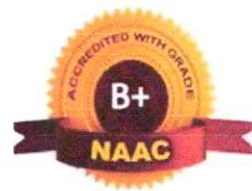




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DEPT. OF SWASTHAVRITTA AND YOGA

ACTION PLAN OF 9TH INTERNATIONAL DAY OF YOGA 2023

Sr. No.	Date	Competition / Event
1	16/06/2023	Yoga Practice Session
2	17/06/2023	- Yoga Practice Session - Rangoli competition
3	19/06/2023	- Yoga Practice Session - Guest lecture
4	20/06/2023	Yoga Practice Session
5	21/06/2023	- Yoga Session 9th International Day Of Yoga 2023 celebration





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Date-23/06/2023

ACTIVITY REPORT

Title of Event / Activity: - 9th International Day of Yoga 2023

Organized by the Department – Dept. of Swasthavritta & Yoga and NSS Unit

Date:-16/06/2023-21/06/2023

Duration:- 5 Days

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College

Subject: Conducting Yoga Training session, Guest lectures, Rangoli competition & Yoga Session on the occasion of 9th International Yoga Day – 21 June 2023

Objectives of event / activity:-

- To create awareness of Yoga.
- To promote practices of Yoga.
- To build up healthy society by propagating importance of Yogsadhana in Daily life.
- To making up of our students physically & mentally sound.

Description:

1. 16/06/2023

On 16/06/2023 at 9.30 am yoga practice session started. Guidelines of yoga session is informed to all students and also schedule of events planned by Dept. of Swasthavritta was also informed to participants. Yoga Practice Session was conducted by Dr. Sanjay Jadhav, Professor, Department of Swasthavritta. All participants practiced asanas of Standing and Sitting postures

2. 17/06/2023

Dr. Ashwini Khot, Reader Department of Swasthavritta, conducted Yoga practice session at 9.30 am at Shri. Annasaheb Dange Sports Complex. All participants practiced asanas of Supine and Prone postures.



On the same day Rangoli Competition was held from. 2.00 pm to 04.00 pm. Total 5 Students participated in Rangoli Competition. Participants draw very attractive Yoga related Rangoli.

3. 19/06/2023

Dr. Radhika Chougule, Lecturer Department of Swasthavritta, conducted Yoga practice session at 9.30 am at Shri. Annasaheb Dange Sports Complex. All participants practiced Pranayam, Kapalbhathi and Dhyana.

In afternoon session, a Guest lecture on the topic 'Yoga for Youth' was organized for BAMS students. Dr. Balkrishna Chitanis, Secretary, Vishwa Yoga Darshan Kendra, Sangli-Miraj delivered very informative speech. Prize distribution ceremony of Rangoli Competition was held during this event. 69 Teachers and Students were present for the Guest Lecture.

4. 20/06/2023

Dr. Sanjay Jadhav, Professor, Department of Swasthavritta, conducted Yoga practice session at 9.30 am at Shri. Annasaheb Dange Sports Complex. All participants practiced yogasanas and Pranayam as per Common yoga Protocol prescribed by Ministry of AYUSH, Government of India.

5. 21/06/2023

On 21st June 2023 Yoga Session was organized for all Teaching Staff & Non-teaching Staff. This session was conducted by Dr. Sanjay Jadhav, Professor, Dept. of Swasthavritta and Yoga in co-ordination with Dr. Ashwini Khot Reader & Dr. Radhika Chougule, Lecture Dept. of Swasthavritta & Yoga. Yoga session was conducted as per common Yoga Protocol. For the Yoga Sessions 188 Participants were present.

All together total **262** teachers and students participated in the events organized for 9th International Yoga Day Celebration. All these activities was organized under the valuable guidance of Dr. A.R.V. Murthy, Director ADAMC and Dr. Amit Pethkar, Principal, ADAMC, Ashta.


HOD

Swasthavritta Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta



NSS Programme Officer
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Waiwa, Dist. Sangli.


PRINCIPAL

Shri. Annasaheb Dange Ayurved Medical
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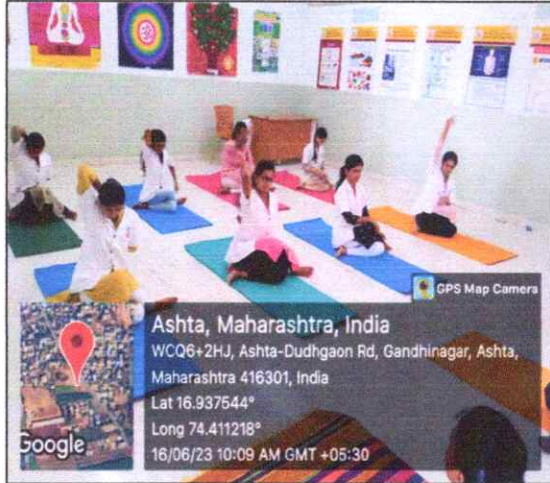


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 16/06/2023 Yoga Practice Session



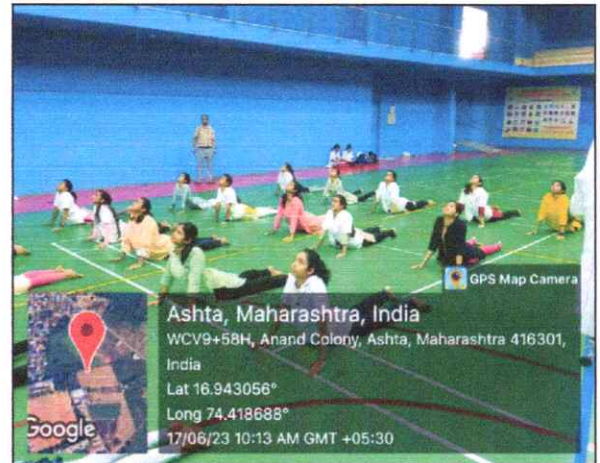


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 17/06/2023 Yoga Practice Session



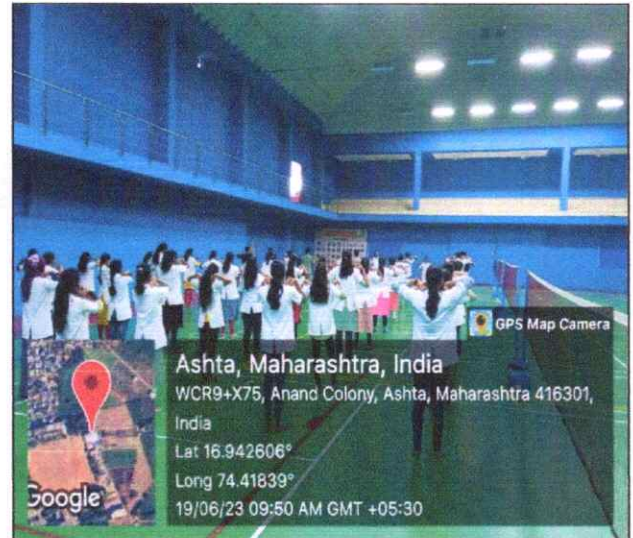


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 19/06/2023 Yoga Practice Session



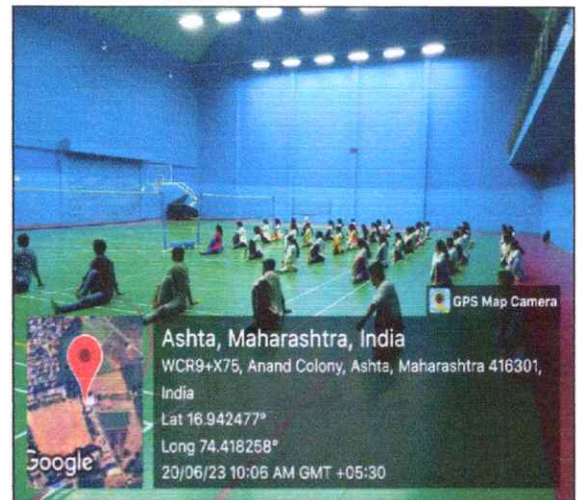


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 20/06/2023 Yoga Practice Session



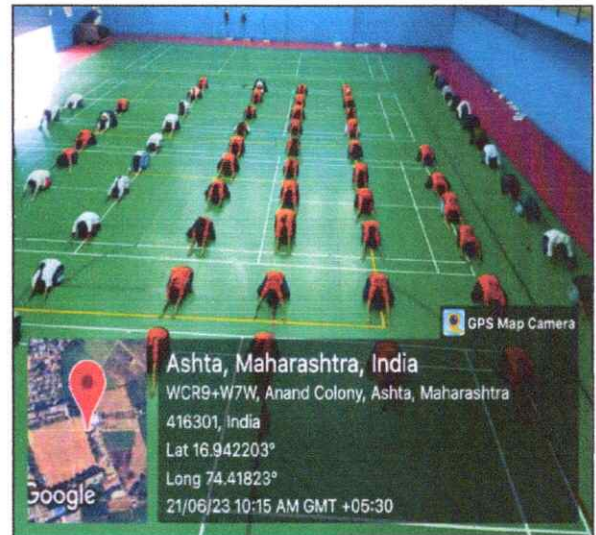
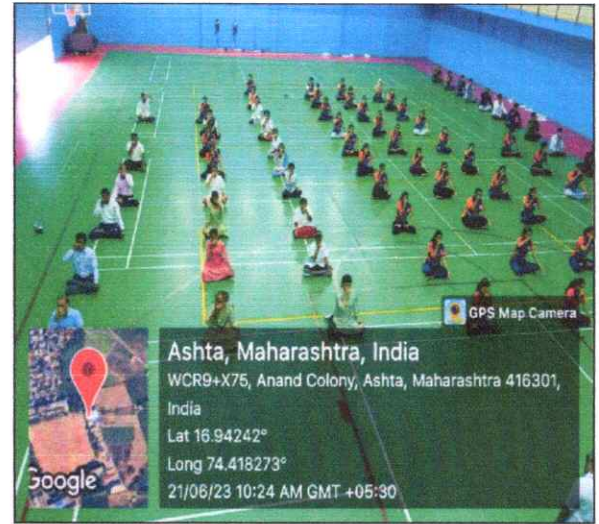


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 21/06/2023 Yoga Practice Session



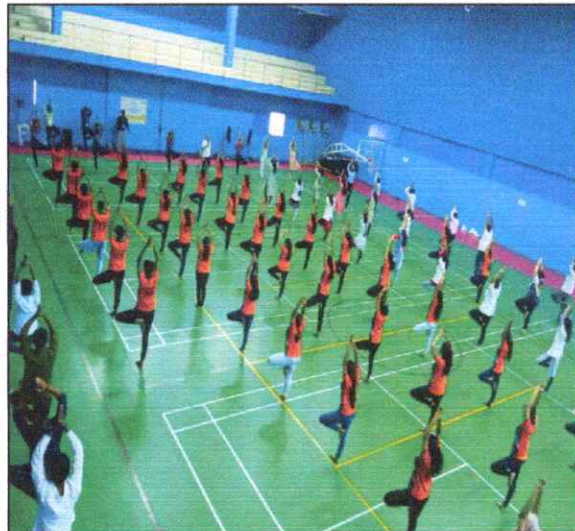


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 21/06/2023 Yoga Practice Session



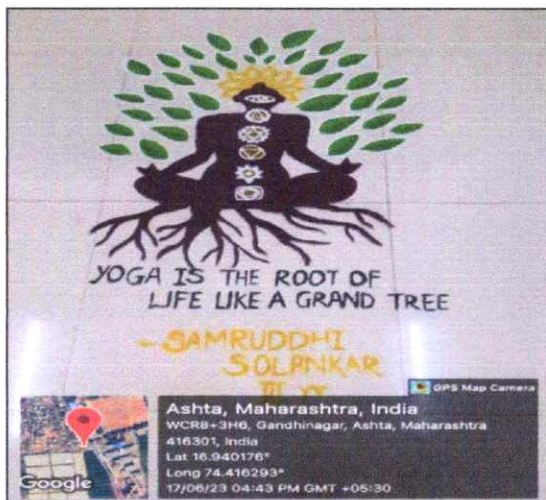


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 17/06/2023 Rangoli Competition





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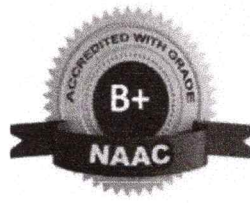
DEPT. OF SWASTHAVRITTA AND YOGA

Date: 19/06/2023 Guest Lecture





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DEPT. OF SWASTHAVRITTA AND YOGA

ACTION PLAN OF 10th INTERNATIONAL DAY OF YOGA 2024

Sr. No.	Date	Competition / Event
1	14/06/2024	Yoga Practice Session
2	15/06/2024	Yoga Practice Session for Women employee
3	18/06/2024	- Yoga Practice Session - Yoga Poster Making Activity
4	19/06/2024	- Yoga Practice Session - Yoga Awareness Rally
5	20/06/2024	- Yoga Practice Session - Guest lecture
6	21/06/2024	- Yoga Session 10th International Day of Yoga 2024 celebration



(Signature)

HOD

**Swasthavritta Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta**



Date-22/06/2024

ACTIVITY REPORT

Title of Event / Activity: - 10th International Day of Yoga 2024

Organized by the Department – Dept. of Swasthavritta & Yoga and NSS Unit, ADAMC

Date:-14/06/2024-21/06/2024

Duration:-6 Days

Venue:- Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta

Subject: Celebration 10th International Yoga Day – 21 June 2024

Objectives of event / activity:-

- To create awareness about Yoga.
- To promote practices of Yoga.
- To build up healthy society by propagating importance of Yogsadhana in Daily life.
- To making up of our women physically & mentally sound.

Description:

1. 14/06/2024

On 14/06/2024 at 9.30 am yoga practice session was started. Common Yoga Protocol of yoga session was informed to all students. Schedule of events planned by Dept. of Swasthavritta was also informed to participants. Yoga Practice Session was conducted by Dr. Sanjay Jadhav, Professor, Department of Swasthavritta. All participants practiced asanas as per Common Yoga Protocol.

2. 15/06/2024

Dr. Ashwini Khot, Reader Department of Swasthavritta and Yoga, conducted Yoga Practice session for women employee of ADAMC, Ashta and Dhanvantari Hospital Ashta at 9.30 am at Yoga hall.





3. 18/06/2024

Dr. Ashwini Khot, Reader, Department of Swasthavritta, conducted Yoga practice session. On the same day Yoga poster Making activity was conducted. 56 students of II BAMS participated in the activity.

4. 19/06/2024

Dr. Radhika Chougule, Lecturer, Department of Swasthavritta, conducted Yoga practice session. All participants practiced yogasanas and Pranayam as per Common yoga Protocol prescribed by Ministry of AYUSH, Government of India. Yoga Awareness rally was conducted students at Ashta city at 11.30 am. 79 students of II BAMS students participated in the rally.

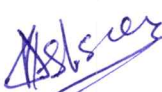
5. 20/06/2024

Dr. Sanjay Jadhav, Professor, Department of Swasthavritta, conducted Yoga practice session. In Guest lecture on the topic 'Yoga for Wellness' was organized for II BAMS students. Dr. Prof. S. R. Chougule, Yoga Teacher, Islampur delivered very informative speech regarding Yoga. Mrs. Asmita Konduskar, Yoga teacher was also present for the event. Total 73 faculties and students were present for the lecture.

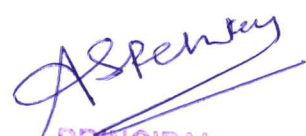
6. 21/06/2024

On 21st June 2024 Yoga Session was organized for all Teaching Staff & Non-teaching Staff and Students. This session was conducted by Dr. Sanjay Jadhav, Professor, Dept. of Swasthavritta and Yoga in co-ordination with Dr. Ashwini Khot Reader & Dr. Radhika Chougule, Lecture Dept. of Swasthavritta & Yoga. Yoga session was conducted as per common Yoga Protocol. For the Yoga Sessions 151 Participants were present.

All together total 359 teachers and students participated in the various events organized for 10th International Yoga Day Celebration. All these activities was organized under the valuable guidance of Director, Dr. A.R.V. Murthy, Principal Dr. Amit Pethkar, and Administrative Officer, Dr. Vijay Dange.

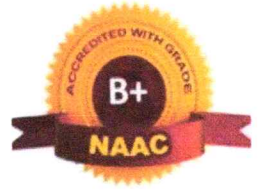

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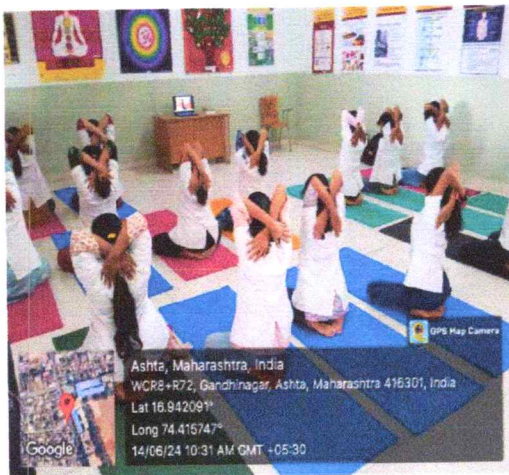
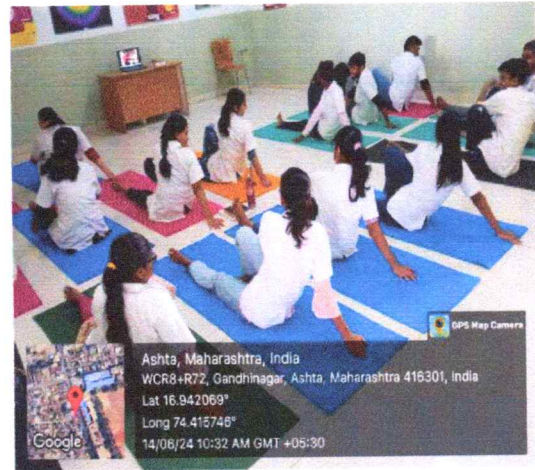


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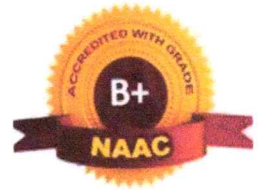
DEPT. OF SWASTHAVRITTA AND YOGA

Date: 14/06/2024 Yoga Practice Session



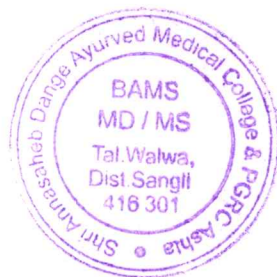
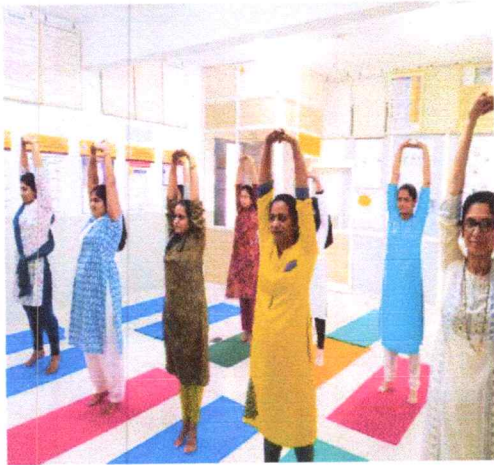
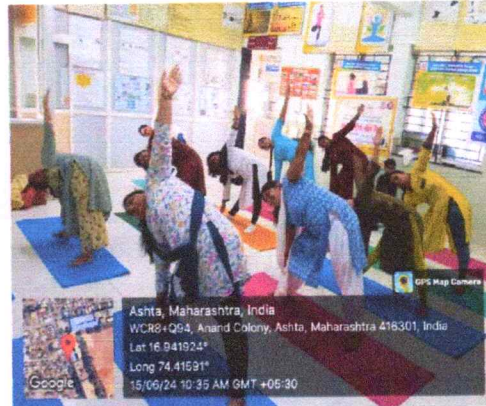
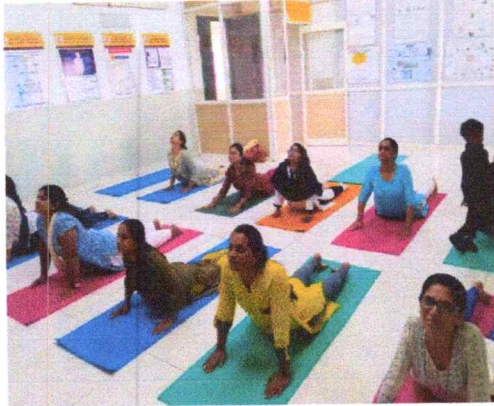


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 15/06/2024 Yoga Practice Session for Women Employee



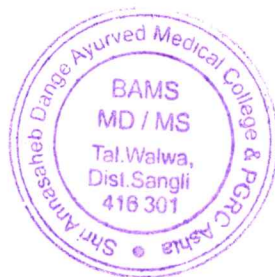
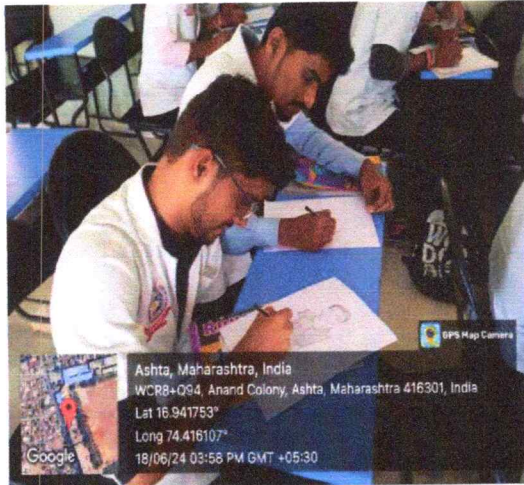
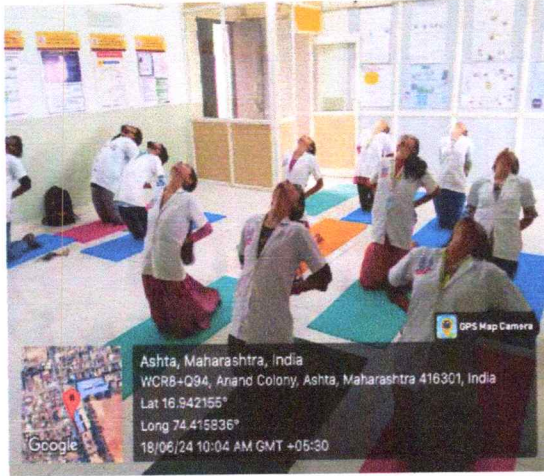


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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 18/06/2023 Yoga Practice Session & Poster Making Activity





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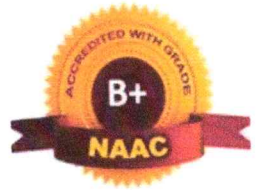
DEPT. OF SWASTHAVRITTA AND YOGA

Date: 19/06/2024 Yoga Practice Session & Yoga Awareness Rally





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DEPT. OF SWASTHAVRITTA AND YOGA

Date: 20/06/2024 Yoga Practice Session & Guest Lecture



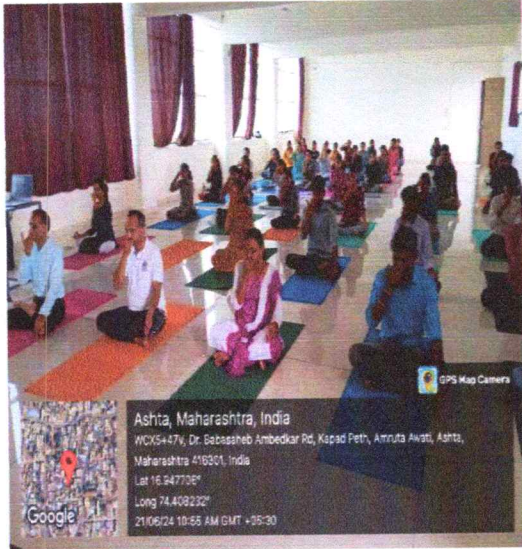


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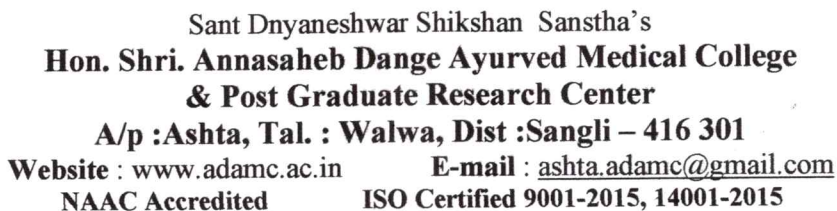


DEPT. OF SWASTHAVRITTA AND YOGA

Date: 21/06/2024 Yoga Session



HOD
Swasthritta Dept.
Hon.shri Annasaheb Dange
Ayurved Medical College Ashta



PRESENTY SHEET

NAME OF PROGRAMME/ ACTIVITY: Yoga session - for female Teaching staff.	
DATE: 15/06/2024	TIME:
VENUE: Yoga Hall, ADAME	

[illegible]



Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

ATTENDANCESHEET-IInd BAMS2023-24

TEACHERSNAME-
SUBJECT-

Poster making Activity 100% IDY

TOPIC-

DATE- 18/06/2024
TIME- 03:30pm - 4:30pm

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Ahiwale Aryan Prajan	A	50	Kshirsagar Satyanarayan Satyabhan	A
2	Ahuja Mamta Ravindra	A	51	Kulkarni Atharv Kishor	A
3	Alone Chandani Dhanpal	A	52	Kulkarni Gayatri Rajshekhar	A
4	Bangar Datta Dnyande	A	53	Lengare Lambodar Prakash	A
5	Barbade Pratik Satish	A	54	Mahamuni Arya Umeshchandra	A
6	Bargaje Niles Babasaheb	A	55	Mahore Mohini Prabhakar	A
7	Bhopate Mrudula Abaso	A	56	Malvi Deepak Ganesh	A
8	Bhosale Aditi Yuvaraj	A	57	Mane Ekata Ashok	A
9	Bhosale Sangram Balasaheb	A	58	Mohite Yash Ravindra	A
10	Bhosale Santosh Mohan	A	59	Mujawar Rubina Niyaj	A
11	Bhoye Gopal Pandurang	A	60	Mujawar Rukaiyya Riyaj	A
12	Chavan Umesh Dilip	A	61	Mujawar Sameer Iqbal	A
13	Choudhari Sanskruti Ramling	A	62	Narwade Aniket Bhaurao	A
14	Dawale Devika Balaso	A	63	Narwade Trisharan Sambhaji	A
15	Dawane Kavish Dilip	A	64	Nevge Sakshi Sharad	A
16	Deore Janhavi Pradip	A	65	Patil Anushka Dhondiram	A
17	Deshmukh Yashwant Bharat	A	66	Patil Pranali Hiraman	A
18	Dhavle Vishal Bhagwat	A	67	Patil Pranali Satappa	A
19	Dongare Shankar Sopan	A	68	Patil Pranjal Nitin	A
20	Dorge Siddhi Manoj	A	69	Patil Rohini Sanjay	A
21	Gaikwad Namrata Rajshekhar	A	70	Patil Sandhya Bhagawan	A
22	Ghogare Sakshi Sugriv	A	71	Patil Suraj Bhalchandra	A
23	Ghorpade Sakshi Vikram	A	72	Pawar Chinmay Sanjeev	A
24	Ghorpade Vaishnavi Shivajirao	A	73	Pinjari Prafull Shivaji	A
25	Golande Aditya Anil	A	74	Ranaware Deepika Vivek	A
26	Gorad Arati Sanjay	A	75	Rathod Anurag Sadu	A
27	Gorad Dhanashri Vijay	A	76	Raut Digvijay Surendra	A
28	Jadhav Abhishek Nanasaheb	A	77	Rukme Anisha Sopan	A
29	Jadhav Vaishnavi Manik	A	78	Sabale Neha Dnyanoba	A
30	Jadhav Vaishnavi Santosh	A	79	Sahare Vivek Ganesh	A
31	Jadhavar Dipak Mahadeo	A	80	Sambhe Rutvik Tryambakrao	A
32	Jangam Arya Prashant	A	81	Samudre Tejas Rajendra	A
33	Joshi Ritesh Eknath	A	82	Sargar Sarika Tukaram	A
34	Kabade Anirudha Hanmant	A	83	Satpute Abhishek Mahadev	A
35	Kachare Supriya Pandurang	A	84	Satpute Sachin Ramesh	A
36	Kadam Vivek Vinayak	A	85	Saykar Nikita Ganesh	A
37	Kakde Krantisingh Keshav	A	86	Shelake Aditi Alias Shrivani Jambrao	A
38	Kale Sainath Ginyande	A	87	Shendge Ankita Sachin	A
39	Kamble Apurva Anant	A	88	Shinde Nikhil Jalinar	A
40	Kamble Omkar Ashok	A	89	Shinde Rushikesh Gajanan	A
41	Kamerkar Vaishnavi Mahadev	A	90	Sonule Komal Vidhyadhar	A
42	Kanmuse Suyash Rajendra	A	91	Suvarnkar Onkar Sanjeevkumar	A
43	Kate Kunal Raysing	A	92	Talekar Rohan Tukaram	A
44	Kendre Vishal Ramhari	A	93	Tamboli Arshiya Bashir	A
45	Khade Shrikrushna Vaijinath	A	94	Tavate Prasad Vikas	A
46	Khatke Sakshi Dipak	A	95	Tawar Dhananjay Ashok	A
47	Khilari Mayuri Sunil	A	96	Trigune Rutuja Annasaheb	A
48	Kirdat Aaditi Santosh	A	97	Zambare Shubhangi Rajendra	A
49	Koshti Harshada Ramchandra	A			

No. of Students Present - 56



Signature

Sign. of Teacher

Hon.Shri.AnnasahebDangeAyurvedMedicalCollege,Ashta.

ATTENDANCESHEET-IIndBAMS2023-24

TEACHERSNAME-
SUBJECT-

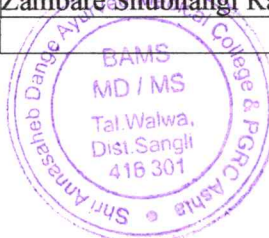
Toga Awareness Rally 10th ID

TOPIC-

DATE- 19/08/2024
TIME- 11:30am-12:30pm

Roll No.	NameofStudent	Sign	Roll No.	NameofStudent	Sign
1	Ahiwale Aryan Prajan	Ahiwale	50	Kshirsagar Satyanarayan Satyabhan	Kshirsagar
2	Ahuja Mamta Ravindra	Ahuja	51	Kulkarni Atharv Kishor	Kulkarni
3	Alone Chandani Dhanpal	Alone	52	Kulkarni Gayatri Rajshekhar	Kulkarni
4	Bangar Datta Dnyandev	Bangar	53	Lengare Lambodar Prakash	Lengare
5	Barbade Pratik Satish	Barbade	54	Mahamuni Arya Umeshchandra	Mahamuni
6	Bargaje Nilesh Babasaheb	Bargaje	55	Mahore Mohini Prabhakar	Mahore
7	Bhopate Mrudula Abaso	Bhopate	56	Malvi Deepak Ganesh	Malvi
8	Bhosale Aditi Yuvaraj	Bhosale	57	Mane Ekata Ashok	Mane
9	Bhosale Sangram Balasaheb	Bhosale	58	MohiteYashRavindra	Mohite
10	Bhosale Santosh Mohan	Bhosale	59	Mujawar Rubina Niyaj	Mujawar
11	Bhoye Gopal Pandurang	Bhoye	60	Mujawar Rukaiyya Riyaj	Mujawar
12	Chavan Umesh Dilip	Chavan	61	Mujawar Sameer Iqbal	Mujawar
13	Choudhari Sanskruti Ramling	Choudhari	62	Narwade Aniket Bhaurao	Narwade
14	Dawale Devika Balaso	Dawale	63	Narwade Trisharan Sambhaji	Narwade
15	Dawane Kavish Dilip	Dawane	64	Nevge Sakshi Sharad	Nevge
16	Deore Janhavi Pradip	Deore	65	Patil Anushka Dhondiram	Patil
17	Deshmukh Yashwant Bharat	Deshmukh	66	Patil Pranali Hiraman	Patil
18	Dhavle Vishal Bhagwat	Dhavle	67	Patil Pranali Satappa	Patil
19	Dongare Shankar Sopan	Dongare	68	Patil Pranjal Nitin	Patil
20	Dorge Siddhi Manoj	Dorge	69	Patil Rohini Sanjay	Patil
21	Gaikwad Namrata Rajshekhar	Gaikwad	70	Patil Sandhya Bhagawan	Patil
22	Ghogare Sakshi Sugriv	Ghogare	71	Patil Suraj Bhalchandra	Patil
23	Ghorpade Sakshi Vikram	Ghorpade	72	Pawar Chinmay Sanjeev	Pawar
24	Ghorpade Vaishnavi Shivajirao	Ghorpade	73	Pinjari Prafull Shivaji	Pinjari
25	Golande Aditya Anil	Golande	74	Ranaware Deepika Vivek	Ranaware
26	Gorad Arati Sanjay	Gorad	75	Rathod Anurag Sadu	Rathod
27	Gorad Dhanashri Vijay	Gorad	76	Raut Digvijay Surendra	Raut
28	Jadhav Abhishek Nanasaheb	Jadhav	77	Rukme Anisha Sopan	Rukme
29	Jadhav Vaishnavi Manik	Jadhav	78	Sabale Neha Dnyanoba	Sabale
30	Jadhav Vaishnavi Santosh	Jadhav	79	Sahare Vivek Ganesh	Sahare
31	Jadhavar Dipak Mahadeo	Jadhavar	80	Sambhe Rutvik Tryambakrao	Sambhe
32	Jangam Arya Prashant	Jangam	81	Samudre Tejas Rajendra	Samudre
33	Joshi Ritesh Eknath	Joshi	82	Sargar Sarika Tukaram	Sargar
34	Kabade Anirudha Hanmant	Kabade	83	Satpute Abhishek Mahadev	Satpute
35	Kachare Supriya Pandurang	Kachare	84	Satpute Sachin Ramesh	Satpute
36	Kadam Vivek Vinayak	Kadam	85	Saykar Nikita Ganesh	Saykar
37	Kakde Krantisingh Keshav	Kakde	86	Shelake Aditi Alias ShravaniJambrao	Shelake
38	Kale Sainath Ginyandev	Kale	87	Shendge Ankita Sachin	Shendge
39	Kamble Apurva Anant	Kamble	88	Shinde Nikhil Jalinar	Shinde
40	Kamble Omkar Ashok	Kamble	89	Shinde Rushikesh Gajanan	Shinde
41	Kamerkar Vaishnavi Mahadev	Kamerkar	90	Sonule Komal Vidhyadhar	Sonule
42	Kanmuse Suyash Rajendra	Kanmuse	91	Suvarnkar Onkar Sanjeevkumar	Suvarnkar
43	Kate Kunal Raysing	Kate	92	Talekar Rohan Tukaram	Talekar
44	Kendre Vishal Ramhari	Kendre	93	Tamboli Arshiya Bashir	Tamboli
45	Khade Shrikrushna Vaijinath	Khade	94	Tavate Prasad Vikas	Tavate
46	KhatkeSakshi Dipak	Khatke	95	Tawar Dhananjay Ashok	Tawar
47	Khilari Mayuri Sunil	Khilari	96	Trigune Rutuja Annasaheb	Trigune
48	Kirdat Aaditi Santosh	Kirdat	97	Zambare Shubhangi Rajendra	Zambare
49	Koshti Harshada Ramchandra	Koshti			

No. of Students present- 79



Sign.ofTeacher



Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

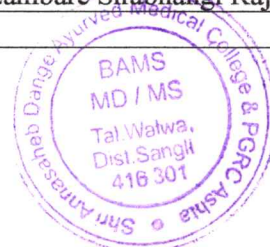
ATTENDANCESHEET-IInd BAMS2023-24

TEACHERSNAME- *Guest Lecture. 1002 JPY.*
SUBJECT- *Yoga for Wellness*

DATE- *20/06/2024*
TIME- *11:30am - 12:30pm*

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Ahiwale Aryan Prajan	<i>Ahiwale</i>	50	Kshirsagar Satyanarayan Satyabhan	<i>Satya</i>
2	Ahuja Mamta Ravindra	<i>Ahuja</i>	51	Kulkarni Atharv Kishor	<i>Ahuja</i>
3	Alone Chandani Dhanpal	<i>Alone</i>	52	Kulkarni Gayatri Rajshekhar	<i>Alone</i>
4	Bangar Datta Dnyandev	<i>A</i>	53	Lengare Lambodar Prakash	<i>Prakash</i>
5	Barbade Pratik Satish	<i>Barbade</i>	54	Mahamuni Arya Umeshchandra	<i>A</i>
6	Bargaje Niles Babasaheb	<i>Bargaje</i>	55	Mahore Mohini Prabhakar	<i>Mahore</i>
7	Bhopate Mrudula Abaso	<i>A</i>	56	Malvi Deepak Ganesh	<i>A</i>
8	Bhosale Aditi Yuvaraj	<i>A</i>	57	Mane Ekata Ashok	<i>Mane</i>
9	Bhosale Sangram Balasaheb	<i>A</i>	58	Mohite Yash Ravindra	<i>A</i>
10	Bhosale Santosh Mohan	<i>Bhosale</i>	59	Mujawar Rubina Niyaj	<i>Rubina</i>
11	Bhoye Gopal Pandurang	<i>Bhoye</i>	60	Mujawar Rukaiyya Riyaj	<i>R.R. Mujawar</i>
12	Chavan Umesh Dilip	<i>A</i>	61	Mujawar Sameer Iqbal	<i>A</i>
13	Choudhari Sanskruti Ramling	<i>Choudhari</i>	62	Narwade Aniket Bhaurao	<i>Aniket</i>
14	Dawale Devika Balaso	<i>Dawale</i>	63	Narwade Trisharan Sambhaji	<i>A</i>
15	Dawane Kavish Dilip	<i>A</i>	64	Nevge Sakshi Sharad	<i>Sakshi</i>
16	Deore Janhavi Pradip	<i>Deore</i>	65	Patil Anushka Dhondiram	<i>A</i>
17	Deshmukh Yashwant Bharat	<i>Deshmukh</i>	66	Patil Pranali Hiranman	<i>Pranali</i>
18	Dhavle Vishal Bhagwat	<i>Dhavle</i>	67	Patil Pranali Satappa	<i>Patil</i>
19	Dongare Shankar Sopan	<i>Dongare</i>	68	Patil Pranjal Nitin	<i>A</i>
20	Dorge Siddhi Manoj	<i>A</i>	69	Patil Rohini Sanjay	<i>Rohini</i>
21	Gaikwad Namrata Rajshekhar	<i>Gaikwad</i>	70	Patil Sandhya Bhagawan	<i>Patil</i>
22	Ghogare Sakshi Sugriv	<i>Sakshi</i>	71	Patil Suraj Bhalchandra	<i>A</i>
23	Ghorpade Sakshi Vikram	<i>Ghorpade</i>	72	Pawar Chinmay Sanjeev	<i>A</i>
24	Ghorpade Vaishnavi Shivajirao	<i>Vaishnavi</i>	73	Pinjari Prafull Shivaji	<i>A</i>
25	Golande Aditya Anil	<i>A</i>	74	Ranaware Deepika Vivek	<i>Shant</i>
26	Gorad Arati Sanjay	<i>Gorad</i>	75	Rathod Anurag Sadu	<i>A</i>
27	Gorad Dhanashri Vijay	<i>Gorad</i>	76	Raut Digvijay Surendra	<i>A</i>
28	Jadhav Abhishek Nanasaheb	<i>Jadhav</i>	77	Rukme Anisha Sopan	<i>A</i>
29	Jadhav Vaishnavi Manik	<i>Jadhav</i>	78	Sabale Neha Dnyanoba	<i>Neha</i>
30	Jadhav Vaishnavi Santosh	<i>Jadhav</i>	79	Sahare Vivek Ganesh	<i>A</i>
31	Jadhavar Dipak Mahadeo	<i>A</i>	80	Sambhe Rutvik Tryambakrao	<i>A</i>
32	Jangam Arya Prashant	<i>Jangam</i>	81	Samudre Tejas Rajendra	<i>A</i>
33	Joshi Ritesh Eknath	<i>Joshi</i>	82	Sargar Sarika Tukaram	<i>Sargar</i>
34	Kabade Anirudha Hanmant	<i>Kabade</i>	83	Satpute Abhishek Mahadev	<i>A</i>
35	Kachare Supriya Pandurang	<i>Supriya</i>	84	Satpute Sachin Ramesh	<i>A</i>
36	Kadam Vivek Vinayak	<i>Kadam</i>	85	Saykar Nikita Ganesh	<i>Nikita</i>
37	Kakde Krantisingh Keshav	<i>Kakde</i>	86	Shelake Aditi Alias Shrivani Jambrao	<i>Shelake</i>
38	Kale Sainath Ginyandev	<i>Kale</i>	87	Shendge Ankita Sachin	<i>A</i>
39	Kamble Apurva Anant	<i>A</i>	88	Shinde Nikhil Jalinar	<i>B</i>
40	Kamble Omkar Ashok	<i>Kamble</i>	89	Shinde Rushikesh Gajanan	<i>A</i>
41	Kamerkar Vaishnavi Mahadev	<i>Kamerkar</i>	90	Sonule Komal Vidhyadhar	<i>Sonule</i>
42	Kanmuse Suyash Rajendra	<i>A</i>	91	Suvarnkar Onkar Sanjeevkumar	<i>A</i>
43	Kate Kunal Raysing	<i>A</i>	92	Talekar Rohan Tukaram	<i>Rohit</i>
44	Kendre Vishal Ramhari	<i>A</i>	93	Tamboli Arshiya Bashir	<i>Tamboli</i>
45	Khade Shrikrushna Vaijinath	<i>A</i>	94	Tavate Prasad Vikas	<i>A</i>
46	Khatke Sakshi Dipak	<i>Khatke</i>	95	Tawar Dhananjay Ashok	<i>Tawar</i>
47	Khilari Mayuri Sunil	<i>Khilari</i>	96	Trigune Rutuja Annasaheb	<i>Trigune</i>
48	Kirdat Aaditi Santosh	<i>Kirdat</i>	97	Zambare Shubhangi Rajendra	<i>Shubhangi</i>
49	Koshti Harshada Ramchandra	<i>Koshti</i>			

No. of Present Students - 62



Sign. of Teacher

Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

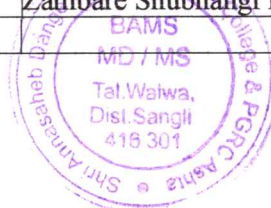
ATTENDANCESHEET-IInd BAMS2023-24

TEACHERSNAME- 10th International Day of Yoga
SUBJECT- TOPIC-

DATE- 21/08/2024
TIME- 10.00am - 11.00am

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Ahiwale Aryan Prajan	A	50	Kshirsagar Satyanarayan Satyabhan	Satya
2	Ahuja Mamta Ravindra	A	51	Kulkarni Atharv Kishor	A
3	Alone Chandani Dhanpal	Alone	52	Kulkarni Gayatri Rajshekhar	R
4	Bangar Datta Dnyandev	A	53	Lengare Lambodar Prakash	A
5	Barbade Pratik Satish	Barbade	54	Mahamuni Aarya Umeshchandra	A
6	Bargaje Nilesh Babasaheb	A	55	Mahore Mohini Prabhakar	Mahore
7	Bhopate Mrudula Abaso	A	56	Malvi Deepak Ganesh	Mrudula
8	Bhosale Aditi Yuvaraj	A	57	Mane Ekata Ashok	Mane
9	Bhosale Sangram Balasaheb	A	58	Mohite Yash Ravindra	Yash
10	Bhosale Santosh Mohan	A	59	Mujawar Rubina Niyaj	Rubina
11	Bhoye Gopal Pandurang	A	60	Mujawar Rukaiyya Riyaj	Rukaiyya
12	Chavan Umesh Dilip	A	61	Mujawar Sameer Iqbal	A
13	Choudhari Sanskruti Ramling	A	62	Narwade Aniket Bhaurao	A
14	Dawale Devika Balaso	A	63	Narwade Trisharan Sambhaji	A
15	Dawane Kavish Dilip	A	64	Nevge Sakshi Sharad	Sakshi
16	Deore Janhavi Pradip	A	65	Patil Anushka Dhondiram	Anushka
17	Deshmukh Yashwant Bharat	Yash	66	Patil Pranali Hiraman	Pranali
18	Dhavle Vishal Bhagwat	A	67	Patil Pranali Satappa	Pranali
19	Dongare Shankar Sopan	A	68	Patil Pranjal Nitin	Pranjal
20	Dorge Siddhi Manoj	Siddhi	69	Patil Rohini Sanjay	Rohini
21	Gaikwad Namrata Rajshekhar	A	70	Patil Sandhya Bhagawan	Sandhya
22	Ghogare Sakshi Sugriv	Sakshi	71	Patil Suraj Bhalchandra	A
23	Ghorpade Sakshi Vikram	Sakshi	72	Pawar Chinmay Sanjeev	A
24	Ghorpade Vaishnavi Shivajirao	A	73	Pinjari Prafull Shivaji	A
25	Golande Aditya Anil	A	74	Ranaware Deepika Vivek	Deepika
26	Gorad Arati Sanjay	Arati	75	Rathod Anurag Sadu	A
27	Gorad Dhanashri Vijay	Dhanashri	76	Raut Digvijay Surendra	A
28	Jadhav Abhishek Nanasaheb	A	77	Rukme Anisha Sopan	Anisha
29	Jadhav Vaishnavi Manik	A	78	Sabale Neha Dnyanoba	Neha
30	Jadhav Vaishnavi Santosh	A	79	Sahare Vivek Ganesh	A
31	Jadhavar Dipak Mahadeo	A	80	Sambhe Rutvik Tryambakrao	A
32	Jangam Aarya Prashant	Prashant	81	Samudre Tejas Rajendra	Tejas
33	Joshi Ritesh Eknath	Ritesh	82	Sargar Sarika Tukaram	A
34	Kabade Anirudha Hanmant	Anirudha	83	Satpute Abhishek Mahadev	Abhishek
35	Kachare Supriya Pandurang	Supriya	84	Satpute Sachin Ramesh	A
36	Kadam Vivek Vinayak	A	85	Saykar Nikita Ganesh	Nikita
37	Kakde Krantisingh Keshav	A	86	Shelake Aditi Alias Shravani Jambrao	Shelake
38	Kale Sainath Ginyandev	Sainath	87	Shendge Ankita Sachin	A
39	Kamble Apurva Anant	Apurva	88	Shinde Nikhil Jalinar	A
40	Kamble Omkar Ashok	A	89	Shinde Rushikesh Gajanan	A
41	Kamerkar Vaishnavi Mahadev	Kamerkar	90	Sonule Komal Vidhyadhar	Komal
42	Kanmuse Suyash Rajendra	Suyash	91	Suvarnkar Onkar Sanjeevkumar	Onkar
43	Kate Kunal Raysing	Kate	92	Talekar Rohan Tukaram	Rohan
44	Kendre Vishal Ramhari	Vishal	93	Tamboli Arshiya Bashir	A
45	Khade Shrikrushna Vaijinath	A	94	Tavate Prasad Vikas	A
46	Khatke Sakshi Dipak	Sakshi	95	Tawar Dhananjay Ashok	A
47	Khilari Mayuri Sunil	Mayuri	96	Trigune Rutuja Annasaheb	Rutuja
48	Kirdat Aaditi Santosh	A	97	Zambare Shubhangi Rajendra	Shubhangi
49	Koshti Harshada Ramchandra	Harshada			

No. of Present Students - 48



Sign of Teacher

Hon. Shri. AnnasahebDangeAyurved Medical College,Ashta.

ATTENDANCE SHEET-1ST YEAR BAMS 2023-24

Teachers Name : 10th International Day of Yoga
Subject:- Topic :

Date: 21/06/2024
Time: 10.00am - 11.00am

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Adsul Sakshi Sunil		51	Magdum Shreya Vinayak	
2	Akuskar Rohini Balasaheb		52	Mahajan Aditya Pravinkumar	
3	Anande Abhishek Pramod		53	Maldode Bankam Balaji	
4	Bankar Nikita Nitin		54	Mali Diya Vijay	
5	Begampure Saba Riyaj		55	Mali Girish Popat	
6	Bhaleghare Disha Ramdas		56	Mane Aditya Balasaheb	
7	Bhosale Sanjivani Bharat		57	Mane Rajan Ramchandra	
8	Bidnurkar Divya Sunil		58	Mhetar Devyani Sanjay	
9	Bongale Manish Maheshkumar		59	Mohite Sanjeevani Sachin	
10	Chavan Shreya Bhagawan		60	Mujawar Sana Aslam	
11	Chavare Prajakta Bhausaheb		61	Mulla Asiya Ayaz	
12	Chhatre Aishwarya Rajendra		62	Nagargoje Rushikesh Dhondiram	
13	Chhattise Saket Suresh		63	Naiknaware Harshali Namdev	
14	Chopde Sujata Shripati		64	Nikam Pratiksha Prashant	
15	Daiv Nishigandha Prashant		65	Patel Faizalam Ashfak	
16	Dakhore Vaishnavi Pralhad		66	Patil Aditya Mohan	
17	Degaonkar Vaishnavi Datta		67	Patil Divyarani Bharat	
18	Desai Soniya Nath		68	Patil Omkar Suresh	
19	Deshmane Satyam Sanjay		69	Patil Rutuja Kiran	
20	Deshmukhe Soham Dattatray		70	Patil Sanika Dharmraj	
21	Dhanavade Digvijay Udaysinh		71	Patil Shraddha Shivaji	
22	Gaikwad Santajee Marotee		72	Patil Tanvi Sanjay	
23	Garde Siddhi Narhari		73	Pawar Pranjal Vinayak	
24	Hasabe Kajal Ramkrushna		74	Pawar Raj Santosh	
25	Hiremath Shashwati Shivanand		75	Pawar Srushti Arun	
26	Hurduke Foolnath Raghunath		76	Pawar Yogesh Uttam	
27	Jadhav Abhishek Ganesh		77	Pethkar Dhiraj Chandrakant	
28	Jadhav Ankita Anil		78	Phadtare Harsh Rajkumar	
29	Jadhav Bhavesh Namdev		79	Pinjari Sakshi Lahu	
30	Jadhav Pratiksha Balasaheb		80	Potdar Pranav Prashant	
31	Jagtap Sakshi Ravikant		81	Ramgudve Gauri Ananta	
32	Jagtap Shraddha Keshav		82	Rathod Avinash Vasant	
33	Jangam Vidya Mahadev		83	Rathod Rushikesh Ram	
34	Kadam Aditi Sunil		84	Relekar Kartik Madhav	
35	Kajale Jyoti Narayanrao		85	Sakhare Aditya Parmeshwar	
36	Kalbande Kunal Govinda		86	Sangolkar Kanchan Chandrakant	
37	Kamble Pratik Shastri		87	Shaikh Tayyab Hameed	
38	Kanade Rutuja Arjun		88	Shelar Sakshi Baban	
39	Kapase Koustubh Dnyaneshwar		89	Shende Shreyas Sadanand	
40	Karande Omkar Abasaheb		90	Shrivastava Amit Raj Ajaykumar	
41	Karande Shreyas Nandkumar		91	Sonwalkar Digambar Rajendra	
42	Katore Suhani Vijay		92	Sutar Namrata Nagesh	
43	Khadke Payal Vijay		93	Thorbole Shreya Arvind	
44	Khasawat Jay Kailas		94	Torgal Saba Shabbir	
45	Khochare Omkar Ramling		95	Torve Ashwini Santosh	
46	Khore Tanuja Tatyaba		96	Upadhyay Shrishti Shital Kumar	
47	Koreti Sanjana Chainsingh		97	Vavhal Shreya Ajaykumar	
48	Lahane Jaikar Dnyanoba		98	Waghmare Pratik Vitthalrao	
49	Lomte Siddhi Pradeep		99	Waghmare Shruti Santosh	
50	Londhe Asawari Sahebrao		100	Wayase Swarali Sunil	

Total no. of students- 100

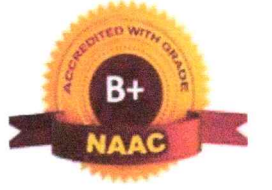
Present- 91
Absent- 09



Sign .of Teacher



Sant Dnyaneshwar Shikshan Sanstha's
Hon. Shri. Annasaheb Dange Ayurved Medical College
& Post Graduate Research Center
A/p : Ashta, Tal. : Walwa, Dist : Sangli - 416 301
Website : www.adamc.ac.in E-mail : ashta.adamc@gmail.com
NAAC Accredited ISO Certified 9001-2015, 14000-2015



DEPT. OF SWASTHAVRITTA AND YOGA
10th INTERNATIONAL DAY OF YOGA 2024

बातम्यांचा राजा
जनप्रवास

डांगे आयुर्वेदमध्ये योग सप्ताह विविध उपक्रमाने साजरा

जनप्रवास । आष्टा

योग दिनानिमित्त अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय व धन्वंतरी रुग्णालय, आष्टा येथील स्वस्थवृत्त व योग विभागातर्फे दि. १४ जून ते २१ जून या काळावधीत योग सप्ताह पोस्टर मेकिंग उपक्रम, रॅली, व्याख्यान, योग प्रात्यक्षिक सत्र या उपक्रमाने उत्साहात संपन्न झाला.

डा. संजय जाधव, प्रशासक डा. अश्विनी खोत आणि अभिरुच्याख्याता डा. राधिका चौगुले यांच्या समन्वयाने योग सत्राचे आयोजन करण्यात आले. यावेळी उपस्थितांनी योगाचे सादरकरण केले. यानिमित्ताने १५ जून रोजी महाविद्यालयातील व रुग्णालयातील महिला कर्मचाऱ्यांसाठी योग सत्राचे



■ योग प्रात्यक्षिक सादर करताना विद्यार्थी व शिक्षकवृंद

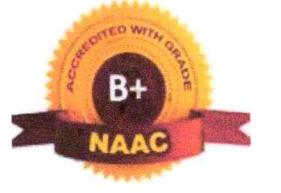
आयोजन करण्यात आले. १८ जून रोजी विद्यार्थ्यांसाठी योग विषयक पोस्टर मेकिंग उपक्रम राबविण्यात आला. १९ जून रोजी योग विषयक जनजागृती रॅलीचे आयोजन करण्यात आले. २० जून रोजी प्रा. एस. आर. चौगुले योग शिक्षक, इस्लामपूर, यांचे 'आरोग्यासाठी योग' या

विषयावर व्याख्यान झाले. संस्थापक अध्यक्ष डा. अण्णासाहेब डांगे, सचिव एंड. चिमण डांगे यांच्या प्रेरणेने आयोजन करण्यात आले. प्राचार्य डा. अमित पेटकर, प्रशासकीय अधिकारी डा. विजय डांगे यांचे मार्गदर्शन लाभले.

द्वे. जनप्रवास - २३/०६/२०२४



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NAAC Accredited ISO Certified 9001-2015, 14000-2015



DEPT. OF SWASTHAVRITTA AND YOGA
10th INTERNATIONAL DAY OF YOGA 2024

डांगे आयुर्वेदिकतर्फे योग सप्ताह



आष्टा : डांगे आयुर्वेदिक महाविद्यालयातर्फे योग सप्ताह साजरा केला.

वार्ताहर

आष्टा

१० व्या आंतरराष्ट्रीय योग दिनानिमित्त मा. श्री. अण्णासाहेब डांगे आयुर्वेद वैद्यक महाविद्यालय व धन्वंतरी रुग्णालय, आष्टा येथील स्वस्थवृत्त व योग विभागाच्या वतीने १४ जून ते २१ जून या कालावधी दरम्यान योग सप्ताह साजरा करण्यात आला.

१४ जून ते २० जून या कालावधीत महाविद्यालयातील व रुग्णालयातील अध्यापक, अध्यापकेतर कर्मचारी, रुग्णालय कर्मचारी आणि विद्यार्थी या सर्वांसाठी योग प्रात्यक्षिक सत्र आयोजित करण्यात आले. १५ रोजी महाविद्यालयातील व रुग्णालयातील महिला कर्मचाऱ्यांसाठी योग सत्राचे आयोजन करण्यात आले. १८ रोजी विद्यार्थ्यांसाठी योग विषयक पोस्टर मेकिंग उपक्रम राबविण्यात आला. १९ रोजी योग विषय जनजागृती

रॅलीचे आयोजन करण्यात आले. २० रोजी प्रा. एस. आर. चौगुले योग शिक्षक, इस्लामपूर, यांचे 'आरोग्यासाठी योग' या विषयावर मार्गदर्शनपर व्याख्यान आयोजित केले. २१ जून रोजी सर्व अध्यापक, अध्यापकेतर कर्मचारी आणि विद्यार्थी यांच्यासाठी स्वस्थवृत्त व डॉ. संजय जाधव, प्रपाठक डॉ. अश्विनी खोत, डॉ. राधिका चौगुले यांच्या समन्वयाने योग सत्राचे आयोजन करण्यात आले. भारत सरकारच्या आयुष मंत्रालयाने विहित केलेल्या सामान्य योग प्रोटोकॉलनुसार योग सत्र आयोजित केले गेले. पोस्टर मेकिंग उपक्रम, रॅली, व्याख्यान, योग प्रात्यक्षिक सत्र व योग दिनानिमित्त आयोजित योग सत्र यात अध्यापक, अध्यापकेतर कर्मचारी, रुग्णालय कर्मचारी आणि विद्यार्थी हे सहभागी झाले. डॉ. अण्णासाहेब डांगे, डॉ. चिमणभाऊ डांगे, यांच्या प्रेरणेने या उपक्रमांचे आयोजन करण्यात आले.

द्वै. लोकमत - 23/06/2024



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संदर्भ क्र. एडीएमसी/ रा.से.यो / 870 / 2024

दि. २०/०४/२०२४

प्रति,

मा.संचालक,

विद्यार्थी कल्याण विभाग,

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ,

नाशिक.

विषय : सन २०२३-२४ या वर्षातील राष्ट्रीय सेवा योजनेचा विशेष श्रमसंस्कार शिबीराचा अहवाल पाठविणेबाबत.

महोदय,

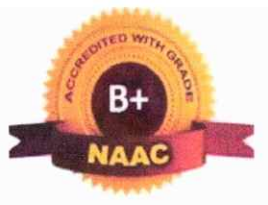
वरील विषयास अनुसरून आमच्या महाविद्यालयातील सन २०२३-२४ या वर्षातील राष्ट्रीय सेवा योजनेचा विशेष श्रमसंस्कार शिबीर मु. पो. मिरजवाडी, ता.वाळवा, जि. सांगली या ठिकाणी दि. १३/०३/२०२४ ते दि. १९/०३/२०२४ या कालावधीत घेण्यात आला. त्याचा सविस्तर अहवाल पाठवित आहोत. तरी कृपया स्वीकारून सहकार्य करावे, ही नम्र विनंती.

कळावे,

आपला विश्वासू,


20/04/24
PRINCIPAL

Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli.



राष्ट्रीय सेवा योजना

विशेष श्रमसंस्कार शिबीर अहवाल,

मु.पो. मिरजवाडी (ता. वाळवा, जि. सांगली)

शैक्षणिक वर्ष - २०२३-२०२४

मा. श्री . अण्णासाहेब डांगे आयुर्वेदिक वैदिक महाविद्यालय, आष्टा यांचे वतीने महाराष्ट्र आरोग्य विद्यापीठ , नाशिक अंतर्गत "राष्ट्रीय सेवा योजना" मार्फत विशेष श्रमसंस्कार शिबीर

दि. १३/०३/२०२४ ते १९/०३/२०२४ या कालावधी मध्ये मिरजवाडी या गावामध्ये सर्व ग्रामस्थांच्या सहकार्याने व सहभागाने यशस्वीरित्या घेण्यात आले .

या शिबिराच्या माध्यमातून या मिरजवाडी गावामध्ये आरोग्य तपासणी शिबिरे , विविध सामाजिक विषयांवरील तसेच आरोग्य विषयक व्याखाने , आयुर्वेदिक वनौषधांची , माहिती, पथनाट्ये कौटुंबिक आरोग्य सर्वेक्षण, वृक्षारोपण तसेच ग्रामस्वच्छता मोहीम इ . उपक्रम यशस्वीपणे राबवण्यात आले. या शिबिराच्या माध्यमातून मिरजवाडी ग्रामस्थांसाठी आरोग्य चळवळ उभी करणे हा शिबिराचा मुख्य उद्देश होता. ग्रामपंचायत, विविध संस्था यांचा भरघोस सहभाग व प्रतिसादाने हे शिबीर यशस्वी झाले, याचा मला आनंद वाटतो . अशा या शिबिराचा अहवाल मी आपणासमोर सादर करत आहे.





(पहिला दिवस) - १३/०३/२०२४

आयुर्वेद देवता भगवान धन्वंतरी यांच्या प्रतिमा पूजनाने आणि दीपप्रज्वलन करून या शिबिराचे उद्घाटन सकाळी १०:०० या ठिकाणी झाले. उद्घाटक म्हणून मिरजवाडी या गावचे मा. सरपंच सौ. जयश्री साळुंखे लाभल्या. या वेळी अन्य ग्रामपंचायत सदस्य, ग्रामस्थ उपस्थित होते. या वेळी कार्यक्रम अधिकारी डॉ. अश्विनी खोत यांनी स्वागत व प्रास्ताविक केले. तसेच या शिबिराच्या माध्यमातून दिवसभर होणाऱ्या कार्यक्रमाची माहिती ग्रामस्थांना दिली. मा. सरपंच सौ. जयश्री साळुंखे यांनी आपले मनोगत व्यक्त केले. कार्यक्रमास जीएमसी प्रमुख डॉ. संजय जाधव उपस्थित होते. कार्यक्रमाच्या शेवटी एनएसएस स्वयंसेवक पद्मावती म्हसवडे हिने सर्व मान्यवरांचे आभार मानले.

त्यानंतर स ११.०० ते १२.३० या कालावधीत आरोग्य आपल्या दारी या कार्यक्रमा अंतर्गत "समाज प्रबोधन दिंडी" काढून, विद्यार्थ्यांनी ग्रामस्थांचे लक्ष वेधून घेतले. मतदान जनजागृती या विषयावरील घोषणावाक्य लिहिलेले फलक बनविले पटनाट्य सादर केले. या समाज प्रबोधन दिंडीला ग्रामस्थांचा प्रचंड प्रतिसाद लाभला.

दुपारी २ वा. या कालावधीत विद्यार्थ्यांनी घरोघरी जाऊन कौटुंबिक आरोग्य सर्वेक्षण केले. यामध्ये मुख्यतः कुटुंबप्रमुखाचे नाव, सद्यासांची नावे, वय, त्यांच्या आरोग्य विषयक समस्या, आजार व त्यांच्या समस्यांचे निरसन केले.

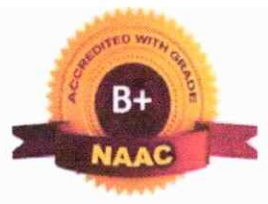
(दुसरा दिवस) - १४/०३/२०२४

शिबिराच्या दुसऱ्या दिवशी मिरजवाडी गावातील जिल्हा परिषद शाळा व अंगणवाडी मध्ये श्रमदान शिबिरांतर्गत बालरोग तपासणी घेण्यात आले. यामध्ये विद्यार्थ्यांना ग्रामस्थांना स्वच्छतेचे महत्त्व कृतीतून पटवून संगितले. दुपारी भोजनानंतर विद्यार्थ्यांचे पर्यावरण विषयक माहिती या विषयावर चर्चासत्र झाले. यावेळी श्लोक बनकर, शुभम शेठे स्वयंसेवकांनी जमलेल्या ग्रामस्थांना आयुर्वेदिक वनौषधांची माहिती दिली.

(तिसरा दिवस) - १५/०३/२०२४

या दिवशी स १० ते ११ या वेळेत "साथीच्या रोगांचे निवारण" या विषयावर पथनाट्य सादर केले. दुपारी १२ ते २ या वेळेत मिरजवाडी गावामध्ये वृक्षारोपण करण्यात आले व दुपारी ३ ते ५ या वेळेत नॉन-कम्युनिकेबल डिसीजेस सर्वे घेण्यात आला..





(चौथा दिवस) - १६/०३/२०२४

शिविराच्या चौथ्या दिवशी स १० ते ११ यावेळी गावातील अंगणवाडी शाळेमध्ये मातांचे प्रबोधन करण्यात आले. स ११ ते १२ या वेळेत "लहान बालकातील पोषण" या विषयावर पथनाट्य विद्यार्थ्यांनी सादर केली. स. ११ ते १२ या वेळेत पथनाट्यमध्ये ग्रामस्थांचा भरघोस प्रतिसाद मिळाला. त्यानंतर कौटुंबिक आरोग्य सर्वेक्षण घेण्यात आले.

दुपारी ३ ते ४ या वेळेत तेथील विद्यार्थ्यांशी संगीतमय सुसंवाद साधण्यात आला. या उपक्रमास विद्यार्थ्यांनी उत्तम प्रतिसाद दिला.

(पाचवा दिवस) - १७/०३/२०२४

शिविराच्या पाचव्या दिवशी स १० ते १२ या वेळेत कायचिकित्सा शिविराचे आयोजन श्री. लक्ष्मी मंदिर , मिरजवाडी या ठिकाणी घेण्यात आले. या शिविरात महाविद्यालयातील डॉ. वर्षा खोत, डॉ. रूपाली पाटील व अन्य तज्ञ डॉक्टरांच्या पथकाने योगदान केले. शिविरार्थी विद्यार्थी, हॉस्पिटल स्टाफ यांच्या मोलाच्या कामगिरीतून सुमारे ९५ रुग्णांची तपासणी करून उपचार व मार्गदर्शन केले. तसेच रुग्णांच्या रक्तातील साखर व हिमोग्लोबिनची मोफत तपासणी केली गेली.

दुपारच्या सत्रात कौटुंबिक आरोग्य सर्वेक्षण पार पडले, तर दुपारी ३ ते ४ या वेळेत डॉ. गार्गी पाटील यांचे " पौगंडावस्थेतील युवक-युवतींचे आहार पोषण" या विषयावरील व्याख्यान झाले.

(सहावा दिवस) - १८/०३/२०२४

शिविराच्या सहाव्या दिवशी स १० ते १२ या वेळेत शालाक्य - कान नाक व घसा तपासणी व पंचकर्म चिकित्सा शिविराचे आयोजन श्री. लक्ष्मी मंदिर, मिरजवाडी या ठिकाणी घेण्यात आले. या शिविरात महाविद्यालयातील तज्ञ डॉक्टरांच्या पथकाने योगदान केले. शिविरार्थी विद्यार्थी, हॉस्पिटल स्टाफ यांच्या मोलाच्या कामगिरीतून सुमारे ४५ रुग्णांची तपासणी करून उपचार व मार्गदर्शन केले. तसेच रुग्णांच्या रक्तातील साखर व हिमोग्लोबिनची मोफत तपासणी केली गेली.

दुपारच्या सत्रात कौटुंबिक आरोग्य सर्वेक्षण पार पडले, तर सायंकाळी ५ ते ६ या वेळेत डॉ. पराग देशमुखे यांचे "मणक्यांचे विकार व चिकित्सा" या विषयावरील व्याख्यान झाले.





(सातवा दिवस) - १९/०३/२०२४

शिविराच्या सातव्या दिवशी स १० ते १२ या वेळेत महिला आरोग्य व सर्जरी चिकित्सा शिविराचे आयोजन श्री. लक्ष्मी मंदिर, मिरजवाडी या ठिकाणी घेण्यात आले. या शिविरात महाविद्यालयातील डॉ. दिपाली सावळे अन्य तज्ञ डॉक्टरांच्या पथकाने योगदान केले. शिविरार्थी, हॉस्पिटल स्टाफ यांच्या मोलाच्या कामगिरीतून सुमारे ४१ रुग्णांची तपासणी करून उपचार व मार्गदर्शन केले. तसेच रुग्णांच्या रक्तातील साखर व हिमोग्लोबिनची मोफत तपासणी केली गेली.

दुपारच्या सत्रात कौटुंबिक आरोग्य सर्वेक्षण पार पडले, तर सायंकाळी ४ ते ५ या वेळेत डॉ. संजीवनी कटरे यांचे "महिलांतील आरोग्याच्या तक्रारी व उपाय" या विषयावरील व्याख्यान झाले.

त्याच दिवशी सायंकाळी ५:०० ते ७:०० या वेळेत राष्ट्रीय सेवा शिबीर समारोप समारंभ संपन्न झाला. या कार्यक्रमाच्या अध्यक्षस्थानी मा. सरपंच सौ. जयश्री साळुंखे हे होते. यावेळी कार्यक्रमाचे अध्यक्ष म्हणून मा. श्री बापूसाहेब गायकवाड उपस्थित होते यावेळी मान्यवरांनी विद्यार्थ्यांना मार्गदर्शन केले. राष्ट्रीय सेवा योजनेचा विद्यार्थी प्रतीनिधी अमोल आगलावे तसेच महाविद्यालयातील काही विद्यार्थ्यांनी मनोगत व्यक्त केले. या समारोपाच्या कार्यक्रमास ग्रामपंचायत सदस्य, विविध संस्थांचे पदाधिकारी तसेच ग्रामस्थ उपस्थित होते.

राष्ट्रीय सेवा योजना प्रमुख डॉ. अश्विनी खोत यांनी या शिविरात तसेच कार्यक्रमात आभार प्रदर्शन करून या सात दिवसीय राष्ट्रीय सेवा योजनेच्या विशेष श्रमसंस्कार शिविराची सांगता केली.

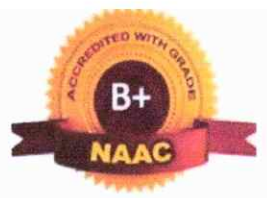

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Shri. Annasaheb Dange Ayurved Medical
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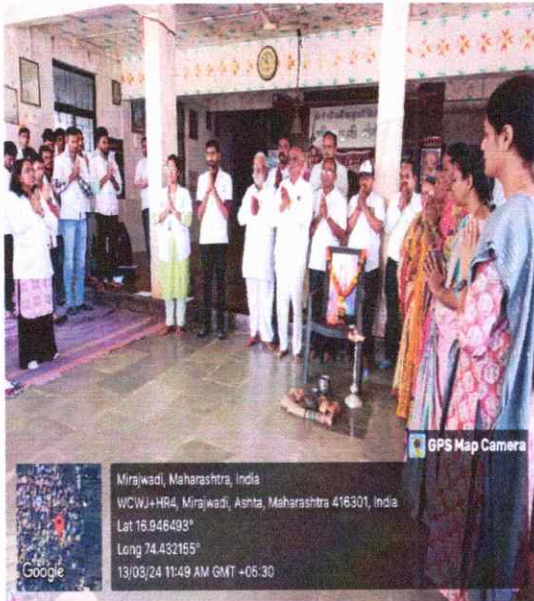

20/04/2024
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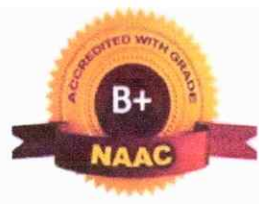
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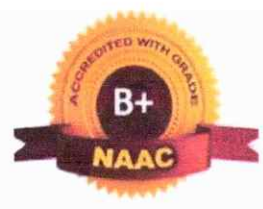
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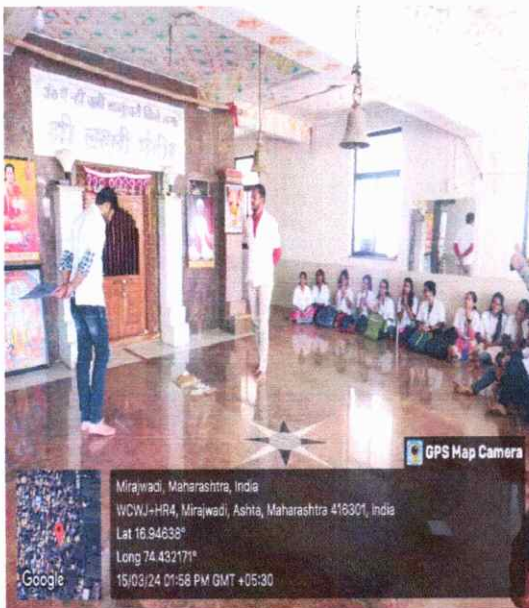
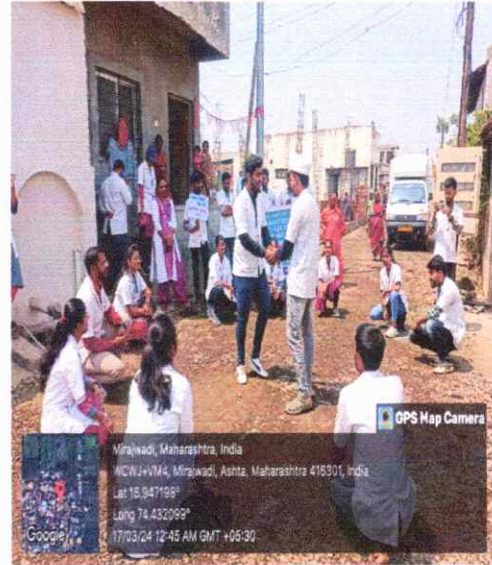
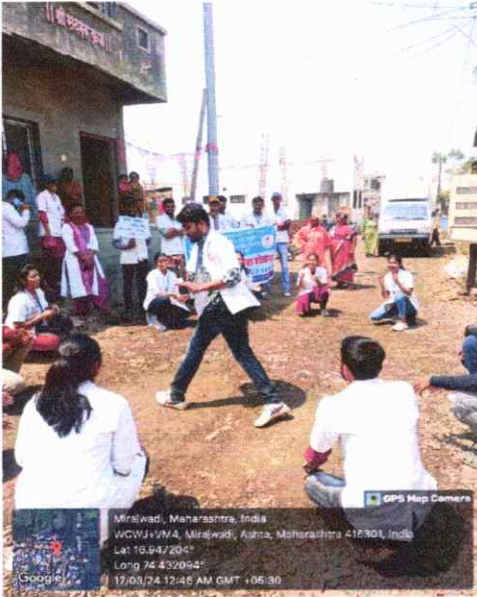


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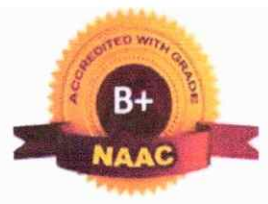


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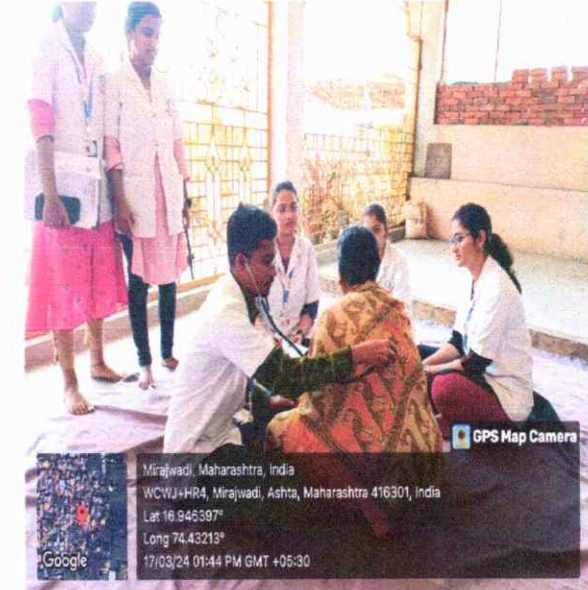
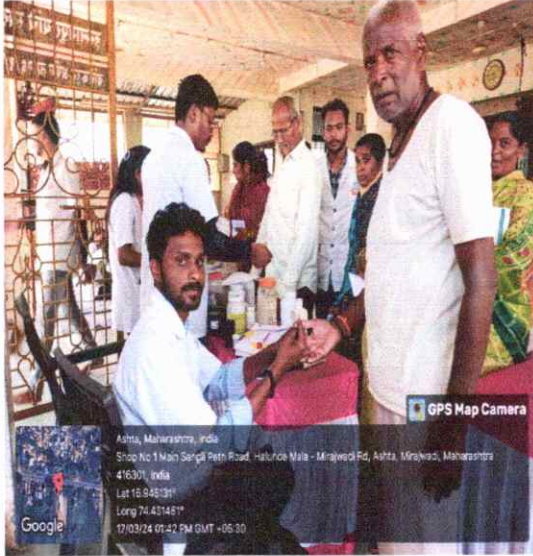


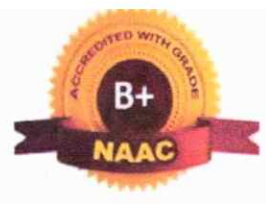


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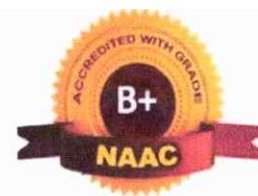
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Long 74.432127°
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Long 74.432122°
19/03/24 03:35 PM GMT +05:30



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Long 74.432121°
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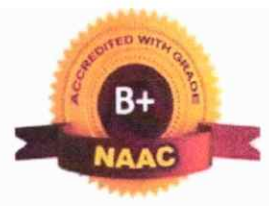


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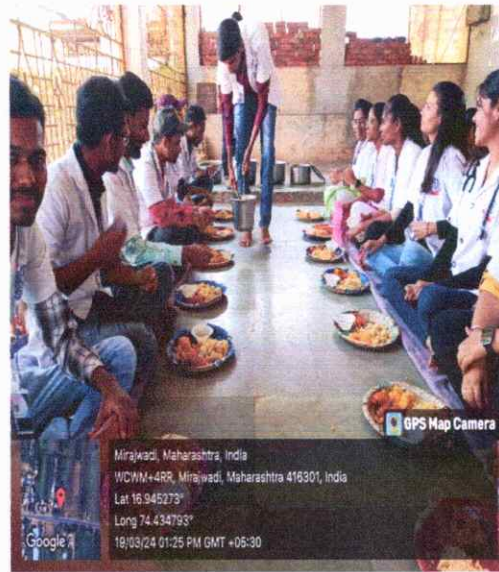
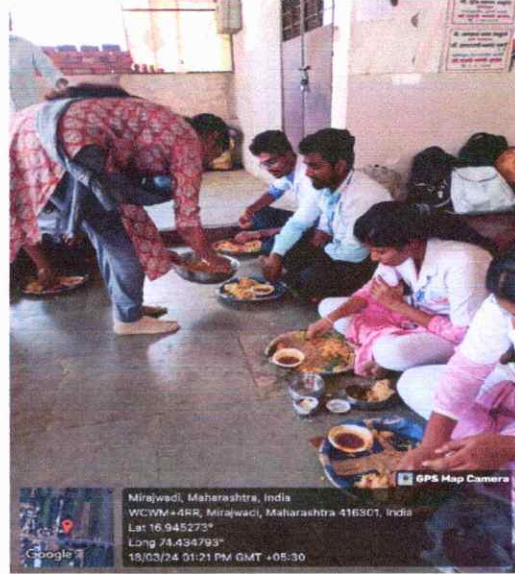




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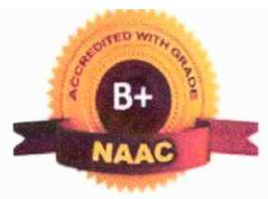


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MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
NSS : SPECIAL CAMP ACTIVITIES

DATE-WISE ATTENDANCE OF STUDENTS

Name of College : **Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta. Dist- Sangli**

Place of Camp : **Mirajwadi Tal- Walwa Dist- Sangli**

Duration : **From 13/03/2024 To 19/03/2024**

Name of Volunteer Group : **ADAMC, Group**

RECORD OF ATTENDANCE

Ser No	Name of the Students	13/03/2024	14/03/2024	15/03/2024	16/03/2024	17/03/2024	18/03/2024	19/03/2024
1	Agalave Amol Tanaji	<i>Agalave</i>	<i>Agalave</i>	<i>Agalave</i>	<i>Agalave</i>	<i>Agalave</i>	<i>Agalave</i>	<i>Agalave</i>
2	Anuse Samiksha Dattatray	<i>Anuse</i>	<i>Anuse</i>	<i>Anuse</i>	<i>Anuse</i>	<i>Anuse</i>	<i>Anuse</i>	<i>Anuse</i>
3	Bankar Shlok Shahu	<i>Bankar</i>	<i>Bankar</i>	<i>Bankar</i>	<i>Bankar</i>	<i>Bankar</i>	<i>Bankar</i>	<i>Bankar</i>
4	Barkade Sakshi Ramesh	<i>Barkade</i>	<i>Barkade</i>	<i>Barkade</i>	<i>Barkade</i>	<i>Barkade</i>	<i>Barkade</i>	<i>Barkade</i>
5	Bhise Mitali Narayan	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>
6	Bhise Vishakha Sandip	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>	<i>Bhise</i>
7	Bhondave Dattatray Apparao	<i>Bhondave</i>	<i>Bhondave</i>	<i>Bhondave</i>	<i>Bhondave</i>	<i>Bhondave</i>	<i>Bhondave</i>	<i>Bhondave</i>
8	Bone Shital Shrishail	<i>Bone</i>	<i>Bone</i>	<i>Bone</i>	<i>Bone</i>	<i>Bone</i>	<i>Bone</i>	<i>Bone</i>
9	Chaure Krishna Baliram	<i>Chaure</i>	<i>Chaure</i>	<i>Chaure</i>	<i>Chaure</i>	<i>Chaure</i>	<i>Chaure</i>	<i>Chaure</i>
10	Chavan Shreya Raju	<i>Chavan</i>	<i>Chavan</i>	<i>Chavan</i>	<i>Chavan</i>	<i>Chavan</i>	<i>Chavan</i>	<i>Chavan</i>
11	Dandge Pratik Raju	<i>Dandge</i>	<i>Dandge</i>	<i>Dandge</i>	<i>Dandge</i>	<i>Dandge</i>	<i>Dandge</i>	<i>Dandge</i>
12	Deshpande Satyawati u.	<i>Deshpande</i>	<i>Deshpande</i>	<i>Deshpande</i>	<i>Deshpande</i>	<i>Deshpande</i>	<i>Deshpande</i>	<i>Deshpande</i>
13	Dewne Rohini Chandrakant	<i>Dewne</i>	<i>Dewne</i>	<i>Dewne</i>	<i>Dewne</i>	<i>Dewne</i>	<i>Dewne</i>	<i>Dewne</i>



14	Dhakne Dnyaneshwar S.	<u>Chakne</u>	<u>Chakne</u>	<u>Chakne</u>	<u>Chakne</u>	<u>Chakne</u>	<u>Chakne</u>	<u>Chakne</u>
15	Durgude Lokesh Sukhadev	<u>Durgude</u>	<u>Durgude</u>	<u>Durgude</u>	<u>Durgude</u>	<u>Durgude</u>	<u>Durgude</u>	<u>Durgude</u>
16	Gaikwad Vedanti Vinod	<u>Gaikwad</u>	<u>Gaikwad</u>	<u>Gaikwad</u>	<u>Gaikwad</u>	<u>Gaikwad</u>	<u>Gaikwad</u>	<u>Gaikwad</u>
17	Graje Pratiksha Balu	<u>Pratiksha</u>	<u>Pratiksha</u>	<u>Pratiksha</u>	<u>Pratiksha</u>	<u>Pratiksha</u>	<u>Pratiksha</u>	<u>Pratiksha</u>
18	Gundle Aniket Anil	<u>Gundle</u>	<u>Gundle</u>	<u>Gundle</u>	<u>Gundle</u>	<u>Gundle</u>	<u>Gundle</u>	<u>Gundle</u>
19	Kale Rutuja Chandrakant	<u>Rutkelle</u>	<u>Rutkelle</u>	<u>Rutkelle</u>	<u>Rutkelle</u>	<u>Rutkelle</u>	<u>Rutkelle</u>	<u>Rutkelle</u>
20	Khandekar Suhas Suresh	<u>Suhas</u>	<u>Suhas</u>	<u>Suhas</u>	<u>Suhas</u>	<u>Suhas</u>	<u>Suhas</u>	<u>Suhas</u>
21	Landge Harsad Haridas	<u>Landge</u>	<u>Landge</u>	<u>Landge</u>	<u>Landge</u>	<u>Landge</u>	<u>Landge</u>	<u>Landge</u>
22	Kamble Mayuri R.	<u>Kamble</u>	<u>Kamble</u>	<u>Kamble</u>	<u>Kamble</u>	<u>Kamble</u>	<u>Kamble</u>	<u>Kamble</u>
23	Kankal Aditya Sopan	<u>Kankaladi</u>	<u>Kankaladi</u>	<u>Kankaladi</u>	<u>Kankaladi</u>	<u>Kankaladi</u>	<u>Kankaladi</u>	<u>Kankaladi</u>
24	Mergal Priyavrat Panduranf	<u>P.M</u>	<u>P.M</u>	<u>P.M</u>	<u>P.M</u>	<u>P.M</u>	<u>P.M</u>	<u>P.M</u>
25	Mhasavde Padmavti V.	<u>P.</u>	<u>P.</u>	<u>P.</u>	<u>P.</u>	<u>P.</u>	<u>P.</u>	<u>P.</u>
26	Mulla Aamna Mujib	<u>Amulla</u>	<u>Amulla</u>	<u>Amulla</u>	<u>Amulla</u>	<u>Amulla</u>	<u>Amulla</u>	<u>Amulla</u>
27	Nalawade -Patil Shivani D.	<u>Nalawade</u>	<u>Nalawade</u>	<u>Nalawade</u>	<u>Nalawade</u>	<u>Nalawade</u>	<u>Nalawade</u>	<u>Nalawade</u>
28	Narute Dnyaneshwari Suresh	<u>Narute</u>	<u>Narute</u>	<u>Narute</u>	<u>Narute</u>	<u>Narute</u>	<u>Narute</u>	<u>Narute</u>
29	Navale Shrinivas Chandrkant	<u>Shrinivas</u>	<u>Shrinivas</u>	<u>Shrinivas</u>	<u>Shrinivas</u>	<u>Shrinivas</u>	<u>Shrinivas</u>	<u>Shrinivas</u>
30	Nayakal Rutuja Santaji	<u>Rutuja</u>	<u>Rutuja</u>	<u>Rutuja</u>	<u>Rutuja</u>	<u>Rutuja</u>	<u>Rutuja</u>	<u>Rutuja</u>
31	Palwade Anjali Murlidhar	<u>Anjali</u>	<u>Anjali</u>	<u>Anjali</u>	<u>Anjali</u>	<u>Anjali</u>	<u>Anjali</u>	<u>Anjali</u>
32	Panchal Ashish Balaji	<u>Ashish</u>	<u>Ashish</u>	<u>Ashish</u>	<u>Ashish</u>	<u>Ashish</u>	<u>Ashish</u>	<u>Ashish</u>
33	Patil Ranjit Ramchandra	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>
34	Patil Shraddha Santosh	<u>Santosh</u>	<u>Santosh</u>	<u>Santosh</u>	<u>Santosh</u>	<u>Santosh</u>	<u>Santosh</u>	<u>Santosh</u>
35	Patil Snehal Maruti	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>	<u>Patil</u>
36	Phapal Dhanashree Ramkrishna	<u>Phapal</u>	<u>Phapal</u>	<u>Phapal</u>	<u>Phapal</u>	<u>Phapal</u>	<u>Phapal</u>	<u>Phapal</u>



37	Pingale Manisha Vitthal	<u>upingale</u>	<u>upingale</u>	<u>upingale</u>	<u>upingale</u>	<u>upingale</u>	<u>upingale</u>	<u>upingale</u>
38	Pitale Komal Bhagawan	<u>Pitale</u>	<u>Pitale</u>	<u>Pitale</u>	<u>Pitale</u>	<u>Pitale</u>	<u>Pitale</u>	<u>Pitale</u>
39	Pujari Seema Ananda	<u>Pujari</u>	<u>Pujari</u>	<u>Pujari</u>	<u>Pujari</u>	<u>Pujari</u>	<u>Pujari</u>	<u>Pujari</u>
40	Rathod Amol Kalyan	<u>Amol</u>	<u>Amol</u>	<u>Amol</u>	<u>Amol</u>	<u>Amol</u>	<u>Amol</u>	<u>Amol</u>
41	Rathod Vaibhav Ramrao	<u>Rathod</u>	<u>Rathod</u>	<u>Rathod</u>	<u>Rathod</u>	<u>Rathod</u>	<u>Rathod</u>	<u>Rathod</u>
42	Sadarangani Mansi Ravidra	<u>Snansi</u>	<u>Snansi</u>	<u>Snansi</u>	<u>Snansi</u>	<u>Snansi</u>	<u>Snansi</u>	<u>Snansi</u>
43	Sarkate Neha Ashok	<u>Sarkate</u>	<u>Sarkate</u>	<u>Sarkate</u>	<u>Sarkate</u>	<u>Sarkate</u>	<u>Sarkate</u>	<u>Sarkate</u>
44	Shaikh Adnan Najeeb	<u>Shaikh</u>	<u>Shaikh</u>	<u>Shaikh</u>	<u>Shaikh</u>	<u>Shaikh</u>	<u>Shaikh</u>	<u>Shaikh</u>
45	Shete Shubham Balasaheb	<u>Shete</u>	<u>Shete</u>	<u>Shete</u>	<u>Shete</u>	<u>Shete</u>	<u>Shete</u>	<u>Shete</u>
46	Solankar Samruddhi Sunil	<u>Solankar</u>	<u>Solankar</u>	<u>Solankar</u>	<u>Solankar</u>	<u>Solankar</u>	<u>Solankar</u>	<u>Solankar</u>
47	Tarapore Gouri Somshekar	<u>Gauri</u>	<u>Gauri</u>	<u>Gauri</u>	<u>Gauri</u>	<u>Gauri</u>	<u>Gauri</u>	<u>Gauri</u>
48	Thakar Pranjal Jagannath	<u>Thakar</u>	<u>Thakar</u>	<u>Thakar</u>	<u>Thakar</u>	<u>Thakar</u>	<u>Thakar</u>	<u>Thakar</u>
49	Thoke Sakshi Rajendra	<u>Thoke</u>	<u>Thoke</u>	<u>Thoke</u>	<u>Thoke</u>	<u>Thoke</u>	<u>Thoke</u>	<u>Thoke</u>
50	Wagh Kiran Dipak	<u>Kdwagh</u>	<u>Kdwagh</u>	<u>Kdwagh</u>	<u>Kdwagh</u>	<u>Kdwagh</u>	<u>Kdwagh</u>	<u>Kdwagh</u>

Note : 1. Enter actual dates of the camp (e.g, 05.Jan , 06 Jan and so on) in place of "Date" in the above table and obtain signature of each individual for each date.


Signature & Name of
Group Leader
Amol T. Agalave.


Signature & Name of
Programme Officer
Dr. Ashwini A. Khot
NSS Programme Officer
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Wawia, Dist. Sangli.


Signature & Name of
Principal
PRINCIPAL
Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Wawia, Dist. Sangli.





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NAAC Accrediated ISO Certified 9001-2015, 14001-2015

Date- 11/10/2023

ACTIVITY REPORT

Title of Event / Activity:- Guest Lecture on the topic '**Mental Health**' on the occasion of
World Mental Health Day 2023

Organized by the Department – Swasthavritta & Yoga (ADAMC,Ashta)

Date:- 10/10/2023 **Time:-** 09.30 am to 10.30 am **Duration:-** 1 Hour

Venue:- ADAMC,Ashta

Subject: Create awareness about Mental Health

Objectives of event / activity:-

- To create awareness about Mental Health
- To promote practices for Mental Health
- To propagate importance of Mental Health.

Description:

With due permission of Principal sir Department of Swasthavritta & Yoga ADAMC, Ashta conducted the **Guest Lecture** on the topic '**Mental Health**' on the occasion of **World Mental Health Day 2023** at Hon. Shri Annasaheb Dange Ayurved Medical College, Ashta on **10/10/2023** from 09.30 am to 10.30 am. The program was organized for 3rd BAMS students

The purpose of Guest lecture is to create Mental Health Awareness among students. . It was 60 minutes session, started at 09.30 am and concluded at 10.30 am. Mr. Yesudas Londhe, Faculty, Abinav School of Nursing, Ashta, has delivered a speech on '**Mental Health**' and also explained psychological Disorders of human being.

Introduction of Speaker was done by Dr. Sanjay Jadhav, HOD Swsthavritta and Yoga Department. Mr. Yesudas Londhe conducted this session with full enthusiasm. It was all together a rejuvenating experience for all the participants. At the end of the session Dr. Ashwini Khot,Reader Swsthavritta and Yoga Department expressed vote of thanks. The event was





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conducted under the guidance of Director Dr. A.R.V. Murthy, Principal Dr. Amit Pethkar and Administrative Officer Dr. Vijay Dange

Outcome :-

- 1) Participants understood importance of Mental Health
- 2) Students and understood the psychological disorders
- 3) Participants assured to practice exercise of Mental Health.

Feedback:-

Feedback was taken from participants

Feedback Analysis:

Sr. No.	Particulars	Excellent	Good	Fair	Inappropriate
1	How was the speech of the speaker	18.18	72.72	10.7	0.00
Sr. No.	Particulars	Yes	No	-	-
2	Did you expect such kind of activity on the same topic in future?	96.97	03.03	-	-
4	Was the program well organized.	95.45	04.54	-	-
5	Was the program beneficial for you?	98.48	01.51	-	-

(Figures in the table are in percentage)


HOD
Swasthvirita Dept.
Hon. Shri. Annasaheb Dange
Ayurved Medical College Ashta




PRINCIPAL
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli



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Date: 10/10/2023

DEPT. OF SWASTHAVRITTA AND YOGA

Guest Lecture World Mental Health Day



HON. SHRI. ANNASAHEB DANGE AYURVED MEDICAL COLLEGE, ASHTA

III rd BAMS (2022-23) Attendance Sheet

Subject: Guest Lecture on Mental

Date: 10/10/2023

Time: 9:30-10:30

Topic: Health

Name of Teacher: Speaker

Mr. Yesudas Londhe

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Agalave Amol Tanaji	<u>Amol</u>	51	Nalawade Patil Shivani Dattatray	<u>Nalawade</u>
2	Anuse Samiksha Dattatray	<u>Anuse</u>	52	Narute Dnyaneshwari Suresh	<u>Narute</u>
3	Bangar Suraj Lalasaheb	<u>Suraj</u>	53	Navale Shrinivas Chandrakant	<u>Navale</u>
4	Bankar Shlok Shahu	<u>Bankar</u>	54	Nayakal Rutuja Santaji	<u>Nayakal</u>
5	Barkade Sakshi Ramesh	<u>Barkade</u>	55	Nikam Aditi Vivek	<u>Nikam</u>
6	Bhalerao Vrishabh Pravin	<u>Bhalerao</u>	56	Palwade Anjali Murlidhar	<u>Palwade</u>
7	Bhise Mitali Narayan	<u>Bhise</u>	57	Panchal Ashish Balaji	<u>Panchal</u>
8	Bhise Vishakha Sandip	<u>Bhise</u>	58	Patil Abhishek Jayvant	<u>Patil</u>
9	Bhondve Dattatray Apparao	<u>Bhondve</u>	59	Patil Namrata Nandkumar	<u>Patil</u>
10	Biradar Rutuja Raosaheb	<u>Biradar</u>	60	Patil Ranjit Ramchandra	<u>Patil</u>
11	Bobade Aniket Angad	<u>Bobade</u>	61	Patil Shraddha Santosh	<u>Patil</u>
12	Bone Shital Shrishail	<u>Bone</u>	62	Patil Sneha Popat	<u>Patil</u>
13	Chauhan Trupti Yuvraj	<u>Chauhan</u>	63	Patil Snehal Maruti	<u>Patil</u>
14	Chahre Krishna Baliram	<u>Chahre</u>	64	Pawar Mukesh Jangu	<u>Pawar</u>
15	Chavan Anil Sahebrao	<u>Chavan</u>	65	Pawar Sakshi Shamrao	<u>Pawar</u>
16	Chavan Rucha Rajasaheb	<u>Chavan</u>	66	Pawara Varsha Reda	<u>Pawara</u>
17	Chavan Sakshi Sunil	<u>Chavan</u>	67	Phapal Dhanashree Ramkrishna	<u>Phapal</u>
18	Chavan Shreya Raju	<u>Chavan</u>	68	Pingale Manisha Vitthal	<u>Pingale</u>
19	Dandge Pratik Raju	<u>Dandge</u>	69	Pitale Komal Bhagawan	<u>Pitale</u>
20	Deshpande Satyawati Umakant	<u>Deshpande</u>	70	Pole Parmeshwar Sakhamam	<u>Pole</u>
21	Dethe Bhagyashri Dnyaneshwar	<u>Dethe</u>	71	Pujari Seema Ananda	<u>Pujari</u>
22	Dewne Rohini Chandrakant	<u>Dewne</u>	72	Rathod Amol Kalyan	<u>Rathod</u>
23	Dhakne Dnyaneshwar Sahadev	<u>Dhakne</u>	73	Rathod Rahul Dadarao	<u>Rathod</u>
24	Dive Vikas Bhagvat	<u>Dive</u>	74	Rathod Vaibhav Ramrao	<u>Rathod</u>
25	Durgude Lokesh Sukhadev	<u>Durgude</u>	75	Ratnaparkhe Pranav Vishnupantrao	<u>Ratnaparkhe</u>
26	Gadve Abhishek Dayanand	<u>Gadve</u>	76	Raut Harsh Gajanan	<u>Raut</u>
27	Gaikwad Swati Namdeo	<u>Gaikwad</u>	77	Sabade suradnya padmakar	<u>Sabade</u>
28	Gaikwad Vedanti Vinod	<u>Gaikwad</u>	78	Sable prathamesh ganesh	<u>Sable</u>
29	Garje Pratiksha Balu	<u>Garje</u>	79	Sadarangani mansi ravindra	<u>Sadarangani</u>
30	Gavali Mira Laxman	<u>Gavali</u>	80	Sajgane shreya sunil	<u>Sajgane</u>
31	Gundle Aniket Anil	<u>Gundle</u>	81	Samleti Gautam Shrinivas	<u>Samleti</u>
32	Hingade Pavan Vijayrao	<u>Hingade</u>	82	Sanap Mayur Jagannath	<u>Sanap</u>
33	Ingawale Pratiksha M.	<u>Ingawale</u>	83	Sapkal Gauri Mahesh	<u>Sapkal</u>
34	Jadhav Pranjal Pratapsingh	<u>Jadhav</u>	84	Sarkate Neha Ashok	<u>Sarkate</u>
35	Kale Akshaykumar D.	<u>Kale</u>	85	Sayyaed Neha Nizam	<u>Sayyaed</u>
36	Kale Rutuja Chandrakant	<u>Kale</u>	86	Shaikh Adnan Najeeb	<u>Shaikh</u>
37	Kamble Mayuri Ramchandra	<u>Kamble</u>	87	Shelke Pratiksha Bharat	<u>Shelke</u>
38	Kankal Aditya Sopan	<u>Kankal</u>	88	Shete Shubham Balasaheb	<u>Shete</u>
39	Kanthe Saiprasad R.	<u>Kanthe</u>	89	Shinde Avantika Ganesh	<u>Shinde</u>
40	Karpe Nirupam Rupesh	<u>Karpe</u>	90	Solankar Samruddhi Sunil	<u>Solankar</u>
41	Khandekar Suhas Suresh	<u>Khandekar</u>	91	Tak Abhishek Sanjay	<u>Tak</u>
42	Ladage Aniket Vilas	<u>Ladage</u>	92	Tarapore Gouri Somshekar	<u>Tarapore</u>
43	Landhe Harshad Haridas	<u>Landhe</u>	93	Tayade Mayur Karbhari	<u>Tayade</u>
44	Londhe Abhijit Vilas	<u>Londhe</u>	94	Thakar Pranjal Jagannath	<u>Thakar</u>
45	Mali Komal Sidram	<u>Mali</u>	95	Thoke Sakshi Rajendra	<u>Thoke</u>
46	Mane Dikshant Sudhir	<u>Mane</u>	96	Thorat Swarali Suryakant	<u>Thorat</u>
47	Mergal Priyavrat P.	<u>Mergal</u>	97	Wagh Kiran Dipak	<u>Wagh</u>
48	Mhasavade Padmavati V.	<u>Mhasavade</u>	98	Wanjol Vivek Santosh	<u>Wanjol</u>
49	Mulla Aamna Mujib	<u>Mulla</u>	99	Yedage Shrivani Rajaram	<u>Yedage</u>
50	Munde Ganesh Bhagwan	<u>Munde</u>	100	Zyate Yashwant Vasudeo	<u>Zyate</u>

1) Dr. Sanjay Indhar - Chair
 2) Dr. Ashwini Khat - Chief
 Total Students - 66 Staff - 02
 present





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Date: 18/10/2024

EVENT REPORT

Title of Event:- Ayurveda Awareness Rally on 'Ayurveda Day 2024'

Organized by the Department – Dept. of Swasthavritta & Yoga and NSS Unit

Date:-17/10/2024 **Time:-** 09.30 am - 11.30 am **Duration:-** Two hour

Venue:- Ashta City

Subject: Create awareness about Ayurveda among people

Objectives of event:-

- To raise awareness and enhance understanding about the principles, practices, and benefits of Ayurveda.
- To promote preventive measures, encouraging individuals to adopt lifestyle practices that prevent diseases and promote overall well-being.
- To celebrate and promote awareness of this rich cultural legacy, fostering a sense of pride and appreciation for traditional healing practices.

Description:-

With due permission of Principal Dr. Parag Deshmukhe, Ayurveda Awareness Rally was organized by NSS Unit and Dept. of Swasthavritta and Yoga, ADAMC, Ashta as a part of celebration of Ayurveda Day 2024 on 17/10/2024 to create awareness of Ayurveda among people.

At the beginning, II BAMS Students gathered in front of college office. Rally commenced from Hon. Shri. Annasaheb Dange Ayurved Medical College with participation of II BAMS Students at 09.30 am. Rally was conducted at Ashta city (ADAMC College --- RH Hospital ----- Walandkar Hospital ----- Stand Road -----Rokade Petrol Pump ----- IDBI





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bank -----Datta Mandir ----- Shivaji Chouk ----- Dhudhgaon Road ----- ADAMC College).
During Rally Street play related to ayurveda life style and importance of Ayurveda were
conducted by II BAMS students at Bus Stop, Ashta and Shivaji chowk Ashta.

Selfie point was created at college. All the teaching staff, non teaching staff, hospital
staff and UG & PG students were informed to click selfie and upload at
http://ayurvedaday.in/selfy_upload.php.

Dr. A. R. V. Murthy (Director), Dr. Parag Deshmukhe (Principal), Dr. Sanjay Jadhav (HOD
Dept of Swasthavritta) and Dr. Ashwini Khot (NSS Program Officer) were present for the event.

Outcome-

- Ayurveda Day celebrations contributed to a heightened level of awareness among the general public regarding the principles, practices, and benefits of Ayurveda.
- Ayurveda Day fostered an understanding of the holistic approach to health and well-being.
- The celebration of Ayurveda Day promoted a sense of cultural appreciation and pride.

NSS Programme Officer
Shri. Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Wawia, Dist. Sangli.

HOD
Swasthavritta Dept.
Hon.shri Annasaheb Dange
Ayurved Medical College Ashta

PRINCIPAL
Shri Annasaheb Dange Ayurved Medical
College, Ashta, Tal. Walwa, Dist. Sangli

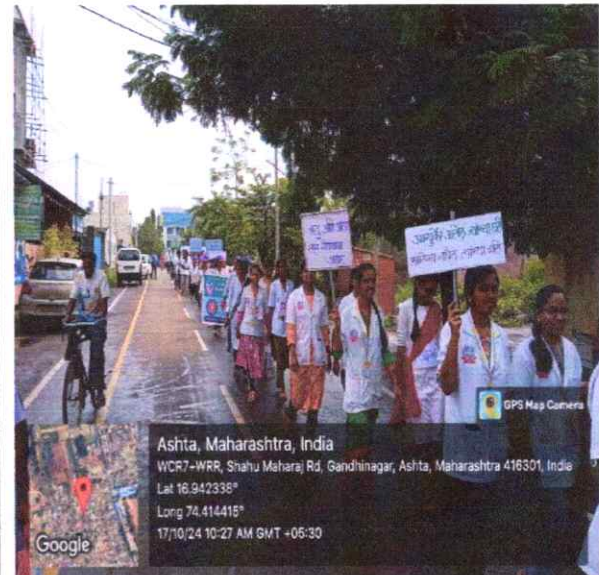


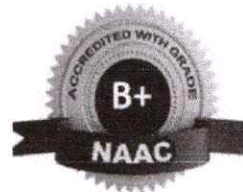


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Ayurveda Awareness Rally on 'Ayurveda Day Day 2024'





Hon. Shri. Annasaheb Dange Ayurved Medical College, Ashta.

ATTENDANCE SHEET-II BAMS 2024-25

TEACHERS NAME-
SUBJECT-

90th National Ayurveda Day 2024
Event - Ayurveda Day

TOPIC - Ayurveda Awareness Rally

DATE- 17/10/24
TIME- 10:00am - 12:00pm

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Apankar Anurag Tej Kumar	Anurag	51	Kavathekar Shravani Prashant	Shravani
2	Arkeri Kiran Shrishail	Kiran	52	Khade Sonali Hanmant	Sonali
3	Atole Snehal Anil	Snehal	53	Khatavkar Atharva Avinash	A.A.
4	Bagwan Aksha Yunus	Aksha	54	Khetmalis Suraj Santosh	Suraj
5	Bande Rutuja Balasaheb	Rutuja	55	Kumbhar Prathmesh Bhimrao	Prathmesh
6	Barangule Prajakta Satyajit	Prajakta	56	Kundgir Manoj Hanumant	Manoj
7	Bedwal Santosh Nandulal	Santosh	57	Lavate Mahesh Sanjay	Mahesh
8	Bhagate Apurva Prakash	Apurva	58	Mane Manasi Kiran	Manasi
9	Bhalerao Gauri Sanjay	Gauri	59	Mane Pradnya Dhanyakumar	Pradnya
10	Bhandare Prathamesh Sunil	Prathamesh	60	Mane Tanuja Vishwasrav	Tanuja
11	Bhosale Sanika Manohar	Sanika	61	Mulgir Anirudh Appasaheb	Anirudh
12	Bidada Sanjana Sachin	Sanjana	62	Mundhe Vijay Shatrughna	Vijay
13	Bijja Abhishek Raghunath	Abhishek	63	Nade Rushikesh Ramdas	Rushikesh
14	Biranje Anushka Nagendra	Anushka	64	Nagane Kirti Sunil	Kirti
15	Chandankar Vrushi Bharat	Vrushi	65	Navasupe Nandini Santosh	Nandini
16	Chaudhari Roshan Hiranman	Roshan	66	Nilwari Jayraj Anil	Jayraj
17	Chavan Shreyash Malhari	Shreyash	67	Pakhali Uwes Mahamadhusen	Uwes
18	Chavan Tejasvi Dattatray	Tejasvi	68	Pakhare Ved Lalit	Ved
19	Chothe Vishakha Vishwanath	Vishakha	69	Pandhare Sheetal Maruti	Sheetal
20	Choudhari Jiya Manoj	Jiya	70	Pansare Madhuri Tanaji	Madhuri
21	Chougule Pravin Bhairu	Pravin	71	Pardhi Aditya Santosh	Aditya
22	Damse Siddhi Rajendra	Siddhi	72	Paskanti Morvesh Govardhan	Morvesh
23	Dandge Krushna Dipak	Krushna	73	Patil Aditi Vikas	Aditi
24	Deshmukh Komal Subhash	Komal	74	Patil Akshata Santosh	Akshata
25	Devkate Vishvajit Balasaheb	Vishvajit	75	Patil Alas Jyotir Prathmesh Arun	Alas
26	Dhanavale Manish Ashok	Manish	76	Patil Mansi Amardeep	Mansi
27	Dhavale Mrudula Madhav	Mrudula	77	Patil Pratishta Sidharam	Pratishta
28	Dhayagude Soundarya Hanumant	Soundarya	78	Patil Priti Tanaji	Priti
29	Dere Riya Rajendra	Riya	79	Patil Sanket Uttam	Sanket
30	Dhole Rushikesh Yuvraj	Rushikesh	80	Patil Shubham Prabhakar	Shubham
31	Divase Sakshi Dadaso	Sakshi	81	Patil Vaishnavi Anil	Vaishnavi
32	Gaddam Manasa Bhaskar	Manasa	82	Pawar Shrawani Kishor	Shrawani
33	Gaikwad Isha Rajendra	Isha	83	Rathod Simol Vijesh	Simol
34	Gajabi Sanika Sanjay	Sanika	84	Redekar Tanaya Vinayak	Tanaya
35	Ghadge Divya Siddheshwar	Divya	85	Sable Prajyot Sudhakar	Prajyot
36	Ghuge Shweta Balu	Shweta	86	Salunkhe Amruta Vijay	Amruta
37	Gorad Shraddha Sakharan	Shraddha	87	Sawant Digvijay Pandurang	Digvijay
38	Gore Prasad Balbhim	Prasad	88	Shinde Aditi Shital	Aditi
39	Gundage Pratiksha Laxman	Pratiksha	89	Shinde Prajakta Satish	Prajakta
40	Gundre Rutuja Sanjay Kumar	Rutuja	90	Surwase Amol Bhagwan	Amol
41	Hakkdar Vishal Nanasahab	Vishal	91	Tambake Pranav Mohan	Pranav
42	Hakke Sanket Vinayakrao	Sanket	92	Tambale Neha Sudhir	Neha
43	Hulavale Sanika Kiran	Sanika	93	Thite Rajlaxmi Sadashiv	Rajlaxmi
44	Inamdar Pranali Pramod	Pranali	94	Thokale Pratiksha Suresh	Pratiksha
45	Jadhav Pranav Prakash	Pranav	95	Thombare Arya Appasaheb	Arya
46	Jadhav Siddhi Dilip	Siddhi	96	Thonge Ajay Audumbar	Ajay
47	Jadhav Sneha Baban	Sneha	97	Warale Tushar Sanjay	Tushar
48	Kadam Dnyaneshwari Ashok	Dnyaneshwari	98	Yadav Sahil Eknath	Sahil
49	Kambale Shubham Maruti	Shubham	99	Yanpallewar Payal Ganesh	Payal
50	Karad Akanksha Dnyanoba	Akanksha	100	Yeole Onkar Dattatray	Onkar



(Signature)

Sign. of Teacher