



Sant Dnyaneshwar Shikshan Sanstha's  
**Hon. Shri. Annasaheb Dange Ayurved Medical College  
& Post Graduate Research Center**  
A/p : Ashta, Tal. : Walwa, Dist : Sangli – 416 301  
Website: [www.adamcashta.com](http://www.adamcashta.com) E-mail : [ashta.adamc@gmail.com](mailto:ashta.adamc@gmail.com)  
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## Details of the training program of Anushastra of therapists

### Year 2023-24

1. Lecture of the procedure in regards to the therapy is given to all the concerned Therapists and Interns.
2. Complete procedure and its possible complications are explained.
3. Proper written consent is taken and its importance is started in session.
4. Demo of the therapy is carried out on patient.
5. Post therapy management is executed.
6. Skillful results are achieved.
7. Patients are encouraged to undergo the Anushastra process routinely especially.
8. Therapists are trained from the point of view of success of procedure with Eminent results to the point.
9. Therapist are Advised to take proper follow up by next plan of Anushastra therapy.





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Date: 07/02/2024

## TRAINING PROGRAM OF ANUSHASTRA

**Department** : Shalyatantra  
**Title of Activity** : Training of Anushashtra  
**Day** : 1  
**Time** : 9.30 pm to 11:30 pm  
**Topic** : Ksharsutra.  
**Venue** : Dhanvantari Ayurved Hospital. Ashta

### Objectives of the Ksharsutra:

1. To enlighten the knowledge of Ksharsutra in Shalya Vyadhi's  
In everyday clinical practice

**Number of Student For training:** 100

#### ❖ Procedure done in 3 stages

##### • Purvakarma:

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enema
5. IVF, analgesic, antibiotic

##### • Pradhankarma:

1. Patient taken under SA/ LA.
2. Painting draping done.





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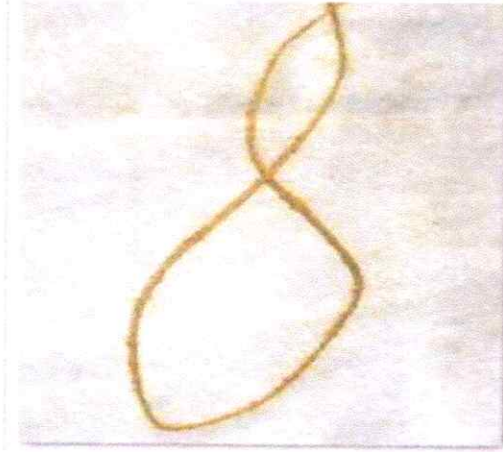


3. Ksharsutra tied to fistula track through external to internal opening.
4. Then both ends of the ksharsurta are tied together and replaced by new one a week later.
5. Dressing done and patient shifted to post-operative ward

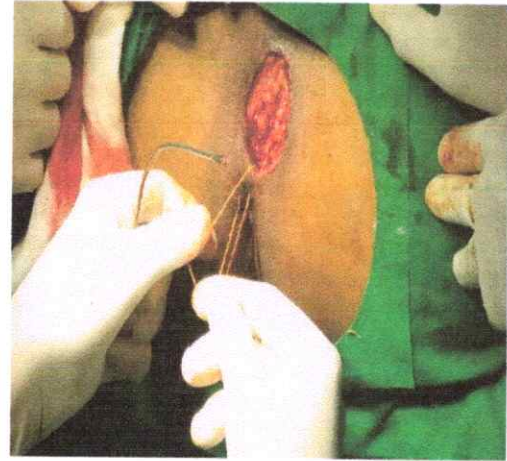
#### **Pashchyatkarma: Post-Operative**

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

**Outcomes:** Student got there Ksharsutra concept clearly.



**Ksharsutra Threid**



**Ksharsutra Application**



  
**H.O.D.**  
Shalya Tantra Dept.  
A.D.A.M.C. ASHTA





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Date: 08/02/2024

## TRAINING PROGRAM OF ANUSHASTRA

**Department** : Shalyatantra  
**Title of Activity** : Training of Anushashtra  
**Day** : 2  
**Time** : 9.30 pm to 11:30 pm  
**Topic** : Ksharkarma .  
**Venue** : Dhanvantari Ayurved Hospital. Ashta

### Objectives of the Ksharkarma:

1. To enlighten the knowledge of Ksharakarma in Shalya Vyadhi's  
In everyday clinical practice

**Number of Student For training:** 100

#### ❖ Procedure done in 3 stages:

##### • Purvakarma:

1. Physician opinion for procedure.
2. Part preparation
3. TT and xylocaine sensitivity
4. If Anorectal cases then we had done enima
5. IVF, analgesic, antibiotic

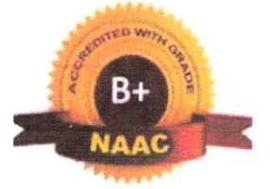
##### • Pradhankarma:

1. Patient taken under SA/ LA.
2. Painting draping done.
3. Kshara Apply to affected part and waited till it becoming pakwajambu falvarna (100 matra )





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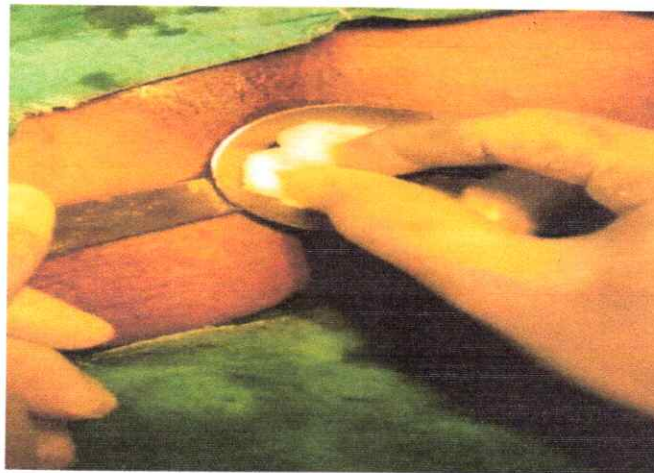
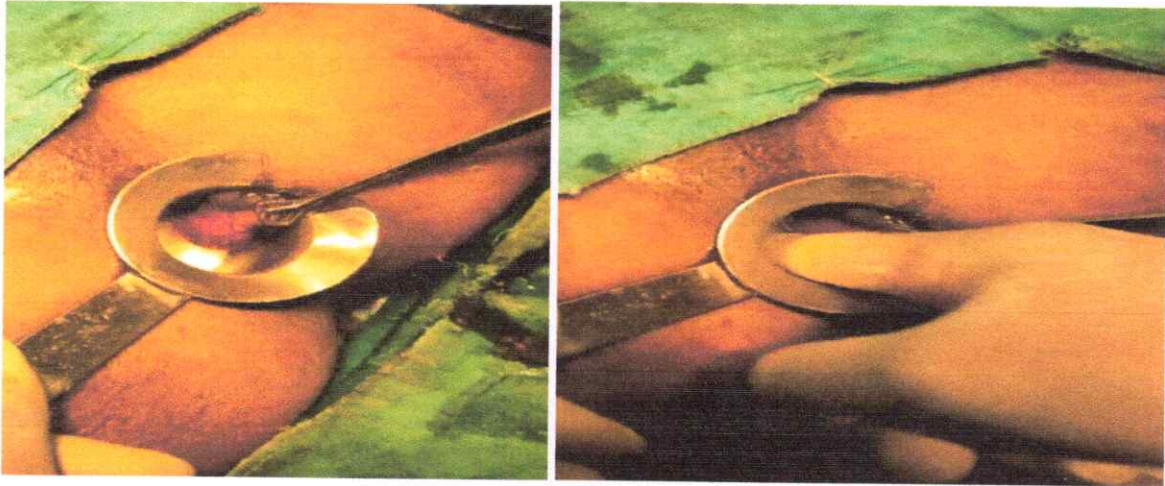


4. Kshara removed by Nimbu swarasa.
5. Dressing done and patient shifted to post-operative ward

#### **Pashchatkarma: Post-Operative**

1. NPO for 6 hr.
2. IVF, analgesic, antibiotic

**Outcomes:** Student got there Ksharkarma concept clearly.



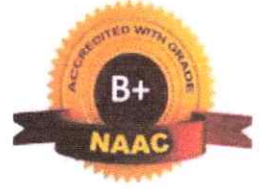
#### **Application of Kshara**

*[Signature]*  
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Date: 09/02/2024

## TRAINING PROGRAM OF ANUSHASTRA

**Department** : Shalyatantra  
**Title of Activity** : Training of Anushashtra  
**Day** : 3  
**Time** : 9.30 pm to 11:30 pm  
**Topic** : Agnikarma .  
**Venue** : Dhanvantari Ayurved Hospital. Ashta

### Objectives of the Agnikarma:

1. To enlighten the knowledge of Agnikarma in Shalya Vyadhi's in everyday clinical practice

**Number of Student For training: 90**

#### ❖ Procedure done in 3 stages:

##### • Purvakarma:

1. Part preparation
2. Analgesic, antibiotic

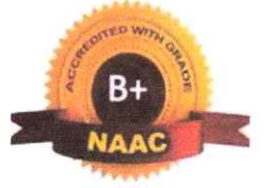
##### • Pradhankarma:

1. Patient taken under Local Application or local Anesthesia
2. Painting draping done.
3. Agnikarma done with panchadhatu shalaka for affected part





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### Pashchyatkarma: Post-Operative

1. Local Application of madhu or haldi+aloe vera gel
2. Analgesic, antibiotic if needed

Agnikarma atiyoga management.

- 1) Local application of Madhu or ghrita
- 2) Internal medication (guggulu kalp)

**Outcomes:** Student got there Agnikarma concept clearly.



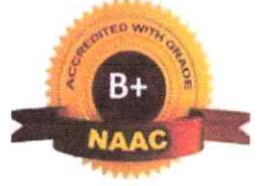
**Agnikarma with Panchadhatu Shalaka**

  
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Shalya Tantra Dep<sup>t</sup>  
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Date: 10/02/2024

## TRAINING PROGRAM OF ANUSHASTRA

**Department** : Shalyatantra  
**Title of Activity** : Training of Anushashtra  
**Day** : 4  
**Time** : 9.30 pm to 11:30 pm  
**Topic** : Jalaukavacharan .  
**Venue** : Dhanvantari Ayurved Hospital. Ashta

### Objectives of the Jalaukavacharan:

1. To enlighten the knowledge of Jalaukavacharan in Shalya Vyadhi's in everyday clinical practice

**Number of Student For training: 115**

#### ❖ Procedure done in 3 stages:

##### • Purvakarma:

1. Part preparation
2. Jalauka
3. Haridra
4. Kidney tray

##### • Pradhankarma:

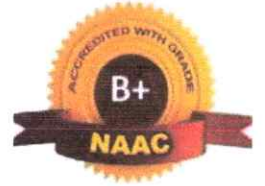
1. Patient make to seat in chair
2. Painting draping done.
3. Jalauka apply to affected part
4. Jalauka removes after 45 minutes







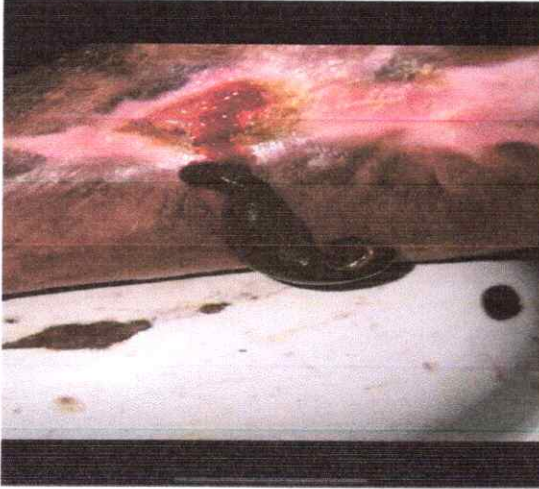
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### Pashchyatkarma: Post-Operative

1. Local Application of haridra for bleeding part
2. Analgesic, antibiotic if needed

**Outcomes:** Student got there Jalaukavacharan concept clearly.



Application of Jalauka



Jalauka removed and L/A of haridra

  
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**PRINCIPAL**  
Shri Annasaheb Dange Ayurved Medical  
College, Ashta, Tal. Walwa, Dist. Sangli



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Date: 07/02/2024

Attendance of Training program  
Day 1- Ksharsutra

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	
3.	Dr. Aniket Surve	<u>Aniket</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri</u>
5.	Dr. Aniket Awtade	<u>Aniket</u>
6.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta</u>
7.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha</u>
8.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada</u>
9.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema</u>
10.	Dr. Akash Vilas Chavan	<u>Akash</u>
11.	Dr. Divya Dilip Patil	<u>Divya Patil</u>
12.	Dr. Vishnavi Balaso Kale	<u>VBK</u>
13.	Dr. Priyanka Popat Chavan	<u>Priyanka</u>
14.	Dr. Siddheshwar Namdeo sanap	<u>Sanap</u>
15.	Dr. Vibhav Rajendra Dongare	<u>Vibhav</u>
16.	Dr. Diksha Dinkar Katekhaye	<u>Diksha</u>
17.	Dr. Pranil Sunil Gholave	<u>Pranil</u>
18.	Dr. Ashish Shrikrishna Tayde	<u>Ashish</u>
19.	Dr. Saurabh Sheshrao Awghadrao	<u>Saurabh</u>
20.	Dr. Ratneshwar Uddhavrao Ingle	<u>Ratneshwar</u>
21.	Dr. Shaikh Arham Sarosh Mohd Asif	<u>Arham</u>
22.	Dr. Mudita Navnath Shingare	<u>Mudita</u>
23.	Dr. Priyanka Anand Hasbe	<u>Priyanka</u>
24.	Dr. Nilesh Dilip Tamkhane	<u>NOT</u>
25.	Dr. Aishwarya Navnath Endait	<u>Endait</u>
26.	Mrs. Vidya Habale (female therapist)	<u>Habale</u>
27.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
28.	Mr. Javed Naikwadi (male therapist)	<u>Javed</u>

J. J.  
H.O.D.  
Shalya Tantra Dept.  
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Date: 08/02/2024

Attendance of Training Program  
**Day 2- Ksharkarma**

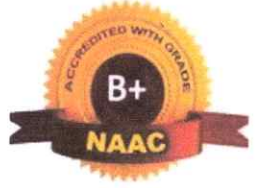
Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	—
3.	Dr. Aniket Surve	<u>Aniket</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri</u>
5.	Dr. Aniket Awtade	<u>Aniket</u>
6.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta</u>
7.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha</u>
8.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada</u>
9.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema</u>
10.	Dr. Akash Vilas Chavan	<u>Akash Chavan</u>
11.	Dr. Divya Dilip Patil	<u>Divya Patil</u>
12.	Dr. Vishnavi Balaso Kale	<u>Vishnavi</u>
13.	Dr. Priyanka Popat Chavan	<u>Priyanka</u>
14.	Dr. Siddheshwar Namdeo sanap	<u>Siddheshwar</u>
15.	Dr. Vibhav Rajendra Dongare	<u>Vibhav</u>
16.	Dr. Diksha Dinkar Katekhaye	<u>Diksha</u>
17.	Dr. Pranil Sunil Gholave	<u>Pranil</u>
18.	Dr. Ashish Shrikrishna Tayde	<u>Ashish</u>
19.	Dr. Saurabh Sheshrao Awghadrao	<u>Saurabh</u>
20.	Dr. Ratneshwar Uddhavrao Ingle	<u>Ratneshwar</u>
21.	Dr. Shaikh Arham Sarosh Mohd Asif	<u>Arham</u>
22.	Dr. Mudita Navnath Shingare	<u>Mudita</u>
23.	Dr. Priyanka Anand Hasbe	<u>Priyanka</u>
24.	Dr. Nilesh Dilip Tamkhane	<u>Nilesh</u>
25.	Dr. Aishwarya Navnath Endait	<u>Aishwarya</u>
26.	Mrs. Vidya Habale (female therapist)	<u>Vidya Habale</u>
27.	Mrs. Laxmi Pol (female therapist)	<u>Laxmi Pol</u>
28.	Mr. Javed Naikwadi (male therapist)	<u>Javed Naikwadi</u>

H.O.D.  
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Attendance of Training program  
**Day 3- Agnikarma**

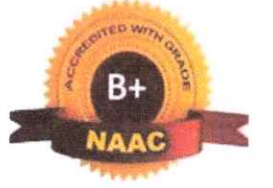
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8.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada</u>
9.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema</u>
10.	Dr. Akash Vilas Chavan	<u>Akash</u>
11.	Dr. Divya Dilip Patil	<u>Divya</u>
12.	Dr. Vishnavi Balaso Kale	<u>Vishnavi</u>
13.	Dr. Priyanka Popat Chavan	<u>Priyanka</u>
14.	Dr. Siddheshwar Namdeo sanap	<u>Siddheshwar</u>
15.	Dr. Vibhav Rajendra Dongare	<u>Vibhav</u>
16.	Dr. Diksha Dinkar Katekhaye	<u>Diksha</u>
17.	Dr. Pranil Sunil Gholave	<u>Pranil</u>
18.	Dr. Ashish Shrikrishna Tayde	<u>Ashish</u>
19.	Dr. Saurabh Sheshrao Awghadrao	<u>Saurabh</u>
20.	Dr. Ratneshwar Uddhavrao Ingle	<u>Ratneshwar</u>
21.	Dr. Shaikh Arham Sarosh Mohd Asif	<u>Arham</u>
22.	Dr. Mudita Navnath Shingare	<u>Mudita</u>
23.	Dr. Priyanka Anand Hasbe	<u>Priyanka</u>
24.	Dr. Nilesh Dilip Tamkhane	<u>Nilesh</u>
25.	Dr. Aishwarya Navnath Endait	<u>Aishwarya</u>
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Date: 10/02/2024

Attendance of Training program  
**Day 4- Jalaukavacharan**

Sr. No	Name	Attendance
1.	Dr. Pranay Sawarbandhe	<u>Pranay Sawarbandhe</u>
2.	Dr. Mansi Chavan	—
3.	Dr. Aniket Surve	<u>Aniket Surve</u>
4.	Dr. Madhuri Jagtap	<u>Madhuri Jagtap</u>
5.	Dr. Aniket Awtade	<u>Aniket Awtade</u>
6.	Dr. Prajakta Dinesh Gunjal	<u>Prajakta Dinesh Gunjal</u>
7.	Dr. Nishigandha Dilip Debaje	<u>Nishigandha Dilip Debaje</u>
8.	Dr. Saiyyada Iqbal Sayyad	<u>Saiyyada Iqbal Sayyad</u>
9.	Dr. Tazimfatema Irfan Kacchi	<u>Tazimfatema Irfan Kacchi</u>
10.	Dr. Akash Vilas Chavan	<u>Akash Vilas Chavan</u>
11.	Dr. Divya Dilip Patil	<u>Divya Dilip Patil</u>
12.	Dr. Vishnavi Balaso Kale	<u>Vishnavi Balaso Kale</u>
13.	Dr. Priyanka Popat Chavan	<u>Priyanka Popat Chavan</u>
14.	Dr. Siddheshwar Namdeo sanap	<u>Siddheshwar Namdeo sanap</u>
15.	Dr. Vibhav Rajendra Dongare	<u>Vibhav Rajendra Dongare</u>
16.	Dr. Diksha Dinkar Katekhaye	<u>Diksha Dinkar Katekhaye</u>
17.	Dr. Pranil Sunil Gholave	
18.	Dr. Ashish Shrikrishna Tayde	<u>Ashish Shrikrishna Tayde</u>
19.	Dr. Saurabh Sheshrao Awghadrao	<u>Saurabh Sheshrao Awghadrao</u>
20.	Dr. Ratneshwar Uddhavrao Ingle	<u>Ratneshwar Uddhavrao Ingle</u>
21.	Dr. Shaikh Arham Sarosh Mohd Asif	<u>Shaikh Arham Sarosh Mohd Asif</u>
22.	Dr. Mudita Navnath Shingare	<u>Mudita Navnath Shingare</u>
23.	Dr. Priyanka Anand Hasbe	<u>Priyanka Anand Hasbe</u>
24.	Dr. Nilesh Dilip Tamkhane	<u>Nilesh Dilip Tamkhane</u>
25.	Dr. Aishwarya Navnath Endait	<u>Aishwarya Navnath Endait</u>
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