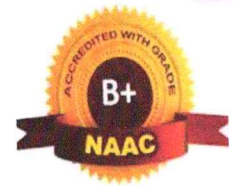




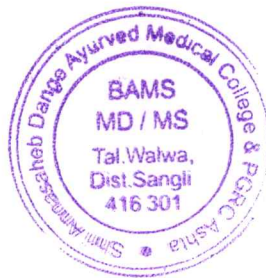
Sant Dnyaneshwar Shikshan Sanstha's  
Hon. Shri. Annasaheb Dange Ayurved Medical College,  
Post Graduate & Research Center,  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website : [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
NAAC Accrediated ISO Certified 9001-2015, 14000-2015



**3.1.3 (QnM) Number of research projects/clinical trials funded by government, industries and non-governmental agencies during the last five years**

**Academic Year 2022-23**

Sr. No.	Year	Name of the Principal Investigator	Title of the project	Name of the Funding agency	Department of Principal Investigator	Funds provided (INR in Lakhs)	Duration of the project
1	2022-23	Dr. Jayvant Kharat	Tolerability, treatment adherence and safety of Punaarnavadi mandura in the management of Iron Deficiency Anemia: An open label single arm clinical study	CCRAS, New Ddhi	Shalakyatantra	2,400,000	2 year
2	2022-23	Dr. Anjali Upadhye	Adversity Quotient (AQ) i.e.the Science of Human Resilience In Medical Fraternity - A Survey Study	Maharashtra University of Health science, Nashik	Research	81,000	1 year
3	2022-23	Dr. Sujata Kate	A Comparative Study of Triphala Ghrita Tarpan and Jivantyadi Ghrita Nasya along with Abhyantarpan of Triphala Ghrita with Triphalachurna and Yashtimadhu Churn in Pratham patalgatdoshhdristi Lokshan W.S.R. Siimpal Myopia.	Maharashtra University of Health science, Nashik	Shalakyatantra	96,900	1 year





Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College,**  
**Post Graduate & Research Center,**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
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NAAC Accredited ISO Certified 9001-2015, 14000-2015



**Academic Year 2021-22**

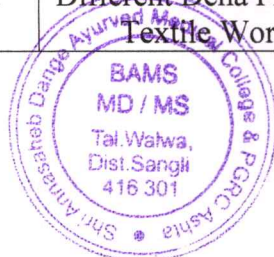
1	2021-22	Dr.Tinku Ganesh Khalache	Randomised Control Trial of Panchakolasav in pureperal uterine in ovulation after ceasrean section	MUHS,Na shik	Strirog & Prasuti Tantra	25,000	1 year
2	2021-22	Dr.Jayavant Kharat	Open Randomized Clinical Trial of Antithyroid Regimen of Ayurveda on Thyroid Diseases	MUHS,Na shik	Shalaky & Netra rog	85,000	1 year
3	2021-22	Miss Akshata Patil	Physico Chemical Analysis of Kajjali & Rasparpati	MUHS,Na shik	Rasshatra & Bhaishjya Kalpana	24,000	6 Months
4	2021-22	Miss Mayuri Nazirkar	A Critical Analytical Study of Polyherbal Antidiabetic Formulation - Pramehagha Choorna	MUHS,Na shik	Rasshatra & Bhaishjya Kalpana	17,000	1 year
5	2021-22	Miss Shivani Shinde	To Establishment of Standards of Acrtit Niringundi Tail	MUHS,Na shik	Rasshatra & Bhaishjya Kalpana	19,000	1 year
6	2021-22	Miss Siddhi Jarande	Analyze Phytochemical Parameters And Antioxidant Activities of Mallikakand	MUHS,Na shik	Rasshatra & Bhaishjya Kalpana	17,000	1 year





**Academic Year 2018-19**

1	2018-19	Dr. Anjali Upadhye	A Double Blind Study of Tetra Packaging : A New Alternative Competitive Remedy of Storage For Ayurvedic Drugs	MUHS, N ashik	Research	500,000	3 Years
		Mr. Akhay Chougule					
2	2018-19	Dr. Archana Suhas Wadkar	Randomised Clinical Single Armed Study of 'Lekhaniya Basti' in Sthaulya	MUHS, N ashik	Panchkarma	12,000	1 Year
3	2018-19	Dr. Alkananda Kulkarni	"Electric Current free , Combined, Cost effective [C3] Panchkarma machine for Shirodhara and Parishek"	MUHS, N ashik	Panchkarma	8,000	1 Year
		Dr. Sangwai Akash.					
4	2018-19	Sayali Bharati	"Survey study about menstrual habits in practices among adolescent girls in rural area in sangli district"	MUHS, N ashik	Strirog	8,000	2 Year
		Dr. Anish Atpadkar					
		Dr. Radha Phadnis					
5	2018-19	Miss. Gargi Patil	"Efficacy of Malatyadi Shirobhyanga In Darunaka In College-Going Students"	MUHS, N ashik	Kaychiktitscha	8,000	1 Year
		Dr. Varsha Khot					
		Sagar Patil					
8	2018-19	Miss. Arundhati Langade	"Exploratory study of Superbrain Yoga: A simple exercise to maximize brain power"	MUHS, N ashik	Swasthavritta	5,000	1 Year
		Dr. Ujwala Dabade					
		Miss Shilpa Dudhani					
6	2018-19	Dr. Rupali Ramadas Patil	"A Randomized control study of Jatamanasi Churna & Shirodhara in the management of Pramehawa.s.r. stress induced Diabetes Mellitus Type II."	MUHS, N ashik	Kaychiktitscha	20,000	1 year
7	2018-19	Rajshree Patil ,	"Observational Study on effect of wheat restricted diet in obesity ( sthauly)"	MUHS, N ashik	Swasthavritta	8,000	1 Year
		Miss Rutuja Patil					
9	2018-19	Dr. Amit Pethkar	Study of Lung Capacity By Spirometer In Different Deha Prakruti In Textile Workers	Dindayal Sutgirani, Islampur	Kriya Sharir	35,000	1 year
		Dr. Promod Kanap					



*AS Pethkar*  
**PRINCIPAL**

**Minutes of the meeting held on 07.02.2023 at 2.30 pm with Identified Ayurveda institutions/Colleges and CCRAS nodal institutes to discuss initiation of clinical study focusing Iron Deficiency Anemia (IDA) under the ambit of SMART program**

1 message

CCRAS SMART IDA <ccras.smart.ida@gmail.com>

Fri, Feb 10, 2023 at 3:42 PM

To: acri.jaipur@gmail.com, piaresearch@paruluniversity.ac.in, vaishali.deshpande86209@paruluniversity.ac.in, divya.b@paruluniversity.ac.in, ashta.adamc@gmail.com, amitpethkar@adamc.ac.in, jayvantkharat55@gmail.com, paragdeshmukhe@adamc.ac.in, yamkodoli@gmail.com, drsachinkhot@gmail.com, provcmuhs123@gmail.com, drshwetachaudhari85@gmail.com

Cc: dg-ccras@nic.in, srikanthccras@gmail.com, bhogavalli49@gmail.com, drbabitayadav@gmail.com, drshruticcras@gmail.com, ayuneha312@gmail.com, anagharanade11@gmail.com, azeem2905@gmail.com, dr.amitrai1983@gmail.com, drsophia9754@gmail.com

Sir/Madam,

With reference to the meeting convened on 07.02.2023 in order to discuss the protocols under SMART program focusing Iron Deficiency Anemia (IDA), kindly find herewith attached Minutes of Meeting along with Terms of Reference (TOR) document and the Clinical trial Protocol- Punarnava Mandura- IDA for your information and necessary action.

The participating Ayurveda institutions/colleges must proceed with the formalities of IEC at their end and also submit the signed copy of the proposal to the nodal institute i.e RARI, Jaipur @ acri.jaipur@gmail.com after addressing the budgetary provisions suitably in reference to the change in HRA of manpower as per rule.

The nodal institute i.e. RARI, Jaipur is hereby requested to nominate a co-investigator to coordinate the SMART\_IDA\_Punarnava mandura program with the respective academic institutions.


The draft MoU will be shared shortly to the nodal institute.


An early action in this regard is solicited.


Regards,

CCRAS team (SMART program)

4 attachments

 Minutes of Meeting\_IDA meeting 07022023.pdf  
199K

 Terms of references\_SMART\_IDA.pdf  
179K

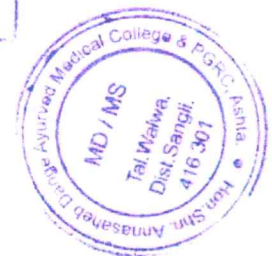
 SMART- IDA Proposal\_Punarnava mandura.pdf  
512K

 SMART- IDA Proposal\_Punarnava mandura.doc  
123K

To,  
Dr. Parag Deshmukhe  
Dr. Varsha Khot  
Dr. Jyoti Lokhande  
Dr. Jayvant Kharat

*Agencies*  
11/02/23

Sri Anandabhai Ayurved Medical College, Ashta.
Date - 11/2/23
Inward No. - 25



**CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES**

**Minutes of the meeting held on 07.02.2023 at 2.30 pm with Identified Ayurveda institutions/Colleges and CCRAS nodal institutes to discuss initiation of clinical study focussing Iron Deficiency Anemia (IDA) under the ambit of SMART program**

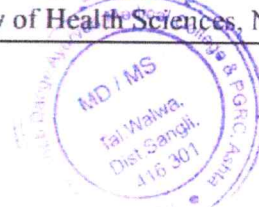
A VC meeting was convened on 07.02.2023 at 2.30 pm in the committee room of CCRAS under the chairmanship of Prof. Vd. Rabinarayan Acharya, Director General, CCRAS with the identified twelve Ayurveda institutions/colleges in order to discuss initiation of different clinical study focussing Iron Deficiency Anemia (IDA) under the ambit of SMART program. The list of members present in the meeting has been appended in Annexure 1.

At the outset, Prof. Vd. Rabinarayan Acharya, Director General, CCRAS welcomed and expressed gratitude to all the members from the identified Ayurveda institutions/Colleges for responding to EOI. Further, Dr. Narayanam Srikanth, Deputy Director General, CCRAS, briefed about the need and objectives of SMART program. Following this, a brief presentation was made from CCRAS side highlighting the Terms of References (ToRs) and the outline of Iron deficiency Anemia (IDA) protocol.

Following points have emerged out of the discussion:

1. It was informed to all that three fixed therapeutic interventions namely Dhatri lauha, Punarnava Mandura and Drakshavaleha would be tested at 12 Ayurveda institutions /colleges which would be coordinated by 03 CCRAS Institutes
2. The assignment of interventions and the co-ordinating institutes and academic sites will be as follows-

Therapeutic Intervention	CCRAS Nodal Institute	Identified Colleges
Dhatri lauha	CARI, Delhi	<ol style="list-style-type: none"><li>1. Ch. Brahm Prakash Ayurved Charak Sansthan, Government of NCT of Delhi, An Autonomous Institution, Khera Dabar, Najafgarh, New Delhi</li><li>2. MSM Institute of Ayurveda, BPS Mahila Vishwavidyalaya, Khanpur, Sonapat, Haryana</li><li>3. Rajiv Gandhi Govt P.G Ayurvedic College &amp; Hospital, Paprola, H.P</li><li>4. Shubdeep Ayurved Medical College &amp; Hospital (PG Institute), Indore, Madhya Pradesh</li></ol>
Punarnava Mandura	RARI, Jaipur	<ol style="list-style-type: none"><li>1. Parul Institute of Ayurved and Research, Vadodra</li><li>2. Sant Dnyaneshwar Shikshan Santha's hon. shri annasaheb dange Ayurved Medical college, post graduate and research centre, Maharashtra</li><li>3. Yashwant Ayurvedic College Kolhapur</li><li>4. Maharashtra University of Health Sciences, Nashik</li></ol>



<b>Drakshavale ha</b>	<b>RARI, Vijayawada</b>	<ol style="list-style-type: none"> <li>1. Shri B.M. Kankanawadi Ayurveda Mahavidyalaya, Belgavi</li> <li>2. Institute of Ayurveda and Integrative Medicine, (I-AIM) Healthcare Centre, Bengaluru</li> <li>3. Sri Sri college of Ayurvedic science and research, banglore</li> <li>4. Sri Dharmasthala Manjunatheshwara college of Ayurveda and Hospital, Hassan</li> </ol>
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3. All the twelve institutions/colleges have agreed in principle to the assigned Ayurveda interventions and TORs. •
4. The intervention period for the may be kept as three months in the clinical trial protocol. No follow up period shall be mentioned.
5. The Clinical trial protocol will be shared to the respective co-ordinating Institutes who will further communicate it to the assigned Colleges.
6. The formalities for MoU and CTRI registrations will be carried out by the CCRAS nodal institutes.
7. Draft of vetted MoU will be shared by CCRAS headquarters.
8. Drug procurement order will be placed by CCRAS headquarters
9. Case record Form (CRF) will be drafted by nodal institutes of CCRAS and will be submitted to Headquarters for approval.
10. The intervention period for the may be kept as three months. No follow up period shall be mentioned.
11. It was suggested by the committee that the Clinical proposals in the prescribed protocol format must be submitted latest within a week to CCRAS Headquarters.
12. IEC approval may be obtained by the participating institutions/colleges at the earliest.
13. No protocol deviation will be permitted without approval of DG CCRAS.

Meeting ended with thanks to Chair.



Members present from CCRAS headquarters:

1. Prof Vd. Rabinarayan Acharya, Director General, CCRAS, Ministry of Ayush, New Delhi
2. Dr. Narayanam Srikanth, Deputy Director General, CCRAS, Ministry of Ayush, New Delhi
3. Dr. Pratap Makhija, Assistant Director (Ayu), CCRAS, Ministry of Ayush, New Delhi
4. Dr. Rakesh Kumar Rana, Statistical officer, CCRAS, Ministry of Ayush, New Delhi
5. Dr. Babita Yadav, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
6. Dr. B.S. Sharma, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
7. Dr. Neha Dubey, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
8. Dr. Anagha Ranade, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
9. Dr. Sophia Jameela, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
10. Dr. Pallavi Mundada, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
11. Dr. Ashwathy Kutty, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
12. Dr. Swati Sharma, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
13. Dr. Lalita Sharma, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
14. Dr. Amit Rai, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
15. Dr. Azeem Ahmed, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi
16. Dr. Bidhan Mahajon, Research Officer (Ayu), CCRAS, Ministry of Ayush, New Delhi

Members present from CCRAS nodal Institutes:

1. Dr. Seema Jain, Research Officer (Ayu), CARI, Punjabi Bagh, New Delhi.
2. Dr. C Muralikrishnan, Research Officer Incharge, RARI, Vijaywada.
3. Dr. Midhuna Mohan K, Research officer (Ayu), RARI, Vijayawada.
4. Dr. Nishanth K, Research officer (Ayu), RARI, Vijayawada.
5. Dr. B.R Meena, Assistant director Incharge, RARI, Jaipur.

Members present from the Chaudhari Brahma Prakash Ayurved Charak Sansthan, New Delhi.

1. Dr. Subhash Sahu, Associate Prof. Dept. Of Dravyaguna.
2. .

Members present from MSM Institute of Ayurveda, Sonapat.

1. Dr. Gatikrushna Panda, Associate Professor, Dept. of Prasuti Tantra And Stree Roga
2. Dr. Deepmala U. Yadav, Assistant professor, Dept. of Kaumarbhritya.

Members present from Rajiv Gandhi Post Graduate Ayurvedic College and Hospital, Paprola, Himachal Pradesh.



1. Dr Vijay Chaudhary, Professor & Principal Cum Dean
2. Dr. Manik Soni, Lecturer, Dept. of Kayachikitsa.

Members present from Shubhdeep Ayurved Medical College and Hospital, Indore.

1. Dr. Jayshankar Mund, Principal, HOD, Dept. of Samhita siddhant.
2. Dr. Ratnaprava Misra, Professor, Dept. of Kayachikitsa

Members present from Parul Institute of Ayurved & Research, Vadodara

1. Dr. B.G. Kulkarni, Principal & Medical Superintendent
2. Dr. Vaishali Deshpande, Prof. & HOD Kayachikitsa

Members present from Annasaheb Dange Ayurved Medical College, Sangli, Maharashtra.

1. Dr. Amit Pethkar, Principal and Professor, Dept. of Sharir kriya.
2. Dr. Jayvant Kharat, Reader, Dept. Of Shalaky Tantra

Members present from Yashwant Ayurved Medical College, Kolhapur, Maharashtra.

1. Dr. Sachin Khot, Reader, Sharir Rachana

Members present from Maharashtra university of Health Sciences, Nashik, Maharashtra.

1. Dr. Milind Nikumbh, Pro-Vice-Chancellor, Maharashtra University of Health Sciences, Nashik, Maharashtra.
2. Dr. Shweta Chaudhary, Asst. Professor and I/C Dept. of AYUSH, MUHS at Maharashtra University of Health Sciences, Nashik, Maharashtra.

Members present from Shri BMK, Ayurveda Mahavidyalaya, Belgavi, Karnataka.

1. Dr. Suhas Shetty, Principal

Members present from Institute of Ayurveda and Integrative Medicine (i-AIM), Bengaluru.

1. Dr. Unnikrishnan Payyappallimana, Professor and Head of the Department at University of Transdisciplinary Health Sciences and Technology, Bengaluru.
2. Dr. Prakash B N, Associate Professor, University of Transdisciplinary Health Sciences and Technology, Bengaluru.

Members present from Sri Sri College of Ayurvedic Sciences, Bengaluru.

1. Dr. Sowmyashree U.P. Associate Professor, Dept. of Kayachikitsa
2. Dr Ashwathy Kavirajan, Assistant Professor, Dept. of Kayachikitsa

Members present from SDM College Hassan,

1. Dr. Prasanna Rao, Principal





Confidential document  
Not for circulation

COLLABORATIVE CLINICAL RESEARCH PROPOSAL

**Clinical Study on tolerability, treatment adherence  
and safety of *Punarnava Mandura* in the  
management of Iron Deficiency Anemia: An open  
label single arm study**



**Protocol Developed by**

**CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES**

**Ministry of Ayush, Government of India**

**61-65, Institutional Area, Opposite "D" Block,  
Janakpuri, New Delhi – 110058**



**Tentative Budget at each study centre (sample size – 120 participants)**

Details	1 <sup>st</sup> Year	2 <sup>nd</sup> Year	Total	Justification
Salary (SRF – Rs 35,000/- + HRA*)	5,33,400	5,33,400	10,66,800	SRF will help the investigators in screening, assessment, data entry and maintenance of accounts & records
Trial drugs for 120 participants**	47,200	---	47,200	For procurement of trial interventions including certificate of Analysis (CoA) and transportation charges.
Laboratory investigations	5,12,760	5,12,760	10,25,520	Outsourcing of laboratory investigations to NABL accredited lab
Incidental support to trial participants	42,000	42,000	84,000	Compensation towards inconvenience and travelling expenditure @ Rs. 100/- per visit for
TA/ conveyance for the investigators	25,000	25,000	50,000	Expenditure towards travel, honoraria etc. incurred on/by the trial related personnel
Contingency/ Miscellaneous expenses	1,00,000	1,00,000	2,00,000	Stationary items, printing of CRF, publication of clinical study report etc. and to meet the unforeseen expenditures.
<b>Total</b>	<b>12,60,360/-</b>	<b>12,13,160/-</b>	<b>24,73,520/-</b>	
<b>Overhead charges @5%</b>	<b>1,23,676/-</b>			
<b>Grand Total</b>	<b>25,97,196/-</b>			
<b>Total Budget for 04 study sites</b>			<b>1,03,88,784/-</b>	

\* HRA will be as per the applicable rates for the concerned city/area. The budget has to be revised accordingly.

\*\* The budget for trial interventions is tentative. It has to be revisited by the coordinating CCRAS institute.



**Tentative Budget for CCRAS Coordinating institute**

Details	1 <sup>st</sup> Year	2 <sup>nd</sup> Year	Total	Justification
Salary (SRF – Rs 35,000/- + HRA)	5,33,400	5,33,400	10,66,800	SRF will help in daily monitoring and maintenance of records
Insurance for trial participants	5,00,000	---	5,00,000	To protect participants from unanticipated risks
Training to research staff and periodic monitoring	3,00,000	3,00,000	6,00,000	Expenditure towards training to research staff and periodic monitoring
Contingency/ Miscellaneous expenses	1,00,000	1,00,000	2,00,000	To meet the unforeseen expenditures
<b>Grand Total</b>	<b>14,33,400</b>	<b>9,33,400</b>	<b>23,66,800/-</b>	

\* HRA will be as per the applicable rates for the concerned city. The budget has to be revised accordingly.

**Tentative total study Budget**

S. No.		Amount (in Rs)
1.	Total Budget for 04 study sites	1,03,88,784/-
2.	Budget for CCRAS Coordinating institute	23,66,800/-
<b>Grand Total</b>		<b>1,27,55,584/-</b>



Print Back

Account Statement for the period 17/05/2023 to 17/05/2023

<b>Account Number</b>	00000031450621208	<b>Description</b>	CA-GEN-PUB OTH-NONRURAL- INR
<b>Name</b>	HON SHRI ANNASAHEB DANGE AYURVED MEDICAL COLLEGE ASHTA AT POST ASHTA, DIST. SANGLI	<b>Currency</b>	INR
<b>Corporate Address</b>	ASHTA, MAHARASHTRA - 416301	<b>Branch</b>	ASHTA (11134)
<b>Rate of Interest (% p.a.)</b>	0.0%	<b>IFS Code</b>	SBIN0011134
<b>Book Balance</b>	7,68,621.75	<b>Available Balance</b>	7,68,621.75
<b>Hold Value</b>	0.00	<b>Uncleared Amount</b>	0.00
<b>Balance as on</b>	46,85,616.75		

Date (Value Date)	Narration	Ref / Cheque No.	Branch Code	Debit	Credit	Balance
17-May-23 (17-May-2023)	CHQ TRANSFER RTGS UTR NO: SBINR52023051749754852 623205 SHRI ANNASAHEB DANGE AYURVED MEDICA	623205 SHRI ANNSAHEB DANGE AYURVED MEDICA	11134	46,00,000.00		85,616.75
17-May-23 (17-May-2023)	BY TRANSFER NEFT*RBIS0PFMS01*RB11382363185034*M.S. Regional Ay	4697191044306 FROM	4430		11,84,760.00	12,70,376.75

Print Back



*Principal*  
26/5/23  
**PRINCIPAL**

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरीरोड, म्हसरुळ, नाशिक- ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel: (0253) 2539288/6659288/303 Student Helpline: 0253-2539111/6659111/100

Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in



डॉ. राजेंद्र शिवाजी बंगाळ

एम.बी.बी.एस.एम.डी. (न्यायवैद्यकशास्त्र), डी.एन.बी., एल.एल.बी.

कुलसचिव

**Dr. Rajendra Shivaji Bangal**

M.B.B.S, M.D. (Forensic Medicine), D.N.B, L.L.B.

**Registrar**

MUHS/URD/2३७/2023

Date: 28/06/2023

To,  
The Dean/ Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/p. Ashta, Tal. Walwa,  
Dist. Sangali - 416 301.

Sub: Approval of Research Grant (LTRG) for the academic year 2022-23.

Ref: 1) Application of Dr. Anjali Upadhye, dt. 12/11/2022 for LTRG

2) Application of Dr. Sujata Deepak Kate, dt. 12/11/2022 for LTRG

Dear Sir/Madam,

With reference to above cited subject and reference, this is to inform you that the proposal for Research Grant scheme for the academic year 2022-23 has been sanctioned by the University as mentioned below:


Sr. No.	Name of the Researcher	Title of the Research Project	Type of Grant	Grant Amount Sanctioned
1	Dr. Anjali Upadhye	Adversity Quotient (AQ) i.e. the Science of Human Resilience In Medical Fraternity – A Survey Study	LTRG	Rs. 81,000/- (Rs. eighty one thousand only)
2	Dr. Sujata Deepak Kate	A Comparative Study of Triphala Ghrita Tarpan and Jivantyadi Ghrita Nasya along with Abhyantarpan of Triphala Ghrita with Triphalachurna and YashtimachuChurna in Pratham Patalgatdoshdristi Lokshan W.S.R. Siimpal Myopia.	LTRG	Rs. 96,900/- (Rs. ninety six thousand nine hundred only)

You may initiate your research work and send the project completion report within stipulated time as mentioned in your proposal. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review Journal. The responsibilities of the researcher and your

institute, kindly refer the University Research Department Notification no. 44/2019 (Amended 2022) (Rules and Regulations Regarding Research Grant for Students, Teachers and Employees of the Maharashtra University of Health Sciences)

Herewith, you are informed that the University has approved 50% of amount of research grant and it will be released to the bank account of your institute, whereas remaining amount will be released after acceptance of the Final Project Report of completed research, and its approval by the University Scrutiny Committee.

Kindly submit the acceptance letter in prescribed format. This is for your information and necessary action.

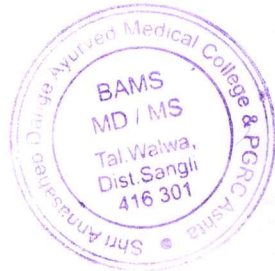
  
Registrar

Copy for necessary action:

1. Dr. Anjali Upadhye (Annasaheb Dange Ayur., Sangali)
2. Dr. Sujata Deepak Kate (Annasaheb Dange Ayur., Sangali)

Copy for information:

1. Hon. Vice Chancellor, MUHS, Nashik
2. Hon. Registrar, MUHS, Nashik
3. Hon. Finance and Accounts Officer



  
PRINCIPAL  
Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरीरोड, म्हसळ, नाशिक- ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel:(0253) 2539288/6659288/303 Student Helpline:0253-2539111/6659111/100

Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in



डॉ. राजेंद्र शिवाजी बंगाळ

एम.बी.बी.एस.एम.डी.(न्यायवैद्यकशास्त्र),डी.एन.बी, एल.एल.बी.

कुलसचिव

**Dr.Rajendra Shivaji Bangal**

M.B.B.S, M.D.( Forensic Medicine), D.N.B, L.L.B.

**Registrar**

MUHS/URD/2७७/2023

Date:28/06/2023

To,  
The Dean/ Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/p. Ashta, Tal. Walwa,  
Dist. Sangali - 416 301.

Sub: Approval of Research Grant (LTRG) for the academic year 2022-23.

Ref: 1) Application of Dr. Anjali Upadhye, dt.12/11/2022 for LTRG

2) Application of Dr. Sujata Deepak Kate, dt. 12/11/2022 for LTRG

Dear Sir/Madam,

With reference to above cited subject and reference, this is to inform you that the proposal for Research Grant scheme for the academic year 2022-23 has been sanctioned by the University as mentioned below:

Sr. No.	Name of the Researcher	Title of the Research Project	Type of Grant	Grant Amount Sanctioned
1	Dr. Anjali Upadhye	Adversity Quotient (AQ) i.e. the Science of Human Resilience In Medical Fraternity – A Survey Study	LTRG	Rs. 81,000/- (Rs. eighty one thousand only)
2	Dr. Sujata Deepak Kate	A Comparative Study of Triphala Ghrita Tarpan and Jivantyadi Ghrita Nasya along with Abhyantarpan of Triphala Ghrita with Triphalachurna and YashtimachuChurna in Pratham Patalgatdoshdristi Lokshan W.S.R. Siimpal Myopia.	LTRG	Rs. 96,900/- (Rs. ninety six thousand nine hundred only)

You may initiate your research work and send the project completion report within stipulated time as mentioned in your proposal. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review Journal. The responsibilities of the researcher and your

institute, kindly refer the University Research Department Notification no. 44/2019 (Amended 2022) (Rules and Regulations Regarding Research Grant for Students, Teachers and Employees of the Maharashtra University of Health Sciences)

Herewith, you are informed that the University has approved 50% of amount of research grant and it will be released to the bank account of your institute, whereas remaining amount will be released after acceptance of the Final Project Report of completed research, and its approval by the University Scrutiny Committee.

Kindly submit the acceptance letter in prescribed format. This is for your information and necessary action.

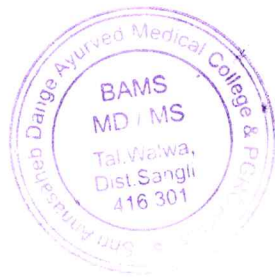
  
Registrar

Copy for necessary action:

1. Dr. Anjali Upadhye (Annasaheb Dange Ayur., Sangali)
2. Dr. Sujata Deepak Kate (Annasaheb Dange Ayur., Sangali)

Copy for information:

1. Hon. Vice Chancellor, MUHS, Nashik
2. Hon. Registrar, MUHS, Nashik
3. Hon. Finance and Accounts Officer



  
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.





# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

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Website: www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कलिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एस्सी.

**कुलसचिव**

O. No. MUHS/URD/ 158 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D, D.Sc.

**Registrar**

Date: 06/10/2021

To

**The Dean/Director/Principal,**

Hon. Shri Annasaheb Dange Ayurved

Medical College, Post Graduate &

Research Centre, A/p. Astha, Tal. Walwa,

**Dist. Sangli – 416 301.**

**Sub:** - Approval of Research Grant of Long Term Research Grant (LTRG) 2019-20.

**Ref.:-** Application of Dr. Tinkuganesh Prabhu Khalache dt. 19/10/2019 for LTRG

Dear Sir/Madam,

With reference to above subject and application for LTRG cited at reference, this is to inform you that the proposal for Long Term Research Grant scheme for academic year 2019-20 of Dr. Tinkuganesh Prabhu Khalache, research grant has been sanctioned for **Rs. 25,000/- (Rupees Twenty Five Thousand Only)** for Research Topic: **Randomized Controlled Trial of Panchkolasav In Puerperal Uterine Involution After Cesarean Section.** It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned teacher.

He may initiate his research work and send the project completion report within stipulated time of one year. **The duration of long-term research is ONE year only & may be extendable up to one more year with justified reasons. The teacher will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.**

The teacher is expected to present his interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the teacher for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to [urd@muhs.ac.in](mailto:urd@muhs.ac.in) & [muhsurd@gmail.com](mailto:muhsurd@gmail.com) must be submitted through you by the concerned teacher.

Registrar

Copy to:

**Dr. Tinkuganesh Prabhu Khalache.**

Hon. Shri Annasaheb Dange Ayurved

Medical College, Post Graduate &

Research Centre, A/p. Astha, Tal. Walwa,

**Dist. Sangli – 416 301.**



*Aspeny*  
**PRINCIPAL**

Shri Annasaheb Dange Ayurved Medical  
College, Astha, Tal. Walwa, Dist. Sangli.



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हस्रुळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

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Website: www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कलिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एससी.

**कुलसचिव**

O. No. MUHS/URD/ 151 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D, D.Sc.

**Registrar**

Date: 06/10/2021

To

**The Dean/Director/Principal,**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

**Dist. Sangli - 416 301.**

**Sub:** - Approval of Research Grant of Long Term Research Grant (LTRG) 2019-20.

**Ref.:-** Application of Dr. Jayvant Vasant Kharat dt. 19/10/2019 for LTRG

Dear Sir/Madam,

With reference to above subject and application for LTRG cited at reference, this is to inform you that the proposal for Long Term Research Grant scheme for academic year 2019-20 of Dr. Jayvant Vasant Kharat, research grant has been sanctioned for **Rs. 90,000/- (Rupees Ninety Thousand Only)** for Research Topic: **Open Randomized Clinical Trial of Antithyroid Regimen of Ayurveda on Thyroid Diseases.** It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned teacher.

He may initiate his research work and send the project completion report within stipulated time of one year. **The duration of long-term research is ONE year only & may be extendable up to one more year with justified reasons. The teacher will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.**

The teacher is expected to present his interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the teacher for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to [urd@muhs.ac.in](mailto:urd@muhs.ac.in) & [muhsurd@gmail.com](mailto:muhsurd@gmail.com) must be submitted through you by the concerned teacher.

**Registrar**

Copy to:

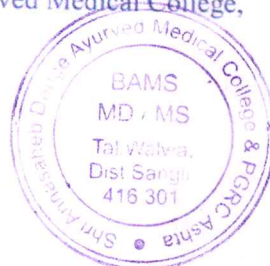
**Dr. Jayvant Vasant Kharat,**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

**Dist. Sangli - 416 301.**



*Pravrajit*  
20/10/2021  
**PRINCIPAL**

Shri Annasaheb Dange Ayurved Medical College, Ashta, Tal. Walwa, Dist. Sangli



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

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Website: www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कलिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एससी.

**कुलसचिव**

O. No. MUHS/URD/ 166 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D, D.Sc.

**Registrar**

Date: 06/10/2021

To

**The Dean/Director/Principal,**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli – 416 301.

**Sub:** - Approval of Research Grant of Short Term Research Grant (STRG) 2019-20.

**Ref.:-** Application of Miss. Akshata Panditrao Patil, dt. 09/11/2019 for STRG

Dear Sir/Madam,

With reference to above subject and your application for STRG cited at reference, this is to inform you that the proposal for Short Term Research Grant scheme for academic year 2019-20 of Miss. Akshata Panditrao Patil, research grant has been sanctioned for **Rs. 24,000/- (Rupees Twenty Four Thousand Only)** for Research Topic: **Physico Chemical Analysis of Kajjali And Rasaparpati**. It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned student.

She may initiate her research work and send the project completion report within stipulated time one year. **The duration of short-term research is SIX months & may be extendable up to ONE year with justified reasons. The student will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.**

The student is expected to present her interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the student for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to [urd@muhs.ac.in](mailto:urd@muhs.ac.in) & [muhsurd@gmail.com](mailto:muhsurd@gmail.com) must be submitted through you by the concerned student.

**Registrar**

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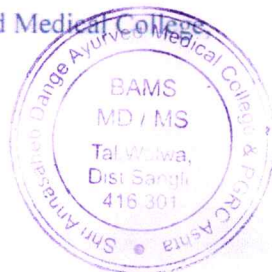
**Miss. Akshata Panditrao Patil.**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli – 416 301.



*Principal*  
**PRINCIPAL**  
28/10/21

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

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Website: www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कलिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एस्सी.

**कुलसचिव**

O. No. MUHS/URD/ 171 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D, D.Sc.

**Registrar**

Date: 06/10/2021

To

**The Dean/Director/Principal,**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli - 416 301.

**Sub:** - Approval of Research Grant of Short Term Research Grant (STRG) 2019-20.

**Ref.:-** Application of Miss. Mayuri Vasantrao Nazirkar, dt. 19/10/2019 for STRG

Dear Sir/Madam,

With reference to above subject and your application for STRG cited at reference, this is to inform you that the proposal for Short Term Research Grant scheme for academic year 2019-20 of Miss. Mayuri Vasantrao Nazirkar, research grant has been sanctioned for **Rs. 17,000/- (Rupees Seventeen Thousand Only)** for Research Topic: **A Critical Analytical Study of Polyherbal Antidiabetic Formulation - Pramehaghna Choorna**. It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned student.

She may initiate her research work and send the project completion report within stipulated time one year. **The duration of short-term research is SIX months & may be extendable up to ONE year with justified reasons. The student will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.**

The student is expected to present her interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the student for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to [urd@muhs.ac.in](mailto:urd@muhs.ac.in) & [muhsurd@gmail.com](mailto:muhsurd@gmail.com) must be submitted through you by the concerned student.

**Registrar**

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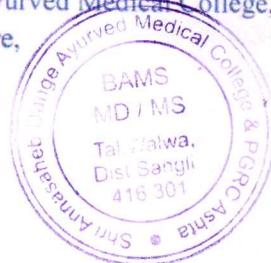
**Miss. Mayuri Vasantrao Nazirkar.**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli - 416 301.



**PRINCIPAL**

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
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Website www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कल्लिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी. हो एम्सी.

**कुलसचिव**

O. No. MUHS URD/ 180 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D., D.Sc.

**Registrar**

Date: 06/10/2021

To  
The Dean/Director/Principal,  
Hon. Shri. Annasaheb Dange Ayurved Medical College,  
Post Graduate & Research Centre,  
A/p. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

**Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2019-20.**  
**Re:- Application of Miss. Shivani Kiran Shinde, dt. 19/10/2019 for STRG**

Dear Sir/Madam,

With reference to above subject and your application for STRG cited at reference, this is to inform you that the proposal for Short Term Research Grant scheme for academic year 2019-20 of Miss. Shivani Kiran Shinde, research grant has been sanctioned for Rs. 19,000/- (Rupees Nineteen Thousand Only) for Research Topic: **To Establishment of Standards of Avritit Nirgundi Tail.** It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned student.

She may initiate her research work and send the project completion report within stipulated time one year. The duration of short-term research is SIX months & may be extendable up to ONE year with justified reasons. The student will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.

The student is expected to present her interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

You are requested to monitor expenses incurred by the student for research. The utilization certificate, statement of expenditure duly certified by registered CA and hard as well as soft copy of Dissertation within 03 months after receipt of grant by email to [urd@muhs.ac.in](mailto:urd@muhs.ac.in) & [muhsurd@gmail.com](mailto:muhsurd@gmail.com) must be submitted through you by the concerned student.

Registrar

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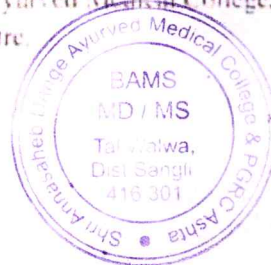
Miss. Shivani Kiran Shinde,

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli - 416 301.



PRINCIPAL

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

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Website: www.muhs.ac.in, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in)

**डॉ. कालिदास द. चव्हाण**

एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र), पीएच.डी., डी.एस्सी.

**कुलसचिव**

O. No. MUHS/URD/ 178 /2021

**Dr. Kalidas D. Chavan**

M.B.B.S., M.D. (Forensic Medicine), Ph.D., D.Sc.

**Registrar**

Date: 06/10/2021

To

**The Dean/Director/Principal,**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli - 416 301.

**Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2019-20.**

**Ref.:- Application of Miss. Siddhi Uttam Jarande, dt. 19/10/2019 for STRG**

Dear Sir/Madam,

With reference to above subject and your application for STRG cited at reference, this is to inform you that the proposal for Short Term Research Grant scheme for academic year 2019-20 of Miss. Siddhi Uttam Jarande, research grant has been sanctioned for **Rs. 17,000/- (Rupees Seventeen Thousand Only)** for Research Topic: **Analyze Phytochemical Parameters And Antioxidant Activities of Mallikakand.** It may be noted that the sanctioned grant for the research will be released only after completion of research by the concerned student.

She may initiate her research work and send the project completion report within stipulated time one year. **The duration of short-term research is SIX months & may be extendable up to ONE year with justified reasons. The student will utilize the amount of research grant towards the expenses incurred for materials and consumables procured for completing the project only.**

The student is expected to present her interim/final research observations in the MUHS State Level Research Conference and submit the research manuscript by e-mail to [hsr@muhs.ac.in](mailto:hsr@muhs.ac.in) for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

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**Registrar**

Copy to:

**Miss. Siddhi Uttam Jarande.**

Hon. Shri. Annasaheb Dange Ayurved Medical College,

Post Graduate & Research Centre,

A/p. Ashta, Tal. Walwa,

Dist. Sangli - 416 301.



*Prasad*  
26/10/24  
**PRINCIPAL**

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



# महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हस्रुळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel: (0253) 2539288/6659288

Website: <http://www.muhs.ac.in>, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in), [muhsurd@gmail.com](mailto:muhsurd@gmail.com)

डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/193/2019

Date: 13/11/2019

To

Dr. Anjali Upadhye  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

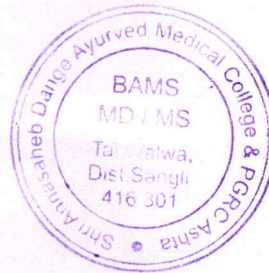
**Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.**

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 05,00,000/-. For **Research Topic: Tetra packaging – A new alternative competitive remedy for storage of Ayurvedic formulations.** It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.



Registrar

Copy to:

The Dean/Director/Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

*Prasad*  
2019/12/25  
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हसळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel: (0253) 2539288/6659288

Website: <http://www.muhs.ac.in>, E-mail: [urd@muhs.ac.in](mailto:urd@muhs.ac.in), [muhsurd@gmail.com](mailto:muhsurd@gmail.com)

डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एम्., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/ 193/2019

Date: 3/11/2019

To

Dr. Archana Wadkar  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

**Sub: - Approval of Research Grant of Long Term Research Grant (LTRG) 2018-19.**

Dear Researcher,

With reference to above subject and your application for LTRG, this is to inform you that your proposal for Long Term Research Grant scheme for academic year 2018-19 has been approved for **Rs. 12,000/-**. For **Research Topic: Randomized clinical single armed study of Ikhaniya basti sthauye**. It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.



Registrar

Copy to:

The Dean/Director/Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Principal  
20/11/19

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.





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डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एस्., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/ 193 /2019

Date: 13 /11 /2019

To

Dr. Sangwai Akash.  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 08,000/-. For Research Topic: Electric current free, combined, cost effective [c3] panchakarma machine for shirodhara and parishek. It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.



Registrar

Copy to:

The Dean/Director/Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Principal  
26/11/19

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
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डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/193/2019

Date: 13/11/2019

To

Dr. Anish Atpadkar.  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

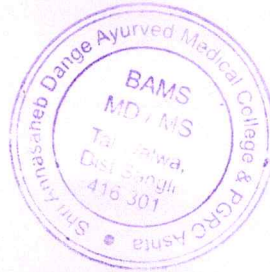
**Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.**

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 08,000/- For **Research Topic: A Survey Study About Menstrual Habits in Practices Among Adolescent Girls In rural area in Sangli District.** It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.



Copy to:

**The Dean/Director/Principal,**  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Registrar

*P. Prasad*  
20/11/19  
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
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डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एम्., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/193 /2019

Date: 13 /11 /2019

To

Sagar Eshwar Patil.  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

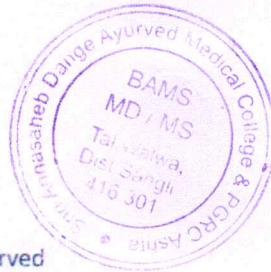
**Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.**

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for **Rs. 08,000/-**. For **Research Topic: Efficacy of Malatyadi Shirobhyanga In Darunaka In College- Going Students**. It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.



Copy to:

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Medical College, Post Graduate &  
Research Centre,  
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Registrar

  
PRINCIPAL

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महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
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डॉ. कालिदास द. चव्हाण  
एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/ 193/2019

Date: 13/11/2019

To

Dudhani Shilpa M.  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

**Sub:** - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 05,000/-. For **Research Topic: Exploratory study of Superbrain Yoga – A Simple Exercise To Maximize Brain Power!** It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

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Registrar

Copy to:

**The Dean/Director/Principal,**  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.



**PRINCIPAL**  
Shri. Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**  
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एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/ 193 /2019

Date: 13/11/2019

To

Dr. Rupali R. Patil  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Sub: - Approval of Research Grant of Long Term Research Grant (LTRG) 2018-19.

Dear Researcher,

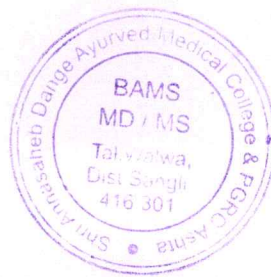
With reference to above subject and your application for LTRG, this is to inform you that your proposal for Long Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 20,000/- . For **Research Topic: A randomised control study of jatamansi churna and shirodhara In the management of prameha W.s.r. to stress induced diabetes mellitus type II.** It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

Research Grant will be released to the bank account of your institute after acceptance of final project report of completed research and its approval by the University scrutiny committee.

Copy to:

The Dean/Director/Principal,  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.



Registrar

*[Signature]*  
PRINCIPAL  
Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

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एम.बी.बी.एस., एम.डी. (न्यायवैद्यकशास्त्र)  
कुलसचिव

Dr. Kalidas D. Chavan  
M.B.B.S., M.D. (Forensic Medicine)  
Registrar

O. No. MUHS/URD/193/2019

Date: 13/11/2019

To

Patil Rutuja R.  
Hon. Shri. Annasaheb Dange Ayurved  
Medical College, Post Graduate &  
Research Centre,  
A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

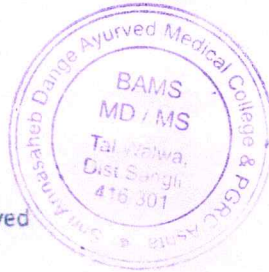
Sub: - Approval of Research Grant of Short Term Research Grant (STRG) 2018-19.

Dear Researcher,

With reference to above subject and your application for STRG, this is to inform you that your proposal for Short Term Research Grant scheme for academic year 2018-19 has been approved for Rs. 08,000/-. For **Research Topic: Observational study on effect of wheat restricted diet in obesity (sthaulya)**. It may be noted that the sanctioned grant for the research will be released only after completion of research.

You may initiate your research work and send the project completion report within stipulated time one year. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review.

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Medical College, Post Graduate &  
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A/P. Ashta, Tal. Walwa,  
Dist. Sangli - 416 301.

Registrar

  
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli.

## Research Project Report

➤ **Name of Project-**

**STUDY OF LUNG CAPACITY BY SPIROMETER IN DIFFERENT DEHA PRAKRUTI  
IN TEXTILE WORKERS**

➤ **Done by-**

**HON. SHRI. ANNASHEB DANGE AYURVED MEDICAL COLLEGE & DEENDAYAL  
M.S.S.G. LTD. ISLAMPUR,**

➤ **Submitted to-**

**DEENDAYAL M.S.S.G. LTD. ISLAMPUR. TAL- WALWA, DIST- SANGLI**

➤ **Type of Project-**

Funded/ Granted Project

➤ **Duration-**

25/09/2018 to 05 /10/2018

➤ **Venue-**

**DEENDAYAL M.S.S.G. LTD. ISLAMPUR, Deendayal Nagar, Waghwadi, Po- Kameri,  
Tal- Walwa, Dist- Sangli.**

➤ **Project cost-**

**Rs. 35000 /-**

➤ **Project Team-**

1. Dr. Pramod Kanap – Project Co-coordinator
2. Dr. Amit Pethkar - Member
3. Dr. Shital Raskar- Member
4. Dr. Sushant Kanase- Member

