



## CRITERIA VII: INSTITUTIONAL VALUES AND BEST PRACTICES

### Key Indicator 7.1-Institutional Values and Social Responsibilities

#### GENDER EQUALITY

### 7.1.2 FACILITIES PROVIDED FOR PROMOTION OF GENDER EQUITY

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PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College Ashta, Tal. Walwa, Dist. Sangli



संत ज्ञानेश्वर शिक्षण संस्थेचे,

**मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता. वाळवा, जि. सांगली. पिन-४१६ ३०९. फोन : ०२३४२ - २४९९९०३, २४९४०८  
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneswar Shikshan Sanstha's

**Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Reserch Centre, Ashta.**

District. Sangli, Maharashtra, India 416 301 Ph. 02342- 241108, 241103 Fax-02342-241110

**ADAMC**

Ref. No. ADAMC / 871/2018

Date: 25/4/2018

To,  
Mr. Kapil Lalit,  
Psychologist, ADCET ,Ashta  
Sangli

Subject: Invitation as a Speaker for B.A.M.S. Students for Counseling Session

Respected Sir,

It is our pleasure to invite you for counseling of students of B.A.M.S. which are examination going students for the batch of June 2018. It will be helpful for them to reduce stress and anxiety about the overall pattern of Examination. It is essential for UG students of our college with the purpose of development, motivation, knowledge from versatile experts.

We request you to honour us to be a speaker for this session which will held on 26<sup>th</sup> April 2018 at 11.30.a.m. in ADAMC, ASHTA.

Looking forward for your cooperation.

Thanking you,

*R.P. Patil*  
Class Coordinator

Principal

Venue: Auditorium Hall, ADAMC, Ashta

Time: 11.30 a.m. to 01.30 p.m.

Date: 26<sup>th</sup> April 2018

*[Signature]*  
**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli**





संत ज्ञानेश्वर शिक्षण संस्थेचे,

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पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा

ता. वाळवा, जि. सांगली, पिन-४१६ ३०१, फोन : ०२३४२ - २४१११०३, २४१४०८

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

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Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Reserch Centre, Ashta.

District: Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

**ADAMC**

Ref. No. ADAMC/873/2018

Date: 26/4/2018

## ATTENDANCE CERTIFICATE

This is to certify that Prof.Kapil Lalit has present in our college for the purpose of counseling session for B.A.M.S.students.

(Ref Letter No : ADAMC/871/2018)

Thank you very much for delivering an inspirational & thought provoking ,motivational lecture as a renowned speaker. All students appreciated and got benefited from your views on this session.

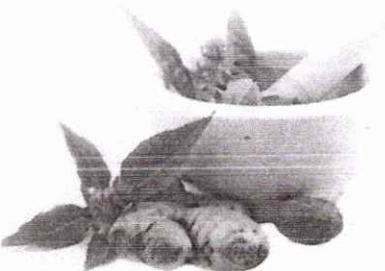
Looking forward for your cooperation.

Thanking you with Regards,

**PRINCIPAL**

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Waikva. Dist. Sangli

*Ravindra*



Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

IV BAMS 2017 - 18

Theory Presenty Sheet

Subject :- *Genest Lecture. Mr. Kapil Lalit*

Date:- *26.04.18*

Teacher Name : - *Dr. Rupali Patil*

Timing :- *11.30 am  
12.30 pm*

Sr. no.	Name of student	Signature
1	Aghav Mahesh Bankatrao	
2	Anuse Priyanka Bhanudas	<i>Anuse</i>
3	Atpadkar Shivani Rameshwar	
4	Awatade Aniket Dattajirao	<i>Aniket</i>
5	Bagwan Bashir Dilawar	<i>B. D. Bagwan</i>
6	Bane Shivani Jitendra	<i>Bane</i>
7	Bhise Prerana Bajrang	<i>Bhise</i>
8	Biskite Sujata Suresh	<i>Biskite</i>
9	Chavan Varsha Mohan	
10	Chopade Monika Nanaso	
11	Dagade Sagar Vasant	<i>Dagade</i>
12	Dashwant Anuja	
13	Garad Dinesh Sunil	
14	Ghodake Pranita Prakash	<i>Ghodake</i>
15	Gothe Jayshree Deepak	<i>Gothe</i>
16	Jadhav Aishwarya Dattajirao	<i>Jadhav</i>
17	Kadam Shubhangi Vishwas	<i>S. V. Kadam</i>
18	Kale Hema Sandipan	<i>H. S. Kale</i>
19	Kalel Atul Balu	<i>Kalel</i>
20	Kamble Sanket Vaibhav	
21	Khairavkar Poonam Shankar	<i>Poonam</i>
22	Khandagale Dhanshree Bharat	
23	Kokare Shankar Mahadev	
24	Kurane Chaitali Chandrashekhar	<i>Kurane</i>
25	Mali Akshata Balkrushna	<i>Mali</i>
26	Mali Shubham Sampatrao	<i>Mali</i>





Sr. no.	Name of student	Signature
27	More Aishwarya Ashokrao	<i>Ashokrao</i>
28	Mule Rutuja Eknath	
29	Narale Shruti Kushaba	
30	Palkar Aishwarya Vinayak	<i>Palkar</i>
31	Patil Sonal Sanjay	<i>Patil</i>
32	Pattanshetti Chaitanya Shankar	
33	Patvekar Tanjim Muneer	<i>Patvekar</i>
34	Rupnar Dipali Dilip	<i>Rupnar</i>
35	Sawant Aparna Shivaji	<i>Sawant</i>
36	Sharma Rinka Shivsahay	<i>Sharma</i>
37	Shejal Maithili Bharat	<i>Shejal</i>
38	Shelke Komal Shivaji	
39	Shinde Kunal Shankar	
40	Suryawanshi Tejashri Rajaram	<i>Suryawanshi</i>
41	Takale Sneha Ankush	<i>Takale</i>
42	Tamboli Karishma Gafur	<i>Tamboli</i>
43	Teli Sagar Ashok -	<i>Sagar</i>
44	Thakare Mahendra	
45	Tupe Snehal Lahuraj	<i>Tupe</i>
46	Waghmode Sneha Balu	
47	Yadav Veda Gulab	<i>Yadav</i>

*Pr. Patil*  
Teacher Sign

Academic Incharge

Principal





## Counseling Session by Mr Kapil Lalit



Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.

FEEDACK FORM FOR GUEST LECTURE

NAME OF THE STUDENT: Type: Snehal Laburaj

ROLL NO. 45

NAME OF THE SPEAKER: Ms. Kapil Lalit

NAME OF THE TOPIC: Counseling session for students

DATE: 24-04-2018

TIME: 2:00 pm to 3:30 pm

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?		✓		
2.	How relevant was the content discussed by the speaker?	✓			
3.	Are you satisfied with the time and venue?	✓			
4.	Did the lecture cover what you were expecting?		✓		
5.	How much this session was useful from the knowledge and information point of view?		✓		
6.	Overall effectiveness of the lecture?	✓			

Additional comments and suggestions for the future

Informative knowledge & positive thoughts  
created in mind.



Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.

FEEDACK FORM FOR GUEST LECTURE

NAME OF THE STUDENT: ..... Sagor Ashok Teli.

ROLL NO. .... 43.

NAME OF THE SPEAKER: ..... Mr. Kapil Lalit.

NAME OF THE TOPIC: ..... Counseling session for students.

DATE: ..... 24-04-2018.

TIME: ..... 2:00 P.m. to 3:00 P.m.

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?	✓			
2.	How relevant was the content discussed by the speaker?		✓		
3.	Are you satisfied with the time and venue?	✓			
4.	Did the lecture cover what you were expecting?		✓		
5.	How much this session was useful from the knowledge and information point of view?	✓			
6.	Overall effectiveness of the lecture?		✓		

Additional comments and suggestions for the future

..... Informative lecture, .....





**Hon. Shri Annasaheb Dange Ayurveda Medical College, Ashta,  
Sangli.**

**FEEDACK FORM FOR GUEST LECTURE**

NAME OF THE STUDENT: Mali Akshata Balkrushna,  
 ROLL NO. 25  
 NAME OF THE SPEAKER: Mr. Kapil Lalit  
 NAME OF THE TOPIC: Counseling session for students  
 DATE: 24/4/2018  
 TIME: 2:00pm to 3:00pm

SR. NO.	PARTICULAR	EXTREME LY GOOD	GOOD	QUITE GOOD	POOR
1.	How as the overall organization of the lecture?	✓			
2.	How relevant was the content discussed by the speaker?		✓		
3.	Are you satisfied with the time and venue?	✓			
4.	Did the lecture cover what you were expecting?		✓		
5.	How much this session was useful from the knowledge and information point of view?	✓			
6.	Overall effectiveness of the lecture?		✓		

Additional comments and suggestions for the future  
Positive thoughts created in mind  
 .....  
 .....  
 .....





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**  
A/p: Ashta, Tal. : Walwa, Dist: Sangli – 416 301  
Phone: 02342-241103/241108, Fax – 02342-241110  
**Website:-** www.ashta.adamc.com **E-mail:-**  
ashta.adamc@gmail.com

**Sant Dnyaneshwar Shikshan Sanstha, Islampur's**

**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA**

**NAME OF DEPARTMENT:- Women's Grievance Committee YEAR:-2019**

**EVENT / ACTIVITY REPORT**

Title of Event / Activity:- Cyber Crime Awareness, Security Tactics, Nirbhaya Pathak Awareness

Date:- 20 Jun .2019

Time:-

Duration:- 2 hrs

Venue:-Shri. Annasaheb Dange Ayurved Medical College, Ashta.

❖ Objectives of event / activity:-

- To aware the students how to use mobile phones safely.
- To use the secure web sites.
- To improve the status & dignity of women in the society.

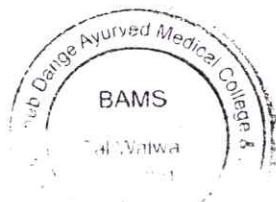
Guest faculty with designation (if applicable):- 1. DYSP Krushnat Pingale.

2. SP Anuradha Patil PSI

Feedback taken:- Yes / No

Event / Activity report:-

Lulla Charitabal Trust Sangli and Ashta Police Station collaboratively taken a program in ADAMC on subjected 'Cyber crime and women's power.'The Islampur division DYSP Krushnat Pingale says that in each and every field women's are playing their role with all responsibilities but even today they have to face so many social problems. There is harassment of women in so many fields, to overcome this type of harassment of women have to come forward. The police is always with you, again he says that women is a pillar of family , no doubt she is strong but the harassment is still going on. If any type of harassment they happened let us know



TRUE COPY

that we can help in that mater. 1091 is a phone number of 'Nirbhaya Pathak.'Don't hesitate to call on this number for further help.

At this programme Police Inspector of Ashta Police Station Anuradha Patil made conversation with the girls and ladies staff. Police Inspector Anuradha Patil gives some idea about how Nirbhaya Pathak works and what are the aims and objectives. Dr.Alakananda Kulkarni and Dr.Ujwala Dabade welcome all delegates and guest's .Dr Anuradha Patil made a introductory speech. Dr. Asha Kore done vote of thanks. Also Amruta Phalle and Sampat Warke of Nirbhaya Pathak also present for this programme.

Outcome of event:-After successfully completing the seminar students & staff will be able to,

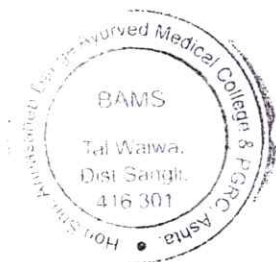
- To file the case in cyber crime.
- Applications on mobile phones for safety purpose.

Feedback analysis:-

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List of documents attached:- (mark if available)

1. Permission letter from Director / Principal
2. Attendance list of students and teachers
3. Photos of event
4. Feedback form (Sample)
5. Feedback analysis data
6. Details of guest faculty (if applicable) – Invitation letter, Attendance letter, Bio-data, Incentives details



  
**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli**





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : [www.adamcashta.com](http://www.adamcashta.com)

E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

**17/06/2019**

## NOTICE

This is to inform all students (Girls) and ladies staff, that the program will be organized on 'Awareness Campaign Against Women Harassment' by Nirbhaya Cell Ashta Police department.

The details as follows


Date : 20/06/2019

Time : 11:00 AM onwards

Topic : Awareness Campaign Against Women Harassment.

Venue : Auditorium hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research center, Ashta.

So attend the program and take knowledge of it, be aware.

  
Dr. Anusadha Patil  
Nodal officer



**Principal**

**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Walwa, Dist. Sangli**

**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**  
**AWARENESS CAMPAIGN AGAINST WOMEN HARASSMENT**

By  
**NIRBHAYA CELL, ASHTA POLICE DEPARTMENT**

Date: 20/06/2019

Sl. No.	Name	Designation	Sign
1.	Dr. Rupali Ramadas Patil	Lecturer (Kc)	<u>R.P. Patil</u>
2.	Dr. Supriya Y. Bhosale	Lecturer (PK)	<u>Bhosale</u>
3.	Dr. Madhuras. Bapat	Lecturer (NR)	<u>M.Bapat</u>
4)	Ashwini C. Shinde	clerk	<u>Ashwini</u>
5)	Dr. Reshma P. Dhere	Lecturer (KB)	<u>R.P. Dhere</u>
6)	Dr. Purnima V. Fasale	Lecturer (SK)	<u>P.V. Fasale</u>
7)	Vd. Archana S. Wadkar	Reader [P.K]	<u>A.S. Wadkar</u>
8)	Tanzim M. Patvekar	Intern	<u>T.M. Patvekar</u>
9)	Tamboli Karishma G.	Intern	<u>Tamboli</u>
10)	Chavan Varsha M.	Intern	<u>V.Chavan</u>
11)	Dr. Shital S. Patil	Lecturer (Sambh)	<u>S.S. Patil</u>
12)	Dr. Asha A Kore	Reader (Sambh)	<u>A.A. Kore</u>
13)	Dr. Rajashri Bharati	Professor (Sambh)	<u>R.Bharati</u>
	Dr. Anuradha Patil	Asso. Prof.	<u>A.Patil</u>
14)	Dhane Vaishnavi P.	BAMS III <sup>rd</sup> yr	<u>Dhane</u>
15)	Renuka B. Ubale	BAMS III <sup>rd</sup> yr	<u>R. Ubale</u>
16)	Suzekha Prakash Pate	BAMS III <sup>rd</sup> yr	<u>S.Pate</u>
17)	Shweta S. More	BAMS III <sup>rd</sup> yr	<u>S. More</u>
18)	Nayan R. Arage	BAMS 3 <sup>rd</sup> year	<u>N. Arage</u>
19)	Mayuri R. Thakur	BAMS III <sup>rd</sup> yr	<u>M. Thakur</u>
20)	Aishwarya H. Suryavanshi	BAMS III <sup>rd</sup> yr.	<u>A. Suryavanshi</u>
21)	Pathan Saleha Rashid Khan.	BAMS III <sup>rd</sup> yr	<u>S. Pathan</u>
22)	Maske Sushama Pralhad	BAMS III <sup>rd</sup> yr	<u>S.P. Maske</u>
23)	Padmja chede	B. AMS III <sup>rd</sup> yr	<u>P. Chede</u>
24)	Anjali Suradkar	III <sup>rd</sup> yr.	<u>A. Suradkar</u>





**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**  
**AWARENESS CAMPAIGN AGAINST WOMEN HARASSMENT**

By

**NIRBHAYA CELL, ASHTA POLICE DEPARTMENT**

Date: 20/06/2019

Sl. No.	Name	Designation	Sign
25	Parsure shradha A.	III <sup>rd</sup> BAMS	
26.	Ashwini B. Ambhore	III <sup>rd</sup> BAMS	
27	suryawanshi sneha surresh	III <sup>rd</sup> BAMS	
28	Rupnar Shobha Raghunath	III <sup>rd</sup> BAMS	
29	PATIL GARGI GULAB	III <sup>rd</sup> BAMS	
30	Pawar Ankita Shankar	III <sup>rd</sup> BAMS.	
31	Patil Kanchan Narayan	III <sup>rd</sup> BAMS	
32	Admane Pranita. Prashant	BAMS III	
33	Khannade Ruchika Sharad	III <sup>rd</sup> BAMS	
34	Chougule Pranali Prakash	IV <sup>th</sup> BAMS	
35	Deshmane Shweta Bharat	IV <sup>th</sup> BAMS	
36	Babar Pallavi Hariram	IV <sup>th</sup> BAMS	
37	Chaitanyaprabha S. Lode	III <sup>rd</sup> BAMS	
38	Padwal Pooja S.	III <sup>rd</sup> BAMS	
39	Patil Ankita V.	IV <sup>th</sup> BAMS.	
40	Dudhani Shilpa M.	IV <sup>th</sup> BAMS.	
41	Ligade Pragati A.	IV <sup>th</sup> BAMS	
42	Jadhav Swapnali B	IV <sup>th</sup> BAMS	
43	Kalsait Sadhana S.	IV <sup>th</sup> BAMS	
44	Kolekar Priyanka S.	IV <sup>th</sup> BAMS	
45.	Mitali Dhaval Malgave.	IV <sup>th</sup> BAMS	
46	Rajmane Amruta Ramesh	IV <sup>th</sup> BAMS	
47.	Kumbhar Poojakta K.	IV <sup>th</sup> BAMS	
48.	Sonwalkar Pratiksha	IV <sup>th</sup> BAMS	
49	Shendage Pooja S.	IV <sup>th</sup> BAMS	





**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**  
**AWARENESS CAMPAIGN AGAINST WOMEN HARASSMENT**

By

**NIRBHAYA CELL, ASHTA POLICE DEPARTMENT**

**Date: 20/06/2019**

Sl. No.	Name	Designation	Sign
50	Kilmise Vrushali C.	IV <sup>th</sup> BAMS	
51	Sawade Sonali Shivaji	IV <sup>th</sup> BAMS	
52	Jadhav Snehal Tukaram	IV <sup>th</sup> BAMS	
53	Patil Sonal Sanjay	Intern	
54	Sharma Rinka Shivsbhay	Intern	
55	Tupe Snehal Lahuraj	Intern	
56	Biskite Sujata Suresh	Intern	
57	Chadke Pranita Prakash	Intern	
58	Takale Sneha Ankush	Internee	
59	Jadhav Aishwarya Dattajirao	Internee	
60	Peenali P. Petase	P. Lab	
61	Vrundavani vijay Patil	P. Lab	
62	More Aishwarya Ashokrao	Internee	
63	Shelke Komal Shivaji	Internee	
64	Shejal Maithili Bharat	Internee	
65	Chougule Pornima Panduranga	IV <sup>th</sup> BAMS	
66	Tardale Shradelha Lahu	IV <sup>th</sup> BAMS	
67	Jadhav Anuja Ankush	IV <sup>th</sup> BAMS	
68	Sazavade Pradnya Mahadev	IV <sup>th</sup> BAMS	
69	Dr. Deepti Kulkarni	M.O.	
70	Dr. Pashpalata Yogesh Shete	P.M.O.	
71	Dr. Pashpalata Yogesh Shete	Dr.	
72	Dr. Pashpalata Yogesh Shete	Dr.	
73	Dr. Pashpalata Yogesh Shete	Dr.	
74	Dr. Pashpalata Yogesh Shete	Dr.	



**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**  
**AWARENESS CAMPAIGN AGAINST WOMEN HARASSMENT**

By

**NIRBHAYA CELL, ASHTA POLICE DEPARTMENT**

Date: 20/06/2019

Sl. No.	Name	Designation	Sign
75	उरुमी पोळ	भावरणी	उ. उ. पोळ
76	डुमि एरसे	भावरणी	डुमि एरसे
77	अश्वती मीळी	Intern	AShewati
78	हेमा काळ	Intern	H.S.Kale
79	वाघमोडे लोका	Intern	Vaghmode
80	Shubhangi Vishwas Kadam	Intern	S.V.Kadam
81	Mulla Asiya Salim	III <sup>rd</sup> BAMS	Mulla Asiya
82	Jedage pooja Dilip	IV <sup>th</sup> B.A.M.S	Jedage
83	Patil Madhurri Ashok	Lab. Technician	Patil
84	Patil Prashali Bknath	lab. Technician	Patil
85	Bade Sneha	PG	Bade
86	Ambekar Pooja	PG	Ambekar
87	Kolekar Psatiksha	PG	Kolekar
88	Malabade S.M.	student	Malabade
89	Bhosale B.H.	student	Bhosale
90	Devkar shwetali G.	student	Devkar
91	Lundage Arundhati S.	student	Lundage
92	Hambire Trupti S.	student	Hambire
93	Ghorjare Vishakha V.	student	Ghorjare
94	Samleti Chandani M.	student	Samleti
95	Shinde Radhika A.	Student	Shinde
96	Takale Monali T.	student	Takale
97	Yadav Siddhi G.	Students	Yadav
98	Rajopadhye kirti S.	student	Rajopadhye
99	Gupta Dhvani S.	Student	Gupta





**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**  
**AWARENESS CAMPAIGN AGAINST WOMEN HARASSMENT**

By

**NIRBHAYA CELL, ASHTA POLICE DEPARTMENT**

**Date: 20/06/2019**

Sl. No.	Name	Designation	Sign
100	Tazeen Kauli	Student	
101	shweta sanjay Yadav	student	
102	kadam Supriya B.	Student	
103	Sontakke Vaishnavi R.	student	
104	Paiganka Lokhande S.	student	
105	Ashlesha S. Gaikwad	PG student	
106	Kattar Sagarajalis.	student	
107	Rucha Vishnu Ekatpure.	student	
108	Kokare Prajakta Ramdas	student.	
109	nigewar Yasmin Rajar	student	
110	Doke Nikita Rajendra	student	
111	Sawant Ritu Rajesh	student	
112	Waghmare Shivani Ramchandra	student	
113	Mulla Noziya shabbir	student	
114	Sawant Shivani Santosh	student	
115	Dhayagude Arati Dattatraya	student	
116	Sayli Manoj Bharti	student	
117	Chikhalikar A.N.	student	
118	Shruti S. Thakre	student	
119	Siddhi A. Bhise.	student	
120	Patil shweta S.	student	
121	surve sayali Sarjeraso	student	
122	Dr. Shradha Shelke	Faculty	
123	Vd. A.D. Kulkarni	H.O.D Pandharna	
124	राती गीतर वेर	मातरी	SSP.









Latitude: 16.942491  
Longitude: 74.413467  
Accuracy: 42.5m  
Time: 20-06-2019 12:06  
Note: Bhadoli Wathar Road 11



Latitude: 16.94221  
Longitude: 74.415957  
Elevation: 555.7m  
Accuracy: 72.0m  
Time: 20-06-2019 12:39  
Note: Nirbhaya Program Attendance





Latitude: 16.942044  
Longitude: 74.416107  
Accuracy: 48.9m  
Time: 20-06-2019 12:40  
Note: Nirbhaya Program Attendance 2



Latitude: 16.942491  
Longitude: 74.413467  
Accuracy: 42.5m  
Time: 20-06-2019 12:06  
Note: Bhadoli Wathar Road







Sant Dnyaneshwar Shikshan Sanstha's  
मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय  
Hon. Shri. Annasaheb Dange Ayurved Medical College  
मु.पो. आष्टा, ता. वाळवा, जि. सांगली - ४१६ ३०१  
A/p:- Ashta, Tal.:- Walwa, Dist:- Sangli - 416 301  
Phone:- 02342-241103/241108, Fax - 02342-241110  
Website:- www.adamcashta.com E-mail:- ashta.adamc@gmail.com

Ref.No.ADAMC/ SW/796/2020.

Date:-29/07/2020.

प्रति,

मा. संचालक,

विद्यार्थी कल्याण विभाग,

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ,

नाशिक.

विषय:- बहिःशाल शिक्षण मंडळ योजनेबाबत...

संदर्भ:- आपले पत्र क्र. मआविवि/एस.डब्ल्यू/स्किम/६८४/२०. दि. ०५.०६.२०२०.

महोदय,

वरील संदर्भिय विषयास अनुसरून आमच्या महाविद्यालयामध्ये दि. १८ जुन व २० जुन २०२० रोजी आयोजित करणेत आलेल्या कार्यक्रमांचा अहवाल आपणास सादर करित आहोत. कृपया स्विकारावे हि विनंती.

कळावे,

आपला क्स्वासू

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE,  
ASHTA**

---

**NAME OF DEPARTMENT: - Dhanwantari hospital, A.D.A.M.C. Ashta**  
**YEAR: - 2020-2021**

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**EVENT / ACTIVITY REPORT**

Title of Event / Activity: - online guest lecture

Objectives of event / activity:-

1. To promote the medical students for social work
2. To take this pandemic positively

**Event / Activity report:-** hon. Shri. Annasaheb Dange Medical College Ashta, sangli has organise the online lecture series for the students. Two lectures were conducted

1. Mr. Kapil Lalit has given lecture on the topic "COVID 19- Stress Management " dated 13/07/2020.
2. Mr. Jagdish Sansare has given lecture on the topic "Corona-Appportunity for personality development Management " dated 18/07/2020.

Outcome of Event:- The event achieved aim and objectives previously decided.

List of Documents Attached: - (mark if available)

1. Letter of Request
2. Appreciation Letter
3. Screen shots



**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli**

Close **Participants (49)**

Search



Ashwini Patil (me)



Dr. Jayvant Kharat (host)



Dr Shital Patil (co-host)



JAGDISH SANSA... (co-host)



Aishwarya Chikhalikar



Ankush Sakat



Ashwini Ambhore



chaitanyaprabha lode



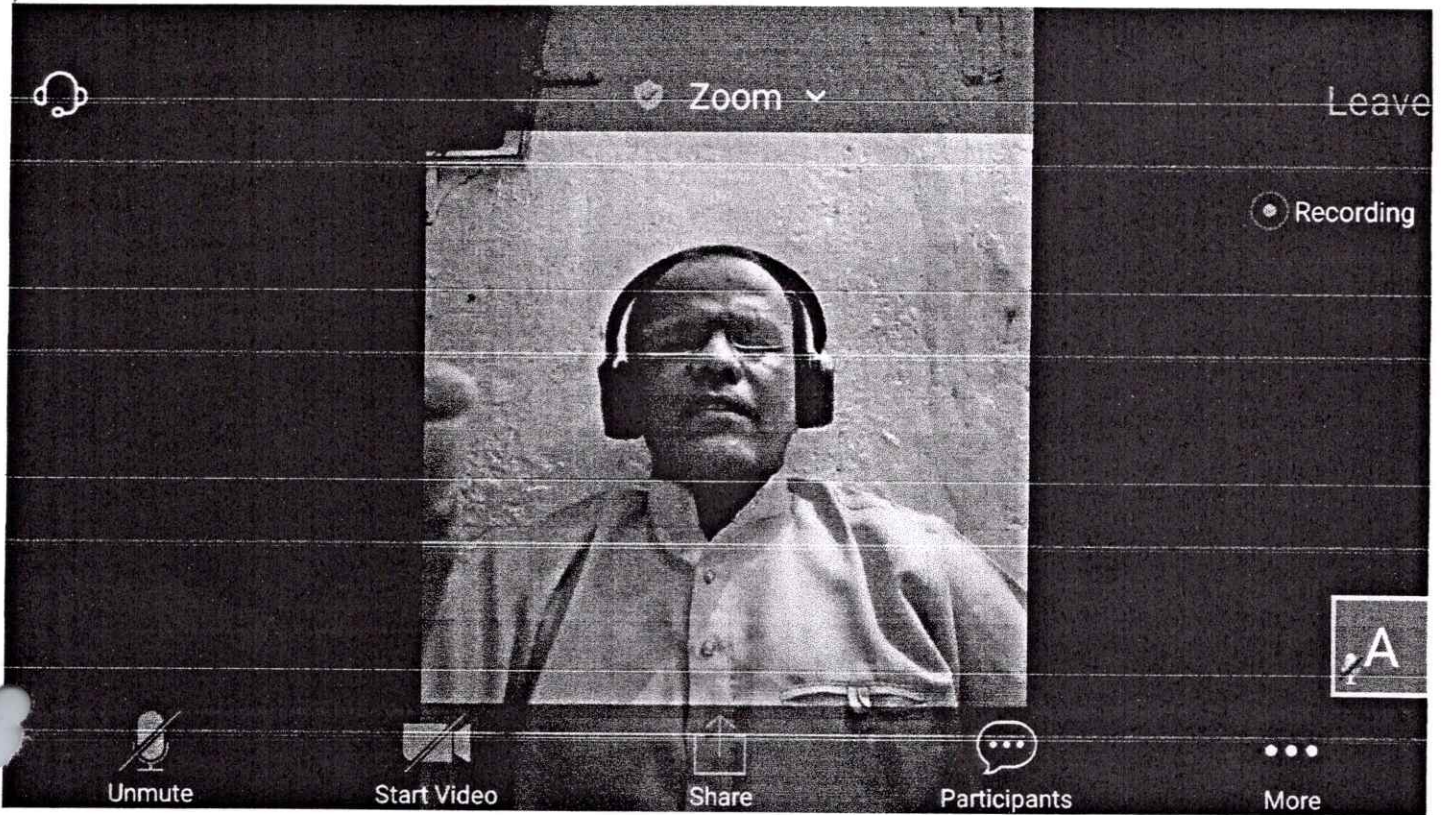
Gargi Patil



Invite









# NSS



(जगदीश अनंत संसारे )

४० पेक्षा अधिक पधनाट्य  
लेखन आणि दिग्दर्शन

# अभिनंदन शिक्षण संस्था,  
मुंबई यांचा दोन वेळा आदर्श  
शिक्षक पुरस्कार

# विश्वभान प्रतिष्ठान  
सामाजिक संस्था, संस्थापक  
अध्यक्ष

# विश्वभान वार्षिकांकाचा  
संपादक



मा.श्री आणासाहेब डांगे आयुर्वेदिक मेडिकल कॉलेज आष्टा

(कोरोना:व्यक्तिमत्व विकासासाठी सुवर्ण संधी)

(जगदीश अनंत संसारे )

कोरोना: व्यक्तिमत्व विकासासाठी सुवर्ण संधी...

TIME: JUL 18, 2020 02:00 PM

JOIN ZOOM MEETING

HTTPS://US02WEB.ZOOM.US/J  
/89815810975

MEETING ID: 898 1581 0975

PASSWORD: 398909

CO-ORDINATER

DR.ASHWINI PATIL

DR. SHITAL PATIL

PRINCIPAL

PROFESSOR

DR. SN. OJHA







< 1/1

Import(1)

Hon Shri Annasaheb Dange Ayurvedic Medical College, Ashta

Online Lecture Series On  
**COVID-19 Epidemic - Stress Management**

13th July, 2020

Resource person

Time: 12.15 PM to 01.15 PM IST

**Kapil Lalit**

Counsellor & SP. Edu. M Phil.

Organised By

E-mail - [counsellor@adcet.in](mailto:counsellor@adcet.in)

(ADAMC)

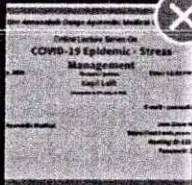
Annasaheb Dange Ayurvedic Medical college Ashta

Join Zoom Meeting

<https://us02web.zoom.us/j/83290176998>

Meeting ID: 832 9017 6998

Password: 287540



Select





**ADAMC**

An ISO 9001: 2015

संत ज्ञानेश्वर शिक्षण संस्थेचे,  
**मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M, New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/775/2020

Date : 18/7/2020

To,

**Mr. Jagdish Anant Sansare,**

Prof., St. Joseph College of Arts & Commerce,

Virar (W), Mumbai.

**Sub.:-** Thanking you for delivering Online Guest Lecture .....

Respected Sir,

We are thankful for the Online Guest Lecture delivered by you on the topic  
“**KORONA- Opportunity for Personality Development**” for students on 18/07/2020 at 02:00pm.

The topic will definitely benefit our students in many ways.

Thanking you,

  
18/07/2020  
**PRINCIPAL**

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli







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संत ज्ञानेश्वर शिक्षण संस्थेचे,  
**मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३  
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.  
District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110  
Approved by C.C.I.M, New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/774/2020

Date : 17/7/2020

To,

*Mr. Jagdish Anant Sansare,*

Prof., St. Joseph College of Arts & Commerce,

Virar (W), Mumbai.

**Subject:-** Invitation for Guest Lecture...

Respected Sir,

This is an invitation for you to deliver a Online Guest Lecture to our students in this pandemic outbreak on the topic "**CORONA- Opportunity for Personality Development**" dated on 18/07/2020 at 02:00 pm.

Requesting you to honour us by your presence.

Thanking you,

*[Signature]*  
17/07/2020  
**PRINCIPAL**

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal.Walwa, Dist.Sangli







संत ज्ञानेश्वर शिक्षण संस्थेचे,  
**मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,**  
**पदव्युत्तर विभाग व सशोधन केंद्र, आष्टा.**

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३  
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta,  
District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M. New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

**ADAMC**

An ISO 9001: 2015

Ref.No.ADAMC/ 767/2020

Date : 13/7/2020

To,

**Mr. Kapil Lalit,**

Counsellor & SP. Edu.,

ADCET, Ashta.

**Sub.:-** Thanking you for delivering Online Guest Lecture .....

Respected Sir,

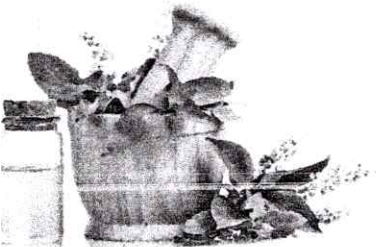
We are thankful for the Online Guest Lecture delivered by you on the topic **COVID-19**  
– **Stress Management** for students on **13/07/2020** at **12:15pm**.

The topic will definitely benefit our students in many ways.

Thanking you,

**PRINCIPAL**

**Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli**



● **Web Site :-** www.adamcashta.com ● **Email :-** ashta.adamc@gmail.com





संत ज्ञानेश्वर शिक्षण संस्थेचे,  
मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३  
(भारतीय केंद्रीय विकिर्षा परिषद दिल्ली मान्यताप्राप्त व पंजाब आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta,  
District, Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110  
Approved by C.C.I.M. New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

**ADAMC**

An ISO 9001: 2015

Ref.No.ADAMC/ 782/2020

Date : 10/7/2020

To,

Mr. Kapil Lalit,

Counsellor & SP. Edu.,

ADCET, Ashta.

**Subject:-** Invitation for Guest Lecture...

Respected Sir,

This is an invitation for you to deliver a Online Guest Lecture to our students in this pandemic outbreak on *COVID-19 – Stress Management* dated on 13/07/2020 at 12:15 pm.

Requesting you to honour us by your presence.

Thanking you,

PRINCIPAL

Sant. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



Web Site :- [www.adamcashta.com](http://www.adamcashta.com) Email :- [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)





**ADAMC**

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संत ज्ञानेश्वर शिक्षण संस्थेचे,  
मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३  
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.  
District. Sangli, Maharashtra, India 416 301 Ph: 02342-241108, 241103 Fax-02342-241110  
Approved by C.C.I.M, New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/777/2020

Date : 18/7/2020

प्रति,

मा. संचालक,

विद्यार्थी कल्याण विभाग,

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ,

नाशिक.

विषय:- लॉकडाऊन कालावधीमध्ये आयोजित उपक्रमांचा अहवाल सादर करणेबाबत...

महोदय,

वरील विषयास अनुसरून आपणास कळविणेत येते की, दि. २५ मार्च २०२० ते आजअखेर लॉकडाऊन कालावधीमध्ये आमच्या महाविद्यालयाकडून विविध उपक्रमांचे आयोजन करणेत आले होते. तरी उपक्रमांचा अहवाल आपणास सादर करित आहोत. कृपया स्वीकारावे ही नम्र विन्रती.

कळावे,

आपला विश्वासू

**PRINCIPAL**

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Waikva, Dist. Sangli



Web Site :- [www.adamcashta.com](http://www.adamcashta.com) Email :- [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)





Date:-09/03/2022

## VISHAKHA ACTIVITY REPORT

**Title of event** - International Women's Day Celebration by Vishakha (Internal complete Committee Cell)

**Date** – 08/03/2022

**Time** – 10.30 am to 12:30 pm

**Duration** – 2 Hours

**Venue** - Hon.Shree.Annasaheb Dange College Sport Complex, Ashta.

### Objectives of Event:

1. On the occasion of International Women's day empowerment of Women.
2. Create awareness of self defense in the ladies especially female abuse.
3. Hands on training program & demonstrations of self defence especially for Safety purpose.

### Description of Event

International Women's day was celebrated in our Institute on 8<sup>th</sup> March in different perspective on the occasion of Azadi ka Amrutamahotstav .Safety of ladies doctor is need of the time. This year our Internal complaint Committee have arranged **self defence training program** for final year students, in the Hon.Shree.Annasaheb Dange college sport complex. Dr. Alakananda Kulkarni Chairman of the committee introduced the program .Students delivered the speeches on different aspect of woman.



Vd. Vedashree Kalavade madam introduced .Shri.Sandip Patil Karate trainer in Annasaheb Dange public School He gave Excellent Information and training to the students, Demonstration of students for self defense were practiced enthusiastically.

Dr. Shradha shelake, Reader Rasashastra delivered vote of thanks .

The program was the organized under the guidance of Principal Dr. Ashok wali sir, special co-operation was given by Prof.R.A.Kanai sir Executive director Sant Dnyaneshwar Shikshan Sanstha , and Shri.Subhash Patil sir Principal Hon.Shree.Annasaheb Dange Public School.

**Outcome:-**

- Self defense techniques give confidence to student and develops self discipline
- Self defense techniques allow these lady doctors to defend themselves against physical attacks.
- These techniques are helpful in protecting our self it and others too. from physical attack.
- Ability to defense Yourself increases self esteem

**Feedback: -** Feedback was taken

Document attached.

*Principals*  
*Presiding officers.*



*[Signature]*  
Principal  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC, Ashta





संत ज्ञानेश्वर शिक्षण संस्थेचे,

मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४९९०८, २४९९०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)



**ADAMC**

An ISO 9001: 2015

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M. New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/ 215/2022

Date : 07/03/2022

To,  
**Mr.Sandip S. Patil,**  
Sports Teacher  
(ADPS, Ashta)

Subject – Invitation for self defense training to students (female) regarding **आजच्या काळातील महिला सुरक्षा -स्वतःची आणि सामाजिक**

Respected Sir,

It is our pleasure that “**Vishakha Internal Complaint cell and Sexual Harassment Grievance Cell**” in ADAMC, Ashta is organizes self defence training to female students regarding **आजच्या काळातील महिला सुरक्षा -स्वतःची आणि सामाजिक** on date: 08/03/2022 (Tuesday) at 11.00 am to 12.00 am in our Hon. Shri. Annasaheb Dange Ayurved medical College Post Graduate Research Center, Ashta. We request you to honor us to be as a trainer the students and staff

Looking forward for your cooperation for making this institute as a success.

Thanking you,

Yours faithfully



PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli

● Web Site :- [www.adamcashta.com](http://www.adamcashta.com) ● Email :- [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)

Received.

07/03/2022

## NOTICE

All the students UG,PG(**Female**) here by informed that,

**“Vishakha**

Internal Complaint cell and Sexual Harassment Grievance Cell”

is organizing a

**Self Defense Training**

आजच्या काळातील महिला सुरक्षा –स्वतःची आणि सामाजिक (karate)

**Trainer:** Mr. Sandip Patil.(ADPS Ashta)

**Date:** 08.03.2022

**Day:** Tuesday

**Time:** 11.00 am to 12.00 am

**Duration:** 1 hour

**venue :** Sports complex (SDSS)

**(This is Mandatory for all the students to attend the training)**

  
**PRINCIPAL**  
Dr. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sanoli







- 21 - Dhongade pritee sharad  
 46 - Lohakare Roshani Vitthal  
 49 - Mali shorrayu Babasaheb  
 40 - Kedar Prajakta Saudagar  
 83 - Patil Harshada  
 64 - Patil Pramoti  
 24 Gaitwad Aishwarya  
 28 Anagha garhane  
~~8~~  
 41 Gayatri Khadse  
 68. Shehal Patil  
 71 Rettoor manisha  
 56 Siddhi Nale  
 8 Vishnavi Bhujbal  
 58 Manasi Otari  
 90 mudula Torita  
 23 Gadade Sushama  
 52 Mariya Fatema  
 33 Shradha Houskar  
 45 Preeti Kumbhar  
 60 - Padwale shital. -  
 83 - Shinde Ashwarya R.  
 89 - Aarti R. Sawase  
 76 Amruta. K. Sadekar  
 06 - Bhosale Anjali Prakash  
 96 Wagadkar Aishwarya

Pritee

Rohakare

shorrayu

Kedar

Patil

Patil

Aishwari

Anagha

~~8~~

Gayatri

Patil

Rettoor

Siddhi

Vishnavi

Manasi

Mudula

Gadade

Fatema

Shradha

Preeti

S. J. Padwale

Ashwarya

Sawase

Amruta

Anjali

Aishwarya

Batch  
III<sup>rd</sup> year.



Roll.No.	Name	sign
87	Sonnee sneha .v.	<u>Sonnee</u>
79	Satavekar shukrani .s.	<u>Satavekar</u>
73	Asmuni R. Rodge	<u>Rodge</u>
47	Londhe Snehal Hanamant	<u>Londhe</u>
69	Pawar Shrilekha shrikanth	<u>Pawar</u>
05	Vaishnavi R. Bhisade	<u>Bhisade</u>
03	Snehal Bansode	<u>Bansode</u>
e18	Lehmurey Shrushti	<u>Shrushti</u>
02	Samiksha Banger	<u>Banger</u>
25	Jayshri k. Gaekwar	<u>Gaekwar</u>
38	Rupam kale	<u>Rupam</u>
21	Dhongade pritee	<u>Pritee</u>
46	Lohakore Rashani	<u>Lohakore</u>
71	Kethod manisha	<u>Kethod</u>
41	Gayatri Khadse	<u>Khadse</u>
56	Siddhi Nale	<u>Nale</u>
8	Vaishnavi Bhujbal	<u>Bhujbal</u>
58	Manasi Otari	<u>Otari</u>
30	Madhulika Tamka	<u>Tamka</u>
74	Rupnar Ankita	<u>Rupnar</u>
30	Shruti . R. Gupta	<u>Shruti</u>
52	Mariya Fatema	<u>Fatema</u>





89 - Aarti R. Sawase  
76 Amruta . k. Sadekam  
06 Bhosale Anjali Prakash  
96 Wagadkar Aishwarya  
84 Shinde Meghana . k  
68 Patil Snehil C.  
Sujata Raulwar  
Harsh  
Sujata Raulwar  
Pooja Badgire  
Bogal Kanchan  
Harshada Mohite  
Dakshayani Patil  
Asavari Chavan  
Vasavi Swant  
Nikita Jadhav  
Nikita Kirtane  
66 Sayana Patil

~~Sawase~~  
~~Amruta~~  
~~Ashole~~  
~~Ajay~~  
~~Sil~~  
~~Patil~~  
~~Patil~~  
Pooja  
Brancon  
Snehalite  
Patil.  
Asavari.  
Swant.  
N. Jadhav  
~~Patil~~  
~~Patil~~



1) Nagthane manisha

Mam

2) shinde vaishnavi

Shinde

3) Gadade shital

Gadade

4) Waghmare shivani R

Waghmare

5) Sawant Ritu R

Ritu

6) Sawant Shivani S

Sawant  
Asmulla

7) Noziya Nulka S.

8) Dhayagude Arati D.

Dhayagude

9) Vansale Asawari M.

Vansale



8 March .

4th year - 98 Batch.



~~Manasi~~

Akanksha

Pratiksha

@Pratiksha

@Pratiksha

Nites

98) Manasi H. Zunzavrao .

39) Akanksha B. Kadarkar

12) Pratiksha S. Sutar

19. Ankita Prataprao Pawar

10 Mayuri Mahesh Pawar

59 Nita R. Nardarale



संत ज्ञानेश्वर शिक्षण संस्थेचे,

मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,  
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१ फोन: ०२३४२ - २४९९०८, २४९९०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)



**ADAMC**

An ISO 9001: 2015

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli. Maharashtra. India 416 301 Ph. 02342-241108. 241103 Fax-02342-241110

Approved by C.C.I.M. New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/223/2022

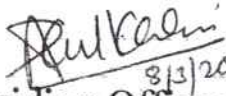
Date : 08/03/2022

## Thanking Letter

This is to certify that Mr. Sandip S.Patil, Sports teacher ADPS,Ashta has conducted the self defence training program on the occasion of Women's day to students regarding **आजच्या काळातील महिला सुरक्षा- स्वतःची आणि सामाजिक** on 8 March. 2022 (Tuesday) in morning session.

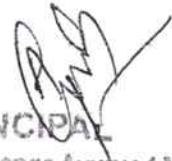
His session was very much fruitful to all our delegates. On behalf of our Internal Complaint Committee Cell (Vishakha) ADAMC, Ashta we are thankful for your kind co-operation.

Thanking you.

  
8/3/2022

Presiding Officer  
Dr. A.D. Kulkarni

Principal  
Dr. Ashok Wali

  
PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Waiwa, Dist. Sangli









Engineering and...  
  
 ...

Ashta, Maharashtra, India  
 WCR9+W7W, Anand Colony, Ashta, Maharashtra 416301, India  
 Lat 16.94233°  
 Long 74.418345°  
 08/03/22 12:19 PM

GPS Map Camera



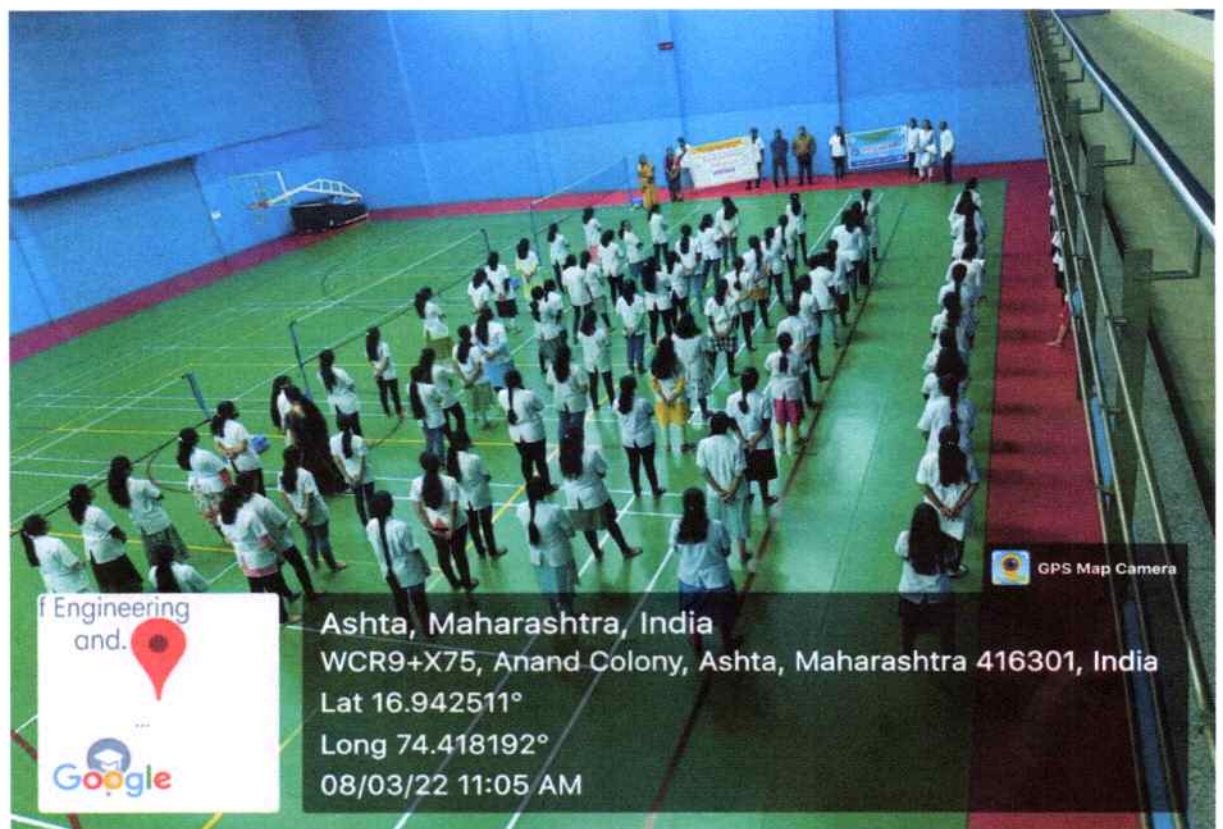
Engineering and...  
  
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Ashta, Maharashtra, India  
 WCR9+X75, Anand Colony, Ashta, Maharashtra 416301, India  
 Lat 16.942578°  
 Long 74.418289°  
 08/03/22 12:12 PM

GPS Map Camera











Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**  
A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301  
Phone : 02342-241103/241108, Fax – 02342-241110  
**Website:** www.adamcashta.com **E-mail:** ashta.adamc@gmail.com

Date:-26/02/2022

## VISHAKHA ACTIVITY REPORT

**Title of event** – Prevention and safety against sexual harrassment by Vishakha (Internal complete Committee Cell)

**Guest speaker**-Ms Neha Desai (NGO Member)

**Date** – 26/02/2022

**Time** – 11.30 am to 12:30 pm

**Duration** – 1 Hours

**Venue** – First year classroom Hon.ADAMC,Ashta

**Objectives of Event:**

1. Information about empowerment of Women.
2. Create awareness of self defense in the ladies especially female abuse.
3. Explanation of Acts and regulations especially for Safety purpose.of women

### Description of Event

.Safety of ladies doctor is need of the time. This year our Internal complaint Committee have arranged Prevention and safety against sexual harrassment for all girl students, in the First year classroom Hon.Shree.Annasaheb Dange college..

Dr. Subhash Patki Incharge Principal welcome the guest speaker Dr. Alakananda Kulkarni was the Chairman of the committee.Dr.Shradhha Shelke introduced the program .Miss Neha Desai delivered the speech on Acts and regulations especially for Safety purpose. Of women  
Dr.Vedashri Kalavade gave vote of thanks.



The program was the organized under the guidance of Principal Dr. Ashok wali sir, special co-operation was given by Prof.R.A.Kanai sir Executive director Sant Dnyaneshwar Shikshan Sanstha , .


**Outcome:-**

- Knowledge of Rules and regulations give confidence to student and develops self discipline
- Safety precautions to be taken while using mobile and knowledge of cyber crime.
- These techniques are helpful in protecting our self it and others too.
- Ability to defense Yourself increases self esteem

**Feedback:** - Feedback was taken

  
PRINCIPAL

Shri. Annasaheb Dange Ayurved Medica-  
College, Ashta, Tal. Walwa, Dist. Sangli

Prepared by  










WCR8+HHC, Anand Colony, Ashta, Maharashtra 416301, India

Latitude  
16.9419712°

Longitude  
74.4160464°

Local 12:22:51 PM  
GMT 06:52:51 AM

Altitude 1654.51 feet  
Saturday, 26-02-2022







GPS Map  
Camera Lite

WCR8+HHC, Anand Colony, Ashta, Maharashtra 416301, India

Latitude  
16.94195886°

Longitude  
74.41633372°

Local 12:24:11 PM  
GMT 06:54:11 AM

Altitude 1772.01 feet  
Saturday, 26-02-2022



GPS Map  
Camera Lite

WCR8+HHC, Anand Colony, Ashta, Maharashtra 416301, India

Latitude  
16.9420441°

Longitude  
74.4160107°

Local 02:33:10 PM  
GMT 09:03:10 AM

Altitude 0 feet  
Saturday, 26-02-2022





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College**

A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301

Phone : 02342-241103/241108, Fax – 02342-241110

Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

To,

Dr. Neha Vijay Desai

Kolhapur

Founder – Jija Social Welfare Association

(Sec 8, non- profit National organization)

Mob.No:9607421689

Subject – Invitation for lecture to students (female) regarding **“Acts of Gender Sensatization – prevention and safety Sexual Harassment”**

Respected Madam,

It is our pleasure that **“Vishakha Internal Complaint cell and Sexual Harassment Grievance Cell”** in ADAMC, Ashta is organizes for symposium to female students regarding **“Acts of Gender Sensatization – prevention and safety Sexual Harassment”** on date:14/01/2022 (Friday) at 11.30am to 12.30 pm in our Hon. Shri. Annasaheb Dange Ayurved medical College Post Graduate Research Center,Ashta. Wrequest you to honor us to be as a speaker guide the students.

Looking forward for your cooperation for making this institute as a success.

Thanking you,

Your's faithfully

*Adarsh*





# NOTICE

All the students UG, PG (Female) here by informed that,  
“Vishakha Internal Complaint cell and Sexual Harassment Grievance Cell” is  
organizing a Symposium on

## “Prevention and Safety against Sexual Harassment”

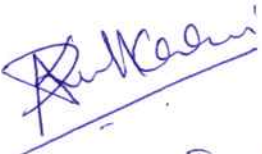
**Speaker for the lecture:** Miss. Neha Vijay Desai, (NGO Member)

**Date:**-26.02.2022      **Day:-** Saturday

**Time:**-11.30 am to 12.30 pm      **Duration:-** 1 hour

**venue:-** First year class room.

**(This is Mandatory for all the students to attend the lecture)**

  
Vishakha Incharge



  
Principal  
Hon. Shri. Annasaheb  
Dange Ayurved Medical  
College & PGRC Ashta

# Internal Complaint COMMITTEE CELL

(vishakha)



Name of student	year	Sign
Pradnya B. Mali	III <sup>rd</sup> BAMS	<u>Pmali</u> ...
Pranita Gaikwad.	III <sup>rd</sup>	<u>PGaikwad</u>
Aishwarya Gaikwad	III <sup>rd</sup>	<u>Aishwarya</u>
Samiksha Bangar.	III <sup>rd</sup>	<u>SBangar</u>
Shinde Aishwarya R.	III <sup>rd</sup>	<u>AShinde</u>
Prajakta S. Kedar	III <sup>rd</sup>	<u>PKedar</u>
shinde Meghana.K	III <sup>rd</sup>	<u>MShinde</u>
Bhosale Anjali Prakash	III <sup>rd</sup>	<u>ABhosale</u>
Satavekar shubhani sudhakar	III <sup>rd</sup>	<u>SSatavekar</u>
Wagadkar Aishwarya shivaji	III <sup>rd</sup>	<u>AWagadkar</u>
Barbade Susmita smikar	IV <sup>th</sup>	<u>SBarbade</u>
Jadhav Swati Babasaheb	IV <sup>th</sup> year	<u>SJadhav</u>
Sujata Suresh Raulwar	IV <sup>th</sup> year	<u>SRaulwar</u>
Harshada shahaji Mohite	IV <sup>th</sup> year	<u>HShahite</u>
Amruta vilas Gurav	IV <sup>th</sup> year	<u>AGurav</u>
Youshali Vinay Rathekar	IV <sup>th</sup> yr	<u>YRathekar</u>
kale Rupam Dawlat	III <sup>rd</sup> yr	<u>KRale</u>
Londhe Snehal Hanomant	III <sup>rd</sup> year	<u>SLondhe</u>
Gawant Ritu Rajesh	IV <sup>th</sup> year	<u>RGawant</u>
Waghmare Shivani Ramchandra	IV <sup>th</sup> year	<u>SWaghmare</u>
Mulka Naziya shabbir	IV <sup>th</sup> year	<u>MNaziya</u>
Vansale Asewani Madhukar	IV <sup>th</sup> year	<u>AVansale</u>
Pawar shrelekha shrikant	III <sup>rd</sup> yr	<u>SPawar</u>
Patil Harshada Shantaram	III <sup>rd</sup> yr	<u>HPatil</u>
Patil Pranoti shahaji	III <sup>rd</sup> yr	<u>PPatil</u>
Harshada sabale	III <sup>rd</sup> yr	<u>HSabale</u>
Patil Pundhori Shalin A.	III <sup>rd</sup> yr	<u>PPatil</u>
Aishwarya R. Manohar	III <sup>rd</sup> yr	<u>AManohar</u>



Name	Year	Sign
Ankita T. Rupnue	III BAMS	<u>A. Rupnue</u>
Manasi U. Otani	III BAMS	<u>Manasi</u>
Ketaki Maske	3 <sup>rd</sup> yr	<u>Ketaki</u>
manisha Nagthane	IV <sup>th</sup> BAMS	<u>manisha</u>
shinde vaishnavi	IV <sup>th</sup> BAMS	<u>Shinde</u>
Dhayayeele Aachi	IV <sup>th</sup> BAMS	<u>Aachi</u>
Shrioni Sawant	IV BAMS	<u>Shrioni</u>
sanobar shaiikh	IV BAMS	<u>Sanobar</u>
Simran patel	—	<u>Patel</u>
Fiza sayyed	—	<u>Fiza</u>
Bhargani Phamje	—	<u>Bhargani</u>
shinde shivani	—	<u>Shinde</u>
payal Bhosale	—	<u>Bhosale</u>
Akshata Patil	—	<u>Patil</u>
Manasi Zunzunnara	—	<u>Manasi</u>
Shiveta Bondar	—	<u>Shiveta</u>
Shaikh Easminara	—	<u>Shaikh</u>



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# 3<sup>rd</sup> yr BAMS



Sr. No.	Name of student	Year	Sign.
1)	Shital J. Padwale	3 <sup>rd</sup> Year	<u>S. J. Padwale</u>
2)	Ashwini Roshy	<u>3<sup>rd</sup> Year</u>	<u>Ashwini</u>
	Sonnes Sneha	<u>1<sup>st</sup> Year</u>	<u>Sneha</u>
	Jayshri Gaikwad	<u>3<sup>rd</sup> Year</u>	<u>Jayshri</u>
	Souhri Kachhe		<u>Souhri</u>
	Airija Kumbhar		<u>Airija</u>
	Shabir Pendhore		<u>Shabir</u>
	Roshani Lohakare		<u>Roshani</u>
	Vaishnavi Bhisude		<u>Vaishnavi</u>
	Gayatri Khadase.		<u>Gayatri</u>
	Pradipa Dandwante.		<u>Pradipa</u>
	Manisha Rathod		<u>Manisha</u>
	Aarti Sawase		<u>Aarti</u>
	Amruta Sadekar		<u>Amruta</u>
	Shorayu Kale		<u>Shorayu</u>
	Priyanka Patil		<u>Priyanka</u>
	Srushti Deshmukh		<u>Srushti</u>
	Preeti Dhongade		<u>Preeti</u>
	Shruti Gupta		<u>Shruti</u>





Welcome to

# Jija Social Welfare Association

National organisation (Section 8)



Here we stand for Global change  
This Is The Small Initiative **To Empower Women**  
Our NGO is Regarding Women's Health Care  
We Help To Grow Their Inner Soul  
Come to join us in our Noble cause



## #JJA

- 1-Mission Rebirth-To save a Motherhood
- 2-Mission Empowering Women
- 3-O.Sakhi-You can Speak
- 4-Mi saksham Gruhini

**We Believe  
Women's Can Lead**

**Sankalp 3 Mahalaxmi Park Panchagon, Kolhapur**

**9607421689, 8446399521**

Email :- [ndesai7808@gmail.com](mailto:ndesai7808@gmail.com)



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : www.adamcashta.com  
NAAC Accrediated ISO Certified 9001-2015,14000-2015



Date:- 10 /10/2022

To,

The Principal,

Hon.Shri Annasaheb Dange Ayuvedic Medical College,

Ashta.


**Subject:-** Regarding Permission for the Guest lecture on Mental Health in Medical Students on occasion of World Mental Health Day,2022 dated on 13/10/2022.

Respected Sir,

We, NSS Unit and Swasthavritta and Yoga Dept. at Hon.Shri. Annasahab Dange Ayurved Medical college, Ashta are going to arrange the Guest lecture on Mental Health in Medical Students on occasion of World Mental Health Day,2022 dated on 13/10/2022. Our guest speaker is Dr. Abhinandan Patil, MD, Manas vidnyan, Prof. Kayachikitsa, LRP Ayurvedic College Islampur,MCIM Executive Member.

We request you to permit us to conduct above event with your valuable guidance.



  
HOD  
Swasthavritta Dept.  
Hon.shri. Annasaheb Dange  
Ayurved Medical College Ashta

Yours Faithfully,  
  
Programme Officer,  
NSS Cell  
A.D.A.M.C., Ashta





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : www.adamcashta.com  
NAAC Accrediatated      ISO Certified 9001-2015,14000-2015



Date:11/10/2022

## Notice

This to inform you that, all the Teaching Staff and BAMS Students of Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta are requested to attend the Guest lecture on Mental Health in Medical Students on occasion of World Mental Health Day,2022

**Date:** 13/10/2022

**Time:** 2:30pm to 03:30 pm

**Guest Speaker:** Dr. Abhinandan Patil, MD, Manasrog vidnyan,


Prof. Kayachikitsa, LRP Ayurvedic college Islampur,  
MCIM Executive Member

**Venue:** Auditorium Hall,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.



  
**Programme Officer,**  
NSS Cell  
A.D.A.M.C., Ashta

  
**HOD**  
Swasthivrita Dept.  
Hon.shri. Annasaheb Dange  
Ayurved Medical College Ashta

  
**PRINCIPAL**  
Shri. Annasaheb Dange Ayurved Medica  
College, Ashta, Tal.Walwa, Dist.Sangli



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Website : www.adamcashta.com

NAAC Accrediated

ISO Certified 9001-2015,14000-2015



Ref.No.

Date : 11/10/2022

## Invitation Letter

To,

Dr. Abhinadan Patil,

MCIM Executive Member,

Professor, Kaychikitsa

LRP Ayu.College , Islampur

Subject – Invitation for Guest Lecture...


Respected Sir,

This is an invitation for you to deliver a Guest Lecture to our BAMS students on topic of Mental Health in Medical Students on the occasion of World Mental Health Day,2022, on 13.10.2022 at 02.30 pm to 04.30 pm in our Institute.

Requesting you to honor us by your presence.

Thanking you,



  
HOD  
Swasthvirita Dept.  
Hon.shri. Annasaheb Dange  
Ayurved Medical College Ashta

  
Programme Officer,  
MSF Cell  
A.D.A.M.C., Ashta





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : www.adamcashta.com  
NAAC Accrediatated      ISO Certified 9001-2015,14000-2015



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**NAME OF DEPARTMENT:- NSS team and Swasthavritta & Yoga**  
**YEAR:-2022**

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## **EVENT / ACTIVITY REPORT**

Title of Event / Activity:- Lecture on Mental Health in Medical Students on occasion of World Mental Health Day,2022

Date:- 13/10/2022

Time:- 02.30 pm to 04.30 pm

Duration:- Two Hours

Venue:- Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

### **Name of Lecturer-**

Dr.Abhinandan Patil, MD (Manas Vidyan), Professor Kaychikitsa, LRP Ayu.College , Islampur,m MCIM Executive Member.

### **Description:-**

At the beginning, Program started with Dhanvantari worship and Stavan. Our 3<sup>rd</sup> BAMS student Ankita Rupanar and Srushti Deshamukh sung Dhanvantari Prayer.

Our Principal Dr. Amit Pethkar had given a warm welcome to our guest on occasion of World Mental Health Day,2022.Dr. Alkananda Kulkarni falicitated our





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**

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Website : www.adamcashta.com

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ISO Certified 9001-2015,14000-2015



guest. At the beginning of lecture Dr. N.B. Tatpuje HOD, Swasthvritta and Yoga has given brief introduction of our guest Dr. Abhinandan Patil.

Dr. Abhinandan Patil, BAMS, MD (Manas Vidnyan), Professor, MCIM Executive Member gave appropriate & very useful information about Manas vidnyan in Ayurveda. He also gave information about improvement of mental health in medical students using Ayurvedic Manas aspects. It was very informative lecture given by Dr. Abhinandan Patil on occasion of World Mental Health Day, 2022 .

At the end of the lecture Asso. Prof. Dr. Ashwini Khot gave vote of thanks to our guest for giving such useful information to our BAMS students. Our NSS volunteers Mr.Pavan , Ms. Shradhha ,Ms. Priti and Ms.Ankita contributed their role to conduct this program smoothly.

List of the Teachers/ Students/ Instructors are attached with the report.

**Faculty Present-**

1. Dr. Nitin Tatpuje
2. Dr. Alknanda Kulkarni
3. Dr. Ashwini Khot
4. Dr.Tinkuganesh Khalache
5. Dr.Sunil Chavan
6. Dr.Dilip Katare
7. Dr.Shital Mane

Programme Officer  
NSS Cell  
A.D.A.M.C., Ashta

HOD  
Swasthvritta Dept.  
Hon.shri. Annasaheb Dange  
Ayurved Medical College Ashta

PRINCIPAL  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal.Walwa, Dist.Sangli







Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
 & Post Graduate Research Center**

A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301

Website : www.adamcashta.com

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**Guest Lecture on Mental Health in Medical Students on occasion of World  
 Mental Health Day, 2022 dated 13/10/2022**



**Ashta, Maharashtra, India**  
 Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta,  
 Anand Colony, Ashta, Maharashtra 416301, India  
 Lat 16.942132°  
 Long 74.416123°  
 13/10/22 02:37 PM GMT +05:30



*[Signature]*  
 Programme Officer  
 NSF Cell  
 A.D.A.M.C., Ashta

*[Signature]*  
 Swasthvrta Dept.  
 Hon. Shri. Annasaheb Dange  
 Ayurved Medical College Ashta





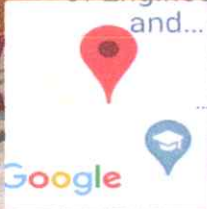
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 Anand Colony, Ashta, Maharashtra 416301, India

Lat 16.942118°

Long 74.41612°

13/10/22 04:14 PM GMT +05:30

GPS Map Camera



**Ashta, Maharashtra, India**

Hon.Shri. Annasaheb Dange Ayurved Medical College, Ashta,  
 Anand Colony, Ashta, Maharashtra 416301, India

Lat 16.942112°

Long 74.416059°

13/10/22 02:58 PM GMT +05:30

GPS Map Camera



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**Programme Officer**  
 NSP Cell  
 A.D.A.M.C., Ashta

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**HOD**

**Swasthritta Dept.**  
 Hon.shri. Annasaheb Dange  
 Ayurved Medical College Ashta





PRESENTY SHEET

NAME OF PROGRAMME/ ACTIVITY : Guest Lecture on <sup>world</sup> Mental health Day  
DATE : 13/10/2022 TIME:  
VENUE : Auditorium Hall, ADAME, Ashta.

Sr. No.	Name of Student/ Staff	Year / Subject	Signature
1.	Dr. Ashwini A. Khot	Asso. Prof. Swasth	
2.	Dr. Tatpuje N.B.	Proff. Swastha	
3.	Dr. Dilip Kature	Proff. - Shringar	
4.	Dr. Tinku-ganesh P. Khalache	Asso. Prof. - Shringar	
5.	Shraddha S. Houseker	New IV Yr	
6.	Peeli Ramesh Kumbhar	New IV Year	
7.	Amruta Khandu Salkar	New IV Year	
8.	Pawan Tanaji Ghutukade	New III year	
9.	Vinayak Sankar Javare	New IX year	
10.	Devkate Akshay Bhirrao	New IV Yr	
11.	Yesooor Akshay Krishna	New IV Yr	
12.	Shubham Kailas Pant	New IV yr	
13.	Yogesh Anandao Shelke	New IVth yr	
14.	Tare Avinash Janardhan	New IVth yr	
15.	Akshay Baburao Yampale	New IVth yr	
16.	Aniket Sadashiv Padavalkar	New IVth year	
17.	Sharad Bharat Chauhan	New IVth yr	
18.	Sahil Jahangir Shaikh	New IVth yr	
19.	Pankaj Pandit M.D.	New IVth yr.	
20.	Kaustubh Amrutkiran Kore	New IVth year	
21.	Pranita Parmeshwar Gaikwad.	New IVth year	
22.	Pradnya Balasaheb Mali	New IVth year	







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23.	Siddhi J. wale	New IV <sup>th</sup> yr	<del>Julia</del>
24.	Aishwarya Marathe	New IV <sup>th</sup> yr	<del>Asm</del>
25.	Snehal Rajkumar Bansode	New IV <sup>th</sup> yr	<del>Snehal</del>
26.	Samiksha Baban Bangar	New IV <sup>th</sup> yr	<del>Bangar</del>
27.	Sushama Dhanaji Gadade	New IV <sup>th</sup> yr	<del>Gadade</del>
28.	Girija Sunil Kumbhar	New IV <sup>th</sup> yr	<del>Kumbhar</del>
29.	Vaishnavi Anil Bhujbal	New IV <sup>th</sup> yr	<del>VAB</del>
30.	Anagha sanjay Gauhane	New IV <sup>th</sup> yr	<del>AGG</del>
31.	Sakshi Tanaj Patil.	New IV <sup>th</sup> yr	<del>Sakshi</del>
32.	Aishwarya Bapu Gaikwad	New IV <sup>th</sup> yr	<del>Gaikwad</del>
33.	Soushti suhas Deshmukh	New IV <sup>th</sup> yr	<del>Soushti</del>
34.	Sangram D. Patil	New IV <sup>th</sup> yr	<del>Patil</del>
35.	Hiwale Ankush Kailas	New IV <sup>th</sup> yr	<del>Ankush</del>
36.	Adamane Sanket Sanjay	IV <sup>th</sup> (New)	<del>Sanket</del>
37.	Piyush sanjay Bharati	New IV <sup>th</sup> year	<del>Piyush</del>
38.	Amit Govind Dudge	New IV <sup>th</sup> year	<del>Amit</del>
39.	Gaurav Vishnupant Dhawale	New IV <sup>th</sup> year	<del>Gaurav</del>
40.	Krishna shirchand Sastale	New IV <sup>th</sup> yr	<del>Sastale</del>
41.	Mayur Mahadev Thorsal	New IV <sup>th</sup> yr.	<del>Thorsal</del>
42.	Sabate Harshada s	New IV <sup>th</sup> yr	<del>Sabate</del>
43.	Shahin A. Pendhari	New IV <sup>th</sup> yr	<del>Pendhari</del>
44.	Patil pranoti s	New IV <sup>th</sup> yr	<del>Patil</del>
45.	Patil Harshada chautaram	New IV <sup>th</sup> yr.	<del>Patil</del>
46.	Rupnur Ankita Tanaji	New IV <sup>th</sup> yrs	<del>Rupnur</del>
47.	Padwale shital Jayram	New IV <sup>th</sup> yr	<del>S.Padwale</del>







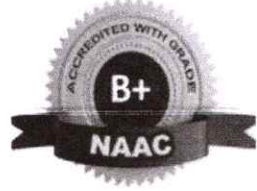
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48	Pawar Shriktha Shrikant	New IV <sup>th</sup> yr	<u>Scwds</u>
49	Aishwarya Shivaji Wadkar	New 2 <sup>th</sup> yr	<u>Aishwarya</u>
50	Satavekar Shubhani Sudhakar	New 2 <sup>th</sup> yr	<u>Satavekar</u>
51	Shinde meghana Kiran	New 2 <sup>th</sup> yr	<u>Shinde</u>
52	Ashwini K. Rodya	New IV <sup>th</sup> yr	<u>Ash</u>
53	Shinde Aishwarya R.	New IV <sup>th</sup> yr	<u>Shinde</u>
54	Kale Rupam Dawlat	New II <sup>th</sup> yr	<u>Kale RD</u>
55	Londhe Snehal Hanamant	New II <sup>th</sup> yr	<u>Snehal</u>
56	Gaikwad Jayshri Kishanrao	New IV <sup>th</sup> yr.	<u>Gaikwad</u>
57	Sonnet Sneha Vijaykumar	New IV <sup>th</sup> yr.	<u>Sonnet</u>
58	Bhisade Vaishnavi Ramesh	New IV <sup>th</sup> yr.	<u>Bhisade</u>
59	Ingal Kajal Magan	New IV <sup>th</sup> yr.	<u>Ingal</u>
60	Prajakta Anilkumar Tomke	New IV <sup>th</sup> yr	<u>Tomke</u>
61	Patil Snehal Chandrakant	New IV <sup>th</sup> yr	<u>Patil</u>
62	Gayatri Jayant Khadke	New IV <sup>th</sup> year	<u>Gayatri</u>
63	Aarti Ramesh Surwase	New IV <sup>th</sup> yr.	<u>Surwase</u>
64	Shruti Ramesh Gupta	New IV <sup>th</sup> yr	<u>Shruti</u>
65	Mariya Fatema Md. Yaseen	New IV <sup>th</sup> yr	<u>Mariya</u>
66	Roshani Vitthal Lohakare	New IV <sup>th</sup> yr	<u>Rohakare</u>
67	Priyanka Mallikarjun Patil	New IV <sup>th</sup> yr	<u>Priyanka</u>
68	Mali Sharayu Babasaheb	New IV <sup>th</sup> yr.	<u>Sharayu</u>
69	Prudula S. Tambe	New IV <sup>th</sup> yr.	<u>Prudula</u>
70	Prajakta Saudagar Kedor	New IV <sup>th</sup> yr	<u>Prajakta</u>
71	Vidya Ravindra Chavan	New IV <sup>th</sup> yr	<u>Chavan</u>
72	Bhosale anjali Prakash	New IV <sup>th</sup> yr	<u>Bhosale</u>



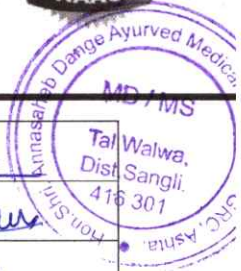


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73.	Hajane Dhanashri Jayashing	New II <sup>th</sup> year	
74.	kajal Dattatray Bhusnar	New IV <sup>th</sup> yr	
75.	Dhongade Pritee Sharad	New IV <sup>th</sup> yr	
76.	Dr. Sunil V. Chavan	Asso Prof. Agadkatra	



**Programme Officer,**  
 NSS Cell  
**A.D.A.M.C., Ashta**

**MOD**  
 Swasthviritta Dept.  
 Hon. Shri. Annasaheb Dange  
 Ayurved Medical College Ashta

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**Title: Anti-Ragging Awareness Program Inaugural Session Report**

**Name of Department : Prasutitantra Evum Striroga**

Title: Anti-Ragging Awareness Program Inaugural Session Report

**Date:**22/11/2023

**Time:** 2:30-3:30 pm

**Venue:** Hon.shri.Annasaheb Dange Ayurved Medical College And Research Center,Ashta (1st year BAMS classroom)

**Objective:** The inaugural session of the Anti-Ragging Awareness Program aimed to officially launch the initiative and set the tone for a campus-wide commitment to eradicating ragging. Key objectives included introducing program goals, emphasizing the importance of a safe and inclusive environment, and engaging participants in the mission against ragging.

**Event Details:** Activities:

**Welcome Address:**

The session began with a warm welcome from the program organizers, acknowledging the presence of faculty, and students.

**Program Overview:**

Provided a brief overview of the Anti-Ragging Awareness Program, outlining its goals, significance, and the intended impact on fostering a positive campus culture.

**Speaker Presentation:**

Invited a HOD of Prasutitantra & stririga department Dr.Dilip Katre, to discuss the psychological and legal implications of ragging, reinforcing the severity of the issue.





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### **Pledge Ceremony:**

Concluded the inaugural session with a solemn pledge ceremony, where all student, pledged their commitment to promoting a ragging-free environment and ensuring the well-being of their peers.

### **Distribution of Program Materials:**

Provided attendees with informational materials, including brochures, pamphlets, and program schedules, to reinforce key messages and serve as ongoing reminders.

Outcomes:

- 1.Successfully launched the Anti-Ragging Awareness Program, garnering enthusiastic participation of students.
- 2.Established a shared commitment to creating a campus free from ragging through the symbolic pledge ceremony.

### **Recommendations:**

Encourage ongoing engagement with the program through interactive workshops and activities.

No Of Attendies-89







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E-mail : ashta.adamc@gmail.com  
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**Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.**

TRANSITIONAL CURRICULUM

ATTENDANCE SHEET-1<sup>st</sup> YEAR BAMS 2023-24

TEACHERS NAME- Dr. Dilip Katore

DATE: 22/11/2023

TOPIC- Anti Ragging

TIME: 2.30 to 3.30

SR.NO.	Name of Student	Sign	SR.NO.	Name of Student	Sign
1	Soham Sanjay Deshmukh	[Signature]	51	Asiya Ayaz Mulla	[Signature]
2	Ray Santosh Pawar	[Signature]	52	Sana Aslam Mujawar	[Signature]
3	Hrushikesh R. Phadare	[Signature]	53	Soniya Nath Desai	[Signature]
4	Rushikesh D. Nuzange	[Signature]	54	Aishwarya Chate	[Signature]
5	Divyaja V. Dhanavade	[Signature]	55	Shreya Arvind Thorbole	[Signature]
6	Manish M. Bhangale	[Signature]	56	Kajal Ramkrushna Hasabe	[Signature]
7	Kaustubh Kapare	[Signature]	57	Gauri Aranta Ramgudve	[Signature]
8	Aditya Mahajan	[Signature]	58	Harshali Namdev Naitnaware	[Signature]
9	Footmath R. Hudedake	[Signature]	59	Sushmita Anur Pawar	[Signature]
10	Sandhya Gaikwad	[Signature]	60	Diya Vijay Mali	[Signature]
11	Khochare Omkar Kamling	[Signature]	61	Grande Siddhi N.	[Signature]
12	Pratik Kamble	[Signature]	62	Ashwini Santosh Torve	[Signature]
13	Digambar R. Soparkar	[Signature]	63	Sanjeevani Sachin Mahite	[Signature]
14	Kunal Govinda Kalbarde	[Signature]	64	Pranjal Vinayak Pawar	[Signature]
15	Jay Khasawar	[Signature]	65	Sanika Dharmesh Patil	[Signature]
16	Rafik V. Waghmare	[Signature]	66	Sakshi Sunil Adani	[Signature]
17	Avinish V. Rathod	[Signature]	67	Kajal Jyoti Narayanrao	[Signature]
18	Bhavesh D. Tadkar	[Signature]	68	Vandana Rama Dhanavade	[Signature]
19	Rishikesh Kam Rathod	[Signature]	69	Rehni Bala Sahab Ankur	[Signature]
20	Kartik Relekar	[Signature]	70	Saba Shabbir Torja	[Signature]
21	Soham Dallanay Deshmukh	[Signature]	71	Swarali S. Kharise	[Signature]
22	Rajan Ramchandra Mune	[Signature]	72	Shreya B. Chavan	[Signature]
23	Pranish Papat Mali	[Signature]	73	Aswini Sahebrao Londe	[Signature]
24	Omkar Karande	[Signature]	74	Shridh Santosh Waghmare	[Signature]
25	Amrit Patil	[Signature]	75	Pratikala Balasahab Tadkar	[Signature]
26	Abhishek Tadkar	[Signature]	76	Namrata Naresh Sutar	[Signature]
27	Patel. Tanalax. Astak	[Signature]	77	Ghelat Sakshi Baban	[Signature]
28	Taikar Dnyanoba Lahare	[Signature]	78	Phoze Tanuja	[Signature]
29	ROSESH UTTAM PAWAR	[Signature]	79	Shraddha Jagtap	[Signature]
30	Shreyas S. Shende	[Signature]	80	Sakshi Ravikant Jagtap	[Signature]
31	Abhishek Prasad Anand	[Signature]	81	Pratiksha Prashant Mirkar	[Signature]
32	Aditya Mahajan	[Signature]	82	Siddhi Pragdeep Jante	[Signature]
33	Shreyas Korande	[Signature]	83	Kanchan Chandrakant Danglekar	[Signature]
34	Saket Suresh Chhattise	[Signature]	84	Rubya Kiran Patil	[Signature]
35	Aditya B. Mane	[Signature]	85	Vidya Mahadev Jangam	[Signature]
36	Arjun Vijay Khadke	[Signature]	86	Divyayani Bhram Patil	[Signature]
37	Shraddha Shivaji Patil	[Signature]	87	Sanjeevani Bhram Bhosale	[Signature]
38	Tarun Sanjay Patil	[Signature]	88	Vaishnavi Pralhad Jakhore	[Signature]
39	Saka Pijay Bagampur	[Signature]	89	Shreya Vinayak Magdum	[Signature]
40	Nikita Nitin, Burikar	[Signature]	90		
41	Shreya A Vavhal	[Signature]	91		
42	Srishti Shital Upadhyay	[Signature]	92		
43	Nishigandha P. Dair	[Signature]	93		
44	Devyani Sanjay Mhetar	[Signature]	94		
45	Prakata Anantabek Chavare	[Signature]	95		
46	Sujata Shripati Chopde	[Signature]	96		
47	Deekha N. Bhatelghau	[Signature]	97		
48	Divya Sunil Bidpuriar	[Signature]	98		
49	Shalabhikhi Chitvanand Hirwade	[Signature]	99		
50	Ankita Anil Tadkar	[Signature]	100		



[Signature]  
 Sign of Teacher

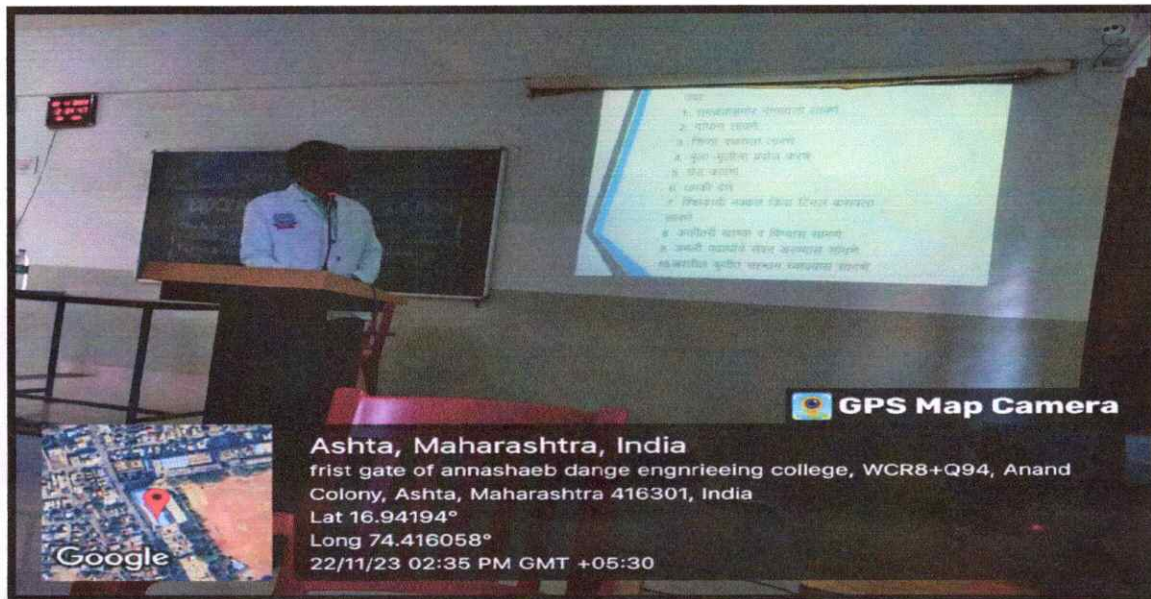
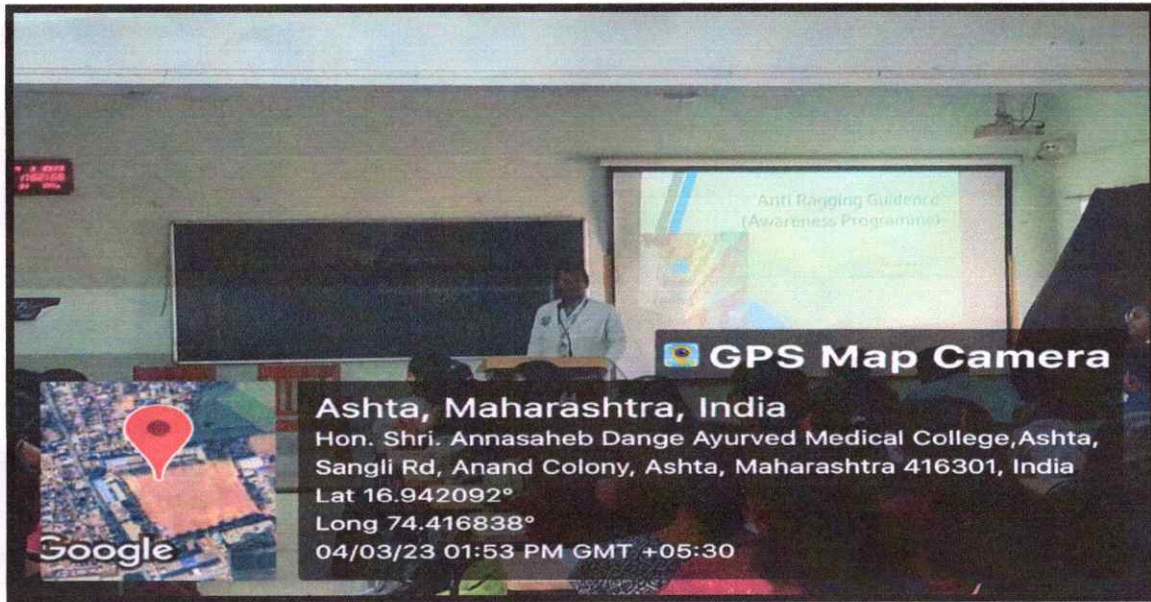




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**Photos**

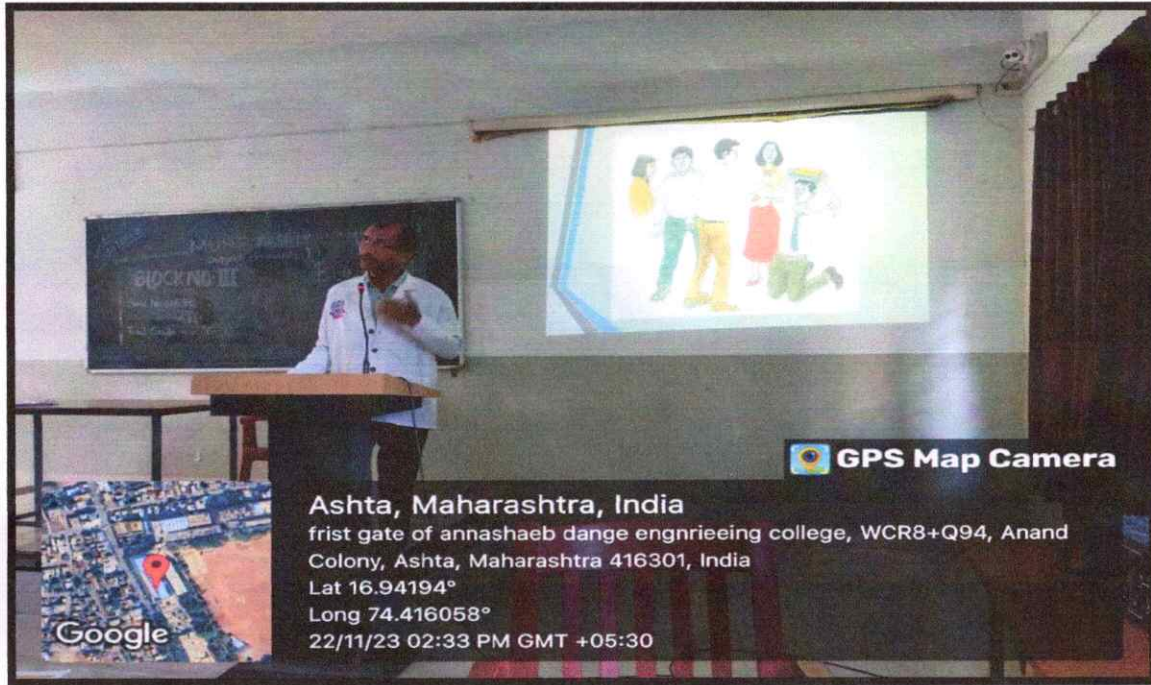




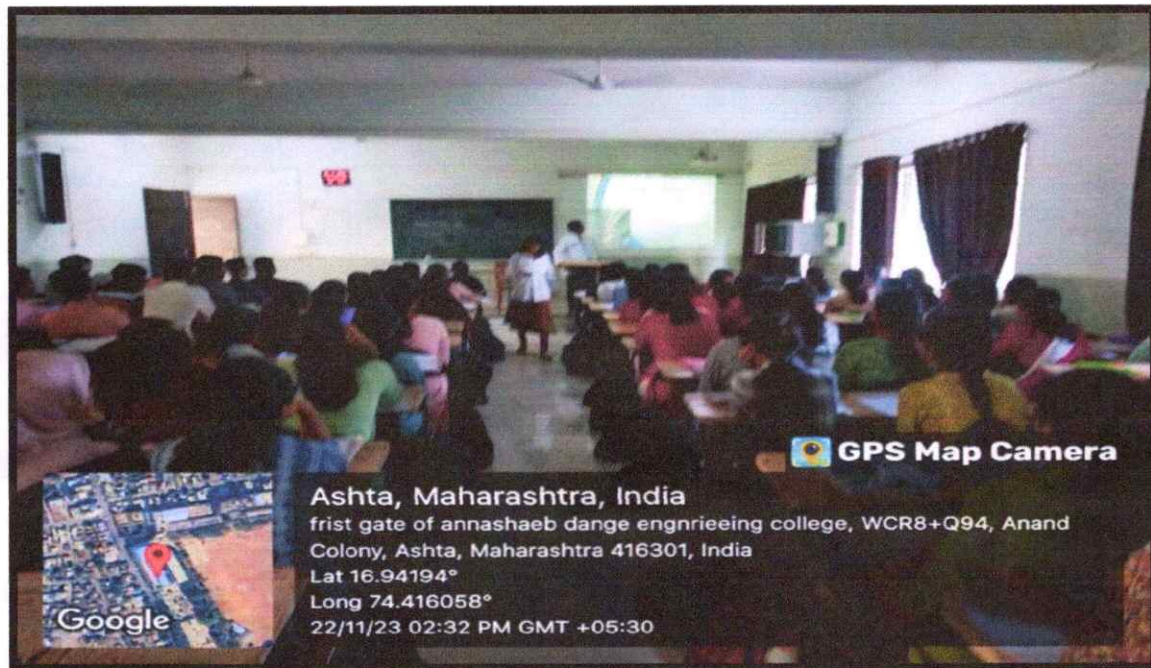


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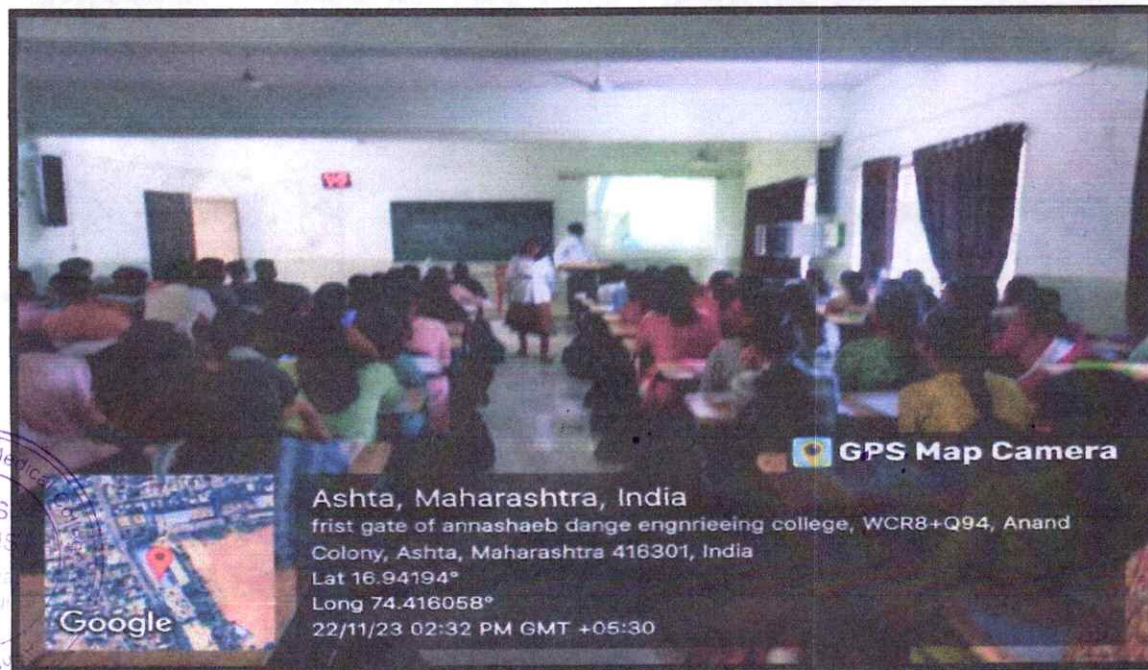
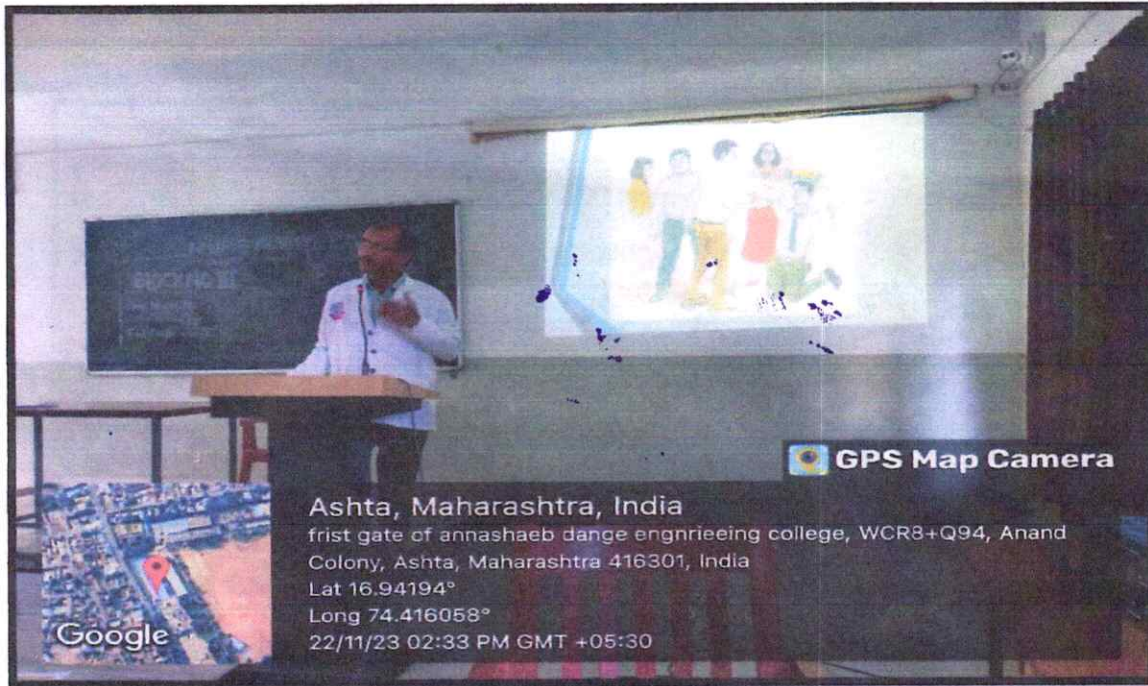
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**Lecturer**  
 Strirog & Prasuti Dept.  
 A.D.A.M.C., Ashta

*Srip*  
**HOD**  
 Strioga & Prasuti Tantra Dept  
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*A. Shenker*  
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## INSTITUTIONAL GRIEVANCE CELL

### EVENT / ACTIVITY REPORT

Title of Event / Activity:- Guest Lecture on Cyber Crime by DYSP Arifa Mulla CID ( Sangli )

Date:- 09/01/2023

Time:- 10.30am To 12.30pm

Duration:- Two hour

Venue:- Hon. Annasaheb Dange Ayurved Medical College, Ashta.

Objectives of event / activity:-

- To spread the awareness about sexual abuse, work harassment, cyber crime among girl students and female faculties of ADAMC, Ashta.
- To introduce students and female faculties to the criminal implications and consequences of computer crime.
- To prevent any sexual invectives and abuses towards girl students and female staff in campus

Guest faculty with designation (if applicable):-

DYSP Arifa Mulla

CID ( Sangli )







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**Event / Activity report:-**

Guest Lecture on Cyber Crime was arranged by Vishakha Committee of ADAMC, Ashta on 09 January 2023. This lecture was conducted for making general awareness about sexual abuse, work harassment, cyber crime among girl students and female faculties of ADAMC, Ashta. To introduce students and female faculties to the criminal implications and consequences of computer crime and to prevent any sexual invectives and abuses towards girl students and female staff in the campus.

DYSP Arifa Mulla mam gave an excellent speech on Cyber crime as well as the true meaning of women empowerment to the girl student and female faculties of Adamc, Ashta. Mam also gave valuable guidance to the girl students about focusing our career rather than social media by self conduct and self discipline.

Following members were present for this Guest Lecture

Chief Guest and Resource Person : DYSP Arifa Mulla

Nodal Officer Of IGRC ; Dr Shradha Shelke

Vishakha Committee Head : Dr Alaknanda Kulkarni

Hospital Grievance Head : Dr Smita Lokhande

Student Grievance Head : Dr Reshma Dhere

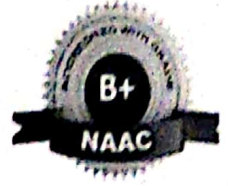
Total 101 First year and 4<sup>th</sup> year BAMS girl students attended this lecture along with following faculty members who are as mentioned below-

1. Dr Sujata Kate (Shalakya dept.)
2. Dr Ashwini Khot (Swasthavrutta Dept)
3. Dr Varsha Khotl (Kayachikitsa dept.)
4. Dr Sayli Pashte (Gynac dept.)
5. Dr Nisha Panhalkar (Gynac dept.)
6. Dr Sarita Gavde ( Dravyagun Dept)
7. Dr Dipali Jadhav ( Rachana Dept )
8. Dr Hemlata Kore (Swasthavrutta Dept)





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**Outcome of event:-**

This lecture was helpful in imparting knowledge about the importance of responsibilities of women and what is the true meaning of Women empowerment.

Advantages and disadvantages of social media.

What is Cyber Crime with detail information.

**Feedback:-**

All girl students of first and fourth year BAMS and female faculties of ADAMC, Ashta are very happy for information and guidance given by Resource person DYSP Arifa Mulla CID (Sangli) in this guest lecture.

Nodal Officer

Dr Shradha Shelke

Vishakha Head

Dr Alaknanda Kulkarni

Principal

PRINCIPAL

Dr Amit Pethkar

Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli





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DATE : 06/01/2023

NOTICE

This is to inform to All Female faculties and Girl students of first and fourth year of ADAMC, Ashta that Guest Lecture will be held On 09 / 01 / 2023 at Auditorium Hall under supervision of Nodal Officer and Vishakha Committee Head. Everyone will be sharply present on 10.30am at Auditorium Hall for the same.

Guest Speaker

DYSP Arifa Mulla ( CID Sangli )

Venue : Auditorium Hall

Date : 09 / 01 / 2023

Time : 10.30 am

Nodal Officer

Dr Shradha Shelke

Vishakha Head

Dr Alaknanda Kulkarni

Principal

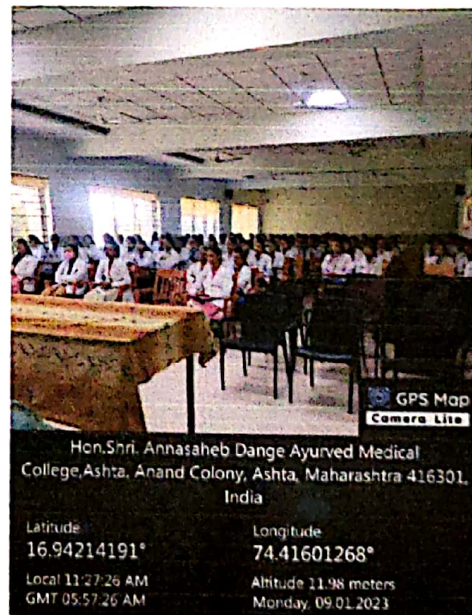
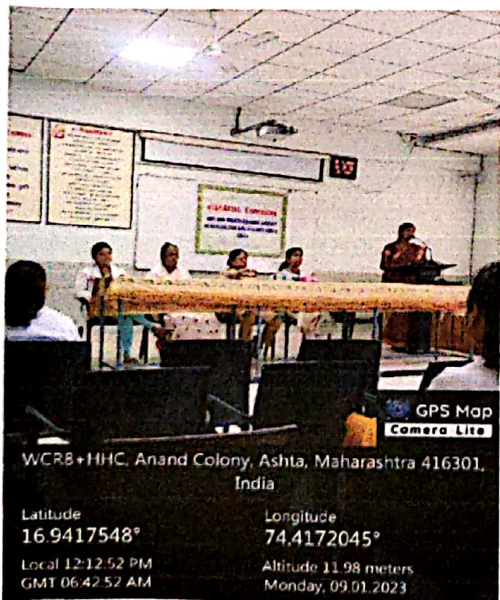
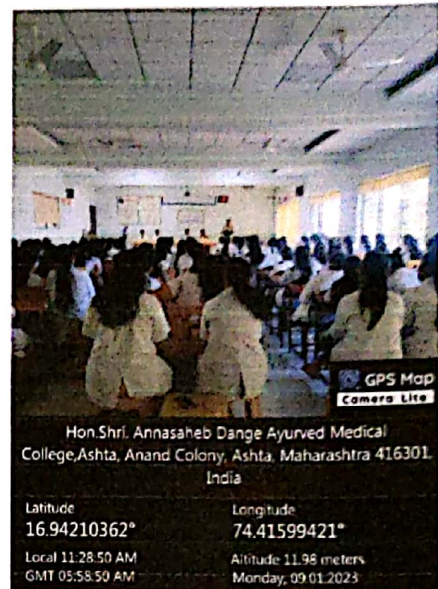
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## पुण्य नगरी

# In Short



आष्टा : सांगलीच्या पोलीस उपाधीक्षक अरिफा मुल्ला-लांडगे यांचा सत्कार करताना प्राचार्य डॉ. अमित पेठकर. बाजूस डॉ. विजय डांगे व अन्य.

## महिला सक्षम, सजग, सुसंस्कृत झाली पाहिजे : अरिफा मुल्ला-लांडगे

आष्टा / प्रतिनिधी : महिला सक्षम, सजग आणि सुसंस्कृत झाली पाहिजे, असे मत सांगलीच्या पोलीस उपाधीक्षक अरिफा मुल्ला-लांडगे यांनी व्यक्त केले. येथील अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, पदव्युत्तर संशोधन केंद्रामधील विद्यार्थिनींना विशाखा समिती अंतर्गत सामाजिक जागृती, निरनिराळे सायबर क्राईम आणि महिला अत्याचार याविषयी मार्गदर्शन प्रसंगी कार्यक्रम झाला. महाविद्यालयाचे प्राचार्य डॉ. अमित पेठकर यांनी स्वागत केले. विशाखा समितीच्या प्रमुख डॉ. अलकनंदा कुलकर्णी कार्यक्रमाच्या अध्यक्षस्थानी होत्या. नोडल ऑफिसर डॉ. श्रद्धा शेळके यांनी प्रास्ताविक केले. डॉ. स्मिता लोखंडे व डॉ. रेश्मा ढरे यांनी कार्यक्रमाचे सूत्रसंचालन केले. यावेळी महाविद्यालयातील सर्व महिला, अध्यापक तसेच पदवी व पदव्युत्तर विभागातील विद्यार्थिनी उपस्थित होत्या.

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INSTITUTIONAL GRIEVANCE CELL  
GUEST LECTURE UNDER VISHAKHA COMMITTEE  
9 JANUARY 2023



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## महिलांनी सक्षम, सजग, सुसंस्कृत व्हावे : अरिफा मुल्ला-लांडगे



अरिफा मुल्ला-लांडगे यांचा मन्कार करताना प्राचार्य डॉ. अमित पेटकर यांस डॉ. अलकनंदा कुलकर्णी, डॉ. विजय डांगे, डॉ. सर्फाज लांडगे, डॉ. प्रधा शेळके, डॉ. मुरांत कणमरे.

### जनप्रवाम । प्रतिनिधी

आष्टा : आज महिलांनी सक्षम, सजग, सुसंस्कृत व्हावे ही काळाची गरज आहे, असे मत डॉ. अरिफा मुल्ला-लांडगे यांनी केले. अण्णासाहेब डांगे आयुर्वेद

वैद्यक महाविद्यालय आष्टा येथील पदव्युत्तर संशोधन केंद्रातील विद्यार्थिनींना मार्गदर्शन करताना डॉ. अरिफा मुल्ला-लांडगे बोलत होत्या. 'विशाला समिती' अंतर्गत विद्यार्थिनींमध्ये

सामाजिक जागृती, निरनिराळे मायबर जाईम आणि महिला अत्याचार याविषयी माहिती देण्यासाठी व्याख्यानाने आयोजन करण्यात आले होते. प्राचार्य डॉ. अमित पेटकर यांनी त्यांचे

स्वागत केले. विशाला समितीच्या प्रमुख डॉ. अलकनंदा कुलकर्णी कार्यक्रमाच्या अध्यक्षस्थानी होत्या. नोडल ऑफिस डॉ. प्रधा शेळके यांनी कार्यक्रमाचे प्रस्ताविक केले. डॉ. रिमता लोखंडे व डॉ. रेखा डेंडे यांनी सूत्रसंचालन केले. महिला अभ्यापकवर्ग तसेच पदवी व पदव्युत्तर विभागातील विद्यार्थिनी उपस्थित होत्या. महिलांनी मिळालेल्या स्वागतप्रवाचा स्वीकार करू नये, आपापली जबाबदारी ओळखून घेणे पूर्ण करण्यासाठी इतले पाहिजे म्हणजे अनुभवी तज्ज्ञांमार्फत अशिक्षित महिला समाजाची उन्नती होईल, असे प्रतिपादन त्यांनी केले. स्वयंसेवक, स्वावलंबन आणि प्रामाणिक प्रयत्न यालून महिलांनी स्वतःची आणि कुटुंबाची प्रगती साधली पाहिजे, असे आवाहन त्यांनी यावेळी केले.



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I - BAMS ACADEMIC YEAR 2020-21

**Mentor name: Dr.Sarfraj Landge**

Sr.no.	Name of Student	Neet Score	Mobile no.
1	Pujari Seema Ananda	435	8459922067 8975523646
2	Bobade Aniket Angad	433	7517892500 9860232990
3	Solankar Samruddhi Sunil	398	7977540321 9324374123
4	Gaikwad Vedanti Vinod	398	9130951914 9423026931
5	Sajgane Shreya Sunil	398	7249388920 8928791188
6	Rathod Amol Kalyan	398	9922334047 7588677357
7	Pawar Mukesh Jangu	199	7841891670 7020553527
8	Zyate Yashwant Vasudeo	198	7350361907 8390236695
9	Pawara Varsha Reda	190	9420723967 9860630237
10	Pawar Sakshi Shamrav	190	7709652953





Sant Dnyaneshwar Shikshan Sanstha's  
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Ashta. Dist: Sangli

Mentor - Mentee Meeting Record

Mentor Name: Dr. Sanjay Khudbuddin Landge Date: 20/05/2021  
Time: 04:15pm

SL.No.	Name of the Mentee	Attendance	Academic Issues	Health/ Personal Issues	Others	Sign of Mentee		
1	Pujari Seema	}	}	}	}	Seema		
2	Bobade Aniket					Aniket		
3	Solankar Samruddhi					Samruddhi		
4	Gaitwad vedanti					Vedanti		
5	Sargane Shreya					No		
6	Rathod Amol					any	any	S.S. Sargan
7	Pawar Mukesh					Mukesh		
8	Zyate Yashwant					Yashwant		
9	Pawara Varsha					Varsha		
10	Pawar Sakshi					Sakshi		

Minutes/Summary of Meeting:

- ① Syllabus of MUNS exam is discussed of all subjects.
- ② Hostel related issues were discussed.
- ③ Ideal Method of Exam paper writing is explained to the students.

Mentor Remarks:

- ① Students have no any problems/doubts regarding academics.
- ② Attendance of all the students is acceptable according to examination.

Landge  
Mentor Signature  
Reader  
Sharir Rachana Dept.  
A.D.A.M.C., Ashta







Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Mentoring Tools

MENTEE INFORMATION

Name :- Yashavant Vasudeo Zyate  
Gender :- Male  
Date of Birth :- 19-08-2000  
Phone Number :- 7350361907  
Name of College ADAMC, ashta  
Home address :- At post jaulka rly.  
Tq. Malegaon Dt. Washim

	Father/Guardian Information	Mother Information	Emergency Contact (Other than Parent)
Name	Vasudeo Zyate	Sunita Zyate	-
E-mail ID	-	-	-
Cell No.	8390236695	-	-
Work Address	Teacher	Housewife	-
Annual Income of family	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 50,000		Pl mention your relation: -



**MENTEE AGREEMENT**

*"The most effective mentors offer support, challenge, patience, and enthusiasm while they guide others to new levels of achievement."*

**Overview:**

Mentors serve as positive role models and invest themselves in their students. They also encourage and motivate students to bring the best out of themselves. Mentors offer students a pathway to expand their life perspectives, overcome obstacles and build on their strengths to make positive choices and develop essential school and life skills. Mentors are not case managers or therapists. They are caring adults committed to building relationships with responsibilities. Before signing the agreement Mentee should read and understand the following points.

**As a Mentee I am hereby gives undertaking to agree to:**

- Commit to meeting with my mentor full year, preferably at a scheduled day and time in the college.
- Be on time to meet with my mentor.
- Notify my mentor in advance about any change in our meeting schedule.
- Attend all mentor program events.
- Try new and beneficial activities with my mentor.
- Follow the instructions/advice of by mentor.

I am ready to take Sarfraj Landage sir as my mentor.

<u>Y.V. Zyate</u>	<u>26-8-21</u>
Mentee Signature	Date
<u>Landage</u>	<u>26/08/21</u>
Mentor Signature	Date





PARENT/GUARDIAN CONSENT

Dear Parent / Guardian,

Hon. Shri. Annasaheb Dange Ayurved Medical College **mentoring program** provides our students with additional support to help them do their very best at college. Mentoring is an effective strategy to help children make positive choices, stay on track in college and avoid negative behavior.

The mentor of your ward is a responsible staff of this college. Mentors meet with ward during or after college hours and do a variety of positive activities together. These activities take place in college premises.

**Note:-** The mentor's mobile no. and e-mail ID will be provided to you to keep a track of your ward's activities and development. We request you to give your consent regarding the mentoring of your ward.

Parent/Guardian Name:- Vasudeo Zyate  
Signature:- Zyate  
Date:- 26-8-2021



### Mentee Interest Survey

(To Be Completed by Mentee)

Please complete all the following. This survey will help the Mentoring Program know more about you and your interests.

1. Which languages do you speak and write? *Marathi*
2. What are some favorite things you like to do with other people? *Careness*
3. What are your favorite subjects in college/school? *science - in school*
4. If you could learn about a job/career, what would it be? *-*
5. What are your favorite subjects to read about? *Anatomy*
6. What is one goal you have set for the future? *Complete BAMS course*
7. If you could learn something new, what would it be? *Learn about how it work anything.*
8. What person do you most admire and why? *Friends, bcz of ~~is~~ honest*
9. Please tick mark (✓) the activities you are interested in:

- |  |                                  |   |                                      |   |
|--|----------------------------------|---|--------------------------------------|---|
| <input type="checkbox"/> Biking            | <input type="checkbox"/> Camping | <input checked="" type="checkbox"/> Science | <input type="checkbox"/> Cooking     | <input checked="" type="checkbox"/> Library |
| <input type="checkbox"/> Hiking            | <input type="checkbox"/> Music   | <input checked="" type="checkbox"/> Sports  | <input type="checkbox"/> Yoga        | <input type="checkbox"/> Gardening          |
| <input checked="" type="checkbox"/> Movies | <input type="checkbox"/> Fishing | <input checked="" type="checkbox"/> Animals | <input type="checkbox"/> Board Games | <input checked="" type="checkbox"/> Eating  |

10. Tick mark (✓) the words that best describe your personality.

- |  |   |  |   |                                    |
|--|---|--|---|------------------------------------|
| <input checked="" type="checkbox"/> Honest | <input checked="" type="checkbox"/> Hardworking | <input checked="" type="checkbox"/> Caring | <input checked="" type="checkbox"/> Funny | <input type="checkbox"/> Spiritual |
|--|---|--|---|------------------------------------|





- |  |   |   |   |   |
|--|---|---|---|---|
| <input type="checkbox"/> Nervous             | <input checked="" type="checkbox"/> Quiet | <input type="checkbox"/> Withdrawn            | <input type="checkbox"/> Insecure         | <input checked="" type="checkbox"/> Brave |
| <input type="checkbox"/> Talkative           | <input type="checkbox"/> Adventurous      | <input checked="" type="checkbox"/> Sensitive | <input checked="" type="checkbox"/> Happy | <input type="checkbox"/> Confident        |
| <input checked="" type="checkbox"/> Friendly | <input type="checkbox"/> Moody            | <input type="checkbox"/> Outgoing             | <input type="checkbox"/> Angry            | <input type="checkbox"/> Forgiving        |
| <input type="checkbox"/> Rebellious          | <input type="checkbox"/> Inquisitive      | <input type="checkbox"/> Sad                  | <input type="checkbox"/> Shy              | <input type="checkbox"/> Quiet            |

11. List any other areas of special interest:

interested in playing badminton

12. Areas of your Strength

to self study hardwork

13. Areas you wish to Improve

academic rural areas

14. Areas of weaknesses that really bother you?

-

### III. KEY SKILLS

- I frequently solve problems alone
- I find it easy working in groups
- I am very good at organizing my own work
- I manage my time well

### IV. FUTURE PLANS

- I know about job opportunities available
- I know how to deal with about job interviews
- I know what qualifications I need for my career
- I know what employers look for in applicants

### V. MENTORSHIP

- I am joining this school because I am interested in
- I think I could really benefit from a mentor
- I will be very committed to working with my mentor
- I have specific areas that my mentor could help me with

## Mentee Questionnaire at the Start of Programme

This questionnaire is issued at the start of the undergraduate programme to mentees on a mentoring programme. The purpose of collecting data at this stage is to allow an overall assessment of the mentees performance against baseline data. This is a useful way of measuring the soft impact of mentoring on mentees.

NAME OF MENTEE & SIGNATURE:

TEL NO & EMAIL:

CLASS:

DATE:

On a scale of 1 to 4 please circle the number that most accurately reflects where you are at the moment. 1 = Low, 2 = Average, 3 = Good, 4 = Very good.

### I : MY CONFIDENCE

- I am confident while talking to strangers. 1  2  3  4
- I have high expectations for myself and my future 1  2  3  4
- I am good at expressing my ideas 1  2  3  4
- I am confident during oral exams/interviews 1  2  3  4

### II : MOTIVATION

- I am self disciplined 1  2  3  4
- I need little support 1  2  3  4
- I am self motivated 1  2  3  4
- I am ambitious 1  2  3  4

### III :KEY SKILLS

- I frequently solve problems alone 1  2  3  4
- I find it easy working in groups 1  2  3  4
- I am very good at organising my own work 1  2  3  4
- I manage my time well 1  2  3  4

### IV :FUTURE PROSPECTS

- I know about job opportunities available. 1  2  3  4
- I know how to find out about add on Courses  1  2  3  4
- I know what qualifications I need for my career 1  2  3  4
- I know what employers look for in employees 1  2  3  4

### V :MENTORING

- I am joining this scheme because I was persuaded 1  2  3  4
- I think I could really benefit from a mentor 1  2  3  4
- I will be very committed to working with my mentor 1  2  3  4
- I have specific areas that my mentor could help me with. 1  2  3  4





### Mentee questionnaire at the End of the Programme

The questionnaire issued to mentees after completion of their UG programme so as to evaluate the performance of the mentoring scheme.

On a scale of 1 to 4 please circle the number that most accurately reflects where you are at the moment. 1 = Low, 2 = Average, 3 = Good, 4 = Very good.

NAME OF MENTEE & SIGNATURE:

TEL NO & EMAIL:

CLASS:

DATE:

#### I : MY CONFIDENCE

How much has mentoring increased your confidence with:

People you don't know	1	2	3	4
The expectations you have for yourself and your future	1	2	3	4
Expressing your ideas	1	2	3	4
Interviews	1	2	3	4

#### II :MOTIVATION

How much has mentoring raised your:

Self-discipline	1	2	3	4
Independence	1	2	3	4
Self-motivation	1	2	3	4
Level of ambition	1	2	3	4

#### III :KEY SKILLS

How well has mentoring helped with the skills that assist you to:

Solve problems alone	1	2	3	4
Working in groups	1	2	3	4
Organising your own work	1	2	3	4
Have good time management skills	1	2	3	4

#### IV :FUTURE PROSPECTS

How well has mentoring helped with the skills that assist you to:

• Find out about job opportunities open to me	1	2	3	4
• Find out about Education Courses	1	2	3	4
• Know what qualifications I need for your career	1	2	3	4
• Know what employers look for in employees	1	2	3	4

