



Details of the training program of Anushastra of therapists

Year 2022-23

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedūre and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point
9. Therapist are Advised to take proper follow up by next plan of Anushastra Therapy.





TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 1
Time	: 9.30 pm to 11:30 pm
Topic	: Ksharsutra.
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharsutra:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

- **Purvakarma:**
 1. Physician opinion for procedure.
 2. Part preparation
 3. TT and xylocaine sensitivity
 4. If Anorectal cases then we had done enima
 5. IVF, analgesic, antibiotic
- **Pradhankarma:**
 1. Patient taken under SA/ LA.
 2. Painting draping done.



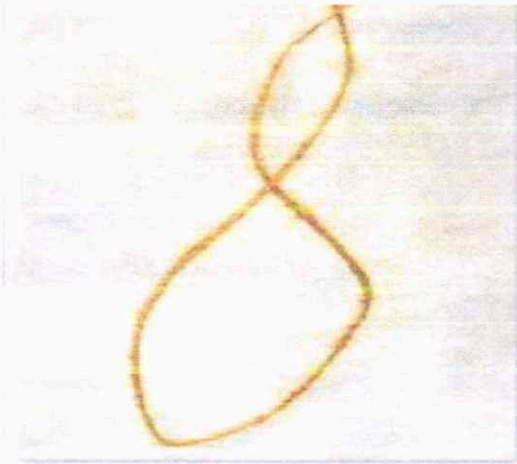


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the kshar surta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

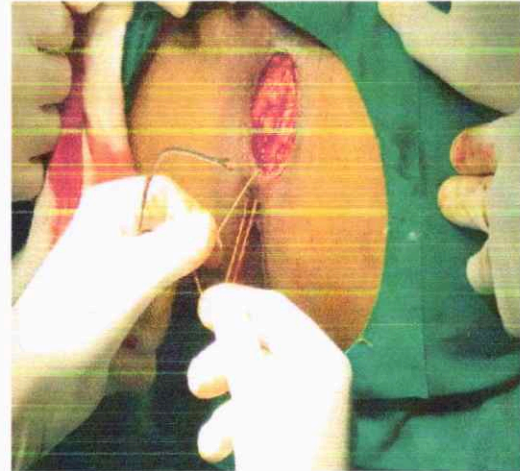
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

Outcomes: Student got there Ksharsutra concept clearly.



Ksharsutra Threid



Ksharsutra Application



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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 2
Time : 9.30 pm to 11:30 pm
Topic : Ksharkarma .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Ksharkarma:

2. To enlighten the knowledge of Ksharakarma in Shalya Vyadhi's
In everyday clinical practice

Number of Student For training: 100

Procedure done in 3 stages:

• Purvakarma:

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic





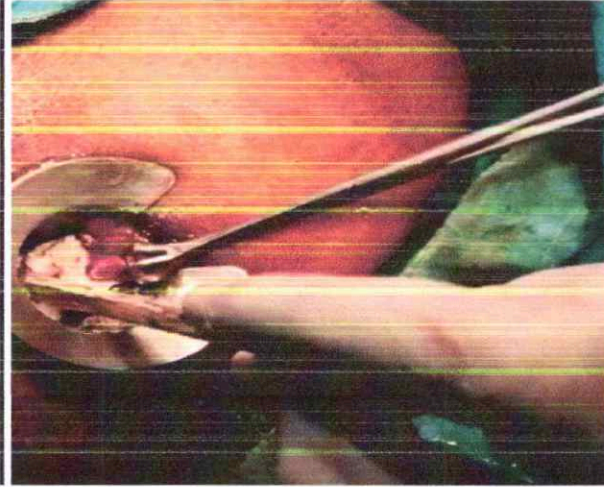
• **Pradhankarma:**

1. Patient taken under SA/ LA.
2. Painting draping done.
3. Kshara Apply to affected part and waited till it becoming pakwajambu falvarna (100 matra)
4. Kshara removed by Nimbu swarasa.
5. Dressing done and patient shifted to post-operative ward

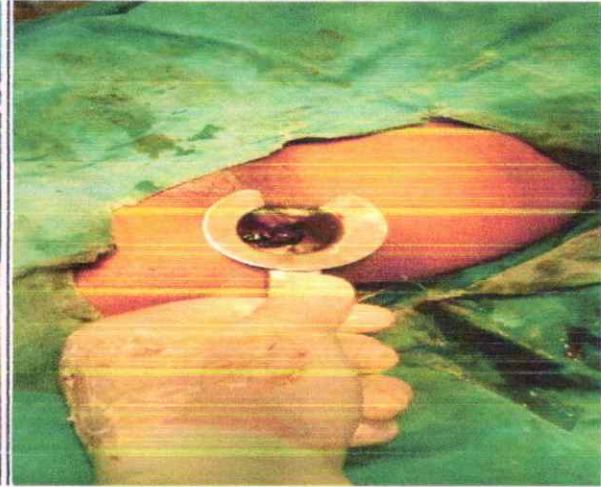
Pashchyatkarma: Post-Operative

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic


Outcomes: Student got there Ksharkarma concept clearly.



Application of Kshara



after removing of kshara jambufal varna


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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department	: Shalyatantra
Title of Activity	: Training of Anushashtra
Day	: 3
Time	: 9.30 pm to 11:30 pm
Topic	: Agnikarma .
Venue	: Dhanvantari Ayurved Hospital. Ashta

Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 90

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Analgesic, antibiotic

- **Pradhankarma:**

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for Affected part





Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Outcomes: Student got there Agnikarma concept clearly.



Agnikarma with Panchadhatu Shalaka


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TRAINING PROGRAM OF ANUSHASTRA

Year 2022-23

Department : Shalyatantra
Title of Activity : Training of Anushashtra
Day : 4
Time : 9.30 pm to 11:30 pm
Topic : Jalaukavacharan .
Venue : Dhanvantari Ayurved Hospital. Ashta

Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

Number of Student For training: 115

Procedure done in 3 stages:

- **Purvakarma:**

1. Part preparation
2. Jalauka
3. Haridra
4. Kidney tray





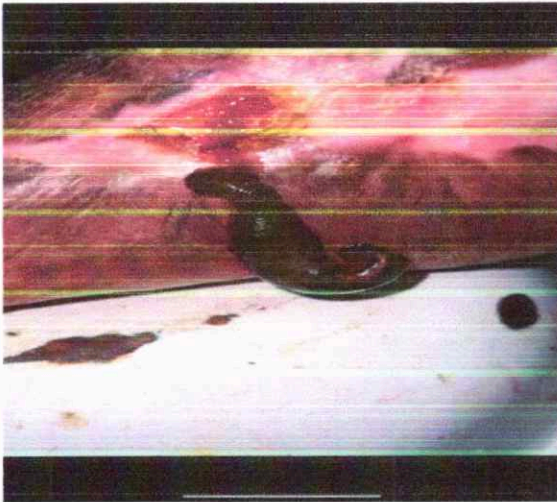
• **Pradhankarma:**

1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes

Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

Outcomes: Student got there Jalaukavacharan concept clearly.



Application of Jalauka

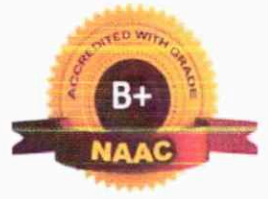


Jalauka removed and L/A of haridra





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Atiyoga management in Anushastra.

Ksharakarma atiyoga management

- 1) Matra Basti in Anorectal conditions
- 2) ghrita or taila application in ulcer
- 3) Internal medication (Guggulu kalp, Virechak dravya)

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)


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Date: 17/05/2023

Attendance of Training program
Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
8.	Dr. Kajal Bajarang Padalkar.	<u>Kajal Padalkar</u>
9.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi Kale</u>
10.	Dr. Pramod Dadasaheb Ghule.	<u>Pramod Ghule</u>
11.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin Vanjari</u>
12.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya Sonawane</u>
13.	Dr. Pradnya Shukracharya Kolhal.	<u>Pradnya Kolhal</u>
14.	Dr. Shubham Ganesh Khandagale.	<u>Shubham Khandagale</u>
15.	Dr. Onkar Arvind Bhandare.	<u>Onkar Bhandare</u>
16.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta Gunjal</u>
17.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha Debaje</u>
18.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada Sayyad</u>
19.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema Kacchi</u>
20.	Dr. Akash Vilas Chavan	<u>Akash Chavan</u>
21.	Dr. Divya Dilip Patil	<u>Divya Patil</u>
22.	Dr. Vishnavi Balaso Kale	<u>Vishnavi Kale</u>
23.	Dr. Priyanka Popat Chavan	<u>Priyanka Chavan</u>
24.	Dr. Siddheshwar Namdeo sanap	<u>Siddheshwar Sanap</u>
25.	Dr. Vibhav Rajendra Dongare	<u>Vibhav Dongare</u>
26.	Mrs. Vidya Habale (female therapist)	<u>Vidya Habale</u>
27.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
28.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>


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Date: 18/05/2023

Attendance of Training Program
Day 2- Ksharkarma

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
8.	Dr. Kajal Bajarang Padalkar.	<u>Kajal Padalkar</u>
9.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi Kale</u>
10.	Dr. Pramod Dadasaheb Ghule.	<u>Pramod Ghule</u>
11.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin Vanjari</u>
12.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya Sonawane</u>
13.	Dr. Pradnya Shukracharya Kolhal.	<u>Pradnya Kolhal</u>
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16.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta Gunjal</u>
17.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha Debaje</u>
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19.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema Kacchi</u>
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Date: 19/05/2023

Attendance of Training program
Day 3- Agnikarma

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Nikhil Uttam Nigade.	<u>Nikhil Nigade</u>
7.	Dr. Sonal Suresh Kad.	<u>Sonal Kad</u>
8.	Dr. Kajal Bajarang Padalkar.	<u>Kajal Padalkar</u>
9.	Dr. Vijaylaxmi Popat Kale.	<u>Vijaylaxmi Kale</u>
10.	Dr. Pramod Dadasaheb Ghule.	<u>Pramod Ghule</u>
11.	Dr. Mohsin Bashir Vanjari.	<u>Mohsin Vanjari</u>
12.	Dr. Pranamya Rohidas Sonawane.	<u>Pranamya Sonawane</u>
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27.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
28.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>

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Date: 20/05/2023

Attendance of Training program
Day 4- Jalaukavacharan

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	<u>Mansi Chavan</u>
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
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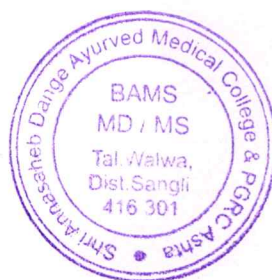
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Department of Shalyatantra

Agnikarma Procedure



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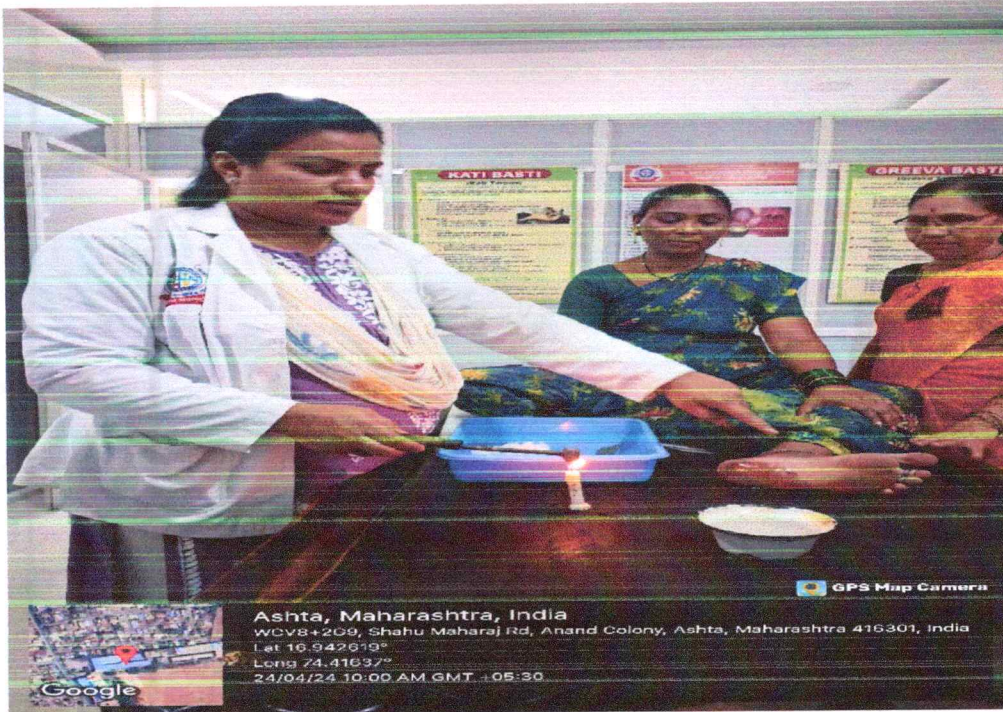





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Agnikarma


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Agnikarma Pashchyatkarma


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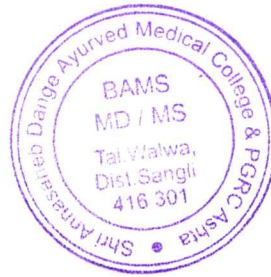
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Department of Shalyatantra

Jalaukavacharan Vidhi



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