



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301
Website : www.adame.ac.in E-mail : ashta.adame@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14000



Key Indicator- 1.3 Curriculum Enrichment				
1.3.2 Number of value-added courses offered during the last five years that impart transferable and life skills				
List of value added courses				
Sr. no	Name of the value-added courses (with 15 or more contact hours) offered during the last five years	Course Code (where ever applicable)	Year of offering	Number of students
1	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2022-23	25
2	PROFESSIONAL ETHICS	3213-V-III	2022-23	100
3	CPR TRAINING	3213-V-IV	2022-23	19
4	ECG	3213-V-V	2022-23	15
5	CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	2022-23	15
6	BALPANCHAKARMA	3213-V-X	2022-23	15
7	CERTIFICATE COURSE IN PLANT PRESERVATION TECHNIQUES	3213-V-VIII	2022-23	15
8	CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	2022-23	15
9	CERTIFICATE COURSE IN BIOMEDICAL WASTE MANAGEMENT	3213-V-XIV	2022-23	15
10	CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRA TARPANA)	3213-V-XVI-E	2022-23	15
11	CERTIFICATE COURSE IN VIDDHAKARMA	3213-V-XVIII-E	2022-23	15
				264
12	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2021-22	25
13	EPI INFO	3213-V-II	2021-22	15
14	PROFESSIONAL ETHICS	3213-V-III	2021-22	97
15	CPR TRAINING	3213-V-IV	2021-22	22
16	CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	2021-22	15
17	CERTIFICATE COURSE IN MEDICINAL PLANT IDENTIFICATION	3213-V-VII	2021-22	15
18	CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	2021-22	15
19	CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (ANJANA)	3213-V-XVI-D	2021-22	56



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20	CERTIFICATE COURSE IN AGNIKARMA	3213-V-XVIII-D	2021-22	16
				276
21	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2020-21	25
22	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2020-21	13
23	PROFESSIONAL ETHICS	3213-V-III	2020-21	50
24	CPR TRAINING	3213-V-IV	2020-21	88
25	CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	2020-21	15
26	CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	2020-21	15
27	CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	2020-21	15
27	CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRAPINDI)	3213-V-XVI-C	2020-21	15
29	CERTIFICATE COURSE IN KSHARSUTRA	3213-V-XVIII-C	2020-21	26
				262
30	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2019-20	24
31	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2019-20	29
32	PROFESSIONAL ETHICS	3213-V-III	2019-20	25
33	CPR TRAINING	3213-V-IV	2019-20	58
34	CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	2019-20	24
35	CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	2019-20	12
36	CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	2019-20	15
37	CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRA ASCCHOTAN)	3213-V-XVI-B	2019-20	44
38	CERTIFICATE COURSE IN KSHARKARMA	3213-V-XVIII-B	2019-20	56
				287
39	PAVAN YOGA CERTIFICATE COURSE	3213-V-I	2018-19	16
40	PROFESSIONAL ETHICS	3213-V-III	2018-19	58
41	CPR TRAINING	3213-V-IV	2018-19	65



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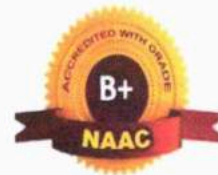
42	CERTIFICATE COURSE IN GARDENING TECHNIQUES IN MEDICINAL PLANTS	3213-V-VI	2018-19	15
43	CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	2018-19	16
44	CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	2018-19	15
45	CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	2018-19	15
46	CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRA TARPANA)	3213-V-XVI-A	2018-19	47
47	CERTIFICATE COURSE IN JALAUKA VCHARAN	3213-V-XVIII-A	2018-19	15
				262



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Key Indicator – 1.3 Curriculum Enrichment		
1.3.2 Number of value added courses offered during the last 5 years that impart transferable and life skills		
Name of the value-added courses with 15 or more contact hours Academic Year 2022-23		
Name of the value-added courses	Course Code	Contents
Pavan Yoga Certificate Course	3213-V-I	Activity report
Professional Ethics	3213-V-III	Activity report
Cpr Training	3213-V-IV	Activity report
Electrocardiography	3213-V-V	Activity report
Certificate Course In Pregnancy, Nutrition, Dietetics And Ayurvedic Pharmaceutics	3213-V-IX	Activity report
Balpanchakarma	3213-V-X	Activity report
Certificate Course In Plant Preservation Techniques	3213-V-VIII	Activity report
Certificate Course In Learning Semisolid Dosages Forms	3213-V-XI	Activity report
Certificate Course In Biomedical Waste Management	3213-V-XIV	Activity report
Certificate Course In Shalakya Krakalpa (Netra Tarpana)	3213-V-XVI-E	Activity report
Certificate Course In Viddhakarma	3213-V-XVIII-E	Activity report



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PAVAN YOGA CERTIFICATE COURSE REPORT

Title of Activity: - Pavan Yoga Certificate Course

Course Code: 3213-V-J

Organized by the Department –Department of Swasthavritta & Yoga

Date: - 20/03/2023 To 18/04/2023 Time: -7:00 am - 8:00am Duration: - 30 hrs (1hour/day)

Venue: - Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Sanjay Jadhav, HOD, Department of Swasthavritta & Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
- To conduct the practice of yoga therapy

Description: -

With the permission of college council and authorities certificate course of Pavan Yoga has been conducted 30 hours. The course was coordinated by Dr. Sanjay Jadhav with the help of Dr. Ashwini Khot, Dr. Radhika Chougule and Mr. Sushant Ghorapade. Practical demonstration was conducted by Mr. Sushant Ghorapade as per prescribed syllabus. Total 25 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.



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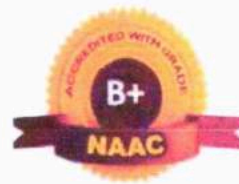


DEPARTMENT OF SWASTHAVRITTA AND YOGA
Pavan Yoga Course (March- April 2023)





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DEPARTMENT OF SWASTHAVRITTA AND YOGA

Pavan Yoga Course (March- April 2023)





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Date- 20/03/2023

To

The Principal

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Tal. Walwa, Dist. Sangli

Subject: Requesting permission to conduct certificate course in Medical Ethics for year 2022-23

Respected Sir,

This is humbly requesting you to permit the dept. of Agadtantra to conduct a certificate course in Medical Ethics, which is a basic need of every medical practitioner in the society. It is guideline for how to behave with the patients and proper use of Medical knowledge in the benefit of society.

Hence, requesting you to permit us to conduct this certificate course in month of March-April 2023. I assure you that, we, the members of dept. of Agadtantra will run the course efficiently.

Thanking you.

Yours Faithfully

Permitted
Ashtantra



[Signature]
HOD,

Dept. of Agadtantra
A. D. A. M. C. Ashta



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Date- 21/03/2023

To
HOD,
Dept.of Agadtantra
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Subject: Permission to conduct certificate course in Medical Ethics.

With reference to your requisition letter dated 20/03/2023, you are permitted to conduct Certificate Course in Medical Ethics. The council has allotted the following

Course name : Certificate Course in Professional Ethics

Course code : 3213-V-III

Duration : 30 hrs.

The Coordinators for the course will be Dr. Vipul Gurav, Dr. Sunil Chavan and Dr. Abrar Kureshi.

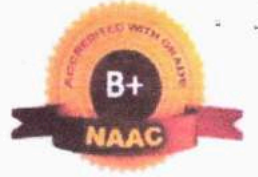
Annual report of the course should be submitted to the council.



A. Sherkar
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ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA YEAR: 2022-23

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 24/03/2023 to 04/05/2023

Time: - 04:10pm -05:10pm

Duration: - 30 hrs

Total Students Enrolled: - 100

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals


Description:-

Event / Activity Report

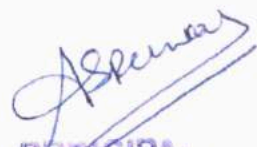
1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

By the end of the course student should be able to understand the importance of ethics and values in life and society.


**Head of Dept.,
Agadtantra Dept.
A. D. A. M. C. Ashta**




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MEDICAL ETHICS LECTURE





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Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2022-23)
INDEX

Sr No	Content
1	CPR Course Brochure
2	Course Permission letter
3	Course Content & ATP
4	Course Activity Report
5	Enrolled Student List
6	Attendance
7	Exam Que Paper & Answer key
8	Results with Grade
9	Feedback Analysis
10	Feedback Samples
11	CPR Workshop Guest Lecture Report
12	Photographs
13	Certificate

[Signature]
H.O.D.
Kayachikitsa Dept
A.S.M.C., ASHTA



[Signature]
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CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CARDIO PULMONARY RESUSCITATION TRAINING COURSE

ABOUT US

Hon. Shri Annasaheb Dange Ayurved Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India.

VISION

Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

Institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.

To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CPR COURSE

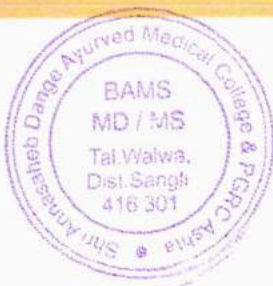
The Certified First Aid Professionals course of training held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashita, Sangli.

Heart attacks are the leading cause of deaths in the India. As per the statistics, one-fifth of the deaths in India are from Coronary Heart Disease. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of 45 million Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer.

There is a huge need for Nurses, Paramedics, Doctors, First Responders and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency. When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment, such as blood circulation.

COURSE OUTCOMES

Course is designed to provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. To empower health care providers & community to save lives Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers. Effective networking for disaster awareness.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

COURSE ELIGIBILITY

Fourth year students of BAMS

Internship Students of BAMS

FACULTY

Dr. Parag Deshmukhe

Dr. Smita Lokhande

Dr. Rupali Patil

Dr. Varsha Khot

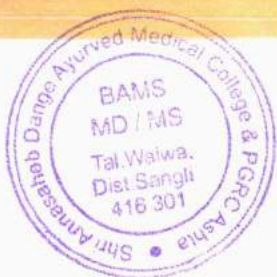
Dr. Sushant Kanase

DURATION OF COURSE

17 weeks

SCHEDULE

2 Hrs. per week - every Saturday



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Parag
D.O.
Karnal Dept
4.11.17



NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2023

REPORT

Title of Course: - CPR Training Course

Date: -08.06.2023 to 14.10.2023

Time: - 2.30pm – 3.30pm Every Saturday

Duration:- 17weeks

Venue: - Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

1. To raises awareness about Cardio Pulmonary Resuscitation.
2. To understand the condition of patient suffering from Cardiac Arrest and Asphyxia.
3. To perform airway management by using appropriate equipments for resuscitation.

Report

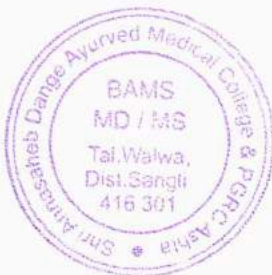
Description

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Department of Kayachikitsa organized Cardio Pulmonary Resuscitation Training Course for final year BAMS students.

Training course was conducted by faculties of department of kayachikitsa according to syllabus. Participants were trained by using simulations of CPR. Lectures were delivered regarding CPR.

We invited Dr. Bhavesh Shaha for delivering lecture and demonstration on Cardio Pulmonary Resuscitation as a guest speaker on 16.10.2023. He was given demonstration and hands on training of CPR on manikins and using resuscitation kit.

CPR Training program 2022-23 Dept. of Kayachikitsa





This course was helpful in up gradation of knowledge about CPR. Students acquired ability to recognize Assessment of life threatening emergencies and provide CPR using equipment of CPR.

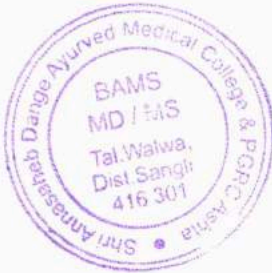
This program was successfully completed under guidance of Head of department and Co-coordinator of CPR program, 19 students were participated in this program.

Outcome of event

This course was helpful in imparting knowledge and giving hands on training about Resuscitation to the participation.

List of documents attached:

1. Permission letter
2. CPR training workshop documents
3. Attendance list of students
4. Feedback from students
5. Photos of event.



R.O.D.
R.O.D.
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PRACTICALS

1. Bag-mask techniques for adult, child and infant
2. CPR with an advanced airway
3. Assessment of Casualty
4. Management of Fractures & Dislocations- Modified splinting
6. Use of triangular bandage for making large arm sling
7. Recovery Position
8. Transportation of Patient: Hand Seats, Stretcher Carry.

ATP

SR. NO.	DATE	TOPIC	Faculty Name
1	01.07.2023	Introduction to CPR training	Dr Khot
2	08.07.2023	Objectives/Responsibilities of First Aider	Dr Patil
3	15.07.2023	Assessment of Casualty/Unconsciousness	Dr Kanase
4	22.07.2023	Asphyxia/Airway Obstruction- Choking, Asthma, Drowning	Dr Lokhande
5	29.07.2023	Resuscitation(CPR)- Methods of artificial respiration & Chest compression	Dr Khot
6	05.08.2023	Bag-mask techniques for adult, child and infant CPR with an advanced airway	Dr Patil
7	12.08.2023	Heart Attack & Cardiac Arrest	Dr Kanase
8	19.08.2023	First aid management of Bleeding, Wounds & Shock	Dr Lokhande
9	26.08.2023	First aid management of Injuries to bone joints and muscles- Triangular Bandage & Arm slings	Dr Deshmukhe
10	26.08.2023	First aid management of Heat injuries- Heat stroke, Heat	Dr Khot





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		Exhaustion, Hypothermia	
11	02.09.2023	First aid management of Epilepsy/Fits, Poisonous bites & Stings, Burn/Scalds	Dr Patil
12	09.09.2023	Assessment of Casualty	Dr Khot
13	16.09.2023	Management of Fractures & Dislocations- Modified splinting	Dr Lokhande
14	23.09.2023	Use of triangular bandage for making large arm sling	Dr Kanase
15	30.09.2023	First aid management of Eye/Ear/Nose injuries	Dr Deshmukhe
16	07.10.2023	Transportation of Patient: Hand Seats, Stretcher Carry	Dr Khot
17	14.10.2023	Recovery Position	Dr Patil

STUDENT LEARNING OUTCOMES / LEARNING OBJECTIVES

This class is designed to introduce both life threatening and non-life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation. The course will include infant, child and adult one-man CPR, use of an AED, rescue breathing and obstructed airway skills with the opportunity for American Red Cross (ARC) certification in each age group. Additional skills such as basic splinting, bandaging and proper use of gloves will also be introduced.



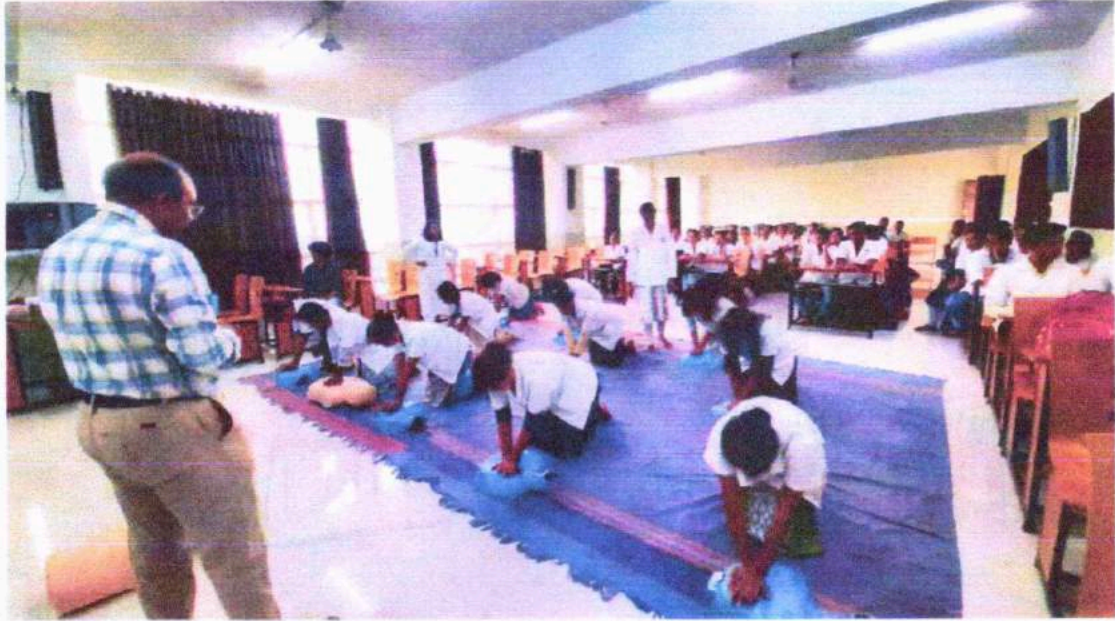
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CPR Training Dr. Bhavesh Shah on 16.10.2023



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H.O.D.
Ayurved Dept
ASHTA
Ashta
PRINCIPAL
Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



SantDnyaneshwarShikshanSanstha's
**Hon. Shri. AnnasahebDangeAyurved Medical College
& Post Graduate Research Center**
A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301
Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com
ISO Certified 9001-2015, 14001-2015



CPR Training Dr. Bhavesh Shah on 16.10.2023



Dr. Bhavesh Shah
H.O.D.
Ayurvedic Dept
& P.G.C. ASHTA

Ashta
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College, Ashta, Tal. Walwa, Dist. Sangli.

अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालयात सीपीआर प्रशिक्षण कार्यशाळा संपन्न

■ आष्टा

बंधुता न्यूज नेटवर्क

आष्टा : संत ज्ञानेश्वर शिक्षण संस्थेच्या संस्थेच्या मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय, आष्टा येथे कायचिकित्सा मेडिसीन विभागातर्फे चतुर्थ वर्ष बीएएमएस व एम.डी.विद्यार्थ्यांसाठी कार्डियोपल्मोनरी रिससायटेशन (सीपीआर) ट्रेनिंग वर्कशाॅपचे आयोजन करण्यात आले. या वर्कशाॅपच्या माध्यमातून विद्यार्थ्यांना हृदयविकार संबंधित



सीपीआर प्रशिक्षण प्रत्यक्ष सिम्युलेशनचा वापर करून देण्यात आले. मिरज वैद्यकीय महाविद्यालयाचे डॉ.भावेश शहा व डॉ.वर्षा खोत यांनी हे

प्रशिक्षण दिले.

संस्थेचे संस्थापक- अध्यक्ष मा.डॉ.श्री.अण्णासाहेब डांगे, (आप्पा), सचिव ड.राजेंद्र उर्फ चिमणभाऊ डांगे, कार्यकारी

संचालक प्रा.आर.ए.कनाई यांच्या प्रेरणेने हा उपक्रम राबविण्यात आला. महाविद्यालयाचे डायरेक्टर डॉ. एआरव्ही मूर्ति, प्राचार्य डॉ. अमित पेंठकर, प्रशासकीय अधिकारी डॉ.विजय डांगे यांचे मार्गदर्शन लाभले. या कार्यशाळेचे आयोजन कायचिकित्सा विभागप्रमुख डॉ.पराग देशमुखे, डॉ.स्मिता लोखंडे, डॉ.दत्तात्रय निकम, डॉ.वर्षा खोत, डॉ.रूपाली पाटील, डॉ.सुशांत कणसे यांनी केले.





Sant Dnyaneshwar Shikshan Sanstha's
**Hon. Shri. Annasaheb Dange Ayurved Medical College
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ADAMC/SIS/2023 I. 11

03/10/2022

To,

The Head of Department,

Department of Kayachikitsa

Subject : About the Permission of Certificate Course "**Electrocardiography**"

Reference: your letter dated 13/09/2022 to conduct the Certificate course of

"Electrocardiography"

Dear Sir,

As per college council meeting held on 13/09/2022 ,

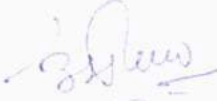
We hereby, permit you to conduct the certificate course "**Electrocardiography**"
with permission of all members & Principal Dr. Amit Pethkar.

Course will start on 10th Oct 2023. Concern course will be held without any hamper
of academic curriculum and only for value added academic purpose .Every year ,you
need to submit the Report of Result of students & progression reports of students to
College Council committee .


Name of Course : "**Electrocardiography**"

Course Code: **3213 - V- V**

Course Coordinator: **Dr. Sushant Kanase**


Coordinator
Hon. Shri. Annasaheb Dange
Ayurved Medical College, Sangli




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Hon. Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Walwa, Dist. Sangli



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Date: 13.09.2022

To
The Principal,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Subject: Regarding permission for conducting Basic Course of Electrocardiography

Respected Sir,

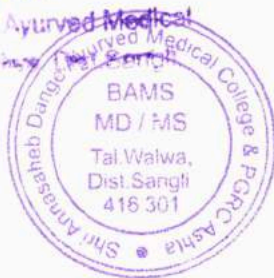
We department of Kayachikitsa want to conduct Basic Course of Electrocardiography for final year BAMS students. In this course theory along with hands on training will be given to the students.

Kindly request to give permission for conducting this course.

Permitted

Ashta
13/09/2022
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



Paragat
HOD 13/9/22

Dept. of Kayachikitsa

H.O.D.
Kayachikitsa Dept.
A.D.A.M.C., ASHTA



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301

Phone : 02342-241103/241108, Fax - 02342-241110

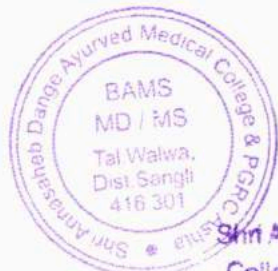
Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

DEPARTMENT OF KAYACHIKITSA
ELECTROCARDIOGRAPHY(ECG) COURSE
(2022 -2023)

ATP

SR. NO.	DATE	TOPIC	Faculty Name
1	14.11.2022	ECG BASIC	Dr.S.Kanase
2	15.11.2022	ELECTROPHYSIOLOGY	Dr.S.Kanase
3	16.11.2022	DEFINITION	Dr.S.Kanase
4	17.11.2022	GRAPH PAPER	Dr.S.Kanase
5	18.11.2022	LEADS	Dr.S.Kanase
6	19.11.2022	HEART SURFACE WALL & LEADS	Dr.S.Kanase
7	21.11.2022	AXIS	Dr.S.Kanase
8	22.11.2022	ECG ARRHYTHMIA	Dr.S.Kanase
9	23.11.2022	ECG BLOCK	Dr.S.Kanase
10	24.11.2022	HYPERTROPHY	Dr.S.Kanase
11	25.11.2022	ECG VARIANTS IN ELECTROLYTE IMBALANCE AND DRUGS	Dr.S.Kanase
12	26.11.2022	MI	Dr.S.Kanase
13	28.11.2022	UNSTABLE ANGINA	Dr.S.Kanase
14	29.11.2022	PRIZMETAL ANGINA	Dr.S.Kanase
15	30.11.2022	ST SEGMENT ELEVATION MI & NON ST SEGMENT ELEVATION MI	Dr.S.Kanase



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Prajit
H.O.D.
Kayachikitsa Dept
Sant Dnyaneshwar Shikshan Sanstha's



NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2022

ACTIVITY REPORT

Title of Course: - ELECTROCARDIOGRAPHY(ECG) COURSE

Date: -14.11.2022 to 30.11.2022

Time: - 9.30Am – 11.30Am

Duration:- 15 days

Venue: - Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

Upon completion of this course the learner will be able to

1. Describe the conduction system of the heart.
2. Discuss the sites of action potential generation and propagation through the cardiac conduction system.
3. Contrast the effect of parasympathetic with sympathetic stimulation of the cardiac conduction system.
4. Correlate the actions of the heart represented by the p wave, PR interval, QRS complex, and T-wave.
5. Choose proper placement of electrodes based on ECG mechanics.
6. Calculate a heart rate from an ECG strip
7. Analyze normal & abnormal rhythms would appear on an ECG strip.
8. Analyze heart block would appear on an ECG strip.
9. Analyze MI would appear on an ECG strip





Report

Description

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Department of Kayachikitsa organized Electrocardiography(ECG) Course for final year BAMS students.

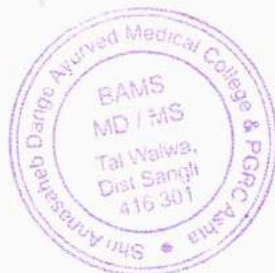
Training course was conducted by faculties of department of kayachikitsa according to syllabus and ATP. Lectures were delivered regarding ECG.

This course was helpful in up gradation of knowledge about ECG. Students acquired ability to recognize Assessment of life threatening emergencies .

This program was successfully completed under guidance of Head of department and Co-coordinator of ECG Lecture series, 97 students were participated in this ECG Lecture series.

Outcome of event

- Describe the three electrophysiological characteristics of the heart.
- Correlate the normal components of the normal ECG with physiologic events of the heart.
- Define the ECG as a waveform that represents the cardiac electrical event in relation to the lead depicted.
- Describe the purpose of the utilization of different leads.
- Analyze the elements of an ECG rhythm strip in an organized system: atrial rate, atrial rhythm, ventricular rhythm, QRS complex and shape, QRS duration, P wave and shape, and P: QRS ratio.



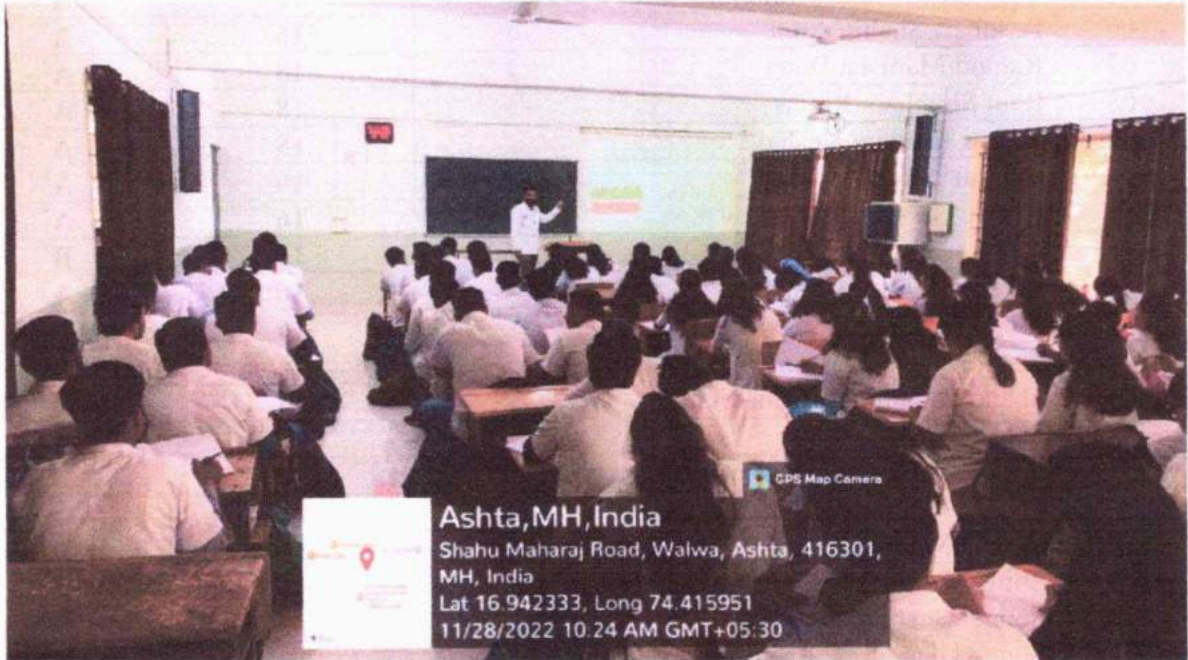
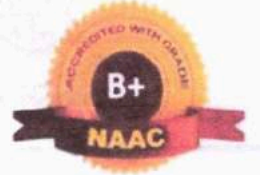
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Parag H
H.O.D.

Ashta Dept
ASHTA



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Ashturaj
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli

Pragati
A.D.
Koyambur Dept
416 301, ASHTA



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DEPARTMENT OF PRASUTITANTRA AVUM STRIROGA

Date- 10 / 07 /2023

To,
The Principal,
ADAMC,
Ashta.

Subject : Regarding permission to conduct a certificate course.

Respected Sir,

As per the subject cited above, the Dept. of Prasutitantra Evum Striroga wants to conduct 'Certificate course in Pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceutics'.

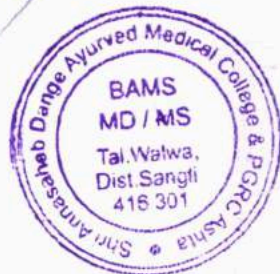
We want to conduct the certificate course for 3rd year BAMS batch from 12th july2023. This course will be beneficial to our students for gaining new knowledge regarding it and they can aware society about it.

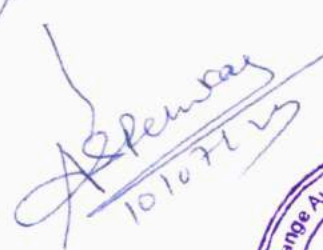
So we request you to kindly grant the permission for the same.

Thanking you,


HOD

(Dept. of Prasutitantra Evum Striroga)
Prasuti Tantra Dept
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC Ashta



Permitted

10/07/23



Sant Dnyaneshwar Shikshan Sanstha's
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ADAMC/515/2023

17/01/2023

To,
The Head of Department,
Department of Strirog & Prasuti Tantra

Subject : About the Permission of Certificate Course - Certificate Course in
Pregancy-Nutrition,Dietetics And Ayurvedic pharmacutics

Reference: your letter dated 13/01/2023 to conduct the Certificate course of

**CERTIFICATE COURSE IN PREGANCY-NUTRITION, DIETETICS AND
AYURVEDIC PHARMACUTICS**

Dear Sir,

As per college council meeting held on 14/01/2023 ,

We hereby, permit you to conduct the certificate course "**Certificate Course in
Pregancy-Nutrition,Dietetics And Ayurvedic pharmacutics**" with permission of
all members & Principal Dr.Amit Pethkar.

Course will start on 1st Feb 2023. Concern course will be held without any hamper
of academic curriculum and only for value added academic purpose .Every year ,you
need to submit the Report of Result of students & progression reports of students to
College Council committee .

Name of Course : "**CERTIFICATE COURSE IN PREGANCY-
NUTRITION,DIETETICS AND AYURVEDIC PHARMACUTICS**"

Course Code: **3213 – V- IX**

Course Coordinator: **Dr. Radha Phadnis**

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15/01/2023
PRINCIPAL
Hon. Shri. Annasaheb Dange Ayurved Medical
College & Post Graduate Research Center, Walwa, Dist. Sangli



**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM
STRIROGA**

ACTIVITY REPORT

Certificate Course

In Pregnancy Nutrition, Dietetics and Pharmaceutics

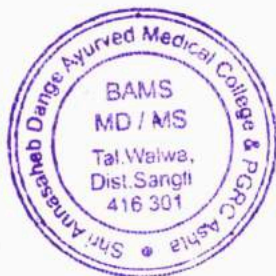
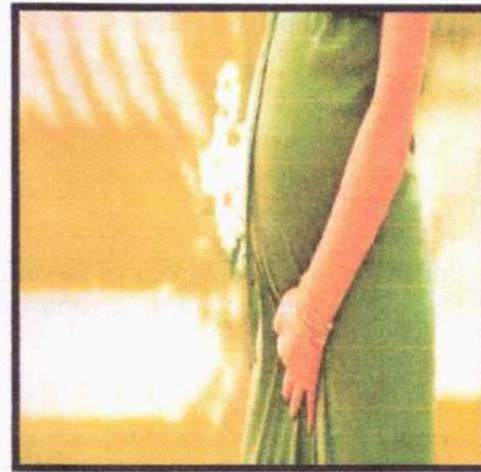
Conducted by :

**Department of Streerog Avum
Prasutitantra**

ADAMC , Ashta

Batch 2022-23

Course code- 3213-V-IX





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'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals'

Academic Year 2022-23

Department : Prasutitantra Evum Streeroga

Course Code : 3213-V-IX

Year : 2022- 2023

Coordinator : Dr. Radha Phadnis

Members : HOD and Professor – Dr. Dilip Katare

Dr. Tinku Ganesh Khalache

Dr. Sayali Pashte

Dr. Pravinkumar Thombare

Dr. Dipali Sawale

Time : 2 hours per day

Duration : 8 days (16 hrs)

Venue: Prasutitantra Evum Streeroga Department, III year classroom,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta



Ashta
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli.



Introduction:

This 'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals' is designed to provide you with a deep understanding of the crucial aspects of pregnancy care through the lenses of nutrition, dietetics, and Ayurvedic pharmaceuticals. You're going to be a healthcare professional so aiming to enhance your expertise or an individual interested in learning about holistic approaches to pregnancy wellness, this course offers valuable insights into promoting the health and well-being of expectant mothers and their unborn children.

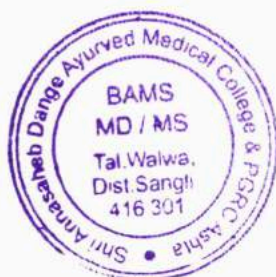
Pregnancy is a remarkable journey that requires special attention to ensure the health of both the mother and the developing fetus. This certificate course focuses on three essential pillars: nutrition, dietetics, and Ayurvedic pharmaceuticals, to offer a comprehensive perspective on supporting a healthy pregnancy.

1. Nutrition and Pregnancy : Understand the critical role of nutrition in pregnancy. Learn about the specific dietary requirements for different stages of pregnancy, essential nutrients, meal planning, and managing common pregnancy-related discomforts through diet.
2. Dietetics for Pregnancy : Explore the science of creating balanced and nourishing meal plans tailored to the unique needs of pregnant women. Discover how to address challenges such as gestational diabetes, weight management, and ensuring optimal maternal and fetal health.
3. Ayurvedic Pharmaceuticals : Delve into the ancient wisdom of Ayurveda and its application in pregnancy care. Explore herbal remedies, dietary guidelines, and lifestyle practices rooted in Ayurvedic principles to promote a harmonious pregnancy experience.

This course will help to learn :

- The physiological changes that occur during pregnancy and their impact on nutritional requirements.
- How to create well-rounded meal plans that provide essential nutrients for both the mother and the baby.
- The principles of Ayurveda and how they relate to pregnancy care.
- Herbal supplements and formulations recommended in Ayurveda to support pregnancy health.
- Strategies to alleviate common pregnancy discomforts using natural approaches.

The course is designed to be engaging and accessible, with a mix of theoretical knowledge, practical applications, and case studies. Interactive sessions, reading materials, and hands-on exercises will enhance learning experience and empower to apply the knowledge effectively.

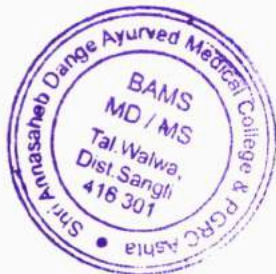




By the end of this course, student will gain a comprehensive skill set to support and guide expectant mothers towards a joyful and well-nourished pregnancy.

Course Content:

Day	Topic
1.	<ul style="list-style-type: none">- Introduction of course- Garbhadhan vidhi –<ol style="list-style-type: none">1. Preconception Nutrition and health.2. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)- Ayurvedic concept of Nutrition.
2.	<p>Anatomical and physiological changes during pregnancy.</p> <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy- Changes in reproductive organs.- Changes in cardiovascular health.
3.	<ul style="list-style-type: none">- Understanding three trimesters.- Evaluation session.
4.	<ul style="list-style-type: none">- Trimester wise nutrition requirements. Carbohydrates & their importance. Fats and proteins during pregnancy. Micronutrients and their importance in pregnancy.- Anaemia in Pregnancy.- Calcium deficiency in pregnancy.
5.	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya)- Food and food recipes toxic in pregnancy.
6.	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Evaluation session
7.	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.
8.	<ul style="list-style-type: none">- Healthy pregnancy food. Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.

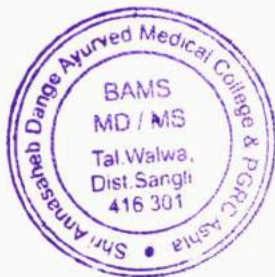




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Course Lectures:

Day	Date	Topic	Conducted By
1.	12/07/2023	Introduction of course Preconception Nutrition and health. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)	Dr. Radha Phadnis
2.	13/07/2023	Anatmical and physiological changes during pregnancy. <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy	Dr. Dilip Katare
3.	14/07/2023	<ul style="list-style-type: none">- Understanding three trimesters- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya)- Evaluation session.	Dr. Tinku Ganesh Khalache
4	17/07/2023	<ul style="list-style-type: none">- Anaemia in Pregnancy.- Calcium deficiency in pregnancy	Dr. Sayali Pashte
5.	18/07/2023	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy	Dr. Pravinkumar Thombare
6.	19/07/2023	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya)- Evaluation session	Dr. Dipali Sawale
7.	20/07/2023	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.	Dr. Radha Phadnis
8.	21/07/2023	<ul style="list-style-type: none">- Healthy pregnancy food.- Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.	Dr. Dilip Katare





Course Outcome:

1. **Comprehensive Pregnancy Knowledge :** Graduates will possess a deep understanding of the physiological changes that occur during pregnancy, the nutritional requirements for different stages of pregnancy, and the impact of diet on maternal and fetal health.
2. **Nutritional Expertise :** Participants will be equipped with the knowledge and skills to design and recommend balanced and nourishing meal plans tailored to the unique needs of pregnant women. They will understand the essential nutrients required for optimal pregnancy outcomes.
3. **Gestational Health Management :** Graduates will have the tools to effectively manage gestational health issues such as gestational diabetes, excessive weight gain, and nutritional deficiencies through evidence-based dietary interventions.
4. **Ayurvedic Insights :** Participants will gain a solid foundation in Ayurvedic principles and their application in pregnancy care. They will understand how to integrate Ayurvedic dietary guidelines and herbal formulations to promote holistic well-being during pregnancy.
5. **Herbal Remedies and Ayurvedic Formulations :** Graduates will learn about various Ayurvedic herbs and formulations recommended for supporting pregnancy health, including those for managing common discomforts and enhancing overall well-being.
6. **Holistic Approach :** Participants will develop a holistic perspective on pregnancy care, considering both the physical and emotional aspects of the experience. They will be able to guide expectant mothers in maintaining a balanced lifestyle and well-being.
7. **Effective Communication :** Graduates will enhance their communication skills to interact sensitively and effectively with pregnant women, understanding their concerns and providing practical guidance related to nutrition, dietetics, and Ayurvedic principles.
8. **Evidence-Based Practice :** Participants will be able to integrate evidence-based practices from the fields of nutrition, dietetics, and Ayurveda, ensuring that their recommendations are grounded in current research and traditional wisdom.
9. **Professional Growth :** Completion of the course will open up new opportunities for healthcare professionals, nutritionists, dietitians, and wellness practitioners to specialize in pregnancy care, expanding their professional repertoire and client base.





10. **Personal Enrichment** : Individuals seeking personal enrichment will gain valuable insights into maintaining health and wellness during pregnancy, fostering a positive pregnancy experience for themselves or their loved ones.

Overall, the course outcomes will empower participants to provide comprehensive support to pregnant women through a synergistic blend of modern nutritional science, dietetics, and ancient Ayurvedic wisdom. Graduates will be better equipped to make a positive impact on the health and well-being of expectant mothers and contribute to fostering healthier generations.

PI: Project No.1- Nourish & Flourish : Pregnancy perfect food and recipes.

Competition Objectives :

1. Encourage participants to apply their knowledge of nutrition, dietetics, and Ayurvedic principles to create recipes that support healthy pregnancies.
2. Foster innovation and creativity in developing delicious and nutritious meals that cater to the unique dietary needs of expectant mothers.
3. Provide a platform for participants to share their culinary skills, collaborate, and learn from each other.

Competition Guidelines:

1. Participants should work in teams, collaborating to develop and present their recipes.
2. Recipes should be specifically designed to meet the nutritional needs of pregnant women, considering essential nutrients and dietary requirements.
3. Each recipe should be accompanied by a brief description of its nutritional benefits and its relevance to pregnancy care.

Judging Criteria :

1. Nutritional Value: How well the recipe meets the nutritional needs of pregnant women.
2. Creativity and Innovation: The uniqueness of the recipe and how well participants have incorporated course concepts.
3. Flavor and Taste: Judges' assessment of the dish's overall taste and palatability.
4. Presentation: The visual appeal of the prepared dish as showcased through photographs.

P II:Project No.2- Enlighten & Educate : Pregnancy wellness model presentation





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Competition Objectives :

1. Allow participants to demonstrate their grasp of pregnancy-related topics, nutrition, dietetics, and Ayurvedic principles.
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.

Competition Guidelines :

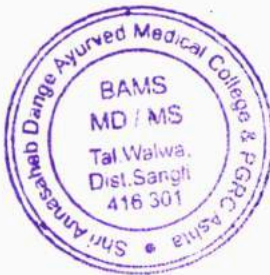
1. Participants can choose one category to present on.
2. Presentations should be well-researched, evidence-based, and align with the course concepts.
3. Each presentation should be visually engaging, utilizing multimedia elements such as slides, images, and diagrams.
4. Presentations should be clear, concise, and designed to educate and engage an audience.

Judging Criteria :

1. Content and Knowledge: Accuracy, depth, and relevance of information presented.
2. Communication Skills: Clarity, confidence, and ability to effectively convey complex concepts.
3. Visual Presentation: Quality and creativity of visual aids used in the presentation.
4. Engagement: How well the presentation captures and maintains the audience's interest.

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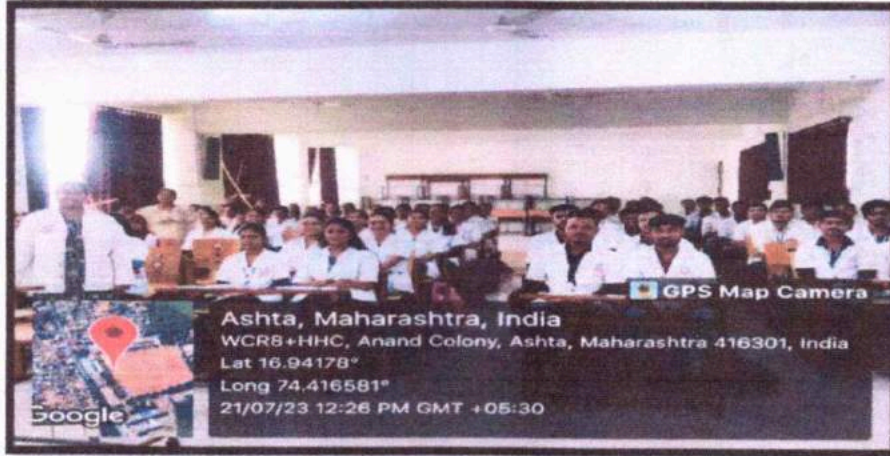
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Photographs :



Certificate course Lectures




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CERTIFICATE COURSE IN BALPANCHAKARMA Academic Year 2022-23

ACTIVITY REPORT

Title of Event: -“Certificate Course in Bal Panchakarma–2022-2023”

Date: -21/08/2023 to 26/09/2023

Time: - Daily 1 hour

Duration: -30 hours

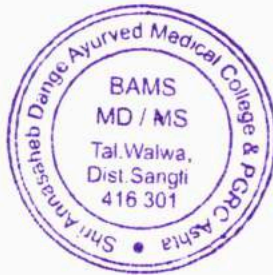
Eligibility: - Students Passed IInd B.A.M.S.

Course Coordinator: Dr.Deepika Patil

Venue: - Hon. Shri. Annasaheb Dange Ayurved Medical College & PG Research Institute,Ashta.

Objectives of Event:-

- 1) Arousing interest of Balpanchakarma for the perfection & facts during course.
- 2) Students able to know and perform various procedures of BalPanchakarma with details.
- 3) To provide practical knowledge along with technical skills regarding the BalPanchakarma procedures & their complications.
- 4) Students will able to prepare medicines or preparations required for Balpanchakarma procedures.
- 5) Students will thoroughly learn Do's and Don'ts about Balpanchakarma procedures.



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Description of Event: -

Certificate Course in Balpanchakarma 2023 arranged by Department of Kaumarbhritya of Hon. Annasaheb Dange Ayurved Medical College & Post Graduate Research Center, Ashta. Tal: Walwa Dist: Sangli, Maharashtra. It was organized offline in Department of Kaumarbhritya and in Panchkarma Theatres as per need of course for IIIrd B.A.M.S. students. The eligible participants should be passed IInd B.A.M.S. The Course duration was 30 hours which started from 21/08/2023 to 26/09/2023. Total 98 students were participated. The Course started by Dr. Ranjeet Rupnar introductory session about current Course.

Total 30 lectures of 1 hour were taken by faculties of Kaumarbhritya Department; Dr. Mahesh Chaugule, Dr. Naresh Babar, Dr. Deepika Patil, Dr. Ranjeet Rupnar & Dr. Gauri Hukkeri; which includes PPT presentations in Department of Kaumarbhritya and Demo of procedures in Panchakarma theatres. The syllabus of Course is purely practical base oriented. Throughout Course i.e., for 15 days, students participated enthusiastically in Theory and Demo classes along with students completed given assignments regularly.

Students were performed Purvakarma procedures like Abhyanga, Udvartana, NadiSweda, Upanaha, PindaSwedas etc. followed by instructions for corrections regarding procedural technical skills by the faculties. Demonstrations of Pradhana Karmas like Video Demo, Preparation of BastiDravya and Administration of Basti along with Demo of Nasya Karma, Lepa etc were taken. Last two sessions dealt with Research studies and Case study presentations.

On the last day of course i.e. on 26/09/2023, Certificate Distribution Programme was arranged. The programme conducted under Course Co-Ordinator Dr. Deepika Patil and other faculties of Kaumarbhritya Department. Based on feedback from students, Analysis report stated that. Course output as Excellent by 22.84%, Very good- 30.88%, Good- 24.52%, satisfactory- 9.15% & poor- 0.04%



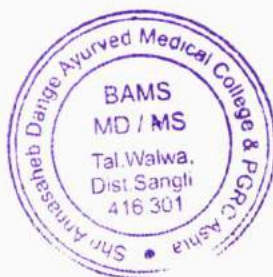
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Course Content:

Day	Topic
1.	- Introduction of course Introduction to Balpanchkarma and Ayurvedic Principles Introduction to Balpanchkarma: Definition, scope, and significance in pediatric healthcare. Fundamental principles of Ayurveda: Doshas, dhatus, malas, and their role in child health. Balpanchkarma philosophy: Holistic approach to children's well-being.
2.	Preparatory Concepts and Techniques Panchakarma overview: Introduction to the five purification therapies in children. Snehan (Oleation therapy): Types of oils, application techniques, and benefits for children.
3.	Swedan (Sudation therapy): Herbal steam therapy, precautions, and its role in Balpanchkarma.
4.	Balpanchkarma Therapies - Vamana (Emesis therapy): Procedure, indications, and contraindications in pediatric care.
5.	- Basti (Enema therapy): Types of enemas, formulations, and administration for children.
6.	- Virechana (Purgation therapy): Safe methods, herbs, and benefits for children's health.
7.	Specialized Pediatric Treatments - Abhyanga (Ayurvedic massage): Techniques, oils, and benefits for promoting child growth. - Shirodhara (Oil pouring therapy): Procedure, variations, and its impact on pediatric wellness.
8.	- Nasya (Nasal therapy): Nasal drops, benefits, and precautions in children.



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9.	Nutrition and Lifestyle for Children's Health <ul style="list-style-type: none">- Balancing children's doshas through diet: Nutrition guidelines and meal planning.- Ayurvedic daily routines for children: Dinacharya and ritucharya.- Supporting emotional well-being: Mindfulness, yoga, and lifestyle practices for kids.
10.	Ethics, Safety, and Practitioner Responsibility <ul style="list-style-type: none">- Ethical considerations in Balpanchkarma practice: Respect, confidentiality, and communication.- Pediatric safety protocols: Handling emergencies, hygiene, and infection control.- Practitioner-patient relationship: Building trust and rapport with young patients and their families.
11.	Practical Training and Clinical Experience <ul style="list-style-type: none">- Hands-on Balpanchkarma techniques: Guided practice sessions and demonstrations.- Case studies and clinical application: Applying Balpanchkarma in real-life scenarios.- Observation and supervised practice: Clinical rotations and learning from experienced practitioners.
12.	Practical Training and Clinical Experience <ul style="list-style-type: none">- Hands-on Balpanchkarma techniques: Guided practice sessions and demonstrations.
13.	<ul style="list-style-type: none">- Case studies and clinical application: Applying Balpanchkarma in real-life scenarios.
14.	<ul style="list-style-type: none">- Observation and supervised practice: Clinical rotations and learning from experienced practitioners.
15.	Research and Future Developments in Balpanchkarma <ul style="list-style-type: none">- Exploring pediatric Ayurvedic research: Current trends and opportunities.- Innovations in Balpanchkarma: Integrating modern knowledge with traditional practices.



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Course Outcome:

- Upon successful completion of the Balpanchkarma Certificate course, participants will have acquired a comprehensive understanding of the principles, practices, and techniques of Balpanchkarma. They will be proficient in conducting a range of pediatric therapies and treatments, demonstrating a deep knowledge of Ayurvedic concepts and their application to children's health.
- Graduates of the Balpanchkarma Certificate course will be well-prepared to practice Balpanchkarma in an ethical and safe manner. They will demonstrate a strong commitment to patient well-being and adhere to the highest standards of care, ensuring the safety and comfort of children undergoing Balpanchkarma therapies.

Assessment and Evaluation

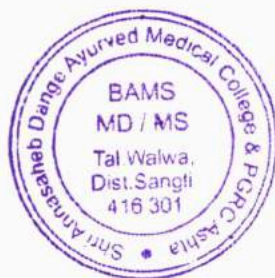
1. Written assignments and quizzes to assess theoretical knowledge
2. Practical assessments to evaluate hands-on skills.
3. Case study presentations demonstrating application of Balpanchkarma principles.

PI: Project No.1- Case study presentation on application of Balpanchkarma principles.

1. Participants should work in teams, collaborating to present their cases
2. Each Participant should be accompanied by a brief description of its original references in Samhita and its relevance to practical application
3. Each presentation should be visually engaging, utilizing multimedia elements such as slides, images, and diagrams.
4. Presentations should be clear, concise, and designed to educate and engage an audience

P II: Project No.2- Balpanchkarma demonstration

1. Allow participants to demonstrate Balpanchkarma procedure on patients by scientific methods
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.



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CERTIFICATE COURSE IN BAL PANCHAKARMA



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Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com

Date- 14/04/2023

ACTIVITY REPORT

Certificate course in Medicinal Plant Preservation Technique 2022-2023

Dept.: Dravyaguna Vignyan
Course Code: 3213-V-VIII
Year: 2022-2023
Coordinator: Dr. khandarkar Sarika
Time: 2 hours weekly
Duration: Two Months
Venue: Dravyaguna Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

In this introductory module, participants will gain an understanding of the significance and purpose of creating a medicinal plant herbarium. They will explore the historical importance of herbaria in botanical research and how these collections contribute to scientific knowledge and the preservation of traditional plant uses. The module will outline the course content, objectives, and the practical skills participants will acquire throughout the course.

Course Content:

Sr.No.	Content
1	Introduction to Herbarium Technique
2	Plant Collection and Identification
3	Plant Specimen Preparation
4	Labeling and Documentation
5	Mounting and Arrangement
6	Preservation and Storage



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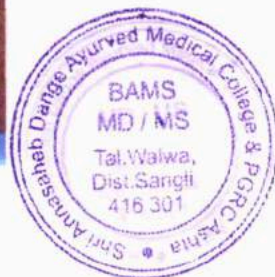
Photographs:



Dry Drug Preservation



Wet Drug Preservation



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Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com

Date- 06/08/2022

ACTIVITY REPORT

Certificate course in Learning Semisolid Dosages Forms 2022-23

Department: Rasashastra evum Bhaishyajya Kalpana
Course Code: 3213-V-XI
Academic Year: 2022- 2023
Coordinator: Dr Mahesh Inamdar & Dr Shraddha Shelke
Time: 2 hour weekly
Duration: 2 Months
Venue: Rasashastra Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post
Graduate & Research Center, Ashta.

Introduction:

Department of Rasashastra designed a certification course for the students to add addition information modern concept for Ayurvedic medicine preparation. In this comprehensive certificate course, we will delve into the fascinating world of semisolid dosages used in pharmaceuticals and medical applications. Designed for both newcomers and professionals in the field, this course aims to provide a thorough understanding of various semisolid dosage forms and their applications.

Semisolid dosage forms in Ayurveda, such as herbal pastes, ointments, and oils, are designed to facilitate the absorption of medicinal herbs through the skin, enhancing their therapeutic effects. These formulations are often used in massage therapies (Abhyanga) and external applications to promote relaxation, balance doshas, and address specific health concerns.



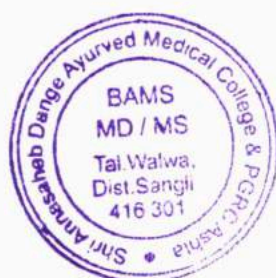
Understanding the formulation, manufacturing processes, quality control, and regulatory considerations associated with semisolid dosage forms is crucial for pharmaceutical professionals to ensure effective and safe treatment outcomes. This course provides a comprehensive exploration of semisolid dosages, equipping participants with the knowledge and skills necessary to excel in this dynamic field.

Course Content and Module:-

Module	Title	Content		
Module 1	Introduction	- Definition and significance of semisolid dosage forms		
		- Ayurvedic Formulation and semisolid dosage forms		
		- Overview of the course content and learning objectives		
		- Types of semisolid formulations – Paste, Cream, Gel, Lotion, liniments and ointments.		
		- Cultural and historical relevance of semisolid dosages in various healing traditions - Ayurved		
		- Regulatory considerations and safety aspects		
Module 2	Formulation	- Role of ingredients in semisolid formulations		
		- Understanding rheology and flow properties		
		- Selection and functions of excipients		
		- Various manufacturing techniques: mixing, homogenization, etc.		
		Module 3	Application	- Practical application of semisolid formulations in traditional and modern healthcare systems
				- Hands-on exercises in preparing and applying herbal pastes and ointments
- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond				
Module 4	Demonstration	Practical demonstration of semisolid dosages		
Module 5	Hands On Training	Actual hands on training to students		
Module 6	Certification	-After successful Completion & Assessment , Awarding of course completion certificates		
		- Recognition of outstanding performance and active participation		

Course Outcome:-

1. Gain comprehensive understanding of semisolid dosage forms
2. Master formulation, manufacturing, and evaluation techniques
3. Develop expertise in quality control, stability, and regulations
4. Acquire knowledge of industry trends and best practices
5. Demonstrate proficiency through practical assessments and exams



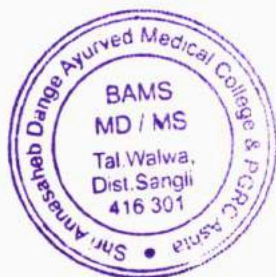
Assessment of Students: Students will be assessed through a final exam and Viva 60/40 marks total 100 marks exam will be taken.

Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	3 pm to 5 pm	04/06/2022	Dr Mahesh Inamdar	- Definition and significance of semisolid dosage forms - Ayurvedic Formulation and semisolid dosage forms - Overview of the course content and learning objectives - Types of semisolid formulations – Paste, Cream, Gel, Lotion, liniments, ointments.
Day Two 2 hr	3 pm to 5 pm	11/06/2022	Dr Mahesh Inamdar	- Cultural and historical relevance of semisolid dosages in various healing traditions – Ayurved - Regulatory considerations and safety aspects - Role of ingredients in semisolid formulations
Day Three 2hr	3 pm to 5 pm	18/06/2022	Dr Mahesh Inamdar	- Understanding Rheology and flow properties - Selection and functions of excipients
Day Four 2hr	3 pm to 5 pm	25/06/2022	Dr Shraddha Shelke	- Various manufacturing techniques: mixing, homogenization, etc.
Day Five 2hr	3 pm to 5 pm	02/07/2022	Dr Shraddha Shelke	- Practical application of semisolid formulations in traditional and modern healthcare systems
Day Six 2hr	3 pm to 5 pm	09/07/2022	Dr Shraddha Shelke	- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Day Seven 2hr	3 pm to 5 pm	16/07/2022	Dr Shraddha Shelke	Practical demonstration of semisolid dosages Actual hands on training to students
Day Eight 2 hr	3 pm to 5 pm	06/08/2022	Dr Shraddha Shelke	Final Exam and Viva - Awarding of course completion certificates - Recognition of outstanding performance and active participation

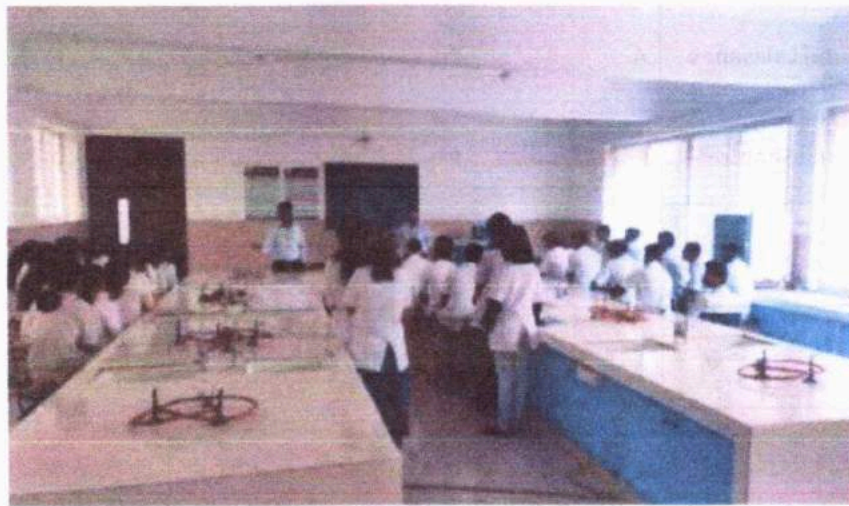


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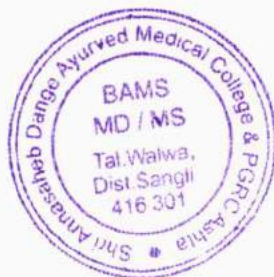
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Photographs:

Practical Demonstration and Hands on Training



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Certificate Course in Bio Medical Waste Management Academic Year 2022-23

Dept.	: Swasthavritta & Yoga
Course Code	: 3213-V-XIV
Year	: 2022- 2023
Co-ordinator	: Dr. Ashwini Khot
Time	: 1 hour Daily (04.15 pm - 05.15 pm)
Duration	: 16 days (19/06/2023-07/07/2023)
Venue:	: Hon. Shri. Annasaheb Dange Ayurved Medical College. Ashta

Introduction:

After completion of BAMS Course most of our students will establish their own clinic, hospital or will be appointed as a health care professional in various government or private organizations. It is crucial for BAMS (Bachelor of Ayurvedic Medicine and Surgery) students to have a comprehensive understanding of the proper disposal and handling of biomedical waste. This not only ensures the well-being of patients but also safeguards the environment and public health at large.

The Biomedical Waste Certificate Course for BAMS Students is a specialized program designed to equip aspiring Ayurvedic practitioners with the knowledge and skills required to manage biomedical waste effectively and responsibly within the context of Modern as well as Ayurvedic healthcare practices.

Biomedical waste, which encompasses infectious materials, sharps, pharmaceuticals, and other hazardous substances, poses significant health and environmental risks if not managed



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Date: 01/08/2022

To,
Principal,
Hon. Shri. Annasaheb Dange Ayurved Medical College,
Post Graduate Research Center Ashta, 416-301.

Applicant: Department of Shalakyatantra

Subject: About the permission for value added Certificate course in Netra Tarpan Kriyakalpa for 4th year students.

Respected Sir,

In our College Shalakyatantra department wish to organize Certificate course for 4th year students in Netra Tarpan from August 2022 onwards. This course will enhance their practical skills in Ayurveda and provide valuable insights into holistic eye care.

The course will be conducted by experienced professionals over 2 months and will complement and add value in our existing curriculum. The students are committed to fulfill their academic responsibilities along with the course requirements.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed

Thanking You.

Permitted
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for HOD

Shalakyatantra

H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Certificate Course in Shalakyatantra - Kriyakalpa
Academic Year 2022-23

Dept. : Shalakyatantra.
Course Code : 3213-V-XVI-E
Year : 2022-23
Coordinator : Dr. Sujata Kate and Dr. Pournima Fasale
Time : 2 hours weekly
Duration : Two Months
Venue : Shalakya Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The eyes are often referred to as the "windows to the soul," and in Ayurveda, they hold a special place as the "windows to one's health." Netra Tarpan Kriyakalpa is an ancient Ayurvedic therapy that focuses on maintaining the health and vitality of these vital organs. This certificate course, designed specifically for 4th Year Bachelor of Ayurvedic Medicine and Surgery (BAMS) students, delves deep into the art and science of Netra Tarpan Kriyakalpa.

In the realm of Ayurveda, Netra Tarpan Kriyakalpa is a therapeutic procedure aimed at enhancing and preserving ocular health. It combines the wisdom of traditional Ayurvedic principles with a profound understanding of the intricate anatomy and physiology of the eyes. This course provides an opportunity for BAMS students to explore this specialized field, gaining comprehensive knowledge and practical skills to apply in clinical practice.

Throughout this course, students will embark on a journey to understand the significance of the eyes in Ayurveda, unravel the secrets of maintaining ocular health, and learn the intricate techniques of Netra Tarpan. The program encompasses both theoretical and practical aspects, empowering students to provide specialized eye care within the Ayurvedic framework.



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By the end of this course, 4th Year BAMS students will emerge with a unique skill set, poised to contribute to the holistic well-being of their patients. They will not only have a profound understanding of Ayurvedic eye care but also the ability to perform Netra Tarpan Kriyakalpa competently, making a positive impact on the ocular health of individuals seeking traditional and natural solutions.

This certificate course is an invaluable opportunity for aspiring Ayurvedic practitioners to enhance their knowledge, refine their skills, and make a meaningful difference in the lives of those suffering from eye-related conditions. Whether you aim to become an Ayurvedic ophthalmologist or simply wish to deepen your understanding of Ayurvedic principles as they relate to ocular health, this course is a crucial stepping stone on your journey to becoming a well-rounded Ayurvedic healer.

Course Content:

Sr.No.	Content
1.	Introduction to Ayurveda in Eye Care
2.	Eye Diseases and Conditions
3.	Netra Kriyakalpa Tarpan Therapy
4.	Ayurvedic Treatment Planning
5.	Ethics and Legal Aspects
6.	Hands on Training.
7.	Assesment & Evaluation
8.	Project Submission



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Session	Date & Time	Topic
Session 1	06/08/2022 02:15 pm – 04:30 pm	Introduction to Netra Tarpan Kriyakalpa
Session 2	13/08/2022 02:15 pm – 04:30 pm	Anatomy and Physiology of the Eyes
Session 3	20/08/2022 02:15 pm – 04:30 pm	Components and Rituals in Netra Tarpan
Session 4	27/08/2022 02:15 pm – 04:30 pm	Medicated Preparations for Netra Tarpan
Session 5	03/09/2022 02:15 pm – 04:30 pm	Mantras and Chants in Netra Tarpan
Session 6	10/09/2022 02:15 pm – 04:30 pm	Practical Demonstration of Netra Tarpan
Session 7	17/09/2022 02:15 pm – 04:30 pm	Spiritual Significance and Healing Aspects
Session 8	23/09/2022 02:15 pm – 04:30 pm	Integrating Netra Tarpan into Clinical Practice

Course Outcome:

- Understand the principles and philosophy of Ayurveda in relation to eye care.
- Gain in-depth knowledge of the various eye diseases and conditions.
- Perform Netra Kriyakalpa Tarpan procedures effectively and safely.
- Evaluate and diagnose eye conditions using Ayurvedic principles.
- Develop customized treatment plans for patients with eye ailments.
- Provide holistic eye care based on traditional Ayurvedic therapies.
- Comprehend the ethical and legal aspects of eye care in Ayurveda.

PI: Project No.1- Review of Literature

Collection of information related to tarpan In all samhita's

P II: Project No.2- Introduction to Netra Kriyakalpa Tarpan Therapy

Orientation and Theory

Anatomy and Physiology of the Eye

Diagnosis and Assessment

Treatment Materials and Preparation



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P III: Project No.3- Hands-on Practice and Clinical Experience

Practical Session 1

Students divided into small groups for hands-on practice.

Guided practice in preparing Tarpan materials.

Practice in applying Tarpan therapy on a model eye.

Continued hands-on practice in Tarpan therapy application.

Faculty supervision and feedback.

Research Proposal Submission:

Assignment completed List

Sr. No.	Name of Student	PI	PII	PIII
1.	Awale Renuka Rama	Yes	Yes	Yes
2.	Awasthi Satyam Ravindrprasad	Yes	Yes	Yes
3.	Badgire Pooja Mahadev	Yes	Yes	Yes
4.	Bagal Kanchan Rustumrao	No	Yes	Yes
5.	Barbade Susmita Shrikar	Yes	Yes	Yes
6.	Behere Vinayak Pandurang	Yes	Yes	Yes
7.	Bhojugde Vishal Ganpat	Yes	No	Yes
8.	Bhosale Maithili Sunil	Yes	Yes	Yes
9.	Bhosale Payal Rajkumar	Yes	Yes	Yes
10.	Bondar Shweta Babanrao	Yes	Yes	No
11.	Chavan Asavari Balkrishna	Yes	Yes	Yes



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Tarpan

Shak
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Date: 29/12/2022

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Applicant: Department of Shalyatantra

Subject: About the permission for value added Certificate course in Vidha Karma for
4th year students.

Respected Sir,

In our College Shalyatantra department wish to organize Certificate course for 4th year students in Vidha Karma from January 2023. This course will enhance their practical skills in Ayurveda and provide valuable insights.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.



HOD
HOD

Sh. Shalyatantra
Department of Shalyatantra
Hon. Shri. Annasaheb
Dange Ayurved Medical
College, PGRC, Ashta

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Certificate Course in Vidha Karma Academic Year 2022-2023

Dept.	:	Shalyatantra Department
Course Code	:	3213-V- 18E
Year	:	2022- 2023
Coordinator	:	Dr. Akbar Walandkar and Dr. Priyadarshini Hanje
Time	:	2 hours weekly
Duration	:	16 Hrs
Venue	:	Shalyatantra Department, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

This is miniature of blood letting a very small puncture is done with the help of an insulin needle. The knowledge of vital points and symptoms related points is essential.

The treatment gives its miraculous results in fraction of second.

This is also called as pain management in Ayurveda. Pain can be described as any physical suffering or discomfort caused by illness or injury. Pain can present in various ways as throbbing pain in toothache, eye ache, colic pain etc. joint pain due to swelling and many more.

Ayurveda explains the origin of pain is due to vitiated Vata Dosha, Once Vata Dosha is treated efficiently the pain subsides automatically.

Pain can be described as any physical suffering or discomfort caused by illness or injury. No matter however mild the pain is anywhere in the body it lands you in a state of discomfort and affects your day to day activities. Pain can present in various ways as throbbing pain in toothache, eye ache or a colic pain which comes in spasm as in renal calculi, gnawing pain in abdominal discomfort, muscular pain as in sprain, sports injury, joint pain due to swelling and many more; and our answer to this is a pain killer which on frequent usage also kills our resistance power.



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Ayurveda explains the origin of pain is due to vitiated Vatadosha, once vatadosha is treated efficiently the pain subsides automatically.

Many people have a false belief that Ayurveda is no good in times of acute pain, Ayurvedic medicines should only be consumed in chronic illnesses and it always gives very slow results but the thing is they are unaware of the wonder management. Here are the various ways to kill pain.

Viddha is a sterile procedure of puncturing or piercing selected points with special hollow viddha needles. The immune system response this treatment by releasing endorphin that helps to reduce pain.

It is implied to give an instant and acute pain relief. It doesn't require any internal medication as an additive to enhance its effect.

Viddha and Siravedha (bloodletting) is a part of Ayurvedic treatment along with other Ayurvedic treatments.

Many get confuse Viddha as an Acupuncture method. The principles used in Viddha are entirely different than Acupuncture. Viddha points are in relation to Marma points and uses particular viddha hollow needles for treatment. Viddha points are based on cell morphology as defined in Vaisheshik Darshan, a branch of philosophy accepted in Ayurveda.

Course Content:

Sr. No	Content
1.	Introduction to Ayurveda: Understanding the basic principles and phylosophy of Ayurveda, including the concept of doshas and the role of Vidha Karma in Ayurvedic treatments
2.	Anatomy and Physiology: A study of relevant anatomical structures and their functions, particularly those related to the conditions treated with Vidha Karma
3.	Instruments and Equipment: Learning about the various instruments and equipment used in Vidha Karma procedures, including their preparation and maintenance
4.	Indications and Contraindications: Understanding when Vidha Karma is suitable and when it should be avoided based on patient conditions and contraindications.
5.	Vidha Karma Techniques: Detailed instruction on the different techniques of Vidha Karma, including how to perform it safely and effectively
6.	Patient Assessment: How to assess patients, select appropriate candidates for Vidha Karma, and create treatment plans
7.	Post-treatment Care: Guidelines for post-treatment care and follow-up to ensure patients' well-being and recovery
8.	Hands-On Training: Practical training sessions to develop proficiency in performing Vidha Karma procedures under supervision



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Course schedule: -

Session No.	Date	Time	Topic	Faculty
Session 1	Jan 02, 2023	09.30 AM - 11:30 AM	Introduction to Ayurveda: Understanding the basic principles and philosophy of Ayurveda, including the concept of doshas and the role of Vidha Karma in Ayurvedic treatments	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 2	Jan 09, 2023	09.30 AM - 11:30 AM	Anatomy and Physiology: A study of relevant anatomical structures and their functions, particularly those related to the conditions treated with Vidha Karma	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 3	Jan 16, 2023	09.30 AM - 11:30 AM	Instruments and Equipment: Learning about the various instruments and equipment used in Vidha Karma procedures, including their preparation and maintenance	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 4	Jan 23, 2023	09.30 AM - 11:30 AM	Indications and Contraindications: Understanding when Vidha Karma is suitable and when it should be avoided based on patient conditions and contraindications.	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 5	Jan 30, 2023	09.30 AM - 11:30 AM	Vidha Karma Techniques: Detailed instruction on the different techniques of Vidha Karma, including how to perform it safely and effectively	Dr. Akbar Walandkar Dr. Priyadarshini Hanje



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Session 6	Feb 06, 2023	09.30 AM - 11:30 AM	Patient Assessment: How to assess patients, select appropriate candidates for Vidha Karma, and create treatment plans	Dr. Akbar Walandkar ,Dr. Priyadarshini Hanje
Session 7	Feb 13, 2023	09.30 AM - 11:30 AM	Post-treatment Care: Guidelines for post-treatment care and follow-up to ensure patients' well-being and recovery	Dr. Akbar Walandkar ,Dr. Priyadarshini Hanje
Session 8	Feb 20, 2023	09.30 AM - 11:30 AM	Hands-On Training: Practical training sessions to develop proficiency in performing Vidha Karma procedures under supervision	Dr. Akbar Walandkar ,Dr. Priyadarshini Hanje

Course Outcome:

1. Pain Relief: Vidha Karma is often used to alleviate pain, especially in conditions like arthritis, musculoskeletal disorders, and neuralgia.
2. Reduction of Inflammation: It can help reduce inflammation in localized areas, providing relief from swelling and associated symptoms.
3. Improvement in Joint Mobility: For conditions affecting joints, Vidha Karma may aim to improve joint mobility and functionality.
4. Healing of Skin Disorders: Vidha Karma can be used to treat certain skin conditions, such as warts or cysts, by cauterizing or destroying the affected tissue.
5. Management of Neurological Conditions: In some cases, Vidha Karma may be used to address certain neurological issues, like nerve compression or sciatica.
6. Enhanced Blood Circulation: It can stimulate blood circulation in the treated area, promoting natural healing processes.
7. Overall Well-being: Ayurvedic therapies often aim to restore balance to the body and mind, contributing to an individual's overall well-being.



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Key Indicator – 1.3 Curriculum Enrichment		
1.3.2 Number of value added courses offered during the last 5 years that impart transferable and life skills		
Name of the value-added courses with 15 or more contact hours Academic Year 2021-22		
Name of the value-added courses	Course Code	Contents
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
EPI INFO	3213-V-II	Activity report
PROFESSIONAL ETHICS	3213-V-III	Activity report
CPR TRAINING	3213-V-IV	Activity report
CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	Activity report
CERTIFICATE COURSE IN MEDICINAL PLANT IDENTIFICATION	3213-V-VII	Activity report
CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	Activity report
CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (ANJANA)	3213-V-XVI-D	Activity report
CERTIFICATE COURSE IN AGNIKARMA	3213-V-XVIII-D	Activity report



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PAVAN YOGA CERTIFICATE COURSE REPORT

Title of Activity: - Pavan Yoga Certificate Course

Course Code: 3213-V-I

Organized by the Department –Department of Swasthavritta & Yoga

Date: - 01/03/2022 To 30/03/2022 Time: -7:00 am - 8:00 am Duration: - 30 hrs (1hour/day)

Venue: - Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Nitin Tatpuje, HOD, Department of Swasthavritta & Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
- To conduct the practice of yoga therapy

Description: -

With the permission of college council and authorities certificate course of Pavan Yoga has been conducted 30 hours. The course was coordinated by Dr. Nitin Tatpuje with the help of Dr. Ashwini Khot, Dr. Hemalata Kore and Mr. Sushant Ghorapade. Practical demonstration was conducted by Mr. Sushant Ghorapade as per prescribed syllabus. Total 25 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.



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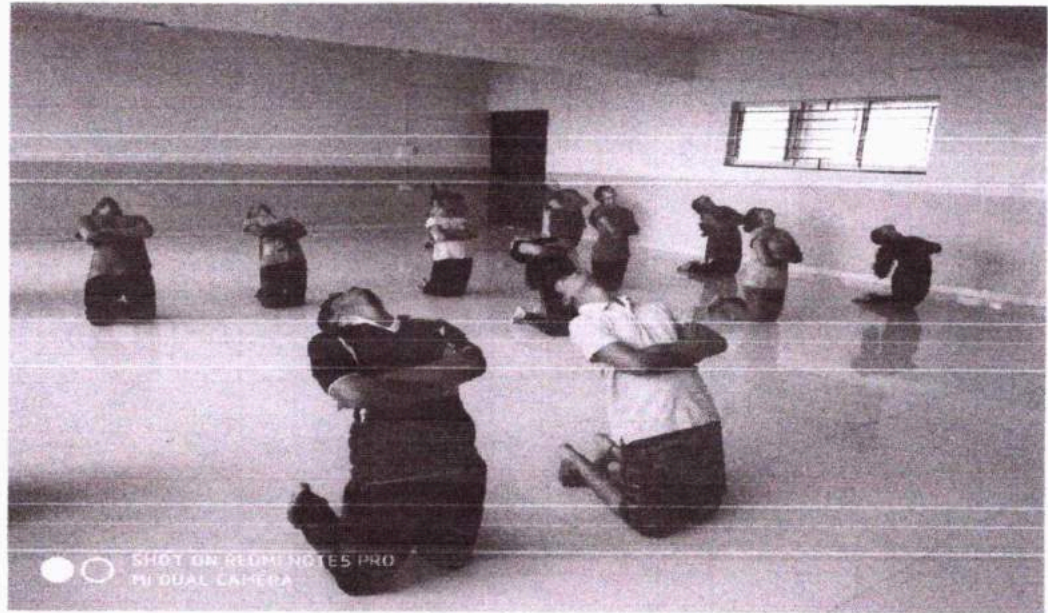
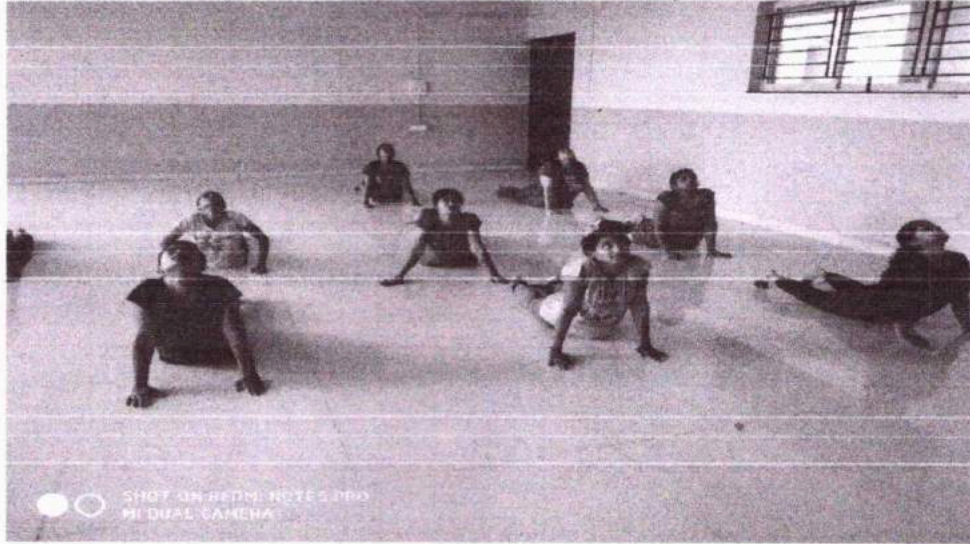
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Epidemiological Skills Development Programme

Introduction to Epi-Info

Course Outline

Dr. Anjali Upadhye



Anjali Upadhye
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Warananagar, Dist. Solapur.

Overall Aims and Objectives and learning outcomes

Purpose of course

To introduce participants to how Epi Info 7 can be used to carry out the epidemiological analysis component of a research investigation, through creating and analysing a questionnaire for a simple common source outbreak.

Intended audience

It is at an introductory level. The training is not intended to provide comprehensive training on all functions available within Epi Info 7, just those required in simple outbreak investigations. For the students familiar to computers.

Competencies

The course will support competencies in the following area:

- Observations
- Presentations
- Analysis

Desired learning outcomes

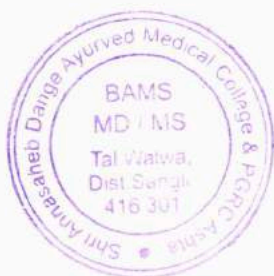
On successful completion of this course participants will **be able to**:

- Design and enter data into a simple electronic data entry form
- Create quality checks
- Create line lists
- Analyse characteristics of illness such as incubation and duration
- Create bar graphs and Epidemic curves
- Create an attack rate table
- Identify to what extent different exposures are associated with illness
- Create maps

Learning methods

The course uses the following learning methods:

- Demonstration
- Individual pair and group discussions and practice
- Peer learning and teaching
- Case study exercise



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Session content overview

Session 01: Overview and Setting the Scene

- Introductions
- Brief overview of Epi Info 7
- Outbreak analysis – why we do it
- Outbreak analysis process

Session 02: Creating questionnaires (form designer)

- Introduction to Epi Info 7
- Creating an electronic version of a survey
- Types of fields
- Using Templates
- Formatting the workspace

Session 03: Adding intelligence to forms

- Revision and practice on first session
- Adding 'intelligence' (checks) to forms
- Useful checks

Session 04: Entering, editing and looking at your data

- Entering data
- Editing
- Line lists
- Deleting records
- Saving and printing

Session 05: Data analysis using the visual dashboard

- The dash board tool box – line lists, frequencies means and graphs
- Filtering data and recoding
- Sending and Saving Output

Session 06: Two by two tables

- Understanding, creating and interpreting two by two tables and attack rate tables

Session 07: Classic Analysis

- Classic analysis
- Sorting, selecting, display
- Advantages and disadvantages of classic analysis versus visual dashboard



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Session 08: Case study

- Using Epi Info 7 to work through a case study of an outbreak investigation

Session 09: Mapping

- An introduction to creating maps using the Epi Map module
- Create a simple cluster map
- Create data filters
- Create a stratified map
- Create a time lapse

Session 10: Resources

- The CDC website and help desk
- The PhConnect User Group
- Web video tutorials



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Assessment

Students will **pass** the course if they achieve a score of 50% or higher on the case study analysis exercise



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- For documents in regional language, kindly seek a attested translated version in English
- If the data is large, the HEI will fill the data template. During DVV clarification, the DVV to seek for sample selective documents for validation.

Sd/- Director

Out of 79 Qnm, 11 can be verified by NIRF data

Out of 79 Qnm, 15 metrics will apply random verification

The list of the documents is only suggestive. If the Institution has any other relevant documents besides those mentioned by NAAC, the same may be uploaded.



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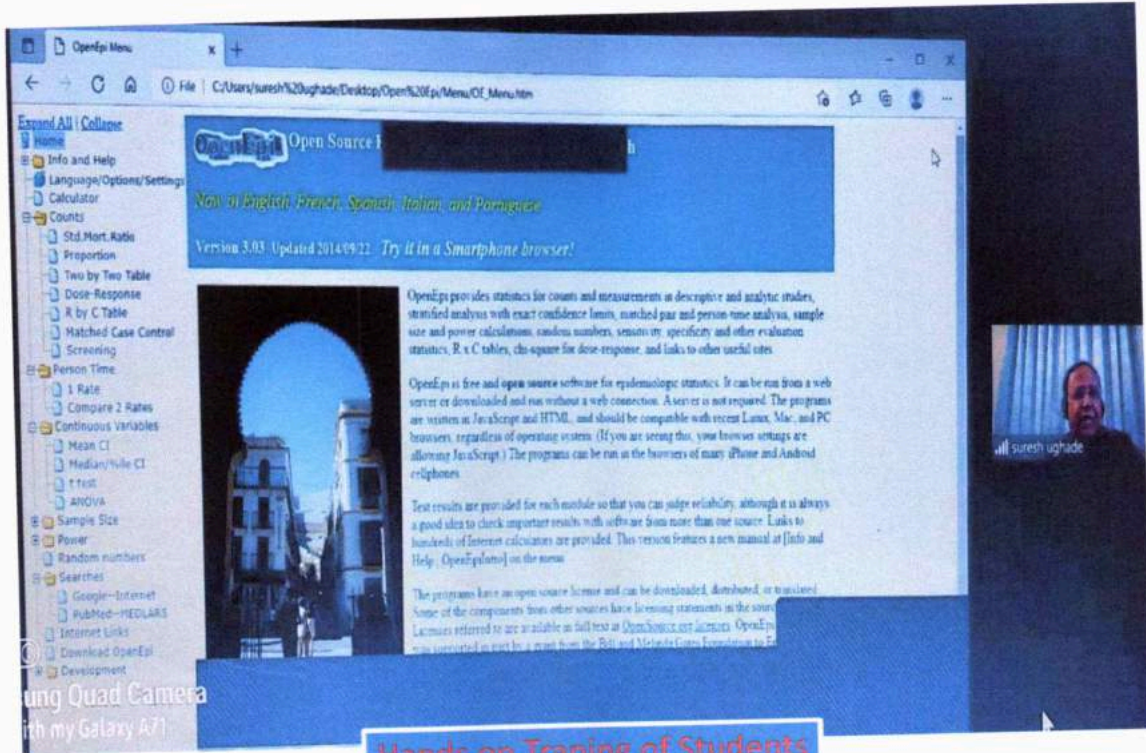
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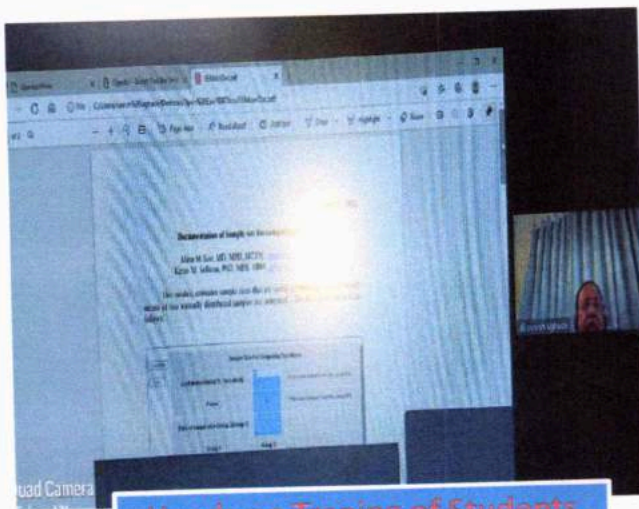
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Date- 09/12/2021



Hands on Training of Students



Hands on Training of Students



EPI Info Validatory Programme



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ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA YEAR: 2021-22

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 01 /03/2022 to 09/05/2022

Time: - 04:10pm -05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 97

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals


Description:-

Event / Activity Report

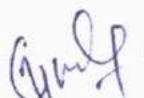
1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

By the end of the course student should be able to understand the importance of ethics and values in life and society.


Head of Dept.,
Classical Dept.
Ashta, Walwa, Sangli




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NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2022

REPORT

Title of Course: - CPR Training Course

Date: -25.06.2022 to 08.10.2022

Time: - 2.30pm – 3.30pm Every Saturday

Duration:- 17weeks

Venue: - Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

1. To raises awareness about Cardio Pulmonary Resuscitation.
2. To understand the condition of patient suffering from Cardiac Arrest and Asphyxia.
3. To perform airway management by using appropriate equipments for resuscitation.

Report

Description

Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta, Department of Kayachikitsa organized Cardio Pulmonary Resuscitation Training Course for final year BAMS students.

Training course was conducted by faculties of department of kayachikitsa according to syllabus. Participants were trained by using simulations of CPR. Lectures were delivered regarding CPR.

We invited Dr. Bhavesh Shaha for delivering lecture and demonstration on Cardio Pulmonary Resuscitation as a guest speaker on 28.09.2022. He was given demonstration and hands on training of CPR on manikins and using resuscitation kit.

CPR Training program 2022 Dept. of Kayachikitsa





This course was helpful in up gradation of knowledge about CPR. Students acquired ability to recognize Assessment of life threatening emergencies and provide CPR using equipment of CPR.

This program was successfully completed under guidance of Head of department and Co-coordinator of CPR program, 22 students were participated in this program.

Outcome of event

This course was helpful in imparting knowledge and giving hands on training about Resuscitation to the participation.

List of documents attached:

1. Permission letter
2. CPR training workshop documents
3. Attendance list of students
4. Feedback from students
5. Photos of event.

K. D. D.
H.O.D.
Dept.

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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2021-22)

INDEX

Sr No	Content
1	CPR Course Brochure
2	Course Permission letter
3	Course Content & ATP
4	Course Activity Report
5	Enrolled Student List
6	Attendance
7	Exam Que Paper & Answer key
8	Results with Grade
9	Feedback Analysis
10	Feedback Samples
11	CPR Workshop Guest Lecture Report
12	Photographs
13	Certificate



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CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CARDIO PULMONARY RESUSCITATION TRAINING COURSE

ABOUT US

Hon. Shri Annasaheb Dange Ayurved Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India.

VISION

Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

Institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.

To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.





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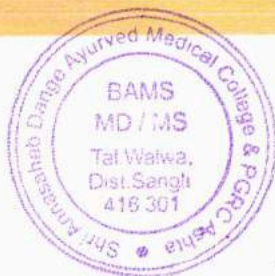
The Certified First Aid Professionals course of training held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashta, Sangli.

Heart attacks are the leading cause of deaths in the India. As per the statistics, one-fifth of the deaths in India are from Coronary Heart Disease. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of 45 million Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer.

There is a huge need for Nurses, Paramedics, Doctors, First Responders and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency. When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment, such as blood circulation.

COURSE OUTCOMES

Course is designed to provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. To empower health care providers & community to save lives Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers. Effective networking for disaster awareness.





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COURSE ELIGIBILITY

Fourth year students of B.A.M.S

Internship Students of B.A.M.S

FACULTY

Dr. Parag Deshmukhe

Dr. Smita Lokhande

Dr. Rupali Patil

Dr. Varsha Khot

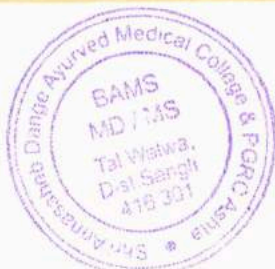
Dr. Sushant Kanase

DURATION OF COURSE

17 weeks

SCHEDULE

2 Hrs. per week - every Saturday



Aspen
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College, Ashra, Tal. Wahwa, Dist. Sangli.

Panell
H.O.D.
Kayachikitsa Dept
& D.A.M.C., ASHTA



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301
Phone : 02342-241103/241108, Fax - 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

PRACTICALS

1. Bag-mask techniques for adult, child and infant
2. CPR with an advanced airway
3. Assessment of Casualty
4. Management of Fractures & Dislocations- Modified splinting
6. Use of triangular bandage for making large arm sling
7. Recovery Position
8. Transportation of Patient: Hand Seats, Stretcher Carry.

ATP

SR. NO.	DATE	TOPIC	Faculty Name
1	25.06.2022	Introduction to CPR training	Dr Khot
2	02.07.2022	Objectives/Responsibilities of First Aider	Dr Patil
3	09.07.2022	Assessment of Casualty/Unconsciousness	Dr Kanase
4	16.07.2022	Asphyxia/Airway Obstruction- Choking, Asthma, Drowning	Dr Lokhande
5	23.07.2022	Resuscitation(CPR)- Methods of artificial respiration & Chest compression	Dr Khot
6	30.07.2022	Bag-mask techniques for adult, child and infant CPR with an advanced airway	Dr Kanase
7	06.08.2022	Heart Attack & Cardiac Arrest	Dr Kanase
8	13.08.2022	First aid management of Bleeding, Wounds & Shock	Dr Lokhande
9	20.08.2022	First aid management of Injuries to bone joints and muscles- Triangular Bandage & Arm slings	Dr Deshmukhe
10	27.08.2022	First aid management of Heat injuries- Heat stroke, Heat	Dr Khot



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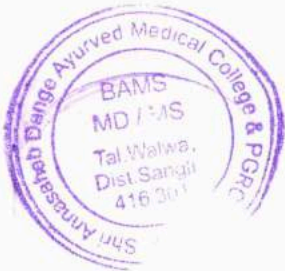
Website : www.adamcashta.com

E-mail : ashta.adame@gmail.com

		Exhaustion, Hypothermia	
11	03.09.2022	First aid management of Epilepsy/Fits, Poisonous bites & Stings, Burn/Scalds	Dr Patil
12	10.09.2022	Assessment of Casualty	Dr Khot
13	17.09.2022	Management of Fractures & Dislocations- Modified splinting	Dr Lokhande
14	24.09.2022	Use of triangular bandage for making large arm sling	Dr Kanase
15	27.09.2022	First aid management of Eye/Ear/Nose injuries	Dr Deshmukhe
16	01.10.2022	Transportation of Patient: Hand Seats, Stretcher Carry	Dr Khot
17	08.10.2022	Recovery Position	Dr Patil

STUDENT LEARNING OUTCOMES / LEARNING OBJECTIVES

This class is designed to introduce both life threatening and non-life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation. The course will include infant, child and adult one-man CPR, use of an AED, rescue breathing and obstructed airway skills with the opportunity for American Red Cross (ARC) certification in each age group. Additional skills such as basic splinting, bandaging and proper use of gloves will also be introduced.



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H.O.D.
Ayacharya Dept
A. T. N. C., ASHTA

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Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center

A/p : Ashra, Tal. : Walwa, Dist : Sangli - 416 301
Website : www.adame.ac.in E-mail :
NAAC Accredited ISO Certified 9001-2015,14000-2015



Atul
H.O.D.
Kayachikitsa Dept.
Sangli

CPR TRAINING COURSE 2022 DEPT OF KAYACHIKITSA



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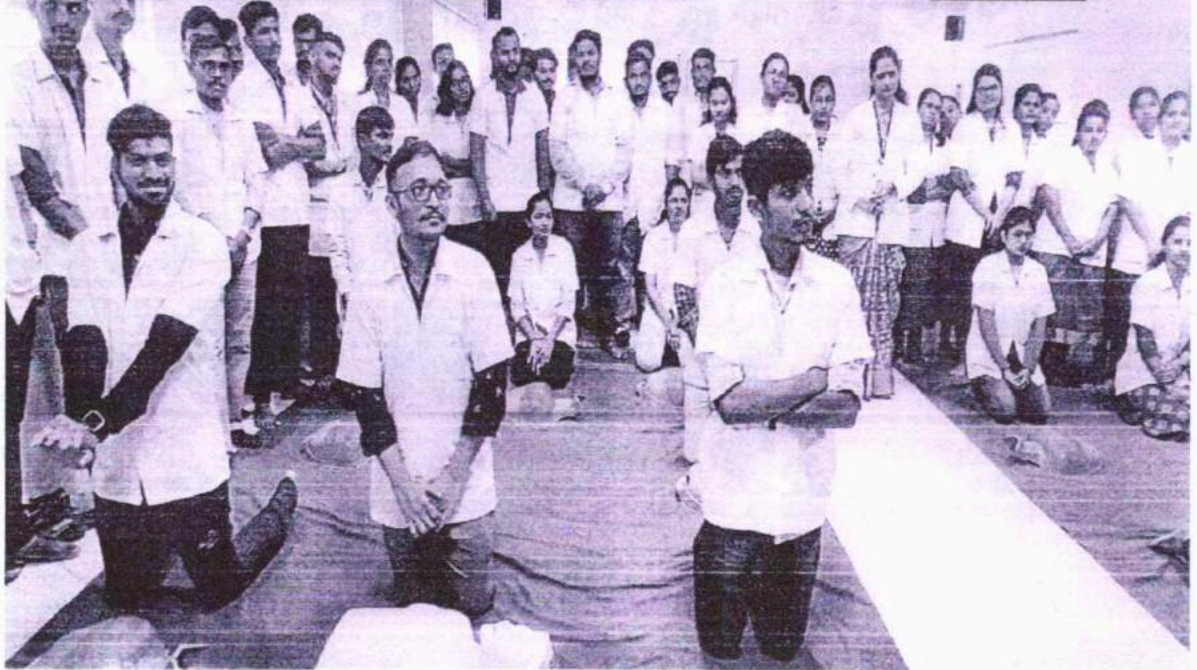


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DEPARTMENT OF KAYACHIKITSA

CPR Training Course



CPR TRAINING COURSE 2022 DEPT OF KAYACHIKITSA

K. K. K.
 H.O.D.
 Kayachikitsa Dept
 A.P. ASHTA





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Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

02/01/2021.

DEPARTMENT OF PRASUTITANTRA AVUM STIROGA

Date- 02 / 01 / 2021

To,
The Principal,
ADAMC,
Ashta.

Subject : Regarding permission to conduct a certificate course.

Respected Sir,

As per the subject cited above, the Dept. of Prasutitantra Evum Stiroga wants to conduct 'Certificate course in Pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals'.

We want to conduct the certificate course for 3rd year BAMS batch from 3rd jan 2018. This course will be beneficial to our students for gaining new knowledge regarding it and they can aware society about it.

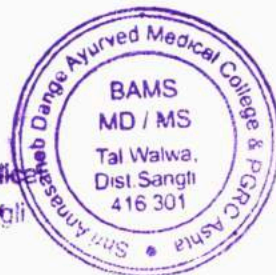
So we request you to kindly grant the permission for the same.

Thanking you,

Permission granted
[Signature]

PRINCIPAL

Shri Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli



HOD

[Signature]
(Dept. of Prasutitantra Evum Stiroga)

HOD

Stiroga & Prasuti Tantra Dept

Hon. Shri. Annasaheb

Dange Ayurved Medical

College, Ashta, Sangli



संत ज्ञानेश्वर शिक्षण संस्थेचे,

**मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता. वाळवा, जि. सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)



ADAMC

An ISO 9001-2015
An ISO 14001-2015

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by N.C.I.S.M. New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/139-A/2021

Date : 28/01/2021

To

The HOD,

Prasutitantra and strirog Department ,

Hon, Shri Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Permission to conduct certificate course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Respected Sir,

With reference to your requisition letter dated 03/07/2018 you are permitted to start new certificate Course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics" The council has allotted the following .

Course Name : "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Course code : 3213- V-IX

Duration : 8 days

The Coordinator for the course will be Dr. Radha Phadnis

Annual Report of the course should be submitted to the council.



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College, Ashta, Tal. Walwa, Dist. Sangli



● Web Site :- WWW.adamc.ac.in

● Email :- ashta.adamc@gmail.com



**HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM
STRIROGA**

ACTIVITY REPORT

Certificate Course

In Pregnancy Nutrition, Dietetics and Pharmaceutics

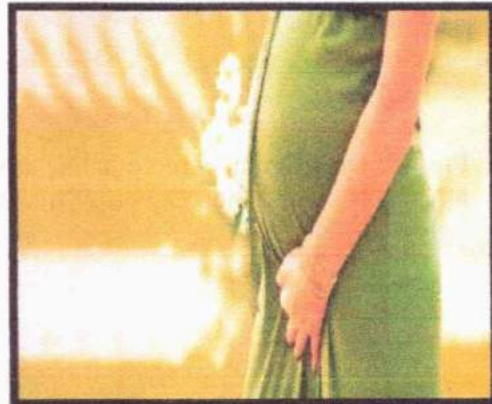
Conducted by :

**Department of Streerog Avum
Prasutitantra**

ADAMC , Ashta

Batch 2021-22

Course code- 3213-V-IX



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'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals'

Academic Year 2021-22

Department : Prasutitantra Evum Streeroga

Course Code : 3213-V-IX

Year : 2021- 2022

Coordinator : Dr. Radha Phadnis

Members : HOD and Professor – Sachin Patil

Dr. Dilip Katare

Dr. Tinku Ganesh Khalache

Dr Pradnya Tare

Dr. Sayali Pashte

Dr. Ashwini Bhandvalkar

Time : 2 hours per day

Duration : 8 days (16 hrs)

Venue: Prasutitantra Evum Streeroga Department, III year classroom,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta



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Introduction:

All Pregnant women for healthy nourishment of self and baby. This course will focus on Diet Nutrition and which are healthy food and food avoid during pregnancy and drug related guidelines. This 'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals' is designed to provide you with a deep understanding of the crucial aspects of pregnancy care through the lenses of nutrition, dietetics, and Ayurvedic pharmaceuticals.

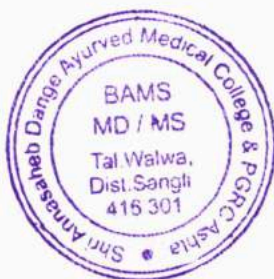
Student're going to be a healthcare professional so aiming to enhance your expertise or an individual interested in learning about holistic approaches to pregnancy wellness, this course offers valuable insights into promoting the health and well-being of expectant mothers and their unborn children. Pregnancy is a remarkable journey that requires special attention to ensure the health of both the mother and the developing fetus. This certificate course focuses on three essential pillars: nutrition, dietetics, and Ayurvedic pharmaceuticals, to offer a comprehensive perspective on supporting a healthy pregnancy.


This course will help to learn :

- How to create well-rounded meal plans that provide essential nutrients for both the mother and the baby.
- The physiological changes that occur during pregnancy and their impact on nutritional requirements.
- Herbal supplements and formulations recommended in Ayurveda to support pregnancy health
- The principles of Ayurveda and how they relate to pregnancy care.
- Strategies to alleviate common pregnancy discomforts using natural approaches.

The course is designed to be engaging and accessible, with a mix of theoretical knowledge, practical applications, and case studies. Interactive sessions, reading materials, and hands-on exercises will enhance learning experience and empower to apply the knowledge effectively.

By the end of this course, student will gain a comprehensive skill set to support and guide expectant mothers towards a joyful and well-nourished pregnancy. This course will help ultimately to reduce maternal and fetal complications.

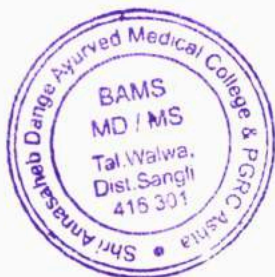



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Course Content:

Day	Topic
1.	<ul style="list-style-type: none">- Introduction of course- Garbhadhan vidhi –<ol style="list-style-type: none">1. Preconception Nutrition and health.2. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)- Ayurvedic concept of Nutrition.- 3. Pre conceptional yogasana
2.	<p>Anatomical and physiological changes during pregnancy.</p> <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy- Changes in reproductive organs.- Changes in cardiovascular health.
3.	<ul style="list-style-type: none">- Understanding three trimesters.- Evaluation session.
4.	<ul style="list-style-type: none">- Trimester wise nutrition requirements. Carbohydrates & their importance. Fats and proteins during pregnancy. Micronutrients and their importance in pregnancy.- Anaemia in Pregnancy.- Calcium deficiency in pregnancy.
5.	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya)- Food and food recipes toxic in pregnancy.
6.	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Evaluation session
7.	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.
8.	<ul style="list-style-type: none">- Healthy pregnancy food. Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.



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Website : www.adamcashta.com E-mail : ashta.adamc@gmail.com

Course Lectures:

Day	Date	Topic	Conducted By
1.	11/02/2021	Introduction of course Preconception Nutrition and health.	Dr. Dilip Katare
2.	12/02/2021	Anatmical and physiological changes during pregnancy.	Dr. Tinku Ganesh Khalache
3.	13/02/2021	- Understanding three trimesters. - Evaluation session.	Dr Pradnya Tare
4	15/02/2021	- Anaemia in Pregnancy. Calcium deficiency in pregnancy	Dr. Sayali Pashte
5.	16/02/2021	- Ayurvedic concept of food in Pregnancy.	Dr. Ashwini Bhandvalkar
6.	17/02/2021	- Routine supplementary ayurvedic medicines in pregnancy. - Evaluation session	Dr. Tinku Ganesh Khalache
7.	18/02/2021	- Management of minor ailments in pregnancy. - Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.	Dr Pradnya Tare
8.	19/02/2021	- Healthy pregnancy food. Demonstration of food recipes. - Demonstration of Ayurvedic therapies beneficial in pregnancy.	Dr. Sayali Pashte



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Course Outcome:

1. Participants will be equipped with the knowledge and skills to design and recommend balanced and nourishing meal plans tailored to the unique needs of pregnant women. They will understand the essential nutrients required for optimal pregnancy outcomes.
2. Graduates will have the tools to effectively manage gestational health issues such as gestational diabetes, excessive weight gain, and nutritional deficiencies through evidence-based dietary interventions.
3. Participants will gain a solid foundation in Ayurvedic principles and their application in pregnancy care. They will understand how to integrate Ayurvedic dietary guidelines and herbal formulations to promote holistic well-being during pregnancy.
4. Graduates will possess a deep understanding of the physiological changes that occur during pregnancy, the nutritional requirements for different stages of pregnancy, and the impact of diet on maternal and fetal health.
5. Participants will develop a holistic perspective on pregnancy care, considering both the physical and emotional aspects of the experience. They will be able to guide expectant mothers in maintaining a balanced lifestyle and well-being.
6. Graduates will enhance their communication skills to interact sensitively and effectively with pregnant women, understanding their concerns and providing practical guidance related to nutrition, dietetics, and Ayurvedic principles.
7. Participants will be able to integrate evidence-based practices from the fields of nutrition, dietetics, and Ayurveda, ensuring that their recommendations are grounded in current research and traditional wisdom.
8. Individuals seeking personal enrichment will gain valuable insights into maintaining health and wellness during pregnancy, fostering a positive pregnancy experience for themselves or their loved ones.
9. Graduates will learn about various Ayurvedic herbs and formulations recommended for supporting pregnancy health, including those for managing common discomforts and enhancing overall well-being.

Overall, the course outcomes will empower participants to provide comprehensive support to pregnant women through a synergistic blend of modern nutritional science, dietetics, and ancient Ayurvedic wisdom. Graduates will be better equipped to make a positive impact on the health and well-being of expectant mothers and contribute to fostering healthier generations.



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PI: Project No.1- ANC Awareness Role play

Competition Guidelines:

1. Participants should work in teams, collaborating to develop and present their recipes.
2. Script should be specifically designed to meet the nutritional needs of pregnant women, considering essential nutrients and dietary requirements.
3. Each Participant should be accompanied by a brief description of its nutritional benefits and its relevance to pregnancy care.

Judging Criteria :

1. Nutritional Value: How well the participant show nutritional needs of pregnant women.
2. Creativity and Innovation: The uniqueness of the script and how well participants have incorporated course concepts.
3. Presentation: The visual appeal of the presented show was through Banners and posters.

P II:Project No.2- Yoga in pregnancy

Competition Objectives :

1. Allow participants to demonstrate Yoga atleast one and their grasp of pregnancy-related topics, nutrition, dietetics, and Ayurvedic principles.
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.

Competition Guidelines :

1. Participants can choose one category to present on.
2. Presentations should be well-researched, evidence-based, and align with the course concepts.
3. Each presentation should be visually engaging, utilizing multimedia elements such as slides, images, and diagrams.
4. Presentations should be clear, concise, and designed to educate and engage an audience.

Judging Criteria :

1. Content and Knowledge: Accuracy, depth, and relevance of information presented.
2. Communication Skills: Clarity, confidence, and ability to effectively convey complex concepts.
3. Visual Presentation: Quality and creativity of visual aids used in the presentation.
4. Engagement: How well the presentation captures and maintains the audience's interest.



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Photographs :



**Certificate course
Lectures**



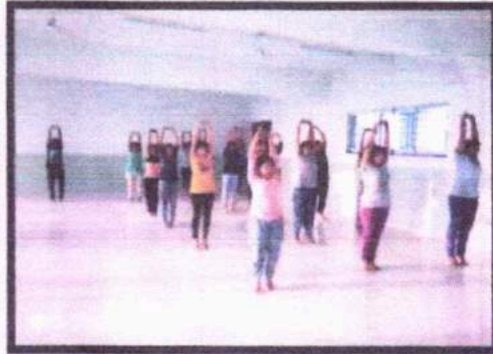
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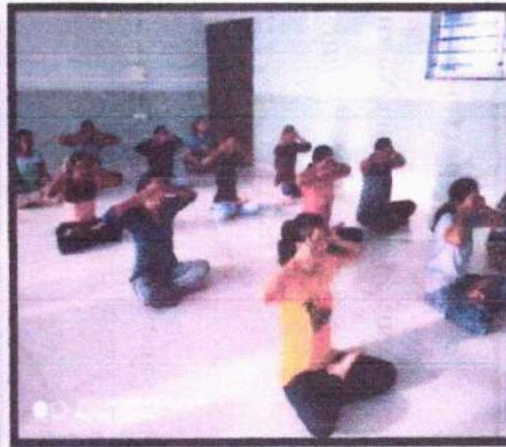


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Project



**Yoga
demonstration by
students**



P. Phadnis
Lecturer
Strioga & Prasuti Dept.
A.D.A.M.C., Ashta



S. S. S.
109
Strioga & Prasuti Tantra Dept
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta

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Website : www.adamcashta.com **E-mail** : ashta.adamc@gmail.com

Date- 17/06/2021

ACTIVITY REPORT

Certificate course in Medicinal Plant Identification Techniques 2021-22

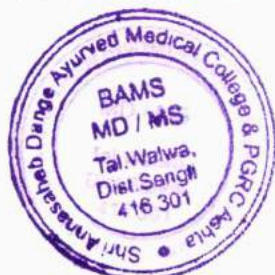
Dept.: Dravyaguna Vignyan
Course Code: 3213-V-VII
Year: 2021-2022
Coordinator: Dr. Sarika khandarkar
Time: 2 hours weekly
Duration: Thirty Hours
Venue: Charak Herbal Garden,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The Medicinal Plant Identification Techniques course is designed to provide participants with a comprehensive understanding of how to identify various medicinal plants through hands-on techniques and theoretical knowledge. This course will equip participants with the skills necessary to identify medicinal plants accurately and ethically, promoting their sustainable use for various health and wellness purposes.

Course Content:

Sr.No.	Content
1	Introduction to Medicinal Plants and Plant Identification Techniques
2	Plant Families and Key Characteristics
3	Ethical Considerations and Conservation
4	Field Trip: Identifying Medicinal Plant
5	Laboratory Techniques for Plant Identification
6	Common Medicinal Plants: Identification and Uses



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Photographs:

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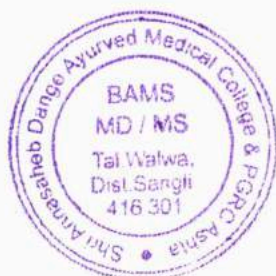
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Certificate course in Learning Micropath

By Department of
Rognidan



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Introduction

• A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.

Course Outcome:-

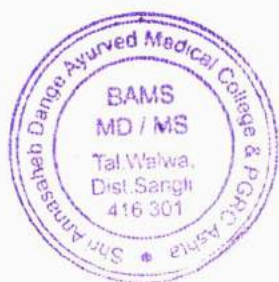
- **Understanding Microorganisms:** Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
- **Diagnostic Techniques:** Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
- **Disease Identification:** Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
- **Infection Control:** Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
- **Antimicrobial Agents:** Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
- **Clinical Correlation:** Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
- **Laboratory Skills:** Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
- **Quality Assurance:** Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
- **Emerging Infections:** Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
- **Ethical and Safety Considerations:** Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.



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Syllabus & Module

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none">- Introduction and bacterial taxonomy- Morphology and Physiology of bacteria- Overview of the course content and learning objectives- Sterilization and Disinfection- Identification of bacteria- Biomedical waste management
Module 2	Demonstration	<ul style="list-style-type: none">- Introduction to Staining- Understanding Different types of staining- Demonstration of various staining methods- Bacterial smear preparation demonstration- Smear fixation demonstration
Module 3	Preparation	<ul style="list-style-type: none">- Hands-on exercises in various staining methods- Hands-on exercises in preparing bacterial smear- Application of gram staining- Common errors in staining
Module 4	Certification	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation



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Date- 30/07/2022

ACTIVITY REPORT

Certificate course in Learning Micropath 2021-22

Department:	Rognidan.
Course Code:	3213-V-XIII-A
Year:	2021-2022
Coordinator:	Dr. V. A. Kalavade Dr. R. V. Desai. Dr. S. S. Mane.
Time:	2 hour weekly
Duration:	2 Months
Venue:	Rognidan Department, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.



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Course Content and Module:-

Module	Title	Content
Module 1	Introduction	- Introduction and bacterial taxonomy
		- Morphology and Physiology of bacteria
		- Overview of the course content and learning objectives
		- Sterilization and Disinfection
Module 2	Demonstration	- Identification of bacteria
		- Biomedical waste management
		- Introduction to Staining
		- Understanding Different types of staining
Module 3	Preparation	- Demonstration of various staining methods
		- Bacterial smear preparation demonstration
		- Smear fixation demonstration
		- Hands-on exercises in various staining methods
Module 4	Certification	- Hands-on exercises in preparing bacterial smear
		- Application of gram staining
		- Common errors in staining
		- Awarding of course completion certificates
		- Recognition of outstanding performance and active participation

Course Outcome:-

1. Understanding Microorganisms: Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease
2. Diagnostic Techniques: Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
3. Disease Identification: Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
4. Infection Control: Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
5. Antimicrobial Agents: Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
6. Clinical Correlation: Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment
7. Laboratory Skills: Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
8. Quality Assurance: Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
9. Emerging Infections: Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
10. Ethical and Safety Considerations: Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.



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Assessment of Students: Students will be assessed through a final exam and Viva 50/50 marks total 100 marks exam will be taken.

Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	9.30am to 11.30am	03/06/2022	Dr. R. V. Desai	- Introduction and Bacterial Taxonomy - Morphology and physiology of bacteria - Overview of the course content and learning objectives - Staining Methods
Day Two 2 hr	9.30am to 11.30am	10/06/2022	Dr. V. A. Kalavade	- Sterilization and Disinfection - Identification of bacteria - Normal microbial flora of human body
Day Three 2hr	9.30am to 11.30am	17/06/2022	Dr. R. V. Desai	- Hospital acquired infections - Biomedical Waste Management
Day Four 2hr	9.30am to 11.30am	24/06/2022	Dr. V. A. Kalavade	- Bacteriology of water, milk, air and food
Day Five 2hr	9.30am to 11.30am	01/07/2022	Dr. S. S. Mane	- Practical application of Staining Methods
Day Six 2hr	9.30am to 11.30am	08/07/2022	Dr. R. V. Desai	- Common errors in Staining
Day Seven 2hr	9.30am to 11.30am	15/07/2022	Dr. S. S. Mane	Final Exam and Viva
Day Eight 2 hr	9.30am to 11.30am	20/07/2022	Dr. S. S. Mane.	- Awarding of course completion certificates - Recognition of outstanding performance and active participation

Final Assignment completed List

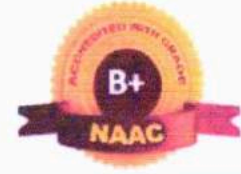
Sr. No.	Name of Student	Attendance %	Viva	Practical
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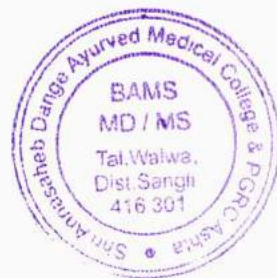


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Photographs:

Learning Micropath



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Date: 02/08/2021

To,
Principal,
Hon. Shri. Annasaheb Dange Ayurved Medical College,
Post Graduate Research Center Ashta, 416-301.

Applicant: Department of Shalakya tantra

Subject: About the permission for value added Certificate course in Netra Anjan Kriyakalpa for 4th year students.

Respected Sir,

In our College Shalakya tantra department wish to organize Certificate course for 4th year students in Netra Anjana from August 2021 onwards. This course will enhance their practical skills in Ayurveda and provide valuable insights into holistic eye care.

The course will be conducted by experienced professionals over 2 months and will complement and add value in our existing curriculum. The students are committed to fulfill their academic responsibilities along with the course requirements.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed

Thanking You.

Principals
Principals

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Shalakya tantra
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Certificate Course in Shalakyatantra - Kriyakalpa Academic Year 2021-22

Dept. : Shalakyatantra.
Course Code : 3213-V-XVI-D
Year : 2021-22
Coordinator : Dr. Suresh Wagh and Dr. Pournima Fasale
Time : 2 hours weekly
Duration : 2 Months
Venue : Shalakya Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The eyes, often called the "windows to the soul," are not only essential for vision but also play a vital role in the holistic well-being of an individual. In the realm of Ayurveda, Netra Anjan Kriyakalpa is a specialized therapy aimed at maintaining and enhancing ocular health. This certificate course, thoughtfully designed for 4th Year Bachelor of Ayurvedic Medicine and Surgery (BAMS) students, explores the ancient art and science of Netra Anjan Kriyakalpa.

Netra Anjan Kriyakalpa is an Ayurvedic therapeutic procedure involving the application of medicated eye ointments or anjans. These preparations are carefully crafted with herbs and minerals, harnessing the wisdom of Ayurvedic principles to promote eye health and clarity of vision. This course offers BAMS students a profound understanding of this specialized field, equipping them with comprehensive knowledge and practical skills.

Throughout this course, students will embark on a journey to comprehend the importance of eye care within Ayurveda, uncover the secrets of crafting and administering Netra Anjan, and gain insights into its applications in modern Ayurvedic practice. The program encompasses theoretical teachings alongside practical experiences, empowering students to provide specialized eye care that aligns seamlessly with Ayurvedic principles.



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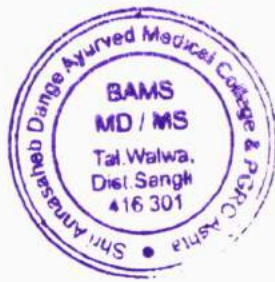
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By the culmination of this course, 4th Year BAMS students will emerge as proficient Ayurvedic eye care practitioners. They will possess not only the ability to diagnose and treat various eye disorders but also the skills to administer Netra Anjan Kriyakalpa with precision and care.

This certificate course offers an invaluable opportunity for aspiring Ayurvedic practitioners to deepen their knowledge, refine their therapeutic skills, and make a lasting impact on the ocular health of individuals. Whether your goal is to specialize in Ayurvedic ophthalmology or to expand your skill set in Ayurvedic medicine, this course serves as a foundational step towards becoming a well-rounded and competent practitioner in the realm of Ayurvedic eye care.

Course Content:

Sr.No.	Content
1.	Introduction to Ayurveda in Eye Care
2.	Eye Diseases and Conditions
3.	Netra Kriyakalpa Anjan Therapy
4.	Ayurvedic Treatment Planning
5.	Ethics and Legal Aspects
6.	Hands on Training.
7.	Assesment & Evaluation
8.	Project Submission



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Session	Date & Time	Topic
Session 1	[07/08/2021] 02:15 pm -04:30 pm	Introduction to Netra Anjan Kriyakalpa
Session 2	[14/08/2021] 02:15 pm -04:30 pm	Anatomy and Physiology of the Eyes
Session 3	[21/08/2021] 02:15 pm -04:30 pm	Preparing Medicinal Eye Ointments
Session 4	[28/08/2021] 02:15 pm -04:30 pm	Selection of Herbs and Minerals
Session 5	[04/09/2021] 02:15 pm -04:30 pm	Administering Netra Anjan: Techniques
Session 6	[11/09/2021] 02:15 pm -04:30 pm	Indications and Contraindications
Session 7	[18/09/2021] 02:15 pm -04:30 pm	Practical Application and Hands-on
Session 8	[25/09/2021] 02:15 pm -04:30 pm	Post-Treatment Care and Q&A Session

Course Outcome:

- Understand the principles and philosophy of Ayurveda related to eye care.
- Gain in-depth knowledge of the various eye diseases and conditions.
- Apply Netra Kriyakalpa Anjan therapy effectively and safely.
- Diagnose and assess eye conditions using Ayurvedic principles.
- Develop customized treatment plans for patients with eye ailments.
- Provide holistic eye care based on traditional Ayurvedic therapies.
- Comprehend the ethical and legal aspects of eye care in Ayurveda.

P I: Project No.1- Review of Literature

Collection of information related to Anjan in all samhita's.

P II: Project No.2- Introduction to Netra Kriyakalpa Anjan Therapy

Orientation and Theory

Anatomy and Physiology of the Eye

Diagnosis and Assessment

Treatment Materials and Preparation

P III: Project No.3- Hands-on Practice and Clinical Experience

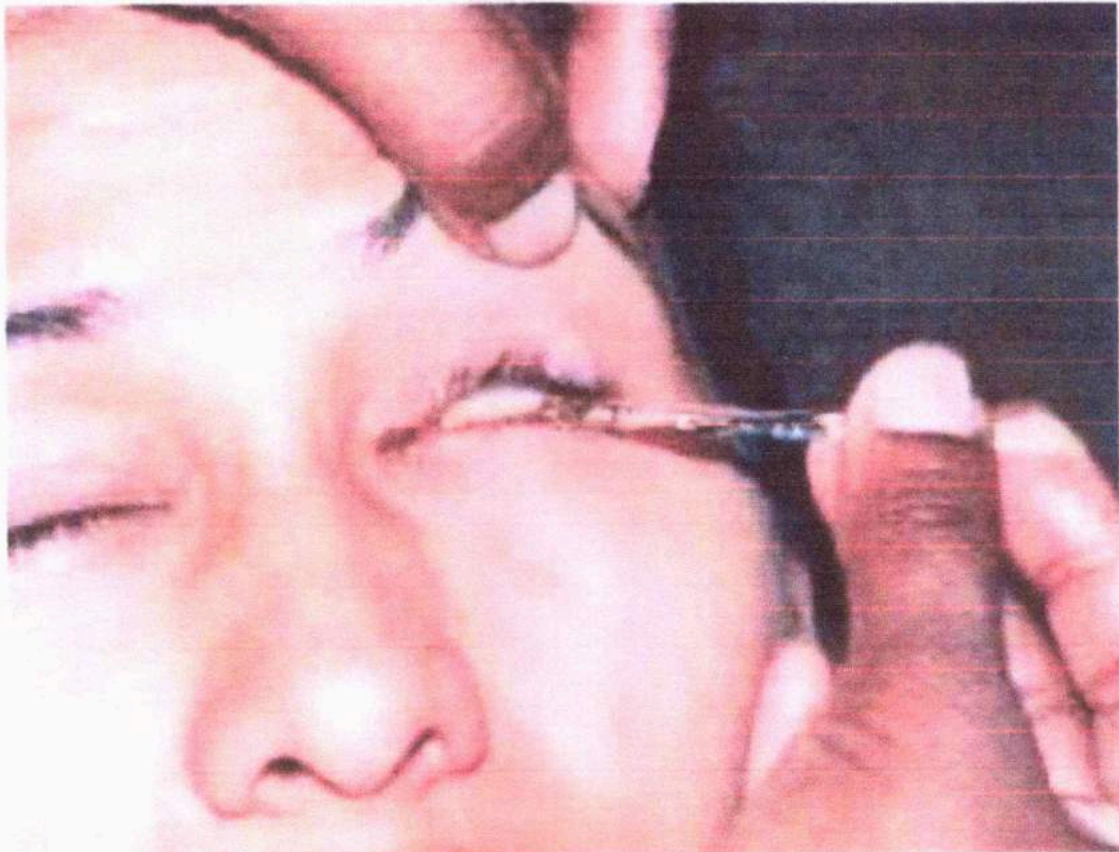


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Anjan

SSD
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Date: 30/12/2021

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Applicant: Department of Shalyatantra

Subject: About the permission for value added Certificate course in Agnikarma for
4th year students.

Respected Sir,

In our College Shalyatantra department wish to organize Certificate course for 4th year students in Agnikarma from January 2022. This course will enhance their practical skills in Ayurveda and provide valuable insights.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.



W. S. D.
HOD

Shalyatantra Dept
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta

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Certificate Course in Agnikarma Academic Year 2021-2022

Dept.	: Shalyatantra Department
Course Code	: 3213-V- 18D
Year	: 2021- 2022
Coordinator	: Dr. Akbar Walandkar and Dr. Priyadarshini Hanje
Time	: 2 hours weekly
Duration	: 16 Hrs
Venue	: Shalyatantra Department, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

A fire (cautery) is better than an Alkali as far as its healing property is concerned. A disease burnt with fire, is cured for good and knows no recrudescence; and diseases which ordinarily the skill of a surgeon or a physician, and never prove themselves amenable to medicinal or surgical remedies, are found to yield to cauterisation

The following drugs, articles and substances should be understood as accessories to an act of cauterization. Pippali, the excreta of goats, the tooth of a cow Godanta, Shara, a rod, the surgical instrument known as the Jamvavaustha, articles made of copper or silver, honey, treacle, oil, or any other oily substance. Out of these, Pippali, the Godanta, Shara and the rod should be (made red hot and) used in cauterising the affected part in a disease which is restricted only to the skin; similarly the surgical instrument known as the Jamvavaustha, as well as the appliances made of copper or silver should be used in a disease which is seated in the flesh. Honey, treacle and oil should be boiled and employed in cauterising the disease which affects any of the veins, nerves, bones or bone joints.

Cauterisation is admissible in all seasons of the year except summer and autumn; but no such distinction should be observed in cases of impending danger, when it should be practised with the help of such appliances of a contrary (cooling) nature, (as wet sheets, cooling drinks and cooling plasters, etc. In all diseases and in all seasons of the year, the patient should be fed on a diet of slimy (mucilaginous) food before actually applying the cautery; while the patient should be kept on an empty stomach before the act where the complaint would be a case of



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be kept on an empty stomach before the act where the complaint would be a case of Mudagarbha(false presentation), fistula in ano, haemorrhoids or a disease affecting the cavity of the mouth.

According to certain authorities the processes of cauterisation may be grouped under two heads according as the skin or the flesh is cauterised. The present work does not lay any injunction against the cauterisation of any nerve, vein, bone or bone joint as stated before). A burning of the skin is accompanied by a peculiar bursting or cracking sound. The skin becomes contracted and emits a fetid smell. Similarly, in a case where the flesh is burnt, (the affected part) assumes a dove color of blackish brown), marked by pain and a little swelling, and the incidental ulcer becomes dry and contracted. In the case where a nerve or a vein.

Course Content:

Sr. No	Content
1.	Introduction to Ayurveda: Understanding the basic principles and philosophy of Ayurveda, including the concept of doshas and the role of Agnikarma in Ayurvedic treatments
2.	Anatomy and Physiology: A study of relevant anatomical structures and their functions, particularly those related to the conditions treated with Agnikarma
3.	Instruments and Equipment: Learning about the various instruments and equipment used in Agnikarma procedures, including their preparation and maintenance
4.	Indications and Contraindications: Understanding when Agnikarma is suitable and when it should be avoided based on patient conditions and contraindications.
5.	Preparation and Sterilization: Proper techniques for sterilizing instruments and creating a sterile environment for the procedure
6.	Agnikarma Techniques: Detailed instruction on the different techniques of Agnikarma, including how to perform it safely and effectively
7.	Safety and Hygiene: Emphasizing the importance of safety measures and maintaining a clean and hygienic workspace during Agnikarma procedures.
8.	Patient Assessment: How to assess patients, select appropriate candidates for Agnikarma, and create treatment plans
9.	Post-treatment Care: Guidelines for post-treatment care and follow-up to ensure patients' well-being and recovery
10.	Legal and Ethical Considerations: Understanding the legal and ethical aspects of practicing Agnikarma, including informed consent and patient confidentiality
11.	Hands-On Training: Practical training sessions to develop proficiency in performing Agnikarma procedures under supervision
12.	Case Studies: Analyzing and discussing real-life cases where Agnikarma was used as a treatment option.



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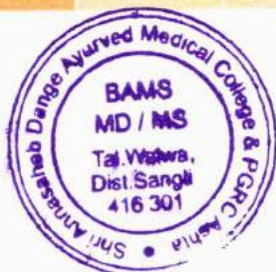
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Course schedule: -

Session No.	Date	Time	Topic	Faculty
Session 1	Jan 01, 2022	09.30 AM	Introduction to Ayurveda: Understanding the basic principles and philosophy of Ayurveda, including the concept of doshas and the role of Agnikarma in Ayurvedic treatments	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
		11:30 AM		
Session 2	Jan 08, 2022	09.30 AM	Anatomy and Physiology: A study of relevant anatomical structures and their functions, particularly those related to the conditions treated with Agnikarma	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
		11:30 AM		
Session 3	Jan 15, 2022	09.30 AM	Instruments and Equipment: Learning about the various instruments and equipment used in Agnikarma procedures, including their preparation and maintenance	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
		11:30 AM		
Session 4	Jan 22, 2022	09.30 AM	Indications and Contraindications: Understanding when Agnikarma is suitable and when it should be avoided based on patient conditions and contraindications.	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
		11:30 AM		
Session 5	Jan 29, 2022	09.30 AM	Preparation and Sterilization: Proper techniques for sterilizing instruments and creating a sterile	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
		11:30 AM		



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			environment for the procedure	Hanje
Session 6	Feb 05, 2022	09.30 AM - 11:30 AM	Safety and Hygiene: Emphasizing the importance of safety measures and maintaining a clean and hygienic workspace during Agnikarma procedures.	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 7	Feb 12, 2022	09.30 AM - 11:30 AM	Post-treatment Care: Guidelines for post-treatment care and follow-up to ensure patients' well-being and recovery	Dr. Akbar Walandkar Dr. Priyadarshini Hanje
Session 8	Feb 21, 2022	09.30 AM - 11:30 AM	Hands-On Training: Practical training sessions to develop proficiency in performing Agnikarma procedures under supervision	Dr. Akbar Walandkar Dr. Priyadarshini Hanje



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Course Outcome:

1. Pain Relief: Agnikarma is often used to alleviate pain, especially in conditions like arthritis, musculoskeletal disorders, and neuralgia.
2. Reduction of Inflammation: It can help reduce inflammation in localized areas, providing relief from swelling and associated symptoms.
3. Improvement in Joint Mobility: For conditions affecting joints, Agnikarma may aim to improve joint mobility and functionality.
4. Healing of Skin Disorders: Agnikarma can be used to treat certain skin conditions, such as warts or cysts, by cauterizing or destroying the affected tissue.
5. Management of Neurological Conditions: In some cases, Agnikarma may be used to address certain neurological issues, like nerve compression or sciatica.
6. Enhanced Blood Circulation: It can stimulate blood circulation in the treated area, promoting natural healing processes.
7. Overall Well-being: Ayurvedic therapies often aim to restore balance to the body and mind, contributing to an individual's overall well-being.

PI: Project No.1- Collection of Data

P II: Project No.2- Demonstration of Agnikarma

P III: Project No.3- MCQ Test



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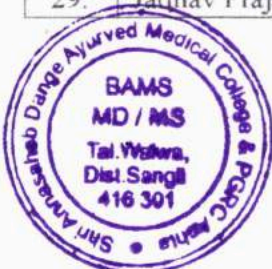
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**Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center**
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Website: www.adamc.ac.in E-mail: ashta.adamc@gmail.com
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Grade sheet:

Sr.No.	Marks	Grade
1	91-100	A++
2	81-90	A+
3	71-80	A
4	61-70	B+
5	51-60	B

Grade Wise Marks and Average

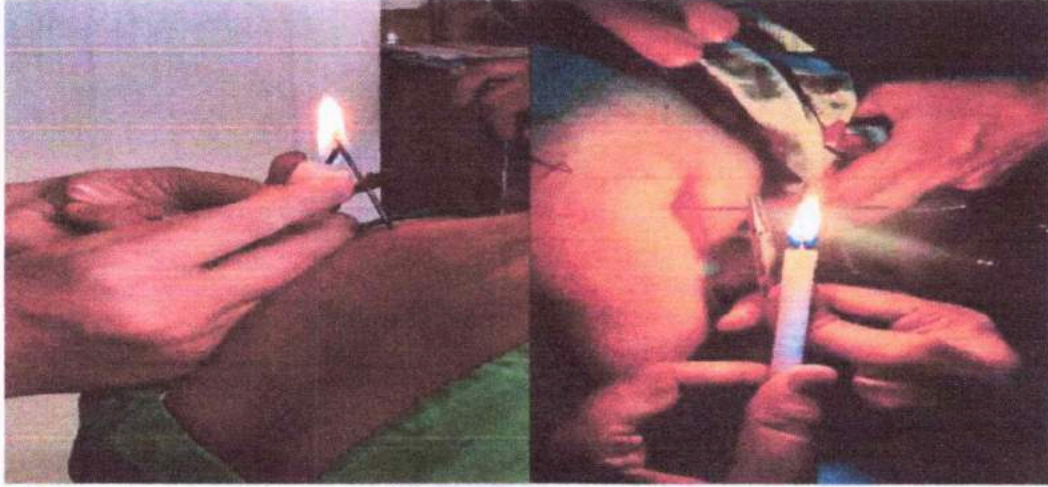
Sr. No.	Name of Student	Attendance	PI	PII	PIII	Average	Grade
1.	Awale Renuka Rama	100	88	83	82	84	A+
2.	Awasthi Satyam Ravindrprasad	91	78	72	79	76	A
3.	Badgire Pooja Mahadev	91	71	78	54	68	B+
4.	Bagal Kanchan Rustomrao	96	76	57	85	73	A
5.	Barbade Susmita Shrikar	100	89	82	77	83	A+
6.	Behere Vinayak Pandurang	96	51	72	87	70	B+
7.	Bhojugde Vishal Ganpat	96	75	71	79	75	A
8.	Bhosale Maithili Sunil	100	72	83	88	81	A+
9.	Bhosale Payal Rajkumar	100	81	85	79	82	A+
10.	Bondar Shweta Babanrao	96	59	52	85	65	B
11.	Chavan Asavari Balkrishna	100	82	87	77	82	A+
12.	Chavan Nikhil Bharat	100	76	82	88	82	A+
13.	Choudhari Sanket Ramdas	100	55	89	83	76	A
14.	Dabhade Deshraj Anand	100	84	84	79	82	A+
15.	Dhainje Bhargavi Balu	96	87	56	73	72	A
16.	Dhope Pranita Khandu	96	89	71	76	79	A
17.	Digole Sushma Arjun	91	71	78	54	68	B+
18.	Gambhire Rohini Balasaheb	100	82	87	77	82	A+
19.	Gaywad Prachi Tryambak	100	76	82	88	82	A+
20.	Ghadage Shirish Raju	100	55	89	83	76	A
21.	Ghodake Mrunal Maruti	100	84	84	79	82	A+
22.	Giri Ankita Mohan	96	87	56	73	72	A
23.	Gosavi Maithili Vijay	96	89	71	76	79	A
24.	Gurav Amruta Vilas	100	82	87	77	82	A+
25.	Hipparkar Amruta Dilip	100	82	87	77	82	A+
26.	Hirmukhe Abhishek Suryakant	100	76	82	88	82	A+
27.	Ingale Priti Naganath	100	55	89	83	76	A
28.	Jadhav Nikita Dilip	100	84	84	79	82	A+
29.	Jadhav Prajakta Anant	96	87	56	73	72	A





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Photographs of Agnikarma Procedure



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Key Indicator – 1.3 Curriculum Enrichment		
1.3.2 Number of value added courses offered during the last 5 years that impart transferable and life skills		
Name of the value-added courses with 15 or more contact hours Academic Year 2020-21		
Name of the value-added courses	Course Code	Contents
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
PROFESSIONAL ETHICS	3213-V-III	Activity report
CPR TRAINING	3213-V-IV	Activity report
CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	Activity report
CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	Activity report
CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	Activity report
CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRAPINDI)	3213-V-XVI-C	Activity report
CERTIFICATE COURSE IN KSHARSUTRA	3213-V-XVIII-C	Activity report



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PAVAN YOGA CERTIFICATE COURSE REPORT

Title of Activity: - Pavan Yoga Certificate Course

Course Code: 3213-V-I

Organized by the Department -Department of Swasthavritta & Yoga

Date: - 18/01/2021 To 17/02/2021 Time: -7:00 am - 8:00am Duration: - 30 hrs (1hour/day)

Venue: - Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Nitin Tatpuje, HOD, Department of Swasthavritta & Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
- To conduct the practice of yoga therapy

Description: -

With the permission of college council and authorities certificate course of Pavan Yoga has been conducted 30 hours. The course was coordinated by Dr. Nitin Tatpuje with the help of Dr. Ashwini Khot, Dr. Hemalata Kore and Mr. Sushant Ghorapade. Practical demonstration was conducted by Mr. Sushant Ghorapade as per prescribed syllabus. Total 38 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.



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PAVAN YOGA COURSE



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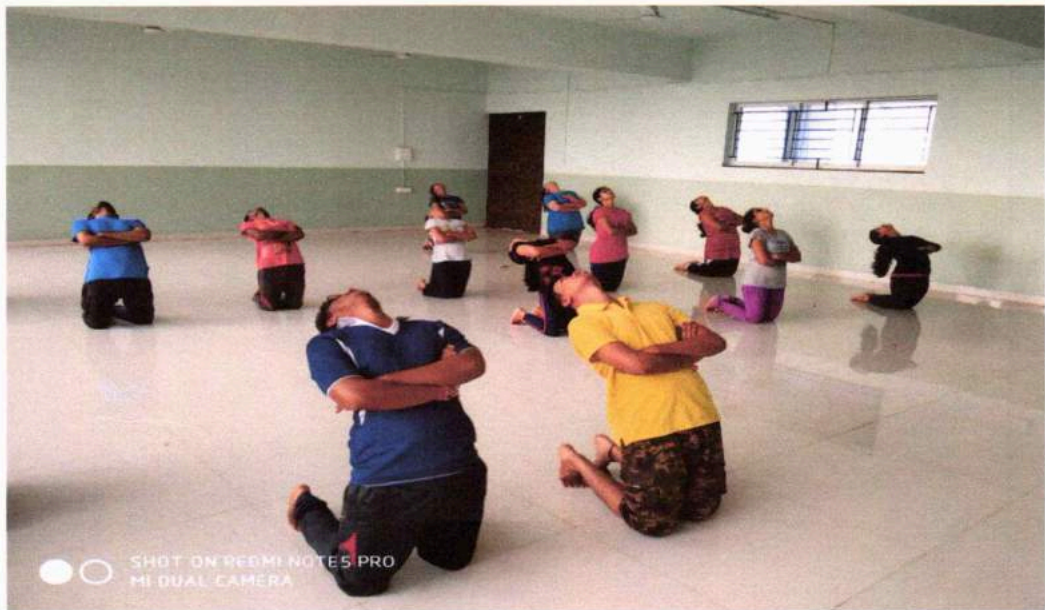
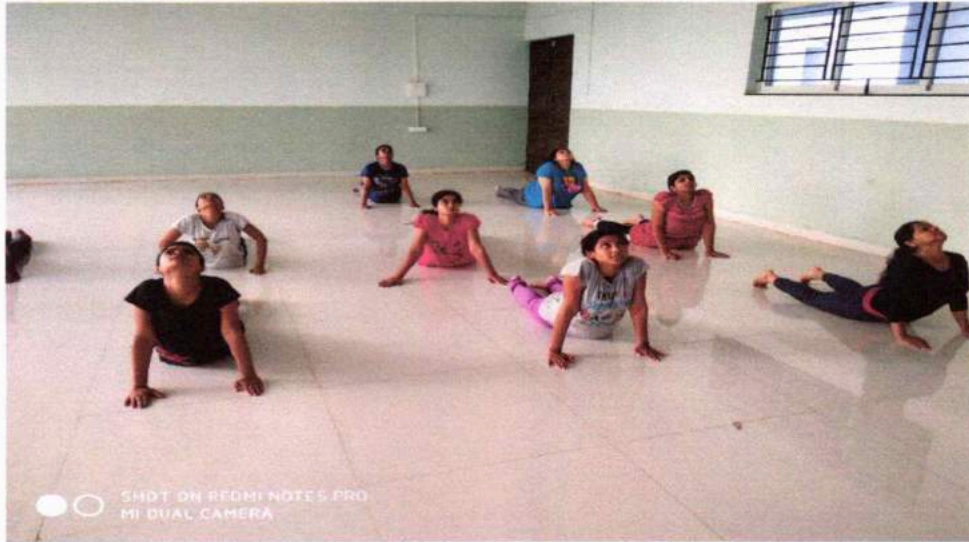
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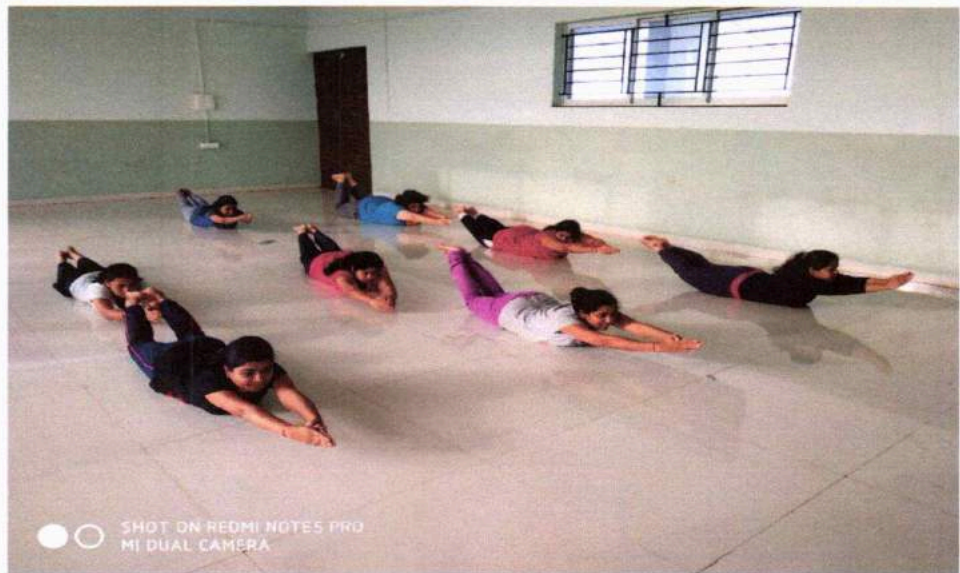
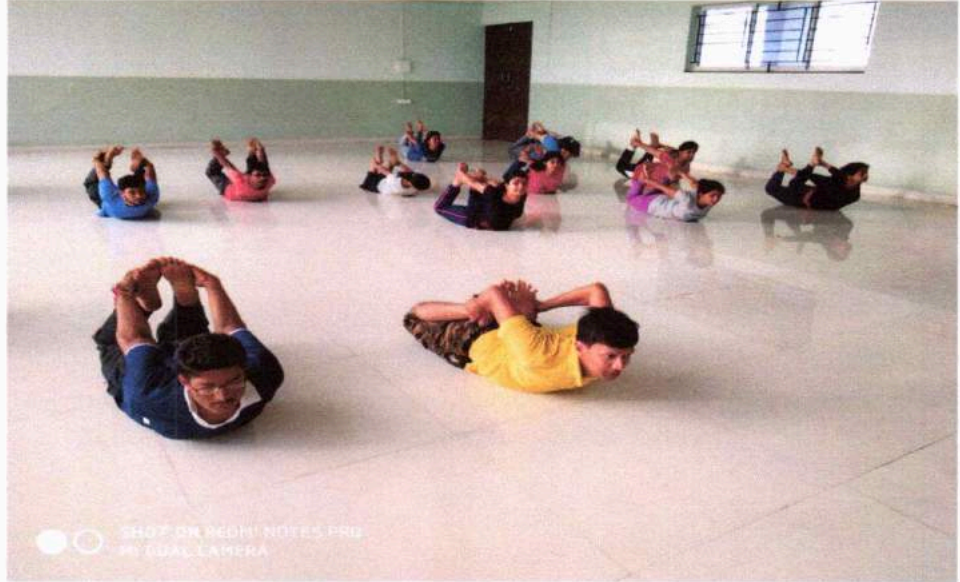


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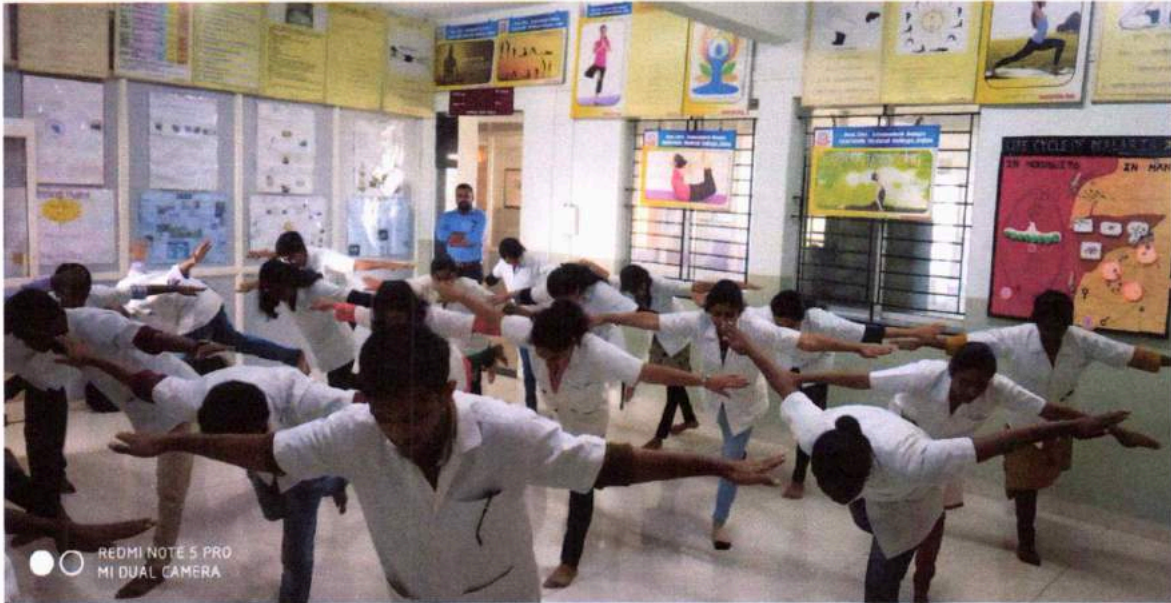
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PAVAN YOGA COURSE



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PAVAN YOGA COURSE



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ACTIVITY REPORT

NAME OF DEPT.: - AGADTANTRA AVUM VIDHIVAIDYAKA YEAR: 2020-21

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 01 /03/2021 to 09/05/2021

Time: - 04:10pm -

05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 50

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals

Description:-

Event / Activity Report

1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

By the end of the course student should be able to understand the importance of ethics and values in life and society.

Ching
Head of Dept.,
Agad Tantra Dept.,
A. D. A. M. C. Ashta



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ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA YEAR: 2020-21

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 01 /03/2021 to 09/05/2021

Time: - 04:10pm -

05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 100

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals

Description:-

Event / Activity Report

1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

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Head of Dept.,
Agad Tantra Dept.
A. D. A. M. C. Ashta



Prady
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College, Ashta, Tal. Walwa, Dist. Sangli



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MEDICAL ETHICS LECTURE



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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2020-21)
INDEX

Sr No	Content
1	CPR Course Brochure
2	Course Permission letter
3	Course Content & ATP
4	Course Activity Report
5	Enrolled Student List
6	Attendance
7	Exam Que Paper & Answer key
8	Results with Grade
9	Feedback Analysis
10	Feedback Samples
11	CPR Workshop Guest Lecture Report
12	Photographs
13	Certificate



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H.O.D.
Kayachikitsa Dept
A. J. A. M. C., ASHTA

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College, Ashta, Tal. Walwa, Dist. Sangli.



CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CARDIO PULMONARY RESUSCITATION TRAINING COURSE

ABOUT US

Hon. Shri Annasaheb Dange Ayurved Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India.

VISION

Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

Institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.

To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.



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CPR TRAINING

Get trained. Save a life. You'll be glad you did.

COURSE ELIGIBILITY

Fourth year students of BAMS
Internship Students of BAMS

FACULTY

Dr. Parag Deshmukhe
Dr. Smita Lokhande
Dr. Rupali Patil
Dr. Varsha Khot
Dr. Sushant Kanase

DURATION OF COURSE

17 weeks

SCHEDULE

2 Hrs. per week - every Saturday



Parag
H.O.D.

Kayachikitsa Dept
BAMS, ASHTA

Ashtekar
PRINCIPAL

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CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CPR COURSE

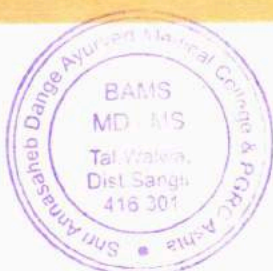
The Certified First Aid Professionals course of training held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashta, Sangli.

Heart attacks are the leading cause of deaths in India. As per the statistics, one-fifth of the deaths in India are from Coronary Heart Disease. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of 45 million Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer.

There is a huge need for Nurses, Paramedics, Doctors, First Responders and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency. When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment, such as blood circulation.

COURSE OUTCOMES

Course is designed to provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. To empower health care providers & community to save lives Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers. Effective networking for disaster awareness.



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An ISO 9001:2015



संत ज्ञानेश्वर शिक्षण संस्थेचे,
मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता. वाळया, जि. सांगली. पिन-४१६ ३०१. फोन : ०२३४२ - २४१११०३, २४१४०८
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Reserch Centre, Ashta.
District, Sangli, Maharashtra, India 416 301 Ph. 02342- 241108, 241103 Fax-02342-241110

ADAMC

Date: 17/04/2017

Ret. No. ADAMC/892/2017

To
HOD,
Dept. of Kayachikitsa
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Subject: Permission to conduct certificate course in Cardio-
Pulmonary-Resuscitation (CPR).

With reference to your requisition letter dated 07/03/2017, you are
permitted to start new Certificate Course in Cardio-Pulmonary-Resuscitation
(CPR). The council has allotted the following

Course name: Certificate Course in Cardio-Pulmonary-Resuscitation (CPR).

Course code: 3213-V-IV

Duration: 34 hrs.

The Coordinator for the course will be Dr. Varsha Khot.

Annual report of the course should be submitted to the council.



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College, Warwa, Tal. Warwa, Dist. Sangli



Web : www.adamcashta.com, www.ijooar.com Email : ashta.adamc@gmail.com





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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2023-24)

COURSE CONTENT (SYLLABUS)

THEORY

1. Introduction to CPR training
2. Objectives/Responsibilities of First Aider
3. Assessment of Casualty/Unconsciousness
(i) History, (ii) Situation, (iii) Signs, (iv) Symptoms
4. Anatomy of Human Body- discussion on Respiratory, Circulatory & Skeletal system of our body
5. Asphyxia/Airway Obstruction- Choking, Asthma, Drowning
6. Resuscitation (CPR) - Methods of artificial respiration & Chest compression
7. Heart Attack & Cardiac Arrest
8. First aid management of following injuries:
 - (i) Bleeding, Wounds & Shock
 - (ii) Injuries to bone joints and muscles- Triangular Bandage & Arm slings
 - (iii) Neck & Spinal injuries
 - (iv) Heat injuries- Heat stroke, Heat Exhaustion, Hypothermia
 - (v) Eye/Ear/Nose injuries
 - (vi) Epilepsy / Fits
 - (vii) Poisonous bites & Stings
 - (viii) Burn/Scalds





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PRACTICALS

1. Bag-mask techniques for adult, child and infant
2. CPR with an advanced airway
3. Assessment of Casualty
4. Management of Fractures & Dislocations- Modified splinting
6. Use of triangular bandage for making large arm sling
7. Recovery Position
8. Transportation of Patient: Hand Seats, Stretcher Carry.

ATP

SR. NO.	DATE	TOPIC	Faculty Name
1	04.09.2021	Introduction to CPR training	Dr Khot
2	11.09.2021	Objectives/Responsibilities of First Aider	Dr Patil
3	18.09.2021	Assessment of Casualty/Unconsciousness	Dr Kanase
4	25.09.2021	Asphyxia/Airway Obstruction- Choking, Asthma, Drowning	Dr Lokhande
5	02.10.2021	Resuscitation(CPR)- Methods of artificial respiration & Chest compression	Dr Khot
6	09.10.2021	Bag-mask techniques for adult, child and infant CPR with an advanced airway	Dr Kanase
7	16.10.2021	Heart Attack & Cardiac Arrest	Dr Kanase
8	23.10.2021	First aid management of Bleeding, Wounds & Shock	Dr Lokhande
9	30.10.2021	First aid management of Injuries to bone joints and muscles- Triangular Bandage & Arm slings	Dr Deshmukhe
10	06.11.2021	First aid management of Heat injuries- Heat stroke, Heat	Dr Khot





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		Exhaustion, Hypothermia	
11	13.11.2021	First aid management of Epilepsy/Fits, Poisonous bites & Stings, Burn/Scalds	Dr Patil
12	20.11.2021	Assessment of Casualty	Dr Khot
13	25.08.2021	Management of Fractures & Dislocations- Modified splinting	Dr Lokhande
14	27.11.2021	Use of triangular bandage for making large arm sling	Dr Kanase
15	08.09.2021	First aid management of Eye/Ear/Nose injuries	Dr Deshmukhe
16	04.12.2021	Transportation of Patient: Hand Seats, Stretcher Carry	Dr Khot
17	18.12.2021	Recovery Position	Dr Patil

STUDENT LEARNING OUTCOMES / LEARNING OBJECTIVES

This class is designed to introduce both life threatening and non-life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation. The course will include infant, child and adult one-man CPR, use of an AED, rescue breathing and obstructed airway skills with the opportunity for American Red Cross (ARC) certification in each age group. Additional skills such as basic splinting, bandaging and proper use of gloves will also be introduced.

P. Khot
H.O.D.
Kayachikitsa Dept
A. J. A. M. C., ASHTA





Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center
A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301
Website www.adamcashta.com E-mail : ashta.adamc@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14000-2015



NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2021

REPORT

Title of Course: - CPR Training Course

Date: - 04.09.2020 to 18.12.2021

Time: - 2.30pm – 3.30pm Every Saturday

Duration:- 17weeks

Venue: - Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

1. To raise awareness about Cardio Pulmonary Resuscitation.
2. To understand the condition of patient suffering from Cardiac Arrest and Asphyxia.
3. To perform airway management by using appropriate equipments for resuscitation.

Report

Description

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Department of Kayachikitsa organized Cardio Pulmonary Resuscitation Training Course for final year BAMS students.

Training course was conducted by faculties of department of kayachikitsa according to syllabus. Participants were trained by using simulations of CPR. Lectures were delivered regarding CPR.

We invited Dr. Bhavesh Shaha for delivering lecture and demonstration on Cardio Pulmonary Resuscitation as a guest speaker on 14.10.2021. He was given demonstration and hands on training of CPR on manikins and using resuscitation kit.

CPR Training program 2021 Dept. of Kayachikitsa





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NAAC Accredited ISO Certified 9001-2015, 14000-2015



This course was helpful in up gradation of knowledge about CPR. Students acquired ability to recognize Assessment of life threatening emergencies and provide CPR using equipment of CPR.


This program was successfully completed under guidance of Head of department and Co-coordinator of CPR program, 88 students were participated in this program.

Outcome of event

This course was helpful in imparting knowledge and giving hands on training about Resuscitation to the participation.

List of documents attached:

1. Permission letter
2. CPR training workshop documents
3. Attendance list of students
4. Feedback from students
5. Photos of event.


H.O.D.
Kayachikitsa Dept.
A.D.A.M.C., ASHTA



CPR Training program 2021 Dept. of Kayachikitsa


PRINCIPAL

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College, Ashta, Tal. Walwa, Dist. Sangli



F. Shet
H.O.D.
Kayachikitsa Dept
& T. A. S. C., ASHTA

Aspen
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Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

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Phone : 02342-241103/241108, Fax - 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

Date-04/02/2021

To,
Principal,
ADAMC,
Ashta.

Subject: Permission Letter for Conducting Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics

Respected sir,

I hope this letter finds you well. I am writing to seek your permission to conduct a Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics under Prasutitantra and striroga department. The purpose of this course is to provide comprehensive education and training to individuals interested in promoting healthy nutrition practices during pregnancy.

Course Details:

Title: Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics.

Duration: 8 days

Venue: 3rd year classroom

Permission Granted

[Signature]

PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



[Signature]
HOD

Prasutitantra and striroga department



ADAMC

An ISO 9001: 2015

संत ज्ञानेश्वर शिक्षण संस्थेचे,
मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.याळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M, New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/ 523-A/2020

Date : 05/02/2020

To

The HOD,

Prasutitantra and strirog Department,

Hon, Shri Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Permission to conduct certificate course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Respected Sir,

With reference to your requisition letter dated 03/07/2018 you are permitted to start new certificate Course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics" The council has allotted the following .

Course Name : "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Course code : 3213- V-IX

Duration : 8 days

The Coordinator for the course will be Dr. Radha Phadnis

Annual Report of the course should be submitted to the council.



Web Site :- www.adamcashta.com Email :- ashta.adamc@gmail.com



**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM
STRIROGA**

ACTIVITY REPORT

Certificate Course

In Pregnancy Nutrition, Dietetics and Pharmaceutics

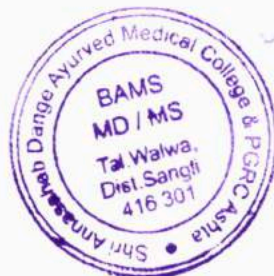
Conducted by :

Department of Streerog Avum Prasutitantra

ADAMC , Ashta

Batch 2020-21

Course code- 3213-V-IX





Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College

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Website : www.adamcashta.com

E-mail : ashta.adame@gmail.com

'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals'

Academic Year 2020-21

Department : Prasutitantra Evum Streeroga

Course Code : 3213-V-IX

Year : 2020- 2021

Coordinator : Dr. Radha Phadnis

Members : HOD and Professor – Dr Sachin Patil

Dr. Dilip Katare

Dr. Tinku Ganesh Khalache

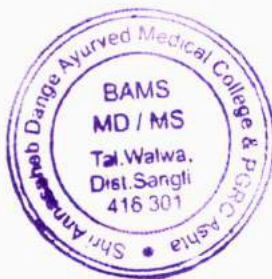
Dr. Ashwini Bhandvalkar

Dr. Pradnya Tare

Time :2 hours per day

Duration :8 days (16 hrs)

Venue: Prasutitantra Evum StreerogaDepartment, III year classroom,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta





Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

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E-mail : ashta.adamc@gmail.com

Introduction:

This 'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals' is designed to provide you with a deep understanding of the crucial aspects of pregnancy care through the lenses of nutrition, dietetics, and Ayurvedic pharmaceuticals. You're going to be a healthcare professional so aiming to enhance your expertise or an individual interested in learning about holistic approaches to pregnancy wellness, this course offers valuable insights into promoting the health and well-being of expectant mothers and their unborn children.

Pregnancy is a remarkable journey that requires special attention to ensure the health of both the mother and the developing fetus. This certificate course focuses on three essential pillars: nutrition, dietetics, and Ayurvedic pharmaceuticals, to offer a comprehensive perspective on supporting a healthy pregnancy.

1. **Nutrition and Pregnancy** : Understand the critical role of nutrition in pregnancy. Learn about the specific dietary requirements for different stages of pregnancy, essential nutrients, meal planning, and managing common pregnancy-related discomforts through diet.
2. **Dietetics for Pregnancy** : Explore the science of creating balanced and nourishing meal plans tailored to the unique needs of pregnant women. Discover how to address challenges such as gestational diabetes, weight management, and ensuring optimal maternal and fetal health.
3. **Ayurvedic Pharmaceuticals** : Delve into the ancient wisdom of Ayurveda and its application in pregnancy care. Explore herbal remedies, dietary guidelines, and lifestyle practices rooted in Ayurvedic principles to promote a harmonious pregnancy experience.

This course will help to learn :

- The physiological changes that occur during pregnancy and their impact on nutritional requirements.
- How to create well-rounded meal plans that provide essential nutrients for both the mother and the baby.
- The principles of Ayurveda and how they relate to pregnancy care.
- Herbal supplements and formulations recommended in Ayurveda to support pregnancy health.
- Strategies to alleviate common pregnancy discomforts using natural approaches.

The course is designed to be engaging and accessible, with a mix of theoretical knowledge, practical applications, and case studies. Interactive sessions, reading materials, and hands-on exercises will enhance learning experience and empower to apply the knowledge effectively.

By the end of this course, student will gain a comprehensive skill set to support and guide expectant mothers towards a joyful and well-nourished pregnancy.





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E-mail : ashta.adamc@gmail.com

Course Content:

Day	Topic
1.	<ul style="list-style-type: none">- Introduction of course- Garbhadhan vidhi -<ol style="list-style-type: none">1. Preconception Nutrition and health.2. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)- Ayurvedic concept of Nutrition.
2.	<p>Anatomical and physiological changes during pregnancy.</p> <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy- Changes in reproductive organs.- Changes in cardiovascular health.
3.	<ul style="list-style-type: none">- Understanding three trimesters.- Evaluation session.
4.	<ul style="list-style-type: none">- Trimester wise nutrition requirements. Carbohydrates & their importance. Fats and proteins during pregnancy. Micronutrients and their importance in pregnancy.- Anaemia in Pregnancy.- Calcium deficiency in pregnancy.
5.	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya)- Food and food recipes toxic in pregnancy.
6.	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Evaluation session
7.	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.
8.	<ul style="list-style-type: none">- Healthy pregnancy food. Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.





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Course Lectures:

Day	Date	Topic	Conducted By
1.	18/04/2020	Anatmical and physiological changes during pregnancy.	Dr Sachin Patil
2.	19/04/2020	- Understanding three trimesters. - Ayurvedic concept of food in Pregnancy. - Ayurvedic nutrition and diet guidelines through each month (Masanumasik garbhini paricharya) - - Evaluation session.	Dr. Dilip Katare
3.	20/04/2020	- Anaemia in Pregnancy. Calcium deficiency in pregnancy	Dr. Tinku Ganesh Khalache
4.	21/04/2020	- Ayurvedic concept of food in Pregnancy.	Dr. Ashwini Bhandvalkar
5.	22/04/2020	- Routine supplementary ayurvedic medicines in pregnancy. - Evaluation session	Dr. Pradnya Tare
6.	23/04/2020	- Management of minor ailments in pregnancy. - Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.	Dr. Radha Phadnis
7.	24/04/2020	- Healthy pregnancy food. Demonstration of food recipes. - Demonstration of Ayurvedic therapies beneficial in pregnancy.	Dr Sachin Patil
8.	25/04/2020	Food and food recipes toxic in pregnancy	Dr. Pradnya Tare





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Overall, the course outcomes will empower participants to provide comprehensive support to pregnant women through a synergistic blend of modern nutritional science, dietetics, and ancient Ayurved.

PI:Project No.1-Poster Presentation. (30 marks)

Competition Objectives :

1. Encourage participants to apply their knowledge of nutrition, dietetics, and Ayurvedic principles to create poster that support healthy pregnancies.
2. Poster innovation and creativity in developing nutritious meals plan that help to know dietary needs of expectant mothers.
3. Provide a platform for participants to share their culinary skills, collaborate, and learn from each other.

Competition Guidelines:

1. Participants should work in teams, collaborating to develop and present their recipes.
2. Recipes should be specifically designed to meet the nutritional needs of pregnant women, considering essential nutrients and dietary requirements.
3. Each poster should be accompanied by a brief description of its nutritional benefits and its relevance to pregnancy care.

Judging Criteria :

1. Nutritional Value: How well the poster meets the nutritional needs of pregnant women.
2. Creativity and Innovation: The uniqueness of the recipe and how well participants have incorporated course concepts.
3. Flavor and Taste: Judges' assessment of the Poster's overall.
4. Presentation: The visual appeal of the showcased through photographs.

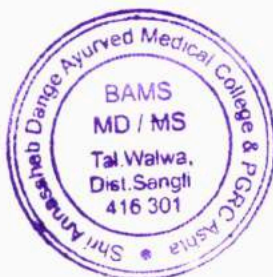
P II:Project No.2-ANC Case Taking. (25 marks)

Competition Objectives :

1. Allow participants to demonstrate their grasp of pregnancy-related topics, nutrition, dietetics, and Ayurved principles.
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.

Competition Guidelines :

1. Participants can choose one category to present on.





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Website : www.adamcashta.com

E-mail : ashta_adame@gmail.com

Course Outcome:

Comprehensive Pregnancy Knowledge : Graduates will possess a deep understanding of the physiological changes that occur during pregnancy, the nutritional requirements for different stages of pregnancy, and the impact of diet on maternal and fetal health.

Gestational Health Management : Graduates will have the tools to effectively manage gestational health issues such as gestational diabetes, excessive weight gain, and nutritional deficiencies through evidence-based dietary interventions.

Ayurvedic Insights : Participants will gain a solid foundation in Ayurvedic principles and their application in pregnancy care. They will understand how to integrate Ayurvedic dietary guidelines and herbal formulations to promote holistic well-being during pregnancy.

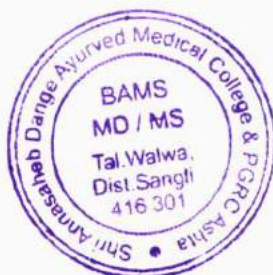
Holistic Approach : Participants will develop a holistic perspective on pregnancy care, considering both the physical and emotional aspects of the experience. They will be able to guide expectant mothers in maintaining a balanced lifestyle and well-being.

Effective Communication : Graduates will enhance their communication skills to interact sensitively and effectively with pregnant women, understanding their concerns and providing practical guidance related to nutrition, dietetics, and Ayurvedic principles.

Evidence-Based Practice : Participants will be able to integrate evidence-based practices from the fields of nutrition, dietetics, and Ayurveda, ensuring that their recommendations are grounded in current research and traditional wisdom.

Professional Growth: Completion of the course will open up new opportunities for healthcare professionals, nutritionists, dietitians, and wellness practitioners to specialize in pregnancy care, expanding their professional repertoire and client base.
Nutritional Expertise : Participants will be equipped with the knowledge and skills to design and recommend balanced and nourishing meal plans tailored to the unique needs of pregnant women. They will understand the essential nutrients required for optimal pregnancy outcomes.

Personal Enrichment : Individuals seeking personal enrichment will gain valuable insights into maintaining health and wellness during pregnancy, fostering a positive pregnancy experience for themselves or their loved ones.



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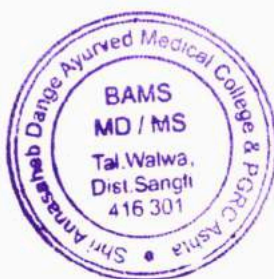
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Photographs:



Certificate course Lectures



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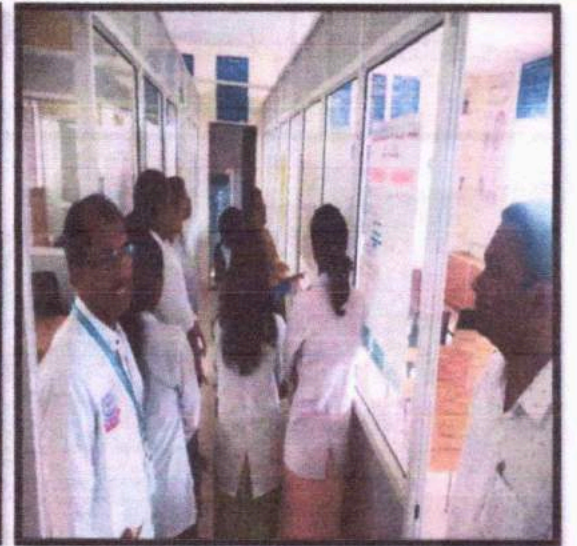
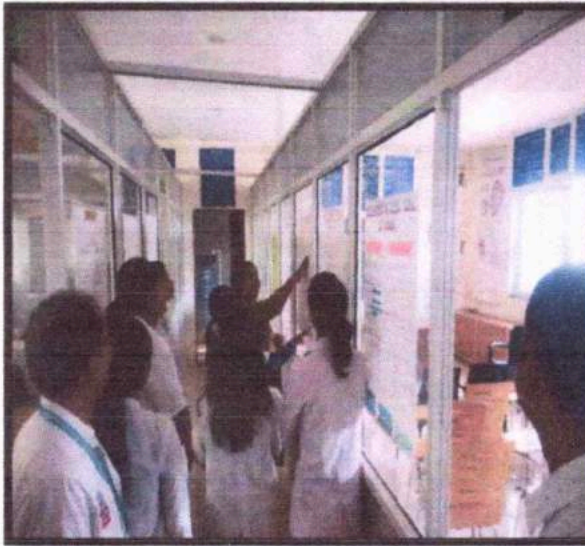
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**PI: Project No.1-
POSTER PRESENTATION BY STUDENTS**

Deepa Chaturvedi

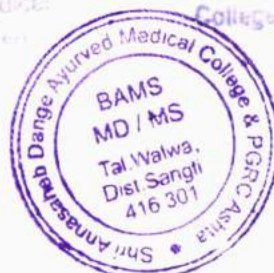
Lecturer
Jitroog & Prasuti Dept.
A.D.A.M.C., Ashta

Dr. Jyoti

Yinoga & Prasuti Tantra Dept
Hon Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta

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Website: www.adamcashta.com E-mail: ashta.adamc@gmail.com

Date- 27/03/2021

ACTIVITY REPORT

Certificate course in Learning Semisolid Dosages Forms 2020-21

Department: Rasashastra evum Bhaishyajya Kalpana
Course Code: 3213-V-XI
Year: 2020- 2021
Coordinator: Dr Mahesh Inamdar & Dr Shraddha Shelke
Time: 2 hour weekly
Duration: 2 Months
Venue: Rasashastra Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post
Graduate & Research Center, Ashta.

Introduction:

Department of Rasashastra designed a certification course for the students to add addition information modern concept for Ayurvedic medicine preparation. In this comprehensive certificate course, we will delve into the fascinating world of semisolid dosages used in pharmaceuticals and medical applications. Designed for both newcomers and professionals in the field, this course aims to provide a thorough understanding of various semisolid dosage forms and their applications.

Semisolid dosage forms in Ayurveda, such as herbal pastes, ointments, and oils, are designed to facilitate the absorption of medicinal herbs through the skin, enhancing their therapeutic effects. These formulations are often used in massage therapies (Abhyanga) and external applications to promote relaxation, balance doshas, and address specific health concerns.

Understanding the formulation, manufacturing processes, quality control, and regulatory considerations associated with semisolid dosage forms is crucial for pharmaceutical professionals to ensure effective and safe treatment outcomes. This course provides a comprehensive exploration of semisolid dosages, equipping participants with the knowledge and skills necessary to excel in this dynamic field.



Course Content and Module:-

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none">- Definition and significance of semisolid dosage forms- Ayurvedic Formulation and semisolid dosage forms- Overview of the course content and learning objectives
		<ul style="list-style-type: none">- Types of semisolid formulations – Paste, Cream, Gel, Lotion, liniments, ointments.- Cultural and historical relevance of semisolid dosages in various healing traditions - Ayurved- Regulatory considerations and safety aspects
Module 2	Formulation	<ul style="list-style-type: none">- Role of ingredients in semisolid formulations- Understanding rheology and flow properties- Selection and functions of excipients- Various manufacturing techniques: mixing, homogenization, etc.
Module 3	Application	<ul style="list-style-type: none">- Practical application of semisolid formulations in traditional and modern healthcare systems- Hands-on exercises in preparing and applying herbal pastes and ointments- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Module 4	Demonstration	Practical demonstration of semisolid dosages
Module 5	Certification	<ul style="list-style-type: none">-After successful Completion & Assessment , Awarding of course completion certificates- Recognition of outstanding performance and active participation

Course Outcome:-

1. Gain comprehensive understanding of semisolid dosage forms
2. Master formulation, manufacturing, and evaluation techniques
3. Develop expertise in quality control, stability, and regulations
4. Acquire knowledge of industry trends and best practices
5. Demonstrate proficiency through practical assessments and exams

Assessment of Students: Students will be assessed through a final exam and Viva 60/40 marks total 100 marks exam will be taken.

Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C



Course Schedule and Timetable:-


Day	Time	Date	Faculty	Content
Day one 2 Hr	3 pm to 5 pm	23/01/21	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Definition and significance of semisolid dosage forms- Ayurvedic Formulation and semisolid dosage forms- Overview of the course content and learning objectives- Types of semisolid formulations – Paste, Cream, Gel
Day Two 2 hr	3 pm to 5 pm	30/01/21	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Cultural and historical relevance of semisolid dosages in various healing traditions – Ayurved- Regulatory considerations and safety aspects<ul style="list-style-type: none">- Role of ingredients in semisolid formulations
Day Three 2hr	3 pm to 5 pm	06/02/21	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Understanding Rheology and flow properties- Selection and functions of excipients
Day Four 2hr	3 pm to 5 pm	13/02/21	Dr Shraddha Shelke	<ul style="list-style-type: none">- Various manufacturing techniques: mixing, homogenization, etc.
Day Five 2hr	3 pm to 5 pm	06/03/21	Dr Shraddha Shelke	<ul style="list-style-type: none">- Practical application of semisolid formulations in traditional and modern healthcare systems
Day Six 2hr	3 pm to 5 pm	13/03/21	Dr Shraddha Shelke	<ul style="list-style-type: none">- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Day Seven 2hr	3 pm to 5 pm	27/03/21	Dr Shraddha Shelke	Final Exam and Viva
Day Seven 2 hr	3 pm to 5 pm	27/03/21	Dr Shraddha Shelke/ Dr Mahesh Inamdar	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation

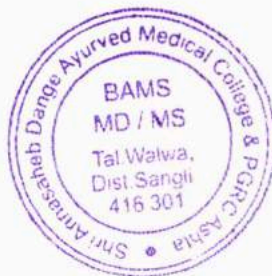


Photographs:

Semisolid Dosage Lecture & Demonstration




HOD
Rasashastra Dept.
Hon. Shri. Annasaheb
Dange Ayurved Medical
College, PGRC, Ashra

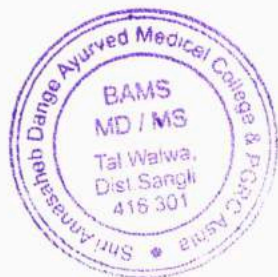



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Certificate course in Learning Micropath

By Department of
Rognidan



Ashtekar
PRINCIPAL

Shri Annasaheb Dango Ayurved Medical
College, Ashta, Tal Walwa, Dist. Sangli

Introduction

- A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field

Course Outcome:-

- **Understanding Microorganisms:** Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
- **Diagnostic Techniques:** Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
- **Disease Identification:** Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
- **Infection Control:** Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
- **Antimicrobial Agents:** Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
- **Clinical Correlation:** Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
- **Laboratory Skills:** Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
- **Quality Assurance:** Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
- **Emerging Infections:** Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
- **Ethical and Safety Considerations:** Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.

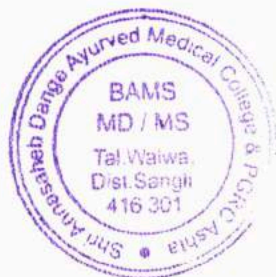




Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College,
Post Graduate & Research Center, Ashta.
Tal-Walwa Dist- Sangli - 416 301(Maharashtra) India
Institute ID :- AYU0187

**Accredited by NAAC With B+ Grade & ISO 9001:2015,
14001:2015**

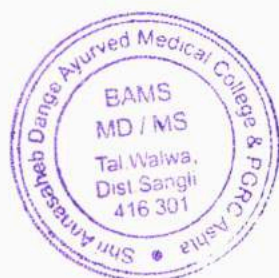


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College, Ashta, Tal. Walwa Dist. Sangli

Syllabus & Module

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none">- Introduction and bacterial taxonomy- Morphology and Physiology of bacteria- Overview of the course content and learning objectives- Sterilization and Disinfection- Identification of bacteria- Biomedical waste management
Module 2	Demonstration	<ul style="list-style-type: none">- Introduction to Staining- Understanding Different types of staining- Demonstration of various staining methods- Bacterial smear preparation demonstration- Smear fixation demonstration
Module 3	Preparation	<ul style="list-style-type: none">- Hands-on exercises in various staining methods- Hands-on exercises in preparing bacterial smear- Application of gram staining- Common errors in staining
Module 4	Certification	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation





Date- 29/10/2020

ACTIVITY REPORT

Certificate course in Learning Micropath 2020-21

Department:	Rognidan.
Course Code:	3213-V-XIII-A
Year:	2020-2021.
Coordinator:	Dr. Milind Sankpal
Time:	2 hour weekly
Duration:	2 Months
Venue:	Rognidan Department, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.





Course Content and Module:-

Module	Title	Content
Module 1	Introduction	- Introduction and bacterial taxonomy
		- Morphology and Physiology of bacteria
		- Overview of the course content and learning objectives
		- Sterilization and Disinfection
Module 2	Demonstration	- Identification of bacteria
		- Biomedical waste management
		- Introduction to Staining
		- Understanding Different types of staining
Module 3	Preparation	- Demonstration of various staining methods
		- Bacterial smear preparation demonstration
		- Smear fixation demonstration
		- Hands-on exercises in various staining methods
Module 4	Certification	- Hands-on exercises in preparing bacterial smear
		- Application of gram staining
		- Common errors in staining
		- Awarding of course completion certificates
		- Recognition of outstanding performance and active participation

Course Outcome:-

1. Understanding Microorganisms: Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
2. Diagnostic Techniques: Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
3. Disease Identification: Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
4. Infection Control: Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
5. Antimicrobial Agents: Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
6. Clinical Correlation: Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
7. Laboratory Skills: Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
8. Quality Assurance: Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
9. Emerging Infections: Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
10. Ethical and Safety Considerations: Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.





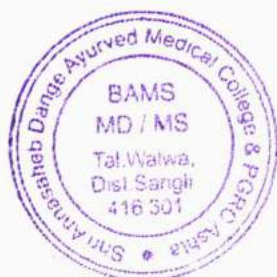
Assessment of Students: Students will be assessed through a final exam and Viva 50/50 marks total 100 marks exam will be taken.

Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	9.30am to 11.30 am	04/09/2020	Dr. R.V. Desai	- Introduction and Bacterial Taxonomy - Morphology and physiology of bacteria - Overview of the course content and learning objectives - Staining Methods
Day Two 2 hr	9.30am to 11.30 am	07/09/2020	Dr. V. A. Kalavade.	- Sterilization and Disinfection - Identification of bacteria - Normal microbial flora of human body
Day Three 2hr	9.30am to 11.30 am	11/09/2020	Dr. R.V. Desai	- Hospital acquired infections - Biomedical Waste Management
Day Four 2hr	9.30am to 11.30 am	18/09/2020	Dr. V. A. Kalavade	- Bacteriology of water, milk, air and food
Day Five 2hr	9.30am to 11.30 am	25/09/2020	Dr. V. A. Kalavade	- Practical application of Staining Methods
Day Six 2hr	9.30am to 11.30 am	09/10/2020	Dr. R.V. Desai	- Common errors in Staining
Day Seven 2hr	9.30am to 11.30 am	16/10/2020	Dr. R.V. Desai	Final Exam and Viva
Day Eight 2 hr	9.30am to 11.30 am	23/10/2020	Dr. V. A. Kalavade	- Awarding of course completion certificates - Recognition of outstanding performance and active participation



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Photographs:

Learning micropath



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Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p: Ashta, Tal. : Walwa, Dist: Sangli - 416 301

Phone: 02342-241103/241108, Fax - 02342-241110

Website: www.adamcashta.com

E-mail: ashta.adamc@rediffmail.com

Date: 01/01/2021

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate Research Center Ashta, 416-301.

Applicant: Department of Shalakya tantra

Subject: About the permission for value added Certificate course in Netra pindi Bidalaka, Putpak Kriyakalpa for 4th year students.

Respected Sir,

In our College Shalakya tantra department wish to organize Certificate course for 4th year students in Netra pindi Bidalaka, Putpak Kriyakalpa from January 2021 onwards. This course will enhance their practical skills in Ayurveda and provide valuable insights into holistic eye care.

The course will be conducted by experienced professionals over 2 months and will complement and add value in our existing curriculum. The students are committed to fulfill their academic responsibilities along with the course requirements.

We believe this opportunity alligns well with our educational goals and kindly ask for your approval to proceed

Thanking You.

Permitted
[Signature]

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[Signature]
HOD

Shalakya tantra
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Certificate Course in Shalakyatantra - Kriyakalpa
Academic Year 2020-21

Dept. : Shalakyatantra.
Course Code : 3213-V-XVI-C
Year : 2020-21
Coordinator : Dr. Suresh Wagh and Dr. Pournima Fasale
Time : 2 hours weekly
Duration : Two Months
Venue : Shalakya Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The eyes, often regarded as the "windows to the soul," play a crucial role in our overall well-being. In Ayurveda, the ancient science of life, specific therapies are dedicated to the preservation and enhancement of ocular health. This certificate course, thoughtfully crafted for 4th Year Bachelor of Ayurvedic Medicine and Surgery (BAMS) students, offers an in-depth exploration of three unique Ayurvedic therapies: Netra Bidalak, Pindi, and Putpaka Kriyakalpa.

Netra Bidalak Kriyakalpa is a therapy that involves the application of medicated collyrium to the eyes, Pindi Kriyakalpa focuses on poultices, and Putpaka Kriyakalpa uses medicated eye drops. These specialized treatments harness the wisdom of Ayurvedic principles to promote ocular health and address a range of eye disorders. This course provides BAMS students with comprehensive knowledge and practical skills in these therapies.





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Hon. Shri. Annasaheb Dange Ayurved Medical College

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E-mail: ashta.adamc@rediffmail.com

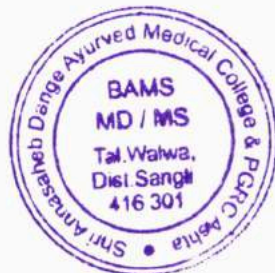
Throughout the program, students will embark on a journey to understand the profound significance of eye care within Ayurveda, learn the art of crafting and administering these therapies, and gain insights into their applications in modern Ayurvedic practice. The curriculum encompasses both theoretical teachings and hands-on practical experiences, enabling students to provide specialized and holistic eye care treatments.

By the end of this course, 4th Year BAMS students will emerge as proficient Ayurvedic eye care practitioners. They will possess not only the ability to diagnose and treat various eye disorders but also the skills to administer Netra Bidalak, Pindi, and Putpaka Kriyakalpa with precision and expertise.

This certificate course is a valuable opportunity for aspiring Ayurvedic practitioners to deepen their knowledge, refine their therapeutic skills, and contribute significantly to the ocular health and well-being of individuals. Whether your aspiration is to specialize in Ayurvedic ophthalmology or to broaden your scope within Ayurvedic medicine, this course is a vital step towards becoming a well-rounded and competent practitioner in the domain of Ayurvedic eye care.

Course Content:

Sr.No.	Content
1.	Introduction to Ayurveda in Eye Care
2.	Eye Diseases and Conditions
3.	Netra Kriyakalpa Bidalaka, pindi & Putpaka Therapy
4.	Ayurvedic Treatment Planning
5.	Ethics and Legal Aspects
6.	Hands on Training.
7.	Assesment & Evaluation
8.	Project Submission





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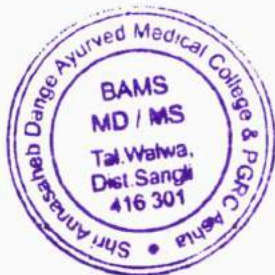
Website: www.adamcashta.com

E-mail: ashta.adame@rediffmail.com

Session	Date & Time	Topic
Session 1	02/01/2021 02:15 pm – 04:30 pm	Introduction to Netra Bidalaka, Pindi, and Putpak Kriyakalpa
Session 2	09/01/2021 02:15 pm – 04:30 pm	Anatomy and Physiology of the Eyes
Session 3	16/01/2021 02:15 pm – 04:30 pm	Crafting Medicated Eye Collyrium (Bidalaka)
Session 4	23/01/2021 02:15 pm – 04:30 pm	Preparation and Application of Eye Poultices (Pindi)
Session 5	30/01/2021 02:15 pm – 04:30 pm	Medicated Eye Drops: Putpak Kriyakalpa
Session 6	06/02/2021 02:15 pm – 04:30 pm	Indications and Contraindications
Session 7	13/02/2021 02:15 pm – 04:30 pm	Practical Application and Hands-on (Bidalaka, Pindi, Putpak)
Session 8	20/02/2021 02:15 pm – 04:30 pm	Post-Treatment Care and Q&A Session

Course Outcome:

- Proficiency in Ayurvedic eye care techniques.
- In-depth knowledge of Ayurvedic eye health concepts.
- Diagnosis and assessment skills for eye conditions.
- Ability to create personalized treatment plans.
- Proficiency in preparing therapeutic materials.
- Ethical and legal awareness in patient care.
- Patient-centered approach to eye care.
- Application of knowledge in clinical settings.
- Safe and hygienic practices.
- Holistic approach to eye health.
- Critical thinking and problem-solving.
- Effective communication with patients.
- Professionalism and self-reflection.
- Cultural sensitivity.
- Commitment to continuous learning and development





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E-mail: ashta.adamc@rediffmail.com

P I: Project No.1- Review of Literature

Collection of information related to Bidalaka, pindi & Putpaka in all samhita's.

P II: Project No.2- Introduction to Netra Kriyakalpa Bidalaka, pindi & Putpaka Therapy

Orientation and Theory

Anatomy and Physiology of the Eye

Diagnosis and Assessment

Treatment Materials and Preparation

P III: Project No.3- Hands-on Practice and Clinical Experience

Practical Session 1

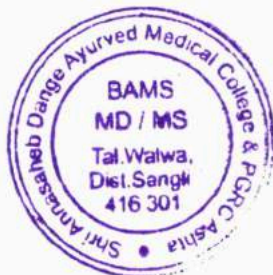
Students divided into small groups for hands-on practice

Guided practice in preparing Bidalaka, pindi & Putpaka materials.

Practice in applying Bidalaka, pindi & Putpaka therapy on a model eye.

Continued hands-on practice in Bidalaka, pindi & Putpaka therapy application.

Faculty supervision and feedback.



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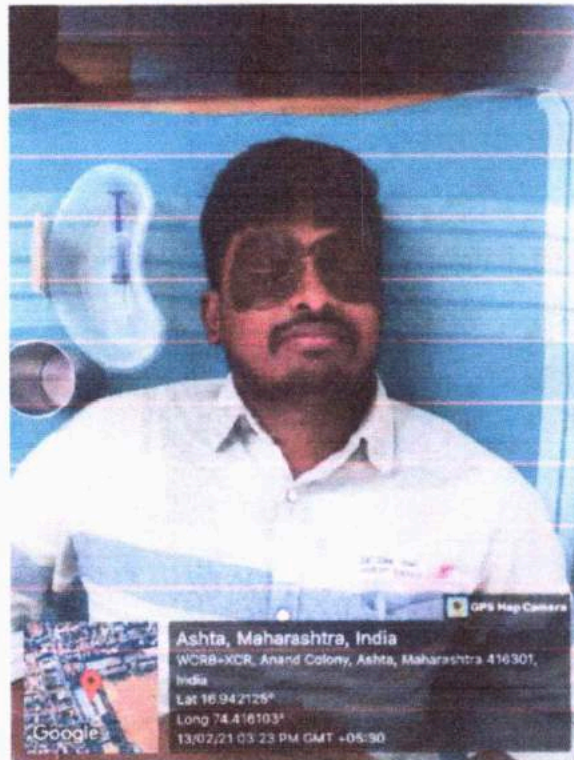
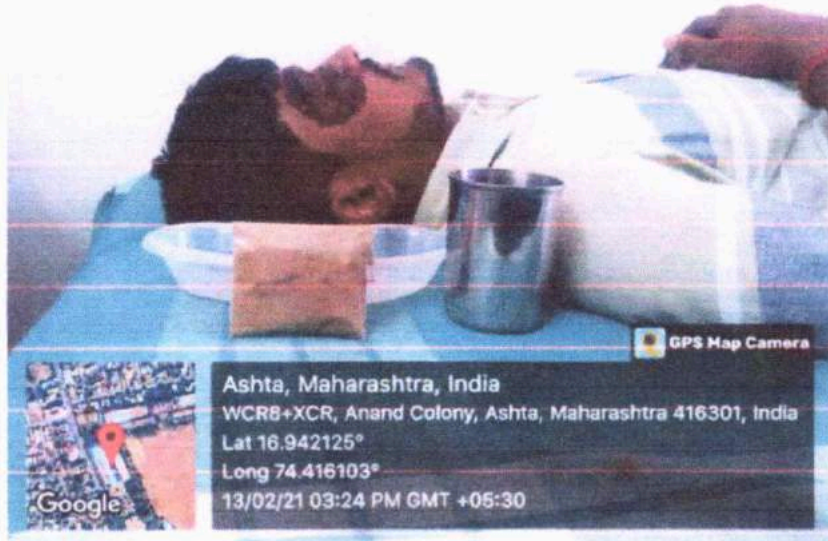
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Website: www.adamcashta.com

E-mail: ashta.adamc@rediffmail.com



Bidalak

gsw
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



gsw
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College, Ashta, Tal. Walwa



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Phone: 02342-241103/241108, Fax - 02342-241110
Website: www.adamcashta ISO Certified 9001-2015, 14000-2015

Date: 28/12/2020

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Applicant: Department of Shalyatantra

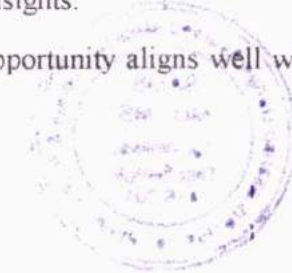
Subject: About the permission for value added Certificate course in Ksharasutra for
4th year students.


Respected Sir,

In our College Shalyatantra department wish to organize Certificate course for 4th year students in Ksharasutra from January 2021. This course will enhance their practical skills in Ayurveda and provide valuable insights.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.




HOD
Shalyatantra Dept
Shri Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta


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Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



Sant Dnyaneshwar Shikshan Sanstha's
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Certificate Course in Ksharasutra Academic Year 2020-21

Dept	: Shalyatantra
Course Code	: 3213-V-18C
Year	: 2020- 2021
Coordinator	: Dr. Akbar Walandkar and Dr. Vijay Dange
Time	: 2 hours weekly
Duration	: 16 hours
Venue	: Hon. Annasaheb Dange Ayurved Medical College & Post- Graduate Research center, Ashta

Introduction:

Ksharsutra is a medicated thread or medicated set on which is prepared by applying the coating of apamargakshar, haridrachurna and snuhiksheer. Snuhiksheer acts as binding agent. Ksharsutra Therapy method is used in the Anal-fistula, Piles, Rectal Polyps, Vaginal polyps, fissure-in- ano, etc. Ksharsutra Therapy is an effective Shalyachikitsa for anal-fistula and piles in the Ayurvedic Shalyachikitsa according to the great father of surgery; Shusruta. In this method a medicated thread is prepared as following procedure.

Preparation of Ksharsutra The preparation of Ksharsutra has undergone many changes and has passed through various stages before it reached the present standard of manufacturing. It is a technique derived from the ancient Ayurvedic text books and modified on the basis of a number of experimentations and experiences. It is surprising to note that while the application of Ksharsutra has been referred to by almost all the authors of Ayurvedic Samhitas including the big three (Charak Sushruta & Vagbhata) its preparation has hardly been mentioned by any one. At first, a white kosher (alkaline) powder of the plant *Achyranthes aspera* L. (Amaranthaceae) is prepared by cutting the whole plant in to small pieces and dry in the sun then burning them clay or iron pot in





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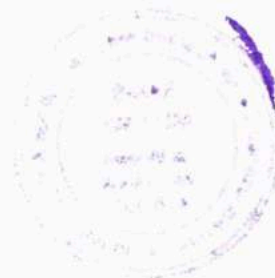
the open air or gas furnace to get white ash. The ash is allowed to dissolve in water and filtrate is dried over the sun to afford an alkaline powder (Kshara powder). Second, a Barbour Flax 100% Linen Suture Thread No-20 or a cotton thread is dipped in latex of *Euphorbia nerifolia* Lin. (*Euphorbiaceae*) -11 coating and in alkaline powder, ash of *Achyranthes aspera* alternately for 7 times coated and finally coated with the yellow powder of *Curcuma longa* (*Zingiberaceae*) for 3 times. The thread is then dried in the Ksharsutra cabinet fitted with ultra-violet radiation lamp, fan, etc. or in shade. The above-mentioned three drugs exert a powerful debridement effect on the fistula tract and induce healing by the fresh and healthy granulation tissues. The sutra (thread) is the mechanism of drug delivery precisely at the tissue involved. Even today when the modern surgery is at its peak, fistula-in-ano is still a challenge to the surgeons for its incidence of recurrence and post-operative complications. The method devised by ancient acharyas to treat this disease is the only method available to cure fistula-in-ano.

Preservation of Kshar-Sutra: It is kept in air container polythene bag after sterilization by ultra violet radiation, which is transferred to a glass tube containing silica gel, before sealing the tube to avoid contact with humidity which can destroy the Kshar-sutra as it is hygroscopic in nature. Anyhow if Kshar-Sutra be destroyed with the contact of humidity then three coating with the latex of *Euphorbia nerifolia* Lin. & yellow powder of *Curcuma longa* to be done.

Sterilization: Before preparation of Kshar-Sutra, thread is boiled in distilled water for 30 minutes. After preparation and before use it is sterilized by ultra-violet radiation.

Course Content:

Sr.No.	Content
1	Preparation of Ksharsutra
2	Techniques of threading and application
3	Hands on experience
4	Patient care
5	Post Procedure Management





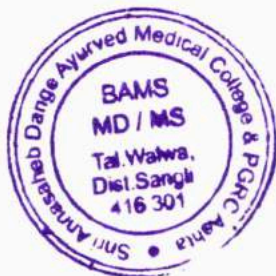
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Course Schedule:-

Session No.	Date	Time	Topic	Faculty
Session 1	Jan 02, 2021	09.30 AM - 11:30 AM	Pre- Preparation of Ksharsutra	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 2	Jan 09, 2021	09.30 AM - 11:30 AM	Preparation of Ksharsutra	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 3	Jan 16, 2021	09.30 AM - 11:30 AM	Techniques of threading and application	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 4	Jan 23, 2021	09.30 AM - 11:30 AM	Sterilization of Ksharsutra	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 5	Jan 30,	09.30 AM - 11:30 AM	Hands on experience	Dr. Akbar Walandkar ,





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	2021			Dr. Vijay Dange
Session 6	Feb 06, 2021	09.30 AM - 11:30 AM	Patient care	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 7	Feb 13, 2021	09.30 AM - 11:30 AM	Post Procedure Management	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 8	Feb 20, 2021	09.30 AM - 11:30 AM	Mode Of Action of Ksharsutra	Dr. Akbar Walandkar , Dr. Vijay Dange

Course Outcome:

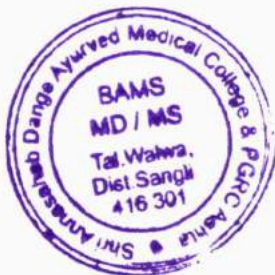
1. Understanding the principles of Ksharsutra therapy
2. Ability to perform the procedure
3. Knowledge of Post- Operative care

PI: Project No.1- Collection of Data

P II: Project No.2- Demonstration of Ksharsutra

P III: Project No.3- MCQ Test

Research Proposal Submission:





Sant Dnyaneshwar Shikshan Sanstha's
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90.	Waghmode Anagha Maruti	Yes	Yes	Yes
91.	Yadav Kshitija Manohar	Yes	Yes	Yes
92.	Yadav Pratik Bharat	Yes	No	Yes
93.	Punde Rajesh	No	Yes	Yes
94.	Naiknavarwe Swapnil	Yes	Yes	Yes

Assessment and Evaluation:

Criteria to assessment

1. Attendance
2. Active Participation
3. Problem Based Learning
4. Completion of Project & assignments (P: I +II+III)
5. Completion of Course Examination

PI: Project No.1- Collection of Data

P II: Project No.2- Demonstration of Ksharsutra

P III: Project No.3- MCQ Test

Grade sheet:

Sr.No.	Marks	Grade
1	91-100	A++
2	81-90	A+
3	71-80	A
4	61-70	B+
5	51-60	B



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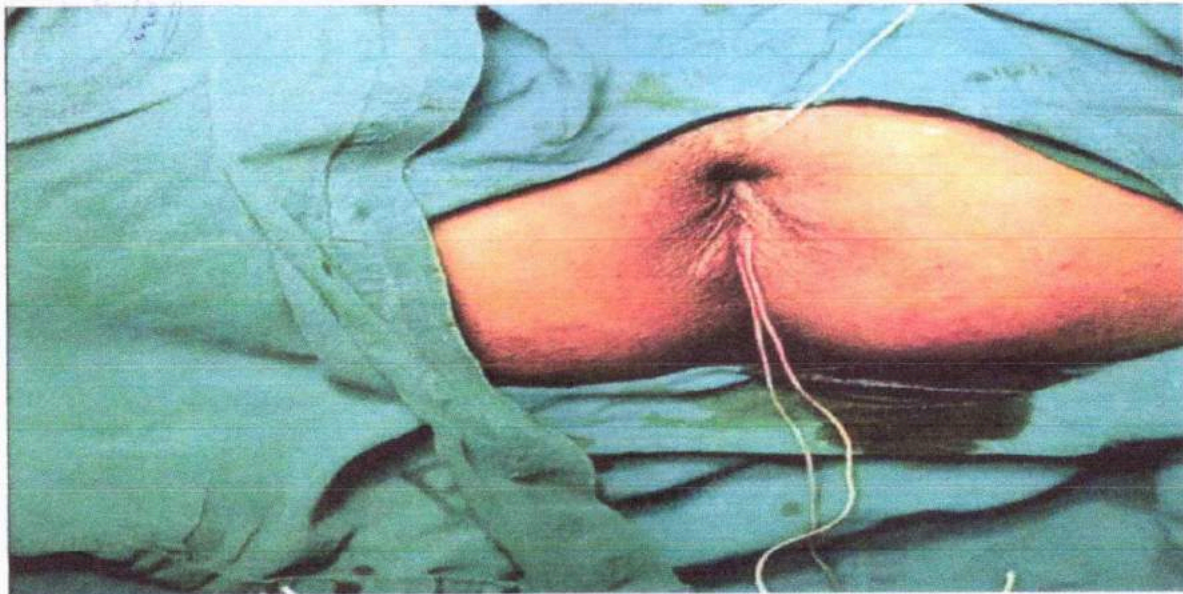


Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

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Website : www.adamcashta.com ISO Certified 9001-2015, 14000-2015

Photographs: Ksharasutra




HOD

Shalya Tantra Dept.
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta




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College Ashta, Walwa, Dist. Sangli



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& Post Graduate Research Center**
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Key Indicator – 1.3 Curriculum Enrichment		
1.3.2 Number of value added courses offered during the last 5 years that impart transferable and life skills		
Name of the value-added courses with 15 or more contact hours Academic Year 2019-20		
Name of the value-added courses	Course Code	Contents
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
PROFESSIONAL ETHICS	3213-V-III	Activity report
CPR TRAINING	3213-V-IV	Activity report
CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	Activity report
CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	Activity report
CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	Activity report
CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRA ASCCHOTAN)	3213-V-XVI-B	Activity report
CERTIFICATE COURSE IN KSHARKARMA	3213-V-XVIII-B	Activity report



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PAVAN YOGA CERTIFICATE COURSE REPORT

Title of Activity: - Pavan Yoga Certificate Course

Course Code: 3213-V-I

Organized by the Department –Department of Swasthavritta & Yoga

Date: - 02/12/2019 To 07/01/2020 Time: -7:00 am - 8:00am Duration: - 30 hrs (1hour/day)

Venue: - Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Nitin Tatpuje, HOD, Department of Swasthavritta & Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
- To conduct the practice of yoga therapy

Description: -

With the permission of college council and authorities certificate course of Pavan Yogahas been conducted 30 hours. The course was coordinated by Dr. Nitin Tatpuje with the help of Dr. Ujwala Dabade, Dr. Ashwini Khot and Mr. Sushant Ghorapade. Practical demonstration was conducted by Mr. Sushant Ghorapade as per prescribed syllabus. Total 29 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

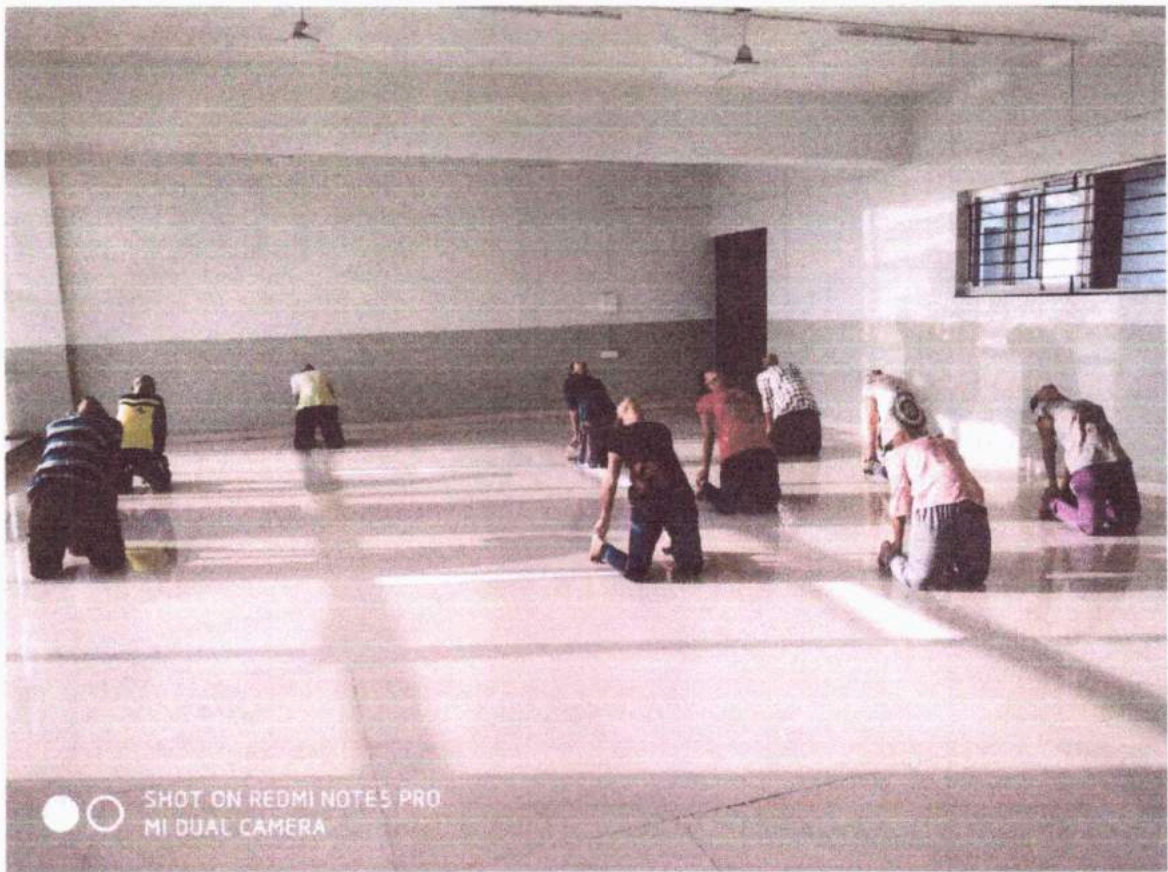
Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.

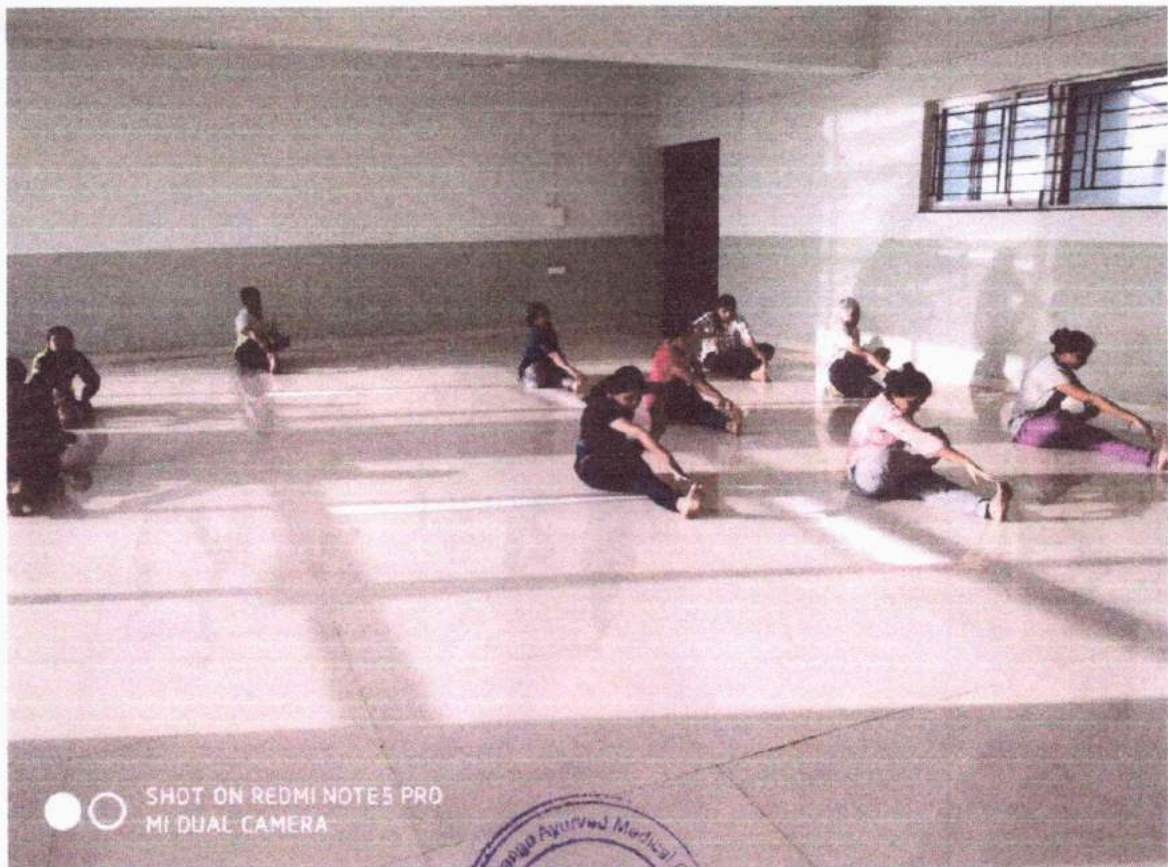


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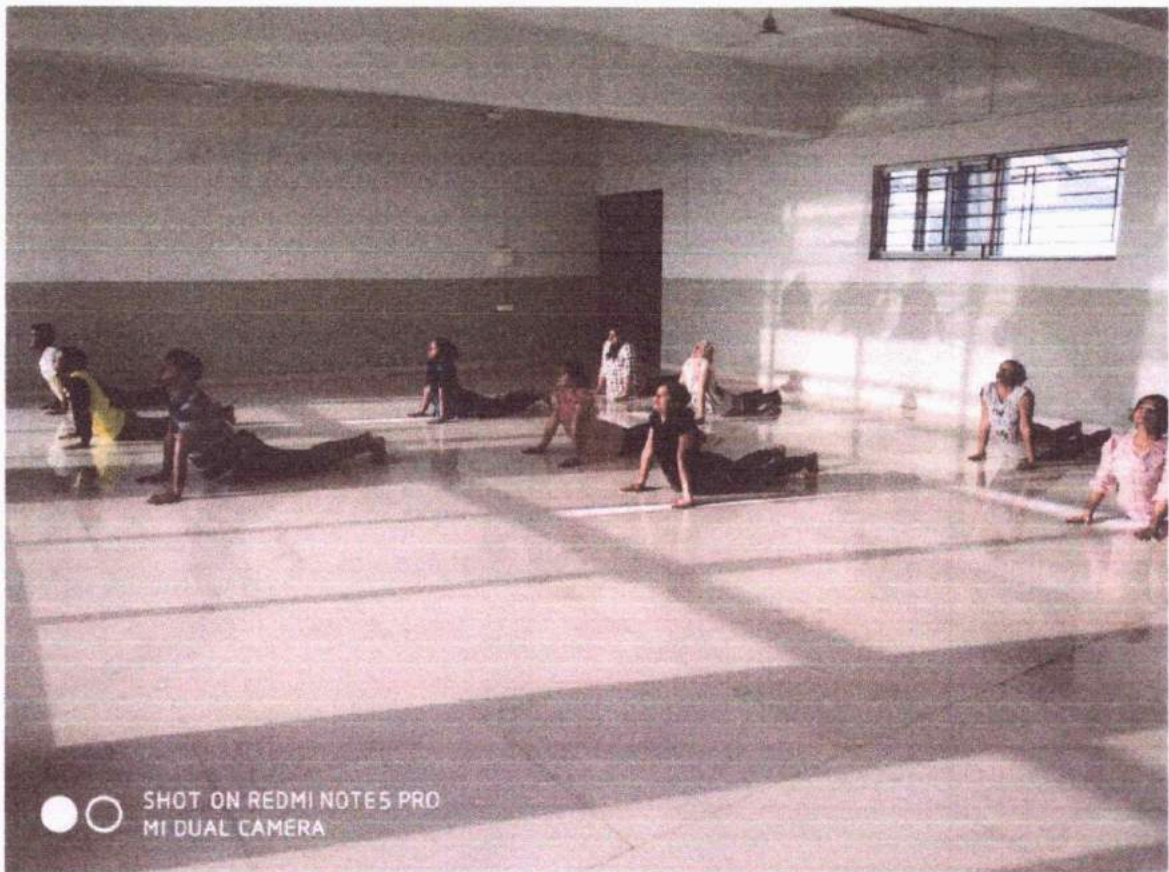


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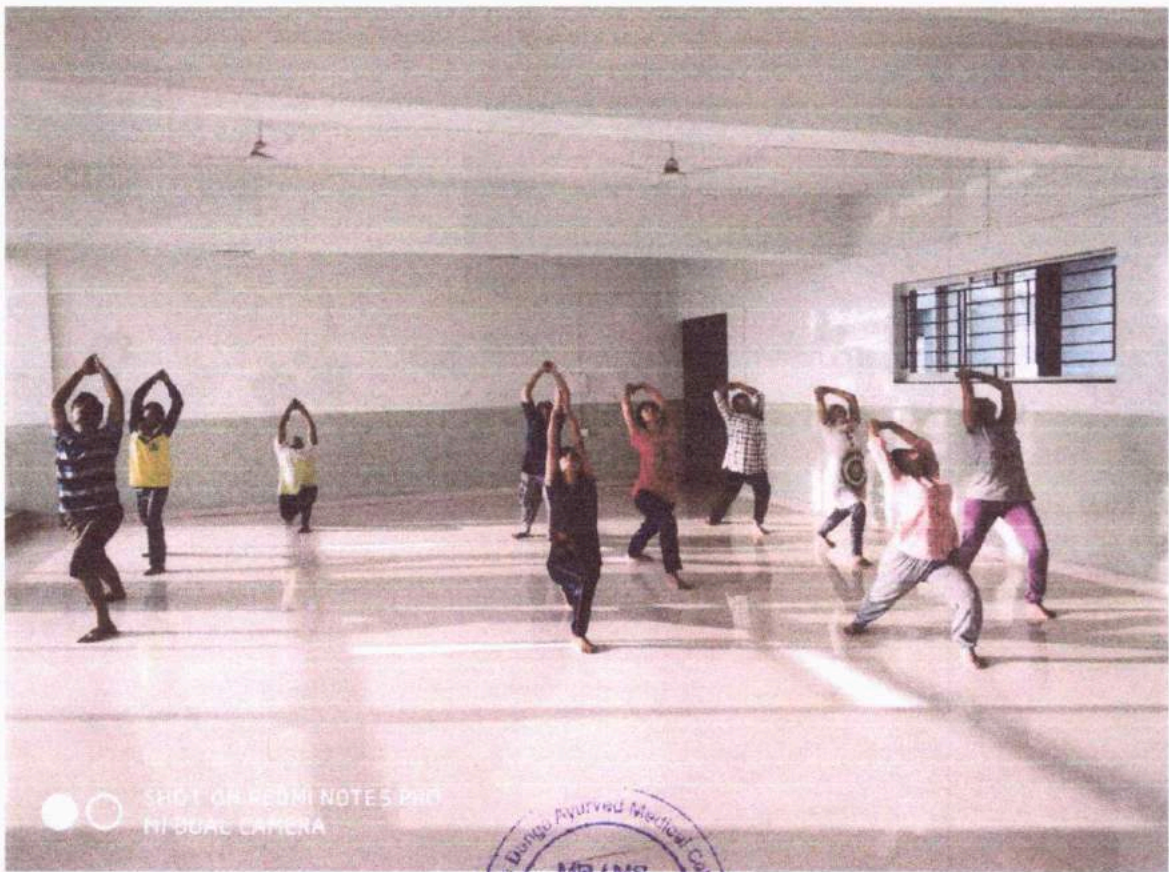


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PAVAN YOGA CERTIFICATE COURSE REPORT

Title of Activity:-Pavan Yoga Certificate Course

Course Code: 3213-V-I

Organized by the Department –Department of Swasthavritta & Yoga

Date:-03/09/2019 to 11/10/2019 Time:-7:00 am - 8:00am Duration:- 30 hrs (1hour/day)

Venue:- Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Nitin Tatpuje, HOD, Department of Swasthavritta & Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
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Description: -

With the permission of college council and authorities certificate course of Pavan Yoga has been conducted 30 hours. The course was coordinated by Dr. Nitin Tatpuje with the help of Dr. Ujwala Dabade, Dr. Ashwini Khot and Mr. Harshavardhan Swami. Practical demonstration was conducted by Mr. Harshavardhan Swami as per prescribed syllabus. Total 24 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

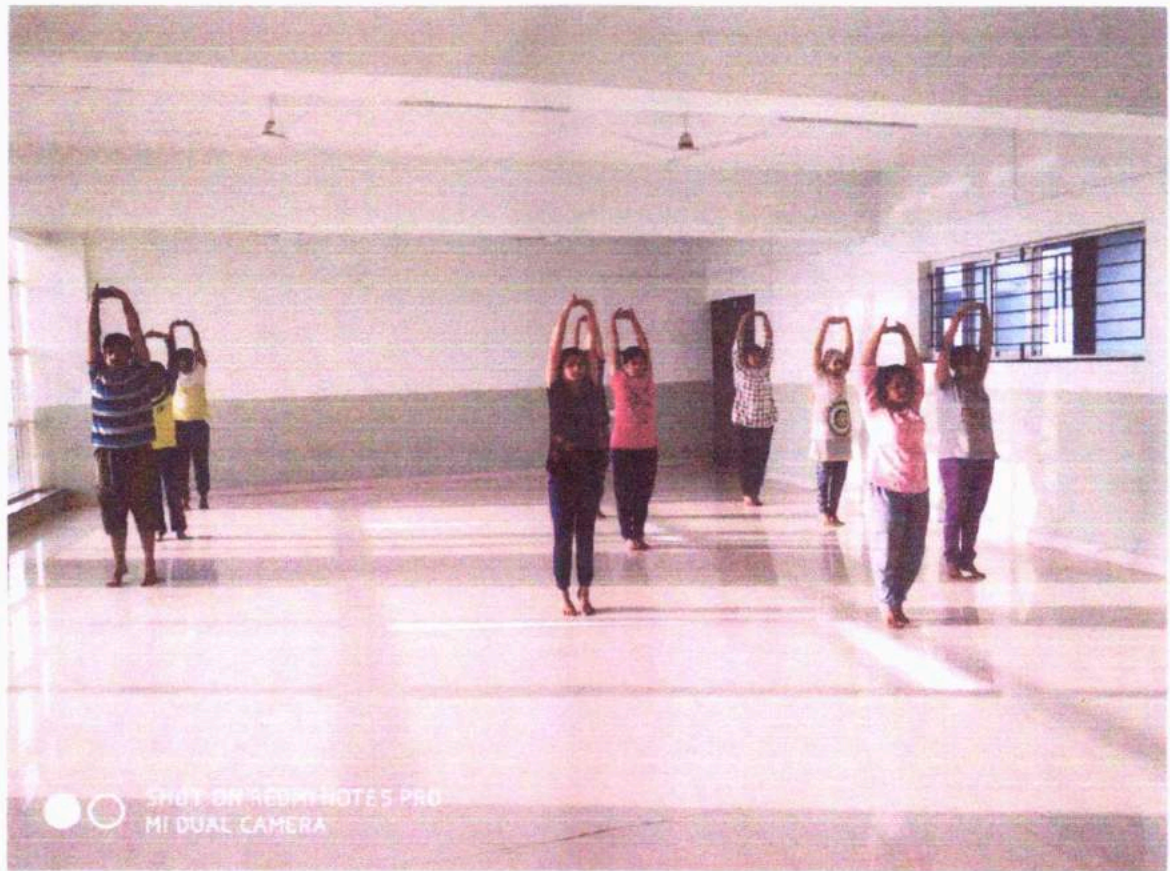
Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.



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ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIDYAKA **YEAR:** 2019-20

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 01 /01/2020 to 09/03/2020

Time: - 04:10pm -05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 25

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals

Description:-

Event / Activity Report

9. To inculcate Ethics and Human Values into the young minds.
10. To develop moral responsibility and mould them as best professionals.
11. To create ethical vision and achieve harmony in life.
12. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

By the end of the course student should be able to understand the importance of ethics and values in life and society.



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DEPARTMENT OF AGADTANTRA



**LECTURER ON MEDICAL ETHICS
MARCH 2020**



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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2019-20)

INDEX

Sr No	Content
1	CPR Course Brochure
2	Course Permission letter
3	Course Content & ATP
4	Course Activity Report
5	Enrolled Student List
6	Attendance
7	Exam Que Paper & Answer key
8	Results with Grade
9	Feedback Analysis
10	Feedback Samples
11	CPR Workshop Guest Lecture Report
12	Photographs
13	Certificate



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H.O.D.
Kayachikitsa Dept
A. J. A. M. C., ASHTA

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College, Ashta, Tal. Walwa, Dist. Sangli



CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CARDIO PULMONARY RESUSCITATION TRAINING COURSE

ABOUT US

Hon. Shri Annasaheb Dange Ayurved Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India.

VISION

Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

Institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.

To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CPR COURSE

The Certified First Aid Professionals course of training held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashta, Sangli.

Heart attacks are the leading cause of deaths in the India. As per the statistics, one-fifth of the deaths in India are from Coronary Heart Disease. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of 45 million Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer.

There is a huge need for Nurses, Paramedics, Doctors, First Responders and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency. When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment, such as blood circulation.

COURSE OUTCOMES

Course is designed to provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. To empower health care providers & community to save lives Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers. Effective networking for disaster awareness.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

COURSE ELIGIBILITY

Fourth year students of BAMS

Internship Students of BAMS

FACULTY

Dr. Parag Deshmukhe

Dr. Smita Lokhande

Dr. Rupali Patil

Dr. Varsha Khot

Dr. Sushant Kanase

DURATION OF COURSE

17 weeks

SCHEDULE

2 Hrs. per week - every Saturday



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College, Ashta, Tal. Wai, Dist. Sangli

[Signature]
H.O.D.

Gyachikitsa Dept
S. T. A. R. C. Ashta



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Website : www.adamcashta.com

E-mail : ashta.adame@gmail.com

DEPARTMENT OF KAYACHIKITSA

CARDIO PULMONARY RESUSCITATION (CPR) TRAINING COURSE

(2019-20)

ABOUT US

Hon. Shri. Annasaheb Dange Ayurvedic Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India. This is the foremost Ayurved College in Maharashtra with an intake capacity of 100 students of UG and 64 students of PG. We intend to contribute for enhancing performance through constructing the new building for organization & coordination.

VISION

Hon Shri AnnasahebDange Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

- o AnnasahebDange institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.





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E-mail : ashta.adamc@gmail.com

- To educate all the students in accordance with highest professional standard with holistic approach enriched with ethical values and saints and rishis.
- ADAMC prepare socially accountable, community based physicians, and health professionals who are uniquely qualified in ayurvedic medicine to make equilibrium the health of patients and community.
- Emphasis is placed on enhancing skills and habits of lifelong learning and producing competent PG students in ayurvedic medicine by providing an environment of diversity, clinical innovation and research.
- To build up skilled Ayurvedic Professionals, Trainer & Researchers for the progression of Ayurvedic System.
- To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.
- Ensure maximum participating of students & faculty in community medicine by organizing extensive activities like health camps, awareness programs.

CPR COURSE

The Certified First Aid Professionals course covers 17 topics. The course is conducted over 34 hours of training, held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashta, Sangli.

Heart attacks are the leading cause of deaths in the India. As per the statistics, one-fifth of the deaths in India are from **Coronary Heart Disease**. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of **45 million** Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer. There is a huge need for **Nurses, Paramedics, Doctors, First Responders** and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency.





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When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. Although learning CPR is incredibly simple, it's one of the most important medical professional skills you can learn. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment.

COURSE OBJECTIVE

- To provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.
- To empower health care providers & community to save lives
- Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers.
- Effective networking for disaster awareness.

COURSE ELIGIBILITY

- Fourth year students of BAMS
- Internship Students of BAMS

FACULTY

- Dr. Parag Deshmukhe (MD KAYACHIKITSA)
- Dr. Varsha Khot (MD KAYACHIKITSA)
- Dr. Smita Lokhande (MD KAYACHIKITSA)
- Dr. Dattatray Nikam (MD KAYACHIKITSA)
- Dr. Rupali Patil (MD KAYACHIKITSA)
- Dr. Sushant Kanase (MD KAYACHIKITSA)





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COURSE CONTENT

THEORY

1. Introduction to CPR training
2. Objectives/Responsibilities of First Aider
3. Assessment of Casualty/Unconsciousness
 - (i) History, (ii) Situation, (iii) Signs, (iv) Symptoms
4. Anatomy of Human Body- discussion on Respiratory, Circulatory & Skeletal system of our body
5. Asphyxia/Airway Obstruction- Choking, Asthma, Drowning
6. Resuscitation (CPR) - Methods of artificial respiration & Chest compression
7. Heart Attack & Cardiac Arrest
8. First aid management of following injuries:
 - (i) Bleeding, Wounds & Shock
 - (ii) Injuries to bone joints and muscles- Triangular Bandage & Arm slings
 - (iii) Neck & Spinal injuries
 - (iv) Heat injuries- Heat stroke, Heat Exhaustion, Hypothermia
 - (v) Eye/Ear/Nose injuries
 - (vi) Epilepsy / Fits
 - (vii) Poisonous bites & Stings
 - (viii) Burn/Scalds





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PRACTICALS

1. Bag-mask techniques for adult, child and infant
2. CPR with an advanced airway
3. Assessment of Casualty
4. Management of Fractures & Dislocations- Modified splinting
6. Use of triangular bandage for making large arm sling
7. Recovery Position
8. Transportation of Patient: Hand Seats, Stretcher Carry.

DURATION OF COURSE: 17 weeks

SCHEDULE FOR COURSE: 2 hrs per week - every Saturday

SR. NO.	DATE	TOPIC	Faculty Name
1	09.01.2021	Introduction to CPR training	Dr Deshmukhe
2	16.01.2021	Objectives/Responsibilities of First Aider	Dr Khot
3	23.01.2021	Assessment of Casualty/Unconsciousness	Dr Kanase
4	30.01.2021	Asphyxia/Airway Obstruction- Choking, Asthma, Drowning	Dr Patil
5	06.02.2021	Resuscitation(CPR)- Methods of artificial respiration & Chest compression	Dr Khot
6	13.02.2021	Bag-mask techniques for adult, child and infant CPR with an advanced airway	Dr Kanase
7	20.02.2021	Heart Attack & Cardiac Arrest	Dr Lokhande
8	27.02.2021	First aid management of Bleeding, Wounds & Shock	Dr Patil
9	06.03.2021	First aid management of Injuries to bone joints and muscles- Triangular Bandage & Arm slings	Dr Deshmukhe





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10	13.03.2021	First aid management of Heat injuries- Heat stroke, Heat Exhaustion, Hypothermia	Dr Patil
11	20.03.2021	First aid management of Epilepsy/Fits, Poisonous bites & Stings, Burn/Scalds	Dr Lokhande
12	27.03.2021	Assessment of Casualty	Dr Kanase
13	03.04.2021	Management of Fractures & Dislocations- Modified splinting	Dr Nikam
14	10.04.2021	Use of triangular bandage for making large arm sling	Dr Deshmukhe
15	17.04.2021	First aid management of Eye/Ear/Nose injuries	Dr Nikam
16	24.04.2021	Transportation of Patient: Hand Seats, Stretcher Carry	Dr Khot
17	01.05.2021	Recovery Position	Dr Kanase

STUDENT LEARNING OUTCOMES / LEARNING OBJECTIVES

This class is designed to introduce both life threatening and non-life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation. The course will include infant, child and adult one-man CPR, use of an AED, rescue breathing and obstructed airway skills with the opportunity for American Red Cross (ARC) certification in each age group. Additional skills such as basic splinting, bandaging and proper use of gloves will also be introduced.



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H.O.D.
Karyakalpa Dept
4.5.2021

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NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2020

EVENT / ACTIVITY REPORT

Title of Event / Activity: - CPR Training Course

Date: - 03.02.2020

Time: - 2.30 pm – 3.30 pm Every Saturday

Duration: - 17 weeks

Venue :- Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

- 1.To raises awareness about Cardio Pulmonary Resuscitation.
- 2.To understand the condition of patient suffering from Cardiac Arrest and Asphyxia.
- 3.To perform airway management by using appropriate equipments for resuscitation.

Report

Description

Hon. Shri. Annasaheb Dange ayurved Medical College, Ashta, Department of Kayachikitsa organized Cardio Pulmonary Resuscitation Training Course for final year BAMS students.

Training course was conducted by faculties of department of kayachikitsa according to syllabus. Participants were trained by using simulations of CPR. Lectures were delivered regarding CPR.

We invited Dr. Bhavesh Shaha for delivering lecture and demonstration on Cardio Pulmonary Resuscitation as a guest speaker on 03/02/2020. He was given





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DEPARTMENT OF KAYACHIKITSA
Workshop on CPR Training



by Dr Bhavesh Shah (13.02.2021)

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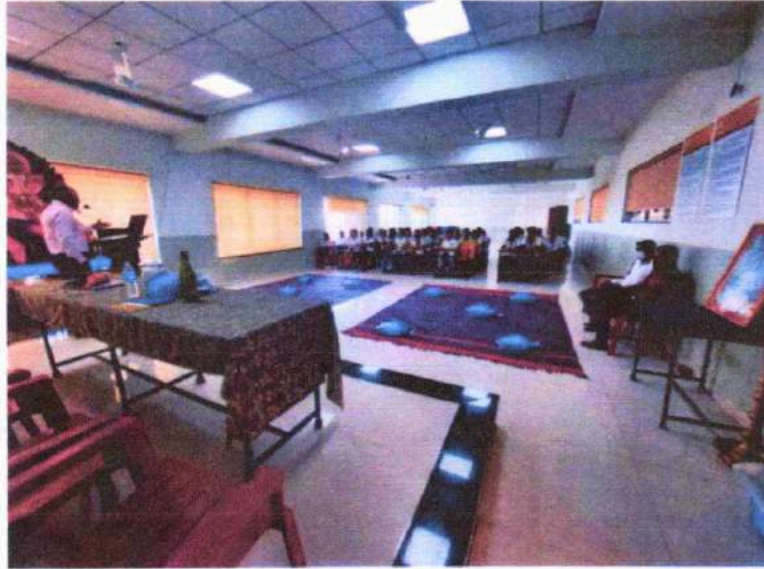
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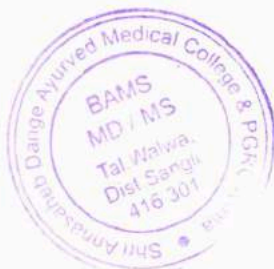
DEPARTMENT OF KAYACHIKITSA
Workshop on CPR Training



by Dr Bhavesh Shah (13.02.2021)

Page 2

[Signature]
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Department
KAYACHIKITSA, ASHTA





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E-mail : ashta.adamc@gmail.com

Date-02/01/2019

To,
Principal,
DAMC,
Ashta.

Subject: Permission Letter for Conducting Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics

Respected sir,

I hope this letter finds you well. I am writing to seek your permission to conduct a Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics under Prasutitantra and striroga department. The purpose of this course is to provide comprehensive education and training to individuals interested in promoting healthy nutrition practices during pregnancy.

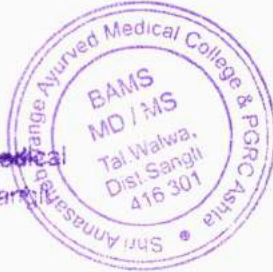
Course Details:

Title: Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics.

Duration: 8 days

Venue: 3rd year classroom

Permission granted
[Signature]
PRINCIPAL



[Signature]
HOD

Prasutitantra and striroga department

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli



संत ज्ञानेश्वर शिक्षण संस्थेचे,

**मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता.वाळवा, जि.सांगली. पिन-४९६ ३०१. फोन: ०२३४२ - २४९९०८, २४९९०३

(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M, New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

ADAMC

An ISO 9001: 2015

Ref.No.ADAMC/436-A/2019

Date : 03/01/2019

To

The HOD,

Prasutitantra and strirog Department,

Hon, Shri Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Permission to conduct certificate course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Respected Sir,

With reference to your requisition letter dated 03/07/2018 you are permitted to start new certificate Course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics" The council has allotted the following .

Course Name : "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Course code : 3213- V-IX

Duration : 8 days

The Coordinator for the course will be Dr. Radha Phadnis

Annual Report of the course should be submitted to the council.



Web Site : www.adamcashta.com ● Email :- ashta.adamc@gmail.com



**HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM
STRIROGA**

ACTIVITY REPORT

Certificate Course

In Pregnancy Nutrition, Dietetics and Pharmaceutics

Conducted by :

Department of Streerog Avum Prasutitantra

ADAMC , Ashta

Batch 2019-20

Course code- 3213-V-IX





Sant Dnyaneshwar Shikshan Sanstha's

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E-mail : ashta.adamc@gmail.com

'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals'

Academic Year 2019-20

Department : PrasutitantraEvumStreeroga

Course Code : 3213-V-IX

Year : 2019- 2020

Coordinator : Dr. RadhaPhadnis

Members : HOD and Professor – Dr. SachinPatil

Dr. Dilip Katare

Dr. MilindHirave

Dr. Digvijay Pawar

Dr. Ashwini Bhandvalkar

Dr Supriya Mahind

Time : 2 hours per day

Duration : 8 days (16 hrs)

Venue: PrasutitantraEvumStreerogaDepartment, III year classroom,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta





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Website : www.adamcashta.com

E-mail : ashta.adame@gmail.com

Introduction:

All Pregnant women for healthy nourishment of self and baby. This course will focus on Diet Nutrition and which are healthy food and food avoid during pregnancy and drug related guidelines. This 'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals' is designed to provide you with a deep understanding of the crucial aspects of pregnancy care through the lenses of nutrition, dietetics, and Ayurvedic pharmaceuticals.

Students going to be a healthcare professional so aiming to enhance your expertise or an individual interested in learning about holistic approaches to pregnancy wellness, this course offers valuable insights into promoting the health and well-being of expectant mothers and their unborn children. Pregnancy is a remarkable journey that requires special attention to ensure the health of both the mother and the developing fetus. This certificate course focuses on three essential pillars: nutrition, dietetics, and Ayurvedic pharmaceuticals, to offer a comprehensive perspective on supporting a healthy pregnancy.

This course will help to learn :

- How to create well-rounded meal plans that provide essential nutrients for both the mother and the baby.
- The physiological changes that occur during pregnancy and their impact on nutritional requirements.
- Herbal supplements and formulations recommended in Ayurveda to support pregnancy health.
- The principles of Ayurveda and how they relate to pregnancy care.
- Strategies to alleviate common pregnancy discomforts using natural approaches.

The course is designed to be engaging and accessible, with a mix of theoretical knowledge, practical applications, and case studies. Interactive sessions, reading materials, and hands-on exercises will enhance learning experience and empower to apply the knowledge effectively.

By the end of this course, students will gain a comprehensive skill set to support and guide expectant mothers towards a joyful and well-nourished pregnancy. This course will help ultimately to reduce maternal and fetal complications.





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Course Content:

Day	Topic
1.	<ul style="list-style-type: none">- Introduction of course- Garbhadhanvidhi -<ol style="list-style-type: none">1. Preconception Nutrition and health.2. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)- Ayurvedic concept of Nutrition.- 3. Pre conceptionalyogasana
2.	<p>Anatomical and physiological changes during pregnancy.</p> <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy- Changes in reproductive organs.- Changes in cardiovascular health.
3.	<ul style="list-style-type: none">- Understanding three trimesters.- Evaluation session.
4.	<ul style="list-style-type: none">- Trimester wise nutrition requirements. Carbohydrates & their importance. Fats and proteins during pregnancy. Micronutrients and their importance in pregnancy.- Anaemia in Pregnancy.- Calcium deficiency in pregnancy.
5.	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasikgarbhiniparicharya)- Food and food recipes toxic in pregnancy.
6.	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Evaluation session
7.	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.
8.	<ul style="list-style-type: none">- Healthy pregnancy food. Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.





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Course lectures-

Day	Date	Topic	Conducted By
1.	11/02/2019	Introduction of course Preconception Nutrition and health. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)	Dr. RadhaPhadnis
2.	12/02/2019	Anatomical and physiological changes during pregnancy.	Dr. SachinPatil
3.	13/02/2019	- Understanding three trimesters. - Ayurvedic concept of food in Pregnancy. - Ayurvedic nutrition and diet guidelines through each month (Masanumasikgarbhini paricharya) - Evaluation session.	Dr. DilipKatare
4	14/02/2019	- Anaemia in Pregnancy. Calcium deficiency in pregnancy	Dr. MilindHirave
5.	15/02/2019	- Ayurvedic concept of food in Pregnancy.	Dr. DigvijayPawar
6.	16/02/2019	- Routine supplementary ayurvedic medicines in pregnancy. - Evaluation session	Dr. AshwiniBhandvalkar
7.	18/02/2019	- Management of minor ailments in pregnancy. - Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.	DrSupriyaMahind
8.	19/02/2019	- Healthy pregnancy food. Demonstration of food recipes. - Demonstration of Ayurvedic therapies beneficial in pregnancy.	Dr. RadhaPhadnis





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Course Outcome:

1. Participants will be equipped with the knowledge and skills to design and recommend balanced and nourishing meal plans tailored to the unique needs of pregnant women. They will understand the essential nutrients required for optimal pregnancy outcomes.
2. Graduates will have the tools to effectively manage gestational health issues such as gestational diabetes, excessive weight gain, and nutritional deficiencies through evidence-based dietary interventions.
3. Participants will gain a solid foundation in Ayurvedic principles and their application in pregnancy care. They will understand how to integrate Ayurvedic dietary guidelines and herbal formulations to promote holistic well-being during pregnancy.
4. Graduates will possess a deep understanding of the physiological changes that occur during pregnancy, the nutritional requirements for different stages of pregnancy, and the impact of diet on maternal and fetal health.
5. Participants will develop a holistic perspective on pregnancy care, considering both the physical and emotional aspects of the experience. They will be able to guide expectant mothers in maintaining a balanced lifestyle and well-being.
6. Graduates will enhance their communication skills to interact sensitively and effectively with pregnant women, understanding their concerns and providing practical guidance related to nutrition, dietetics, and Ayurvedic principles.
7. Participants will be able to integrate evidence-based practices from the fields of nutrition, dietetics, and Ayurveda, ensuring that their recommendations are grounded in current research and traditional wisdom.
8. Individuals seeking personal enrichment will gain valuable insights into maintaining health and wellness during pregnancy, fostering a positive pregnancy experience for themselves or their loved ones.
9. Graduates will learn about various Ayurvedic herbs and formulations recommended for supporting pregnancy health, including those for managing common discomforts and enhancing overall well-being.

Overall, the course outcomes will empower participants to provide comprehensive support to pregnant women through a synergistic blend of modern nutritional science, dietetics, and ancient





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Ayurvedic wisdom. Graduates will be better equipped to make a positive impact on the health and well-being of expectant mothers and contribute to fostering healthier generations.

PI:Project No.1-ANC Awareness Role play

Competition Guidelines:

1. Participants should work in teams, collaborating to develop and present their recipes.
2. Script should be specifically designed to meet the nutritional needs of pregnant women, considering essential nutrients and dietary requirements.
3. Each Participant should be accompanied by a brief description of its nutritional benefits and its relevance to pregnancy care.

Judging Criteria :

1. Nutritional Value: How well the participant show nutritional needs of pregnant women.
2. Creativity and Innovation: The uniqueness of the script and how well participants have incorporated course concepts.
3. Presentation: The visual appeal of the presented show was through Banners and posters.

P II:Project No.2-Yoga in pregnancy

Competition Objectives :

1. Allow participants to demonstrate Yoga atleast one and their grasp of pregnancy-related topics, nutrition, dietetics, and Ayurvedic principles.
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.

Competition Guidelines :

1. Participants can choose one category to present on.
2. Presentations should be well-researched, evidence-based, and align with the course concepts.
3. Each presentation should be visually engaging, utilizing multimedia elements such as slides, images, and diagrams.
4. Presentations should be clear, concise, and designed to educate and engage an audience.

Judging Criteria :

1. Content and Knowledge: Accuracy, depth, and relevance of information presented.
2. Communication Skills: Clarity, confidence, and ability to effectively convey complex concepts.
3. Visual Presentation: Quality and creativity of visual aids used in the presentation.
4. Engagement: How well the presentation captures and maintains the audience's interest.





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143.	TerwadeSaloniChandrakant		
144.	Vaishnav Radhika Pramod		
145.	VibhuteSaurabhVishwanath		
146.	WaghmodeAnaghaMaruti		
147.	YadavKshitijaManohar		
148.	Yadav Pratik Bharat		

Assessment and Evaluation:

Criteria for assessment :

1. Attendance
2. Active Participation
3. Completion of Project (P: I +II)
4. Completion of Course Examination

Theory exam - 45 marks

Practical Exam -55 marks

P: I - Project No.2 -ANC Awareness Role play(25 marks)

P: II - Project No.2- Yoga in pregnancy presentation. (30 marks)

Grade sheet:

Sr.No.	Marks	Grade
1	91-100	A++
2	81-90	A+
3	71-80	A
4	61-70	B+
5	51-60	B



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Hon. Shri. Annasaheb Dange Ayurved Medical College

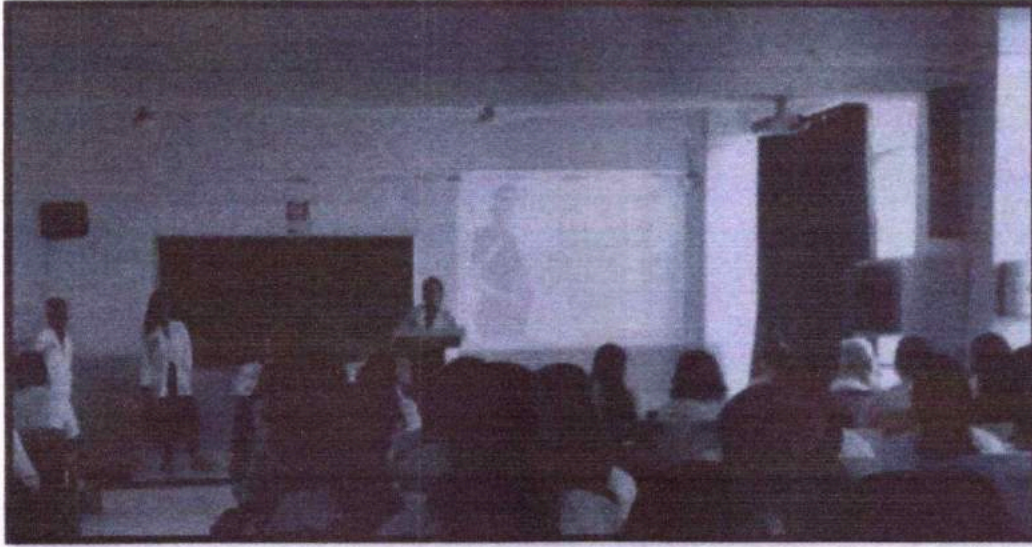
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Photographs:



Certificate course lectures attended by students



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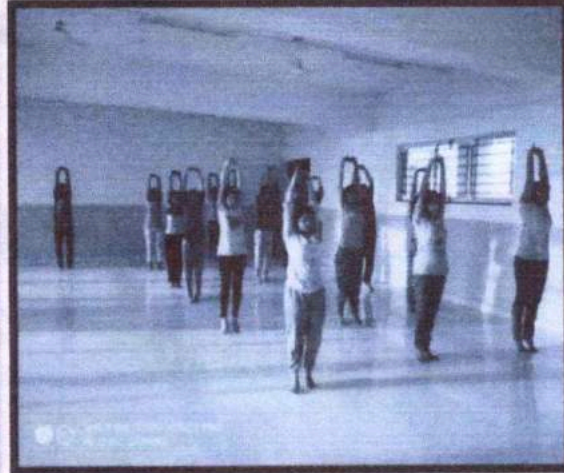
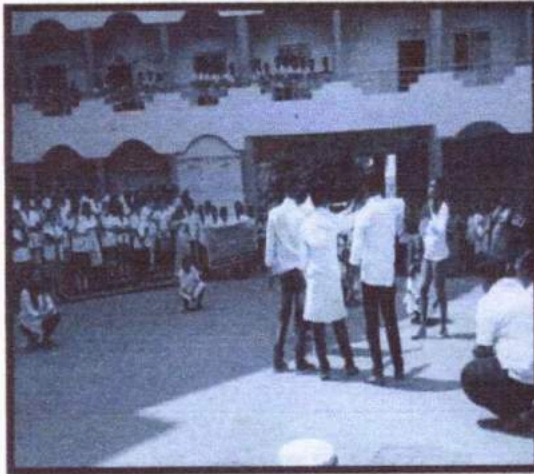
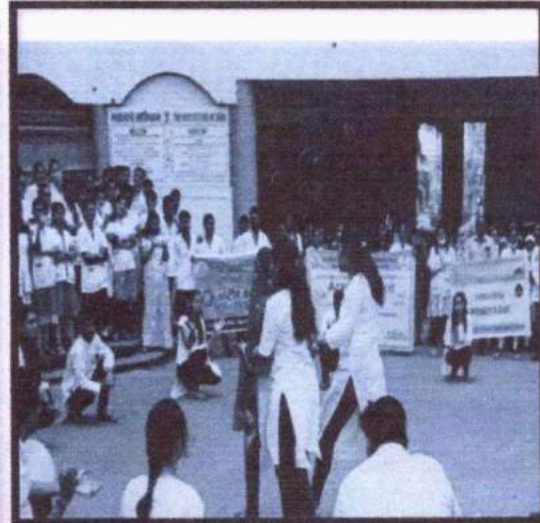
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Students participated in the project I & II

P. Phuchey

Lecturer
Sringa & Prasuti Dept.
A.D.A.M.C., Ashta

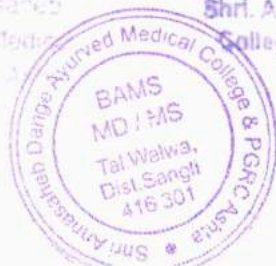
J. J. J.

Sringa & Prasuti Tantra Dept
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta

J. J. J.

PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical
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Website: www.adamcashta.com E-mail: ashta.adame@gmail.com

Date- 18/07/2019

ACTIVITY REPORT

Certificate course in Learning Semisolid Dosages Forms 2019-20

Department: Rasashastra evum Bhaishyajya Kalpana
Course Code: 3213-V-XI
Year: 2019- 2020
Coordinator: Dr Mahesh Inamdar & Dr Shraddha Shelke
Time: 2 hour weekly
Duration: 2 Months
Venue: Rasashastra Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post
Graduate & Research Center, Ashta.

Introduction:

Department of Rasashastra designed a certification course for the students to add addition information modern concept for Ayurvedic medicine preparation. Semisolid dosage forms find extensive application in dermatology, topical therapies and more. Their unique characteristics, such as ease of application and prolonged contact with the target site, make them an integral part of modern pharmaceutical development.

Semisolid dosage forms in Ayurveda, such as herbal pastes, ointments, and oils, are designed to facilitate the absorption of medicinal herbs through the skin, enhancing their therapeutic effects. These formulations are often used in massage therapies (Abhyanga) and external applications to promote relaxation, balance doshas, and address specific health concerns.



Understanding the formulation, manufacturing processes, quality control, and regulatory considerations associated with semisolid dosage forms is crucial for pharmaceutical professionals to ensure effective and safe treatment outcomes. This course provides a comprehensive exploration of semisolid dosages, equipping participants with the knowledge and skills necessary to excel in this dynamic field.

Course Content and Module:-

Module	Title	Content		
Module 1	Introduction	- Definition and significance of semisolid dosage forms		
		- Ayurvedic Formulation and semisolid dosage forms		
		- Overview of the course content and learning objectives		
		- Types of semisolid formulations – Paste, Cream, Gel, Lotion		
		- Cultural and historical relevance of semisolid dosages in various healing traditions - Ayurved		
		- Regulatory considerations and safety aspects		
Module 2	Formulation	- Role of ingredients in semisolid formulations		
		- Understanding rheology and flow properties		
		- Selection and functions of excipients		
		- Various manufacturing techniques: mixing, homogenization, etc.		
		Module 3	Application	- Practical application of semisolid formulations in traditional and modern healthcare systems
				- Hands-on exercises in preparing and applying herbal pastes and ointments
- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond				
Module 4	Certification	-After successful Completion & Assessment , Awarding of course completion certificates		
		- Recognition of outstanding performance and active participation		

Course Outcome:-

1. Gain comprehensive understanding of semisolid dosage forms
2. Master formulation, manufacturing, and evaluation techniques
3. Develop expertise in quality control, stability, and regulations
4. Acquire knowledge of industry trends and best practices
5. Demonstrate proficiency through practical assessments and exams

Assessment of Students: Students will be assessed through a final exam and Viva 60/40 marks total 100 marks exam will be taken.



Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	3 pm to 5 pm	01/06/19	Dr Mahesh Inamdar	<ul style="list-style-type: none"> - Definition and significance of semisolid dosage forms - Ayurvedic Formulation and semisolid dosage forms - Overview of the course content and learning objectives - Types of semisolid formulations – Paste, Cream, Gel, Lotion
Day Two 2 hr	3 pm to 5 pm	8/06/19	Dr Mahesh Inamdar	<ul style="list-style-type: none"> - Cultural and historical relevance of semisolid dosages in various healing traditions – Ayurved - Regulatory considerations and safety aspects - Role of ingredients in semisolid formulations
Day Three 2hr	3 pm to 5 pm	15/06/19	Dr Mahesh Inamdar	<ul style="list-style-type: none"> - Understanding Rheology and flow properties - Selection and functions of excipients
Day Four 2hr	3 pm to 5 pm	22/06/19	Dr Shraddha Shelke	<ul style="list-style-type: none"> - Various manufacturing techniques: mixing, homogenization, etc.
Day Five 2hr	3 pm to 5 pm	29/06/19	Dr Shraddha Shelke	<ul style="list-style-type: none"> - Practical application of semisolid formulations in traditional and modern healthcare systems
Day Six 2hr	3 pm to 5 pm	06/07/19	Dr Shraddha Shelke	<ul style="list-style-type: none"> - Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Day Seven 2hr	3 pm to 5 pm	13/07/19	Dr Mahesh Inamdar/Dr Shraddha Shelke.	Final Exam and Viva
Day Eight 2 hr	3 pm to 5 pm	18/07/19	Dr Shraddha Shelke	<ul style="list-style-type: none"> - Awarding of course completion certificates - Recognition of outstanding performance and active participation



Photographs:



HOD

Rasashastra Dept.
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta



PRINCIPAL

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College, Ashta, Tal. Walwa, Dist. Sangli



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Date- 11/01/2020

ACTIVITY REPORT

Certificate course in Learning Semisolid Dosages Forms 2019-20

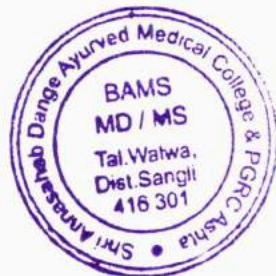
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Course Content and Module:-

Module	Title	Content
Module 1	Introduction	- Definition and significance of semisolid dosage forms
		- Ayurvedic Formulation and semisolid dosage forms
		- Overview of the course content and learning objectives
		- Types of semisolid formulations – Paste, Cream, Gel, Lotion, liniments, ointments.
Module 2	Formulation	- Cultural and historical relevance of semisolid dosages in various healing traditions - Ayurved
		- Regulatory considerations and safety aspects
		- Role of ingredients in semisolid formulations
		- Understanding rheology and flow properties
Module 3	Application	- Selection and functions of excipients
		- Various manufacturing techniques: mixing, homogenization, etc.
		- Practical application of semisolid formulations in traditional and modern healthcare systems
		- Hands-on exercises in preparing and applying herbal pastes and ointments
Module 4	Certification	- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
		- After successful Completion & Assessment , Awarding of course completion certificates
		- Recognition of outstanding performance and active participation

Course Outcome:-

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3. Develop expertise in quality control, stability, and regulations
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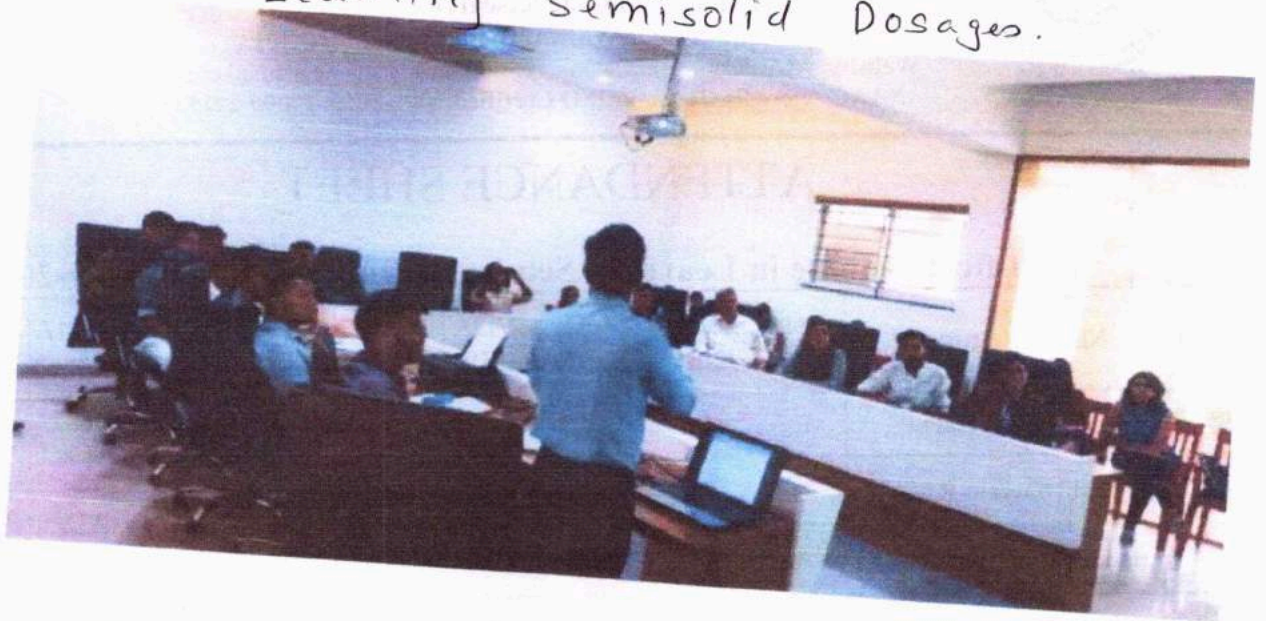
Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	3 pm to 5 pm	9/11/19	Dr Mahesh Inamdar	- Definition and significance of semisolid dosage forms - Ayurvedic Formulation and semisolid dosage forms - Overview of the course content and learning objectives - Types of semisolid formulations – Paste, Cream, Gel, Lotion, liniments, ointments
Day Two 2 hr	3 pm to 5 pm	16/11/19	Dr Mahesh Inamdar	- Cultural and historical relevance of semisolid dosages in various healing traditions – Ayurved - Regulatory considerations and safety aspects - Role of ingredients in semisolid formulations
Day Three 2hr	3 pm to 5 pm	23/11/19	Dr Mahesh Inamdar	- Understanding Rheology and flow properties - Selection and functions of excipients
Day Four 2hr	3 pm to 5 pm	7/12/19	Dr Shraddha Shelke	- Various manufacturing techniques: mixing, homogenization, etc.
Day Five 2hr	3 pm to 5 pm	14/12/19	Dr Shraddha Shelke	- Practical application of semisolid formulations in traditional and modern healthcare systems
Day Six 2hr	3 pm to 5 pm	28/12/19	Dr Shraddha Shelke	- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Day Seven 2hr	3 pm to 5 pm	04/01/20	Dr Mahesh Inamdar /Dr Shraddha Shelke	Final Exam and Viva
Day Eight 2 hr	3 pm to 5 pm	11/01/20	Dr Mahesh Inamdar /Dr Shraddha Shelke	- Awarding of course completion certificates - Recognition of outstanding performance and active participation



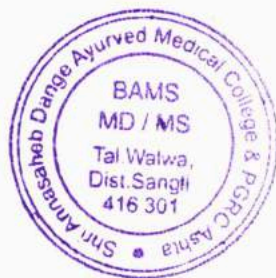
Photographs:

Learning Semisolid Dosages.



HOD

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College & PGRC, Ashta



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Certificate course in Learning Micropath

By Department of
Rognidan



Asheeraj
PRINCIPAL

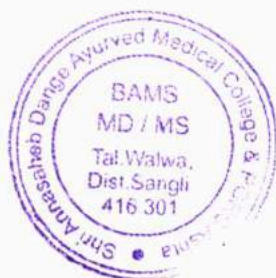
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College, Ashita, Tal. Walwa, Dist. Sangli

Introduction

• A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field

• **Course Outcome:-**

- **Understanding Microorganisms:** Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
- **Diagnostic Techniques:** Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
- **Disease Identification:** Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
- **Infection Control:** Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
- **Antimicrobial Agents:** Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
- **Clinical Correlation:** Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
- **Laboratory Skills:** Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
- **Quality Assurance:** Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
- **Emerging Infections:** Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
- **Ethical and Safety Considerations:** Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials





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Post Graduate & Research Center, Ashta.
Tal-Walwa Dist- Sangli - 416 301(Maharashtra) India
Institute ID :- AYU0187

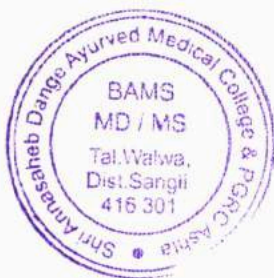
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Syllabus & Module

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none">- Introduction and bacterial taxonomy- Morphology and Physiology of bacteria- Overview of the course content and learning objectives- Sterilization and Disinfection- Identification of bacteria- Biomedical waste management
Module 2	Demonstration	<ul style="list-style-type: none">- Introduction to Staining- Understanding Different types of staining- Demonstration of various staining methods- Bacterial smear preparation demonstration- Smear fixation demonstration
Module 3	Preparation	<ul style="list-style-type: none">- Hands-on exercises in various staining methods- Hands-on exercises in preparing bacterial smear- Application of gram staining- Common errors in staining
Module 4	Certification	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation





Date- 04/11/2019

ACTIVITY REPORT

Certificate course in Learning Micropath 2019-20

Department: Rognidan.
Course Code: 3213-V-XIII-A
Year: 2019- 2020
Coordinator: Dr. V.A. Kalavade.
Dr. R. V. Desai.
Time: 2 hour weekly
Duration: 2 Months
Venue: Rognidan Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.





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Course Content and Module:-

Module	Title	Content
Module 1	Introduction	- Introduction and bacterial taxonomy
		- Morphology and Physiology of bacteria
		- Overview of the course content and learning objectives
		- Sterilization and Disinfection
Module 2	Demonstration	- Identification of bacteria
		- Biomedical waste management
		- Introduction to Staining
		- Understanding Different types of staining
Module 3	Preparation	- Demonstration of various staining methods
		- Bacterial smear preparation demonstration
		- Smear fixation demonstration
		- Hands-on exercises in various staining methods
Module 4	Certification	- Hands-on exercises in preparing bacterial smear
		- Application of gram staining
		- Common errors in staining
		- Awarding of course completion certificates
		- Recognition of outstanding performance and active participation

Course Outcome:-

1. Understanding Microorganisms: Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
2. Diagnostic Techniques: Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
3. Disease Identification: Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
4. Infection Control: Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
5. Antimicrobial Agents: Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
6. Clinical Correlation: Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
7. Laboratory Skills: Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
8. Quality Assurance: Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
9. Emerging Infections: Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
10. Ethical and Safety Considerations: Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.





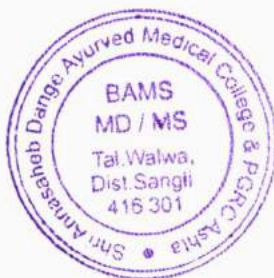
Assessment of Students: Students will be assessed through a final exam and Viva 50/50 marks total 100 marks exam will be taken.

Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	09.30am to 11.30am	06/09/2019	Dr. R. V. Desai	- Introduction and Bacterial Taxonomy - Morphology and physiology of bacteria - Overview of the course content and learning objectives - Staining Methods
Day Two 2 hr	09.30am to 11.30am	13/09/2019	Dr. V.A. Kalavade..	- Sterilization and Disinfection - Identification of bacteria - Normal microbial flora of human body
Day Three 2hr	09.30am to 11.30am	20/09/2019	Dr. R.V. Desai	- Hospital acquired infections - Biomedical Waste Management
Day Four 2hr	09.30am to 11.30am	27/09/2019	Dr. V.A. Kalavade.	- Bacteriology of water, milk, air and food
Day Five 2hr	09.30am to 11.30am	01/10/2019	Dr. V.A. Kalavade.	- Practical application of Staining Methods
Day Six 2hr	09.30am to 11.30am	04/10/2019	Dr. R.V. Desai	- Common errors in Staining
Day Seven 2hr	09.30am to 11.30am	11/10/2019	Dr. R.V. Desai	Final Exam and Viva
Day Eight 2 hr	09.30am to 11.30am	18/10/2019	Dr. V.A. Kalavade	- Awarding of course completion certificates - Recognition of outstanding performance and active participation



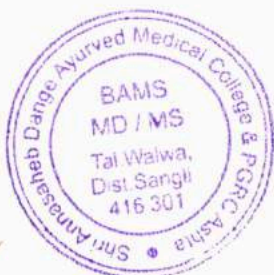
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Photographs:

Learning micropaths



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Certificate Course in Shalakyatantra - Kriyakalpa
Academic Year 2019-20

Dept. : Shalakyatantra.
Course Code : 3213-V-XVI-B
Year : 2019-20
Coordinator : Dr. Suresh Wagh and Dr. Pournima Fasale
Time : 2 hours weekly
Duration : Two Months
Venue : Shalakya Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The eyes hold a special place in the world of Ayurveda, not only as windows to the soul but also as crucial indicators of one's overall health. Netra Aschotan and Parishek Kriyakalpa are traditional Ayurvedic therapies dedicated to nurturing and rejuvenating the eyes. This certificate course, meticulously designed for 4th Year Bachelor of Ayurvedic Medicine and Surgery (BAMS) students, delves into the profound realm of ocular care within the Ayurvedic framework.

Netra Aschotan Kriyakalpa focuses on cleansing the eyes through herbal decoctions, while Parishek Kriyakalpa involves soothing the eyes with specialized medicated eye drops. These therapies are rooted in ancient Ayurvedic wisdom, providing holistic solutions to various eye disorders and promoting ocular health.

This course is a unique opportunity for BAMS students to explore the intricacies of Netra Aschotan and Parishek Kriyakalpa, uncovering their therapeutic potential and understanding their applications in modern Ayurvedic practice. Students will embark on a journey of discovery, deepening their knowledge of Ayurvedic principles as they relate to ocular care.





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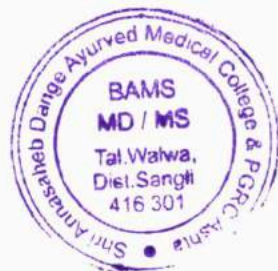
Throughout the program, students will gain both theoretical and practical insights into these therapies, equipping them with the skills to deliver specialized eye care. The course will delve into the anatomy and physiology of the eyes, herbal formulations, preparation techniques, and the art of administering these therapies effectively.

Upon completion of this course, 4th Year BAMS students will emerge as proficient Ayurvedic eye care practitioners. They will not only possess the knowledge to diagnose and treat various eye conditions but also the ability to provide patients with holistic and natural solutions that align with the principles of Ayurveda.

This certificate course offers a pathway for aspiring Ayurvedic healers to deepen their understanding of ocular health, enhance their therapeutic skills, and contribute to the well-being of individuals facing eye-related challenges. Whether your aim is to specialize in Ayurvedic ophthalmology or simply to broaden your skill set within the field of Ayurvedic medicine, this course is your gateway to becoming a well-rounded and proficient practitioner in the realm of Ayurvedic eye care.

Course Content:

Sr.No.	Content
1.	Introduction to Ayurveda in Eye Care
2.	Eye Diseases and Conditions
3.	Netra Kriyakalpa Aschotan & Parishek Therapy
4.	Ayurvedic Treatment Planning
5.	Ethics and Legal Aspects
6.	Hands on Training.
7.	Assesment & Evaluation
8.	Project Submission





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E-mail: ashta.adamc@rediffmail.com

Session	Date & Time	Topic
Session 1	03/08/2019 02:15 pm – 04:30 pm	Introduction to Netra Aschotan & Parishek Kriyakalpa
Session 2	10/08/2019 02:15 pm – 04:30 pm	Anatomy and Physiology of the Eyes
Session 3	17/08/2019 02:15 pm – 04:30 pm	Preparation of Medicated Eye Wash Solutions
Session 4	24/08/2019 02:15 pm – 04:30 pm	Medicinal Herbs and Minerals for Ocular Health
Session 5	31/08/2019 02:15 pm – 04:30 pm	Administering Netra Aschotan Kriyakalpa
Session 6	07/09/2019 02:15 pm – 04:30 pm	Administering Parishek Kriyakalpa
Session 7	14/09/2019 02:15 pm – 04:30 pm	Indications, Contraindications, and Safety
Session 8	21/09/2019 02:15 pm – 04:30 pm	Practical Application and Q&A Session

Course Outcome:

- Proficiency in Ayurvedic eye care techniques.
- Deep understanding of Ayurvedic eye health concepts.
- Diagnosis and assessment skills for eye conditions.
- Ability to create personalized treatment plans.
- Proficiency in preparing treatment materials.
- Ethical and legal awareness in patient care.
- Patient-centered approach to eye care.
- Application of knowledge in clinical settings.
- Safe and hygienic practices.
- Holistic approach to eye health.
- Critical thinking and problem-solving.
- Effective communication with patients.
- Professionalism and self-reflection.
- Cultural sensitivity.
- Commitment to continuous learning and development.





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P I: Project No.1- Review of Literature

Collection of information related to Aschotan & Parishek In all samhita's.

P II: Project No.2- Introduction to Netra Kriyakalpa Aschotan & Parishek Therapy

Orientation and Theory

Anatomy and Physiology of the Eye

Diagnosis and Assessment

Treatment Materials and Preparation

P III: Project No.3- Hands-on Practice and Clinical Experience

Practical Session 1

Students divided into small groups for hands-on practice.

Guided practice in preparing Aschotan & Parishek materials.

Practice in applying Aschotan & Parishek therapy on a model eye.

Continued hands-on practice in Aschotan & Parishek therapy application.

Faculty supervision and feedback.



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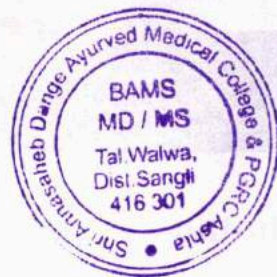


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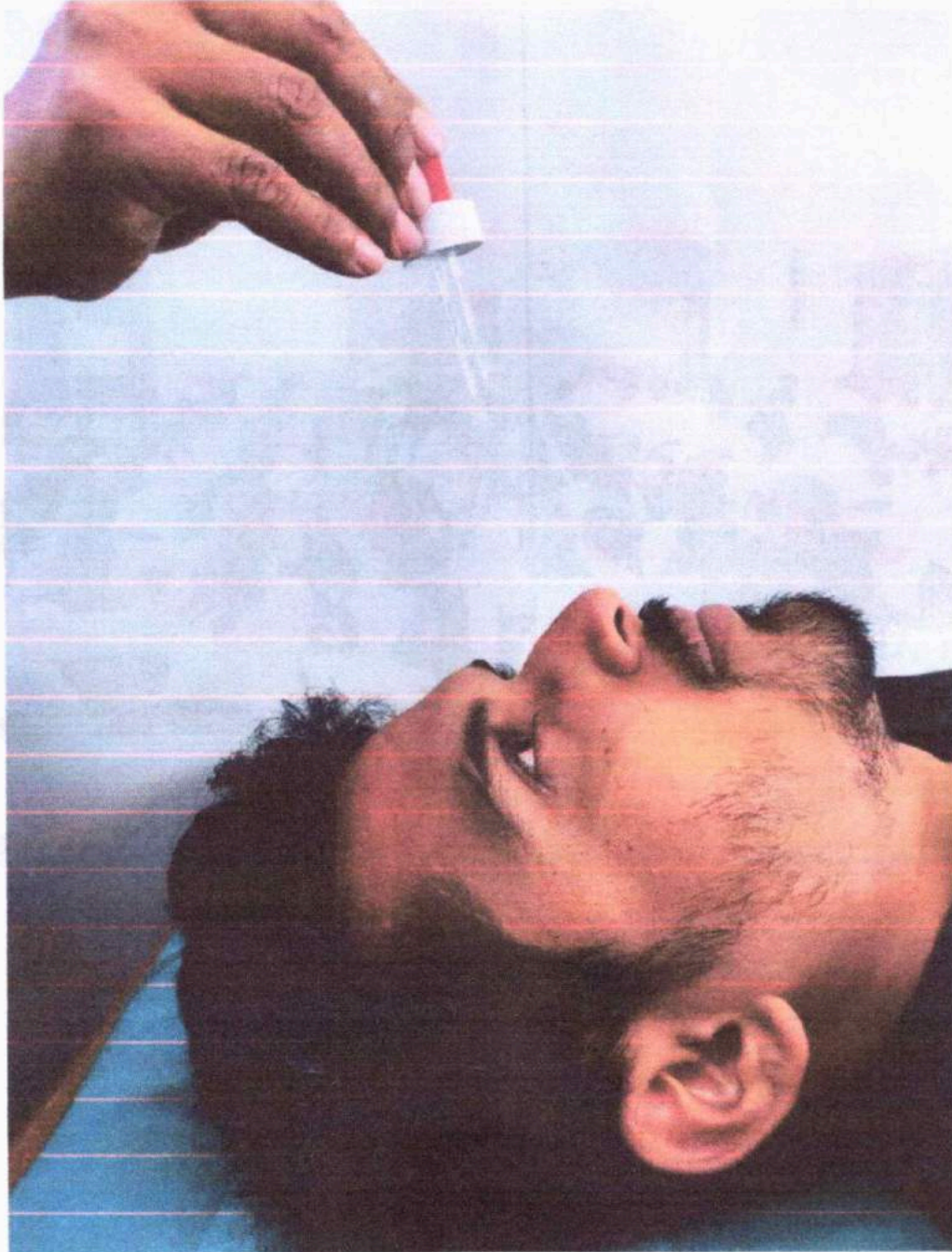
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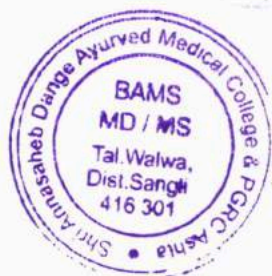
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Aschotan





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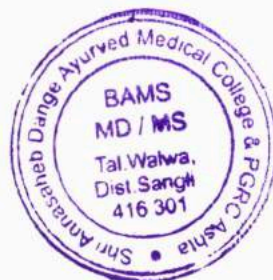
Website: www.adamcashta.com

E-mail: ashta.adame@rediffmail.com



Parishek

SSW
H.O.D.
Shalakyatantra Dept
A.D.A.M.C., ASHTA



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Date: 27/12/2019

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Applicant: Department of Shalyatantra

Subject: About the permission for value added Certificate course in Ksharkarma for
4th year students.

Respected Sir,

In our College Shalyatantra department wish to organize Certificate course for 4th year students in Ksharkarma from January 2020. This course will enhance their practical skills in Ayurveda and provide valuable insights.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.



[Signature]
HOD
HOD

Shri. Shalyatantra
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta

[Signature]
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Certificate Course in Ksharkarma Academic Year 2019-20

Dept.	: Shalya Tantra
Course Code	: 3213- V- 18-B
Year	: 2019- 2020
Coordinator	: Dr. Akbar Walandkar, Dr. Vijay Dange
Time	: 2 hours weekly
Duration	: 16 hours
Venue	: Shalyatantra Department, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

Kshara is a caustic chemical, alkaline in nature obtained from the ashes of medicinal plants. It is a milder procedure compared to surgery and thermal cautery. It is the superior most among the sharp and subsidiary instruments because of performing excision, incision and scraping. It is versatile, because even such places that are difficult in approach by ordinary measures can be treated by Kshara Karma. It is more effective than the other modalities of treatment, because they can be administered both internally and externally. Kshara Karma is useful as the substitute of surgical instruments, because they can be used safely on the patients who are afraid of surgery.

Classification

On the basis of Administration –

Pratisaaraneeya Kshara – External application

Paneeeya Kshara – Internal application

On the basis of Concentration – Mild, Moderate and Highly

Preparation

It is prepared with Apamarga Kshara (Ash of Achyranthes aspera), Sankhanabhi (conchshell) and Chitraka (Paste of Plumbago gelanica). The PH value of Teekshna Apamarga Kshara is 13.5

Properties of Kshara

- Prepared Kshara, being a composite of many drugs, alleviates three doshas.
- Being white in colour it is plain.
- As it is made of drugs having pungent, hot, sharp, digestive property, it does cauterizing, digesting and splitting actions.





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- If used in excess it can result in impotency.
- Externally it has: Cleansing, Heating, Absorbent and Scraping properties
- Internally it destroys: Worms, Amadosha, Kaphadosha, Skin diseases, Poison and Obesity.

Indications of Kshara –

- Internal Haemorrhoids
- After **Fistulectomy**
- Rectal prolapse
- After excision of pilonidal sinus
- After Incision and drainage of Anorectal abscess.

Advantages of Kshara Therapy

- Postoperative pain is mild in intensity.
- No bleeding
- Minimum hospitalization – one day care
- No scope for recurrence
- No stricture formation (if correct procedure is followed)

Course Content:

Sr.No.	Content
1	Introduction to Ksharkarma
2	Types of kshar
3	Anatomy and Physiology of targeted Areas
4	Drug formulation and selection
5	Mechanisms of drug penetration
6	Safety and adverse effects
7	Case studies and practical applications
8	Regulatory and ethical considerations
9	Future trends in Ksharkarma





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Course Schedule

Session No.	Date	Time	Topic	Faculty
Session 1	Jan 03, 2020	09.30 AM - 11:30 AM	Introduction to Ksharkarma & Types of kshar	Dr. Akbar Walandkar Dr. Vijay Dange
Session 2	Jan 10, 2020	09.30 AM - 11:30 AM	Anatomy and Physiology of targeted Areas	Dr. Akbar Walandkar Dr. Vijay Dange
Session 3	Jan 17, 2020	09.30 AM - 11:30 AM	Drug formulation and selection	Dr. Akbar Walandkar Dr. Vijay Dange
Session 4	Jan 24, 2020	09.30 AM - 11:30 AM	Mechanisms of drug penetration	Dr. Akbar Walandkar Dr. Vijay Dange
Session 5	Jan 31, 2020	09.30 AM - 11:30 AM	Safety and adverse effects	Dr. Akbar Walandkar Dr. Vijay Dange
Session 6	Feb 07, 2020	09.30 AM - 11:30 AM	Case studies and practical applications	Dr. Akbar Walandkar Dr. Vijay Dange





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Session 7	Feb 14, 2020	09.30 AM - 11.30 AM	Regulatory and ethical considerations	Dr. Akbar Walandkar Dr. Vijay Dange
Session 8	Feb 21, 2020	09.30 AM - 11.30 AM	Future trends in Ksharkarma	Dr. Akbar Walandkar Dr. Vijay Dange

Course Outcome:

1. Learning about different methods of drug administration.
2. Understanding the principles of drug absorption and distribution.
3. Recognizing the importance of selecting appropriate administration routes.
4. Practical skills in administering ksharkarma locally.
5. Potential complications and side effects of ksharkarma application.

PI: Project No.1 Collection of Data.

P II: Project No.2- Demonstration of Ksharkarma

P III: Project No.3- MCQ Test

Research Proposal Submission:

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Key Indicator – 1.3 Curriculum Enrichment		
1.3.2 Number of value added courses offered during the last 5 years that impart transferable and life skills		
Name of the value-added courses with 15 or more contact hours Academic Year 2018-19		
Name of the value-added courses	Course Code	Contents
PAVAN YOGA CERTIFICATE COURSE	3213-V-I	Activity report
PROFESSIONAL ETHICS	3213-V-III	Activity report
CPR TRAINING	3213-V-IV	Activity report
CERTIFICATE COURSE IN GARDENING TECHNIQUES IN MEDICINAL PLANTS	3213-V-VI	Activity report
CERTIFICATE COURSE IN PREGNANCY, NUTRITION, DIETETICS AND AYURVEDIC PHARMACEUTICS	3213-V-IX	Activity report
CERTIFICATE COURSE IN LEARNING SEMISOLID DOSAGES FORMS	3213-V-XI	Activity report
CERTIFICATE COURSE IN MICROPATH	3213-V-XIII	Activity report
CERTIFICATE COURSE IN SHALAKYA KRIYAKALPA (NETRA TARPANA)	3213-V-XVI-A	Activity report
CERTIFICATE COURSE IN JALAUKA VCHARAN	3213-V-XVIII-A	Activity report



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Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli.



PAVAN YOGACERTIFICATE COURSEREPORT

Title of Activity:- Pavan Yoga Certificate Course

Course Code:3213-V-I

Organized by the Department -Department of Swasthavritta& Yoga

Date:-01/08/2018 To 07/09/2018**Time:-**7:00 am- 8:00am**Duration:-** 30 hrs (1hour/day)

Venue:- Auditorium Hall, Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Course Coordinator- Dr. Nitin Tatpuje, HOD,Department of Swasthavritta& Yoga

Subject: Conduction of Yoga Demonstration of BAMS Students

Objectives:

- To create awareness about yoga
- To perform asanas, pranayams and bandhas precisely
- To conduct the practice of yoga therapy

Description: -

With the permission of college council and authorities certificate course of Pavan Yoga has been conducted 30 hours. The course was coordinated by Dr. Nitin Tatpuje with the help of Dr. Ujwala Dabade, Dr. Ashwini Khot and Mr. Harshavardhan Swami. Practical demonstration was conducted by Mr. Harshavardhan Swami as per prescribed syllabus. Total 16 students participated in this course. All participants were assessed and evaluated by higher gradation.

As per feedback analysis students were satisfied and well performed in this course

Outcome:

- Students got knowledge of Yoga
- Students are able to perform Asanas and Pranayam properly
- Students understood practical and therapeutic use of Yoga.



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College, Ashta, Tal. Walwa, Dist. Sangli



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301

Phone : 02342-241103/241108, Fax - 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

PAWAN YOGA COURSE





Sant Dnyaneshwar Shikshan Sanstha's
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ACTIVITY REPORT

NAME OF DEPT.:- AGADTANTRA AVUM VIDHIVAIIDYAKA YEAR: 2018-19

Title of Event / Activity: - PROFESSIONAL ETHICS COURSE

Date: - 20 /02/2018 to 10/04/2018

Time: - 04:10pm -05:10pm

Duration: - 32 hrs

Total Students Enrolled: - 58

Objectives of event / activity:-

- Introduction to Medical Ethics
- Medical Ethics Overview
- Clinical Topics in Medical Ethics
- Ethics for Health Care Professionals

Description:-

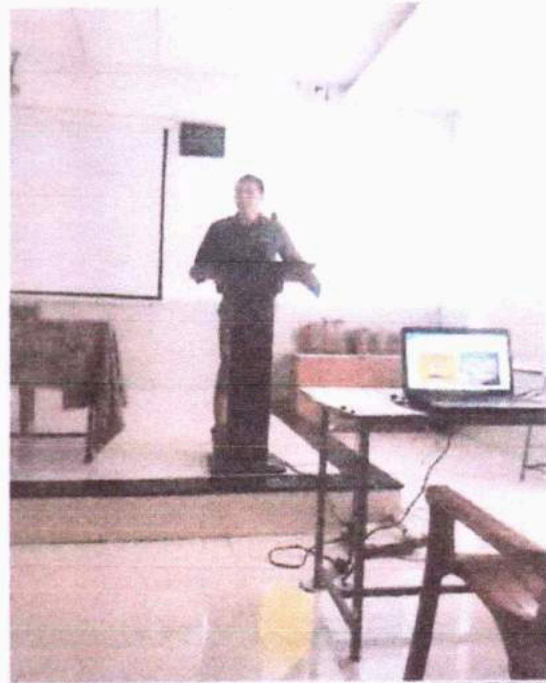
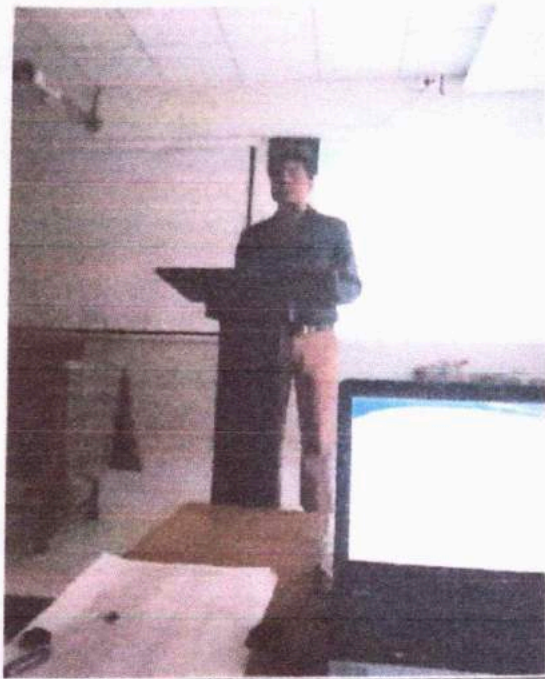
Event / Activity Report

1. To inculcate Ethics and Human Values into the young minds.
2. To develop moral responsibility and mould them as best professionals.
3. To create ethical vision and achieve harmony in life.
4. The Doctor-Patient relationship is a specially privileged relationship in our society. As a result, physicians are afforded access to information and confidences by patients that are not available to anyone else. Along with this privilege comes a series of professional responsibilities for physicians. More is expected of physicians than from most other professionals in our society.

Outcome of event:-

Having studied the program, you will emerge with an understanding of medico-legal issues not just in the legal context, but with a sound grounding in ethics, social and theoretical contexts.





**CODE OF MEDICAL ETHICS PRACTICES CONDUCTED BY
DEPT. OF AGADTANTRA**



[Handwritten Signature]
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B.S.D. Anantabai Dange Ayurved Medical
College, Ashra, Tal. Walwa, Dist. Sangli



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College

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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE
INDEX

Sr No	Content
1	CPR Course Brochure
2	Course Permission letter
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6	Attendance
7	Exam Que Paper & Answer key
8	Results with Grade
9	Feedback Analysis
10	Feedback Samples
11	CPR Workshop Guest Lecture Report
12	Photographs
13	Certificate



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College, Ashta, Tal. Walwa, Dist. Sangli.



CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CARDIO PULMONARY RESUSCITATION TRAINING COURSE

ABOUT US

Hon. Shri Annasaheb Dange Ayurved Medical College and PG Research Center and Dhanwantari Hospital Ashta, Tal. Walwa, Dist. Sangli Maharashtra, India was established in the year 1999 with permission from the Government of Maharashtra, Central Council of Indian Medicine [C.C.I.M.] and Dept of AYUSH, Ministry of health and family welfare New Delhi, India.

VISION

Institute aspires to be world class to generate & sustain excellence in ayurvedic education and research in a supportive and stimulating academic environment. High quality research activity will be proposed in focused areas, with particular reference to research priorities of institute and public health problems. The institute will be a leader in transforming the health of communities through its purposeful integration of education, research and clinical care with compassion and highest ethical values.

MISSION

Institute provide the students a high academic potential with the ayurvedic Medical education of exceptional quality and prepare a physicians and other health care professionals to serve the humanity.

To create awareness regarding Ayurvedic lifestyle, Diet, and Yoga and provide health care services at the community level through well organized and sustained outreach programs.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

CPR COURSE

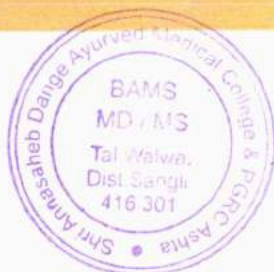
The Certified First Aid Professionals course of training held at our centre at Hon. Shri. Annasaheb Dange Ayurved College Ashita, Sangli.

Heart attacks are the leading cause of deaths in the India. As per the statistics, one-fifth of the deaths in India are from Coronary Heart Disease. By the year 2020, it will account for one-third of all the deaths in the country. There is an estimate of 45 million Coronary Artery Disease in India. With an increasing number of young Indians hooked to roller-coaster lifestyle and falling prey to coronary artery disease, the future looks even grimmer.

There is a huge need for Nurses, Paramedics, Doctors, First Responders and even general public to be aware of identifying the symptoms of the cardiac arrest and how to act in case of an emergency. When the people around you are in need of someone to rescue them, you need to have the skills to help them instantaneously. You are the difference between life and death. CPR is an important skill for preserving the life of a victim until they are able to receive better treatment, such as blood circulation.

COURSE OUTCOMES

Course is designed to provide the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. To empower health care providers & community to save lives Deliver protocol based training in Emergency medical Services and trauma care to healthcare providers. Effective networking for disaster awareness.





CPR TRAINING

Get trained. Save a life. You'll be glad you did.

COURSE ELIGIBILITY

*Fourth year students of BAMS
Internship Students of BAMS*

FACULTY

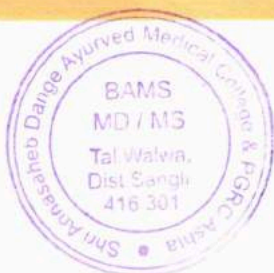
*Dr. Parag Deshmukhe
Dr. Smita Lokhande
Dr. Rupali Patil
Dr. Varsha Khot
Dr. Sushant Kanase*

DURATION OF COURSE

17 weeks

SCHEDULE

2 Hrs. per week - every Saturday



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Sant Dnyaneshwar Shikshan Sanstha's
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DEPARTMENT OF KAYACHIKITSA
CARDIO PULMONARY RESUSCITATION (CPR)
TRAINING COURSE (2018 -19)

COURSE CONTENT (SYLLABUS)

THEORY

1. Introduction to CPR training
2. Objectives/Responsibilities of First Aider
3. Assessment of Casualty/Unconsciousness
(i) History, (ii) Situation, (iii) Signs, (iv) Symptoms
4. Anatomy of Human Body- discussion on Respiratory, Circulatory & Skeletal system of our body
5. Asphyxia/Airway Obstruction- Choking, Asthma, Drowning
6. Resuscitation (CPR) - Methods of artificial respiration & Chest compression
7. Heart Attack & Cardiac Arrest
8. First aid management of following injuries:
 - (i) Bleeding, Wounds & Shock
 - (ii) Injuries to bone joints and muscles- Triangular Bandage & Arm slings
 - (iii) Neck & Spinal injuries
 - (iv) Heat injuries- Heat stroke, Heat Exhaustion, Hypothermia
 - (v) Eye/Ear/Nose injuries
 - (vi) Epilepsy / Fits
 - (vii) Poisonous bites & Stings
 - (viii) Burn/Scalds





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		Exhaustion, Hypothermia	
11	11.08.2018	First aid management of Epilepsy/Fits, Poisonous bites & Stings, Burn/Scalds	Dr Patil
12	18.08.2018	Assessment of Casualty	Dr Kanase
13	25.08.2018	Management of Fractures & Dislocations- Modified splinting	Dr Lokhande
14	01.09.2018	Use of triangular bandage for making large arm sling	Dr Kanase
15	08.09.2018	First aid management of Eye/Ear/Nose injuries	Dr Deshmukhe
16	15.09.2018	Transportation of Patient: Hand Seats, Stretcher Carry	Dr Khot
17	22.09.2018	Recovery Position	Dr Patil

STUDENT LEARNING OUTCOMES / LEARNING OBJECTIVES

This class is designed to introduce both life threatening and non-life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation. The course will include infant, child and adult one-man CPR, use of an AED, rescue breathing and obstructed airway skills with the opportunity for American Red Cross (ARC) certification in each age group. Additional skills such as basic splinting, bandaging and proper use of gloves will also be introduced.

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PRACTICALS

1. Bag-mask techniques for adult, child and infant
2. CPR with an advanced airway
3. Assessment of Casualty
4. Management of Fractures & Dislocations- Modified splinting
6. Use of triangular bandage for making large arm sling
7. Recovery Position
8. Transportation of Patient: Hand Seats, Stretcher Carry.

ATP

SR. NO.	DATE	TOPIC	Faculty Name
1	02.06.2018	Introduction to CPR training	Dr Khot
2	09.06.2018	Objectives/Responsibilities of First Aider	Dr Patil
3	16.06.2018	Assessment of Casualty/Unconsciousness	Dr Kanase
4	23.06.2018	Asphyxia/Airway Obstruction- Choking, Asthma, Drowning	Dr Lokhande
5	30.06.2018	Resuscitation(CPR)- Methods of artificial respiration & Chest compression	Dr Khot
6	07.07.2018	Bag-mask techniques for adult, child and infant CPR with an advanced airway	Dr Patil
7	14.07.2018	Heart Attack & Cardiac Arrest	Dr Kanase
8	21.07.2018	First aid management of Bleeding, Wounds & Shock	Dr Lokhande
9	28.07.2018	First aid management of Injuries to bone joints and muscles- Triangular Bandage & Arm slings	Dr Deshmukhe
10	04.08.2018	First aid management of Heat injuries- Heat stroke, Heat	Dr Khot



Sant Dnyaneshwar Shikshan Sanstha, Islampur's

**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE,
ASHTA**

NAME OF DEPARTMENT: KAYACHIKITSA

YEAR: - 2018

EVENT / ACTIVITY REPORT

Title of Course: - CPR Training Course

Date: -02.06.2018 to 22.09.2018

Time: - 2.30pm – 3.30pm Every Saturday

Duration:- 17weeks

Venue: - Auditorium Hall, ADAMC, Ashta.

Objectives of event / activity: -

1. To raises awareness about Cardio Pulmonary Resuscitation.
2. To understand the condition of patient suffering from Cardiac Arrest and Asphyxia.
3. To perform airway management by using appropriate equipments for resuscitation.

Report

Description

Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta, Department of Kayachikitsa organized Cardio Pulmonary Resuscitation Training Course for final year BAMS students.

Training course was conducted by faculties of department of kayachikitsa according to syllabus and ATP. Participants were trained by using simulations of CPR. Lectures were delivered regarding CPR.



We invited Dr.Sangeeta Saymote for delivering lecture and demonstration on Cardio Pulmonary Resuscitation as a guest speaker on 15.06.2019. He was given demonstration and hands on training of CPR on manikins and using resuscitation kit.

This course was helpful in up gradation of knowledge about CPR. Students acquired ability to recognize Assessment of life threatening emergencies and provide CPR using equipment of CPR.

This program was successfully completed under guidance of Head of department and Co-coordinator of CPR program, 65 students were participated in this program.

Outcome of event

This course was helpful in imparting knowledge and giving hands on training about Resuscitation to the participation.

List of documents attached:

1. Permission letter
2. CPR training workshop documents
3. Attendance list of students
4. Feedback from students
5. Photos of event.



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Kayachikitsa Dept
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CPR TRAINING PROGRAMME

Dept. of Kayachikitsa

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CPR TRAINING PROGRAMME

Dept. of Kayachikitsa



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Date- 19/10/2018

ACTIVITY REPORT

Certificate course in Gardening Techniques in Medicinal Plant 2018-19

Dept.: Dravyaguna Vignyan
Course Code: 3213-V-VI
Year: 2018-2019
Coordinator: Dr. Ashok G. Wali
Time: 2 hours weekly
Duration: Two Months
Venue: Charak Herbal Garden,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

Welcome to the "Ayurvedic Gardening Techniques for Medicinal Plants" course. This course is designed to provide a comprehensive understanding of how to cultivate, care for, and utilize medicinal plants following the principles of Ayurved. You will learn how to integrate Ayurvedic wisdom into your gardening practices to create a harmonious environment that promotes both plant health and holistic well-being.

Course Content:

Sr. No.	Content
1	Herb Cultivation and Care
2	Shrub management and Medicinal properties
3	Twinning designs
4	Nurturing ayurvedic trees
5	Harvesting and processing



A. S. Pawar
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Date-03/07/2018

To,
Principal,
ADAMC,
Ashta.

Subject: Permission Letter for Conducting Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics

Respected sir,

I hope this letter finds you well. I am writing to seek your permission to conduct a Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics under Prasutitantra and striroga department. The purpose of this course is to provide comprehensive education and training to individuals interested in promoting healthy nutrition practices during pregnancy.

Course Details:

Title: Certificate Course in Pregnancy Nutrition, Dietetics, and Pharmaceutics.

Duration: 8 days

Venue: 3rd year classroom

Permission Granted

[Signature]
PRINCIPAL



Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli

[Signature]
HOD

Prasutitantra and striroga department



ADAMC

An ISO 9001: 2015

संत ज्ञानेश्वर शिक्षण संस्थेचे,

**मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.**

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110

Approved by C.C.I.M, New Delhi

● Affiliated to Maharashtra University of Health Sciences, Nashik

Ref.No.ADAMC/ 824-A/2018

Date : 04/07/2018

To

The HOD,

Prasutitantra and strirog Department,

Hon, Shri Annasaheb Dange Ayurved Medical College, Ashta.

Subject: Permission to conduct certificate course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Respected Sir,

With reference to your requisition letter dated 03/07/2018 you are permitted to start new certificate Course in "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics" The council has allotted the following .

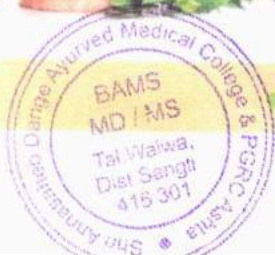
Course Name : "Pregnancy nutrition, dietetics and Ayurved Pharmaceutics"

Course code : 3213- V-IX

Duration : 8 days

The Coordinator for the course will be Dr. Radha Phadnis

Annual Report of the course should be submitted to the council.



Web Site :- www.adamcashta.com ● Email :- ashta.adamc@gmail.com



**HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL
COLLEGE AND RESEARCH CENTER, ASHTA**

**DEPARTMENT OF PRASUTI TANTRA EVUM
STIROGA**

ACTIVITY REPORT

Certificate Course

In Pregnancy Nutrition, Dietetics and Pharmaceutics

Conducted by :

Department of Streerog Avum Prasutitantra

ADAMC , Ashta.

Batch 2018-2019

Course code- 3213-V-IX





Sant Dnyaneshwar Shikshan Sanstha's

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E-mail : ashta.adamez@gmail.com

**'Certificate course in pregnancy - Nutrition, Dietetics
and Ayurvedic pharmaceuticals'**

Academic Year 2018-2019

Department : PrasutitantraEvumStreeroga

Course Code : 3213-V-IX

Year : 2018- 2019

Coordinator : Dr. RadhaPhadnis

Members : HOD and Professor - DrSachinPatil

Dr. DilipKatare

Dr. MilindHirave

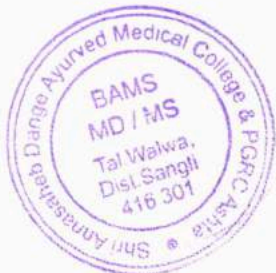
Dr. Digvijay Pawar

Dr. AshwiniBhandvalkar

Time : 2 hours per day

Duration : 8 days (16 hrs)

**Venue: Prasutitantra Evum Streeroga Department, III year classroom,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta**





Sant Dnyaneshwar Shikshan Sanstha's

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Introduction:

Pregnancy is a remarkable journey that requires special attention to ensure the health of both the mother and the developing fetus. This certificate course focuses on three essential pillars: nutrition, dietetics, and Ayurvedic pharmaceuticals, to offer a comprehensive perspective on supporting a healthy pregnancy.

This 'Certificate course in pregnancy - Nutrition, Dietetics and Ayurvedic pharmaceuticals' is designed to provide you with a deep understanding of the crucial aspects of pregnancy care through the lenses of nutrition, dietetics, and Ayurvedic pharmaceuticals. You're going to be a healthcare professional so aiming to enhance your expertise or an individual interested in learning about holistic approaches to pregnancy wellness, this course offers valuable insights into promoting the health and well-being of expectant mothers and their unborn children.

1. Nutrition and Pregnancy : Understand the critical role of nutrition in pregnancy. Learn about the specific dietary requirements for different stages of pregnancy, essential nutrients, meal planning, and managing common pregnancy-related discomforts through diet.
2. Dietetics for Pregnancy : Explore the science of creating balanced and nourishing meal plans tailored to the unique needs of pregnant women. Discover how to address challenges such as gestational diabetes, weight management, and ensuring optimal maternal and fetal health.
3. AyurvedicPharmaceutics : Delve into the ancient wisdom of Ayurveda and its application in pregnancy care. Explore herbal remedies, dietary guidelines, and lifestyle practices rooted in Ayurvedic principles to promote a harmonious pregnancy experience.

This course will help to learn :

- The principles of Ayurveda and how they relate to pregnancy care.
- Herbal supplements and formulations recommended in Ayurveda to support pregnancy health.
- Strategies to alleviate common pregnancy discomforts using natural approaches.

The physiological changes that occur during pregnancy and their impact on nutritional requirements.

The course is designed to be engaging and accessible, with a mix of theoretical knowledge, practical applications, and case studies. Interactive sessions, reading materials, and hands-on exercises will enhance learning experience and empower to apply the knowledge effectively.

By the end of this course, student will gain a comprehensive skill set to support and guide expectant mothers towards a joyful and well-nourished pregnancy.





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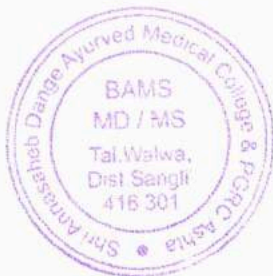
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Course ATP

Day	Topic
1.	<ul style="list-style-type: none">- Introduction of course- Garbhadhanvidhi -<ol style="list-style-type: none">1. Preconception Nutrition and health.2. Nutrients and supplements to start before pregnancy (Ayurvedic and modern aspect)- Ayurvedic concept of Nutrition.
2.	<p>Anatomical and physiological changes during pregnancy.</p> <ul style="list-style-type: none">- Changes in hormones during pregnancy.- Changes in weight and metabolic during pregnancy- Changes in reproductive organs.- Changes in cardiovascular health.
3.	<ul style="list-style-type: none">- Understanding three trimesters.- Evaluation session.
4.	<ul style="list-style-type: none">- Trimester wise nutrition requirements. Carbohydrates & their importance. Fats and proteins during pregnancy. Micronutrients and their importance in pregnancy.- Anaemia in Pregnancy.- Calcium deficiency in pregnancy.
5.	<ul style="list-style-type: none">- Ayurvedic concept of food in Pregnancy.- Ayurvedic nutrition and diet guidelines through each month (Masanumasikgarbhiniparicharya)- Food and food recipes toxic in pregnancy.
6.	<ul style="list-style-type: none">- Routine supplementary ayurvedic medicines in pregnancy.- Evaluation session
7.	<ul style="list-style-type: none">- Management of minor ailments in pregnancy.- Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.
8.	<ul style="list-style-type: none">- Healthy pregnancy food. Demonstration of food recipes.- Demonstration of Ayurvedic therapies beneficial in pregnancy.





Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College

A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301

Phone : 02342-241103/241108, Fax - 02342-241110

Website : www.adamcashta.com

E-mail : ashta.adamc@gmail.com

Course Lecture:

Day	Date	Topic	Conducted By
1.	03/08/2018	Introduction of course Preconception Nutrition and health.	Dr. DilipKatare
2.	04/08/2018	Anatmical and physiological changes during pregnancy.	Dr. RadhaPhadnis
3.	06/08/2018	- Understanding three trimesters. - Evaluation session.	DrSachinPatil
4	07/08/2018	- Anaemia in Pregnancy. Calcium deficiency in pregnancy	Dr. DilipKatare
5.	08/08/2018	- Ayurvedic concept of food in Pregnancy.	Dr. MilindHirave
6.	09/08/2018	- Routine supplementary ayurvedic medicines in pregnancy. - Evaluation session	Dr. DigvijayPawar
7.	10/08/2018	- Management of minor ailments in pregnancy. - Ayurvedic perspective for treating Obesity, Thyroid dysfunction, GDM, PIH, IUGR, and Oligohydromnios.	Dr. AshwiniBhandvalkar
8.	11/08/2018	- Healthy pregnancy food. Demonstration of food recipes. - Demonstration of Ayurvedic therapies beneficial in pregnancy.	: Dr. RadhaPhadnis





Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College

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Course Outcome:

Ayurvedic Insights : Participants will gain a solid foundation in Ayurvedic principles and their application in pregnancy care. They will understand how to integrate Ayurvedic dietary guidelines and herbal formulations to promote holistic well-being during pregnancy.

Comprehensive Pregnancy Knowledge : Graduates will possess a deep understanding of the physiological changes that occur during pregnancy, the nutritional requirements for different stages of pregnancy, and the impact of diet on maternal and fetal health.

Gestational Health Management : Graduates will have the tools to effectively manage gestational health issues such as gestational diabetes, excessive weight gain, and nutritional deficiencies through evidence-based dietary interventions.

Holistic Approach : Participants will develop a holistic perspective on pregnancy care, considering both the physical and emotional aspects of the experience. They will be able to guide expectant mothers in maintaining a balanced lifestyle and well-being.

Effective Communication : Graduates will enhance their communication skills to interact sensitively and effectively with pregnant women, understanding their concerns and providing practical guidance related to nutrition, dietetics, and Ayurvedic principles.

Evidence-Based Practice : Participants will be able to integrate evidence-based practices from the fields of nutrition, dietetics, and Ayurveda, ensuring that their recommendations are grounded in current research and traditional wisdom.

Personal Enrichment : Individuals seeking personal enrichment will gain valuable insights into maintaining health and wellness during pregnancy, fostering a positive pregnancy experience for themselves or their loved ones.

Overall, the course outcomes will empower participants to provide comprehensive support to pregnant women through a synergistic blend of modern nutritional science, dietetics, and ancient Ayurved. **Professional Growth:** Completion of the course will open up new opportunities for healthcare professionals, nutritionists, dietitians, and wellness practitioners to specialize in pregnancy care, expanding their professional repertoire and client base.

Nutritional Expertise : Participants will be equipped with the knowledge and skills to design and recommend balanced and nourishing meal plans tailored to the unique needs of pregnant women. They will understand the essential nutrients required for optimal pregnancy outcomes.





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Hon. Shri. Annasaheb Dange Ayurved Medical College

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E-mail : ashta.adamc@gmail.com

PI:Project No.1-Poster Presentation. (30 marks)

Competition Objectives :

1. Encourage participants to apply their knowledge of nutrition, dietetics, and Ayurvedic principles to create poster that support healthy pregnancies.
2. Poster innovation and creativity in developing nutritious meals plan that help to know dietary needs of expectant mothers.
3. Provide a platform for participants to share their culinary skills, collaborate, and learn from each other.

Competition Guidelines:

1. Participants should work in teams, collaborating to develop and present their recipes.
2. Recipes should be specifically designed to meet the nutritional needs of pregnant women, considering essential nutrients and dietary requirements.
3. Each poster should be accompanied by a brief description of its nutritional benefits and its relevance to pregnancy care.

Judging Criteria :

1. Nutritional Value: How well the poster meets the nutritional needs of pregnant women.
2. Creativity and Innovation: The uniqueness of the recipe and how well participants have incorporated course concepts.
3. Flavor and Taste: Judges' assessment of the Poster's overall.
4. Presentation: The visual appeal of the showcased through photographs.

P II:Project No.2-ANC Case Taking. (25 marks)

Competition Objectives :

1. Allow participants to demonstrate their grasp of pregnancy-related topics, nutrition, dietetics, and Ayurved principles.
2. Encourage effective communication and presentation skills.
3. Provide a platform for participants to share insights, research, and practical applications.

Competition Guidelines :

1. Presentations should be well-researched, evidence-based, and align with the course concepts.
2. Each presentation should be visually engaging, utilizing multimedia elements such as slides, images, and diagrams.
3. Presentations should be clear, concise, and designed to educate and engage an audience.





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Website : www.adamcashta.com

E-mail : ashita.adame@gmail.com

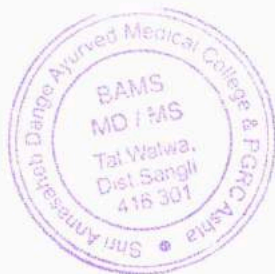
Judging Criteria :

1. Content and Knowledge: Accuracy, depth, and relevance of information presented.
2. Communication Skills: Clarity, confidence, and ability to effectively convey complex concepts.
3. Visual Presentation: Quality and creativity of visual aids used in the presentation.

Project Submission:

Assignment completed List

Sr. No.	Name of Student	PI	PII
1.	ChougulePournimaPandu	Yes	Yes
2.	DhaygudeAniket Ashok	Yes	Yes
3.	EkhandeAmey	Yes	Yes
4.	GhodakeSwapnilKhandera	Yes	Yes
5.	JadhavSanket Sanjay	Yes	Yes
6.	KoliShivraj Suresh	Yes	Yes
7.	Lade Aditya Rajkumar	Yes	Yes
8.	MalgaveMitaliDhaval	Yes	Yes
9.	Mane KrantiDattatray	Yes	Yes
10.	SaravadePradnyaMahadev	Yes	Yes
11.	SarolkarShubhamDattatray	Yes	Yes
12.	ShahaVaibhavGulabchand	Yes	Yes
13.	RajiyaAllauddinTamboli	Yes	Yes
14.	ShraddhaLahuraoTandale	Yes	Yes
15.	VidhateSurajGanapat	Yes	Yes
16.	WalekarSangram Pradeep	Yes	Yes





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Feedback:

Feedback Analysis-

Sr. No.	Particulars	Strongly Dissatisfied	Strongly Satisfied
1	Were objectives of the course clear to you ?	4%	96%
2	The course contents met with your Expectation	00%	100%
3	The Lecture sequence was well planned	00%	100%
4	The level of the course was?	6.1%	93.9%
5	The course contents compared with your expectations.	39.4%	60.6%
6	The course exposed yet to new knowledge and practices.	00%	100%
7	Will you recommend this course to your colleagues.	07%	93%
8	The lectures were clear and easy to understand.	03%	97%
9	The Teaching aids were effectively used.	00%	97%
10	The course material handed out was adequate.	00%	100%

(Figures in the table are in percentage)





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Website : www.adamcashta.com

E-mail : ashta.adamezz@gmail.com

Photographs:



Certificate course Lectures



[Signature]

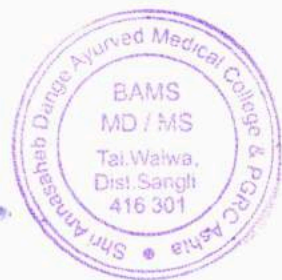
Lecturer
 Iyog & Prasuti Dept.
 A.D.A.M.C., Ashta

[Signature]
 XCD

Strioga & Prasuti Tantra Dept
 Hon. Shri. Annasaheb
 Dange Ayurved Medical
 College & PGRC, Ashta

[Signature]
PRINCIPAL

**Shri. Annasaheb Dange Ayurved Medical
 College, Ashta, Tal. Walwa, Dist. Sangli**





Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
A/p: Ashta, Tal. : Walwa, Dist: Sangli – 416 301
Phone: 02342-241103/241108, Fax – 02342-241110
Website: www.adamc.ac.in E-mail: ashta.adamc@gmail.com

Date- 09/03/2019

ACTIVITY REPORT

Certificate course in Learning Semisolid Dosages Forms 2018-19

Department: Rasashastra evum Bhaishyajya Kalpana
Course Code: 3213-V-XI
Year: 2018- 2019
Coordinator: Dr Mahesh Inamdar & Dr Shraddha Shelke
Time: 2 hour weekly
Duration: 2 Months
Venue: Rasashastra Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post
Graduate & Research Center, Ashta.

Introduction:

Department of Rasashastra designed a certification course for the students to add addition information modern concept for Ayurvedic medicine preparation. Semisolid dosage forms find extensive application in dermatology, topical therapies and more. Their unique characteristics, such as ease of application and prolonged contact with the target site, make them an integral part of modern pharmaceutical development.

Semisolid dosage forms in Ayurveda, such as herbal pastes, ointments, and oils, are designed to facilitate the absorption of medicinal herbs through the skin, enhancing their therapeutic effects. These formulations are often used in massage therapies (Abhyanga) and external applications to promote relaxation, balance doshas, and address specific health concerns.



Understanding the formulation, manufacturing processes, quality control, and regulatory considerations associated with semisolid dosage forms is crucial for pharmaceutical professionals to ensure effective and safe treatment outcomes. This course provides a comprehensive exploration of semisolid dosages, equipping participants with the knowledge and skills necessary to excel in this dynamic field.

Course Content and Module:-

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none"> - Definition and significance of semisolid dosage forms - Ayurvedic Formulation and semisolid dosage forms - Overview of the course content and learning objectives - Types of semisolid formulations – Paste, Cream, Gel - Cultural and historical relevance of semisolid dosages in various healing traditions - Ayurved - Regulatory considerations and safety aspects
Module 2	Formulation	<ul style="list-style-type: none"> - Role of ingredients in semisolid formulations - Understanding rheology and flow properties - Selection and functions of excipients - Various manufacturing techniques: mixing, homogenization, etc.
Module 3	Application	<ul style="list-style-type: none"> - Practical application of semisolid formulations in traditional and modern healthcare systems - Hands-on exercises in preparing and applying herbal pastes and ointments - Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Module 4	Certification	<ul style="list-style-type: none"> - After successful Completion & Assessment , Awarding of course completion certificates - Recognition of outstanding performance and active participation

Course Outcome:-

1. Gain comprehensive understanding of semisolid dosage forms
2. Master formulation, manufacturing, and evaluation techniques
3. Develop expertise in quality control, stability, and regulations
4. Acquire knowledge of industry trends and best practices
5. Demonstrate proficiency through practical assessments and exams

Assessment of Students: Students will be assessed through a final exam and Viva, 60/40 marks out total 100 marks exam will be taken.



Student Result Gradation:

Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

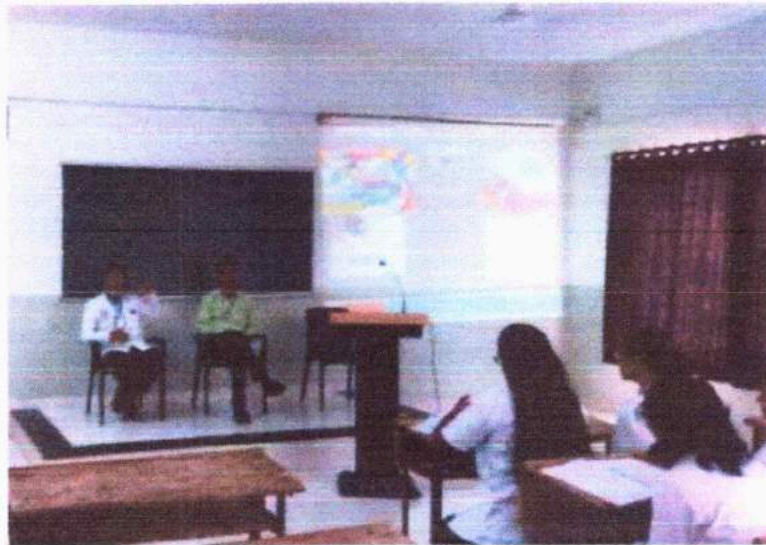
Day	Time	Date	Faculty	Content
Day one 2 Hr	3 pm to 5 pm	05/01/19	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Definition and significance of semisolid dosage forms- Ayurvedic Formulation and semisolid dosage forms- Overview of the course content and learning objectives- Types of semisolid formulations – Paste, Cream, Gel
Day Two 2 hr	3 pm to 5 pm	12/01/19	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Cultural and historical relevance of semisolid dosages in various healing traditions – Ayurved- Regulatory considerations and safety aspects- Role of ingredients in semisolid formulations
Day Three 2hr	3 pm to 5 pm	02/02/19	Dr Mahesh Inamdar	<ul style="list-style-type: none">- Understanding Rheology and flow properties- Selection and functions of excipients
Day Four 2hr	3 pm to 5 pm	09/02/19	Dr Shraddha Shelke	<ul style="list-style-type: none">- Various manufacturing techniques: mixing, homogenization, etc.
Day Five 2hr	3 pm to 5 pm	16/02/19	Dr Shraddha Shelke	<ul style="list-style-type: none">- Practical application of semisolid formulations in traditional and modern healthcare systems
Day Six 2hr	3 pm to 5 pm	23/02/19	Dr Shraddha Shelke	<ul style="list-style-type: none">- Case studies showcasing successful integration of semisolid dosages in Ayurveda and beyond
Day Seven 2hr	3 pm to 5 pm	02/03/19	Dr Mahesh Inamdar/ Dr Shraddha Shelke	Final Exam and Viva
Day Eight 2 hr	3 pm to 5 pm	09/03/19	Dr Shraddha Shelke	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation




Photographs:




Semisolid Dosages Lectures




HOD
Rasashastra Dept.
Hon. Shri. Annasaheb
Dange Ayurved Medical
College & PGRC, Ashta




PRINCIPAL
Smt. Annasaheb Dange Ayurved Medical
College & PGRC, Ashta, Tal. Walwa, Dist. Sangli



संत ज्ञानेश्वर शिक्षण संस्थेचे,
मा.श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय,
पदव्युत्तर विभाग व संशोधन केंद्र, आष्टा.

ता.वाळवा, जि.सांगली. पिन-४१६ ३०१. फोन: ०२३४२ - २४११०८, २४११०३
(भारतीय केंद्रीय चिकित्सा परिषद दिल्ली मान्यताप्राप्त व महाराष्ट्र आरोग्य विज्ञान विद्यापीठ नाशिक संलग्नित)

Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.
District. Sangli, Maharashtra, India 416 301 Ph. 02342-241108, 241103 Fax-02342-241110
Approved by C.C.I.M, New Delhi ● Affiliated to Maharashtra University of Health Sciences, Nashik

ADAMC

An ISO 9001: 2015

Ref.No.ADAMC/411-A/2018

Date : 05-12-2018

To
HOD,
Dept. of Rognidan
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

Subject – Permission to conduct certificate course in Learning Micropath.

With reference to your requisition letter dated 05/02/2019 you are permitted to start new Certificate Course in Learning Micropath. The council has allotted the following

Course name - Certificate Course in Learning Micropath


Course code - 3213- V- XIII-A

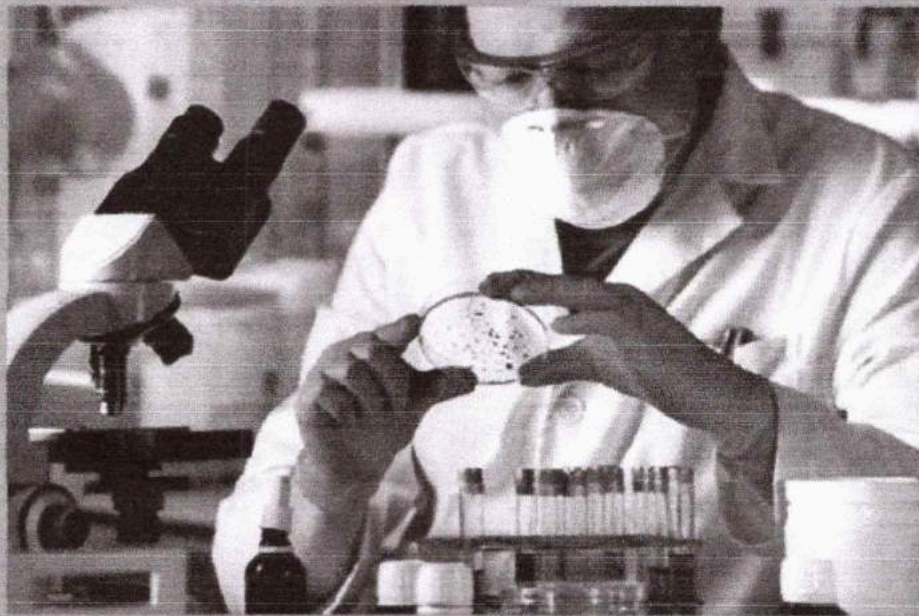
Duration - 1 hrs.

The Coordinator for the course will be Dr. M. B. Mulla

Annual report of the course should be submitted to the council.




PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical College, Ashta, Tal. Wai, Dist. Sangli



Certificate course in Learning Micropath

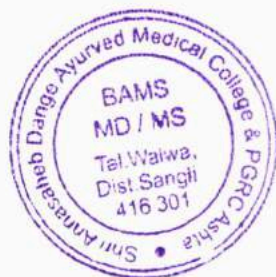
By Department of
Rognidan

Introduction

- A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.

Course Outcome:-

- **Understanding Microorganisms:** Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
- **Diagnostic Techniques:** Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
- **Disease Identification:** Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
- **Infection Control:** Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
- **Antimicrobial Agents:** Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
- **Clinical Correlation:** Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
- **Laboratory Skills:** Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
- **Quality Assurance:** Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
- **Emerging Infections:** Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
- **Ethical and Safety Considerations:** Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.



Syllabus & Module

Module	Title	Content
Module 1	Introduction	<ul style="list-style-type: none">- Introduction and bacterial taxonomy- Morphology and Physiology of bacteria- Overview of the course content and learning objectives- Sterilization and Disinfection- Identification of bacteria- Biomedical waste management
Module 2	Demonstration	<ul style="list-style-type: none">- Introduction to Staining- Understanding Different types of staining- Demonstration of various staining methods- Bacterial smear preparation demonstration- Smear fixation demonstration
Module 3	Preparation	<ul style="list-style-type: none">- Hands-on exercises in various staining methods- Hands-on exercises in preparing bacterial smear- Application of gram staining- Common errors in staining
Module 4	Certification	<ul style="list-style-type: none">- Awarding of course completion certificates- Recognition of outstanding performance and active participation





Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College,
Post Graduate & Research Center, Ashta.
Tal-Walwa Dist- Sangli - 416 301(Maharashtra) India
Institute ID :- AYU0187

Accredited by ISO 9001:2015, 14001:2015





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& Post Graduate Research Center
A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301
Website: www.adamcasha.com E-mail: ashta_adamc@gmail.com
ISO Certified 9001-2015, 14001-2015

Date- 05/02/2019

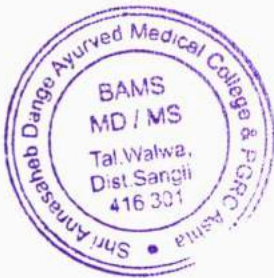
ACTIVITY REPORT

Certificate course in Learning Micropath 2018-19

Department: Rognidan.
Course Code: 3213-V-XIII-A
Year: 2018- 2019
Coordinator: Dr. M. B. Mulla
Time: 2 hour weekly
Duration: 2 Months
Venue: Rognidan Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

A Certificate Course in Micropath is a specialized program designed to provide participants with comprehensive knowledge and skills in the field of micropathology. Micropathology is a branch of pathology that focuses on the study of microscopic organisms, including bacteria, viruses, fungi, and parasites, and their impact on human health. This certificate course aims to equip students with the necessary expertise to work in clinical laboratories, research settings, or healthcare institutions where the identification and analysis of microscopic pathogens are crucial for diagnosis and treatment. Throughout the course, students will learn about various laboratory techniques, diagnostic methods, and emerging trends in micropathology. The program typically includes both theoretical coursework and hands-on practical training to ensure graduates are well-prepared for careers in this specialized field.





Assessment of Students: Students will be assessed through a final exam and Viva 50/50 marks total 100 marks exam will be taken.

Student Result Gradation:

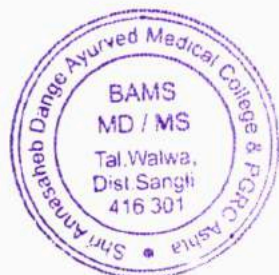
Score Range	Grade
90 - 100	A++
80 - 89	A+
70 - 79	A
60 - 69	B+
50 - 59	B
Below 50	C

Course Schedule and Timetable:-

Day	Time	Date	Faculty	Content
Day one 2 Hr	9.30am to 11.30am	07/12/2018	Dr. R. V. Desai	- Introduction and Bacterial Taxonomy - Morphology and physiology of bacteria - Overview of the course content and learning objectives - Staining Methods
Day Two 2 hr	9.30am to 11.30am	14/12/2018	Dr. S.S. Patil.	- Sterilization and Disinfection - Identification of bacteria - Normal microbial flora of human body
Day Three 2hr	9.30am to 11.30am	21/12/2018	Dr. R. V. Desai	- Hospital acquired infections - Biomedical Waste Management
Day Four 2hr	9.30am to 11.30am	28/12/2018	Dr. S. S. Patil	- Bacteriology of water, milk, air and food
Day Five 2hr	9.30am to 11.30am	04/01/2019	Dr. S. S. Patil	- Practical application of Staining Methods
Day Six 2hr	9.30am to 11.30am	11/01/2019	Dr. R. V. Desai	- Common errors in Staining
Day Seven 2hr	9.30am to 11.30am	25/01/2019	Dr. R. V. Desai	Final Exam and Viva
Day Eight 2 hr	9.30am to 11.30am	01/02/2019	Dr. S. S. Patil	- Awarding of course completion certificates - Recognition of outstanding performance and active participation

Final Assignment completed List

Sr. No.	Name of Student	Attendance %	Viva	Practical
I.	Ajmere Neha Raju	91	Yes	Yes





Sant Dnyaneshwar Shikshan Sanstha's
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& Post Graduate Research Center

A/p :Ashta, Tal. : Walwa, Dist :Sangli – 416 301

Website: www.adamcasha.com E-mail: ashta.adamc@gmail.com

ISO Certified 9001-2015, 14001-2015

Course Content and Module:-

Module	Title	Content
Module 1	Introduction	- Introduction and bacterial taxonomy
		- Morphology and Physiology of bacteria
		- Overview of the course content and learning objectives
		- Sterilization and Disinfection
Module 2	Demonstration	- Identification of bacteria
		- Biomedical waste management
		- Introduction to Staining
		- Understanding Different types of staining
Module 3	Preparation	- Demonstration of various staining methods
		- Bacterial smear preparation demonstration
		- Smear fixation demonstration
		- Hands-on exercises in various staining methods
Module 4	Certification	- Hands-on exercises in preparing bacterial smear
		- Application of gram staining
		- Common errors in staining
		- Awarding of course completion certificates
		- Recognition of outstanding performance and active participation

Course Outcome:-

1. Understanding Microorganisms: Gain a deep understanding of various microorganisms, including bacteria, viruses, fungi, and parasites, their characteristics, and their role in disease.
2. Diagnostic Techniques: Learn different laboratory techniques and procedures used in the diagnosis of microbial infections, such as microscopy, culture, and staining methods.
3. Disease Identification: Develop the skills to identify and classify microorganisms responsible for infectious diseases and understand their pathogenesis.
4. Infection Control: Learn about infection control measures and strategies to prevent the spread of infectious diseases in healthcare and community settings.
5. Antimicrobial Agents: Understand the principles of antimicrobial therapy, including the use of antibiotics, antivirals, and antifungals.
6. Clinical Correlation: Apply your knowledge to correlate clinical symptoms with specific microbial infections, aiding in diagnosis and treatment.
7. Laboratory Skills: Develop practical laboratory skills, including specimen collection, handling, and interpretation of diagnostic test results.
8. Quality Assurance: Learn about quality control and quality assurance practices to ensure accurate and reliable laboratory results.
9. Emerging Infections: Stay updated on emerging infectious diseases and their global impact, including pandemics and outbreaks.
10. Ethical and Safety Considerations: Understand the ethical and safety considerations associated with working in a microbiology laboratory and handling infectious materials.



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Learning Micro path .



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Phone: 02342-241103/241108, Fax – 02342-241110

Website: www.adamcashta.com

E-mail: ashta.adamc@rediffmail.com

Date: 01/08/2018

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate Research Center Ashta, 416-301.

Applicant: Department of Shalakyta tantra

Subject: About the permission for value added Certificate course in Netra Tarpan Kriyakalpa for 4th year students.

Respected Sir,

In our College Shalakyta tantra department wish to organize Certificate course for 4th year students in Netra Tarpan from August 2018 onwards. This course will enhance their practical skills in Ayurveda and provide valuable insights into holistic eye care.

The course will be conducted by experienced professionals over 2 months and will complement and add value in our existing curriculum. The students are committed to fulfill their academic responsibilities along with the course requirements.

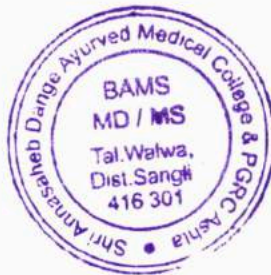
We believe this opportunity alligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.

Permitted
[Signature]

PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



[Signature]
HOD

Shalakyta tantra
H.O.D.
Shalakyatantra Dep
A.D.A.M.C., ASHTA



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Hon. Shri. Annasaheb Dange Ayurved Medical College
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Website: www.adamcashta.com E-mail: ashta.adamc@rediffmail.com

Certificate Course in Shalakyatantra - Kriyakalpa
Academic Year 2018-19

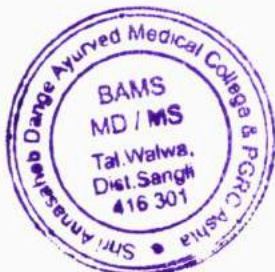
Dept. : Shalakyatantra.
Course Code : 3213-V-XVI-A
Year : 2018- 2019
Coordinator : Dr. Suresh Wagh and Dr. Pournima Fasale
Time : 2 hours weekly
Duration : Two Months
Venue : Shalakya Department,
Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Introduction:

The eyes are often referred to as the "windows to the soul," and in Ayurveda, they hold a special place as the "windows to one's health." Netra Tarpan Kriyakalpa is an ancient Ayurvedic therapy that focuses on maintaining the health and vitality of these vital organs. This certificate course, designed specifically for 4th Year Bachelor of Ayurvedic Medicine and Surgery (BAMS) students, delves deep into the art and science of Netra Tarpan Kriyakalpa.

In the realm of Ayurveda, Netra Tarpan Kriyakalpa is a therapeutic procedure aimed at enhancing and preserving ocular health. It combines the wisdom of traditional Ayurvedic principles with a profound understanding of the intricate anatomy and physiology of the eyes. This course provides an opportunity for BAMS students to explore this specialized field, gaining comprehensive knowledge and practical skills to apply in clinical practice.

Throughout this course, students will embark on a journey to understand the significance of the eyes in Ayurveda, unravel the secrets of maintaining ocular health, and learn the intricate techniques of Netra Tarpan. The program encompasses both theoretical and practical aspects, empowering students to provide specialized eye care within the Ayurvedic framework.





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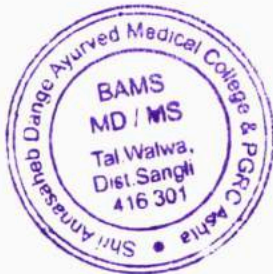
E-mail: ashta.adamc@rediffmail.com

By the end of this course, 4th Year BAMS students will emerge with a unique skill set, poised to contribute to the holistic well-being of their patients. They will not only have a profound understanding of Ayurvedic eye care but also the ability to perform Netra Tarpan Kriyakalpa competently, making a positive impact on the ocular health of individuals seeking traditional and natural solutions.

This certificate course is an invaluable opportunity for aspiring Ayurvedic practitioners to enhance their knowledge, refine their skills, and make a meaningful difference in the lives of those suffering from eye-related conditions. Whether you aim to become an Ayurvedic ophthalmologist or simply wish to deepen your understanding of Ayurvedic principles as they relate to ocular health, this course is a crucial stepping stone on your journey to becoming a well-rounded Ayurvedic healer.

Course Content:

Sr.No.	Content
1.	Introduction to Ayurveda in Eye Care
2.	Eye Diseases and Conditions
3.	Netra Kriyakalpa Tarpan Therapy
4.	Ayurvedic Treatment Planning
5.	Ethics and Legal Aspects
6.	Hands on Training.
7.	Assesment & Evaluation
8.	Project Submission





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Session 1	04/08/2018 02:15 pm – 04:30 pm	Introduction to Netra Tarpan Kriyakalpa
Session 2	11/08/2018 02:15 pm – 04:30 pm	Anatomy and Physiology of the Eyes
Session 3	18/08/2018 02:15 pm – 04:30 pm	Rituals and Traditions in Ayurvedic Eye Care
Session 4	25/08/2018 02:15 pm – 04:30 pm	Medicated Preparations for Netra Tarpan
Session 5	01/09/2018 02:15 pm – 04:30 pm	Mantras and Chants in Eye Care
Session 6	08/09/2018 02:15 pm – 04:30 pm	Practical Demonstration of Netra Tarpan
Session 7	15/09/2018 02:15 pm – 04:30 pm	Spiritual Significance and Healing Aspects
Session 8	22/09/2018 02:15 pm – 04:30 pm	Integrating Netra Tarpan into Clinical Practice

Course Outcome:

- Understand the principles and philosophy of Ayurveda in relation to eye care.
- Gain in-depth knowledge of the various eye diseases and conditions.
- Perform Netra Kriyakalpa Tarpan procedures effectively and safely.
- Evaluate and diagnose eye conditions using Ayurvedic principles.
- Develop customized treatment plans for patients with eye ailments.
- Provide holistic eye care based on traditional Ayurvedic therapies.
- Comprehend the ethical and legal aspects of eye care in Ayurveda.

PI: Project No.1- Review of Literature

Collection of information related to tarpan In all samhita's

PII: Project No.2- Introduction to Netra Kriyakalpa Tarpan Therapy

Orientation and Theory

Anatomy and Physiology of the Eye

Diagnosis and Assessment

Treatment Materials and Preparation





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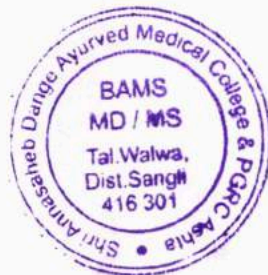
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E-mail: ashta.adamc@rediffmail.com



Tarpan


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Phone: 02342-241103/241108, Fax - 02342-241110

Website: www.adamcashta ISO Certified 9001-2015, 14000-2015

Date: 03/01/2019

To,

Principal,

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Applicant: Department of Shalyatantra

Subject: About the permission for value added Certificate course in Jalaukavacharana for
4th year students.

Respected Sir,

In our College Shalyatantra department wish to organize Certificate course for 4th year students in Jalaukavacharana from January 2019. This course will enhance their practical skills in Ayurveda and provide valuable insights.

We believe this opportunity aligns well with our educational goals and kindly ask for your approval to proceed.

Thanking You.



HOD
Shri Shalyatantra
11-11-18
Department of Shalyatantra
PGRC, Ashta

Ashta
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Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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Website :www.adamcashta.com ISO Certified 9001-2015, 14000-2015

Certificate Course in Jalaukavacharana Academic Year 2018-19

Dept.	: Shalyatantra
Course Code	: 3213-V-18A
Year	: 2018- 2019
Coordinator	: Dr. Akbar Walandkar, Dr. Vijay Dange
Time	: 2 hours weekly
Duration	: 16 hours
Venue	: ShalyatantraDepartment, Hon. Shri. AnnasahebDangeAyurved Medical College, Ashta

Introduction:

According to Ayurveda the disequilibrium of Tridoshas viz. Vata, Pitta and Kapha is the root cause of all the diseases. Even the definition of health in Ayurveda focus on the equilibrium of the Doshas, Agni, Dhātu & Mala. Hence, the basic Ayurvedic

Treatment is also based on two principles viz. Shodhanchikitsa (Elimination Therapy) and Shaman chikitsa (Internal medicine). In Shaman chikitsa vitiated Doshas are brought to equilibrium by the internal administration of herbomineral medicines while in Shodhanchikitsa the vitiated Doshas are expelled out of the body by the means of Panchakarma. According to Acharya Sushruta the Panchakarmas are Vamana (emesis), Virechana (purgation), Basti (enema), Nasya

(Instilling medicines through nose) and Raktamokshana (bloodletting). Among these five, Acharya Sushruta has described Raktamokshana as the best procedure because it eliminates all three vitiated Doshas viz. Vata, Pitta and Kapha. Broadly there are three different methods of Raktamokshana namely; Siravedh in which bloodletting is done through the prominent superficial veins with the help of simple scalp- vein cannula, Jalaukavacharana with the help of Leech and Prachhan karma which is done by taking multiple Incisions on a particular site. Also for different Doshas different instruments are used for bloodletting:

1. Shring (by sucking blood with the help of animal horn) for Vatadosha





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2. Jalauka (usingLeeches) for Pitta dosha and
3. Alabu (removing blood with the help of empty dried bottle gourd or Ghatiyatra) for Kaphadosha. Jalaukavacharana is a unique method of Raktamokshana.

It comes under 'Ashastra' category of Raktamokshana. Also Acharya Sushruta has described Jalauka under the heading of Anushastra (parasurgical procedures).Leeches have segmented bodies like that of an earthworm and have two suckers, one at each end, caudal (back end) and rostral (front end). The mouth (front end) contains three jaws which can break the skin of the hosts to

Suck their blood and leave a 'Y' shaped bite mark. There are two species of therapeutic medicinal leeches- Hirudomedicinalis and Hirudomychaelseni. In India, Hirudomedicinalis of Phylum-Annelida, class-Hirudinea, are used for bloodletting. These leeches are dark brown in color and have 6 longitudinal stripes running along the body. Their bodies are 2 to inches long, convex and wrinkled transversely, tapering at each end. During feeding it can suck around 5 to 15 ml. of blood. Its saliva contains several bio-active substances including anticoagulants, anesthetics, vasodilators and prostaglandins. Hirudin a potent anticoagulant inhibits conversion of fibrinogen to fibrin, thus prevents blood clotting.

TYPES OF JALAUKA (LEECHES):

Broadly Jalaukas are divided into two types

1. Poisonous (SavishaJaloka)-Hirudo detrimental
2. Non- poisonous (NirvishaJaloka)-Hirudomedicinalis

Savisha (Poisonous Leeches): These Leeches born from the urine, excreta and putrefied (decayed) dead bodies of poisonous fish, insects, worms, frogs and live in dirty water. These are red, white or very black in colour, are over active, stout and slimy, and have varied rainbow like lines on their back. These should be rejected.

There are six Savisha (Poisonous) Jalaukas:

1. Krishna: Black in color {similar to that of powder of Anjana (Antimony)}, large headed
2. Karbura : Grey, broad like Varmimatsya (fish), abdomen is segmented and bulging.
3. Alagarda: hairy with large flanks and black mouth.
4. Indrayudha: have stripes on their back.





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5. Samudraka: blackish yellow; have flowery patterns on body.
 6. Gochandana: lower part is divided into two halves like scrotum of bull and with very small mouth.
- Bite of these six kinds of leeches leads to profuse swelling, itching, fainting, fever, burning sensation, vomiting, toxicity and debility.

Nirvisha (Non-poisonous Leeches):

These are born in clean water are non-poisonous (Nirvisha). They are bluish black in colour like algae, have spindle shaped body with dark back and yellowish belly. They are strong, voracious and drink blood quickly. They are born from putrefied (decayed), Padma (Lotus), Utpala (White lotus), Nallina (slight red lotus),

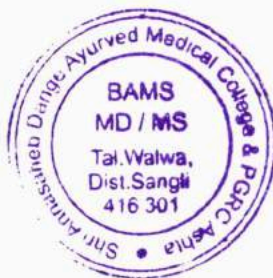
Kumuda (lily), Saygandhika (highly fragrant lily), Kuvalaya (red lily), Pundanke (very white lotus), Saivata (algae). There are six Nirvisha (Non Poisonous) Jalaukas

1. Kapila: Dark brown colored with slightly reddish flanks (like Manashila); back is unctuous (oily) and has the color of Mudga (slightly green).
2. Pingala : Reddish brown with round body and moves quickly
3. Shankumukhi: Brown color (like Liver), suck blood quickly and have long and pointed mouth
4. Mushika : Brown color, resembles the shape of mice and have unpleasant odor.
5. Pundarikamukhi: Greenish color (like Mudga) with broad mouth (like lotus flower).
6. Savarika: Reddish pink color (like lotus petal), oily in nature; eighteen angula (36 cms.) long & are used to treat cattle

These Nirvishaleeches are found in provinces like Yawana (Arab countries), Pandya (South India), Sahya (Central India) and Pautma (region around Mathura in Uttar Pradesh)

Rearing of Leeches:

Leeches are best collected during the autumn or rainy season. They are collected from ponds/streams that contain lotus and spirogyra, with moist leather or meat piece and should be kept in fresh water, in a big jar. These are fed on algae and powdered dried meat of aquatic animals and tubers. Placing straw and aquatic plants in these jars helps in creating an appropriate environment. The water and food materials in the pot should be changed once in every three day and leeches should be transferred to another pot after every seven days.





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Leeches unfit for use:

Leeches which have big abdomen, ugly in appearance, very thick (in width), slow in movement, which do not bite, drink very little blood and are poisonous should be rejected.

Indications of Jalaukavacharana:

In recent years, various clinical as well experimental studies have been conducted globally to evaluate the efficacy of leech therapy in various ailments.

Classical indications

Gulma (abdominal lump), Arsha (piles), Vidradhi (abscess), Kustha (skin diseases),
Vatarakta(gouty arthritis), Galroga (throat disorders), Netraroga (eye disorders), Vishavikara,
Visarpa(erysipelas).

Other indications

- Venous disease, varicose veins: Leech therapy is effective in the management of complicated varicose veins, decreases the edema and hyperpigmentation. Leeches are also used after breast surgery to relieve venous congestion at the nipple. It treats post phlebitis syndrome in which venous valves are obliterated by deep vein thrombosis.
- Peripheral vascular diseases: Leech therapy is effective in management of Burger's disease as it relieves the inflammation and thrombosis. It is also effective in other peripheral vascular diseases.
- Hemorrhoids: Jalaukavacharana is a very effective alternative treatment in the Management of thrombosed hemorrhoids. Bdelin present in the saliva of leech acts as antiinflammatory agent hence reduce inflammation and maintains normal circulation which in turn recovers bluish-black discoloration. Anesthetic agent present in saliva of leech reduces pain and tenderness giving symptomatic relief.
- Osteoarthritis: Leech therapy causes rapid reduction of pain associated with osteoarthritis of knee and is an effective and safe treatment in symptomatic management of degenerative knee.
- Gout (Vatarakta): Leech therapy is effective in relieving pain, swelling, erythema present in acute gout. It also reduces characteristic symptoms like Sandhisoola (joint pain), Sandhishopha (joint swelling), Sandhivaivarna(erythema), and Sandhidaha (burning sensation at joint)





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- Non healing ulcer: Leech therapy is effective in the management of pain in the treatment of nonhealing ulcers.
- Diabetic foot ulcer: Leech application is significantly effective in the management of diabetic foot ulcer.
- Eczema (Vicharchika): JalaukavacharaninVicharchika is effective and is proved statistically significant.

Contraindications of Leech Therapy:

(Jalaukavacharana)Leech Therapy is not recommended under the following medical conditions and diseases Absolute Hemophilia

- Anticoagulant medication eg. Warfarin, Heparin, Marcumar. (Aspirin and Clopidogrel are not contraindicated)
- Severe Anemia
- Erosive gastritis and potential gastrointestinal bleeding
- During chemotherapy (or people who are on immunosuppressive medication)
- Individuals with HIV infection
- Severe allergic diathesis (allergy to foreign proteins)
- Hypotension
- Active tuberculosis
- Mental disorders during acute episodes
- Severely ill and bed ridden patients
- Extremely fearful patient

Method of Jalaukavacharana:

Purva Karma (before procedure):

Preparation of Patient: First the patient is selected and his general health is examined.

Contraindicated conditions should be ruled out. Mornings are the preferred time to apply leeches.

The leeches are applied with patients sitting or supine, in a way that exposes the affected part comfortably. The previous day, oil and/or sweating treatments are given, depending on the





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patients' conditions but no Snehan i.e. oleation should be allowed just before application of leech however, Mild Swedan (half hour before) to the site of bloodletting can be given. The desired site is properly washed with cold water. Preparation of leeches: Before use, leeches

Are smeared with a paste of mustard and turmeric, which acts as a disinfectant and increases their appetite and blood-sucking ability. The disinfected leeches are kept in a fresh jar of water for half an hour prior to use and use of disinfectant or soap should be avoided

Pradhana karma (main procedure):

The desired site is cleaned with wet gauze. The leech should be taken out from its jar and is held at its neck with fingers. Its mouth is placed precisely over the affected part. The leech's tail should be held until it begins to draw blood, at which time it can be gently released. When it starts sucking the blood, elevates its neck assuming the shape of a horse shoe. 5- 10 Leeches are applied at a time depending upon the necessity. Once Leeches start sucking the blood, they are covered with wet gauze & cold water is poured on them from above time to time, so as to make Leech comfortable during sucking. If a leech refuses to bite by its own, in such condition a drop of milk or ghee or prick induced bleeding may be

Required so as to facilitate the sucking procedure. When Leech becomes fully satisfied, it leaves of the skin of the patient & drops itself down. The Jalauka first sucks only the vitiated blood. Itching or pricking pain at the site of application indicates that the leech is now sucking the pure blood. When sucking pure blood leech should be removed. If it does not withdraw, a little turmeric powder or common salt powder should be sprinkled on the sucking part of the leech. Leeches normally absorb about 5 -10 ml of blood.

Precaution:

- Leeches should not be to major veins like Femoral or Jugular veins and to the delicate parts like Breast, Penis or Eye lids.
- Used Leeches should be kept in separate jars.

Paschata karma (after procedure)

Patient care: After the removal of the leech, blood should be allowed to flow from the wound for a few minutes. The site is cleaned with savlon or normal saline. Turmeric powder or Satadhautaghrita, a classical Ayurvedic herbal ghee preparation can then be applied to promote healing. The wound is then lightly bandaged for 6 to 12 hours to arrest the bleeding (if the oozing





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from the wound is not stopped, it can be sealed with the help of tincture benzene) sips of lime water, soup or glucose water can be offered to the patient.

Care of leech: After falling off, the leeches should be made to vomit. This is carried out by applying turmeric powder at their mouths. When the blood comes from the anterior sucker, gentle squeezing from caudal to front end is required for proper emesis. If the leech is active when placed in water, it indicates that the vomiting is proper. The used leeches are kept in separate jars/pots labeled with the details of the patient. The leech should be applied once in a week and one leech should be reserved for a particular patient to avoid cross infection.

Mode of Action of Jalaukavacharana:

Action of leech is due to the biological substances present in saliva. This saliva contains more than hundred bioactive substances, which includes an antiplatelet aggregation factor, anesthetic, and anti-inflammatory and antibiotic agents. These agents anaesthetize the wound area making the bite of leech painless to its host and dilate blood vessels to increase blood flow to the site of bite.

Course Content:

Sr.No.	Content
1	Historical Background
2	Theory and Humoralism
3	Tools and Techniques
4	Practitioners
5	Efficacy and Controversy
6	Decline and Abandonment
7	Medical advancements





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Course schedule

Session No.	Date	Time	Topic	Faculty
Session 1	Jan 10, 2019	10:00 AM - 12:00 PM	Raktavsechan - method of removing blood	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 2	Jan 17, 2019	10:00 AM - 12:00 PM	Jalauka nirukti and Jalaukavcharan concept	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 3	Jan 24, 2019	10:00 AM - 12:00 PM	Types of Jalauka	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 4	Jan 31, 2019	10:00 AM - 12:00 PM	Jalauka Poshan- Rearing of leaches	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 5	Feb 7, 2019	10:00 AM - 12:00 PM	Jalauka Avcharan - method of applying on the body	Dr. Akbar Walandkar , Dr. Vijay Dange





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Session 6	Feb 14, 2019	10:00 AM - 12:00 PM	Detail explanation of jalukacharan vidhi – Purv karma , Pradhan karma, paschat karm	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 7	Feb 21, 2019	10:00 AM - 12:00 PM	Concept of “Indramada”	Dr. Akbar Walandkar , Dr. Vijay Dange
Session 8	Feb 28, 2019	10:00 AM - 12:00 PM	Clinical significance of Jalukavcharan	Dr. Akbar Walandkar , Dr. Vijay Dange

Course Outcome:

1. Understanding the historical context and methods of blood letting
2. Recognizing its role in medical practices of the past
3. Critically evaluating its effectiveness
4. Risk compared to modern medical knowledge

PI: Project No.1 Collection of Data

P II: Project No.2- Demonstration of Jalukavacharan

P III: Project No.3- MCQ Test

Research Proposal Submission:



Aspen
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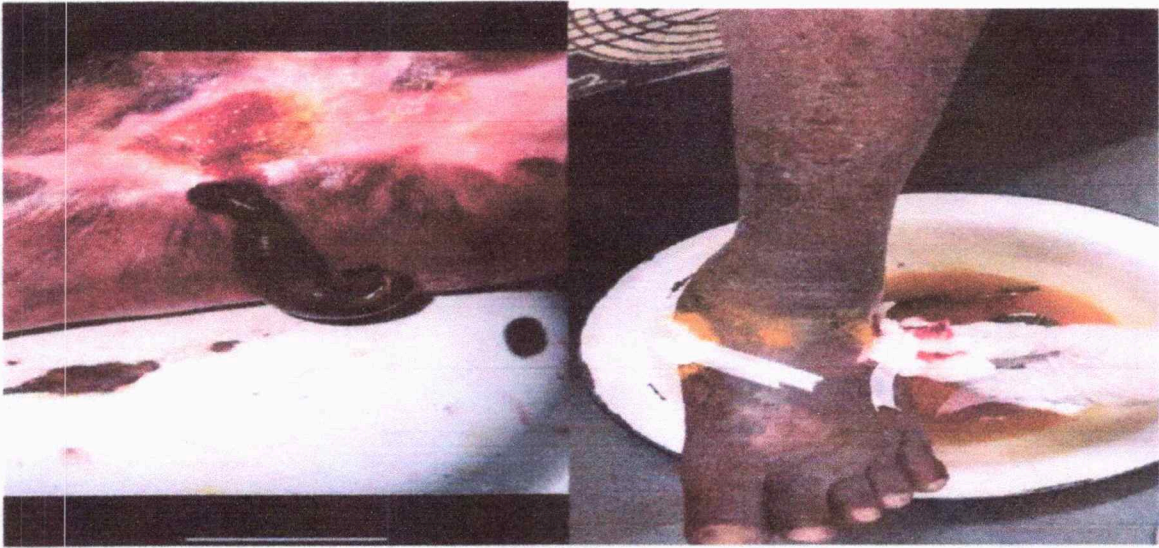


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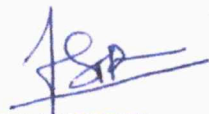
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Photographs: Jalaukavacharana




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