[Signature]</i>
19	Devkate Akshay Bhimrao	<i>[Signature]</i>	68	Raut Shubham Kailas	<i>[Signature]</i>
20	Dhawale Gaurav Vishnupanth	<i>[Signature]</i>	69	Rodge Ashwini Keshav	<i>[Signature]</i>
21	Dhongade Pritee Sharad	<i>[Signature]</i>	70	Rupnur Ankita Tanaji	<i>[Signature]</i>
22	Gadade Sushama Dhanaji	<i>[Signature]</i>	71	Sabale Harshada Sukhdev	<i>[Signature]</i>
23	Gaikwad Aishwarya Bapu	<i>[Signature]</i>	72	Sadekar Amruta Khandu	<i>[Signature]</i>
24	Gaikwad Jayshri Kishanrao	<i>[Signature]</i>	73	Sargar Aishwarya Appaso	<i>[Signature]</i>
25	Gaikwad Pranita Parmeshwar	<i>[Signature]</i>	74	Sartale Krishna Shivchand	<i>[Signature]</i>
26	Gavad Sanket Umesh	<i>[Signature]</i>	75	Satavekar Shukrani Sudhakar	<i>[Signature]</i>
27	Gavhane Anagha Sanjay	<i>[Signature]</i>	76	Shaikh Gulam A Madni Irfan	<i>[Signature]</i>
28	Ghutukade Pawan Tanaji	<i>[Signature]</i>	77	Shaikh Sahil Jahangir	<i>[Signature]</i>
29	Gupta Shruti Ramesh	<i>[Signature]</i>	78	Shelke Yogesh Anandrao	<i>[Signature]</i>
30	Hajare Dhanashri Jayashing	<i>[Signature]</i>	79	Shinde Aishwarya Ravindra	<i>[Signature]</i>
31	Hiwale Ankush Kailas	<i>[Signature]</i>	80	Shinde Meghana Kiran	<i>[Signature]</i>
32	Housekar Shraddha Shivaji	<i>[Signature]</i>	81	Shingote Purushottom Dnyaneshwar	<i>[Signature]</i>
33	Ingale Kajal Magan	<i>[Signature]</i>	82	Sonner Sneha Vijaykumar	<i>[Signature]</i>
34	Jogdand Tejaswini Sudhir	<i>[Signature]</i>	83	Sontakke Gouravi Ramvilas	<i>[Signature]</i>
35	Kale Rupam Daulat	<i>[Signature]</i>	84	Surwase Aarti Ramesh	<i>[Signature]</i>
36	Karche Srushti Sunil	<i>[Signature]</i>	85	Tambe Mrudula Shyamsundar	<i>[Signature]</i>
37	Kedar Prajakta Soudagar	<i>[Signature]</i>	86	Tamboli Muskan Rahim	<i>[Signature]</i>
38	Khadse Gayatri Jayant	<i>[Signature]</i>	87	Tare Avinash Janardhan	<i>[Signature]</i>
39	Khapare Rudresh Mahesh	<i>[Signature]</i>	88	Thanekar Saloni Suresh	<i>[Signature]</i>
40	Kore Kaustubh Amrutkiran	<i>[Signature]</i>	89	Thorat Mayur Mahadev	<i>[Signature]</i>
41	Kumbhar Girija Sunil	<i>[Signature]</i>	90	Tomke Prajakta Anilkumar	<i>[Signature]</i>
42	Kumbhar Preeti Ramesh	<i>[Signature]</i>	91	Wagadkar Aishwarya Shivaji	<i>[Signature]</i>
43	Lohakare Roshani Vitthal	<i>[Signature]</i>	92	Yampale Akshaykumar Baburao	<i>[Signature]</i>
44	Londhe Snehal Hanamant	<i>[Signature]</i>	93	Yelpale Santosh Pandurang	<i>[Signature]</i>
45	Mali Pradnya Balasaheb	<i>[Signature]</i>	94	Yerawar Akshay Krishna	<i>[Signature]</i>
46	Mali Sharayu Babasaheb	<i>[Signature]</i>	95	Zavare Vinayak Savkar	<i>[Signature]</i>
47	Marathe Aishwarya Ravindra	<i>[Signature]</i>	96	Dive mangesh Dnyaneshwar	<i>[Signature]</i>
48	Mariya Fatema Mohammed Yaseen	<i>[Signature]</i>			
49	Maske Ketaki Bapasaheb	<i>[Signature]</i>			



*[Signature]*  
**H.O.D.** 26  
 Gayachikitsa Dept  
 A. T. & M.C., ASHTA



Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.

FEEDACK FORM FOR GUEST LECTURE

NAME OF THE STUDENT: Sabale Harshada Sukhdev

ROLL NO. 71

NAME OF THE SPEAKER: Dr. Dattatraya Nikam

NAME OF THE TOPIC: ICE Breaking & Team building

DATE: 18/1/2023

TIME: 2.00 - 3.00 PM

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?	✓			
2.	How relevant was the content discussed by the speaker?	✓			
3.	Are you satisfied with the time and venue?	✓			
4.	Did the lecture cover what you were expecting?	✓			
5.	How much this session was useful from the knowledge and information point of view?	✓			
6.	Overall effectiveness of the lecture?	✓			

Additional comments and suggestions for the future

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.....  
.....  
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Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
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Website : [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
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## INSTITUTIONAL GRIEVANCE CELL

### EVENT / ACTIVITY REPORT

Title of Event / Activity:- Guest Lecture on Cyber Crime by DYSP Arifa Mulla CID ( Sangli )

Date:- 09/01/2023

Time:- 10.30am To 12.30pm

Duration:- Two hour

Venue:- Hon. Annasaheb Dange Ayurved Medical College, Ashta.

Objectives of event / activity:-

- To spread the awareness about sexual abuse, work harassment, cyber crime among girl students and female faculties of ADAMC, Ashta.
- To introduce students and female faculties to the criminal implications and consequences of computer crime.
- To prevent any sexual invectives and abuses towards girl students and female staff in campus

Guest faculty with designation (if applicable):-

DYSP Arifa Mulla

CID ( Sangli )





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Event / Activity report:-

Guest Lecture on Cyber Crime was arranged by Vishakha Committee of ADAMC, Ashta on 09 January 2023. This lecture was conducted for making general awareness about sexual abuse, work harassment, cyber crime among girl students and female faculties of ADAMC, Ashta. To introduce students and female faculties to the criminal implications and consequences of computer crime and to prevent any sexual invectives and abuses towards girl students and female staff in the campus.

DYSP Arifa Mulla mam gave an excellent speech on Cyber crime as well as the true meaning of women empowerment to the girl student and female faculties of Adamc, Ashta. Mam also gave valuable guidance to the girl students about focusing our career rather than social media by self conduct and self discipline.

Following members were present for this Guest Lecture

Chief Guest and Resource Person : DYSP Arifa Mulla

Nodal Officer Of IGRC ; Dr Shradha Shelke

Vishakha Committee Head : Dr Alaknanda Kulkarni

Hospital Grievance Head : Dr Smita Lokhande

Student Grievance Head : Dr Reshma Dhere

Total 101 First year and 4<sup>th</sup> year BAMS girl students attended this lecture along with following faculty members who are as mentioned below-

1. Dr Sujata Kate (Shalakya dept.)
2. Dr Ashwini Khot (Swasthavrutta Dept)
3. Dr Varsha Khotl (Kayachikitsa dept.)
4. Dr Sayli Pashte (Gynac dept.)
5. Dr Nisha Panhalkar (Gynac dept.)
6. Dr Sarita Gavde ( Dravyagun Dept)
7. Dr Dipali Jadhav ( Rachana Dept )
8. Dr Hemlata Kore (Swasthavrutta Dept)







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**Outcome of event:-**

This lecture was helpful in imparting knowledge about the importance of responsibilities of women and what is the true meaning of Women empowerment.

Advantages and disadvantages of social media.

What is Cyber Crime with detail information.

**Feedback:-**

All girl students of first and fourth year BAMS and female faculties of ADAMC, Ashta are very happy for information and guidance given by Resourse person DYSP Arifa Mulla CID (Sangli ) in this guest lecture.

Nodal Officer

Dr Shradha Shelke

Vishakha Head

Dr Alaknanda Kulkarni

Principal

Dr Amit Pethkar

PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





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DATE : 06/01/2023

### NOTICE

This is to inform to All Female faculties and Girl students of first and fourth year of ADAMC, Ashta that Guest Lecture will be held On 09 / 01/ 2023 at Auditorium Hall under supervision of Nodal Officer and Vishakha Committee Head. Everyone will be sharply present on 10.30am at Auditorium Hall for the same.

Guest Speaker

DYSP Arifa Mulla ( CID Sangli )

Venue : Auditorium Hall

Date : 09 / 01/ 2023

Time : 10.30 am

Nodal Officer

Dr Shradha Shelke

Vishakha Head

Dr Alaknanda Kulkarni

Principal

PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli







संत ज्ञानेश्वर शिक्षण संस्थेचे,

मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)



**ADAMC**

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Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District: Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by N.C.I.S.M. New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/484-A/2022

Date : 06/01/2023

To,

**Hon. Mrs. Arifa Mulla,**

DYSP, CID, Sangli.

**Subject :-** Regarding your presence as a Chief Guest and Resource Person for Guest Lecture on 09. 01. 2023 at ADAMC, Ashta.

Respected Mam,

We are organizing Guest Lecture for girls by Vishakha Committee of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Maharashtra. It is our great pleasure to invite you as a **chief guest and Resource Person** for this Guest Lecture on **09. 01. 2023 at 10.30 am to 12.30 pm.**

It is our pleasure to be with you for this Programme, Kindly accept our invitation, looking forward to your precious presence.

Thanking you,

*Arifa Mulla*  
DY-SP

*Ashta*  
06/11/2023  
PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist.Sangli







**ADAMC**

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संत ज्ञानेश्वर शिक्षण संस्थेचे,  
मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३  
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)



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Approved by N.C.I.S.M, New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/486/2023

Date : 09/01/2023

To,

**Hon. Mrs. Arifa Mulla,**

DYSP, CID, Sangli.

Respected Mam,

On behalf of our entire team, we would like to thank you for serving as a **Resource Person** at our Guest Lecture held on **9<sup>th</sup> January 2023**. Your readiness to share your experience and expertise played a vital role in making our event a success. Your bright ideas and comforting guidance had a great positive impact on the attendees.

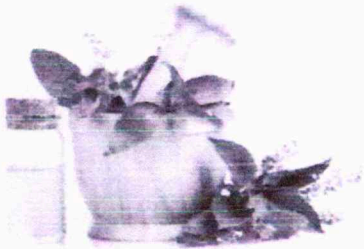
We sincerely appreciate you for taking out time from your busy schedule to provide us with such valuable information. We wish you great luck with all your future projects and look forward to meeting you soon.

Warmest Regards.

*Arifa Mulla*  
DY-SP

*Arifa Mulla*  
09/01/2023  
PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College Ashla, Tal. Waikwa, Dist. Sangli.







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INSTITUTIONAL GRIEVANCE CELL  
GUEST LECTURE UNDER VISHAKHA COMMITTEE  
9 JANUARY 2023



*Ashtak*  
PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



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## पुण्य नगरी

# In Short

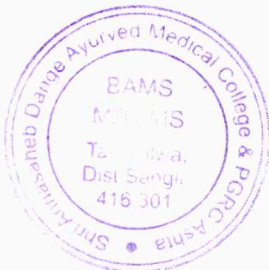


आष्टा : सांगलीच्या पोलीस उपाधीक्षक अरिफा मुल्ला-लांडगे यांचा सत्कार करताना प्राचार्य डॉ. अमित पेटकर, बाजूस डॉ. विजय डांगे व अन्य.

## महिला सक्षम, सजग, सुसंस्कृत झाली पाहिजे : अरिफा मुल्ला-लांडगे

आष्टा / प्रतिनिधी : महिला सक्षम, सजग आणि सुसंस्कृत झाली पाहिजे, असे मत सांगलीच्या पोलीस उपाधीक्षक अरिफा मुल्ला-लांडगे यांनी व्यक्त केले. येथील अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, पदव्युत्तर संशोधन केंद्रामधील विद्यार्थिनींना विशाखा समिती अंतर्गत सामाजिक जागृती, निरनिराळे सायबर क्राईम आणि महिला अत्याचार याविषयी मार्गदर्शनप्रसंगी कार्यक्रम झाला. महाविद्यालयाचे प्राचार्य डॉ. अमित पेटकर यांनी स्वागत केले. विशाखा समितीच्या प्रमुख डॉ. अलकनंदा कुलकर्णी कार्यक्रमाच्या अध्यक्षस्थानी होत्या. नोडल ऑफिसर डॉ. श्रद्धा शेळके यांनी प्रास्ताविक केले. डॉ. स्मिता लोखंडे व डॉ. रेश्मा ढरे यांनी कार्यक्रमाचे सूत्रसंचालन केले. यावेळी महाविद्यालयातील सर्व महिला, अध्यापक तसेच पदवी व पदव्युत्तर विभागातील विद्यार्थिनी उपस्थित होत्या.

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## EVENT / ACTIVITY REPORT

Date -23/12/2022

### Title of Activity: Guest lecture on the Topic- 'Gender Sensitization'

Date : 23.12.2022  
Duration : 2.00pm - 3.00pm  
Venue : Fourth Year Classroom, ADAMC, Ashta  
Guest Speaker : Dr Smita Lokhande. ADAMC Ashta.

#### Objectives of Event/Activity:-

- Raise awareness about gender-related issues and challenges.
- Promote a more inclusive and respectful environment.

**Introduction:-**The guest lecture began with a warm welcome and introduction of the speaker.

An overview of the importance of gender sensitization was provided, highlighting the need to challenge stereotypes and promote equality.

#### Report/ Description:-

The speaker delivered a comprehensive presentation on the topic of gender sensitization. The content included:

- Definition and understanding of gender, including the difference between sex and gender.
- Discussion on gender stereotypes and their impact on individuals and society.

To engage the participants actively, interactive sessions were conducted throughout the lecture. The participants were given an opportunity to provide feedback on the lecture through a feedback form.

#### Outcome and Impact:

The guest lecture on gender sensitization was well-received by the participants. It helped raise awareness about gender-related issues, challenged existing biases, and promoted a more inclusive mindset.

  
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Kayachikitsa Dept  
A.D.A.M.C., ASHTA



  
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## Department of kayachikitsa – 'Gender Sensitization'



*Parasit*  
H.O.D.  
Kayachikitsa Dept  
A B A M.C., ASHTA





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Date: 21/12/2022

To  
The Principal,  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta

**Subject:** Regarding conducting lecture under Interdisciplinary activity.

Respected Sir,

We department of Kayachikitsa going to organize lecture on the topic-

**'GENDER SENSITIZATION'**

For this lecturer renowned speaker DR. SMITA LOKHANDE (MD KAYACHIKITSA) will be invited. Lecture will be on 23/12/2023 (1Hour) At Fourth Year Classroom, ADAMC Ashta for final year students, Internees and PG students.

Kindly give the permission for this lecture.



*P. S. S.*  
HOD

Dept. of Kayachikitsa  
H O.D.  
Kayachikitsa Dept.  
A. D. A. M. C., ASHTA



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**DEPARTMENT OF KAYACHIKITSA**

**Date- 21/12/2022**

**NOTICE**

It Is With Immense Pleasure To Inform To Fourth Year UG Students, PG Students And Internees. Department Of Kayachikitsa Going To Organize Interdisciplinary Lecture.

**TOPIC: 'GENDER SENSITIZATION'**

**Speaker: Dr. Smita Lokhande ( MD Kayachikitsa)**

**Date: 23/12/2022 Time: 1 Hour**

**Venue: Fourth Year Classroom, ADAMC, Ashta.**

It is compulsory to all students attend this program.



*Smita Lokhande*  
HOD

**Dept. of Kayachikitsa**

**H.O.D.**  
**Kayachikitsa Dept**  
**A D A M.C., ASHTA'**



**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA**  
**IV<sup>th</sup> BAMS (2022-23) Attendance Sheet**

**Subject:** Guest speaker  
**Topic:** Gender Sensitization

**Date:** 23/12/2022  
**Time:** 2:00 pm to 3 pm  
**Name of Teacher:** Dr. Lokhande Smruti

Roll No.	Name of Student	SIGN	Roll No.	Name of Student	SIGN
1	Adamane Sanket Sanjay		50	Misal Pankaj Pandit	
2	Bangar Samiksha Baban		51	Mulik Pankaj Vasant	
3	Bansode Snehal Rajkumar		52	Nale Siddhi Jaykumar	
4	Bharati Piyush Sanjay		53	Narkhedkar Koustubh C	
5	Bhisade Vaishnavi Ramesh		54	Otari Manasi Umeshchandra	
6	Bhosale Anjali Prakash		55	Padavalkar Aniket Sadashiv	
7	Bhosale Kaushalya Suryakant		56	Padwale Shital Jayram	
8	Bhujbal Vaishnavi Anil		57	Panchal Balaji Eknathrao	
9	Bhusnar Kajal Dattatray		58	Patil Akanksha Atul	
10	Bodhe Sarvesh Ganesh		59	Patil Harshada Shantaram	
11	Chavan Sharad Bharat		60	Patil Pranoti Shahaji	
12	Chavan Vidya Ravindra		61	Patil Priyanka Mallikarjun	
13	Chopade Rohit Bhimrao		62	Patil Sakshi Tanaji	
14	Chougule Pranav Pandurang		63	Patil Sangramsinh Dhananjay	
15	Dadge Amit Govind		64	Patil Snehal Chandrakant	
16	Daingade Pradeep Prakash		65	Pawar Shreleka Shrikant	
17	Dandawate Pradnya Suresh		66	Pendhari Shahin Altaf	
18	Deshmukh Srushti Suhas		67	Rathod Manisha Datta	
19	Devkate Akshay Bhimrao		68	Raut Shubham Kailas	
20	Dhawale Gaurav Vishnupanth		69	Rodge Ashwini Keshav	
21	Dhongade Pritee Sharad		70	Rupnur Ankita Tanaji	
22	Gadade Sushama Dhanaji		71	Sabale Harshada Sukhdev	
23	Gaikwad Aishwarya Babu		72	Sadekar Amruta Khandu	
24	Gaikwad Jayshri Kishanrao		73	Sargar Aishwarya Appaso	
25	Gaikwad Pranita Parmeshwar		74	Sartale Krishna Shivchand	
26	Gavad Sanket Umesh		75	Satavekar Shukrani Sudhakar	
27	Gavhane Anagha Sanjay		76	Shaikh Gulam A Madni Irfan	
28	Ghutukade Pawan Tanaji		77	Shaikh Sahil Jahangir	
29	Gupta Shruti Ramesh		78	Shelke Yogesh Anandrao	
30	Hajare Dhanashri Jayashing		79	Shinde Aishwarya Ravindra	
31	Hiwale Ankush Kailas		80	Shinde Meghana Kiran	
32	Housekar Shraddha Shivaji		81	Shingote Purushottom Dnyaneshwar	
33	Ingale Kajal Magan		82	Sonner Sneha Vijaykumar	
34	Jogdand Tejaswini Sudhir		83	Sontakke Gouravi Ramvilas	
35	Kale Rupam Daulat		84	Surwase Aarti Ramesh	
36	Karche Srushti Sunil		85	Tambe Mrudula Shyamsundar	
37	Kedar Prajakta Soudagar		86	Tamboli Muskan Rahim	
38	Khadse Gayatri Jayant		87	Tare Avinash Janardhan	
39	Khapare Rudresh Mahesh		88	Thanekar Saloni Suresh	
40	Kore Kaustubh Amrutkiran		89	Thorat Mayur Mahadev	
41	Kumbhar Girija Sunil		90	Tomke Prajakta Anilkumar	
42	Kumbhar Preeti Ramesh		91	Wagadkar Aishwarya Shivaji	
43	Lohakare Roshani Vitthal		92	Yampale Akshaykumar Baburao	
44	Londhe Snehal Hanamant		93	Yelpale Santosh Pandurang	
45	Mali Pradnya Balasaheb		94	Yerawar Akshay Krishna	
46	Mali Sharayu Babasaheb		95	Zavare Vinayak Savkar	
47	Marathe Aishwarya Ravindra		96	Dive Mangesh Dnyaneshwar	
48	Mariya Fatema Mohammed Yaseen				
49	Maske Ketaki Bapasaheb				





**Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.**

**FEEDBACK FORM FOR GUEST LECTURE**

NAME OF THE STUDENT: Patil Pranoti Shahaji

ROLL NO. 60

NAME OF THE SPEAKER: Dr. Smita Lokhande

NAME OF THE TOPIC: Gender Sensitization

DATE: 23/12/2022

TIME: 2:00 - 3:00 pm

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?	✓			
2.	How relevant was the content discussed by the speaker?	✓			
3.	Are you satisfied with the time and venue?	✓			
4.	Did the lecture cover what you were expecting?		✓		
5.	How much this session was useful from the knowledge and information point of view?	✓			
6.	Overall effectiveness of the lecture?		✓		

Additional comments and suggestions for the future

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Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : www.adamc.ac.in  
ISO Certified 9001-2015,14001-2015

## EVENT / ACTIVITY REPORT

Date – 02/09/2022

### Title of Activity: Guest lecture on the Topic- 'Ice Breaking & Team Building'

**Date** : 02/09/2022  
**Duration** : 9.30Am to 10.30Am  
**Venue** : Fourth Year Classroom, ADAMC, Ashta  
**Guest Speaker** : Dr. Archana Wadkar, ADAMC, Ashta

#### Objectives of Event/Activity:-

- To introduce participants to the concept of team building.
- Sharpen communication techniques and skills.
- Learn techniques for building a better team.
- To equip participants with practical strategies to build strong and cohesive teams that can achieve common goals effectively.

#### Introduction:-

The lecture began with a warm welcome to all participants and an overview of the importance of team building in organizational success. The speaker emphasized the significance of effective teamwork and the benefits of fostering positive team dynamics.

#### Report/ Description:-

A team is a number of persons associated together in work or activity as a group. Participants were engaged in icebreaker activities to promote interaction and create a comfortable and inclusive. Activities aimed at building stronger relationships among team members were presented. Each member has to know their role and responsibility. Various activities focused on enhancing communication and collaboration skills were conducted. After each activity, participants were given time for reflection and discussion.





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
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**Website : www.adamc.ac.in**  
**ISO Certified 9001-2015,14001-2015**

The better the cooperation, communication and coordination among team members, the more efficient the team and got success.

### **Outcome and Impact:**

The guest lecture on team building activities was successful in achieving its objectives.

Participants gained a deeper understanding of the importance of teamwork, collaboration, and effective communication in achieving organizational goals.

Overall, the guest lecture received positive feedback from participants.

  
HOB

Panchkanna Dept.  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta



  
Principal

ADAMC, Ashta  
**PRINCIPAL**  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





SantDnyaneshwarShikshanSanstha's  
**Hon. Shri. AnnasahebDangeAyurved Medical College  
& Post Graduate Research Center**  
A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : [www.adamc.ac.in](http://www.adamc.ac.in) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
ISO Certified 9001-2015, 14001-2015

**Under Ice Breaking & Team Building Activity, 4<sup>th</sup> year  
BAMS Students are organized and conducted Ganesh  
Festival cordially on 02/09/2022 at ADAMC Ashta**



*Panchkanna*

HOD

Panchkanna Dept.  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : www.adamc.ac.in  
ISO Certified 9001-2015,14001-2015

**Date: 31/08/2022**

To  
The Principal,  
Hon. Shri. Annasaheb Dange  
Ayurved Medical College, Ashta

**Subject:** Regarding conducting guest lecture under Interdisciplinary activity.

Respected Sir,

We department of Panchakarma going to organize guest lecture on the topic -

**'ICE BREAKING & TEAM BUILDING'**

For this lecturer renowned speaker Dr. ARCHANA WADKAR ( MD PANCHAKARMA) will be invited. Lecture will be on 02/09/2022 (9.30Am to 10.30Am ) Fourth Year Classroom, ADAMC, Ashta of ADAMC Ashta for final year students.

Kindly give the permission for this lecture .



**HOD**

**Dept. of Panchakarma**

**HOD**

Panchakarma Dept.  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta





Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center  
A/p : Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Website : www.adamc.ac.in  
ISO Certified 9001-2015,14001-2015

**DEPARTMENT OF PANCHAKARMA**

**Date -31/08/2022**

**NOTICE**

It is with immense pleasure to inform to Fourth Year UG Students,  
Department of Panchakarma going to organize Interdisciplinary Guest Lecture on

**TOPIC: 'ICE BREAKING & TEAM BUILDING'**

**Speaker: Dr. Archana Wadkar (MD Panchakarma )**

**Date: 02/09/2022**      **Time: 9.30Am to 10.30Am**

**Venue:** Fourth Year Classroom, ADAMC, Ashta

It is compulsory to all students attend this program.



*Dr. Archana Wadkar*

HOD

Panchakarma Dept.  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta

HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA

4<sup>th</sup> BAMS (2021-2022) Attendance Sheet

Topic: Icebreaking & Team building Date: 1/12/2022 Time: 9.30 Am to 10.30 Am

Roll No.	Name Of Student	Signature	Roll No.	Name Of Student	Signature
1	Awale Renuka Rama		51	Mane Sumit Nitin	<u>Sumit</u>
2	Awasthi Satyam Ravindrprasad	<u>Satyam</u>	52	Mangire Sourabh Vihang	<u>Sourabh</u>
3	Badgire Pooja Mahadev	<u>Pooja</u>	53	Metkar Sindhu B.	
4	Bagal Kanchan Rustumrao	<u>Bagal</u>	54	Mhetar Vrushali Vinay	<u>Mhetar</u>
5	Bagul Vrushali Y		55	Minache Samruddhi Deepak	
6	Barbade Susmita Shrikar	<u>Barbade</u>	56	Mohite Harshada Shahaji	<u>Mohite</u>
7	Behere Vinayak Pandurang	<u>Behere</u>	57	More Shruti Dattatray	<u>S.D. More</u>
8	Bhojgde Vishal Ganpat	<u>Bhojgde</u>	58	Nagargoje Anant Dagadu	<u>Anant</u>
9	Bhosale Maithili Sunil	<u>M.S. Bhosale</u>	59	Nandarale Nita Rupchand	<u>Nitarale</u>
10	Bhosale Payal Rajkumar	<u>Payal</u>	60	Omase Shubham Ramchandra	<u>Omase</u>
11	Bondar Shweta Babanrao		61	Parbat Onkar Rajkumar	<u>O. Parbat</u>
12	Chavan Asavari Balkrishna	<u>Asavari</u>	62	Patel Simran Amin	<u>Patel</u>
13	Chavan Nikhil Bharat	<u>Nikhil</u>	63	Patil Akshata Panditrao	<u>Patil</u>
14	Choudhari Sanket Ramdas	<u>Choudhari</u>	64	Patil Dakshayani Mahesh	<u>Dakshayani</u>
15	Dabhade Deshraj Anand	<u>Dabhade</u>	65	Patil Poonam Kishanrao	<u>Patil</u>
16	Dhainje Bhargavi Balu	<u>Bhargavi</u>	66	Patil Sanjana Balkrushna	<u>Sanjana</u>
17	Dhope Pranita Khandu		67	Patole Ramesh Narayan	<u>Ramesh</u>
18	Digole Sushma Arjun	<u>Sushma</u>	68	Pawar Amol Parasram	<u>Amol</u>
19	Gambhire Rohini Balasaheb	<u>Rohini</u>	69	Pawar Ankita Prataprao	<u>Ankita</u>
20	Gaykwad Prachi Tryambak	<u>Prachi</u>	70	Pawar Mayuri Mahesh	<u>Mayuri</u>
21	Ghadage Shirish Raju	<u>Shirish</u>	71	Pol Alisha Ulhas	<u>Alisha</u>
22	Ghodake Mrunal Maruti	<u>Mrunal</u>	72	Rakh Akshay Gokul	<u>Akshay</u>
23	Giri Ankita Mohan	<u>Ankita</u>	73	Ranage Vaishnavi Laxman	<u>Vaishnavi</u>
24	Gosavi Maithili Vijay		74	Rasal Rutuja Rahul	<u>Rutuja</u>
25	Gurav Amruta Vilas	<u>Amruta</u>	75	Raulwar Sujata Suresh	<u>Sujata</u>
26	Hipparkar Amruta Dilip	<u>Amruta</u>	76	Raut Sagar Savanta	<u>Sagar</u>
27	Hirmukhe Abhishek Suryakant	<u>Abhishek</u>	77	Rengade Supriya Madhavrao	<u>Supriya</u>
28	Ingale Priti Naganath	<u>Priti</u>	78	Salve Prajwal Mohan	<u>Prajwal</u>
29	Jadhav Ankita Dhanaji	<u>Ankita</u>	79	Sangolkar Vaishnavi Shivaji	<u>Vaishnavi</u>
30	Jadhav Nikita Dilip	<u>Nikita</u>	80	Sangrampatle Aarti Vinayak	<u>Aarti</u>
31	Jadhav Prajakta Anant	<u>Prajakta</u>	81	Sayed Fiza Rajmahamad	<u>Fiza</u>
32	Jadhav Swati Babasaheb	<u>Swati</u>	82	Shaikh Easminara Raja	<u>Easminara</u>
33	Jadhav Vishal Satish	<u>Vishal</u>	83	Shaikh Junaid Shaikh Habib	<u>Junaid</u>
34	Jagtap Gautami Dipak	<u>Gautami</u>	84	Shaikh Sanobar Miraj	<u>Sanobar</u>
35	Jagtap Vishal Baban	<u>Vishal</u>	85	Shelkande Pavan N.	<u>Pavan</u>
36	Jagtap Vishal Mahadev	<u>Vishal</u>	86	Shelke Sushant Ramchandra	<u>Sushant</u>
37	Jarande Siddhi Uttam	<u>Siddhi</u>	87	Shete Harshada Jagannath	<u>Harshada</u>
38	Junne Amol Shivraj	<u>Amol</u>	88	Shinde Anuja Prabhakar	<u>Anuja</u>
39	Kadarkar Akanksha Bhausaheb	<u>Akanksha</u>	89	Shinde Shivani Kiran	<u>Shivani</u>
40	Kale Snehal Jijabhau		90	Shirke Dnyaneshwari Satish	<u>Dnyaneshwari</u>
41	Khandare Mayuri Sudhakar		91	Suryawanshi Vivek S.	<u>Vivek</u>
42	Kharbad Swapnil Rajabhau	<u>Swapnil</u>	92	Sutar Prajakta Satish	<u>Prajakta</u>
43	Khavle Nitish Harish	<u>Nitish</u>	93	Swant Vasavi Anand	<u>Vasavi</u>
44	Khurd Prajakta Bhagwan	<u>Prajakta</u>	94	Vitkar Amit Kalidas	<u>Amit</u>
45	Kirtane Nikita Vinayak	<u>Nikita</u>	95	Wable Pavan Pandurang	<u>Pavan</u>
46	Kopratkar Sushilkumar Satwa	<u>Sushilkumar</u>	96	Waghmode Pratik Shamrao	<u>Pratik</u>
47	Kotkar Shivkanya Ramkisan	<u>Shivkanya</u>	97	Ware Shreya Dattatray	<u>Shreya</u>
48	Kumbhar Rushikesh Uttam	<u>Rushikesh</u>	98	Zunzarrao Manasi H.	<u>Manasi</u>
49	Kute Vidya Lahu		99	Pawara Swapnil Kapil	<u>Swapnil</u>
50	Mandlik Ashwini Sukhdev		100	Kute Apurva	<u>Apurva</u>



Dr. Kulkarni  
H.O.



Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.

FEEDACK FORM FOR GUEST LECTURE

NAME OF THE STUDENT: Vidya Lohu Kute

ROLL NO. 49

NAME OF THE SPEAKER: Dr. Archana Wadkar

NAME OF THE TOPIC: Ice breaking & Team Building

DATE: 02/09/2022

TIME: 1 Hours

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?	<input checked="" type="checkbox"/>			
2.	How relevant was the content discussed by the speaker?		<input checked="" type="checkbox"/>		
3.	Are you satisfied with the time and venue?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		
4.	Did the lecture cover what you were expecting?	<input checked="" type="checkbox"/>			
5.	How much this session was useful from the knowledge and information point of view?		<input checked="" type="checkbox"/>		
6.	Overall effectiveness of the lecture?	<input checked="" type="checkbox"/>			

Additional comments and suggestions for the future





Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.

FEEDACK FORM FOR GUEST LECTURE

NAME OF THE STUDENT: Nikhil B. chavan

ROLL NO. 13

NAME OF THE SPEAKER: Dr. Archana Wadkar

NAME OF THE TOPIC: ICE BREAKING & TEAM BUILDING

DATE: 02/09/2022

TIME: 1 Hour

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?			✓	
2.	How relevant was the content discussed by the speaker?		✓		
3.	Are you satisfied with the time and venue?			✓	
4.	Did the lecture cover what you were expecting?		✓		
5.	How much this session was useful from the knowledge and information point of view?	✓			
6.	Overall effectiveness of the lecture?	✓			

Additional comments and suggestions for the future

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Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

**NAME OF ACADAMIC YEAR- FIRST PROFESSIONAL B.A.M.S. :-2021-22**

**DATE: 26/04/2022 TO 14/05/2022**

**EVENT / ACTIVITY REPORT**

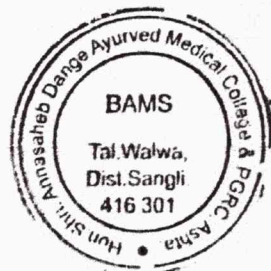
**Title of Event / Activity:** “TRASITIONAL CURRICULUMN” Prescribed by NCISM  
New Delhi

**Venue:** - First Year BAMS Classroom, ADAMC Ashta.

**Introduction:-** The students getting admitted to the Ayurveda graduate course (B.A.M.S) are from different backgrounds, different regions having different cultural and linguistic backgrounds. Their educational qualifying qualifications are also from diversified curriculums, i.e., state syllabus, CBSE, ICSE etc. studied in different mediums of language. Ayurveda is a unique medical system with subjects and terminologies that are different and typical. Hence, there is a need to transit students of diversified backgrounds to the unique Ayurveda Medical Science.

**Objectives of event / activity:**

1. Orientation of the college/institutional campus and the available facilities
2. Introduction of the officials of the campus, hierarchy and their roles.
3. Orientation to office procedures, campus rules and regulations, code of conduct and dress codes, if any, rules and procedures for availing leave, procedures for availing library facility, anti-ragging committee & squad, safety apps, and so on.
4. Introduction to various medical systems, scope of Ayurveda nationally and internationally, higher education in Ayurveda, job opportunities, entrepreneurship, etc.
5. An overview of the BAMS curriculum and the subjects
6. Orientation of regulatory and governing bodies and introduction of their heads
7. Sanskrit Language orientation and spoken Sanskrit
8. Goal setting



9. Basic Life Support (BSL) Training
10. Orientation of basic computer skills
11. Personality development, Team building, Gender sensitization etc.

**Course Outcomes:** by the end of Transitional Curriculum, the students will be:

1. Familiar with the campus, infrastructure and facilities, officials and their roles
2. Understand and become familiar with the rules, regulations, and various procedures of the college/institution.
3. Understand the code of conduct and campus behaviour.
4. Understand the scope of Ayurveda and opportunities.
5. Familiar with the BAMS curriculum and subjects
6. Acquainted with regulatory/governing bodies
7. Capable of performing BSL
8. Acquire basic computer skills.
9. Improve communication and conversation skills in Sanskrit.
10. Develop leadership qualities.
11. The ability to set goals

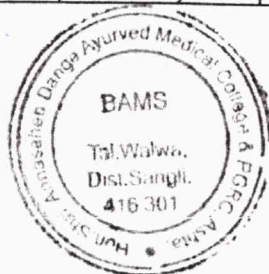
**Duration of the Course: 90 hours (Preferably 6hrs X 15 days).**

**Event / Activity report:- “Transitional Curriculum for First Professional BAMS”**

**Description-**

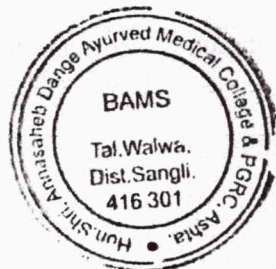
“Transitional Curriculum for First Professional BAMS” Applicable from 2021 -22 batch onwards for 5 years or until further notification by NCISM, whichever is earlier program was scheduled as :-

Date	Time	Topic Name	Guest Speaker
1 <sup>st</sup> Day 26/4/2022	9.30AM –10.30 AM	Language Vadatu Sanskritam	Mr. Sougandh Thorat ADAMC, Ashta.
	10.30AM – 12.30AM	Motivational Lecture By Eminent Speaker	Dr. Ashok Wali
	12.30 PM- 1.15 PM	Lunch	
	1.15 PM – 2.15 PM	Language Vadatu Sanskritam	Mr. Sougandh Thorat ADAMC, Ashta.
	2.15 PM-	Personality Development	Dr. Sarfraj Landge

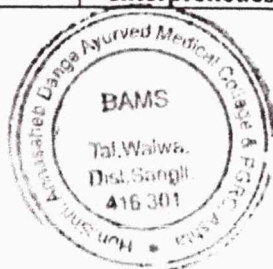




	2.15 PM – 3.15 PM	Computer Skills	Dr. Suraj Kundle ADAMC, Ashta
	3.15 PM – 4.15 PM	Language Vadatu Sanskritam	Mr. Sougandh Thorat ADAMC, Ashta
8Day 6/5/222	9.30AM –10.30 AM	Yoga And Meditation	Dr Manisha Suryavanshi, Pune
	10.30AM – 12.30AM 11.30AM – 12.30 PM	Motivational Lecture By Eminent Speaker	Dr Santosh Suryawanshi, Pune
	12.30 PM – 1.15 PM	Lunch	
	1.15 PM- 2.15PM	Clinical Exposure	Dr. Reshma Dhere ADAMC, Ashta
	2.15 PM – 3.15 PM	Emergancy Management	Dr. Dilip Katare ADAMC, Ashta.
	3.15 PM – 4.15 PM	An Introduction to various medical systems	Dr. Asha Kore ADAMC, Ashta.
	9Day 7/5/2022	9.30AM –10.30 AM	Orientation of Regulatory/Governing Bodies (NCISM, affiliated universities, State Commissionerate/ Directorate, etc.) and introduction of their heads
10.30AM – 11.30AM		Computer Skills	Dr. Suraj Kundle ADAMC, Ashta
11.30AM – 12.30 PM		Personal health and hygiene	Dr. Raj Ahmed Jamadar ADAMC, Ashta.
12.30 PM – 1.15 PM		Lunch	



	1.15 PM- 2.15 PM	Recreational activities and talent show (During the talent exhibition, talented students are to be identified and recorded. Such students are encouraged to participate in institutional activities and to participate in various competitions. If required, training may be provided)	Dr. Jayavant Kharat ADAMC, Ashta.
	2.15 PM – 4.15 PM	Stress Management and Relaxation Technique	Mr. Kapil Lalit ADCET, Ashta
10Day 9/5/2022	9.30AM – 10.30 AM	Gender sensitisation	Dr. Archana Wadkar ADAMC, Ashta
	10.30AM – 12.30 PM	Language Vadatu Sanskritam	Mr. Sougandh Thorat ADAMC, Ashta.
	12.30 PM – 1.15 PM	Lunch	
	1.15 PM- 2.15PM	1 <sup>st</sup> Aid Skills	Dr. Prerna Bandekar ADAMC, Ashta
	2.15 PM – 4.15 PM	Computer Skills	ADCET, Ashta
11Day 10/5/2022	9.30AM – 10.30 AM	Biodiversity in ASUS	Dr. Mahesh Inamdar ADAMC, Ashta
	10.30AM – 11.30AM	Yoga and Meditation	Dr. Nitin Tatpuje ADAMC, Ashta Bramhakumari
	11.30AM – 12.30 PM		
	12.30 PM – 1.15 PM	Lunch	
	1.15 PM- 2.15PM	Higher education in Ayurveda, opportunities, entrepreneurship	Dr. Shital Patil ADAMC, Ashta







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Website : [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

Date:

**Feed Back Form: Transitional Curriculum**

Provide a rating for each statement below by placing tick mark in corresponding box,

Student name	GUEST LECTURER	TOPIC
Sakshi Dipak Khatke	Dr. Archana Vadkar	Gender Sensitization

	VERY POOR	POOR	FAIR	GOOD	VERY GOOD
Level of effort you put into the course				✓	
Your level of knowledge at the start of the course				✓	
Level of knowledge at the end of the course				✓	

	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I understood the objectives of the course.					✓
The length of the course was sufficient to cover content.				✓	
The course provided me with new information.					✓





	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
The instructor was sufficiently prepared.					✓
The instructor was organized.					✓
The instructor communicated clearly.					✓
The instructor was effective.				✓	
The instructor was sufficiently available.				✓	
Overall quality of the course				✓	

**ADDITIONAL COMMENTS:**

good



Signature





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NAAC Accredited ISO Certified 9001-2015,14001-2015

## EVENT / ACTIVITY REPORT

Date -29/04/2022

### Title of Activity: Guest lecture on the Topic- 'Team Building Activities'

**Date** : 29/04/22  
**Duration** : 1 Hour  
**Venue** : First Year Classroom, ADAMC, Ashta  
**Guest Speaker** : Dr Varsha Khot. ADAMC Ashta. ( BAMS MD)

#### Objectives of Event/Activity:-

- To introduce participants to the concept of team building.
- To equip participants with practical strategies to build strong and cohesive teams that can achieve common goals effectively.

**Introduction:-** The lecture began with a warm welcome to all participants and an overview of the importance of team building in organizational success. The speaker emphasized the significance of effective teamwork and the benefits of fostering positive team dynamics.

#### Report/ Description:-

Participants were engaged in icebreaker activities to promote interaction and create a comfortable and inclusive environment. Activities aimed at building stronger relationships among team members were presented. Various activities focused on enhancing communication and collaboration skills were conducted. After each activity, participants were given time for reflection and discussion.

#### Outcome and Impact:

The guest lecture on team building activities was successful in achieving its objectives. Participants gained a deeper understanding of the importance of teamwork, collaboration, and effective communication in achieving organizational goals. Overall, the guest lecture received positive feedback from participants.



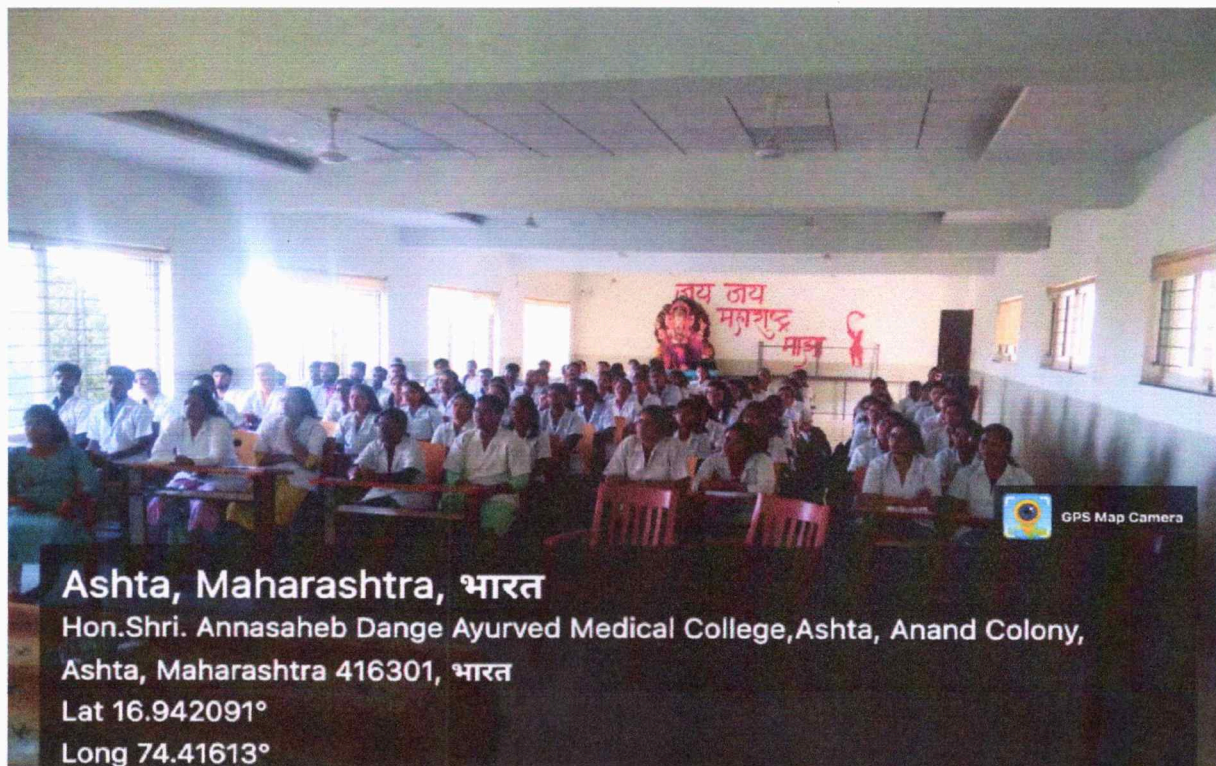
Principal

ADAMC, Ashta

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





**Ashta, Maharashtra, भारत**

Hon.Shri. Annasaheb Dange Ayurved Medical College,Ashta, Anand Colony,

Ashta, Maharashtra 416301, भारत

Lat 16.942091°

Long 74.41613°

**STUDENTS ATTENDING CLASS**



**STUDENTS DOING GROUP ACTIVITY TOGETHER 29/04/2022**







Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

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Website :www.adamcashta.com E-mail : ashta.adamc@gmail.com

Ref.No.ADAMC/4/72022

Date: 26/04/22

To,  
**Dr. Varsha Khot (B.A.M.S,MD)**  
**A.D.A.M.C.,**  
**Ashta.**

**Subject: Invitation for guest lecture**

Respected Madam,

We take immense pleasure in having you as a guest lecturer for the Transitional Curriculum of prescribed by NCISM on 29/04/2022 at 2.00pm 3.00pm in First year classroom of A.D.A.M.C.,Ashta.

The theme/subject of the lecture is ***Team Building I and II***

Please consider this letter as a humble invitation and kindly revert back with a positive response. It would be deeply appreciated.

Yours Thankfully,



  
Principal

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



Sant Dnyaneshwar Shikshan Sanstha's  
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Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

Ref.No.ADAMC/443/2022

Date:- 29/04/2022

To,

**Dr. Varsha Khot (B.A.M.S,MD)**  
**A.D.A.M.C.,**  
**Ashta**

**Sub.:- About appreciation**

Respected Madam,

With reference to the subject mentioned above, we would like to convey you thanking you for delivering Guest Lectures on **Building I and II** for first year BAMS under the transitional curriculum, prescribed by NCISM, New Delhi. Dated 29/04/2022 at our institute.

The event was well attended and as guest speaker on the day you played a significant role in the success of the event with your valuable time giving motivational lecture.

Thank you again for you contribution to the function. I looking forward to working with you in the future to ensure about the information of your topic

Yours sincerely



  
Principal

PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



Guest Speaker :- Dr. Varsha Khot,  
Dr. Ashwini Khot

Date:- 29/04/22  
29/04/22

Time :- 2-3 Lectur  
3-4 GA

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	NARWADE ANIKET BHARAO	<del>Narwade</del>	51	Ankita Sachin Shendge	<del>Shendge</del>
2	Malvi Deepak Ganesh	<del>Deepak</del>	52	Devika Balasa Dawale	<del>Dawale</del>
3	Maswade Tasham Sanu	<del>Maswade</del>	53	Neha Dnyanoba Sabale	<del>Sabale</del>
4	Dongare Shankar Sripin Dongare	<del>Dongare</del>	54	Mayuri Sunil Khilati	<del>Khilati</del>
5	RUSHIKESH G. SHINDE	<del>Rushikesh</del>	55	sakshi Vikram Ghorpade	<del>Ghorpade</del>
6	Dhavle Nishal B.	<del>Dhavle</del>	56	sakshi Shataad Nergve	<del>Nergve</del>
7	Kale Saurabh Girprade	<del>Kale</del>	57	Pranali Hiranman Patil	<del>Patil</del>
8	Joshi Ritesh Eknath	<del>Joshi</del>	58	Robini Sanjay Patil	<del>Patil</del>
9	shinde Nikhil Jalindar	<del>Shinde</del>	59	Mrudula Abasa Ghopate	<del>Ghopate</del>
10	Ahiwade Anjan Prajan	<del>Anjan</del>	60	Saykar Nikita Ganesh	<del>Nikita</del>
11	Khade Shrikant Pravin Khade	<del>Khade</del>	61		
12	Kunal Rajsing Kale	<del>Khale</del>	62		
13	Samudre Tefas. R.	<del>Samudre</del>	63		
14	Pinjari praful shivaji	<del>Pinjari</del>	64		
15	Digvijay Surendra Raut	<del>Digvijay</del>	65		
1	Kavish Dilip Dausane	<del>Kavish</del>	66		
17	Prasad Vikas Tivate	<del>Prasad</del>	67		
18	Shriharsh Baburao Khade	<del>Shriharsh</del>	68		
19	Abhishek Narasimhan Jadhav	<del>Abhishek</del>	69		
20	SURYASH. R. KAPUR	<del>Suryash</del>	70		
21	Ratnakar Rajuwar	<del>Ratnakar</del>	71		
22	Omkar Ashok Kamble	<del>Omkar</del>	72		
23	Yash Ravindra Mohite	<del>Yash</del>	73		
24	Dhananjay A. Tawar	<del>Dhananjay</del>	74		
25	Sachin Ramesh Sapure	<del>Sachin</del>	75		
26	Solanke Prabeel	<del>Solanke</del>	76		
27	Omkar Surenkar	<del>Omkar</del>	77		
28	Rutvik T. Sombhe	<del>Rutvik</del>	78		
29	Sandhya Bhagawan Patil	<del>Sandhya</del>	79		
30	Shubhangi Rajendra Zambare	<del>Shubhangi</del>	80		
31	Aditi Santosh Kirdat	<del>Aditi</del>	81		
32	Anisha Sopan Rukme	<del>Anisha</del>	82		
33	Aaryo Prashant Jangam	<del>Aaryo</del>	83		
34	Sakshi Sugriv Chogare	<del>Sakshi</del>	84		
35	Anadi sanjay Gopad	<del>Anadi</del>	85		
36	Pranjal Nitin Patil	<del>Pranjal</del>	86		
37	Kamble Apurva Anant	<del>Kamble</del>	87		
38	Sakshi Dipak Khatke	<del>Sakshi</del>	88		
39	Harechada Ramchandra Keshi	<del>Harechada</del>	89		
40	Vaishnavi Mahadev Karmakar	<del>Vaishnavi</del>	90		
41	Deepika Virek Karaware	<del>Deepika</del>	91		
42	Siddhi Manoj Dorge	<del>Siddhi</del>	92		
43	Aditi Jambhraj Shelake	<del>Aditi</del>	93		
44	Rutuja Annasheeb Trigune	<del>Rutuja</del>	94		
45	Rukayyarivay Mujakar	<del>Rukayyarivay</del>	95		
46	Mohini prabakar Mahore	<del>Mohini</del>	96		
47	Anushka Dhondiram Patil	<del>Anushka</del>	97		
48	Namrata Rajshethkar Gaikwad	<del>Namrata</del>	98		
49	Aditi Yuvraj Bhosale	<del>Aditi</del>	99		
50	Vaishnavi Santosh Jadhav	<del>Vaishnavi</del>	100		

Dr. V. S. Khot

Dr. A. A. Khot







Sant Dnyaneshwar Shikshan Sanstha's  
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Date:

**Feed Back Form: Transitional Curriculum**

Provide a rating for each statement below by placing tick mark in corresponding box,

<u>Student name</u>	<u>GUEST LECTURER</u>	<u>TOPIC</u>
Aarya Prashant Jangam	Dr. Varsha khot Dr. Ashwini khot	Team Building

	VERY POOR	POOR	FAIR	GOOD	VERY GOOD
Level of effort you put into the course				✓	
Your level of knowledge at the start of the course				✓	
Level of knowledge at the end of the course					✓

	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
I understood the objectives of the course.					✓
The length of the course was sufficient to cover content.					✓
The course provided me with new information.					✓





	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
The instructor was sufficiently prepared.				✓	
The instructor was organized.					✓
The instructor communicated clearly.					✓
The instructor was effective.					✓
The instructor was sufficiently available.					✓
Overall quality of the course					✓

**ADDITIONAL COMMENTS:**



Signature



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---

**NAME OF DEPARTMENT:- NSS**

**YEAR:- 2021-22**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- "Awareness- Cyber Crime"

Organized by the Department – NSS (ADAMC,Ashta)

Date:- 04/05/2022

Time- 2.30 – 3.30 pm

Venue:- Auditorium, ADAMC, Ashta

**Subject:** Conducting awareness program regarding Cyber Crime

Objectives of event / activity:-

- To promote awareness regarding Cyber crime
- To know about cyber crime
- To provoke all students regarding cyber crime commission and various activities targeted.
- Importance to know it in today's digital era.

---

Event / Activity report:-

**Description:-**

Guest lecturer-

1. Dr. Anant Krishnaji Mujumdar





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At the beginning general introduction of Cyber crime were explained by Dr. Ranjeet Rupnar. The introduction of guest speaker were given by NSS volunteer. During the lecture Dr. Mujumdar sir addressed, crime that is committed by using computer and internet network is a cyber crime. Most cyber crimes are fraud and financial crimes, cyber terrorism, cyber extortion, false flagging, phishing etc.

Sir given introduction of it, history of cyber crime, its categories, impact of it in society, cyber securities, laws related to it and prevention of such cyber crimes. Sir proposed cyber crimes can bring down a person, an institution or even a whole nation with the breach of privacy.

Sir concluded lecture saying, education and awareness are the initial steps taken to prevent cybercrimes from taking place.

The lecture were so informative and students able to understand day to day life cyber crimes which can be happen and its preventional measures.

**List of document attached:**

- 1) Permission letter
- 2) Notice
- 3) Student Attendance list
- 4) Event Photos

**PRINCIPAL**

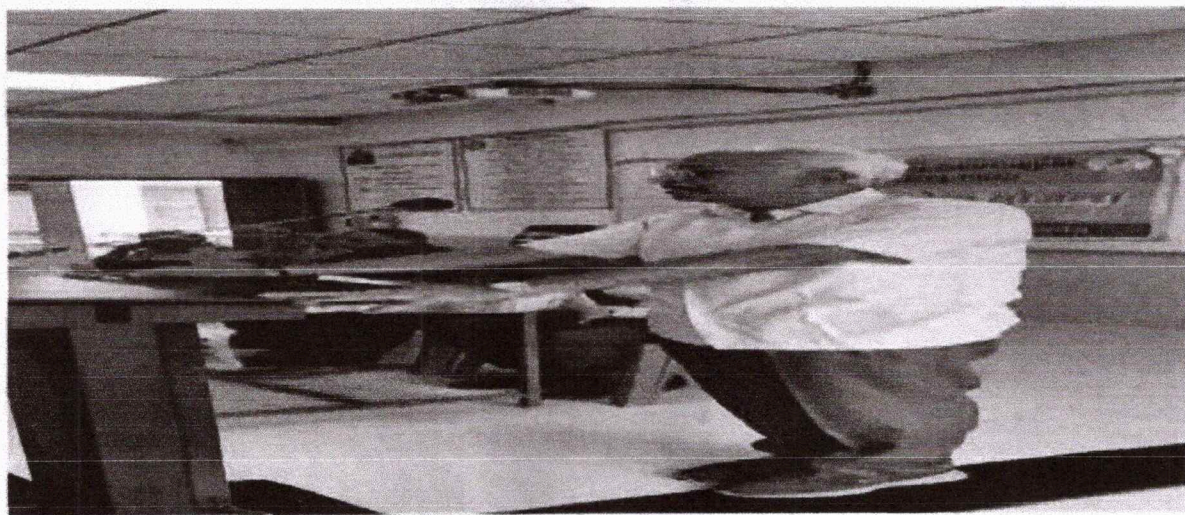
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### Guest Lecture on "Cyber Crime awareness"





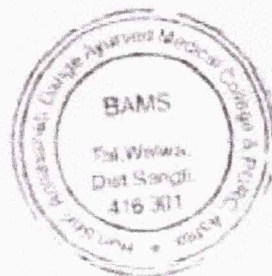
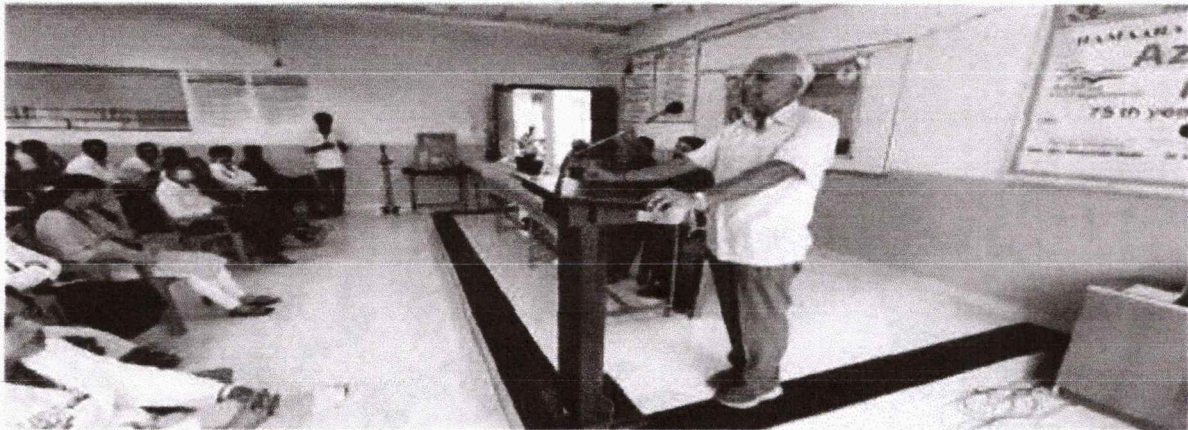


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Website : www.adamcasha.com E-mail : ashta.adamc@gmail.com

STUDENT ATTENDANCE REPORT

4th Year  
 Cyber Game

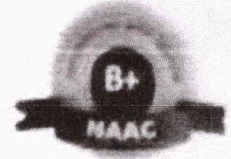
Sr. No.	Name of Student	Sign	Sr. No.	Name of Student	Sign
1	Awale Kenuka Rama	A	51	Mane Sumit Nitin	P
2	Awashi Satyam R	A	52	Mangire Sourabh Vishnu	P
3	Badgire Ivoja Mahadev	P	53	Metkar Sindhu B	P
4	Bagal Kanchan Kusumwao	P	54	Mhetar Vrushali Vinay	P
5	Bagul Vrushali Y	P	55	Mingche Sumrudhni D	P
6	Barbade Sumanta Shivkar	P	56	Mohite Harshada Shahaji	P
7	Behere Vinayak Pandurang	P	57	More Shrutu Dattatray	P
8	Bhosale Vishal Ganpat	A	58	Nagargoje Anant Dagadu	P
9	Bhosale Manohar Sunil	P	59	Nandarat Nita Rupchand	P
10	Bhosale Payal Rajkumar	P	60	Omnac Shobham R	P
11	Bondar Shiveta Baburao	P	61	Parbat Onkar Rajkumar	P
12	Chavan Asvini Balkrishna	P	62	Patel Sonam Arun	P
13	Chavan Nikhil Bharat	P	63	Patil Akshata Pradiprao	P
14	Choudhari Sanket Ramdas	A	64	Patil Dakshayani Mahesh	P
15	Dabhade Deshraj Anant	P	65	Patil Poojita Kishorprao	P
16	Dhanase Bhargavi Balu	P	66	Patil Sanjana Balkrishna	P
17	Dhobe Pratapa Khandu	P	67	Patole Ramesh Narayan	P
18	Digole Sushma Arjun	P	68	Pawar Anol Parasram	P
19	Gambhare Rohini Balasaheb	P	69	Pawar Ankita Prataprao	P
20	Geykwad Prachi Tejambak	P	70	Pawar Mayuri Mahesh	P
21	Ghadage Shrish Raju	P	71	Pat Alisha Uthas	P
22	Ghadake Anuraj Narasa	P	72	Rakh Akhaya Ginkul	P
23	Giri Ankita Mohan	P	73	Ranaje Vaishnavi Laxman	P
24	Gosavi Maichali Vijay	P	74	Rasal Rutuja Rahul	P
25	Gurav Anuraj Vilas	P	75	Rasikwar Sujata Suresh	P
26	Hipparkar Amruta Dilip	P	76	Raut Sagar Savanta	P
27	Hirunakhe Abhishek S	A	77	Rengade Supriya Madhavrao	P
28	Ingle Prati Nagantoli	P	78	Saive Praywal Mohan	P
29	Jadhav Ankita D	P	79	Sangotkar Vasudhavi S	P
30	Jadhav Nikita Dilip	P	80	Sangrampalle Aarti V	P
31	Jadhav Pratikta Anant	P	81	Sayed Fiza Rajmahamad	P
32	Jadhav Swati Babasaheb	P	82	Shaikh Esmannara Raja	P
33	Jadhav Vishal Satish	P	83	Shaikh Junaid Shaikh H	P
34	Jagtap Gautami Dipak	P	84	Shaikh Sanobar Miraj	P
35	Jagtap Vishal Baban	P	85	Shetkonde Pavan N	P
36	Jagtap Vishal Mahadev	P	86	Shetke Sushant R	A
37	Jarande Siddhi Urutan	A	87	Shete Harshada Jagannath	P
38	Janne Anol Shivraj	P	88	Shinde Anuja Prabhakar	P
39	Kadarkar Akanksha B	P	89	Shinde Shivani Kiran	P
40	Kale Sochal Jagbhava	P	90	Shirke Dnyaneshwari S	P
41	Khandare Mayuri S	P	91	Suryawanshi Vivek S	P
42	Kharbad Swapnil R	A	92	Sutar Pratikta Satish	P
43	Khaske Nitish Harish	A	93	Swami Vasavi Anant	P
44	Khande Pratikta Bhagwan	P	94	Vitkar Amit Kaśidas	A
45	Kartane Nikita Vinayak	P	95	Wable Pavan Pandurang	P
46	Kopnarkar Sushilkumar S	P	96	Waghmode Pratik S	A
47	Kotkar Shivkanya R	P	97	Ware Shreya Dattatray	P
48	Kumbhar Rudhikesh U	P	98	Zinzarrao Manasi H	P
49	Kumar Yashu Lahu	P			
50	Mandlik Ashwini Nikhadev	P			







Sant Dnyaneshwar Education Sanstha's  
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 & Post Graduate Research Center Ashta.  
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 Website : www.adamicashta.com E-mail : ashita.adams@gmail.com  
 NAAC Accredited ISO Certified 9001-2015, 14000-2015



3<sup>rd</sup> YEAR

cyber crime

DEPARTMENT OF BALROG.

Sr. No.	Name of Student	Attendance	Sr. No.	Name of Student	Attendance
1	Admane Sanket Sanjay	A	34	Ingale Kajal Magan	P
2	Bangar Samiksha Babar	A	35	Ingale Shweta Tukaram	A
3	Bansode Snehal Rajkumar	P	36	Jadhav Pranav Rajendra	P
4	Bharati Prayesh Sanjay	P	37	Jogdand Tejswini Sudhir	P
5	Bhosale Varshnavi Ramesh	P	38	Kale Rupam Daular	P
6	Bhosale Anjali Prakash	A	39	Karthe Srushti Sunil	P
7	Bhosale Kaushalva Suryakant	P	40	Kedar Prajakta Soodagar	P
8	Bhujbal Varshnavi Anil	P	41	Khadse Gayatri Jayant	P
9	Bhusar Kajal Dattatray	P	42	Khapare Rudresh Mahesh	P
10	Bodhe Sarvesh Ganesh	A	43	Kore Karanabh Amrutkaran	P
11	Chavan Sharad Bharat	P	44	Kumbhar Garja Sunil	A
12	Chavan Vidya Ravindra	P	45	Kumbhar Preeti Ramesh	P
13	Chopade Rohit Dhimrao	P	46	Lohikare Reshmi Vithal	P
14	Chougale Pratik Pandurang	A	47	Londhe Snehal Harimant	P
15	Dadge Anur Govind	A	48	Mali Pradya Balasahab	P
16	Dangale Pradheep Prakash	P	49	Mali Sharada Babasaheb	P
17	Dandawate Pradnya Suresh	P	50	Mali Trupti Chhatragan	P
18	Dandavate Srushti Suresh	P	51	Marathe Anshwarya Ravindra	P
19	Devkate Akshay Dhimrao	P	52	Martre Fatima Mohammed Yaseen	P
20	Dhawale Anurag Vishwagant	P	53	Maske Ketaki Hapasahab	P
21	Dhokade Pritee Sharad	P	54	Misal Parikaj Pandit	P
22	Dive Mangesh Dnyaneshwar	P	55	Mulik Parshaj Vinant	P
23	Dodade Sushama Dhantaji	P	56	Nale Siddhi Jaykumar	P
24	Dodwad Ashwarya Bagu	P	57	Narkhedkar Karanabh C	P
25	Dodwad Jyeshthi Kishorirao	P	58	Osari Manasi Umeshchandra	P
26	Dodwad Pranita Parmeshwar	A	59	Padavalkar Aniket Sachdev	P
27	Dodwad Santosh Umesh	P	60	Padwale Shital Jayram	P
28	Dodwad Anagha Sanjay	P	61	Paschal Talaji Eknathrao	P
29	Dobalkar Pooja Tanuj	P	62	Patil Akanksha Atul	P
30	Dopra Vibran Ramesh	P	63	Patil Harshada Shantaram	P
31	Dopre Dhyanesh Jayadrath	P	64	Patil Pratibha Shubho	P
32	Dusale Aniket Karan	P	65	Patil Priyanka Mulikarjan	P
33	Duskar Shradha Girvan	P	66	Patil Sakshi Tanuj	P







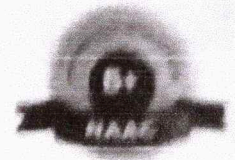
Shri Anasahib Dange Ayurved Medical College  
 & Post Graduate Research Center Ashra

A/P Ashra, Tal. : Wafwa, Dist (Sargol) - 416 301

Website - www.anasahibdange.com E-mail - ashra@anahibdange.com

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ISO Certified 9001:2015, 14001:2015



Sr No.	Name of Student	Attendance
67	Patil Sampurnanand Dhananjay	P
68	Patil Sushal Chandrakant	P
69	Pawar Shivaksha Shriharan	P
70	Pemabhai Shafiqul Akmal	P
71	Rathod Manisha Datta	P
72	Raut Shubham Kailas	P
73	Redge Ashwin Keshav	P
74	Rupnar Ankita Jagan	P
75	Sabale Harshada Sakhibhau	P
76	Sadakar Anurag Kishor	P
77	Sargam Anshwarya Arjun	P
78	Sastale Krishna Shreechandr	P
79	Sawakoti Shrikant Sambhaji	P
80	Shankh Chaitan S Madhav Chaitan	P
81	Shankh Sahal Ishwari	P
82	Shankh Yashraj Anant	P
83	Shinde Anshwarya Harishchandra	P
84	Shinde Meghna Puran	P
85	Shingare Pratibha Dattatray	P
86	Shiradar Pradyumn Suresh	P
87	Singam Sushil Vijaykumar	P
88	Sontakke Chaitan Ramchandra	P
89	Sorwar Anuraj Harish	P
90	Tambre Manoj Shyamchandra	P
91	Tambre Muskan Rajendra	P
92	Tare Anurag Jaganmohan	P
93	Tharaker Sahana Suresh	P
94	Thori Mayur Mahadev	P
95	Tonke Pratik Anilkumar	P
96	Waghmare Anshwarya Shrihari	P
97	Yampale Akshaykumar Baburao	P
98	Yelgale Santosh Parshuram	P
99	Yerawar Akshay Kishor	P
100	Zavare Yashraj Suresh	P







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E-mail : ashta.adamc@gmail.com

---

**NAME OF DEPARTMENT:- NSS**

**YEAR:- 2021-22**

---

**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- Women Empowerment

Organized by the Department – NSS (ADAMC,Ashta)

Date:-08/03/2022 Time:- 10:30am-.11.30am Duration:-One hour

Venue:-Sport Complex, SDSS, Ashta

**Subject:** Regarding Women Empowerment on International Women's Day

Objectives of event / activity:-

- To Create Awareness about Women Empowerment.
- 

Event / Activity report:-

**Description:-**

Name of Instructors–

1. Dr. Ranjeet B. Rupnar

(NSS coordinator & Assistant Professor, Dept. of Kaumarbhritya)

List of the teachers / Students/ Instructors are attached with the report.

At the beginning of awareness program “Need of Women Empowerment in todays era” as well as importance of it in society were given by Mr. Sougandh Thorat Assistant Prof. ADAMC, Ashta. On the occasion of International women's Day,





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inspirational and interactive speech on Women rights, Domestic Violence, Womens issues and need of training for their self defence were effectively delivered by the students named Manasi Otari, Manasi Zunjarrao, Ankita Pawar and Aishwarya shinde Following this program students from 3<sup>rd</sup> year played a very enthusiastic Street play where these students expresses their feelings and delivered message on “Need Of Women Empowerment” to the society in premises of ADAMC. At the end of the program Mr. Sougandh Thorat have given vote of thanks to all the participants, students and faculties.

**Outcome of event:** International Womens Day celebrates the fact that women around the world are united has been fighting to create an equal platform for all irrespective of gender discrimination. We have to respect women, not because of the gender, but for their own identity. We have to accept that both men and women contribute equally to the betterment of the home and society. Moreover, They should strictly learn the self defence for herself and for society too.





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**Faculty Present-**

1. Dr. Ranjeet B. Rupnar

(NSS coordinator & Assistant Professor, Dept. of Kaumarbhritya)

2. Mr. Saugandha Thorat

( Asst. Prof. Dept. of Samhita )

3) Dr. Amruta Jagdale

(Asst. Prof. Dept. Of Dravyaguna)

**List of documents attached**

Photos attached with report



PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



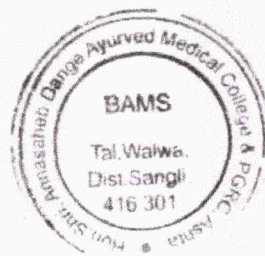
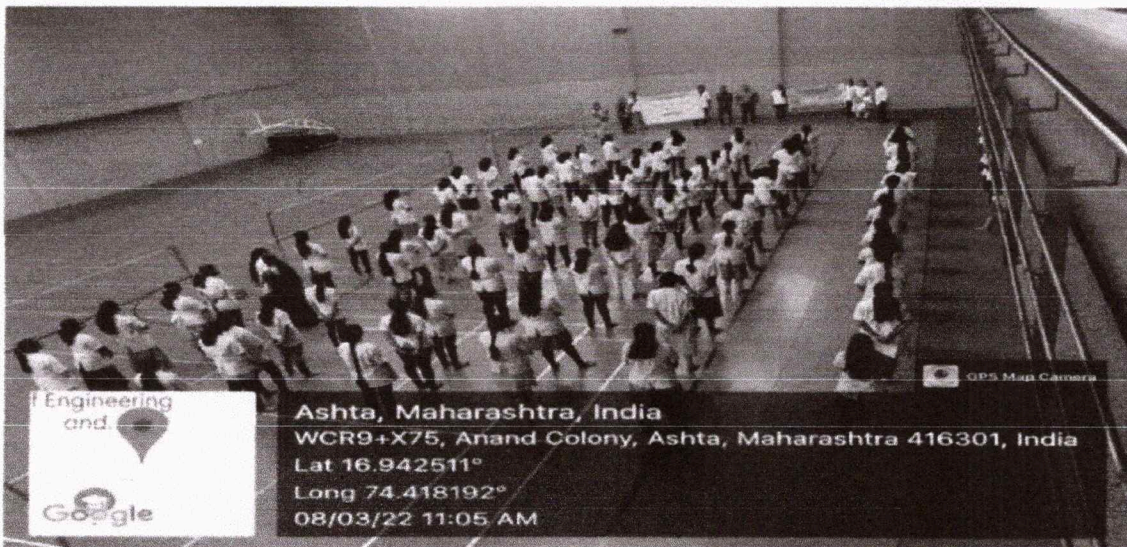


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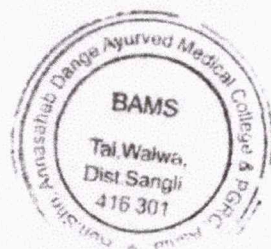
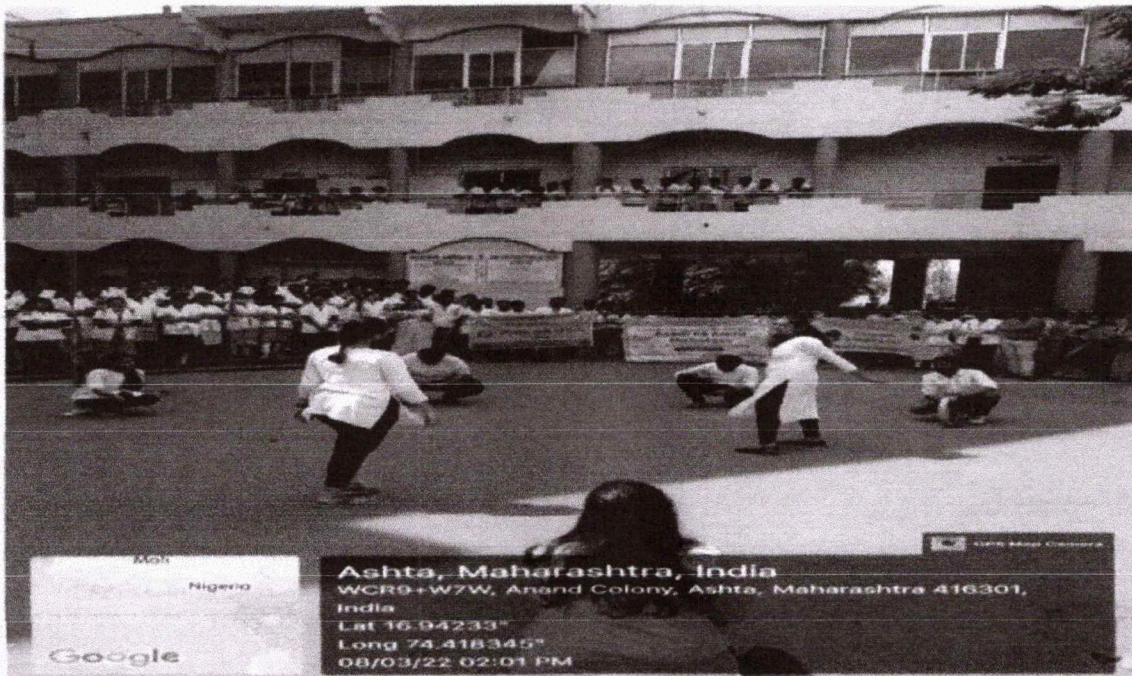
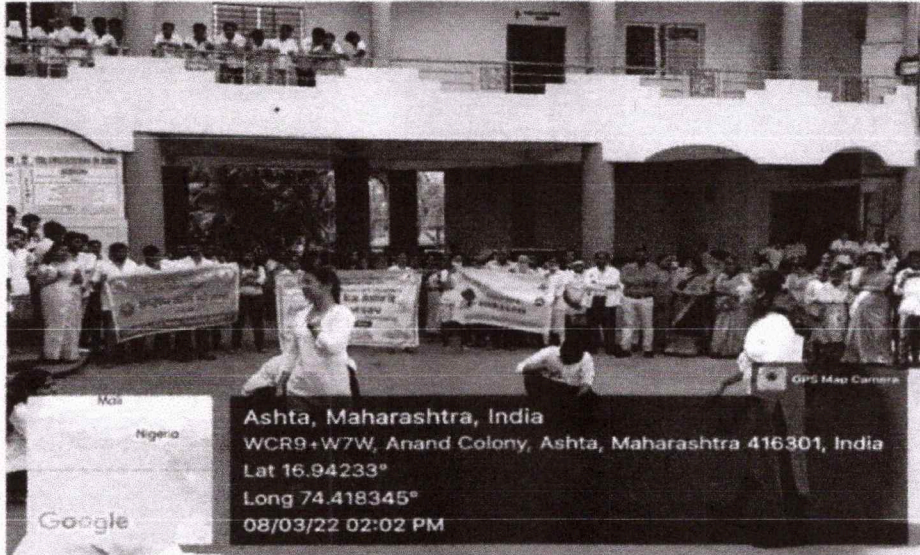


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E-mail : ashta.adamc@gmail.com

STUDENT ATTENDANCE REPORT

4th Year

Date-

Women Empowerment

Sr. No.	Name of Student	Sign	Sr. No.	Name of Student	Sign
1	Awale Renuka Rama	P	51	Mane Sumit Nitin	
2	Awasthi Satyam R		52	Mangire Sourabh Vihang	
3	Badgire Pooja Mahadev	P	53	Metkar Smdhu B.	P
4	Bagal Kanchan Rastumrao	P	54	Mhetar Vrushali Vinay	P
5	Bagul Vrushali Y	P	55	Minache Samruddhi D	P
6	Barbade Susmita Shrikar	P	56	Mohite Harshada Shahaji	P
7	Behere Vinayak Pandurang		57	More Shruti Dattatray	P
8	Bhojagde Vishal Ganpat		58	Nagargoje Anant Dagadu	
9	Bhosale Maithili Sunil	P	59	Nandarale Nita Rupchand	A
10	Bhosale Payal Rajkumar	P	60	Omase Shubham R	
11	Bondar Shweta Babanrao	P	61	Parbat Onkar Rajkumar	on leave
12	Chavan Asavari Balkrishna	A	62	Patel Simran Amin	P
13	Chavan Nikhil Bharat		63	Patil Akshata Panditrao	P
14	Choudhari Sanket Ramdas		64	Patil Dakshayani Mahesh	P
15	Dabhade Deshraj Anand		65	Patil Poonam Kishanrao	P
16	Dhamje Bhargavi Balu		66	Patil Sanjana Balkrushna	P
17	Dhore Pranita Khandu	P	67	Patole Ramesh Narayan	
18	Digole Sushma Arjun	P	68	Pawar Amol Parasram	
19	Gambhire Rohini Balasaheb	P	69	Pawar Ankita Prataprao	A - pawar
20	Gaykwad Prachi Tryambak	P	70	Pawar Mayuri Mahesh	
21	Ghadage Shirish Raju	P	71	Peel Alisha Ulhas	P
22	Chodake Mrunal Maruti	P	72	Rakh Akshay Gokul	
23	Giri Ankita Mohan	P	73	Ranage Vaishnavi Laxman	on leave
24	Gosavi Maithili Vijay	P	74	Rasal Rutuja Rahul	P
25	Gurav Amruta Vilas	Amruta	75	Raulwar Sujata Suresh	P
26	Hippatkar Amruta Dilip	P	76	Raut Sagar Savanta	P
27	Hinnukhe Abhishek S		77	Rengade Supriya Madhavrao	P
28	Ingale Priti Naganath	P	78	Salve Prajwal Mohan	
29	Jadhav Ankita D	P	79	Sangoikar Vaishnavi S	P
30	Jadhav Nikita Dilip	P	80	Sangrampatle Aarti V	P
31	Jadhav Prajakta Anant	P	81	Sayyed Fiza Rajmahamad	P
32	Jadhav Swati Babasaheb	P	82	Shaikh Easminara Raja	A
33	Jadhav Vishal Satish		83	Shaikh Junaid Shaikh H	
34	Jagtap Gautami Dipak	P	84	Shaikh Sanobar Miraj	
35	Jagtap Vishal Baban		85	Shelkande Pavan N.	
36	Jagtap Vishal Mahadev		86	Sheike Sushant R	
37	Jarande Siddhi Uttam	P	87	Shete Harshada Jagannath	P
38	Junne Amol Shivraj		88	Shinde Anuja Prabhakar	P
39	Kadarkar Akanksha B	P	89	Shinde Shivani Kiran	P
40	Kale Snehal Jijabhau	P	90	Shirke Dnyaneshwari S	P
41	Khandare Mayuri S	A	91	Suryawanshi Vivek S.	
42	Kharbad Swapnil R		92	Sutar Prajakta Satish	P
43	Khavle Nitish Harish		93	Swant Vasavi Anand	P
44	Khurd Prajakta Bhagwan	P	94	Vitkar Amit Kalidas	P
45	Kirtane Nikita Vinayak		95	Wable Pavan Pandurang	
46	Kopratkar Sushilkumar S		96	Waghmode Pratik S	
47	Kotkar Shivkanya R	P	97	Ware Shreya Dattatray	P
48	Kumbhar Rushikesh U		98	Zamzarrao Manasi H	P
49	Kute Vidya Lahu	P			
50	Mandlik Ashwini Sukhdev	P			







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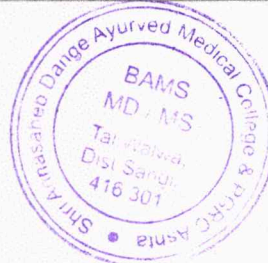


3<sup>rd</sup> YEAR

WOMEN WEMPORHENG

DEPARTMENT OF BALROG

Sr. No.	Name of Student	Attendance	Sr. No.	Name of Student	Attendance
1	Adamane Sanket Sanjay		34	Ingale Kajal Magan	P
2	Bangar Samiksha Baban	P	35	Ingle Shweta Tukaram	P
3	Bansode Snehal Rajkumar	P	36	Jadhav Pranav Rajendra	
4	Bharati Piyush Sanjay		37	Jogdand Tejaswini Sudhir	P
5	Bhisade Vaishnavi Ramesh	P	38	Kale Rupam Daulat	P
6	Bhosale Anjali Prakash	P	39	Karche Srushti Sunil	P
7	Bhosale Kaushalya Suryakant	P	40	Kedar Prajakta Soudagar	P
8	Bhujbal Vaishnavi Anil	P	41	Khadse Gayatri Jayant	P
9	Bhusnar Kajal Dattatray	P	42	Khapare Rudresh Mahesh	
10	Bodhe Sarvesh Ganesh		43	Kore Kaustubh Amrutkiran	
11	Chavan Sharad Bharat		44	Kumbhar Girija Sunil	P
12	Chavan Vidya Ravindra	P	45	Kumbhar Preeti Ramesh	P
13	Chopade Rohit Bhimrao		46	Lohakare Roshani Vitthal	P
14	Chougule Pranav Pandurang		47	Londhe Snehal Hanamant	P
15	Dadge Amit Govind		48	Mali Pradnya Balasaheb	P
16	Daingade Pradeep Prakash		49	Mali Sharayu Babasaheb	P
17	Dandawate Pradnya Suresh		50	Mali Trupti Chhatragun	P
18	Deshmukh Srushti Suhas	P	51	Marathe Aishwarya Ravindra	P
19	Devkate Akshay Bhimrao		52	Mariya Fatema Mohammed Yaseen	P
20	Dhawale Gaurav Vishnupanth		53	Maske Ketaki Bapasaheb	P
21	Dhongade Pritee Sharad	P	54	Misal Pankaj Pandit	
22	Dive Mangesh Dnyaneshwar		55	Mulik Pankaj Vasant	P
23	Gadade Sushama Dhanaji	P	56	Nale Siddhi Jaykumar	
24	Gaikwad Aishwarya Babu	P	57	Narkhedkar Koustubh C	P
25	Gaikwad Jayshri Kishanrao	P	58	Otari Manasi Umeshchandra	
26	Gaikwad Pranita Parmeshwar	P	59	Padavalkar Aniket Sadashiv	
27	Gavad Sanket Umesh		60	Padwale Shital Jayram	P
28	Gavhane Anagha Sanjay	P	61	Panchal Balaji Eknathrao	
29	Ghutukade Pawan Tanaji		62	Patil Akanksha Atul	P
30	Gupta Shruti Ramesh	P	63	Patil Harshada Shantaram	P
31	Hajare Dhanashri Jayashing	P	64	Patil Pranoti Shahaji	P
32	Hiwale Ankush Kailas		65	Patil Priyanka Mallikarjun	P
33	Housekar Shraddha Shivaji	P	66	Patil Sakshi Tanaji	P







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Sr. No.	Name of Student	Attendance		
67	Patil Sangramsinh Dhananjay			
68	Patil Snehal Chandrakant	P		
69	Pawar Shrilekha Shrikant	P		
70	Pendhari Shahin Altaf	P		
71	Rathod Manisha Datta	P		
72	Raut Shubham Kailas			
73	Rodge Ashwini Keshav	P		
74	Rupnur Ankita Tanaji	P		
75	Sabale Harshada Sukhdev	P		
76	Sadekar Amruta Khandu	P		
77	Sargar Aishwarya Appaso	P		
78	Sartale Krishna Shivchand			
79	Satavekar Shukrani Sudhakar	P		
80	Shaikh Gulam A Madni Irfan			
81	Shaikh Sahil Jahangir			
82	Shelke Yogesh Anandrao			
83	Shinde Aishwarya Ravindra	P		
84	Shinde Meghana Kiran	P		
85	Shingote Purushottom Dnyaneshwar			
86	Shivtare Pradyumna Santosh	P		
87	Sonner Sneha Vijaykumar	P		
88	Sontakke Gouravi Ramvilas	P		
89	Surwase Aarti Ramesh	P		
90	Tambe Mrudula Shyamsundar	P		
91	Tamboli Muskan Rahim	P		
92	Tare Avinash Janardhan			
93	Thanekar Saloni Suresh	P		
94	Thorat Mayur Mahadev			
95	Tomke Prajakta Anilkumar	P		
96	Wagadkar Aishwarya Shivaji	P		
97	Yampale Akshaykumar Baburao			
98	Yelpale Santosh Pandurang			
99	Yerawar Akshay Krishna			
100	Zavare Vinayak Savkar			







**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL  
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM  
STIROGA**

**WOMEN'S DAY HEALTH CAMP ACTIVITY REPORT**

**IN THE CELEBRATION OF  
INTERNATIONAL WOMEN DAY 2022**

**8<sup>th</sup> March 2022**





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## Event Activity Report

**Name Of Department : Prasutitantra Evum Striroga**

**Date : 8<sup>th</sup> March 2022**

**Title of Event / Activity :** Free Health Check Up And Anemia Screening Camp For College And School Students under Ritumati Abhiyan.

**Conducted By :** Dept of Prasutitantra and Striroga in association with Akhil Bharatiya Vidyarthi Parishad (ABVP) , Sangli.

**Date:** 8<sup>th</sup> March 2022

**Timings:** 11:00 am to 03:00 pm

**Venue:** Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli.

**Objectives :**

1. To screen the girl students for menstruation related disorders and anemia.
2. To provide initial care to avoid further complications related to menstruation.
3. Menstrual Health and hygiene awareness among students.







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## Report :

### Description –

- On occasion of International women day, By request of Akhil Bharatiya Vidyarthi Parishad (ABVP), Sangli, free health checkup and anemia screening camp was conducted by **Department Of Prasuti Tantra Evum Striroga, ADAMC, Ashta** under guidance of Principal **Hon. Dr. Ashok Wali Sir.**
- At Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli Health checkup was done by the team of doctors of the Prasutitantra Striroga department.
- Intern doctors of department also helped in camp.
- This camp was attended by **40 female students**. Each patient was thoroughly assessed and guided on lifestyle modification, physical exercises, etc.
- Hemoglobin tests were done to diagnose anemia.
- All the services were provided free of cost to the students.
- Dr. Rutuja Chopane guided School girls regarding Menstrual Hygiene under Riturmati Abhiyan.
- Members of Akhil Bharatiya Vidyarthi Parishad (ABVP), Sangli and Teaching staff of Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli helped during camp.
- Many dignitaries had visited and appreciated the women health camp as a noble initiative towards women health.







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**Team of Doctors for Health checkup and Screening :**

**Consultants :** 1. Dr. Dilip Katare – HOD, Striroga Prasutitantra Striroga department.  
2. Dr. Sayali Pashte – Assistant Professor, Prasutitantra Striroga department.

**PG Students :** 1. Dr. Rutuja Chopane  
2. Dr. Payal Madhvani  
3. Dr. Shubham Mali

**Intern Students :** 1. Dr. Pranita Admane.  
2. Dr. Sakshi Wakade.  
3. Dr. Ruchika Khannade.

**Services provided in the camp:**

➤ **For Female College Students-**

- Free Health Check up
- Free Hemoglobin Test
- Lecture on Menstrual Hygiene and diet.

➤ **For Female School Students -**

- Free Health Check Up.
- Free Hemoglobin Test
- Lecture on Menstrual Hygiene.

**Outcomes Of Activity :**

1. 40 female students were screened for menstrual disorders and related anemia.
2. Treatment was given accordingly and advised lifestyle modification and physical exercises.
3. All doubts of students regarding menstruation and its myths were cleared.
4. Provided menstrual Hygiene awareness amongst students.





## Team of Department Strirog Prasutitantra for health Camp.

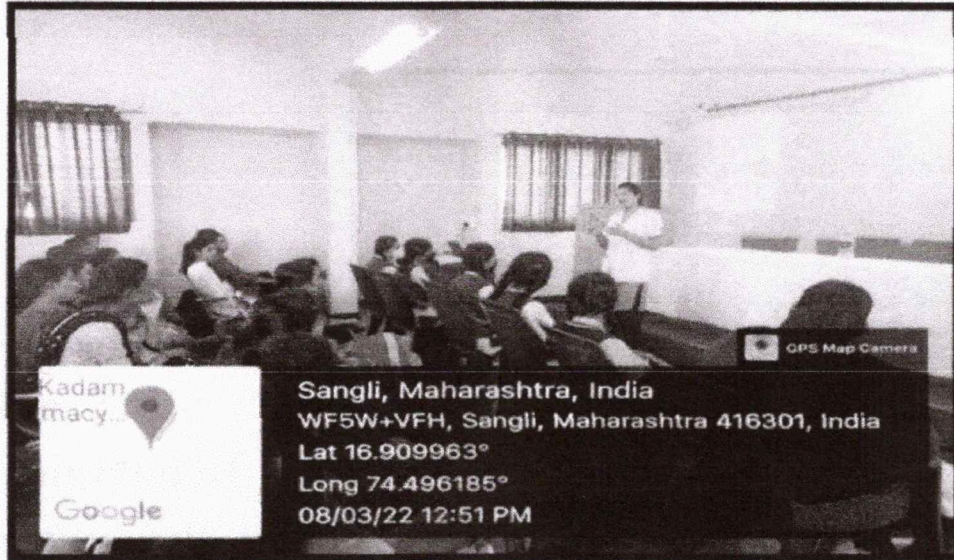
Dr. Dilip Katare Dr. Sayali Pashte. Dr. Rutuja Chopane, Dr. Payal Madhvani, Dr. Shubham Mali. Dr. Pranita Admane, Dr. Sakshi Wakade, Dr. Ruchika Khannade with member of ABVP, Sangli and faculty Of Pharmacy college.

Date: 8<sup>th</sup> March 2022

Venue: Principal cabin of Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli.







Kadam  
macy...  
Google

Sangli, Maharashtra, India  
WF5W+VFH, Sangli, Maharashtra 416301, India  
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Long 74.496185°  
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## Lecture on Menstrual Hygiene

By PG Student Dr. Rutuja Chopane for School Students.

Date: 8<sup>th</sup> March 2022

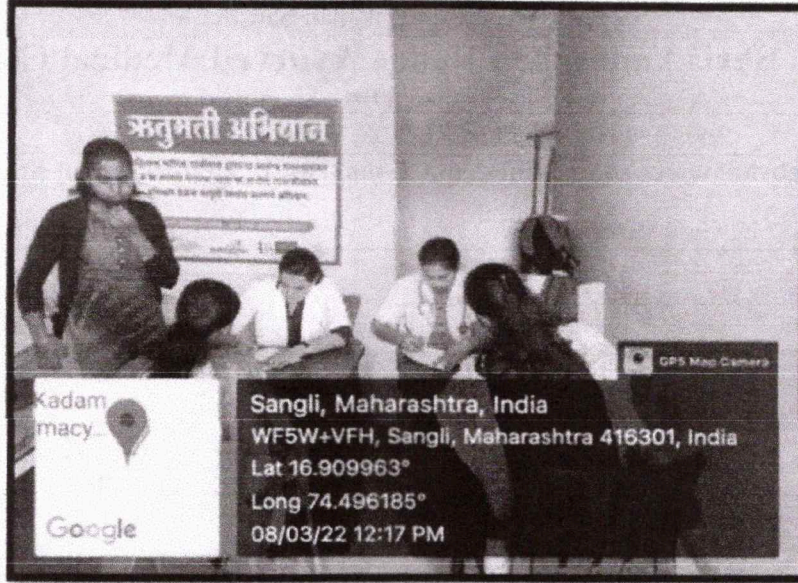
Venue: Classroom of Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli.



Sangli, Maharashtra, India  
WF5W+VFH, Sangli, Maharashtra  
Lat 16.909963°  
Long 74.496185°  
08/03/22 01:13 PM







## **Doctors during Free Health Check Up For College And School Students Under Ritumati Abhiyan.**

**Date: 8<sup>th</sup> March 2022**

**Venue: Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli.**







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**Doctors during Free Health Check Up For College And  
School Students Under Ritumati Abhiyan.**

Date: 8<sup>th</sup> March 2022

Venue: Dr. Shivajirao Kadam College of Pharmacy, Kasabe Digraj, Sangli.

*Shiv*

Lecturer

Shirog & Prasuti Dept.  
A.D.A.M.C., Ashta

*Shiv*  
FOUNDER

Prasuti Tantra Dept  
in Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta.

*Principal*  
PRINCIPAL

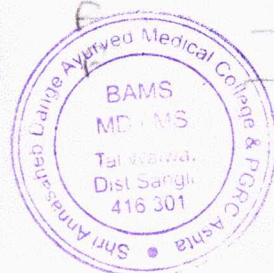
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



# Womens Day Health Camp - 8<sup>th</sup> March 2022

## Department of Prasutitanta evum striyoy

Sr. No.	Name	Age	Sex	Health checkup	Weight
1.	Akshata Pawar	21y <sup>e</sup>	F	Health checkup	11.5% gm
2.	psatiksha magelum	21y <sup>e</sup>	F		11.0% gm
3.	Aechana chaugule	36y <sup>e</sup>	F	- u -	-
4.	mohini Patil	28y <sup>e</sup>	F	- u -	11.5% gm
5.	samiksha Pinagale	20y <sup>e</sup>	F	- u -	10.5% gm
6.	sheadha kamble	23y <sup>e</sup>	F	- u -	10% gm
7.	Rajshree Pawar	20y <sup>e</sup>	F	- u -	12.20 gm
8.	Vishakha Kamble	19y <sup>e</sup>	F	- u -	12.2g gm
9.	sheeya Patil	21	F	- u -	12.2g gm
10.	Sakshi yadav	21	F	- u -	10.0% gm
11.	Payal Chavan	20	F	- u -	-
12.	Suebhi Nirmal	22	F	- u -	-
13.	Bhagyashree Shete	20	F	- u -	12 gm%
14.	Dhanashree Koli	20	F	- u -	11 gm%
15.	Aishwariya Panchate	20	F	- u -	12.5 gm%
16.	Pohini Lande	26	F	- u -	10.5 gm%
17.	Tejashree Khot	20	F	- u -	10 gm%
18.	Ashwini Salunkhe	21	F	- u -	-
19.	Anuradha Chavan	20	F	- u -	13 gm%
20.	Sidhi Patil	20	F	- u -	-
21.	Dipti Hiremat	20	F	- u -	-
22.	Sneha Barsode	20	F	अभियमित स्वास्थ्य	-
23.	gyatri Salvi	20	F	- u -	-
24.	Nisha Zingale	20	F	- u -	-
25.	Ankita Sacha	20	F	- u -	-





26	mayuri fawathe	25	F	migrane	-
27	Anjali Late	45	F	-u-	-
28	Ravina Lapate	30	F	-u-	12gm%
29	madhavi, Khavdewale	34	F	-u-	-
30	poiyanka Bhusari	30	F	310425/24/19	-
31	mansi Nazajani	24	F	-u-	-
32	Aarya gadhav	20	F	-u-	-
33	Vaishavi kore	21	F	UTI	11.2gm%
34	Rutuja Godade	19	F	-u-	-
35	Nikita chavan	21	F	cervical sprain	-
36	Aishwariya shinde	20	F	premenstrual syndrome	-
37	Vidya Patile	42	F	-u-	10gm%
38	shivani kharat	30	F	Amenorrhoea	12gm%
39	Sonali Khade	20	F	290422	11.5gm%
40	Vishakhi Awafi	20	F	-u-	-







## अखिल भारतीय विद्यार्थी परिषद, सांगली

कार्यालय : लोकमान्य टिळक स्मारक मंदिर, टिळक चौक हरभट रोड, सांगली- ४१६४१६,  
संपर्क कार्यालय : अनंददिप, हनुमान डोसा जवळ, सांगली- ४१६४१५  
संपर्क : ९९५६५२४७४९ ई-मेल : sangliabvp@gmail.com

दि. २२ फेब्रुवारी २०२२

प्रति,  
विभाग प्रमुख (HOD),  
स्त्री रोग प्रसूती विभाग,  
अण्णासाहेब डांगे आयुर्वेदिक मेडिकल कॉलेज, आष्टा.

विषय : विद्यार्थिनींसाठी ऋतुमती अभियान अंतर्गत संयुक्त हिमोग्लोबीन तपासणी शिबीर घेणे बाबत..

महोदय,

आपण जाणताच कि अखिल भारतीय विद्यार्थी परिषद गेल्या ७४ वर्षांपासून विद्यार्थ्यांच्या हितामध्ये कार्यरत आहे. हे चालू वर्ष आपण सर्व जण भारतीय स्वातंत्र्याचे अमृत महोत्सवी वर्ष म्हणून साजरी करित आहोत आणि आगामी ८ मार्च हा जागतिक महिला दिन आहे, या दोन्ही चे औचित्य साधून अखिल भारतीय विद्यार्थी परिषद संपूर्ण सांगली जिल्ह्यामध्ये विद्यार्थिनींसाठी "ऋतुमती अभियान" राबविणार आहे.

"ऋतुमती अभियान" अंतर्गत आपण विद्यार्थिनींसाठी महिलांच्या मासिक ऋतुकाळातील शारीरिक स्वच्छतेबाबत मार्गदर्शन, आरोग्य तपासणी शिबीर, हिमोग्लोबीन तपासणी शिबिरं या सारखे विविध उपक्रम राबविणार आहोत.

या अभियाना अंतर्गत आपण ८ मार्च रोजी कसबे डिग्रज येथील विद्यार्थिनींसाठी मोफत हिमोग्लोबीन तपासणी शिबीर राबविणार आहोत. तरी वरील विषयास अनुसरून या अभियानामध्ये आपल्या विभागाचे प्रशिक्षणार्थी डॉक्टर विद्यार्थी देऊन सहकार्य करावे हि नम्र विनंती.

आपले,

प्रा गुरु वाणी  
जिल्हा प्रमुख  
9665307127



ऋषिकेश पोतदार  
जिल्हा संयोजक  
9309718530





## अखिल भारतीय विद्यार्थी परिषद, सांगली

कार्यालय : लोकमान्य टिळक स्मारक मंदिर, टिळक चौक हरभट रोड, सांगली- ४१६४१६,  
संपर्क कार्यालय : अनंदादिप, हनुमान डोसा जवळ, सांगली- ४१६४१५  
संपर्क : ९९५६५२४७४९ ई-मेल : sangliabvp@gmail.com

दि. २३ मार्च २०२२

प्रति,  
विभाग प्रमुख (HOD),  
स्त्री रोग प्रसूती विभाग,  
अण्णासाहेब डांगे आयुर्वेदिक मेडिकल कॉलेज, आष्टा.

विषय : विद्यार्थीनींसाठी आयोजित हिमोग्लोबिन तपासणी शिबिरामध्ये केलेल्या सहकार्याबाबत आभार पत्र

महोदय,

आपण जाणताच कि अखिल भारतीय विद्यार्थी परिषद गेल्या ७४ वर्षांपासून विद्यार्थ्यांच्या हितामध्ये कार्यरत आहे. ८ मार्च रोजी जागतिक महिला दिनाच्या निमित्ताने अखिल भारतीय विद्यार्थी परिषदे कडून सुरु असलेल्या "ऋतुमती अभियान" अंतर्गत आपण संयुक्त रित्या कसबे डिग्रज येथील फार्मसी कॉलेज येथे विद्यार्थीनींसाठी मोफत हिमोग्लोबीन तपासणी शिबिराचे आयोजन केले होते.

आपल्या महाविद्यालयांमधील प्रशिक्षणार्थी डॉक्टर विद्यार्थ्यांनी या उपक्रमामध्ये सहभागी होऊन, हा उपक्रम यशस्वी रित्या राबविला. या उपक्रमाला स्थानिक महाविद्यालयीन विद्यार्थीनींचा भरपूर प्रतिसाद मिळाला. या उपक्रमांतर्गत आपण ५० पेक्षा अधिक विद्यार्थीनींचे हिमोग्लोबीन चेकअप केले.

आपल्या महाविद्यालयाने या उपक्रमामध्ये आपल्या विभागाचे प्रशिक्षणार्थी डॉक्टर विद्यार्थी देऊन सहकार्य केल्याबद्दल विशेष आभार. अश्या प्रकारचे विद्यार्थीनींसाठी अनेक उपक्रम आपण येत्या वर्षभरामध्ये सांगली जिल्यामध्ये ऋतुमती अभियानांतर्गत राबविणार आहोत. यापुढीलही काळामध्ये आपल्या सहकार्याची अपेक्षा आहे. धन्यवाद.

आपले,

प्रा गुरु वाणी  
जिल्हा प्रमुख  
9665307127

ऋषिकेश पोतदार  
जिल्हा संयोजक  
9309718530





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

A/p: Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone: 02342-241103/241108, Fax – 02342-241110

Website: [www.adamcashta.com](http://www.adamcashta.com) E-mail: [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

## Event Activity Report

**Name Of Department : Prasutitantra Evum Stiroga**

**Title of Event / Activity :** . Inauguration Of Sanitary Napkin Vending Machine donated by 2018-2019 PG batch on the occasion of International Women's Day.

**Date:** 8<sup>th</sup> March 2022

**Venue:** Hon. Shri. Annasaheb Dange Ayurved Medical College And Research Center,  
Ashta

### EVENT DETAILS :

On Occasion Of International Women's Day Different Programs were arranged by Prasutitantra Stiroga Department.

### Inauguration Of Sanitary Napkin Vending Machine :

- **Department of Prasutitantra and Stiroga** installed sanitary napkin vending machine which was donated by 2018-2019 PG batch on the occasion of International Women's Day.
- Hon. Principal **Dr. Ashok Wali sir** was a chief guest during inauguration.
- **Dr. Anjali Kamat**, Professor and HOD of Kaumarbhritya department inaugurated the vending machine.
- **Dr. Katare sir**, Professor and HOD, Stiroga department and other faculty members of department, Dr. Tinku Ganshe Khalache, Dr. Radha Phadnis, Dr..Sayali Pashte, Dr. Nisha panhalkar were present during inauguration.
- Other teaching faculties, Non teaching staff, UG and PG students were present.
- Working technique of vending machine was explained to all females.







**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL  
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM  
STRIROGA**

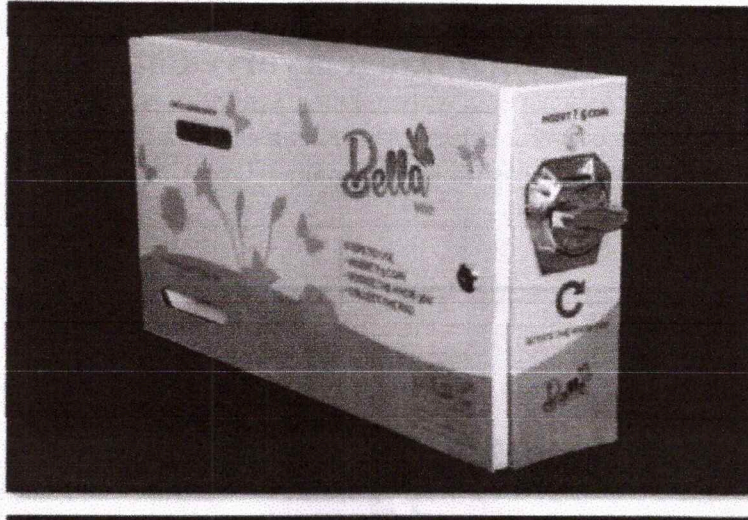
**WOMEN'S DAY ACTIVITY REPORT**

**IN THE CELEBRATION OF  
INTERNATIONAL WOMEN DAY 2022**

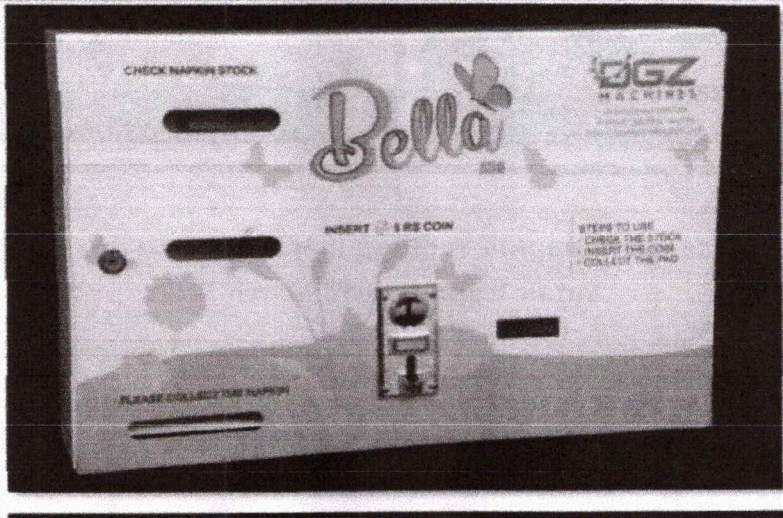
**8<sup>th</sup> March 2022**







**Sanitary napkin vending machine donated by PG Batch 2018-2019 to Department of Prasutitantra Striroga**





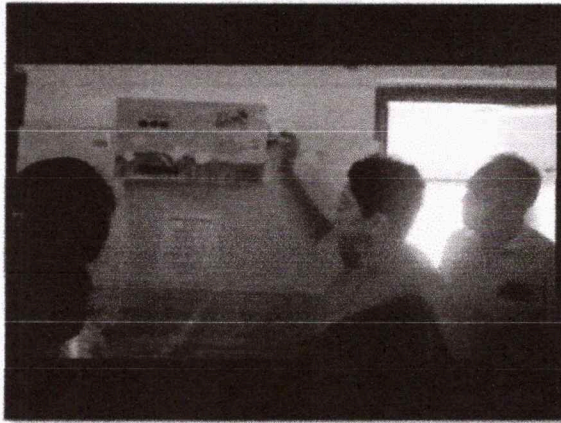


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**Inauguration of sanitary napkin vending machine by Dr. Ashok Wali and Dr. Anjali Kamat - 08<sup>th</sup> March 2022**

